



## MEDICAL FITNESS CERTIFICATE

This is to certify that Mr. Kamal Kumar s/o Subhash Chandra Saini of aged 43 .based on the examination, I certify that he is in good mental and physical health and is free from any physical defeets such a deafness, colour blindness, and chronic or contagious diseases.

Kamal .


Signature of the candidate

Place:

G.H.R.C Sikar

Date

23/03/2024

  
Dr. Himanshu Agarwal  
MD. GEN. Medicine  
RMC No. - 43718/27910  
Dr. Himanshu Agarwal  
Sikar

MD.GEN.Medicine

RMC No-43718/27910

G.H.R.C-Sikar

Gurukripa Circle, Jyoti Nagar, Piprali Road, Sikar (Raj.) 332001  
Ph. : 01572-244548 Fax No. : 01572-254255  
E-mail : gurukripahospitals@gmail.com | Website : www.gurukripahospitals.co.in  
Helpline : +91-99823-77675

PT. Name	: Mr. KAMAL KUMAR	Date/Time	: 23-03-2024 / 01:00 PM
Age	: 43Y	Sex	: male
Reg No	: UHID194274	Mobile No	: 7046962347
Consultant	: DR. HIMANSHU AGARWAL	OPD No	: 106
Department	: GENERAL MEDICINE	Dr. Room No	:
Dr. Reg No.	: 43718/27910	User Name	: MANGH
Category	: TPA	Address	: SIKAR

BP :- 128/69 mmHg  
 Pulse :- 92 bpm  
 Spo2 :- 99%  
 weight :- 87 kg  
 Asthama :-  
 Current Medications :-  
 Provisional/Final Diagnosis :-

H/O Diabetes :-  
 H/O Drug Allergy :-  
 H/O HTN :-  
 H/O surgery :-  
 LMP (For Female) :-

Presenting Complaints :-

for medicine  
Health Checkup.

Systemic/local Examination :-

No.

Normal Study.

Rx:-

Investigation Advised :-

*Dr. Himanshu Agarwal*  
**Dr. Himanshu Agarwal**  
 MD. GEN. Medicine  
 RMC No. - 43718/27910  
 G. H. R. C. - Sikar

Sign/Time

Review after..... days

On dated.....

