



## Health Check up Booking Request(bobE18045)

1 message

Mediwheel <wellness@mediwheel.in>  
To: hebsurhospitalpp@gmail.com  
Cc: customercare@mediwheel.in

Fri, Mar 22, 2024 at 1:14 PM



**Mediwheel**  
...Your wellness partner

011-41195959

Dear Hebsur Hospital

We have received a booking request with the following details. Provide your confirmation by clicking on the Yes button.

You confirm this booking?

Yes

No

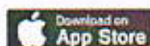
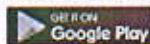
Name : Yerrigouda g  
Contact Details : 9611324725  
Hospital Package Name : Mediwheel Full Body Health Checkup Male Below 40  
Location : Narayan,, Deshpande Nagar,  
Appointment Date : 20-04-2024

Member Information		
Booked Member Name	Age	Gender
MR. G YERRI GOUDA	36 year	Male

### Tests included in this Package -

- Stool Test
- Thyroid Profile
- ESR
- Blood Glucose (Fasting)
- General Physician Consultation
- TMT OR 2D ECHO
- Blood Group
- Blood Glucose (Post Prandial)
- Chest X-ray
- ECG
- USG Whole Abdomen
- Eye Check-up consultation
- Urine Sugar Fasting
- Urine Sugar PP
- Dental Consultation
- Urine analysis
- CBC
- HbA1c
- Lipid Profile
- Kidney Profile
- Liver profile

Thanks,  
Mediwheel Team  
Please Download Mediwheel App



**HEBSUR HOSPITAL**  
Deshpande Nagar,  
HUBLI-580 029.  
Ph: 0836-2355699, 4250871

# MEDIWHEEL HEALTH

Appointment Date:- 01-04-2024  
Name of Client:- Mr. Yerrigouda G.  
Age / Gender :- 35 Years / Male  
Phone No:- 9611324725

## TEST DETAILS ARE BELOW

Please login to your account to confirm the same.  
Also you mail us for confirmation Package  
Name: Medi-wheel Full Body Health Checkup Male  
Includes (37 )Tests Tests included in this Package: Ecg,  
TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood  
Sugar Postprandial, A:g Ratio, Blood Group, Total  
Cholesterol, Triglycerides, Fasting Blood Sugar,  
Ultrasound Whole Abdomen , Glycosylated  
Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL,  
Total Protine, General Consultation, HDL/ LDL ratio,  
GGT(Gamma-glutamyl Transferase), Eye Check-up  
consultation, ALP (ALKALINE PHOSPHATASE), Uric  
Acid, AST/ALT Ratio, Serum Protein, CBC with ESR,  
Stool Analysis, Urine Sugar Fasting, Urine Sugar PP,  
T3, T4, Cholesterol Total / HDL Ratio, BUN,  
BUN/Creatinine Ratio, Bilirubin Total & Direct and  
Indirect, Albumin, Globulin

**HEBSUR HOSPITAL**  
Deshpaik Nagar,  
HUBLI-580 029.  
Ph: 0834-255699, 4250871

Date:- 01 / 04 /2024

**FITNESS CERTIFICATE**


**Mediwheel Health Checkup Insurances**

This is to certify that Mr. Yerrigouda G. Age 35yrs, Male was examined at our centre for Medical Fitness he does not carry any contagious disease.

And he is found to be mentally fit.

Hight	:	158
Weight	:	65 Kg
Chest	:	93 To 101
Abdomen	:	89
B. P. Reading	:	120 / 80 mmgh
Pulse / Min	:	71 / Min

Medical Officer,

  
Dr. N. I. Hebsur. M S  
Hebsur Hospital,  
Deshpande Nagar,  
Hubli.

Dr. N. I. Hebsur  
M.S.  
Medical Officer,  
HEBSUR HOSPITAL,  
Deshpande Nagar, HUBLI-29.  
Reg. No. 31764

ಭಾರತೀಯ ಏಕೀಕೃತ ಗುರುತು ಪ್ರಾಧಿಕಾರ  
ಭಾರತ ಸರ್ಕಾರ  
Unique Identification Authority of India  
Government of India

ನೋಂದಾವಣೆ ಕ್ರಮ ಸಂಖ್ಯೆ / Enrollment No.: 1177/82012/44462

To  
ಎರ್ರಿಗೌಡ  
Yerrigouda.G  
S/O: Nayanagouda G  
# -48/A  
Gramapanchayath/ Mumbaga  
Yelubench  
Yelubench  
Hagaribommanahalli Bellary  
Karnataka 583115  
9611324725

140687307  
05052014

  
ML406873078FT



ನಿಮ್ಮ ಆಧಾರ್ ಸಂಖ್ಯೆ / Your Aadhaar No. :  
**7922 8422 9603**

ಆಧಾರ್ - ಶ್ರೀಸಾಮಾನ್ಯನ ಅಧಿಕಾರ

---

ಭಾರತ ಸರ್ಕಾರ  
Government of India

  
ಎರ್ರಿಗೌಡ  
Yerrigouda G  
ಜನ್ಮ ದಿನಾಂಕ / DOB : 02/05/1968  
ಪುರುಷ / Male



7922 8422 9603

ಆಧಾರ್ - ಶ್ರೀಸಾಮಾನ್ಯನ ಅಧಿಕಾರ

POCO  
SHOT ON POCO M2 PRO

**Dr. N. L. Hebsur**  
M.S.  
Medical Officer,  
**HEBSUR HOSPITAL,**  
Deshpanda Nagar, HUBLI-29.  
Reg. No. 31764



202441112326  
Yeengouda G  
M / 35

CHEST  
DR. N. I. HEBSUR



**MEDIWHEEL HEALTH CHECKUP INSURANCE**

X-RAY NO. 202441112326

Date:- 01-04-2024

Client Name:- Mr. Yerrigouda G.

Age: 35 Years      Gender / Male

Ref Doctor : Dr. N. I. Hebsur

**HEBSUR HOSPITAL**

**X-RAY - CHEST - PA VIEW**

- LUNG FIELDS ARE CLEAR
- CARDIAL SHADOW IS NORMAL
- BOTH CP ANGLES ARE CLEAR

**Impression: Normal Chest X-Ray Report.**

  
Dr. N. I. Hebsur  
M.S.  
Medical Officer,  
HEBSUR HOSPITAL,  
Deshpande Nagar, HUBLI-29.  
Reg. No. 31764



# DISHA

*Direction for Better Health*

## DIAGNOSTICS

*Fully Computerized Diagnostic Centre*

### HEBSUR HOSPITAL

Opp. State Bank of India,  
Deshpande Nagar, HUBLI.

Ph: (Hospital) 0836-2355699

Lab - 9035071970

Email: disha2001diagnostics@gmail.com

CLIENT NAME: MR.YERRIGOUDA G

DATE: 01.04.2024

AGE / GENDER : 35/MALE

LAB REG NO : 274/24

#### BIO CHEMISTRY REPORT

FASTING BLOOD GLUCOSE:	88.0 mg/dl	60 – 120 mg/dl
POST PRANDIAL BLOOD GLUCOSE	139.0 mg/dl	80-160 mg/dl
SR.CREATININE	0.98mg/dl	0.8 – 1.4 mg/dl
BLOOD UREA NITROGEN ( BUN)	14.0 mg/dl	10 – 20 mg/dl
URIC ACID	4.1mg dl	2.0 – 7.2 mg/dl

#### LIVER PROFILE:

S.BILIRUBIN TOTAL	0.8mg/dl	0.0 – 1.0 mg/dl
S.BILIRUBIN DIRECT	0.2 mg/dl	0.0 – 0.2 mg/dl
S.BILIRUBIN INDIRECT	0.6mg/dl	0.1 – 1.0 mg/dl
S G O T	19.7IU/L	8 – 37 IU/L
S G P T	24.2IU/L	6 – 40 IU/L
ALKALINE PHOSPHATE	87.2 IU/L	60 – 140 IU/L
TOTAL PROTEINS	7.1gm/dl	6.0 – 8.5 gm/dl
Serum ALBUMIN	4.0 gm/dl	3.8 – 5.0 gm/dl
GLOBULIN	3.1gm/dl	2.3 - 3.5 gm/dl
G G P T	20.0 U/L	20 – 45 U/L

  
HEBSUR HOSPITAL

Deshpande Nagar,

HUBLI-580 029.

Ph: 0836-2355699, 4250871





# DISHA

*Direction for Better Health*

## DIAGNOSTICS

*Fully Computerized Diagnostic Centre*

### HEBSUR HOSPITAL

Opp. State Bank of India,  
Deshpande Nagar, HUBLI.

Ph: (Hospital) 0836-2355699

Lab - 9035071970

Email: disha2001diagnostics@gmail.com

CLIENT NAME: MR.YERRIGOUDA G

DATE 01.04.2024

AGE /GENDER : 35/MALE

LAB REG NO : 274/24

#### COMPLETE HEMOGRAM

HAEMOGLOBIN	14.0gm/dl	12.5 – 15.0 gm/dl
TOTAL WBC COUNT	8,400 cells/cumm	4,000 – 10,000 cells/cumm
<u>WBC DIFFERENTIAL COUNT:</u>		
NEUTROPHIL	70%	40 – 75 %
LYMPHOCYTES	27%	25 – 45 %
EOSINOPHILS	03%	01 – 05 %
MONOCYTES	00 %	02 – 08 %
BASOPHILS	00 %	00 – 01%
R B C COUNT	5.1/cumm	4.5 – 5.5 million/cumm
PLATELATE COUNT	3.4akh /cumm	1.5 – 4.0 lakh/cumm
E S R	06mm at 1 <sup>st</sup> hr	00 – 15 mm at 1 <sup>st</sup> hr
PACKED CELL VOLUME (PCV)	42.4%	37 – 49 %
M C V	82.9 l	80 – 100 fl
M C H	31.5pg	27 – 32 pg
M C H C	32.4 gm/dl	32 – 38 gm/dl
BLOOD GROUP/RH:	"O" POSITIVE	



*Per*  
**HEBSUR HOSPITAL**

Deshpande Nagar,

HUBLI-580 029.

