	ealth Declaration ark Where Applicable)	PASTE YOUR RECENT PASSPORT SIZE PHOTOGRAPH		
PERSONAL DETAILS:				
First Name	Middle Name	Surname		
Name: MUUBSU	KUMAN	SINHA		
Address: 1428 G. M Parai	Naple Leaf. Noch	eje Vihen,		
City: Mulari	Pin: 40007-2			
	Date: 06:01:1930 Religi	a thighering		
5 1 M B B B B B B B B B B B B B B B B B B	im/yyyy)	UIII		
Post applied for:	Marital Status: Married / I	Unmarried Gender: M / F		
	이 이는 것 같은 것 같은 것은 것 같은 것 같아요.	Duration		
PREVIOUS EMPLOYMENT: Yes / Name i) ii) iii)	/ No If yes specify Nature of work	Duration		
Name i) ii) iii) NAME OF FAMILY DOCTOR:	이 이는 것 같은 것 같은 것은 것 같은 것 같아요.	Duration		
Name i) ii)	이 이는 것 같은 것 같은 것은 것 같은 것 같아요.	Duration		
Name i) ii) iii) <u>NAME OF FAMILY DOCTOR</u> : Address:	Nature of work	Duration		
Name i) ii) iii) <u>NAME OF FAMILY DOCTOR</u> : Address: Contact Details:	Nature of work	Duration		
Name i) ii) iii) <u>NAME OF FAMILY DOCTOR</u> : Address:	Nature of work	Duration		
Name () (i) (ii) (iii) (NAME OF FAMILY DOCTOR: Address: Contact Details: PERSONAL HABITS: () Smoking () Tobacco chewing	Nature of work	Duration		
Name () (i) (ii) (iii) (NAME OF FAMILY DOCTOR: Address: Contact Details: PERSONAL HABITS: () Smoking () Tobacco chewing	Nature of work	Duration		
Name () (i) (ii) (iii) (NAME OF FAMILY DOCTOR: Address: Contact Details: PERSONAL HABITS: () Smoking () Tobacco chewing	Nature of work	Duration		
Name () (i) (ii) (iii) (iii) () () () () () () () () () () () () ()	Nature of work	Duration		

#### ii) PERSONAL HISTORY:

Are you in good health and capable of full work Have you ever suffered from job related disease or injury? Have you ever been discharged or rejected on medical grounds?

res	No
1	
	~
	4

Types of Previous Occupation (PI. describe in brief about company, nature of work, duration in years)

2	Hypertension	a Hepatitis-B
c	Diabetes	Cancer
+	Heart disease	LStroke
V	Kidney diseases	Bronchitis
1	Tuberculosis	Any allergy
V	(e.g. Pleurisy Pneumonia etc.)	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
L	Epilepsy, Fits, Fainting or Dizziness	Mental disorder of any kind
12	Any major operation or injury	4 Any other illness

(For female candidates only)

t preser	It? YN	Date of L.M.P.	
Yes	No		
	$\square$		
	Yes		Yes No

Others

	ЛГ	_	Т
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#### 6 FAMILY HISTORY:

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please √ Mark Where Applicable)

	Father	Mother
Hypertension		
Heart Disease		
Cancer		
Diabetes		
Tuberculosis		
Epilepsy		
Any other Disease		

	IF LIVI	NG		IF DEAD
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEAT	H CAUSE OF DEATH
Father			81	Ace relad
Mother			31	a
Spouse	52	40000		
Children-1	21	hove		
Children -2	12	hove		

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

(Signature of Candidate)

Date: 24.02.2024

# CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

on 24/2/24 MUKESh Kr. Plaka of

After reviewing the medical history and on clinical examination it has been found that he/she is

Medically Fit	1
Fit with restrictions/recommendation	ns
Though following restrictions have t not impediments to the job.	been revealed, in my opinion, these are
I	
2	
3	
However the employee should follow been communicated to him/her. Review after	w the advice/medication that has
been communicated to him/her. Review after	
been communicated to him/her. Review after Currently Unfit.	
been communicated to him/her. Review after Currently Unfit. Review after (adobgint	

Dr. PARAG A. PRADHAN This certificate is not meant for medica-legal purposes Approved By DG Shipping (GOI) Reg. No. (MMC) 61264 102-103-104, Cateway Plaza, Central Avenue Rood, Hiranandani Gardens, Powal, Mumbul-400076 SEA BIRO MEDICARE CENTRE

#### MER- MEDICAL EXAMINATION REPORT

Date of Examination	24/02/2022		
NAME	MUKER KUM	OK SINHA	
AGE 54 yrs	Gender	male	
HEIGHT(cm)	WEIGHT (kg)		
B.P.	120/90	o manually.	
ECG			
X Ray			
Vision Checkup	Color Vision : No + Wice Far Vision Ratio : 6/6 - Near Vision Ratio : 4 5 -		
Present Ailments	Hypertension on Kiclo - DI	Pa non Ayunudu Pa	
Details of Past ailments (If Any)			
Comments / Advice : She / He is Physically Fit			

Signature with Stamp of Medical Examiner

# Dr. PARAG A. PRADHAN

Approved Ey DG Shipping (GOI) Fleg. No. (MMC) 61264 112-103-104, Gateway Plaza, Central Avanue Rood, Hiranandani Gardens, Powel, Mombul-400076 SEA BIRD MEDICARE CENTRE

.



- 11



Name: Mr. Mukesh Sinha	Age: 54Y	Sex : Male
Date : 24/02/2024	Ref Dr : SELF	
	LICC ADDOMEN	AND DELVIC

USG ABDOMEN AND PELVIS

LIVER: Liver appears normal in size 14.7cm and shows diffuse increased echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

<u>KIDNEYS</u>: Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 11.3 x 4.6cm. Age related cortical base calcification seen in right kidney. Left kidney measures 11.4 x 4.5cm.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

**PROSTATE:** Prostate is normal in size measuring 3.2 x 2.7 x 3.3cm (16.0gm) and echotexture. No evidence of any focal lesion.

No free fluid or significant lymphadenopathy is seen.

IMPRESSION: Fatty liver grade I. Advice: Clinical co-relation and further evaluation.

DR. PRIYANKA NERULKAR

CONSULTANT RADIOLOGIST

Thanks For Reference: Note the above report represents interpretation of various radiographic shadows, and has its own limitations. This report has to be co-related clinico-pathologically by the referring physician and it does not represent the sole diagnosis.

# Proudly... Caring For You

HO- See Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69, Tel: 022- 46032704 Pawai: 022-25701053 / 25704157 Kodhi: 0484- 2322022 / 4032022