**KAMAL KUMAR SAINI**

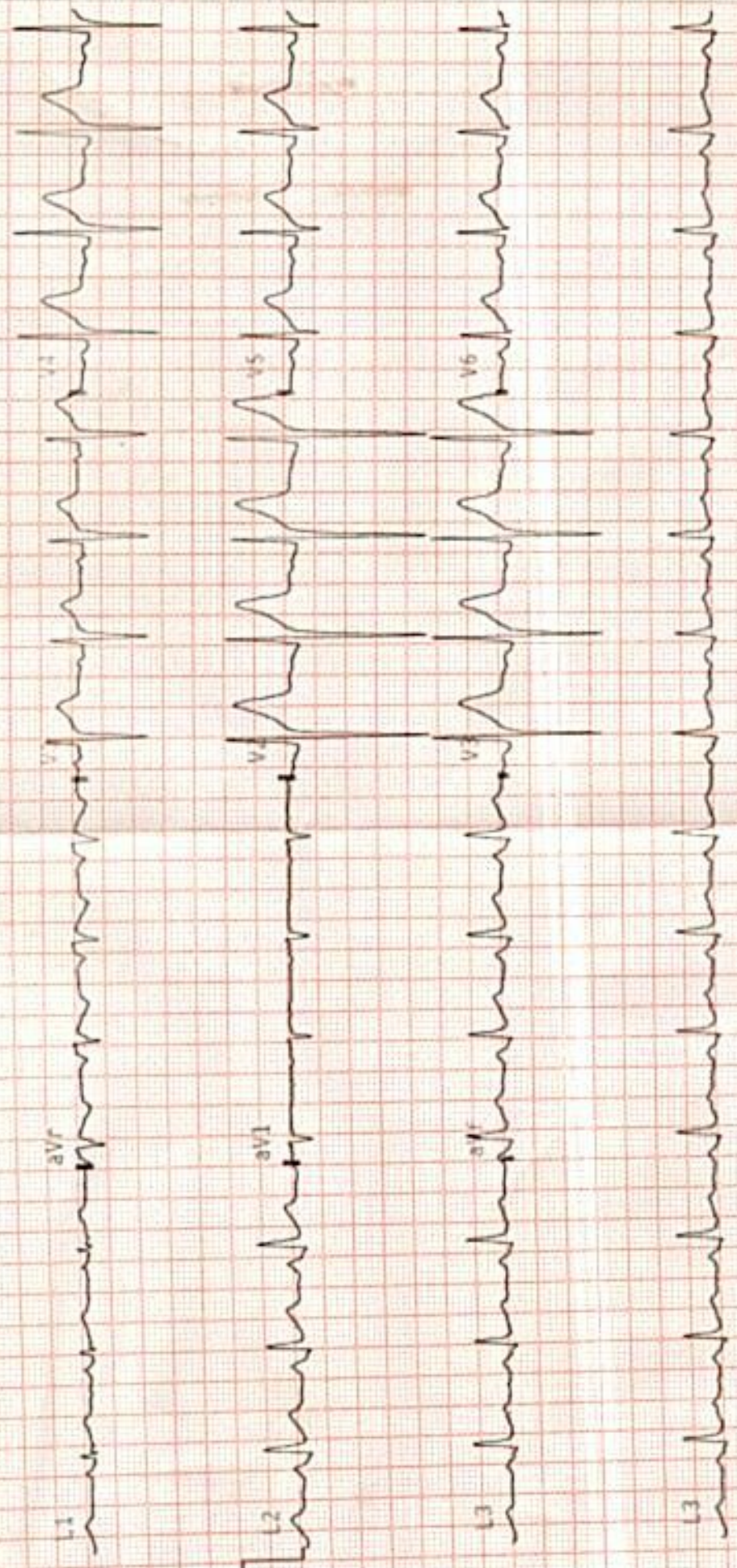
Room : 0 :  
IO :  
Hanno :  
Gender :  
Height : 000 (cm)