Ph: 0836-2355699, 4250671





# DISHA

*Direction for Better Health*

## DIAGNOSTICS

*Fully Computerized Diagnostic Centre*

### HEBSUR HOSPITAL

Opp. State Bank of India,  
Deshpande Nagar, HUBLI.  
Ph: (Hospital) 0836-2355699  
Lab - 9035071970  
Email: disha2001diagnostics@gmail.com

CLIENT NAME: MR.YERRIGOUDA G

DATE: 01.04.2024

AGE / GENDER : 35/MALE

LAB REG NO : 278/24

#### LIPID PROFILE

CHOLESTEROL:	162.0 mg/dl	Desirable: less than 200.0 mg/dl Borderline: 200 – 240 mg/dl Elevated: More than 240.0 mg/dl
TRIGLYCERIDES:	110.0 mg/dl	Desirable: less than 200.0 mg/dl Borderline: 150 – 199.0 mg/dl Elevated: More than 200.0 mg/dl
HDL	45.0 mg%	Border line: 35 – 60 mg/dl Desirable: More than 60.0 mg/dl High risk : Less than 35.0 mg/dl
LDL	112.0 mg%	Desirable: less than 130.0 mg/dl Borderline: 130 – 159.0 mg/dl Elevated: More than 160.0 mg/dl
VLDL	22.0 mg%	Less than 30.0 mg/dl
CHOL / HDL RATIO	3.6	Desirable: 3.3 – 4.4 Borderline: 4.4 - 11 Elevated: More than 11.0
LDL / HDL RATIO	2.7	Desirable: 0.5 – 3.0 Borderline: 3.1 – 6.0 Elevated: More than 6.0

  
HEBSUR HOSPITAL  
Deshpande Nagar,  
HUBLI-580 029.  
Ph: 0836-2355699, 4250871





# DISHA

*Direction for Better Health*

## DIAGNOSTICS

*Fully Computerized Diagnostic Centre*

### HEBSUR HOSPITAL

Opp. State Bank of India,  
Deshpande Nagar, HUBLI.  
Ph: (Hospital) 0836-2355699  
Lab - 9035071970  
Email: disha2001diagnostics@gmail.com

CLIENT NAME: MR.YERRIGOUDA G

DATE 01.04.2024

AGE /GENDER : 35/MALE

LAB REG NO : 274/24

#### HORMONE REPORT

PARAMETER	OBSERVED VALUE	REFERENCE RANGE
<b>THYROID PROFILE</b>		
TOTAL TRIIODOTHYNNINE T3	0.89ng/ml	0.6 – 1.81 ng/dl
TOTAL THROXINE T4	8.0ng/dl	3.2 – 12.6 ng/dl
THYROID STIMULATION HORMONE TSH	1.4mIU/ml	0.35 – 4.9 mIU/ml
PROSTATE SPECIFIC ANTIGEN ( TOTAL ):	0.50 ng/ml	Less than 4.0

#### BIO CHEMISTRY REPORT

HBA1C	5.7%	3.5 – 6.0 % - Normal 6.0 – 7.2 % - Good control 7.2 – 9.0 % - Fair control More than 9.0 % - Poor control
-------	------	--

  
**HEBSUR HOSPITAL**  
 Deshpande Nagar,  
 HUBLI-580-029.  
 Ph: 0836-2355699, 4250871





# DISHA

*Direction for Better Health*

## DIAGNOSTICS

*Fully Computerized Diagnostic Centre*

### HEBSUR HOSPITAL

Opp. State Bank of India,  
Deshpande Nagar, HUBLI.  
Ph: (Hospital) 0836-2355699  
Lab - 9035071970  
Email: disha2001diagnostics@gmail.com

CLIENT NAME: MR.YERRIGOUDA G

DATE 01.04.2024

AGE / GENDER : 35/MALE

LAB REG NO : 275/24

#### URINE EXAMINATION

##### PHYSICAL

VOLUME	2.0 ml
APPEARANCE	AMBER YELLOW
SEDIMENT	CLEAR
REACTION	ACIDIC
SPECIFIC GRAVITY	1.010

##### CHEMICAL

PROTEIN	ABSENT
GLUCOSE	ABSENT
KETONES	ABSENT
OCCULT BLOOD	ABSENT
BILE SALT	ABSENT
BILE PIGMENT	ABSENT
UROBILINOGEN	ABSENT

##### MICROSCOPY

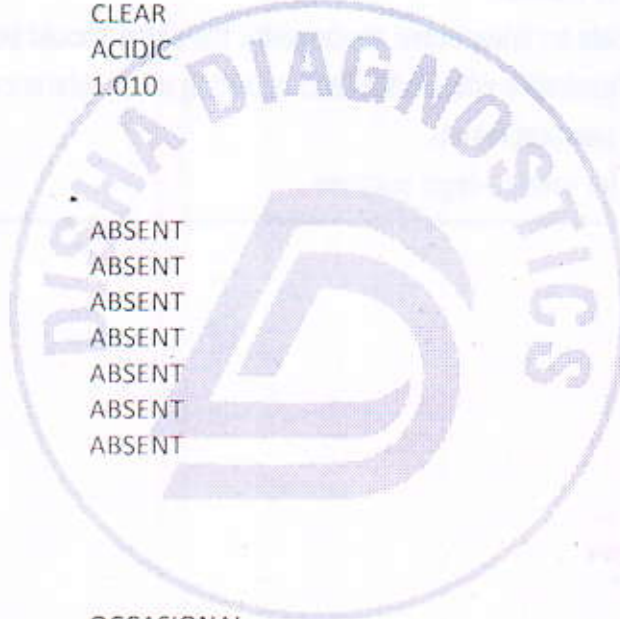
PUS CELLS	OCCASIONAL
RBC	NIL
CASTS	NIL
CRYSTALS	NIL
EPITHELIAL CELLS	NIL

##### STOOL EXAMINATION

APPEARANCE SEMI SOLID

##### MICROSCOPY:

PUS CELLS	NIL
RBC	NIL
OVA, CYST	NIL



### HEBSUR HOSPITAL

Deshpande Nagar,  
HUBLI-580 029.  
Ph: 0836-2355699, 4250871



Date/Time: 2024-04-01 10:11:56

ID :  
Name: Yerrigouda G  
Sex : Male  
Divisions :

Age : 35 Years  
BP : 120/80 mmHg  
Bed No. : Clients

Hospital: hebsur hospital  
Height : 158 cm  
Weight : 65 kg  
Hospital No. :

HR 86 bpm  
P Dur/PR int 105/167ms  
QRS Dur 92 ms  
QT/QTc int 360/431 ms  
P/QRS/T axis 62/60/31 °

RV5/SV1 amp 1.971/1.168mV  
RV5+SV1 amp 3.139mV  
RV6/SV2 amp 2.103/0.592mV

**HEBSUR HOSPITAL**  
Deshpande Nagar,  
HUBLI-580 029.  
Ph: 0836-2555699, 4250871

**HEBSUR HOSPITAL**  
Deshpande Nagar, HUBLI-29.  
Reg. No. 21704

**Dr. N. Yerrigouda**  
Meth. Officer, M.S.

**ECG. Normal...**



Diagnosis for reference, ask your doctor to confirm

AUTO PRINT 6X2 86bpm

10 mm/mV 0.50Hz-25Hz 25mm/sec

Confirmed By:

# HEBSUR HOSPITAL

Report



"NARAYAN" DESHPANDE NAGAR, HUBBALLI - 580029 Email: hebsurhospital@gmail.com

889054 (224) / Mr Yerrigouda G / 35 Yrs / M / 158 Cms / 65 Kg  
 Date: 01 - 04 - 2024 10:31:39 AM Refd By : DR.N.I HEBSUR Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Standing	00:05	0:05	00.0	00.0	01.0	117	63 %	120/80	140	00	
HV	00:23	0:18	00.0	00.0	01.0	110	59 %	120/80	132	00	
Warm Up	00:39	0:16	00.0	00.0	01.0	101	55 %	120/80	121	00	
ExStart	03:11	2:32	01.0	00.0	01.0	130	70 %	120/80	156	00	
BRUCE Stage 1	06:11	3:00	01.7	10.0	04.7	149	81 %	125/85	186	00	
BRUCE Stage 2	09:11	3:00	02.5	12.0	07.1	175	95 %	130/90	227	00	
BRUCE Stage 3	12:11	3:00	03.4	14.0	10.2	189	102 %	130/90	245	00	
PeakEx	12:15	0:04	01.1	00.0	10.3	190	103 %	130/90	247	00	
Recovery	13:15	1:00	01.1	00.0	04.2	176	95 %	125/85	220	00	
Recovery	14:15	2:00	00.0	00.0	01.0	139	75 %	125/85	173	00	
Recovery	15:15	3:00	00.0	00.0	01.0	135	73 %	120/80	162	00	
Recovery	15:29	3:13	00.0	00.0	01.0	123	66 %	120/80	147	00	