Patient Det Name: MUK Age: 53 y Clinical Hist Medications	ESH KU	2 E C 2 C 2 C 2 C 2 C 2 C 2 C 2 C 2 C 2		MEDIC	ARE	CENTR	E POWA	l –	
Age: 53 y Clinical Hist		MAR SINHA ID	4-Feb-2	4	Ti	me: 13:16	5:11		
Clinical Hist	tory: H	airen Suarire ID	: 3008						
	tory: H	Sex: N	1		H	eight: 160	cms.	Weig	ht: 1 0 Kg.
Aedications		ITN						100.00	
	: ON F	ux 👘							
est Detail:	s					_	_		
rotocol: B	truce		Pr.MH	R: 166	hom		TUD	1 44 10 C M	
otal Exec.	1910414-0011-001-001-001-001-001-001-001-0	6 m 20 s				Pr.MHR )b		1 C - 1	of Pr.MHR) bpr
Max. BP: 16	CULTURA CALL			SP x HR:		mmHg/mi		2012	35
est Termin	100000000000000000000000000000000000000	the state of Westman and a state of the stat	CHIEVE	the second second second	24000	mmrig/m	n Min, E	P x HR: 6	i520 mmHg/m
est temm	auon en	Wild. THIN PA	ACIE VE						
rotocol De	etails								
Stage	Name	Stage Time	Mets	Speed	Grade	Heart	Max. BP	Max. ST	Max. ST
		(min : sec)		(mph)	(%)	Rate (bpm)	(mm/Hg)	Level (mm)	Slope (mV/s)
Supine		1:56	1.0	0	0	69	130/90	-2.12 V2	5.661
Standing	g	1:28	1,0	0	0	72	130/90	-4.88 aVF	5.661
Hyperve	ntilation	0:37	1.0	0	0	72	130/90	-0.42 aVR	4.951
1		3:0	4.6	1.7	10	120	140/90	-1.70 aVR	5.661
2		3:0	7.0	2.5	12	145	140/90	-4.25 V3	5.661
Peak Ex	¢	0:20	10.2	3,4	14	150	140790	-4.03 V3	5.65 V4
FERK CA	1	1:0	1.8	1	0	125	160 / 100	-5.73 111	5 11
Recover	ry(1)		1.0	0	0	97	100 100	4.70.1/2	
1 B B B B B B B B B B B B B B B B B B B	10.0	1:0	1.14			ar	160/90	-1.70 V3	5.661
Recover	ry(2)	1:0 1:0	1.0	0	0	87	140/90	-1.06 V3	5.661
Recover Recover	ry(2) ry(3)	12922		0		1.1.1.1.1.1.1.1	and the second se		

of 160 / 100 mmHg., Sigificant ST-T changes in infero lateral leads,

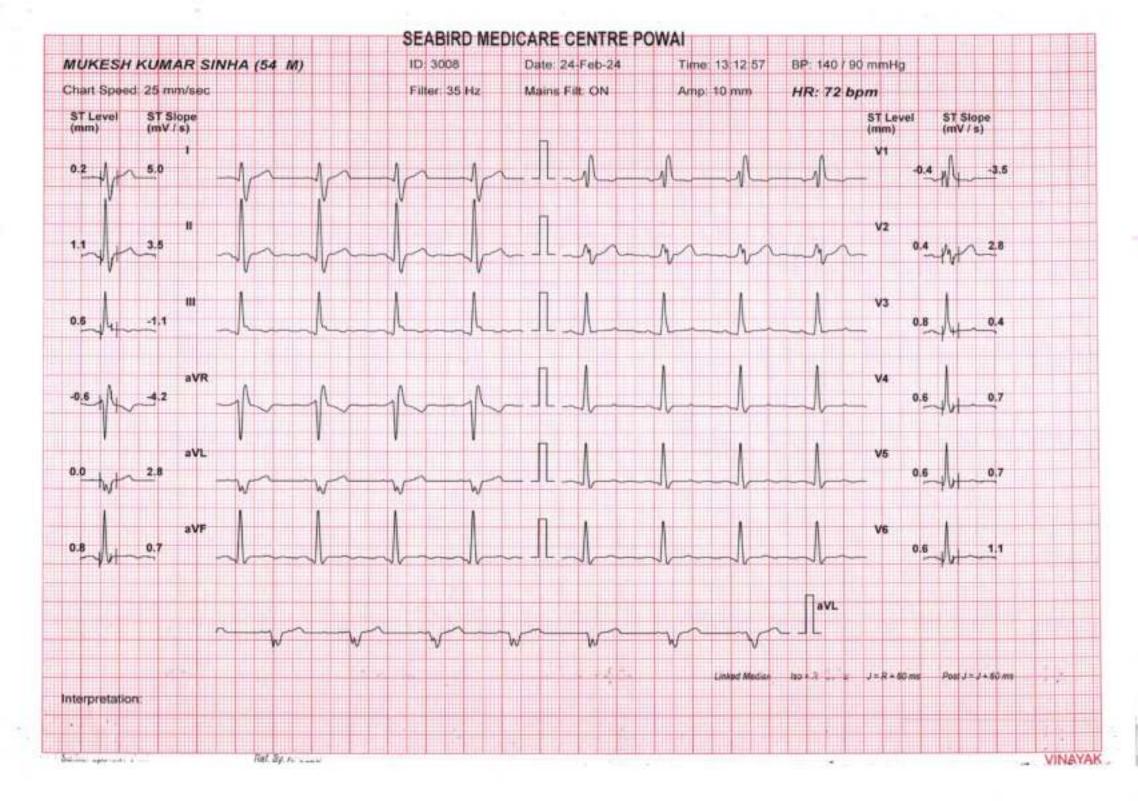
Positive for induced Ischaemic heart diseases. Advice: Cardiologist consult.