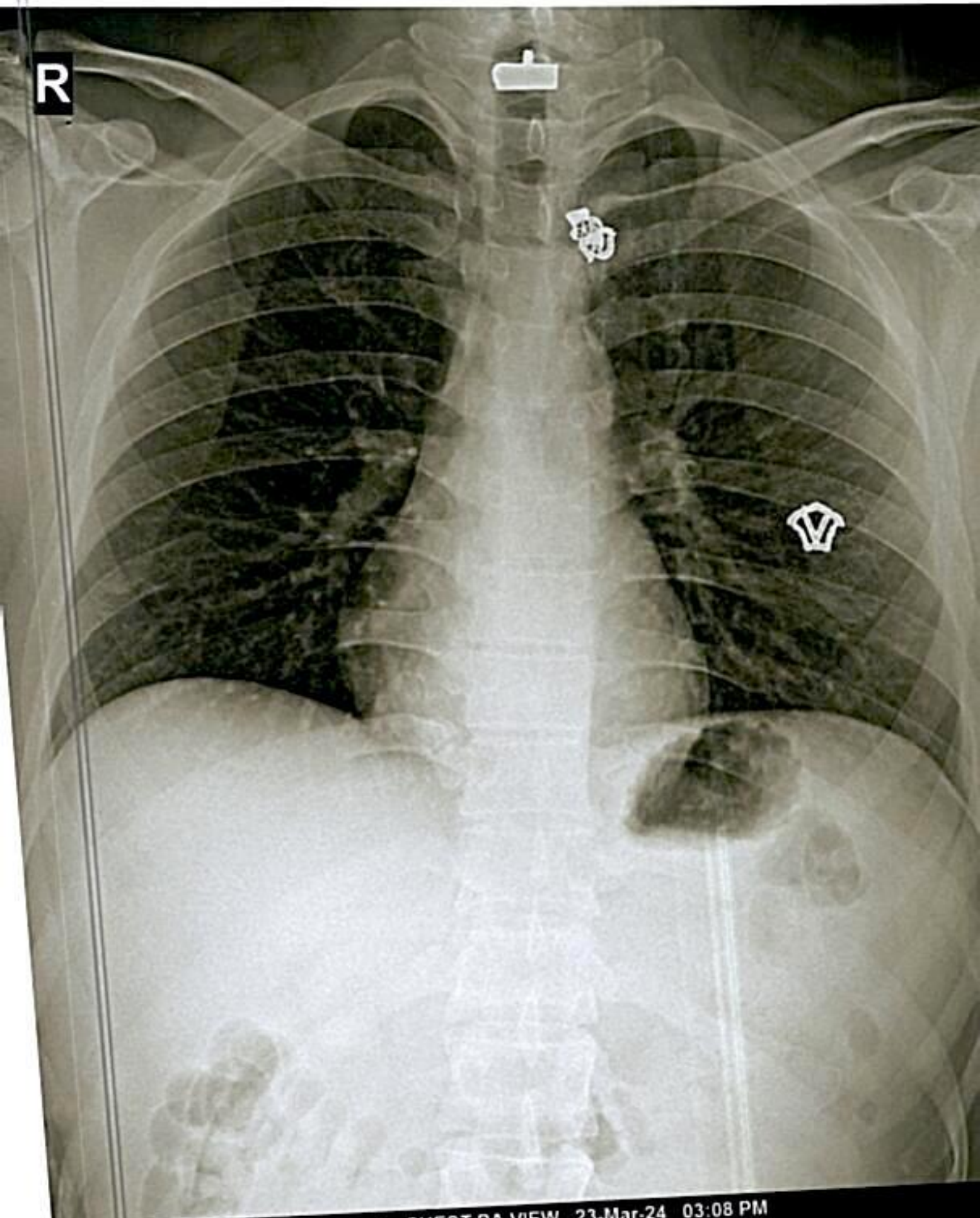
Age : 000 (yrs)  
Weight : 000 (kg)

Axis (deg)  
P : 61  
QRS : 78  
T : 52

Interval: (msec)  
PR: 154, QRS: 100  
QT: 372, QTc: 458  
QT: 110

BP : / / mmHg  
Interpretation : (Minnesota Code)  
ECG within Normal Limits.





KAMAL M CHEST,PA VIEW 23-Mar-24 03:08 PM  
GURUKRIPA HOSPITALS, SIKAR



# GURUKRIPA HOSPITALS RESEARCH CENTER PVT. LTD.

Gurukripa Circle, Jyoti Nagar, Piprali Road, Sikar (Raj.) 332001

Helpline : 01572-244548, 241548

H-2021-0867

E-mail : gurukripahospitals@gmail.com, www.gurukripahospitals.co.in



## 2-D ECHO COLOUR DOPPLER REPORT

NAME:- MR:-KAMAL KUMAR

AGE:-43Y/Sex:-M

Date:-23-MARCH-2024

### LEFT VENTRICLE:

Size : Normal  
Wall Motion : Normal

### LEFT ATRIUM

Diameter :- 30mm

### Dimensions (2D / M-mode)

LVID D 43 mm  
LVID S 30 mm  
EF 60%  
PW (d) 8 mm IVS (D) 9mm  
PW (S) 10 mm IVS (S) 11mm

### RIGHT VENTRICLE

RVI D (d) :- 26mm

**MITRAL VALVE:- NORMAL**

### LV Inflow Doppler:-

Peak E 0.5m/sec Peak A Vel 0.7m/sec

**Mitral Regurgitation:-MILD**

**Tricuspid Regurgitation:-MILD(15+RAP)**

**AORTIC VALVE:- NIL**

**AORTIC Regurgitation:-NIL**

**PERICARDIUM:- NORMAL**

### IMPRESSION:

- NO RWMA
- MILD MR, MILD TR(15+RAP), NO AR
- DIASTOLIC FUNCTION NORMAL
- NORMAL LV SYSTOLIC FUNCTION, EF-60%
- No Intra Cardiac clot/vegetation/ Pericardial effusion