## FINDINGS :

Exercise Time : 09:04  
 Initial HR (ExStrt) : 130 bpm 70% of Target 185  
 Initial BP (ExStrt) : 120/80 (mm/Hg)  
 Max Workload Attained : 10.3 Good response to induced stress  
 Max ST Dep Lead & Avg ST Value : III & -2.1 mm in Stage 3  
 Test End Reasons : Test Complete

Max HR Attained 190 bpm 103% of Target 185  
 Max BP Attained 130/90 (mm/Hg)

## REPORT :

*TMT is negative for inducible ischemia*

**Dr. N. I. Hebsur**  
 M.D. in General Medicine, M.S.  
 HEB SUR HOSPITAL,  
 Deshpande Nagar, Hubli-29,  
 Reg. No. 31764

Doctor : DR SHARATI V

# HEBSUR HOSPITAL

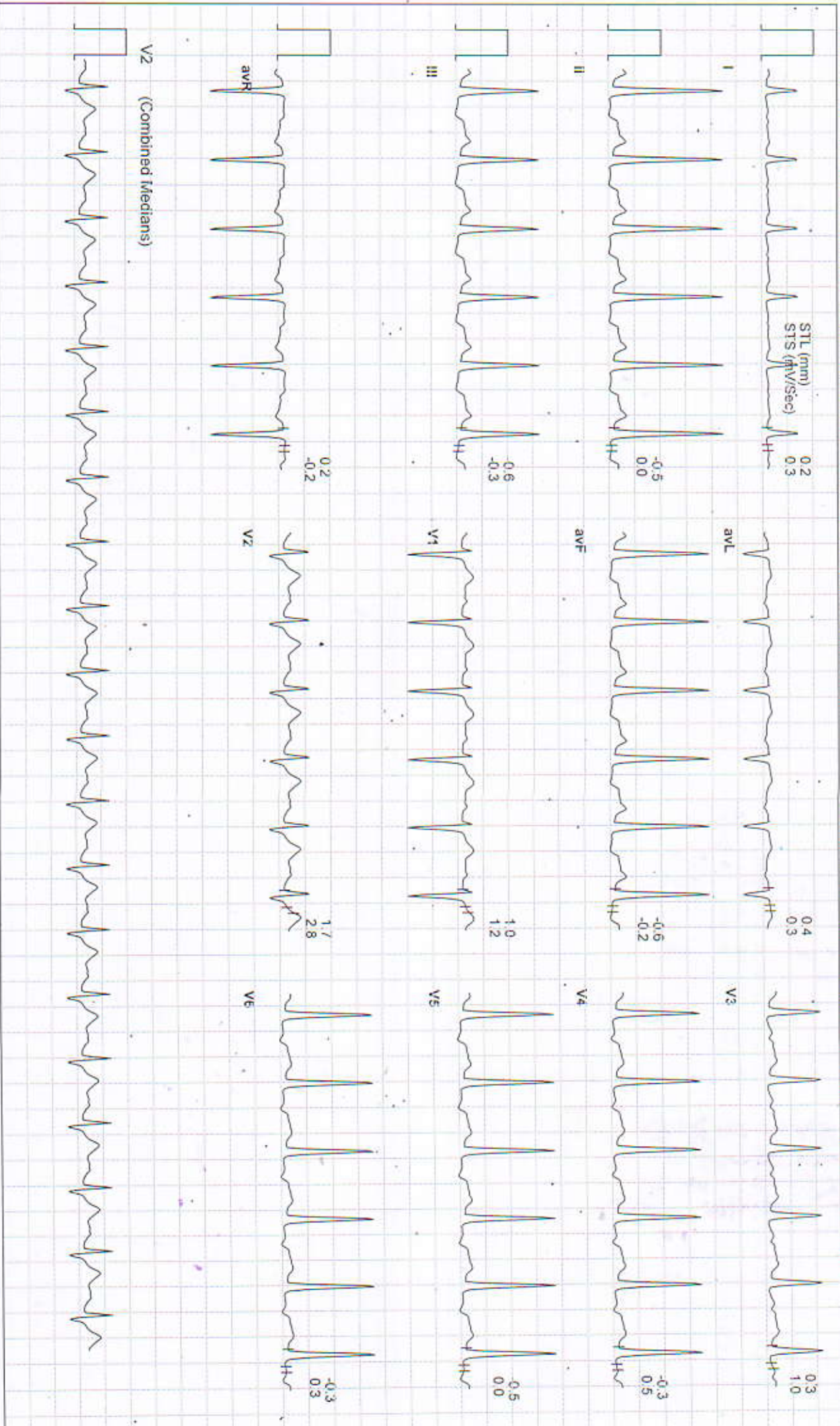
"NARAYAN" DESHPANDE NAGAR, HUBBALLI - 580029  
889054 / Mr Yerrigouda G / 35 Yrs / Male / 158 Cm / 65 Kg

4X3 CM + 1 Rhythm  
BRUCE: Standing(0:08)



Date: 01 - 04 - 2024 10:31:39 AM METS : 1.0 HR : 117 Target HR : 63% of 185 BP : 120/80 Post J @50mSec

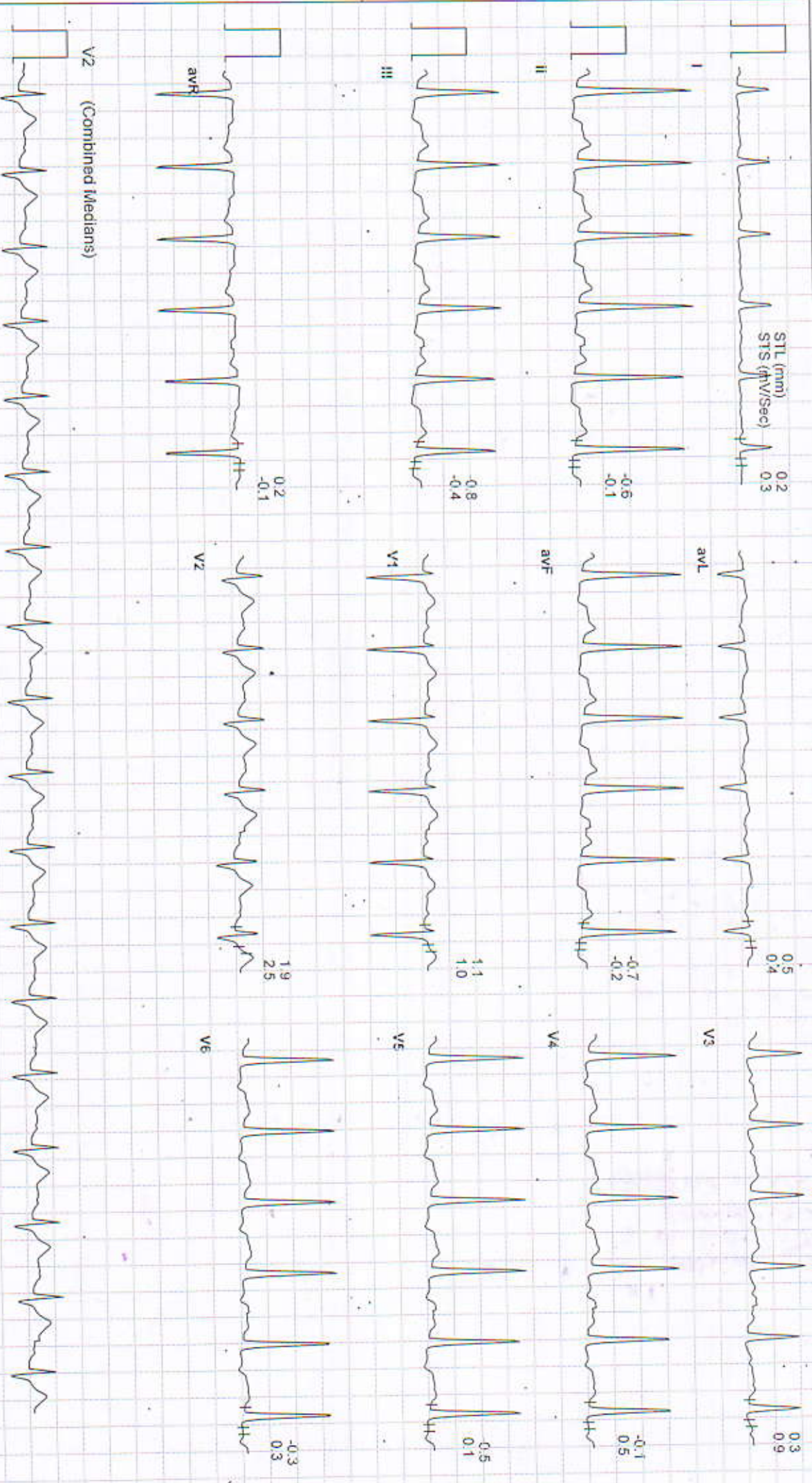
ExTime: 00:00 Speed: 0.0 mph Grade : 00:00 % 25 mm/Sec: 1.0 Cm/mV





Date: 01 - 04 - 2024 10:31:39 AM METS : 1.0 HR : 110 Target HR : 59% of 185 BP : 120/80 Post J @50mSec