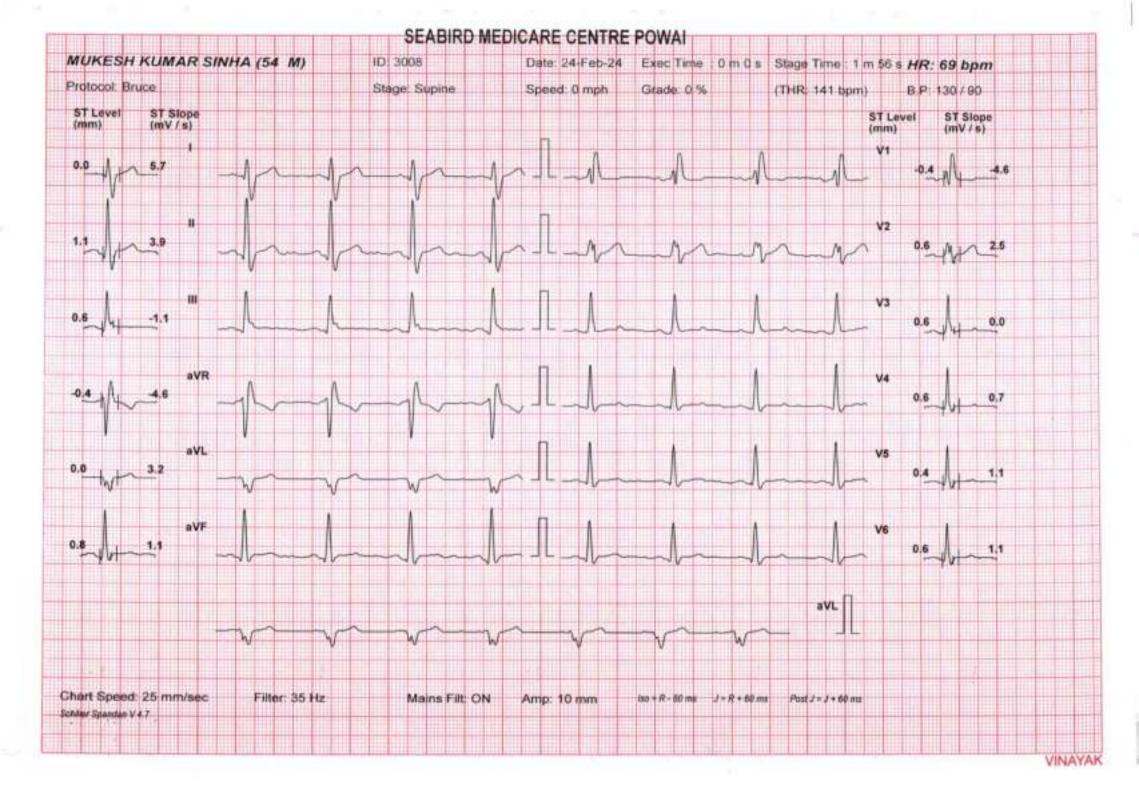
# Dr. PARAG A. PRADHAN

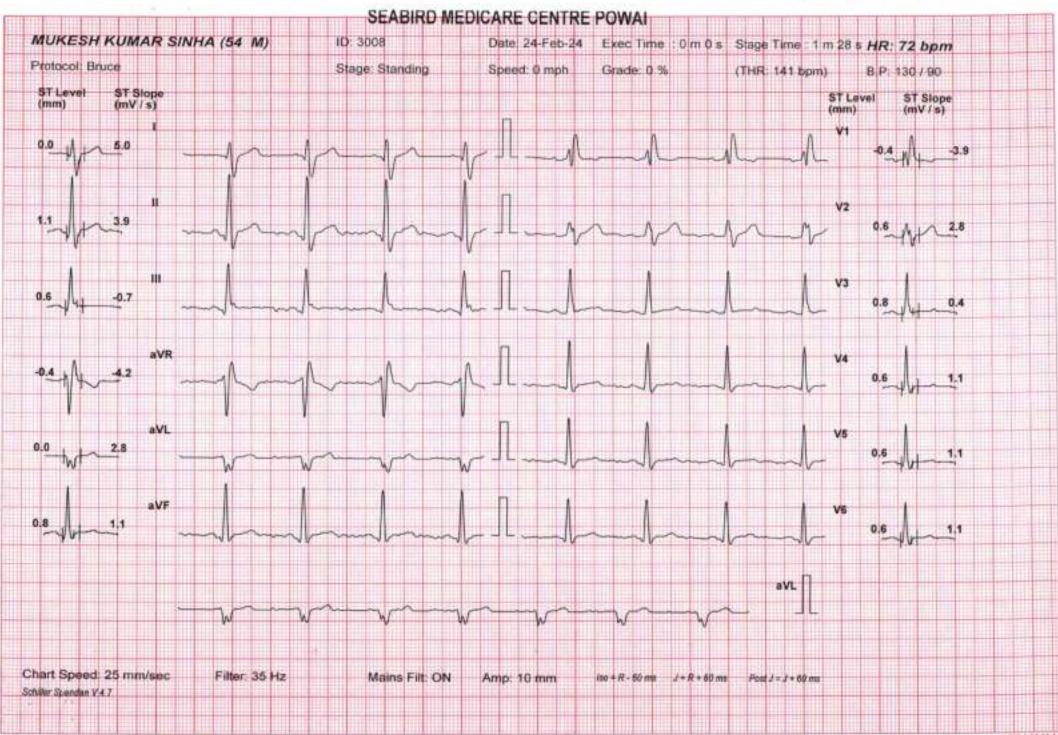
Approved Ey DG Shipping (GOI) Reg. No. (MMC) 61264 102-103-104, Gateway Plaza, Central Avchue Flaori, Hiranandani Gardens, Doctor: -Fowal, Mumbai-400076 50A 3IRO MELLICARE CENTIRE Schiller Healthcare India. M. Ltd. V 4.7

Ref. Doctor: APOLLO (Summary Report edited by user)

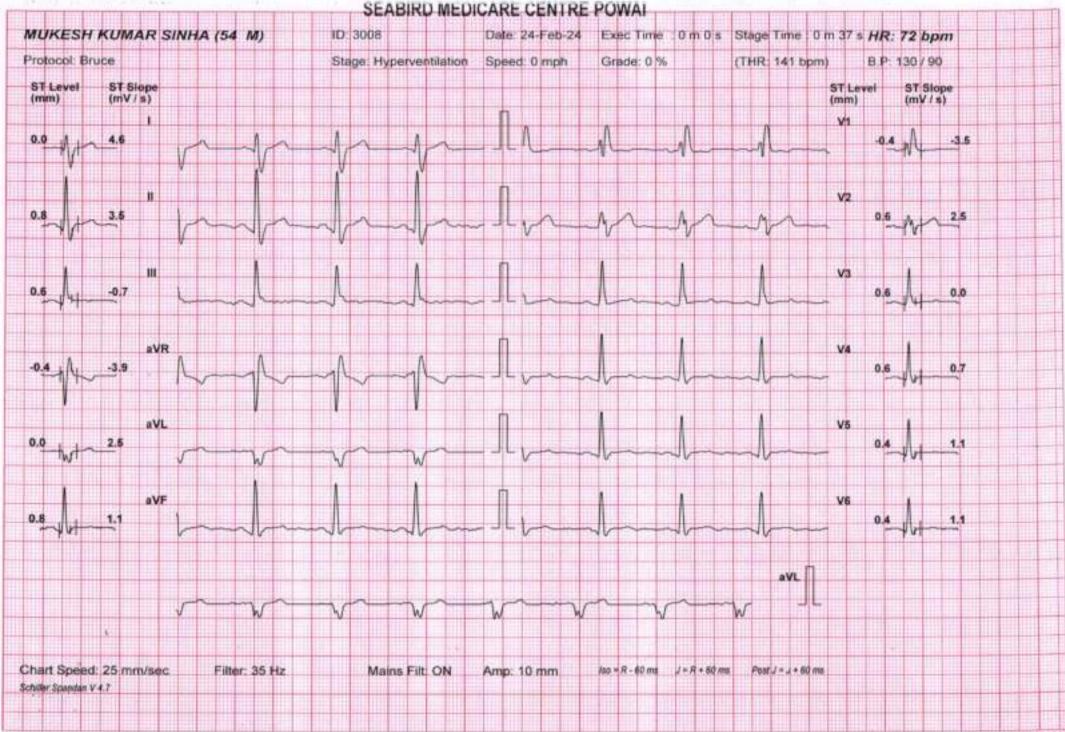
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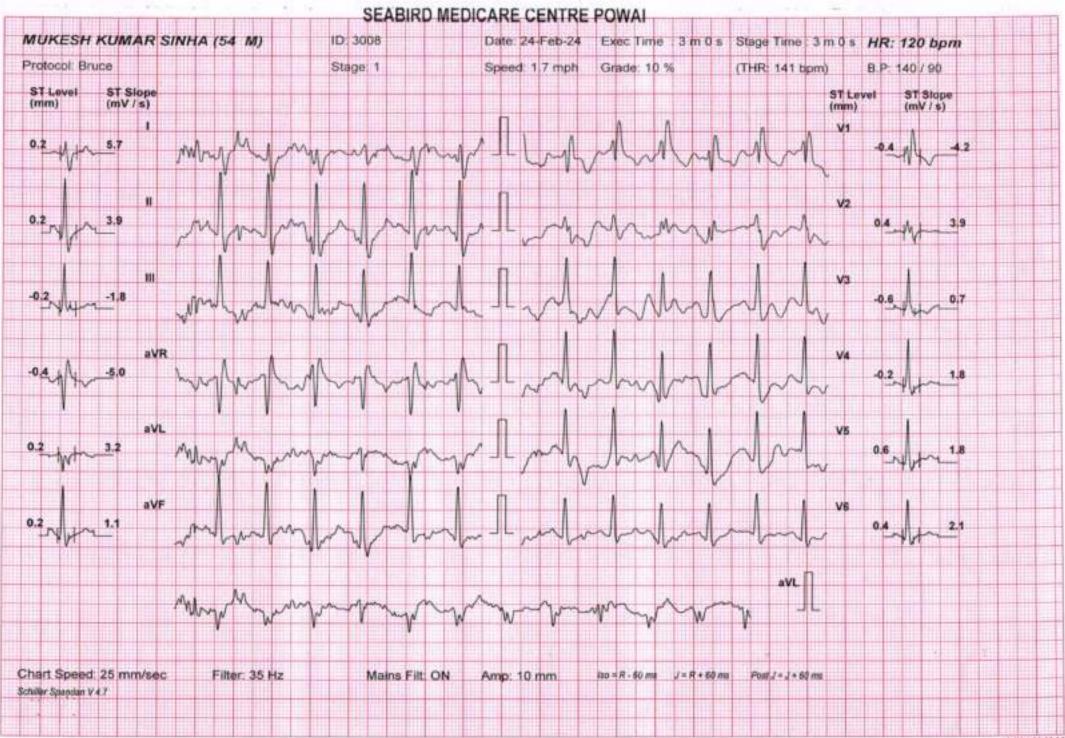


