

Mediwheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

Email: wellness@mediwheel.in, Website: www.mediwheel.in

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Prateek Agarwal** aged, **35yrs.** Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: **Mohali**

Date: 25/04/2024

Dr. Nitesh Kumar

MBBS

BCMR 47093

Name & Signature of

Medical officer



PID NO. : CKA0107

Name : GYANPAL SEN BAIJNATH GUPTA

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

Processing Location: - Seabird Medicare Pvt Ltd

Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

05-Nov-2024 / 9:19 am

Coll Date

05-Nov-2024 / 9:24 am

Report Date

05-Nov-2024 / 2:24 pm

REPORT

BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Serum S.G.P.T. (Serum,Method- IFCC without/with PDP)	21.58	U/L	0 - 41
Bilirubin (Total) (Serum ,Method-Diazo- End point)	2.26	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum,Method-Diazo-End point)	0.37	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	1.89	mg/dl	0.0 - 0.90
Serum Creatinine (Serum,Method- Kinetic Jaffe's)	0.73	mg/dl	0.62 - 1.17

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

SUPARNA DAREKAR

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CKA0107

Name : GYANPAL SEN BAIJNATH GUPTA

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

Processing Location: - Seabird Medicare Pvt Ltd

Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

05-Nov-2024 / 9:19 am

Coll Date

05-Nov-2024 / 9:24 am

Report Date

05-Nov-2024 / 2:24 pm

REPORT

Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BUN (Blood Urea Nitrogen) Serum, Method: Urease	8.52	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	0.73	mg / dL	0.62 - 1.17 mg/dl
BUN/Creatinine Ratio Calculated	11.6		10 - 20.1
Urea (Serum, Method-Urease)	18.24	mg/dl	16.6 - 48.5

----- End of Report -----

SUPARNA DAREKAR

Lab Technician

DR. RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CKA0107

Name : GYANPAL SEN BAIJNATH GUPTA

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

Processing Location: - Seabird Medicare Pvt Ltd

Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

05-Nov-2024 / 9:19 am

Coll Date

05-Nov-2024 / 9:24 am

Report Date

05-Nov-2024 / 2:24 pm

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma,Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	91.51	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma,Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	104.34	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

LATHA SONAWANE

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CKA0107

Name : GYANPAL SEN BAIJNATH GUPTA

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

Processing Location: - Seabird Medicare Pvt Ltd

Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

05-Nov-2024 / 9:19 am

Coll Date

05-Nov-2024 / 9:24 am

Report Date

05-Nov-2024 / 2:44 pm

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
-------------	---------------	--------------	--------------------------------------

----- End of Report -----

LATHA SONAWANE

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



PID NO. : CKA0107

Name : GYANPAL SEN BAIJNATH GUPTA

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

Processing Location: - Seabird Medicare Pvt Ltd

Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

05-Nov-2024 / 9:19 am

Coll Date

05-Nov-2024 / 9:24 am

Report Date

05-Nov-2024 / 2:24 pm

REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BLOOD GROUP			
ABO Group	"O"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CKA0107

Name : GYANPAL SEN BAIJNATH GUPTA

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

Processing Location: - Seabird Medicare Pvt Ltd

Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg. Andheri (East).

Mumbai - 400069

Reg. Date

05-Nov-2024 / 9:19 am

Coll Date

05-Nov-2024 / 9:24 am

Report Date

05-Nov-2024 / 2:24 pm

REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	15.3	gm/dl	13.0 -17.0
<u>RED BLOOD CELLS</u>			
R.B.C. Count	5.18	million / cumm	4.5- 5.5
HCT	43.9	%	40- 50
MCV	84.8	fL	83 - 101
MCH	29.5	pg	27 - 32
MCHC	34.8	gm / dl	31.5 - 34.5
RDW (CV)	13.6	%	11.6- 14.0
Total W.B.C. Count	4090	/cu.mm.	4000 - 10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	50	%	40 - 80
Lymphocytes	46	%	20 - 40
Eosinophils	02	%	1 - 6