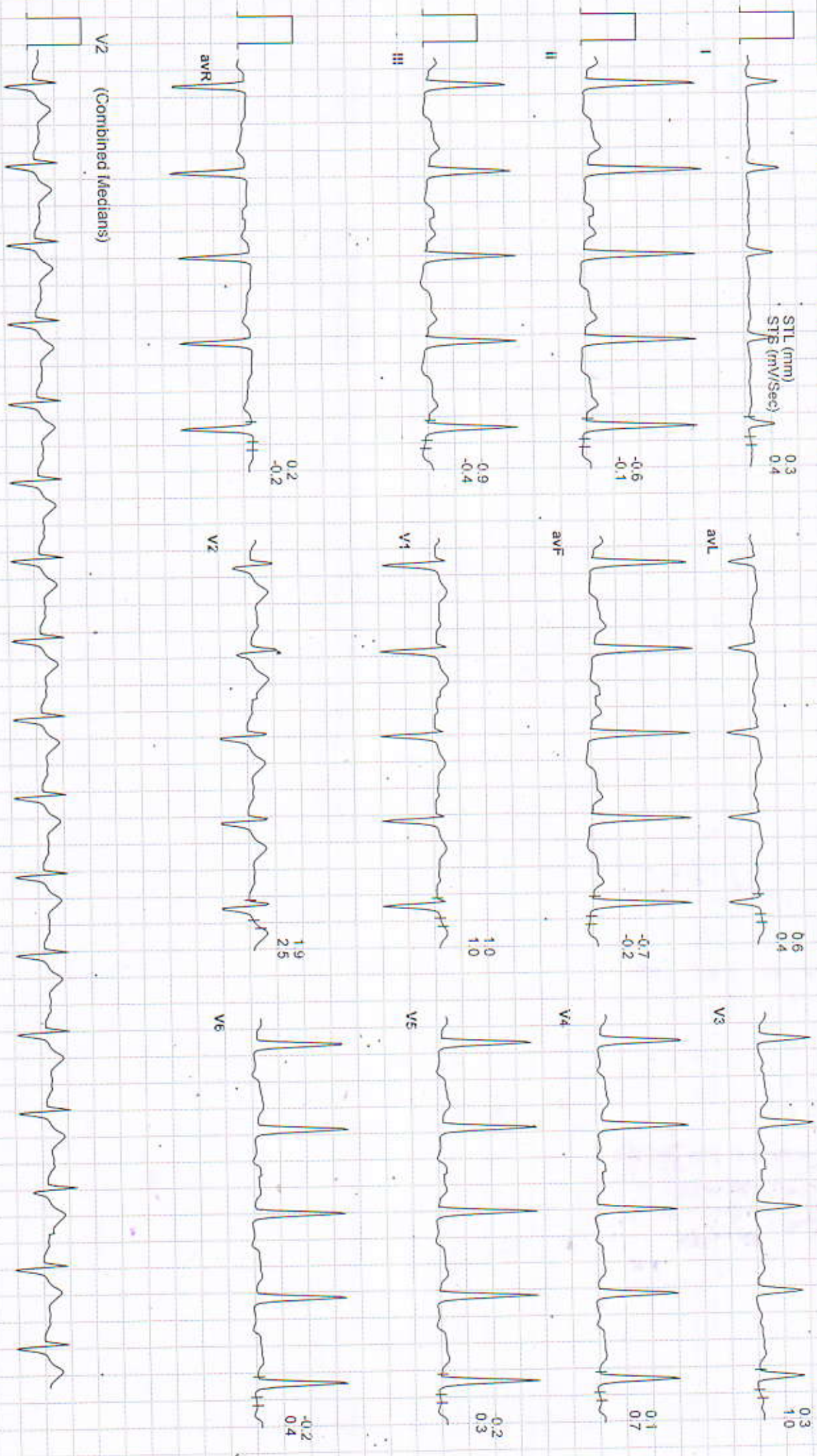
ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





Date: 01 - 04 - 2024 10:31:39 AM METs : 1.0 HR : 101 Target HR : 55% of 185 BP : 120/80 Post J @50mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec 1.0 Cm/mV





HEBSUR HOSPITAL

"NARAYAN" DESHPANDE NAGAR, HUBBALLI - 580029  
889054 / Mr Yerrigouda G / 35 Yrs / Male / 158 Cm / 65 Kg

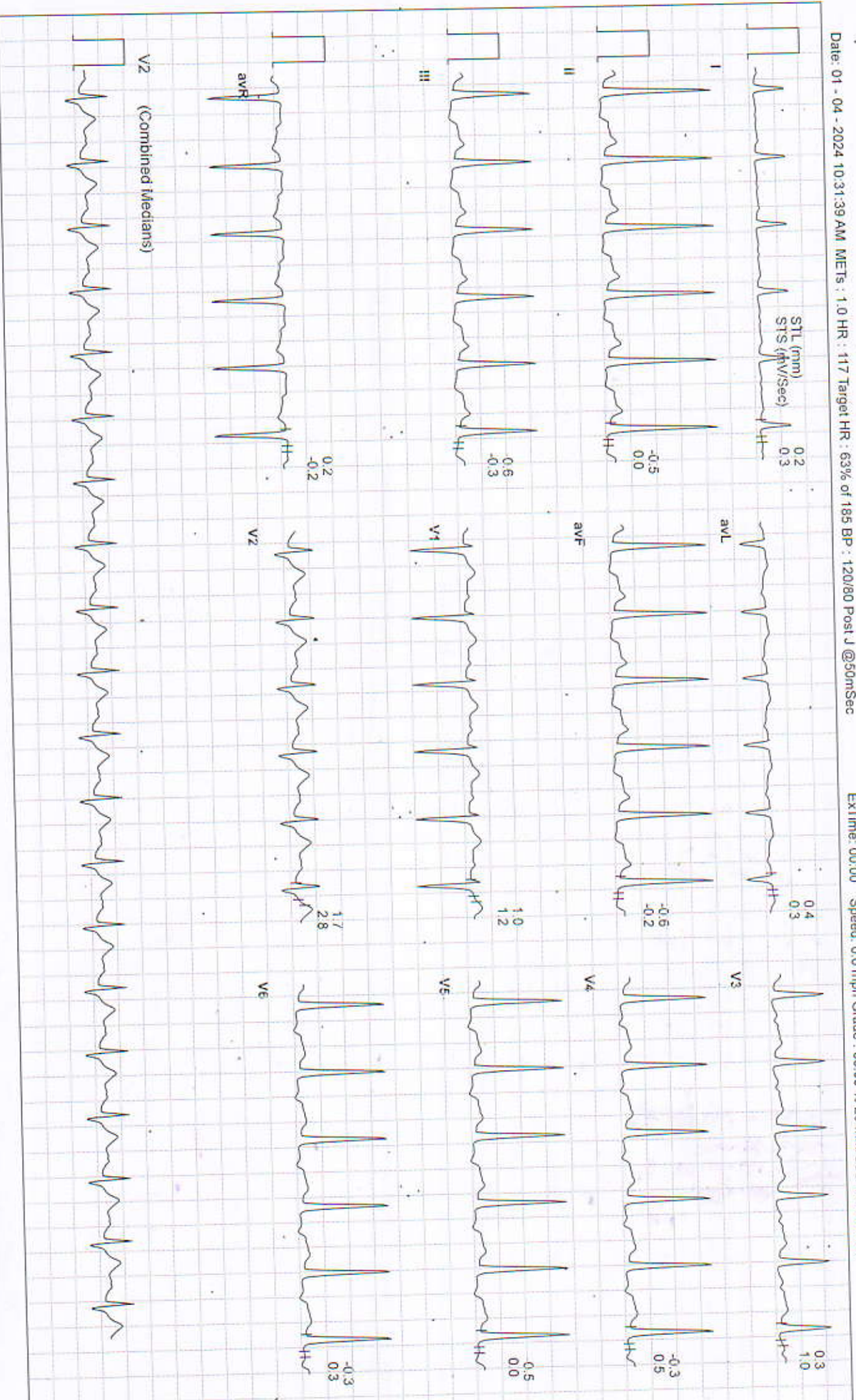
4X3 CM + 1 Rhythm

BRUCE: Standing(0:08)



Date: 01-04-2024 10:31:39 AM METs : 1.0 HR : 117 Target HR : 63% of 185 BP : 120/80 Post J @50mSec