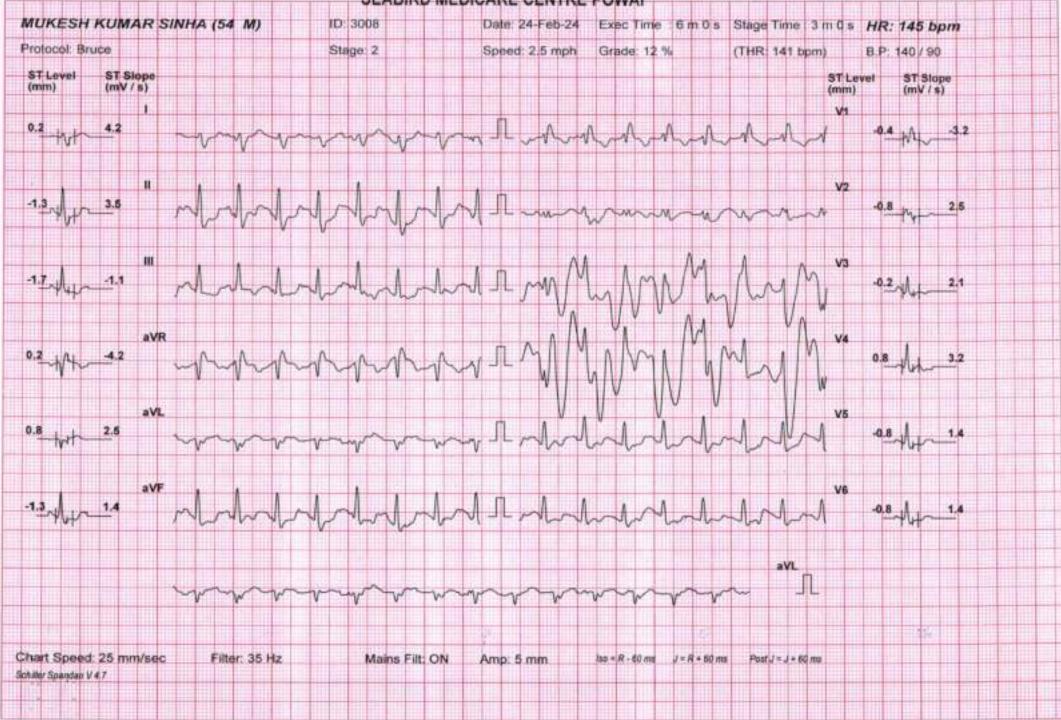


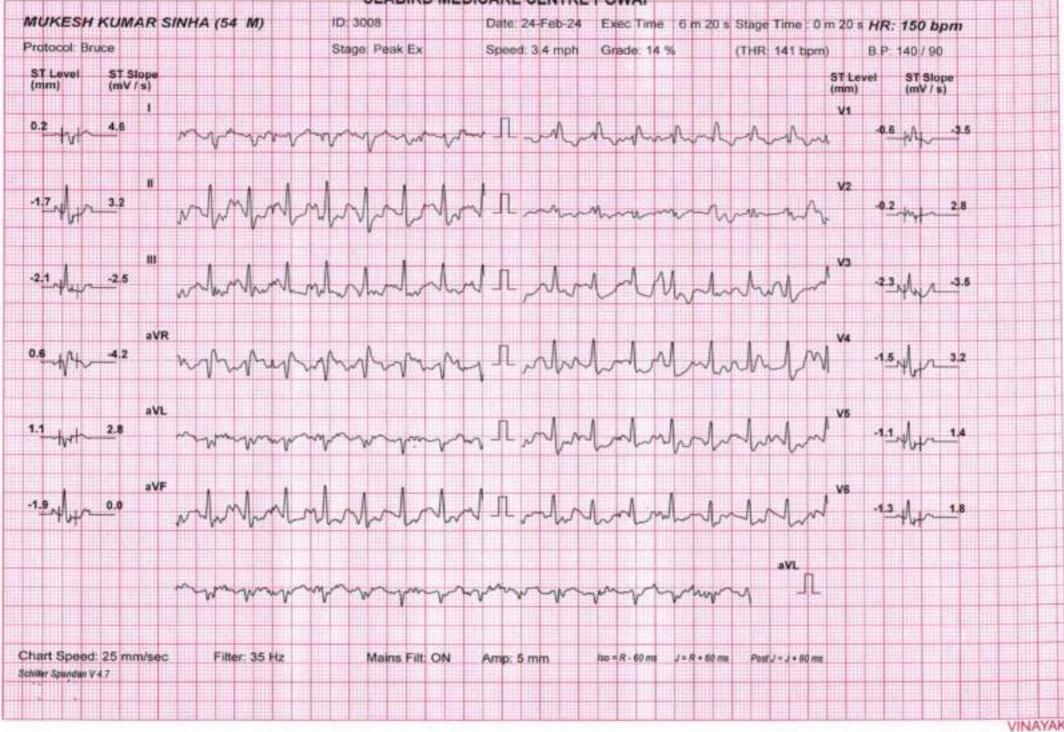
VINAYAK

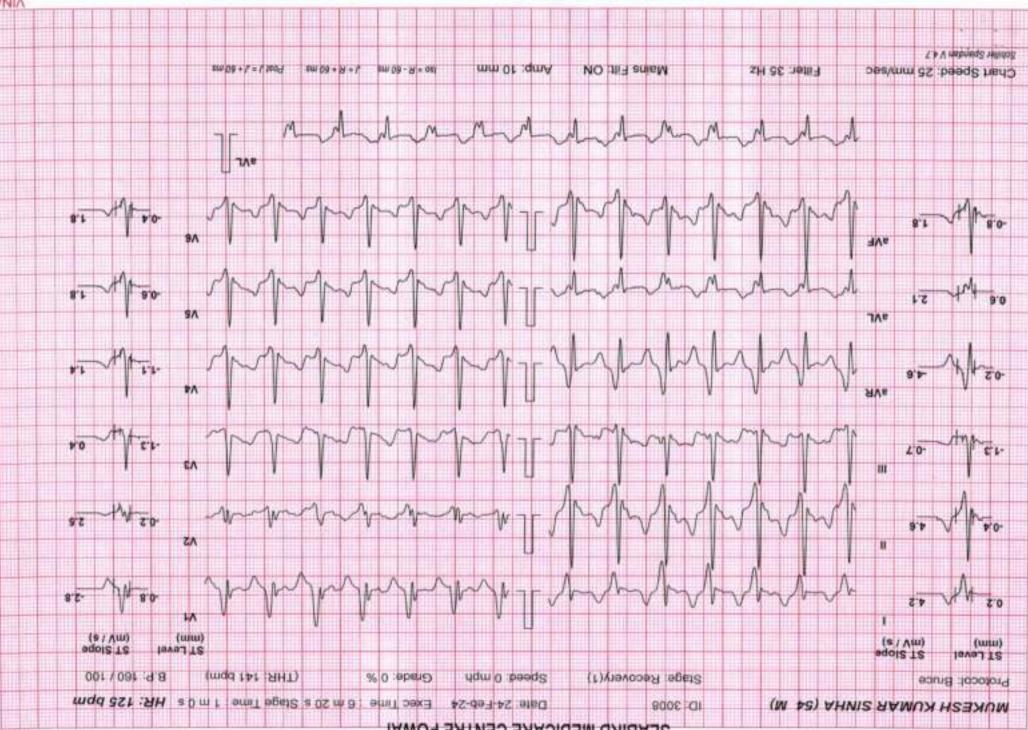


VINAYAK

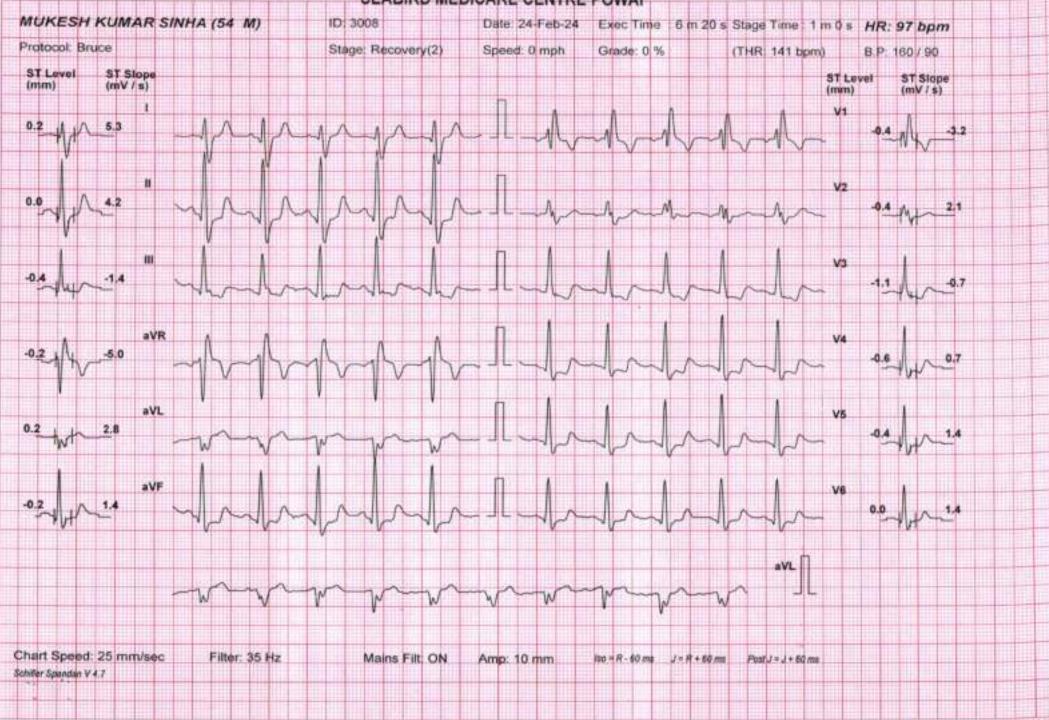


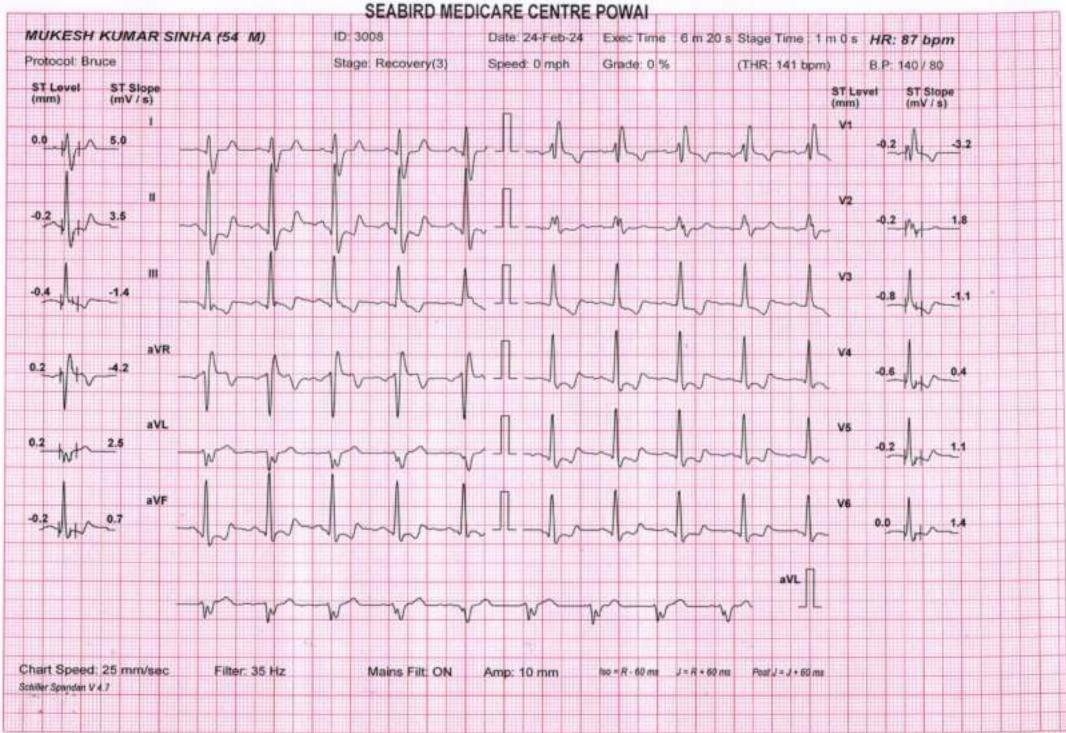






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Sea Bird Medicare C	According According	
PID NO. : CBA1198	Reference :	Reg. Date
	Sample Collected At :	24-Feb-2024 /11:44 am
Name : MUKESH KUMAR SINHA	Sea Bird Medicare	Coll Date
Sex / Age : Male / S4 Years	105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076	24-Feb-2024 /11:49 am
Ref By : APOLLO HEALTH AND UFESTYLE LIMITED	Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powai,Mumbai-400076	Report Date 25-Feb-2024 / 2:03 pm

	BLOC	D GLUCOS	6E
Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Blood Glucose (Fasting), pla (Plasma,Method-Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION Reference : American diabetes asso	4)	mg/dl	70.00 - 100.00 mg/di
Urine Glucose (Fasting)	Present (+)		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma,Method-Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION Reference : American diabetes asso	N)	mg/di	70.00 - 140.00
Urine Glucose (PP)	Present (+ +)		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

MC - 5321

anaucade

Pritam Dhanawade

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY Pathologist MC Reg No 2006031680

Page 1 of 17

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HO- Sea Bird Medicare Centre (ISO 90012015): A-101-102, Heritage Plaza, Tell Cress Lone, Andheri East (Nr. Station), Mumbai- 69, Tel: 022- 46032704 Powoi: 022-25701053 / 25704157 Kochi: 0484- 2322022 / 4032032

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

- Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
- 2. The test results relate only to the item/ items in our laboratory.
- The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
- 4. For test performed on specimens received from other locations (within and outside Mumbal), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
- Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
- Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity

A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.