SUPARNA DAREKAR

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CKA0107

Name : GYANPAL SEN BAIJNATH GUPTA

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

Processing Location: - Seabird Medicare Pvt Ltd

Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

05-Nov-2024 / 9:19 am

Coll Date

05-Nov-2024 / 9:24 am

Report Date

05-Nov-2024 / 2:24 pm

REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	02	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	241000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

SUPARNA DAREKAR

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CKA0107

Name : GYANPAL SEN BAIJNATH GUPTA

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

Processing Location: - Seabird Medicare Pvt Ltd

Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

05-Nov-2024 / 9:19 am

Coll Date

05-Nov-2024 / 9:24 am

Report Date

05-Nov-2024 / 2:24 pm

REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	09	mm at 1hr	0 - 15

Method: Westergren.

Sample: Whole Blood (EDTA)

----- End of Report -----

BHAGYASHREE CHAWAN

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CKA0107

Name : GYANPAL SEN BAIJNATH GUPTA

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

Processing Location: - Seabird Medicare Pvt Ltd

Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

05-Nov-2024 / 9:19 am

Coll Date

05-Nov-2024 / 9:24 am

Report Date

05-Nov-2024 / 2:24 pm

REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	5.0		5.0 - 9.0
Specific Gravity	1.010		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

BHAGYASHREE CHAWAN

Lab Technician

DR. RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



PID NO. : CKA0107

Name : GYANPAL SEN BAIJNATH GUPTA

Sex / Age : Male / 24 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

A-101-102, Heritage Plaza,

Telli Cross Lane, Andheri East (Nr.Station).

Processing Location: - Seabird Medicare Pvt Ltd

Office no A/302, Vertex Vikas, Opposite Andheri

Station, Near Madhavbag Bldg, Andheri (East).

Mumbai - 400069

Reg. Date

05-Nov-2024 / 9:19 am

Coll Date

05-Nov-2024 / 9:24 am

Report Date

05-Nov-2024 / 2:24 pm

REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

BHAGYASHREE CHAWAN

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY

Pathologist

MMC Reg No.2006031680



CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of
Ayanpal Sen Bagnath Gupta on 05/11/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit • Fit with restrictions/recommendations <p style="text-align: center;">Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p style="text-align: center;">However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p style="text-align: center;">Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	<input type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input type="checkbox"/>

Dr. _____

Medical Officer

DR. MUKUL ARTE MBBS, DNB

Reg. No: 44293 (MMC)

Approved By DG Shipping (GOI)

Specialist in Maritime Medicine & Aviation Medicine

A-101-102, Heritage Plaza, Teli Cross Lane

Andheri East, Mumbai-400 069.

SEA BIRD MEDICARE CENTRE

This certificate is not meant for medico-legal purposes.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069
 Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



SEA BIRD MEDICARE CENTRE

MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	5/11/2024		
NAME	Mr. Ayanpal Sen Gupta		
AGE	24 years	GENDER	Male
HEIGHT (CM)	168 cm	WEIGHT (KG)	52 kg
B.P.	120/70 mmHg		
ECG	Normal		
X Ray	NAD		
Vision Checkup	Color Vision:	Normal	
	Far Vision Ratio:	6/6	
	Near Vision Ratio:	NS	
		} Unaided	
Present Ailments	Undergoing dental Rx (aligners)		
Details of Past ailments (If Any)	On Scalp L W Scar noted. Head injury in 2017		
Comments / Advice:	NAD		

Signature with Stamp of Medical Examiner


DR. MUKUL ARTE MBS, DNB
Reg. No: 44293 (MMC)
Approved By DG Shipping (GOI)
Consultant in Marine Medicine & Aviation Medicine
101-102, Heritage Plaza, Teli Cross Lane
Andheri East, Mumbai-400 069.
SEA BIRD MEDICARE CENTRE

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069
Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



SEA BIRD MEDICARE CENTRE

Report ID : **GBGM5119844**
Patient Name : **Mr. GYANPAL SEN BAIJNATH GUPTA**
Rank :
Ref By : **DR. MUKUL ARTE**
Reg. : **05-Nov-2024**
Report Date : **05-Nov-2024**
Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Age/Sex : **24 Year / Male**

CHEST X RAY REPORT

X-Ray No : 9677

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.