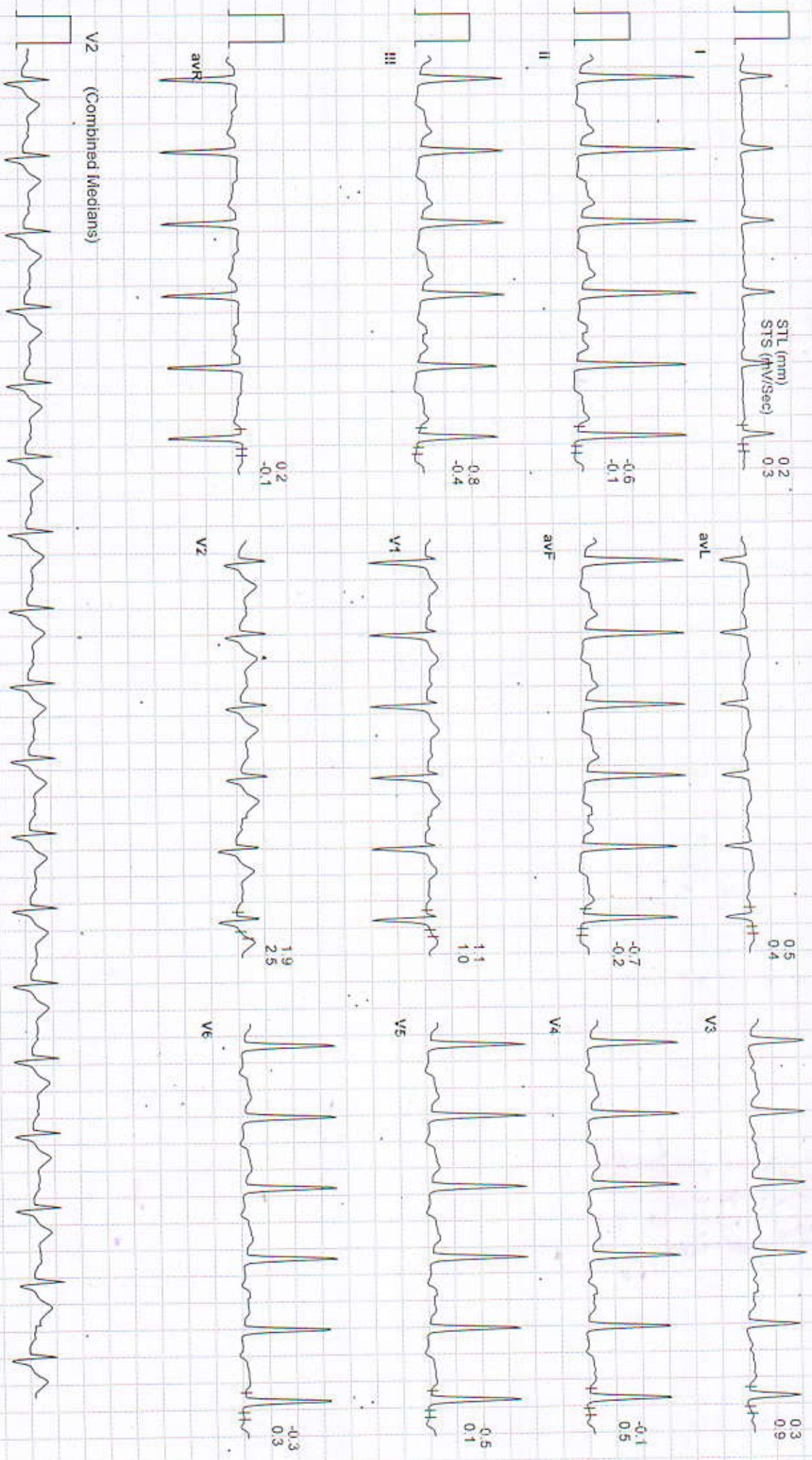
ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





Date: 01 - 04 - 2024 10:31:39 AM METs : 1.0 HR : 110 Target HR : 59% of 185 BP : 120/80 Post J @50mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



VZ (Combined Medians)

# HEBSUR HOSPITAL

"NARAYAN" DESHPANDE NAGAR, HUBBALLI - 580029  
889054 / Mr Yerrigouda G / 35 Yrs / Male / 158 Cm / 65 Kg

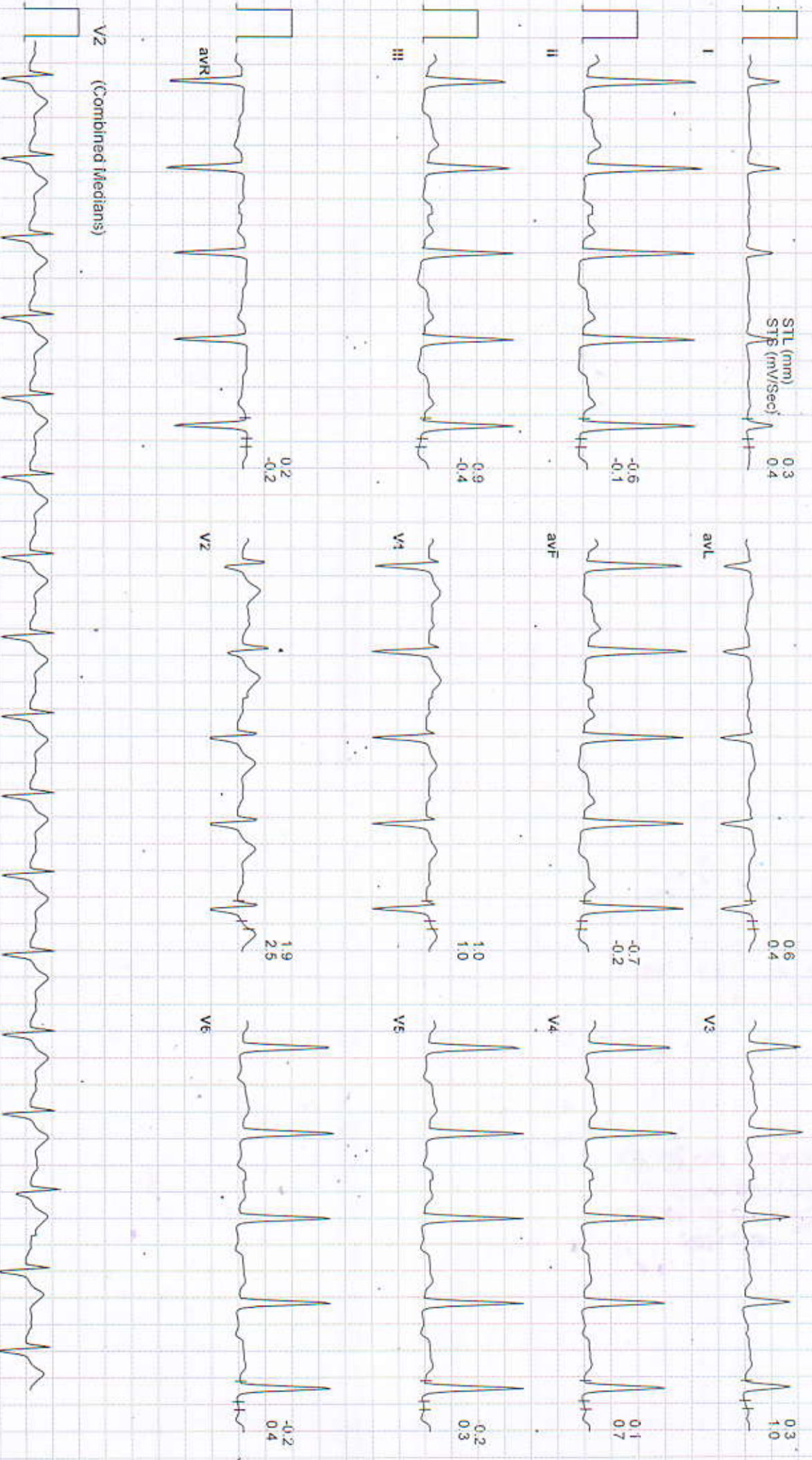
4X3 CM + 1 Rhythm

BRUCE: Warm Up(0:16)



Date: 01 - 04 - 2024 10:31:39 AM METs : 1.0 HR : 101 Target HR : 55% of 185 BP : 120/80 Post J @50mSec

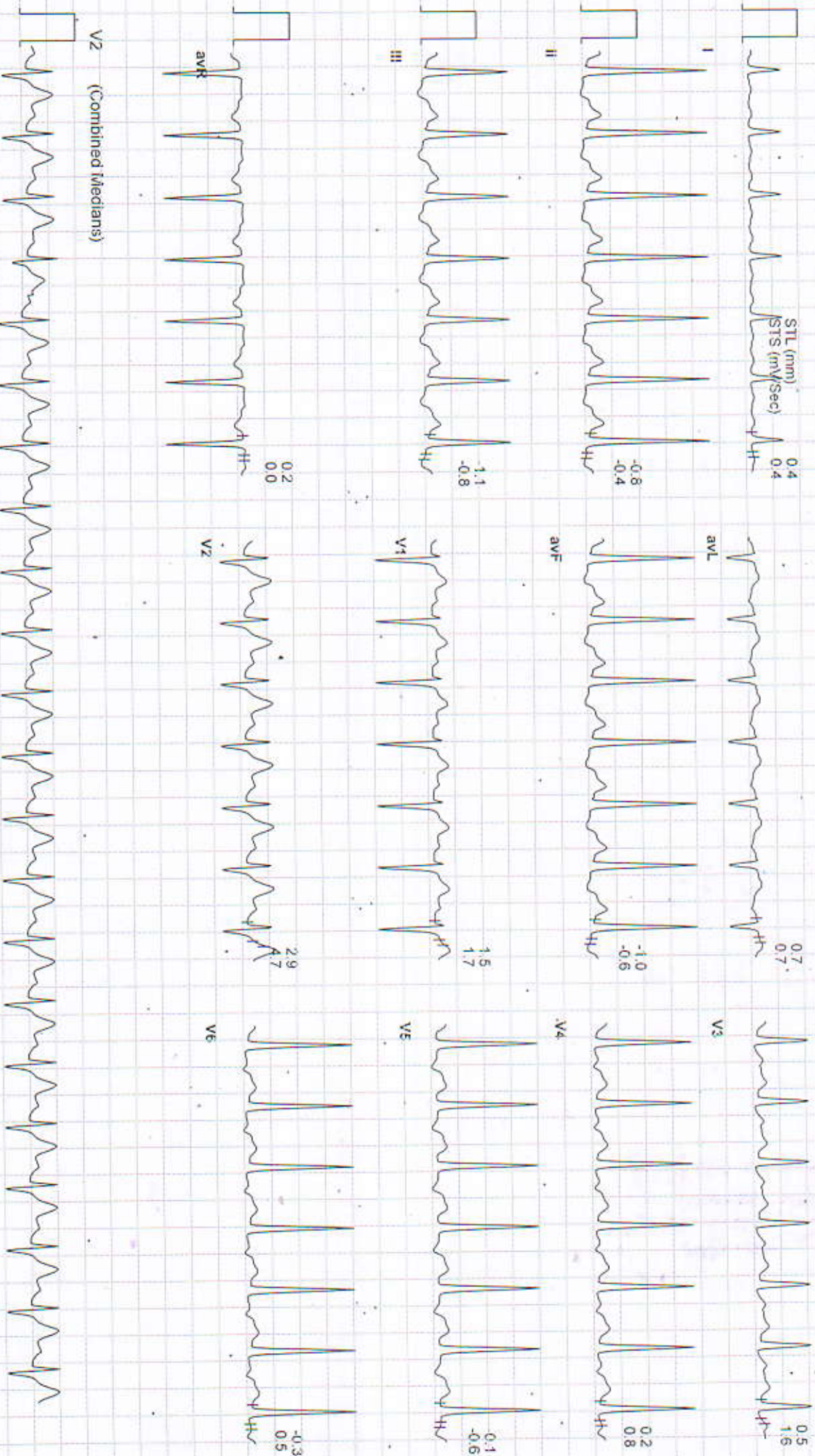
EXTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