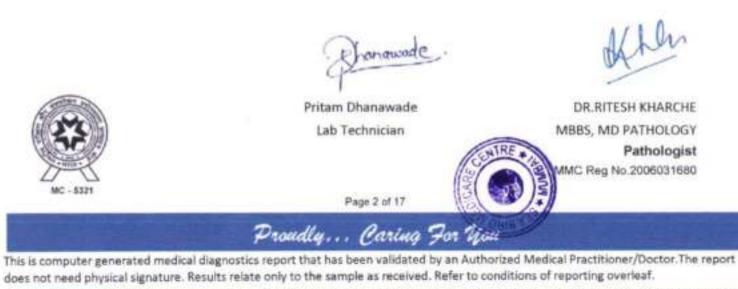
B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose

- Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
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- A. SEA BIRD MEDICARE CENTRE Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069 Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powal, Mumbai 400076, India
- Enquiry and Home Visit Booking 022 25701053 / 9324924370 or admin@seabirdhf.com
- C. Sea Bird Medicare services are also available at: Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)

Sea Bird Medicare	According	
PID NO. : CBA1198	Reference :	Reg. Date
Name : MUKESH KUMAR SINHA	Sample Collected At : Sea Bird Medicare	24-Feb-2024 /11:44 am Coll Date
Sex / Age : Male / 54 Years	105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076	24-Feb-2024 /11:49 am
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED	Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powai,Mumbai-400076	Report Date 25-Feb-2024 / 2:03 pm

	BLC	OD GLUCOS	SE
Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL

------ End of Report ------



HO- See Bird Medicare Centre (ISO 90012015) A-101-102, Heritage Plaza, Teli Cress Lene, Andheri East (Nr. Stotion), Mumbai- 69, Tel: 022- 46032704 Powei: 022-25701053 / 25704157 Kochi: 0484- 2322022 / 4032022

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Sea Bird Medicare	A REPORT OF A	
PID NO. : CBA1198	Reference :	Reg. Date
	Sample Collected At :	24-Feb-2024 /11:44 am
Name : MUKESH KUMAR SINHA Sex / Age : Male / 54 Years	Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powai,Mumbai-400076	Coll Date 24-Feb-2024 /11:49 am
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED	Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powai,Mumbai-400076	Report Date 25-Feb-2024 / 1:56 pm

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
BLOOD GROUP			
ABO Group	"B"		
RH (D)	Positive		

------ End of Report -------

anaunde

Pritam Dhanawade

Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No 2006031680

Page 3 of 17

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102; Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station); Mumbai- 69; Tel: 022- 48032704 Powni 022-25701053 / 25704157 Kechi: 0464- 2322022 / 4033022

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

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- Enquiry and Home Visit Booking 022 25701053 / 9324924370 or admin@seabirdhf.com
- C. Sea Bird Medicare services are also available at: Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)

	Medicare Centre	NABL Accredited
PID NO. : CBA1198	Reference :	Reg. Date
	Sample Collected At :	24-Feb-2024 /11:44 am
Name : MUKESH KUMAR S	Sea Bird Medicare	Coll Date
Sex / Age : Male / 54 Years	105-107 Gateway Plaza,Centri Gardens,Powai,Mumbai-4000	ral Avenue, Hiranandani
Ref By : APOLLO HEALTH AM	Processing Location: - Sea Bin	rd Medicare ral Avenue, Hiranandani Report Date

Complete Blood Count				
Result	Units	BIOLOGICAL REFERENCE INTERVAL		
12.5	gm/dl	13.0 -17.0		
4.16	million / cumm	4.5-5.5		
37,5	%	40- 50		
90.1	1L	83 - 101		
30	Pg	27 - 32		
33.3	gm / dl	31.5 - 34.5		
12.3	%	11.6- 14.0		
5900	/cu.mm.	4000 - 10000		
73	%	40 - 80		
23	%	20 - 40		
02	%	1-6		
	12.5 4.16 37.5 90.1 30 33.3 12.3 5900 73 23	12.5     gm/dl       4.16     million / cumm       37.5     %       90.1     fL       30     pg       33.3     gm / dl       12.3     %       5900     /cu.mm.       73     %       23     %		



Molly R

Lab Technician



DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No 2008031680

Page 4 of 17

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Powei 022-25701053 / 25704157

Wobsite www.sosbirdhf.com Emoil sesbird@seabirdhf.com

Kochi 0484- 2322022 / 4032023

## SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

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Enquiry and Home Visit Booking 022 25701053 / 9324924370 or admin@seabirdhf.com

C. Sea Bird Medicare services are also available at: Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)

Sea Bird Medicare	According to the According to	
PID NO. : CBA1198	Reference :	Reg. Date
Name : MUKESH KUMAR SINHA	Sample Collected At :	24-Feb-2024 /11:44 am
Name : MUKESH KUMAK SINHA	Sea Bird Medicare	Coll Date
Sex / Age : Male / 54 Years	105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powal,Mumbai-400076	24-Feb-2024 /11:49 am
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED	Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powai,Mumbai-400076	Report Date 25-Feb-2024 / 1:56 pm

	Comp	lete Blood Co	ount
Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Monocytes	02	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	209000	/cumm	150000 - 410000
MORPHOLOGY			
RBC Morphology	Predominant	ly Normocytic and	Normochromic.
WBC Morphology	Normal Morp	hology.	
Platelets on Smear	Adequate on	smear	

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report ------



Molly R Lab Technician

**DR.RITESH KHARCHE** 

MBBS, MD PATHOLOGY Pathologist MMC Reg No 2006031680

Page 5 of 17

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PID NO. : CBA1198	Reference :	Reg. Date
	Sample Collected At :	24-Feb-2024 /11:44 am
Name : MUKESH KUMAR SINHA	Sea Bird Medicare	Coll Date
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Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED	Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powai,Mumbai-400076	Report Date 25-Feb-2024 / 2:03 pm

Erythrocyte Sedimentation Rate (ESR)				
Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL	
ESR	35	mm at 1hr	0 - 15	

Method: Westergren. Sample: Whole Blood (EDTA)

----- End of Report ------

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Pritam Dhanawade

Lab Technician



DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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Sea Bird Medicare	According to a	
PID NO. : CBA1198	Reference :	Reg. Date
	Sample Collected At :	24-Feb-2024 /11:44 am
Name : MUKESH KUMAR SINHA	Sea Bird Medicare	Coll Date
Sex / Age : Male / 54 Years	105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076	24-Feb-2024 /11:49 am
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED	Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powal,Mumbai-400076	Report Date 25-Feb-2024 / 2:03 pm

Glycosylated Haemoglobin (HbA1c)				
Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL	
HbA1c Non-diabetic : <= 5.7 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 (EDTA Whole Blood, Turbidimetric)	10.12	%	< 5.7	
Mean Blood Glucose (MBG)	282.97	mg/dl		

Interpretation & Remark:

1. HbA1c is used for mointoring diabetic control. It reflects the estimated average glucose (eAG).

 HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.

3. Trends in HbA1c are a better indicator of diabetic control than a solitary test.

4. Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic

anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation sugested.

5. To estimate the eAG from the HbA1C value, the following equation is used : eAg(mg/dl)=28.7\*A1c-46.7.

6. Interference of Haemoglobinopathies in HbA1c estimation.

A. For HbF> 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.

B. Homozygous hemoglobihopathy is detected, fructosamine is recommended for monitoring diabetic status.

C. Heterozygous state detected.

 In known diabetic patients, following values can be considered as a guide for monitoring the glycemic control. Excellent Control - 6 to 7 %

Fair to Good Control - 7 to 8 %

Unsatisfactory Control - 6 to 10 %

and Poor Control - More than 10 %

8. Test done on Mispa i3 Automated Cartridge Based Specific Protein Analyser.

----- End of Report -----



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Pritam Dhanawade

Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No 2006031680

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Powni: 022-25701053 / 25704157

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-21

Sea Bird Medicare	Accorditad	
PID NO. : CBA1198	Reference :	Reg. Date
	Sample Collected At :	24-Feb-2024 /11:44 am
Name : MUKESH KUMAR SINHA	Sea Bird Medicare	Coll Date
Sex / Age : Male / 54 Years	105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076	24-Feb-2024 /11:49 am
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED	Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powai,Mumbai-400076	Report Date 25-Feb-2024 / 2:03 pm