DR. J.K. SONI

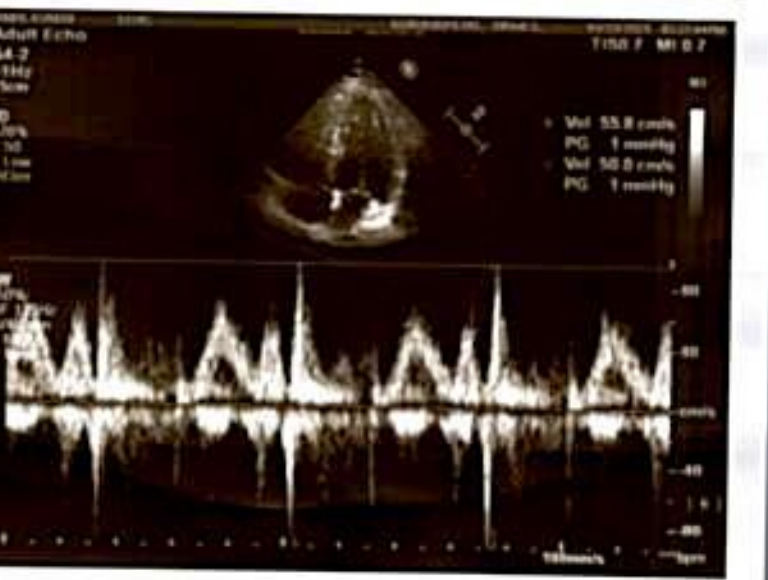
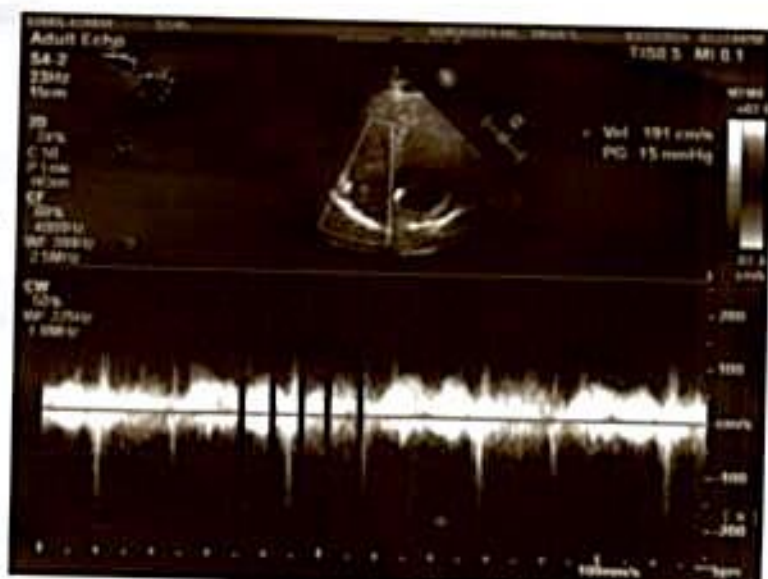
REG. NO. 27757

MD, D.M. (Cardiology)

Chief Interventional Cardiologist

REG. NO. 27757/23597





# APEX M.R.I. & C.T. SCAN CENTRE

OPP. S.K. HOSPITAL, SIKAR-332001 (RAJ) PH. 01572-240991

Name: Kamal Kumar Age: 32Y/M

Date: 23/03/2024

Ref By: Gurukripa Hospital

## USG ABDOMEN PELVIS

Liver- appears enlarged in size(15.32cm) with and normal in shape & echogenic in echotexture.

Gallbladder-appears normal in wall thickness with anechoic lumen.

Portal vein- appears normal and measures 09mm in caliber.

CBD- measures 3mm with normal common hepatic duct, right, left Hepatic ducts & intrahepatic biliary radicles.

Pancreas- appears normal in size, shape and echogenicity.