Dr. Jacob
Mathew MD

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704
Kochi: 0484- 2322022 / 4032022

Powai: 022-25701053 / 25704157

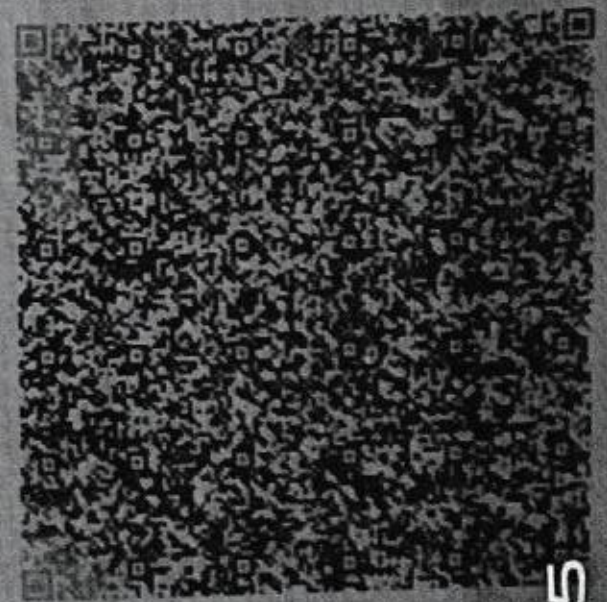
Website: www.seabirdhf.com | Email: seabird@seabirdhf.com

आयकर विभाग
INCOME TAX DEPARTMENT



भारत सरकार
GOVT. OF INDIA

स्थायी लेखा संख्या कार्ड
Permanent Account Number Card
DCGPG1528C



नाम/ Name


GYANPAL SEN BAIJNATH GUPTA

पिता का नाम/ Father's Name

BAIJNATH GUPTA

जन्म की तारीख/
Date of Birth

03/03/2000


हस्ताक्षर/ Signature

30092

NAME Gyanpal Sen AGE 24y DATE 05/11/24
 Website: www.seabirdhf.com / Email: seabird@seabirdhf.com
 Powai, Mumbai - 400076. Tel: 2570 4157 / 2570 1053

102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens,
 Mumbai - 400069. Tel: 022-4603 2704 / 81046 06813
 101-102, Heritage Plaza, Telli Cross Lane, Anthen East (Nr. Station),
 Mumbai - 400069. Tel: 022-4603 2704 / 81046 06813

Sea Bird Medicare Centre
 (ISO: 9001 - 2015)



ELECTROCARDIOGRAPHIC REPORT

E. C. G. REPORT

RATE 85 bpm RHYTHM Regular VOLTAGE N
 P.WAVE N PR. INTERVAL N Q. WAVE -
 QRS COMPLEX N ST. SEGMENT ind. electrode T. WAVE -
 REMARKS normal

DR. MUKUL ARTE MBS, DMB
 Reg. No: 44293 (MMC)
 Approved By DG Shipping (GG)
 Marine Medicine & Aviation Medicine
 Heritage Plaza, Telli Cross Lane
 Anthen East, Mumbai-400 069.
 SEA BIRD MEDICARE CENTRE

10mm/mV 25.0mm/S

0.05-35 Hz 50Hz



LEAD I

LEAD II

LEAD III

10mm/mV 25.0mm/S

0.05-35 Hz 50Hz



LEAD aVR

LEAD aVL

LEAD aVF





V6