LIPID PROFILE					
Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL		
Total Cholesterol Serum, Method: CHOD-PAP	155.85	mg/dl	CHILD Desirable - Less than : 170 CHILD Borderline High : 170 - 199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200 - 239 ADULT High - More than : 240		
Triglycerides Serum, Method: GPO-PAP	122.1	mg/di	NORMAL : <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500		
HDL Cholesterol-Direct Serum, Method: Cholesterol-esterase	56.82 e-Direct	mg/dl	Desirable - Above : 60 Borderline Risk : 40 - 59 Undesirable - Below : 40		
LDL Cholesterol Calculated	74.61	mg/dl	Desirable - Below : 130 Borderline Risk : 130 - 159 Undesirable - Above : 160		
VLDL-Cholesterol Calculated	24.42	mg/dl	5 - 51		
T.CHOL/HDLC Ratio Calculated	2.74		Acceptable for Male : < 5.00 Acceptable for Female : <4.50		



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Lab Technician

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Powni: 022-25701053 / 25704157

Website www.seebirdhf.com Emoil seebirdil seebirdht.com

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PID NO. : CBA1198	Reference :	Reg. Date
	Sample Collected At :	24-Feb-2024 /11:44 an
Name : MUKESH KUMAR SINHA	Sea Bird Medicare	Coll Date
Sex / Age : Male / 54 Years	105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powai,Mumbai-400076	24-Feb-2024 /11:49 ar
Ref By : APOLLO HEALTH AND LIFESTYLE	Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza, Central Avenue, Hiranandani	Report Date
LIMITED	Gardens,Powai,Mumbai-400076	25-Feb-2024 / 2:03 pm

	L1	PID PROFILE	
Test	Result	Units	BIOLOGICAL REFERENCE INTERVA
LDLC/HDLC Ratio	1.31		Acceptable for Males : < 3.60
LDLC/HDLC Ratio Calculated	1.31		Acceptable for Males : < 3.60 Acceptable for Females : < 3.20

NOTE:

1) Biological Reference Interval is as per National Cholestrol Education Program (NCEP) guidelines.

2) Tests done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser

----- End of Report ------

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Pritam Dhanawade

Lab Technician

DR.RITESH KHARCHE

MBBS, MD PATHOLOGY Pathologist

MMC Reg No.2006031680

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Sea Bird Medicare C	Accendited	
PID NO. : CBAI198	Reference :	Reg. Date
	Sample Collected At :	24-Feb-2024 /11:44 am
Name : MUKESH KUMAR SINHA	Sea Bird Medicare	Coll Date
Sex / Age : Male / 54 Years	105–107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076	24-Feb-2024 /11:49 am
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED	Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powai,Mumbai-400076	Report Date 25-Feb-2024 / 1:56 pm

LIVER FUNCTION TEST				
Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL	
Sr. Alkaline Phosphatase (Serum, Kinetic Method by IFCC)	128.1	U/L	40 - 129	
S.G.O.T. (Serum ,Method-IFCC / UV without P5P)	25.29	U/L	0 - 40	
S.G.P.T. (Serum,Method-IFCC / UV without P5P)	58.14	U/L	0 - 41	
GGT (Serum ,Method- IFCC Method)	36.45	U/L	8-61	
Bilirubin (Total) (Serum "Method-Diazo- End point)	0.34	mg/dl	0.0 - 1.20	
Bilirubin (Direct) (Serum.Method-Diazo-End point)	0.08	mg/dl	0.0 - 0.30	
Bilirubin (Indirect) Calculated	0.26	mg/dl	0.0 - 0.90	
Total Proteins (serum,Method-Bluret)	6.87	g/dl	6.6 - 8.7	
Albumin (Serum,Method-Bromocresol Green)	3.96	g/dl	3.5 - 5.2	
Globulin Calculated	2.91	g/dl	1.90 - 3.70	
A/G ratio Calculated	1.36			

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.



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Sea Bird Medicare	Accendited	
PID NO. : CBA1198	Reference :	Reg. Date
	Sample Collected At :	24-Feb-2024 /11:44 am
Name : MUKESH KUMAR SINHA Sex / Age : Male / 54 Years	Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powal,Mumbai-400076	Coll Date 24-Feb-2024 /11:49 am
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED	Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powai,Mumbai-400076	Report Date 25-Feb-2024 / 2:03 pm

	LIVER	FUNCTION T	EST
Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL

----- End of Report -----



Pritam Dhanawade Lab Technician

**DR.RITESH KHARCHE** 

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- Enquiry and Home Visit Booking 022 25701053 / 9324924370 or admin@seabirdhf.com
- C. Sea Bird Medicare services are also available at: Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)

Sea Bird Medicare		
PID NO. : CBA1198	Reference :	Reg. Date
	Sample Collected At :	24-Feb-2024 /11:44 am
Name : MUKESH KUMAR SINHA	Sea Bird Medicare	Coll Date
Sex / Age : Male / 54 Years	105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076	24-Feb-2024 /11:49 am
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED	Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powai,Mumbai-400076	Report Date 25-Feb-2024 / 2:03 pm

Prostate-Specific Antigen Test				
Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL	
TOTAL PSA Serum, Method-ELFA	0.72	ng/ml	Please refer to 'NOTES' below.	
immunoiessay system. NOTES: REFERENCE RANGE AS PER A Age PSA Concentration <40 Years 0.21 to 1.72 ng/ml 40-49 0.27 to 2.19 ng/ml 50-59 0.27 to 3.42 ng/ml 60-69 0.22 to 6.16 ng/ml >60 0.21 to 6.77 ng/ml INTERPRETATION. PSA is used prostate cancer, but they may also If prostate cancer is diagnosed, th also be ordered at regular interval	AGE: as a tumor marker to scree o be seen with prostatitis an ie total PSA test may be use after treatment to detect	en for and to manifor p d benign prostatic hyp ed as a monitoring too recurrence of the carr	restate cancer. Elevated levels of PSA are associated with erplasia. PSA levels tend to increase in all men as they age. I to help determine the effectiveness of treatment. It may cer. Concentrations of total PSA between 4.0 ng/ml and A is the mest useful. When men in the gray zone have	

10.0 ng/mi are often referred to as the gray zone. It is in this range that the tree PSA is decreased levels of free PSA, they have a higher probability of prostate cancer; when they have elevated levels of free PSA, the risk is diminished. The ratio of free to total PSA can help the doctor decide whether or not a prostate biopsy should be performed.

----- End of Report -----

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Pritam Dhanawade

Lab Technician



**DR.RITESH KHARCHE** MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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Powni 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

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1	Sea Bird Medicare C	According	
PID NO.	CBA1198	Reference :	Reg. Date
		Sample Collected At :	24-Feb-2024 /11:44 am
Name :	MUKESH KUMAR SINHA	Sea Bird Medicare	Coll Date
Sex/Age :	Maie / 54 Years	105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powai,Mumbai-400076	24-Feb-2024 /11:49 am
Ref By :	APOLLO HEALTH AND LIFESTYLE LIMITED	Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powal,Mumbai-400076	Report Date 25-Feb-2024 / 2:03 pm

	REI	NAL PROFILI	E
Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Blood Urea Serum, Method-Urease	18.8	mg/dl	16.6-48.5 mg/dl
Blood Urea Nitrogen Serum, Method-Urease	8.78	mg/dl	06 - 20 mg/dl
Creatinine Serum, Method-Kinetic Jaffes	0.92	mg/dL	0.7 - 1.2 mg/dl
Uric Acid Serum, Method: Uricase-POD	4.12	mg/dl	3.4 - 7.0

Test Done on Fully Automated Mapa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----



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Pritam Dhanawade Lab Technician

**DR.RITESH KHARCHE** 

BBS, MD PATHOLOGY Pathologist C Reg No.2006031680

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-	Sea Bird Medicare Centre





PID NO.	: CBA1198	Reference :	Reg. Date
Name		Sample Collected At :	24-Feb-2024 /11:44 am
Name	: MUKESH KUMAR SINHA	Sea Bird Medicare	Coll Date
Sex / Age	: Male / 54 Years	105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076	24-Feb-2024 /11:49 am
Ref By	APOLLO HEALTH AND LIFESTYLE	Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani	Report Date
	LIMITED	Gardens,Powai,Mumbai-400076	25-Feb-2024 / 2:03 pm

	THYROID FUNCTION TEST				
Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL		
TSH	3.93	µIU/ml	0.25-5 µIU/mi		
тз	0.84	nmol/l	0.92-2.33 nmol/l		
T4	82.06	nmol/l	60-120 nmol/l		

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or

chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is

receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidam) or excessive

amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by

additional testing to investigate the cause of the increase or decrease.