Spleen- measures 8.9cm in craniocaudal span and appears normal in size, shape and echogenicity.

Both kidneys are normal in size and shape. Pelvicalyceal system and proximal ureters does not appears dilated.

Echodensity measuring 4.8mm seen in mid part of left kidney.

-UB is partially filled with anechoic contents.

Prostate - normal in size(17.02cc.) & weight.

-No free fluid seen in peritoneal cavity.

### Impression:

- Mild hepatomegaly with fatty changes.
- Calculus measuring 4.8mm seen in mid part of left kidney.

Dr. Pritam Singh  
Consultant Radiologist



बेटी बचाओ-बेटी पढ़ाओ

धूम लिंग परीक्षण करवाना जघन्य अपराध है इसकी शिकायत टोल फ्री नम्बर 104/108 पर की जा सकती है।







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B-2023-6867

Name	:MR.KAMAL KUMAR SAINI	Reg. No.	:OutSide	IPD/OPD Status	:OPD
Age/Sex	:32 Y/Male	Lab No.	:21240323113	consultant	:SELF
Ref. Dr.	:	Receipt no	: 23-151454	Location/Bed.No	:

Sample Collected at: 23/03/2024 1:33:42 PM

Report Gen at: 23/03/2024 5:51:27 PM



## BIOCHEMISTRY



Accession No

Registration No

SAMPLE TYPE :

Investigations	Result	Unit	Biological Reference Interval
BLOOD SUGAR (RANDOM)	79.0	mg/dl	70-140
BLOOD GLUCOSE P.G 2 hrs	133.0	mg/dl	70-140
URINE GLUCOSE P.G 2hrs	NIL	-	-
<b>LIPID PROFILE.</b>			
TOTAL CHOLESTROL	147.5	mg/dl	0-200
TRIGLYCERIDES	118.5	mg/dl	0-150
HDL CHOLESTROL	30.7	mg/dl	40-88
LDL CHOLESTROL	93.10	mg/dl	25-60
VLDL CHOLESTROL	23.70	mg/dl	0-100

\*\*\* End of Report \*\*\*

BLOOD SUGAR (R) Methodology GOD-POD With Serum / Plasma

TOTAL CHOLESTROL

Normal < 200 mg / dl Desirable  
Border Line High 200-239 mg/dl  
High > 240 mg / dl

TRIGLYCERID

Normal< 150 mg / dl  
Border Line High150 - 199 mg / dl  
High>= 200-499 mg / dl  
Very High>= 500 mg / dl

LDL CHOLESTROL

Normal< 130 mg / dl Desirable  
Border Line High130 - 159 mg / dl  
High >160 mg / dl

VLDL CHOLESTROL

<30 mg/dl

Methodology : TC Enzymatic ,TRIG Enzymatic GPO-POD, HDLC Phosphotungstic ACID / MgCl 2 , LDLC=T.CHOL -HDL -TRIG / 5,

**Dr. Pooja Agarwal**  
MD (Pathologist)

Reg. No. 31402/16727

G. H. R. C., Sikar

TECHNOLOGIST

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Age/Sex	:32 Y/Male	Lab No.	:21240323113	consultant	:SELF
Ref. Dr.		Receipt no	: 23-151454	Location/Bed.No	:

Sample Collected at: 23/03/2024 1:33:42

Report Gen at: 23/03/2024 5:55:31 PM

PM 1:33PM



Accession No

## BIOCHEMISTRY



Registration No

### HbA1C (GLYCOSYLATED Hb)

Test Value : 4.7 %  
 Estimated Average Glucose : 90.0 mg/dl

#### GUIDE VALAUE-

The following hemoglobin A1C range may be used for interpretation of result. However, factors such as duration of diabetes adherence to therapy and the age of patient should also be considered in assessing the degree of blood glucose control. These values are for nonpregnent individuals.

