



ಭಾರತ ಸರ್ಕಾರ  
Government of India

ಏಕೈಕತೆಯ ಏಕೈಕ ಗುರುತು ಪ್ರಾಧಿಕಾರ  
Unique Identification Authority of India

ಸೇವಾಕ್ರಮ ಸಂಖ್ಯೆ Enrolment No.: 0000/00226/24704

To  
 ಶ್ರೀ ಪ್ರಸನ್ನ ಕುಮಾರ್  
 T Prasanna Kumar  
 C/O B. Thimmatah  
 No 243  
 A Block  
 S B M Layout  
 Dogadi Mysuru  
 Mysore  
 Mysuru Karnataka - 570026  
 636-0292832

Signature valid



ನಿಮ್ಮ ಆಧಾರ್ ಸಂಖ್ಯೆ / Your Aadhaar No. :  
**2570 1323 4837**  
 VID : 9170 8675 9777 5313  
 ನನ್ನ ಆಧಾರ್, ನನ್ನ ಗುರುತು



ಭಾರತ ಸರ್ಕಾರ  
Government of India



ಶ್ರೀ ಪ್ರಸನ್ನ ಕುಮಾರ್  
 T Prasanna Kumar  
 ಐದೇ ದಿನಾಂಕ/DOR: 01/06/1984  
 ಪುರುಷ / MALE

Issue Date: 05-12-2013

**2570 1323 4837**  
 VID : 9170 8675 9777 5313  
 ನನ್ನ ಆಧಾರ್, ನನ್ನ ಗುರುತು

Fwd: Health Check up Booking Confirmed Request(bobE7030),Package Code-PKG10000476, Beneficiary Code-299487

Prasanna Kumar <prasannarenu1990@gmail.com>

Sat 10-02-2024 08:01

To:Mysore Apolloclinic <mysore@apolloclinic.com>

On Thu, 8 Feb, 2024, 5:14 pm Mediwheel, <[wellness@mediwheel.in](mailto:wellness@mediwheel.in)> wrote:

011-41195959

Dear MR. T PRASANNA KUMAR,

We are pleased to confirm your health checkup booking request with the following details.

**Booking Date** : 30-01-2024

**Hospital Package Name** : Mediwheel Full Body Health Checkup Male Above 40

**Patient Package Name** : Mediwheel Full Body Health Checkup Male Above 40

**Name of Diagnostic/Hospital** : Dfdf

**Address of Diagnostic/Hospital-** : Apollo Clinic, 23, Kalidasa Road, VV Mohalla, Mysore -570002

**City** : Mysore

**State** :

**Pincode** : 110045

**Appointment Date** : 10-02-2024

**Confirmation Status** : Booking Confirmed

**Preferred Time** : 8:30am-9:00am

**Booking Status** : Booking Confirmed

Member Information		
Booked Member Name	Age	Gender
MR. T PRASANNA KUMAR	40 year	Male

Note - Please note to not pay any amount .

**Instructions to undergo Health Check:**

- Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- Bring urine sample in a container if possible (containers are available at the Health Check centre).
- Please bring all your medical prescriptions and previous health medical records with you.
- Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

- Pregnant Women or those suspecting are advised not to undergo any X-Ray test.

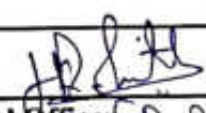
## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Mr. Balasubramanian K. T on 10-2-24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	✓
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> <li>• Currently Unfit. Review after _____ recommended</li> </ul>	
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	

Dr.   
 Medical Officer (Dr. ROHITH.H.K.)  
 The Apollo Clinic, Mysore.  
**Apollo Clinic**  
 23<sup>rd</sup> 1st Floor,  
 Kalidasa Road, Mysore - 02  
 Ph : 0821-4006040/41

*This certificate is not meant for medico-legal purposes*

**Apollo Health and Lifestyle Limited**

(CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016.


Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

**APOLLO CLINICS NETWORK KARNATAKA**

Bangalore (Basavanagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road) Mysore (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

Date : 10-02-2024  
MR NO : CMYS.0000059539

Department : GENERAL  
Doctor : RAHITH.H.K

Name : Mr. PRASANNA KUMAR T

Registration No :

Age/ Gender : 39 Y / Male

Qualification :

Consultation Timing: 08:10

Height : 170	Weight : 79.5	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 130/80

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

Pf can for Annual Health checkup  
No fresh complaints  
No h/o DM, HTN



Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-400000, 41

Date : 10-02-2024  
MR NO : CMYS.0000059539

Department : GENERAL Dietetics  
Doctor : Madhura . P

Name : Mr. PRASANNA KUMAR T

Registration No :

Age/ Gender : 39 Y / Male

Qualification : M.Sc Nutrition & Dietetics  
PHD

Consultation Timing: 08:10

IRW - 66.4 kg

Height: 170	Weight: 79.5	BMI: 27.5	Waist Circum: 100
Temp:	Pulse:	Resp: 12	B.P: 130/80

General Examination /  
Allergies History

PPBS - 141  
FBSA1C - 5.7  
Triglycerides - 152  
NON HDL - 145  
LDL - 114.5  
VLDL - 30.7

Clinical Diagnosis & Management Plan

→ Advised low fat diet with fiber rich foods.  
→ Dietary guidelines chart is given.

Follow up date :

Doctor Signature : B. P  
Apollo Clinic 10/2/2024  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Date : 10-02-2024  
MR NO : CMYS.0000059539  
Name : Mr. PRASANNA KUMAR T  
Age/ Gender : 39 Y / Male

Department : GENERAL  
Doctor :  
Registration No : *Dr Praveen Kumar*  
Qualification : *MBBS*

Consultation Timing: 08:10

Height : 170	Weight : 79.5	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 130/80

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

Come for upper breath down  
Ear bilateral TM @  
Nose - nasal mucosa @  
oral cavity & oropharynx @  
throat @  
Axillary axilla

Follow up date :

*Dr*  
Doctor Signature  
**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Date : 10-02-2024  
 MR NO : CMYS.0000059539  
 Name : Mr. PRASANNA KUMAR T  
 Age/ Gender : 39 Y / Male

Department : GENERAL  
 Doctor :  
 Registration No :  
 Qualification :

Consultation Timing: 08:10

Height : 170	Weight : 79.5	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 130/80

General Examination /  
 Allergies History

Clinical Diagnosis & Management Plan

<p>Near          vision.</p> <p>Distant          vision          corrected with glasses</p> <p>Colour          vision.</p>	<p><u>Rt eye</u></p> <p>6/6</p> <p>6/12</p> <p>6/6</p> <p>(R)</p>	<p><u>lf eye</u></p> <p>6/6</p> <p>6/6.</p> <p>6/6.</p> <p>(R)</p>
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Follow up date :

Doctor Signature  
**Apollo Clinic**  
 # 23, 1st Floor,  
 Kalidasa Road, Mysore - 02  
 Ph : 0821-4006040/41

Patient's Name : Mr. Prasanna Kumar T	Age & Sex; 39Yrs /Male
Date : 10.02.2024	UHID No:59539

## 2D ECHOCARDIOGRAPHY STUDY

### Impression:

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 68 %
- No clots. No pericardial effusion

### Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

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#### Apollo Health and Lifestyle Limited

CIN: U65110TG2000PLC115819

Regd Office: 110 and 62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph: +91 (0)41 4904 7777 Fax: +91 4904 7744 | Email ID: enquiry@apollohi.com | www.apollohi.com

#### APOLLO CLINICS NETWORK KARNATAKA

Bangalore: Basavanagudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli |  
Koramangala | Varajpur Busstop | Mysore: (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**



Patient's Name : Mr. Prasanna Kumar T	Age & Sex; 39Yrs /Male
Date : 10.02.2024	UHID No:59539

Measurements

AO : 2.4 cm  
LA : 2.7 cm

RV : 2.1 cm  
LVIDd 4.57 cm  
LVIDs : 2.83 cm  
IVSd : 0.92 cm  
IVSs : 1.30 cm  
PWd : 1.08 cm  
PWs : 1.27 cm  
EF : 68.0 %  
FS : 38.0 %

Doppler  
MV TV AV PV  
E 0.81 m/s E --- m/s V max 1.30 m/s V max 1.04 m/s  
:  
A: 0.56 m/s A --- m/s  
MR Nil TR Nil AR Nil PR Nil