Date: 01 - 04 - 2024 10:31:39 AM METs : 1.0 HR : 130 Target HR : 70% of 185 BP : 120/80 Post J @40mSec

ExTime: 00:00 Speed: 1.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



**HEBSUR HOSPITAL**

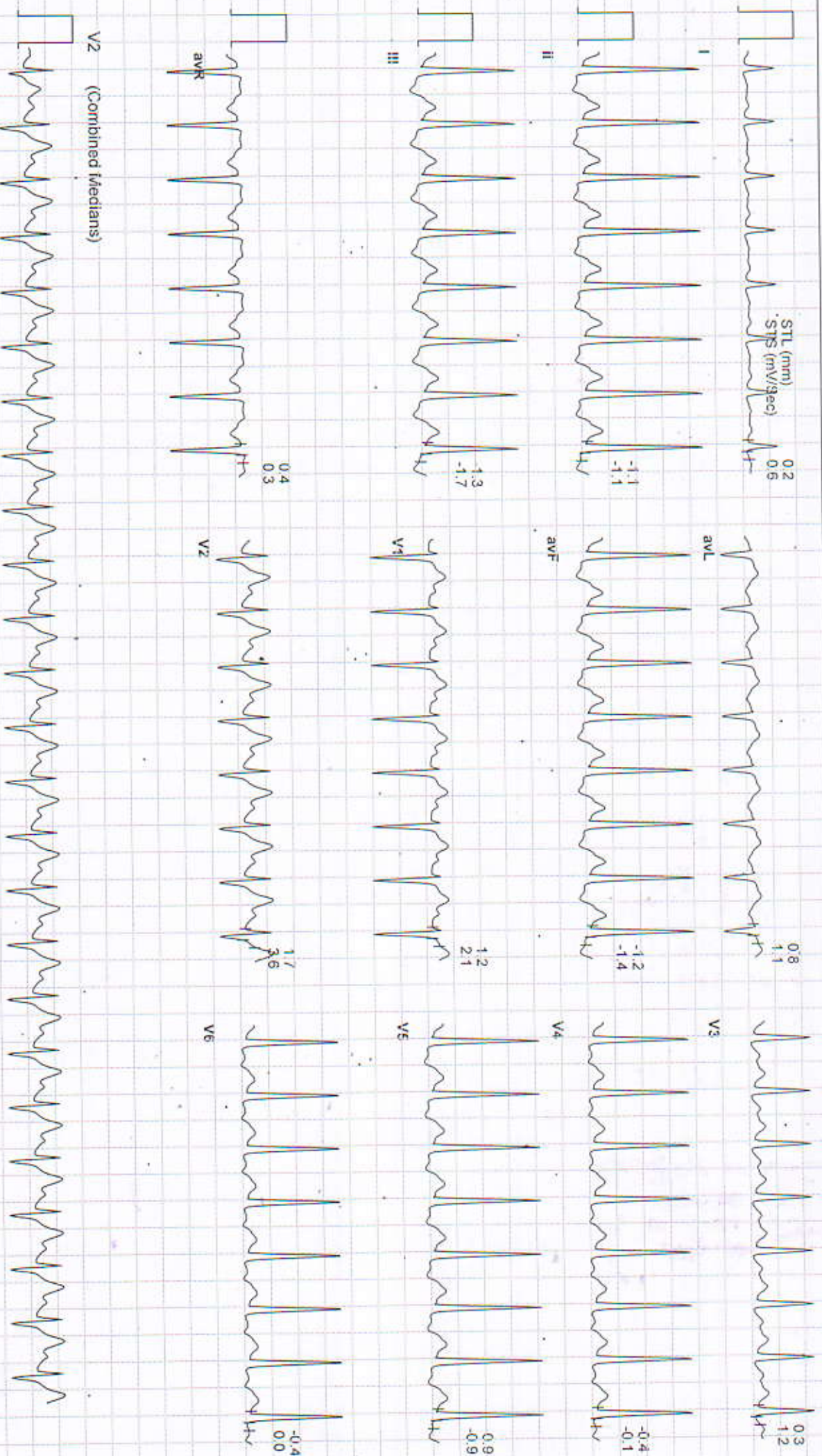
**"NARAYAN" DESHPANDE NAGAR, HUBBALLI - 580029**  
889054 / Mr Yerrigouda G / 35 Yrs / Male / 158 Cm / 65 Kg

**4X3 CM + 1 Rhythm**  
BRUCE: Stage 1(3:00)



Date: 01 - 04 - 2024 10:31:39 AM METS : 4.7 HR : 149 Target HR : 81% of 185 BP : 125/85 Post J @60mSec

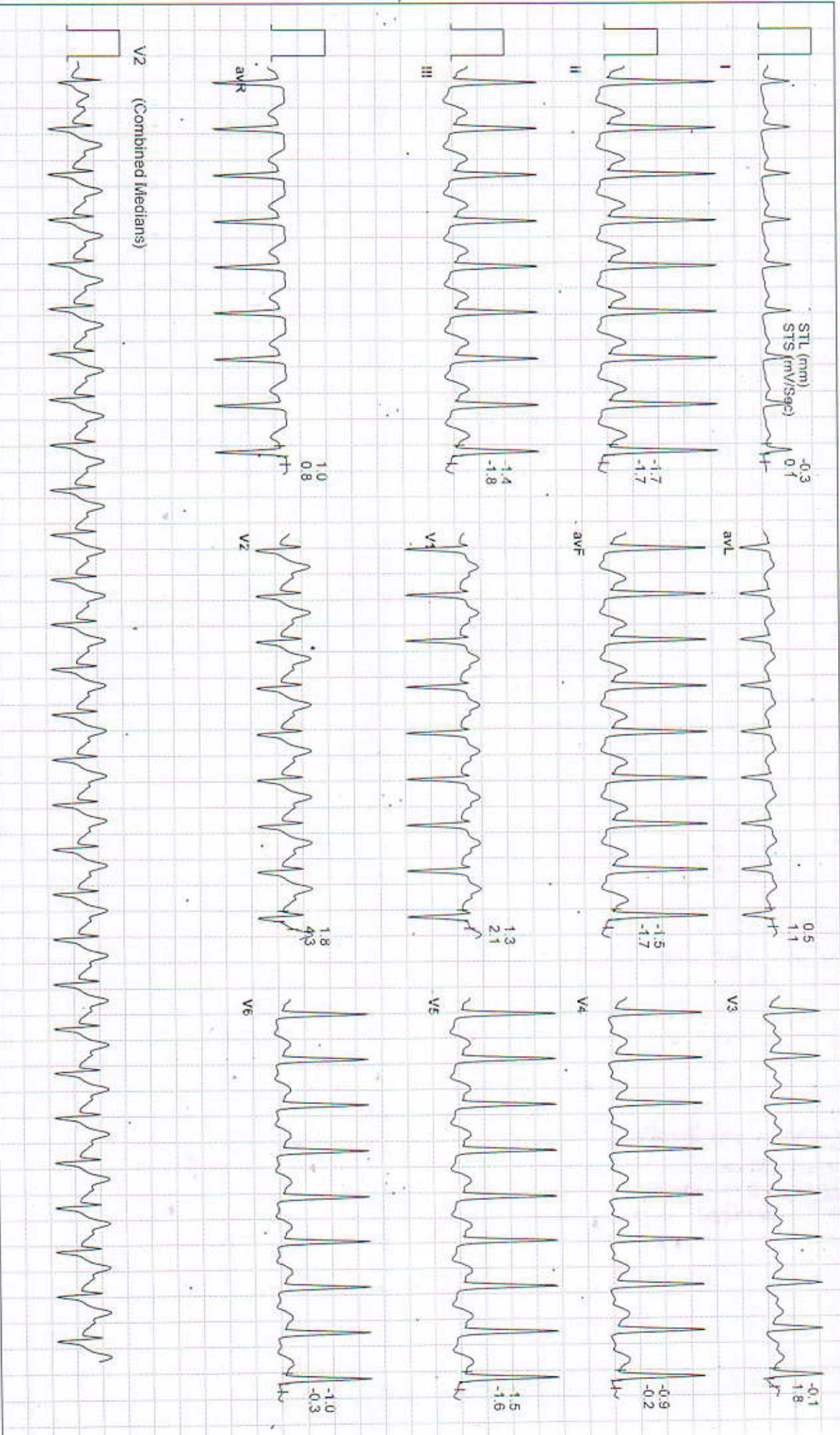
ExtTime: 03:00 Speed: 1.7 mph Grade : 10.00 % 25 mm/Sec: 1.0 Cm/mV