Hemoglobin A 1c (%)	Degree of glucose control
> 8	Action Suggested
7 - 8	Good Control
< 7	Goal
6-7	Near Normal Glycemia Z

*look*  
 DR. Pooja Agarwal  
 MD (Pathologist)  
 Reg. No. 31402/16727  
 G. H. R. C., Sikar

TECHNOLOGIST

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B-201-4947

Name	:MR.KAMAL KUMAR SAINI	Reg. No.	:OutSide	IPD/OPD Status	:OPD
Age/Sex	:32 Y/Male	Lab No.	:21240323113	consultant	:SELF
Ref. Dr.	:	Receipt no	: 23-151454	Location/Bed.No	:

Sample Collected at: 23/03/2024 1:33:42 PM

Report Gen at: 23/03/2024 5:55:50 PM



## LIVER FUNCTION TEST



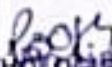
Accession No

Registration No

SAMPLE TYPE :

Investigations	Result	Unit	Biological Reference Interval
SGOT (AST)	26.8	U/L	0-40
SGPT (ALT)	34.8	U/L	0-40
BILIRUBIN (TOTAL)	2.07	mg/dl	0.00-1.10
BILIRUBIN DIRECT	0.42	mg/dl	0.00-0.25
BILIRUBIN INDIRECT	1.65	mg/dl	0.00-1.10
TOTAL PROTEIN	6.58	g/dL	6.6-8.3
ALBUMIN	4.70	g/dl	3.5-5.0
GLOBULIN	1.88	g/dl	2.0-3.0
A/G RATIO	2.50		1.0-2.3
ALKALINE PHOSPHATASE	98.1	/CUMM	40-140

\*\*\* End of Report \*\*\*

  
Dr. Pooja Agarwal  
MD (Pathologist)  
Reg. No. 31402/16727  
G. H. R. C., Sikar

TECHNOLOGIST

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18-201-0687

Name	:MR.KAMAL KUMAR SAINI	Reg. No.	:OutSide	IPD/OPD Status	:OPD
Age/Sex	:32 Y/Male	Lab No.	:21240323113	consultant	:SELF
Ref. Dr.	:	Receipt no	: 23-151454	Location/Bed.No	:

Sample Collected at: 23/03/2024 1:33:42 PM

Report Gen at: 23/03/2024 5:56:04 PM



## RENAL FUNCTION TEST



Accession No

Registration No

SAMPLE TYPE :

Investigations	Result	Unit	Biological Reference Interval
<b>RENAL PROFILE</b>			
UREA	21.1	mg/dl	15-45
CREATININE	0.74	mg/dl	0.60-1.40
URIC ACID	5.25	mg/dl	2.5-6.0
SODIUM	142.2	mmol/L	133-150
POTASSIUM	3.88	mmol/L	3.5-5.5
CHLORIDE	101.2	mmol/L	95-110

\*\*\* End of Report \*\*\*

*Dr. Anil Kumar*  
**Dr. Anil Kumar**  
 MD (Pathologist)  
 Reg. No. 31402/16727  
 G. H. R. C., Sikar

TECHNOLOGIST

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Name	:MR.KAMAL KUMAR SAINI	Reg. No.	:OutSide	IPD/OPD Status	:OPD
Age/Sex	:32 Y/Male	Lab No.	:21240323113	consultant	:SELF
Ref. Dr.	:	Receipt no	: 23-151454	Location/Bed.No	1,

Sample Collected at: 23/03/2024 1:33:42 PM

Report Gen at: 23/03/2024 5:56:12 PM



## HAEMATOLOGY REPORT



Accession No

Registration No

SAMPLE TYPE :

Investigations	Result	Unit	Biological Reference Interval
ABO GROUPING	"O"		
RH -TYPING	POSITIVE		

\*\*\* End of Report \*\*\*

(ABO) (Methodology) Antigen Antibody Reaction, EDTA Blood, Tube Test Method. Interpretation Human red blood cells possessing A and/ or B Antigen will agglutinate in the presence of antibody directed towards the antigen. Agglutination of red blood cells with anti-A,B,D, reagents indicates the present or absent of the corresponding antigen.