Dr. GURU PRASAD. B. V, MBBS, PGDCC  
CONSULTANT – NON-INVASIVE CARDIOLOGY

Dr. GURU PRASAD. B. V  
MBBS, PGDCC (CARDIO)  
FRCR (FRCR), PGCC, CCEBDM  
CONSULTANT - NON INVASIVE CARDIOLOGY  
KMC No 69949

**Apollo Health and Lifestyle Limited**

CEA LMS110TG2000PLC115819

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Koramangala (Sarjapur Road) | Mysore (VV Mohalla)

Online appointments: www.apollohline.com

TO BOOK AN APPOINTMENT

**1860 500 7788**

ID: 59539

10-02-2024 09:40:04 AM

MR PRASANNA KUMAR T

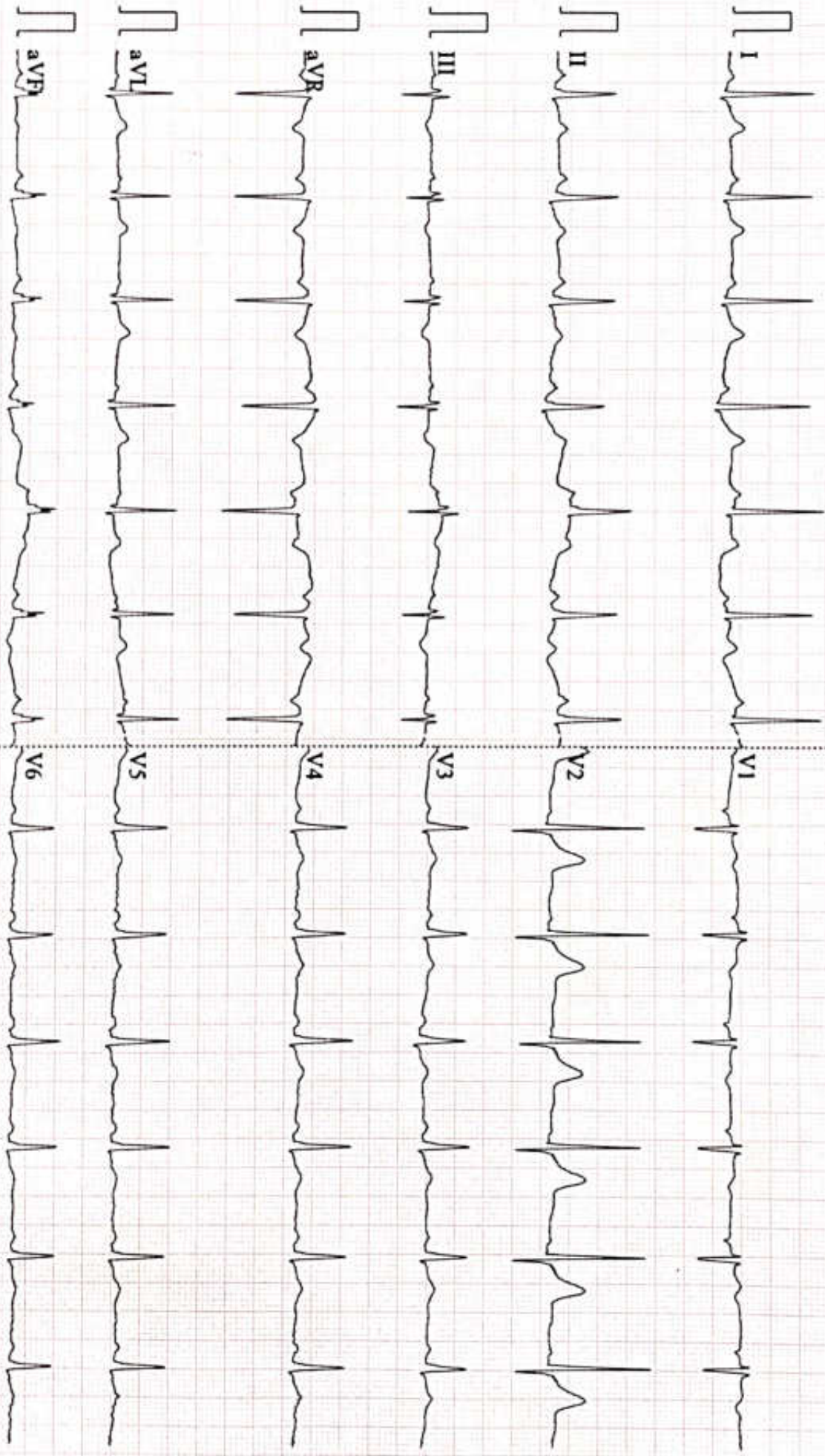
Male 39Years

170cm 79kg 130/80 mmHg

Diagnosis Information:

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

Unconfirmed Report.



0.5~45Hz AC50 25mm/s 10mm/mV 2\*5.0s

78

CARDIART

8 D

V1.43

Glasgow V28.6.0

APOLLO CLINIC MYSURU

Patient Name: Mr .Prasanna Kumar T	Date:10.02.2024	Doctor:Dr. Self
Age / Sex :39 yrs /Male	UHID No : 059539	OP:
<b>ULTRASONOGRAPHY – ABDOMEN &amp; PELVIS</b>		

**LIVER:** It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is well distended and normal. No e/o calculi.

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal in size, outline and echopattern.

**RIGHT KIDNEY:** It Measures 103x48mm with parenchymal thickness of 16 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**LEFT KIDNEY:** It measures 99x51 mm with parenchymal thickness of 16 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.


**URINARY BLADDER:** It is well distended. The UB wall is normal. No e/o calculi.

**PROSTATE:** It measures 27x30x32mm with a volume of 12 cc. It is normal in size, outline and echotexture. The vascularity of prostate is normal.

**BLADDER:** No evidence of focal collection or mass lesion seen. Appendix is not visualized.

**OTHERS:** No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

**IMPRESSION: NORMAL STUDY.**



Dr. Pradeep Kumar C N, DNB  
Consultant Radiologist.

**Apollo Health and Lifestyle Limited**

CIN: URS110TC:0000PLC115819

Regd Office: 1-10-60-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph. No: (01) 4948 7777 Fax No: 4948 7744 | Email ID: enquiry@apollohi.com | www.apollohi.com

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Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

**1860 500 7788**

### Informed Consent/Declaration For Test Exclusion

Patient Name: Prasanna kumar T Age: ~~59~~ ~~53~~ 39 Years

UHID Number: 59539

Please tick and sign the relevant part

I certify that I will skip Chest X Ray Test from my own.

No refund is provided for the above excluded test and i have been informed about the same.

Patient signature  Date 10/02/24

Witness signature:  Date: 10/02/24

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41

**Apollo Health and Lifestyle Limited**

Tel: 080 515 1122/0015 115819  
Bangalore: 1st Floor, 62, 62, Anandha Rajghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016  
Tel: 020 4424 4422 Fax: 020 4424 7744 | mail@enquiry@apollohospitals.com | www.apollohospitals.com

**APOLLO CLINICS NETWORK BARNATAKA**

Bangalore: Jayashreeji | Bellandur | Electronic City | Frazer Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli |  
Koranganigala | Sarjapur Road | Mysore: (VV Mahalle)

Online appointments: www.apollohospitals.com

TO BOOK AN APPOINTMENT

**1860 500 7788**

Name: Mr. PRASANNA KUMAR T  
Age/Gender: 39 Y/M  
Address: VIJAYNAGAR 4TH STAGE MYSORE  
Location: MYSORE, KARNATAKA  
Doctor:  
Department: GENERAL  
Rate Plan: MYSORE\_06042023  
Sponsor: ARCOFEMI HEALTHCARE LIMITED  
Consulting Doctor: Dr. SABAH JAVED

MR No: CMYS.0000059539  
Visit ID: CMYSOPV122177  
Visit Date: 10-02-2024 08:10  
Discharge Date:  
Referred By: SELF

## HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

### Chief Complaints

COMPLAINTS:::: For Corporate Health Checkup,

## SYSTEMIC REVIEW

### \*\*Weight

--->: Stable,

Number of kgs: 65.2,

## HT-HISTORY

### Past Medical History

PAST MEDICAL HISTORY: Nil Significant,

\*\*Cancer: nil,

## PHYSICAL EXAMINATION

## SYSTEMIC EXAMINATION

## IMPRESSION

## RECOMMENDATION

### Fitness Report

Fitness.: YES,

Fitness: fit,

## DISCLAIMER

Disclaimer: The health checkup examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the consulting physician. Additional tests, consultations and follow up may be required in some cases.,

## Doctor's Signature

**Patient Name** : Mr. PRASANNA KUMAR T

**Age/Gender** : 39 Y/M

**UHID/MR No.** : CMYS.0000059539

**OP Visit No** : CMYSOPV122177

**Sample Collected on** :

**Reported on** : 10-02-2024 10:50

**LRN#** : RAD2231299

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 257013234837

## DEPARTMENT OF RADIOLOGY

### ULTRASOUND - WHOLE ABDOMEN

**LIVER:** It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is well distended and normal. No e/o calculi.

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal in size, outline and echopattern.

**RIGHT KIDNEY:** It Measures 103x48mm with parenchymal thickness of 16 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**LEFT KIDNEY:** It measures 99x51 mm with parenchymal thickness of 16 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No e/o calculi.

**PROSTATE:** It measures 27x30x32mm with a volume of 12 cc. It is normal in size, outline and echotexture. The vascularity of prostate is normal.

**RIF:** No evidence of focal collection or mass lesion seen. Appendix is not visualized.

**OTHERS:** No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

**IMPRESSION: NORMAL STUDY.**

Pradeep Kumar C N, DNB  
Consultant Radiologist.



**Dr. PRADEEP KUMAR C N**  
**MBBS DNB( RADIOLOGY)**

Radiology



**Patient Name** : Mr. PRASANNA KUMAR T

**Age/Gender** : 39 Y/M

**UHID/MR No.** : CMYS.0000059539

**OP Visit No** : CMYSOPV122177

**Sample Collected on** :

**Reported on** : 10-02-2024 15:22

**LRN#** : RAD2231299

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 257013234837

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**DEPARTMENT OF RADIOLOGY**

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**X-RAY CHEST PA**


**PATIENT SKIP THE CHEST X RAY .**

Patient Name : Mr.PRASANNA KUMAR T	Collected : 10/Feb/2024 08:11AM
Age/Gender : 39 Y 8 M 9 D/M	Received : 10/Feb/2024 10:35AM
UHID/MR No : CMYS.0000059539	Reported : 10/Feb/2024 01:44PM
Visit ID : CMYSOPV122177	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 257013234837	

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

---

  
Dr. PAVAN KUMAR M  
M.B.B.S.,M.D(Pathology)  
Consultant Pathologist

SIN No:BED240032716





Patient Name : Mr.PRASANNA KUMAR T	Collected : 10/Feb/2024 08:11AM
Age/Gender : 39 Y 8 M 9 D/M	Received : 10/Feb/2024 10:35AM
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Visit ID : CMYSOPV122177	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 257013234837	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HEMOGRAM , WHOLE BLOOD EDTA</b>				
<b>HAEMOGLOBIN</b>	14.7	g/dL	13-17	Spectrophotometer
PCV	45.30	%	40-50	Electronic pulse & Calculation
RBC COUNT	4.57	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	99	fL	83-101	Calculated
MCH	<b>32.1</b>	pg	27-32	Calculated
MCHC	32.4	g/dL	31.5-34.5	Calculated
R.D.W	11.6	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	7,100	cells/cu.mm	4000-10000	Electrical Impedance
<b>DIFFERENTIAL LEUCOCYTIC COUNT (DLC)</b>				
NEUTROPHILS	46.8	%	40-80	Electrical Impedance
LYMPHOCYTES	<b>42.3</b>	%	20-40	Electrical Impedance
EOSINOPHILS	3.4	%	1-6	Electrical Impedance
MONOCYTES	6.9	%	2-10	Electrical Impedance
BASOPHILS	0.6	%	<1-2	Electrical Impedance
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	3322.8	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	<b>3003.3</b>	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	241.4	Cells/cu.mm	20-500	Calculated
MONOCYTES	489.9	Cells/cu.mm	200-1000	Calculated
BASOPHILS	42.6	Cells/cu.mm	0-100	Calculated
<b>PLATELET COUNT</b>	247000	cells/cu.mm	150000-410000	Electrical impedance
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR)</b>	14	mm at the end of 1 hour	0-15	Modified Westergren
<b>PERIPHERAL SMEAR</b>				

R.B.C: Majority are normocytic normochromic.