Date: 01 - 04 - 2024 10:31:39 AM METS : 7.1 HR : 175 Target HR : 95% of 185 BP : 130/90 Posi J @60mSec

ExTime: 06:00 Speed: 2.5 mph Grade : 12.00 % 25 mm/Sec. 1.0 Cm/mV



# HEBSUR HOSPITAL

"NARAYAN" DESHPANDE NAGAR, HUBBALLI - 580029  
889054 / Mr Yerrigouda G / 35 Yrs / Male / 158 Cm / 65 Kg

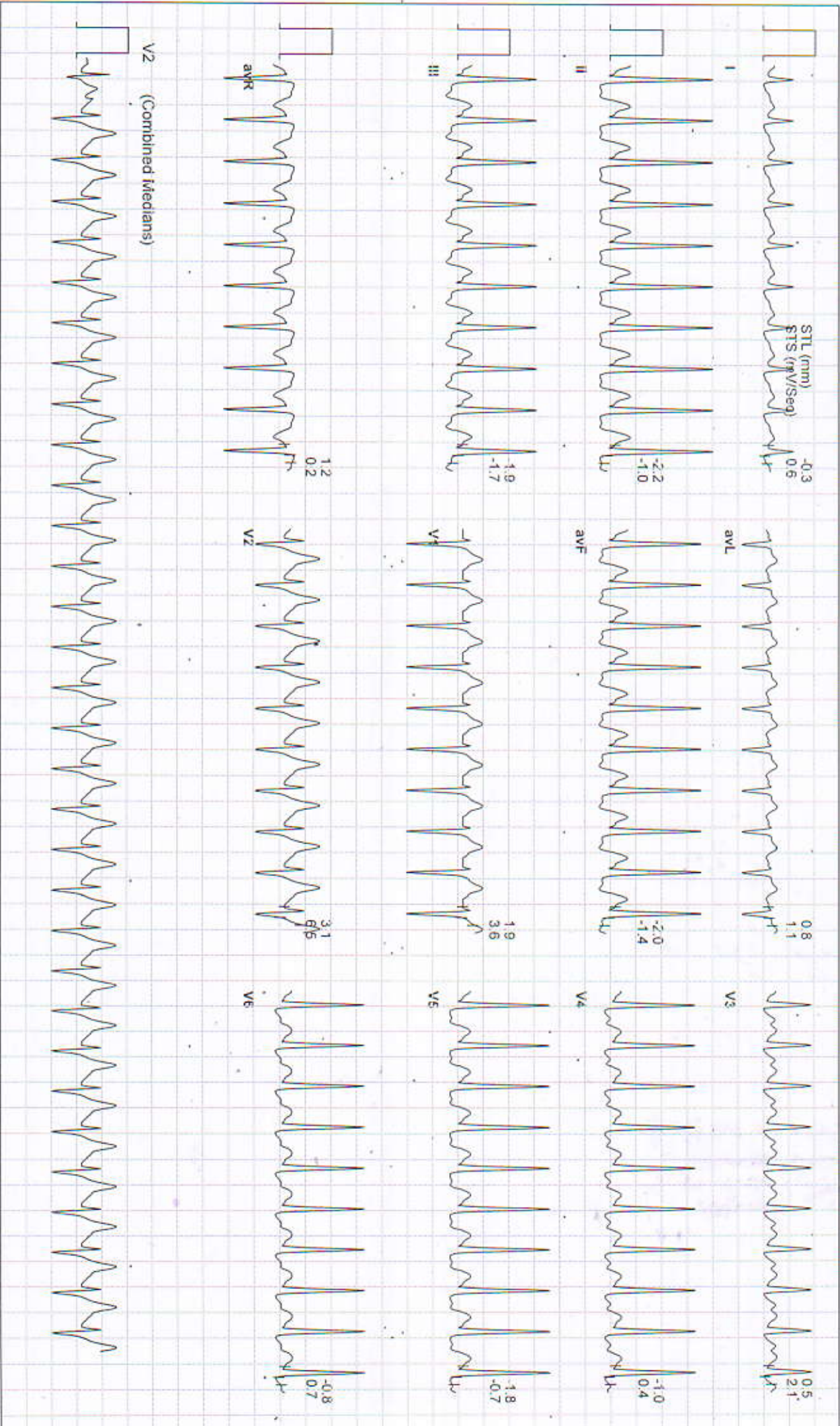
4X3 CM + 1 Rhythm

BRUCE: Stage 3(3:00)



Date: 01 - 04 - 2024 10:31:39 AM METs : 10.2 HR : 189 Target HR : 102% of 185 BP : 130/90 Post J @60mSec

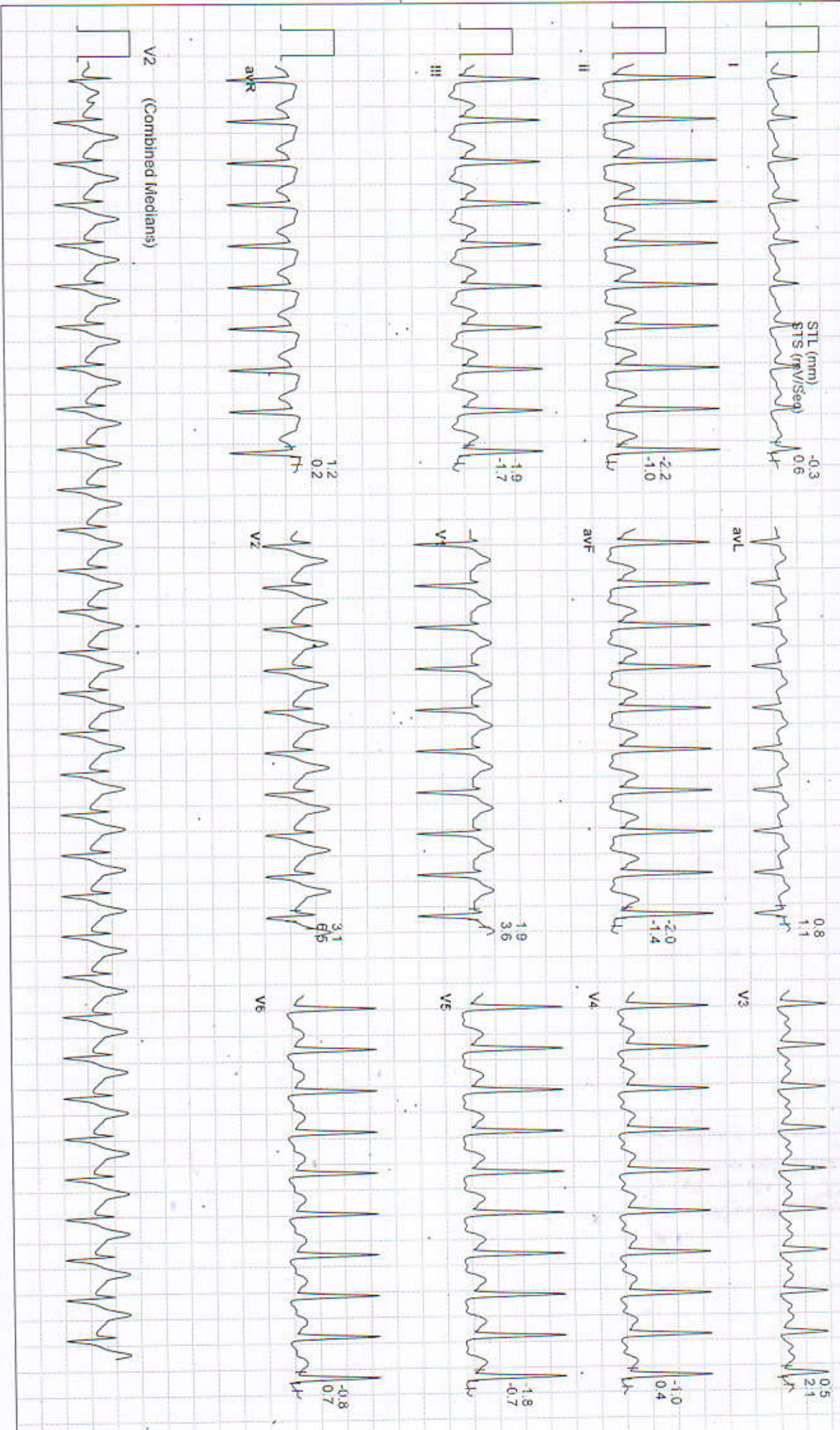
ExTime: 09:00 Speed: 3.4 mph Grade : 14.00 % 25 mm/Sec. 1.0 Cm/mV