*Pooja*  
**PATHOLOGIST**  
**Dr. Pooja Agarwal**  
 MD (Pathologist)  
 Reg. No. 31402/16727  
 C. H. R. C., Sikar

**TECHNOLOGIST**

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Name	:MR.KAMAL KUMAR SAINI	Reg. No.	:OutSide	IPD/OPD Status	:OPD
Age/Sex	:32 Y/Male	Lab No.	:21240323113	consultant	:SELF
Ref. Dr.		Receipt no	:23-151454	Location/Bed.No	:

Sample Collected at: 23/03/2024 1:33:42

Report Gen at: 23/03/2024 5:56:40 PM

PM: 3:33PM



Accession No

## CLINICAL PATHOLOGY REPORT



Registration No

### Urine Routine Examination Report

<u>Investigation</u>	<u>Result</u>	<u>Unit</u>
COLOR	Pale Yellow	
APPEARANCE	TURBID	
PH	6.0	
SPECIFIC GRAVITY	1.030	
ALBUMIN	NIL	
SUGAR	NIL	
RBC	8-10	
PUS CELLS	2-3	0-0/HPF
EPITHELIAL CELL	1-2	0-1/HPF
CASTS	NIL	0-1/HPF
CRYSTALS	NIL	0-0/HPF
BACTERIA	NIL	0-0/HPF
OTHER	NIL	0-0/HPF

*Pooja*  
**PATHOLOGIST**  
**Pooja Agarwal**  
 MD (Pathologist)  
 Reg. No. 31402/16727  
 G. H. R. C., Sikar

**TECHNOLOGIST**

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B-201-4647

Name	:MR.KAMAL KUMAR SAINI	Reg. No.	:OutSide	IPD/OPD Status	:OPD
Age/Sex	:32 Y/Male	Lab No.	:21240223113	consultant	:SELF
Ref. Dr.	:	Receipt no	: 23-151454	Location/Bed.No	:

Sample Collected at: 23/03/2024 1:33:42 PM

Report Gen at: 23/03/2024 5:56:50 PM



Accession No

## CLINICAL PATHOLOGY REPORT



Registration No

SAMPLE TYPE :

Investigations	Result	Unit	Biological Reference Interval
URINE SUGAR FASTING	NIL	-	-

\*\*\* End of Report \*\*\*

*Pooja*  
PATHOLOGIST

Dr. Pooja Agarwal

MD (Pathologist)

Reg. No. 31402/16727

G. H. R. C., Sikar

TECHNOLOGIST

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Name	:MR.KAMAL KUMAR SAINI	Reg. No.	:OutSide	IPD/OPD Status	:OPD
Age/Sex	:32 Y/Male	Lab No.	:21240323113	consultant	:SELF
Ref. Dr.		Receipt no	: 23-151454	Location/Bed.No	:-

Sample Collected at: 23/03/2024 1:33:42

Report Gen at: 23/03/2024 5:57:34 PM

PN 1:33PM



## IMMUNOLOGY REPORT



Accession No

Registration No

### THYROID PROFILE

TRIODOTHYRONINE ( T3 )	1.30	ng/ml	0.60 - 1.78
THYROXINE (T4)	11.46	ug/dl	4.82 - 15.65
THYROID STIMULATING HORMONE (TSH)	0.53	uIU/ml	0.38 - 5.33

Chemiluminescence

### Interpretation:

**Note 1.** TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m, and at a minimum between 6-10 pm . The variation is of the order of 50% hence time of the day has influence on the measured serum TSH concentrations.

**2.** Values <0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals.

### Clinical Use:

Primary Hypothyroidism

Hyperthyroidism

Hypothalamic – Pituitary hypothyroidism

Inappropriate TSH secretion

Nonthyroidal illness

Autoimmune thyroid disease

Pregnancy associated thyroid disorders

Thyroid dysfunction in infancy and early childhood

### IN PREGNANCY REF RANGE of TSH

First trimester 0.60 - 3.4 mIU/mL

Second trimester 0.37 - 3.6 mIU/mL

Third trimester 0.38 - 4.0 mIU/mL

*Dr. Pooja Agarwal*  
**Dr. Pooja Agarwal**  
 MD (Pathologist)  
 Reg. No. 31402/10727  
 G. B. R. C. Sikar