W.B.C: Are normal in number,morphology and increase in lymphocytes.



Dr. PAVAN KUMAR M  
M.B.B.S.M.D(Pathology)  
Consultant Pathologist

SIN No:BED240032716




Patient Name	: Mr.PRASANNA KUMAR T	Collected	: 10/Feb/2024 08:11AM
Age/Gender	: 39 Y 8 M 9 D/M	Received	: 10/Feb/2024 10:35AM
UHID/MR No	: CMYS.0000059539	Reported	: 10/Feb/2024 01:44PM
Visit ID	: CMYSOPV122177	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 257013234837		

**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Platelets: Adequate and are seen in singles and clumps.  
Hemoparasites: Not seen.

**IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE WITH LYMPHOCYTOSIS.**

  
Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:BED240032716

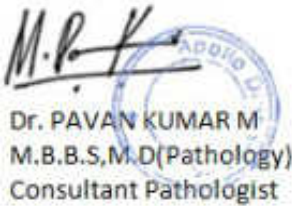


Patient Name : Mr.PRASANNA KUMAR T	Collected : 10/Feb/2024 08:11AM
Age/Gender : 39 Y 8 M 9 D/M	Received : 10/Feb/2024 10:35AM
UHID/MR No : CMYS.0000059539	Reported : 10/Feb/2024 12:59PM
Visit ID : CMYSOPV122177	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 257013234837	

**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b>				
BLOOD GROUP TYPE	A			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:BED240032716



Patient Name : Mr.PRASANNA KUMAR T	Collected : 10/Feb/2024 08:11AM
Age/Gender : 39 Y 8 M 9 D/M	Received : 10/Feb/2024 10:27AM
UHID/MR No : CMYS.0000059539	Reported : 10/Feb/2024 11:04AM
Visit ID : CMYSOPV122177	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 257013234837	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	98	mg/dl	74-106	GOD, POD


Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of  $>$  or  $=$  126 mg/dL and/or a random / 2 hr post glucose value of  $>$  or  $=$  200 mg/dL on at least 2 occasions.
- Very high glucose levels ( $>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.



Dr. PAVAN KUMAR M  
M.B.B.S., M.D (Pathology)  
Consultant Pathologist

SIN No:PLF02102925



Patient Name : Mr.PRASANNA KUMAR T	Collected : 10/Feb/2024 08:11AM
Age/Gender : 39 Y 8 M 9 D/M	Received : 10/Feb/2024 01:58PM
UHID/MR No : CMYS.0000059539	Reported : 10/Feb/2024 02:40PM
Visit ID : CMYSOPV122177	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 257013234837	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	141	mg/dl	70-140	GOD, POD

**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other. Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA</b>				
HBA1C, GLYCATED HEMOGLOBIN	5.7	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	117	mg/dL		Calculated

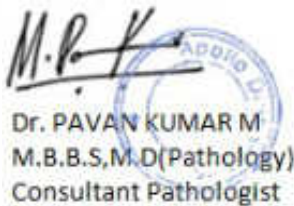
**Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

**Note:** Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.



Dr. PAVAN KUMAR M  
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Consultant Pathologist

SIN No:EDT240014268

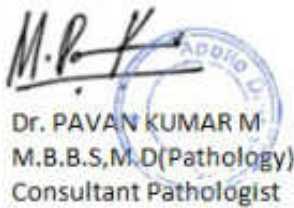


Patient Name : Mr.PRASANNA KUMAR T	Collected : 10/Feb/2024 08:11AM
Age/Gender : 39 Y 8 M 9 D/M	Received : 10/Feb/2024 01:58PM
UHID/MR No : CMYS.0000059539	Reported : 10/Feb/2024 02:40PM
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Emp/Auth/TPA ID : 257013234837	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycaemic control when clinical conditions that affect erythrocyte survival are present.
5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
  - A: HbF >25%
  - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