Date: 01 - 04 - 2024 10:31:39AM METs : 10.3 HR : 190 Target HR : 103% of 185 BP : 130/90 Post J @60mSec

EXTime: 09:05 Speed: 1.1 mph Grade : 00.00 % 25 mm/Sec: 1.0 Cm/mV





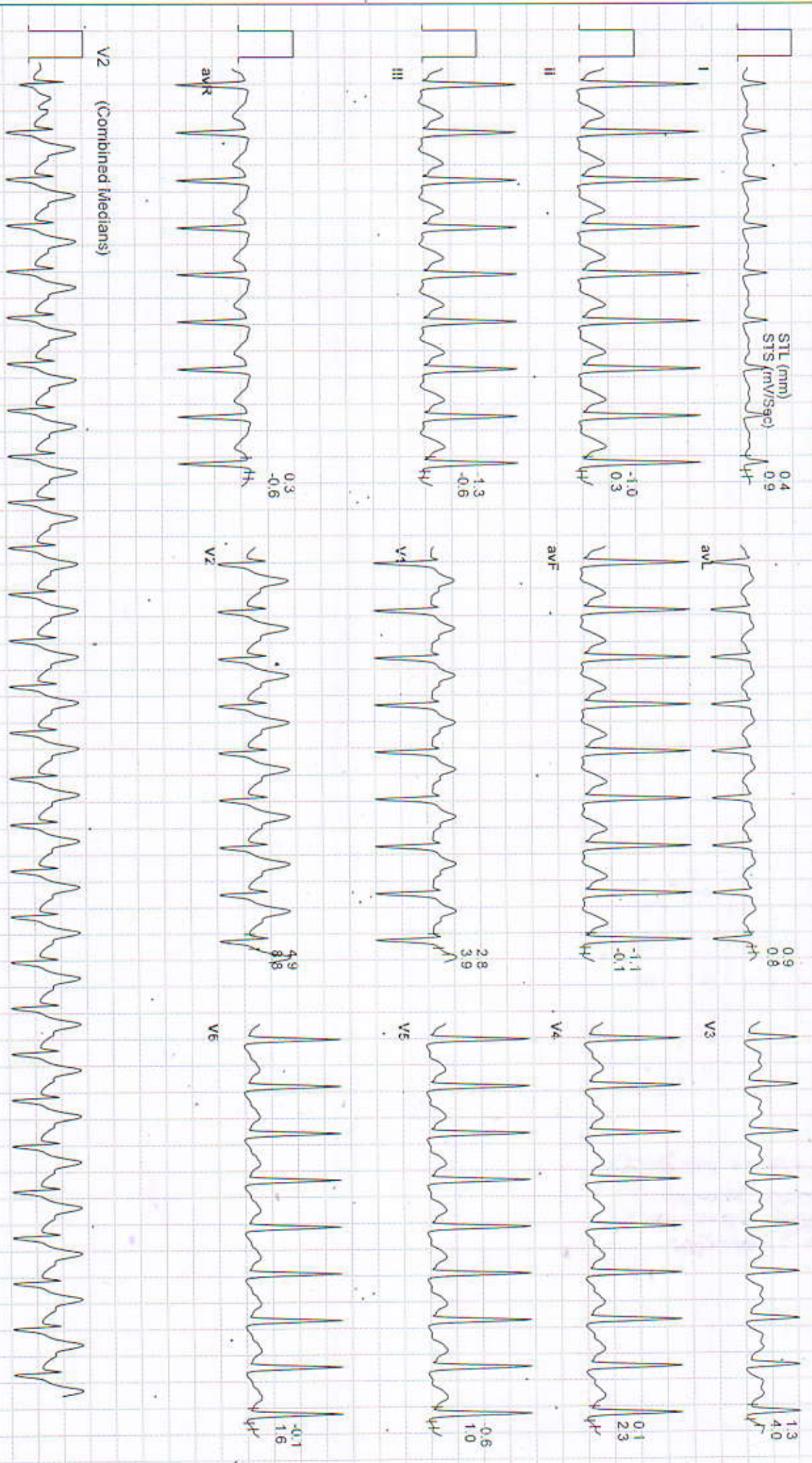
# HEBSUR HOSPITAL

"NARAYAN" DESHPANDE NAGAR, HUBBALLI - 580029  
889054 / Mr Yerrigouda G / 35 Yrs / Male / 158 Cm / 65 Kg

4X3 CM + 1 Rhythm  
Recovery(1:00)

Date: 01 - 04 - 2024 10:31:39 AM METs : 4.2 HR : 176 Target HR : 95% of 185 BP : 125/85 Post U @50mSec

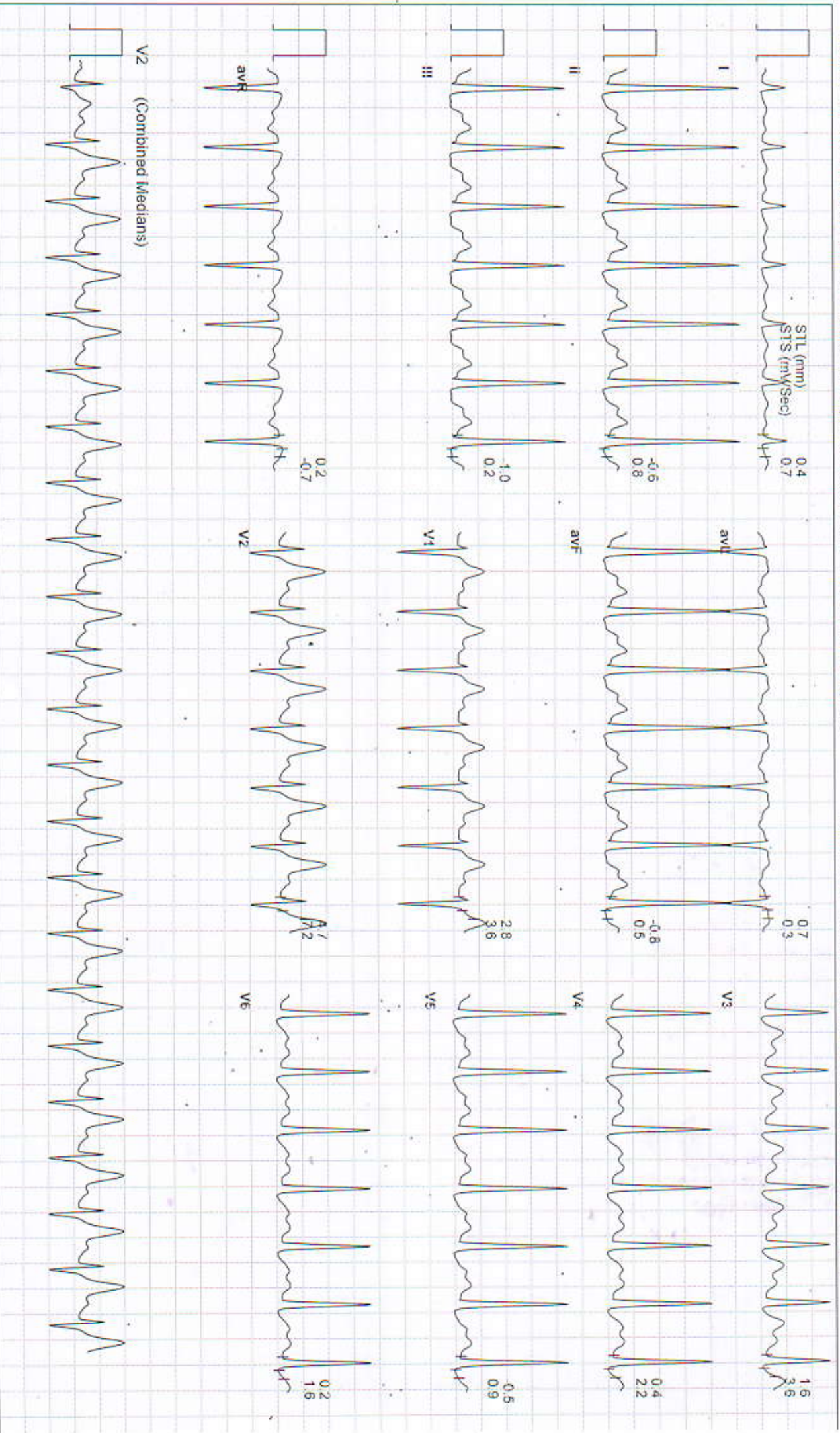
ExTime: 09:04 Speed: 1.1 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





Date: 01 - 04 - 2024 10:31:39 AM METs : 1.0 HR : 139 Target HR : 75% of 185 BP : 125/85 Post J @60mSec

ExTime: 09:04 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



# HEBSUR HOSPITAL

"NARAYAN" DESHPANDE NAGAR, HUBBALLI - 580029  
889054 / Mr Yerrigouda G / 35 Yrs / Male / 158 Cm / 65 Kg

4X3 CM + 1 Rhythm  
Recovery(3:00)



Date: 01 - 04 - 2024 10:31:39 AM METs : 1.0 HR : 135 Target HR : 73% of 185 BP : 120/80 Post J @60mSec

ExTime: 09:04 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec 1.0 Cm/mV

