





PID NO.	: CIA1514	Reference :	Reg. Date
		Sample Collected At :	23-Sep-2024 / 9:16 am
Name	: SARTHAK MORESHWAR KORE	Sea Bird Medicare	Coll Date
<b>a</b> ( <b>1</b>		105-107 Gateway Plaza,Central Avenue,Hiranandani	
Sex / Age	: Male / 21 Years	Gardens,Powai,Mumbai-400076	23-Sep-2024 / 9:21 am
		Processing Location: - Sea Bird Medicare	
Ref By	: APOLLO HEALTH AND LIFESTYLE	105-107 Gateway Plaza, Central Avenue, Hiranandani	Report Date
2	LIMITED	Gardens,Powai,Mumbai-400076	23-Sep-2024 / 1:57 pm

	BIOCHEMISTRY					
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL			
Serum S.G.P.T. (Serum,Method- IFCC without/with PDP)	25.30	U/L	0 - 41			
Bilirubin (Total) (Serum ,Method-Diazo- End point)	0.5	mg/dl	0.0 - 1.20			
Bilirubin (Direct) (Serum,Method-Diazo-End point)	0.08	mg/dl	0.0 - 0.40			
Bilirubin (Indirect) Calculated	0.42	mg/dl	0.0 - 0.90			
Serum Creatinine (Serum,Method- Kinetic Jaffe's)	0.62	mg/dl	0.62 - 1.17			

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report ------

PRIYA PANDEY Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704







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Ref By	: APOLLO HEALTH AND LIFESTYLE	105-107 Gateway Plaza,Central Avenue,Hiranandani	Report Date
-	LIMITED	Gardens,Powai,Mumbai-400076	23-Sep-2024 / 1:55 pm

Biochemistry Report				
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL	
BUN (Blood Urea Nitrogen) Serum, Method: Urease	7.88	mg/dl	6.0 - 20.0	
Creatinine Serum, Method-Kinetic Jaffes	0.62	mg / dL	0.62 - 1.17 mg/dl	
BUN/Creatinine Ratio	15.76		10 - 20.1	
Urea (Serum, Method-Urease)	16.87	mg/dl	16.6 - 48.5	

----- End of Report ------

PRIYA PANDEY Lab Technician

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	LIMITED	Gardens,Powai,Mumbai-400076	23-Sep-2024 / 1:57 pm

BLOOD GLUCOSE						
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL			
Blood Glucose (Fasting), plasma (Plasma,Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association g	82.86 juidelines 2022	mg/dl	70.00 - 100.00 mg/dl			
Urine Glucose (Fasting)	Absent		Absent			
Urine Ketones (Fasting)	Absent		Absent			
Blood Glucose (PP) plasma (Plasma,Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION ) Reference : American diabetes association o	85 juidelines 2022	mg/dl	70.00 - 140.00			
Urine Glucose (PP)	Absent		Absent			
Urine Ketones (PP)	Absent		Absent			

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

PRIYA PANDEY Lab Technician

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# BLOOD GLUCOSE Test Result Units BIOLOGICAL REFERENCE INTERVAL

----- End of Report ------



PRIYA PANDEY Lab Technician

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		Processing Location: - Sea Bird Medicare	Report Date
Ref By		105-107 Gateway Plaza,Central Avenue,Hiranandani	hepore Date
	LIMITED	Gardens,Powai,Mumbai-400076	23-Sep-2024 / 1:55 pm

Blood Group					
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL		
BLOOD GROUP					
ABO Group	"B"				
RH (D)	Positive				
Method : Cell (Forward) groupir Sample: Whole Blood (EDTA)	g by Manual Slide Method.				