TECHNOLOGIST

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B.201-467

Name	:MR.KAMAL KUMAR SAJNI	Reg. No.	:OutSide	IPD/OPD Status	:OPD
Age/Sex	:32 Y/Male	Lab No.	:21240323113	consultant	:SELF
Ref. Dr.	:	Receipt no	: 23-151454	Location/Bed.No	:

Sample Collected at: 23/03/2024 1:33:42 PM

Report Gen at: 23/03/2024 5:57:44 PM



## CYTOLOGY REPORT



Accession No

Registration No

SAMPLE TYPE :

Investigations	Result	Unit	Biological Reference Interval
URINE SUGAR PP	NIL		-

\*\*\* End of Report \*\*\*

*Pooja*  
**PATHOLOGIST**  
**Dr. Pooja Agarwal**  
 MD (Pathologist)  
 Reg. No. 31402/18727  
 G. H. R. C., Sikar

TECHNOLOGIST

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Age/Sex	:32 Y/Male	Lab No.	:21240323113	consultant	:SELF
Ref. Dr.	:	Receipt no	: 23-151454	Location/Bed.No	:

Sample Collected at: 23/03/2024 1:33:42 PM

Report Gen at: 23/03/2024 5:58:03 PM



## COMPLETE BLOOD COUNT



Accession No

Registration No

SAMPLE TYPE : WHOLE BLOOD

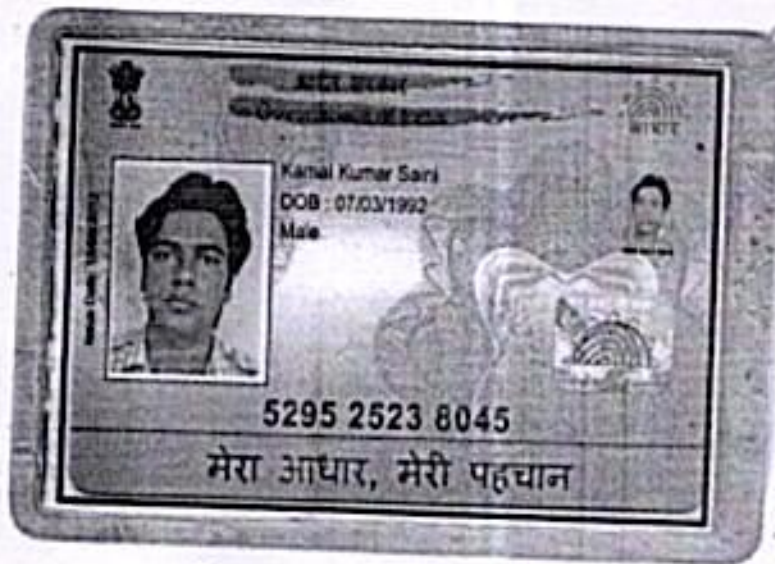
Investigations	Result	Unit	Biological Reference Interval
Hemoglobin (Hb%)	17.4	gm/dl	11-15
TLC.	10400	/CU MM	4,000-11,000
<b>DLC</b>			
Neutrophils	80	%	56-62
Lymphocytes	10	%	20-50
Eosinophils	06	%	1-6
Monocytes	04	%	0-5
Basophils	00	%	0-1
Red Cell Count (TRBC)	5.47	million/cumm	3.5-5.0
PCV/HCT	49.7	%	36-46
MCV	91.0	f	80-95
MCH	31.8	pg	26.5-33.5
MCHC	35.0	g/dl	31.5-35.0
Platelet Count	2.39	Lakhs/cumm	1.50-4.50

\*\*\* End of Report \*\*\*

*Dr. Roshni Agarwal*  
**Dr. Roshni Agarwal**  
 MD (Pathologist)  
 Reg. No. 3140216727  
 G. H. R. C., Sikar

TECHNOLOGIST

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7046862347

Kamal Sani