T3: Triodothyronine T3 contributes significantly to the maintenance of the euthyroid state,and the total T3 concentration has a role in screening for thyroid disease

in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4 :Thyroxine accounts for at least 90% of circulating protein-bound indine. White >99.9% of T4 is protein-bound, primarily to thyfoKine-binding globulin(TBG), it

is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and

diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

----- End of Report -----

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Pritam Dhanawade

Lab Technician

DR.RITESH KHARCHE MBBS, MD PATHOLOGY Pathologist MMC Reg No.2006031680

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Sea Bird Medicare	According to the second s	
PID NO. : CBA1198	Reference :	Reg. Date
	Sample Collected At :	24-Feb-2024 /11:44 am
Name : MUKESH KUMAR SINHA	Sea Bird Medicare	Coll Date
Sex / Age : Male / 54 Years	105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076	24-Feb-2024 /11:49 am
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED	Processing Location: - Sea Bird Medicare 105-107 Gateway Plaza,Central Avenue,Hiranandani Gardens,Powai,Mumbai-400076	Report Date 25-Feb-2024 / 2:03 pm

	URI	NE ANALYSI	S
Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
PHYSICAL EXAMINATION			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	mi	20 - 50
Appearance	Slightly Hazy		Clear
Reaction (pH)	5.5		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
CHEMICAL EXAMINATION			
Proteins	Absent		Absent
Sugar	Present (+)		Absent
Ketorie Bodies	Absent		Absent
Bile Salts	Absent		Absent
Bile Pigment	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)



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~	OBea O	Bird
~	Sea Bird Medicard	e Centre
PID NO. : CBA11	198	Reference



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			(c) Control (COL) + House (COL)
PID NO.	: CBA1198	Reference :	Reg. Date
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Name	: MUKESH KUMAR SINHA	Sea Bird Medicare	Coll Date
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Ref By	: APOLLO HEALTH AND LIFESTYLE	105-107 Gateway Plaza, Central Avenue, Hiranandani	Report Date
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#### REPORT

	URI	NE ANALYSI	S
Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Ocult Blood	Absent		Absent
MICROSCOPIC EXAM	INATION		
Pus Cells	2 - 3 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich). Microscopy Examination : Automation/Manual Microscopy.

--- End of Report ----



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		LIMITED	Gardens, Powal, Mumbai-400076	25-Feb-2024 / 2:03 pm

	VITAMIN D T	OTAL 25-OH	I (D2 + D3)		
Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL		
VITAMIN D TOTAL Setum, Method-ELFA	17.0	ng/ml	Interpretation mentioned below		
METHOD: Enzyme immunoassay system.	METHOD: Enzyme immunoassay competition method with a final fluorescent detection (ELFA) on MINI VIDAS automated immunoassay system.				
Deficiency: <20 ng/ml Insufficiency: 20-29 ng/ml Sufficiency: 30-100 ng/ml Toxicity: >100 ng/ml -Levels <20 ng/ml may be associa resulting in rickets in children and osteomalacia in adults. -Patients who present with hypero 25-OH-VitD to 1.25(OH)2-VitD as granulomatious diseases, particula both groups, but only patients with	Insufficiency: 20-29 ng/mi Sufficiency: 30-100 ng/mi Toxicity: >100 ng/mi -Levels <20 ng/mi may be associated with more severe abnormalities and can lead to inadequate mineralization of newly formed osteoid resulting in rickets in children and				

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### TEST REPORT

	Laboratory Report La	b ID : 4029010129
Patient Mr. MUKESH KUMAR SINHA DOB ;	Ref. By	Registered On: 24-Feb-2024 15:17
	Client Sea Bird Medicare Pvt Ltd - Powai	Collected On:
Tel No :	102-104, Gateway Plaza, Central Avenue, Hinanar Gardens Powai - 400076	241 60-2024 13.17
PID No :		Reported On:
Sex/Age : Male / 54 Years	Processing Location :	24-Feb-2024 17:44
Refid ;	NDPLAG - CHEMBUR, MUMBAI	
Specimen : Serum		

TEST	RESULTS	UNIT	BIOLOGICAL REF RANGE	REMARKS
	VITAMIN B - 12			
Vitamin B - 12 Level	326.0	pg/mL	187-883	

#### Introduction :

Vitamin B12, a member of the cortin family, s a cufactor for the formation of revelin, and along with foliate, is required for DNA synthesis, Levels above 300pg/ml are carely associated with B12 deficiency induced hematological or neurological disease.

#### Clinical Significance :

Causes of Vitamin B12 deficiency can be divided into those classes: Nutritional, inalabiorption syndromes and gestrointestinal causes. B12 deficiency can cause Megatoblastic anemia (MA), nerve damage and degeneration of the spiral cord. Lack of B12 even mild deficiencies damages the myelin sheath. The nerve damage caused by a lack of B12 may become permanently debilitating.

The relationship between 812 and MA is not always clear that some patients with MA will have normal 812 levels; conversely, many individuals with 812 deficiency are not afflicted with MA.less than 100 pg/ml often associated with varying degrees of clinical manifestations for vitamin 812 deficiency.

Serum vitamin B12 levels can fluctuate significantly over time in the same individual, Median intra-individual variation of 23 N/range: 0 to 119 percent), has been observed during repeat testing. Also, B12 levels tend to increase with app.

Different Laboratories use different methods to measure vitamin 812, although vitamin 812 assays have not been standardized. As a result, there are different reference ranges. Hince, advitable to follow-up testing with same laboratory.

#### Decreased in:

from deficiency, normal near-term programcy, vegetarianism, partial gastiectomy/leal damage, cellac disease, use of oral contraception, parasitic infestation, pancreatic deficiency, treated epilepsy and advancing age, use of certain drugs (proton pump inhibitors, Metformin)

#### increased in:

Temporarily Increased after certain Drugs (vitamin supplements, Hydroxy unes), Faitely high in Deteriorated sample. High serum levels of vitamin.612 (Above 2000 pg/mi) can be in conditions with excess intake or administration of vitamin.612, Remation of vitamin.812 from an internal body reservoir (liver disorders), excess production or lack of clearance of vitamin.812 (as in remail disorders, certain hematological conditions like polycythaemia)

------ End Of Report ------

Verified by SBK





Dr Nilesh Bhamare

M.D.Pathology MMC Reg.No.2005/9/3404



Report ID : MKSM242134230 Patient Name : Mr. MUKESH KUMAR SINHA Rank Ref By DR.PARAG ARVIND PRADHAN

Reg. 24-Feb-2024 Report Date : 24-Feb-2024 Company Name : M/S. APOLLO HEALTH AND LIFESTYLE Age/Sex : 54 Year / Male

#### CHEST X RAY REPORT

X-Ray No : 1209

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Dr. Jacob Mathew MD

Normal Chest X-Ray.



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