----- End of Report ------

PRIYA PANDEY Lab Technician

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~		105-107 Gateway Plaza, Central Avenue, Hiranandani	
Sex / Age	: Male / 21 Years	Gardens,Powai,Mumbai-400076	23-Sep-2024 / 9:21 am
		Processing Location: - Sea Bird Medicare	
Ref By	: APOLLO HEALTH AND LIFESTYLE	105-107 Gateway Plaza,Central Avenue,Hiranandani	Report Date
5	LIMITED	Gardens,Powai,Mumbai-400076	23-Sep-2024 / 1:56 pm

Complete Blood Count					
<u>Test</u>	<u>Result</u>	<u>Units</u>	<b>BIOLOGICAL REFERENCE INTERVAL</b>		
Hemoglobin	15.7	gm/dl	13.0 -17.0		
RED BLOOD CELL	<u>_S</u>				
R.B.C. Count	5.37	million / cumm	4.5- 5.5		
HCT	45.9	%	40- 50		
MCV	85.5	fL	83 - 101		
MCH	29.2	pg	27 - 32		
MCHC	34.1	gm / dl	31.5 - 34.5		
RDW (CV)	13.2	%	11.6- 14.0		
Total W.B.C. C	ount 8700	/cu.mm.	4000 - 10000		
DIFFERENTIAL C	OUNT				
Neutrophils	70	%	40 - 80		
Lymphocytes	25	%	20 - 40		
Eosinophils	02	%	1 - 6		

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Pritam Dhanawade Lab Technician

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DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

Kochi: 0484- 2322022 / 4032022

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		Processing Location: - Sea Bird Medicare	
Ref By	: APOLLO HEALTH AND LIFESTYLE	105-107 Gateway Plaza, Central Avenue, Hiranandani	Report Date
	LIMITED	Gardens,Powai,Mumbai-400076	23-Sep-2024 / 1:56 pm

	Complete	Blood Count	
Test	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Monocytes	03	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	329000	/cumm	150000 - 410000
MORPHOLOGY			
RBC Morphology	Predominantly Norm	nocytic and Normoch	nromic.
WBC Morphology	Normal Morphology.		
Platelets on Smear	Adequate on smear		

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report ------

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Pritam Dhanawade Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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	Erythrocyte Sedimentation Rate (ESR)		
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
E.S.R	12	mm at 1hr	0 - 15

Method: Westergren. Sample: Whole Blood (EDTA)

----- End of Report ------

PRIYA PANDEY Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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	UR	INE ANALYSIS	6	
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL	_
PHYSICAL EXAMINATION				
Colour	Pale Yellow		Pale Yellow	
Quantity	30 ml	ml	20 - 50	
Appearance	Clear		Clear	
Reaction (pH)	6.5		5.0 - 9.0	
Specific Gravity	1.010		1.000 - 1.030	
CHEMICAL EXAMINATION				
Proteins	Absent		Absent	
Sugar	Absent		Absent	
Ketone Bodies	Absent		Absent	
Bilirubin	Absent		Absent	
Nitrite	Absent		Absent	
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)	

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: SARTHAK MORESHWAR KORE

: APOLLO HEALTH AND LIFESTYLE

: Male / 21 Years

LIMITED



ntre ISO	
Reference :	Reg. Date
Sample Collected At :	23-Sep-2024 / 9:16 am
Sea Bird Medicare	Coll Date
105-107 Gateway Plaza, Central Avenue, Hiranandani	23-Sep-2024 / 9:21 am
Gardens, Powai, Mumbai-400076	20 00p 20217 0.21 am
Processing Location: - Sea Bird Medicare	

Report Date

23-Sep-2024 / 1:57 pm

REPORT

Gardens, Powai, Mumbai-400076

105-107 Gateway Plaza, Central Avenue, Hiranandani

	URIN	NE ANALYSIS	
<u>Test</u>	<u>Result</u>	<u>Units</u>	BIOLOGICAL REFERENCE INTERVAL
Ocult Blood	Absent		Absent
MICROSCOPIC EXAMINATION			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Name

Sex / Age

Ref By

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich). Microscopy Examination : Automation/Manual Microscopy