**Dr. PAVAN KUMAR M**  
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Consultant Pathologist

SIN No:EDT240014268



Patient Name : Mr.PRASANNA KUMAR T	Collected : 10/Feb/2024 08:11AM
Age/Gender : 39 Y 8 M 9 D/M	Received : 10/Feb/2024 11:08AM
UHID/MR No : CMYS.0000059539	Reported : 10/Feb/2024 12:13PM
Visit ID : CMYSOPV122177	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 257013234837	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>LIPID PROFILE , SERUM</b>				
TOTAL CHOLESTEROL	192	mg/dl	0-200	CHOD
TRIGLYCERIDES	<b>153</b>	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	47	mg/dL	40-60	CHOD
NON-HDL CHOLESTEROL	<b>145</b>	mg/dL	<130	Calculated
LDL CHOLESTEROL	<b>114.5</b>	mg/dL	<100	Calculated
VLDL CHOLESTEROL	<b>30.7</b>	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.10		0-4.97	Calculated

**Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- Measurements in the same patient on different days can show physiological and analytical variations.
- NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



Dr. PAVAN KUMAR M  
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SIN No:SE04624293



Patient Name	: Mr.PRASANNA KUMAR T	Collected	: 10/Feb/2024 08:11AM
Age/Gender	: 39 Y 8 M 9 D/M	Received	: 10/Feb/2024 11:08AM
UHID/MR No	: CMYS.0000059539	Reported	: 10/Feb/2024 12:08PM
Visit ID	: CMYSOPV122177	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 257013234837		

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>LIVER FUNCTION TEST (LFT) , SERUM</b>				
BILIRUBIN, TOTAL	0.64	mg/dl	0-1.2	NBD
BILIRUBIN CONJUGATED (DIRECT)	0.13	mg/dl	0-0.2	Diazotized sulfanilic acid
BILIRUBIN (INDIRECT)	0.51	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	25	U/l	0-45	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	22.0	U/l	0-35	IFCC
ALKALINE PHOSPHATASE	69.00	U/l	53-128	IFCC (AMP buffer)
PROTEIN, TOTAL	7.40	g/dl	6.4-8.3	Biuret
ALBUMIN	4.31	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	3.09	g/dL	2.0-3.5	Calculated
A/G RATIO	1.39		0.9-2.0	Calculated

**Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

**1. Hepatocellular Injury:**


- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

**2. Cholestatic Pattern:**

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

**3. Synthetic function impairment:**

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



Dr. PAVAN KUMAR M  
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Consultant Pathologist

SIN No:SE04624293



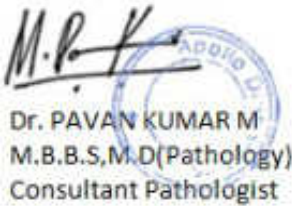


Patient Name : Mr.PRASANNA KUMAR T	Collected : 10/Feb/2024 08:11AM
Age/Gender : 39 Y 8 M 9 D/M	Received : 10/Feb/2024 11:08AM
UHID/MR No : CMYS.0000059539	Reported : 10/Feb/2024 01:09PM
Visit ID : CMYSOPV122177	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 257013234837	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM</b>				
CREATININE	0.87	mg/dL	0.67-1.17	Enzymatic colorimetric
UREA	16.19	mg/dl	13-43	Urease, UV
BLOOD UREA NITROGEN	7.6	mg/dl	6-20	Urease, UV
URIC ACID	5.80	mg/dL	3.5-7.2	Uricase
CALCIUM	10.14	mg/dl	8.6-10.3	Arsenazo III
PHOSPHORUS, INORGANIC	2.95	mg/dl	2.7-4.5	Molybdate
SODIUM	140	mmol/L	135-145	Direct ISE
POTASSIUM	4.2	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	101	mmol/L	98 - 107	Direct ISE



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SIN No:SE04624293




Patient Name : Mr.PRASANNA KUMAR T	Collected : 10/Feb/2024 08:11AM
Age/Gender : 39 Y 8 M 9 D/M	Received : 10/Feb/2024 11:08AM
UHID/MR No : CMYS.0000059539	Reported : 10/Feb/2024 12:08PM
Visit ID : CMYSOPV122177	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	29.00	U/l	0-55	IFCC