----- End of Report ------

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Pritam Dhanawade

Lab Technician

**DR.RITESH KHARCHE** MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



#### MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	23 09 2024.
NAME Sarthak Kore	
AGE 21 grs	GENDER - Male
HEIGHT (CM) 168 cm	WEIGHT (KG) & T kg
B.P.	130/80 mm Hg .
ECG	well
X Ray	NAD.
Vision Chaolaun	Color Vision: Normal
Vision Checkup	Far Vision Ratio: 6 6 - Aided
	Near Vision Ratio: N5 - Unaided ,
Present Ailments	Nil
Details of Past ailments (If Any)	- @ Elbow # in 2014. Red & POP
	- Dengue in 2017 -? Infectious Swelling in Fast in childhood, Preg Details unknown.
Comments / Advice:	Details unknown.
	Jul
	DR. MUKUL ARTE MEDS.DUB Rigs. Nor44293 (MMC) Approved By DG Shipping(GOI) Consultant In Marine Medicine & Aviation Medicine A-101-192, Heritage Plaza, Tell Cross Lane
	Andheri East, Mum a 400 069. SEA BIRD MEDICARE GENTRE

Signature with Stamp of Medical Examiner

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069 Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



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### CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of Sorthak Kore on 27 ap2 9

After reviewing the medical history and on clinical examination it has been found that he/she is

		Tick
٠	Medically Fit	V
•	Fit with restrictions/recommendations	
	Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
1.		
2.		
3.		
	However, the employee should follow the advice/medication that has been communicated to him/her.	
	Review after	
•	Currently Unfit.	
	Review after	
recom	mended	
•	Unfit	- mar
	Dr. Reg. No:44293 (HMVC)	
	Anterior Consultation Consultat	ledicine a

This certificate is not meant for medico-legal purposes

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069 Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



Report ID: SMKM23991937Patient Name: Mr. SARTHAK MORESHWAR KORERank:Ref By: DR. MUKUL ARTE

Reg.: 23-Sep-2024Report Date: 23-Sep-2024Company Name: M/S. APOLLO HEALTH AND LIFESTYLEAge/Sex: 21 Year / Male

#### CHEST X RAY REPORT

X-Ray No: 8173

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.

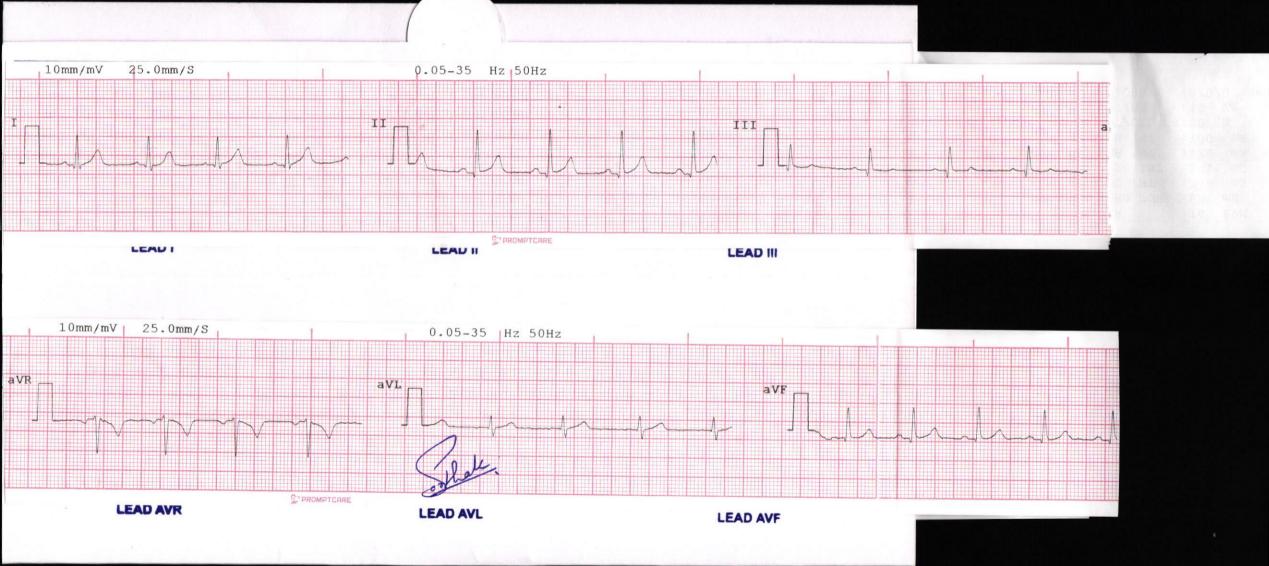


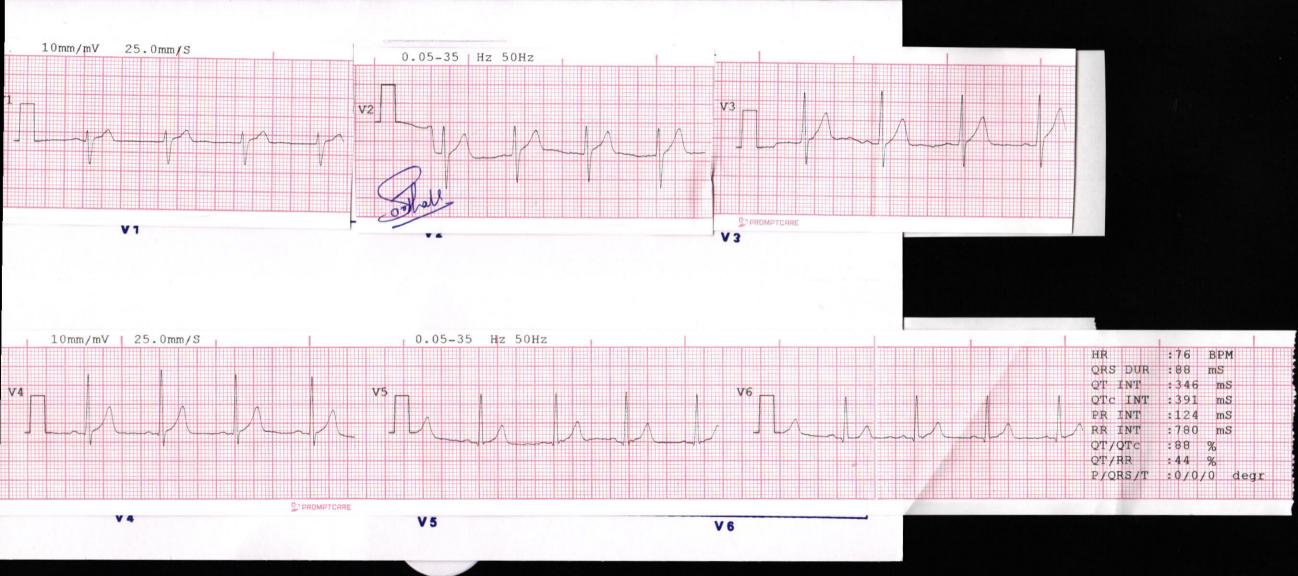
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RATE	-761	nig	RHYTHM	legula	VOLTAGE	₽ <sup>0</sup>
P.WAVE	N		PR. INTERVAL	2	Q. WAVE	-
QRS COMPLEX	N		ST. SEGMENT	180 el eeti	T. WAVE	
	whee	Ne	Au	No. 1 State		

## ТЯОЧЭЯ ЭІНЧАЯВОІОЯАЗОЯТЭЭЭЭ

101-102, Heritage Plaza, Telli Cross Lane, Andheri East (Nr. Station), Mumbai - 400069. Tel.: 022-4603 2704 / 81046 06813

102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076. Tel.: 2570 4157 / 2570 1053

Website: www.seabirdhf.com / Email: seabird@seabirdhf.com

PGE 21 DATE 28 00 24