Dr. PAVAN KUMAR M  
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Consultant Pathologist

SIN No:SE04624293



Patient Name : Mr.PRASANNA KUMAR T	Collected : 10/Feb/2024 08:11AM
Age/Gender : 39 Y 8 M 9 D/M	Received : 10/Feb/2024 11:08AM
UHID/MR No : CMYS.0000059539	Reported : 10/Feb/2024 02:23PM
Visit ID : CMYSOPV122177	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 257013234837	

**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

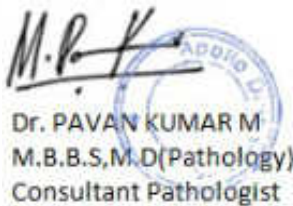
Test Name	Result	Unit	Bio. Ref. Range	Method
<b>THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM</b>				
TRI-IODOTHYRONINE (T3, TOTAL)	1.01	ng/mL	0.64-1.52	CMIA
THYROXINE (T4, TOTAL)	8.60	µg/dL	4.87-11.72	CMIA
THYROID STIMULATING HORMONE (TSH)	1.950	µIU/mL	0.35-4.94	CMIA

**Comment:**

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



Dr. PAVAN KUMAR M  
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Consultant Pathologist



SIN No:SPL24021431



Patient Name	: Mr.PRASANNA KUMAR T	Collected	: 10/Feb/2024 08:11AM
Age/Gender	: 39 Y 8 M 9 D/M	Received	: 10/Feb/2024 11:08AM
UHID/MR No	: CMYS.0000059539	Reported	: 10/Feb/2024 02:23PM
Visit ID	: CMYSOPV122177	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 257013234837		

**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324**

**Dr. PAVAN KUMAR M**  
M.B.B.S.,M.D(Pathology)  
Consultant Pathologist

SIN No:SPL24021431



Patient Name : Mr.PRASANNA KUMAR T	Collected : 10/Feb/2024 08:11AM
Age/Gender : 39 Y 8 M 9 D/M	Received : 11/Feb/2024 12:31PM
UHID/MR No : CMYS.0000059539	Reported : 11/Feb/2024 01:43PM
Visit ID : CMYSOPV122177	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 257013234837	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
TOTAL PROSTATIC SPECIFIC ANTIGEN (tPSA) , SERUM	0.810	ng/mL	0-4	CLIA

**Comment:**

Disclaimer: \*The results determined by assays using different manufacturers or methods may not be comparable.

Manufacturer: BECKMAN COULTER



DR.SHIVARAJA SHETTY  
M.B.B.S,M.D(Biochemistry)  
CONSULTANT BIOCHEMIST

SIN No:IM06943381

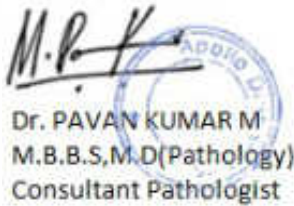


Patient Name : Mr.PRASANNA KUMAR T	Collected : 10/Feb/2024 08:11AM
Age/Gender : 39 Y 8 M 9 D/M	Received : 10/Feb/2024 01:10PM
UHID/MR No : CMYS.0000059539	Reported : 10/Feb/2024 02:42PM
Visit ID : CMYSOPV122177	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 257013234837	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.010		1.002-1.030	Dipstick
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	3 - 4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



Dr. PAVAN KUMAR M  
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Consultant Pathologist

SIN No:UR2278745



Patient Name : Mr.PRASANNA KUMAR T	Collected : 10/Feb/2024 08:11AM
Age/Gender : 39 Y 8 M 9 D/M	Received : 10/Feb/2024 01:10PM
UHID/MR No : CMYS.0000059539	Reported : 10/Feb/2024 02:41PM
Visit ID : CMYSOPV122177	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 257013234837	

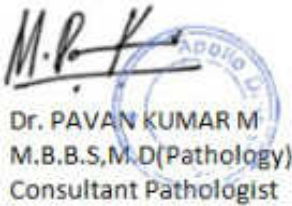
DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS ABOVE 50Y MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

\*\*\* End Of Report \*\*\*



Dr. PAVAN KUMAR M  
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Consultant Pathologist

SIN No:UF010476

