

Patient Name : Mrs.IOANA AMBROSE COUTINHO	Collected : 09/Nov/2024 08:30AM
Age/Gender : 32 Y 9 M 8 D/F	Received : 09/Nov/2024 04:13PM
UHID/MR No : CSAR.0000146264	Reported : 09/Nov/2024 05:50PM
Visit ID : CSAROPV361547	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E37408	

DEPARTMENT OF HAEMATOLOGY


ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	13.8	g/dL	12-15	Spectrophotometer
PCV	41.70	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.8	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	86.7	fL	83-101	Calculated
MCH	28.7	pg	27-32	Calculated
MCHC	33.1	g/dL	31.5-34.5	Calculated
R.D.W	12.9	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	8,350	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	65.8	%	40-80	Electrical Impedance
LYMPHOCYTES	27.2	%	20-40	Electrical Impedance
EOSINOPHILS	2	%	1-6	Electrical Impedance
MONOCYTES	5	%	2-10	Electrical Impedance
BASOPHILS	0	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	5494.3	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2271.2	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	167	Cells/cu.mm	20-500	Calculated
MONOCYTES	417.5	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	2.42		0.78- 3.53	Calculated
PLATELET COUNT	257000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	21	mm at the end of 1 hour	0-20	Modified Westergren
PERIPHERAL SMEAR				

RBCs: are normocytic normochromic

WBCs: are normal in total number with normal distribution and morphology.

PLATELETS: appear adequate in number.


Dr. Rajalakshmi D
 M.B.B.S,M.D
 Consultant Pathologist


Dr. Vidya Aniket Gore
 M.B.B.S,M.D(Pathology)
 Consultant Pathologist



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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

HEMOPARASITES: negative

IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE



Dr. Rajalakshmi D
M.B.B.S,M.D
Consultant Pathologist



Dr. Vidya Aniket Gore
M.B.B.S,M.D(Pathology)
Consultant Pathologist



Patient Name : Mrs.IOANA AMBROSE COUTINHO	Collected : 09/Nov/2024 08:30AM
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UHID/MR No : CSAR.0000146264	Reported : 09/Nov/2024 05:40PM
Visit ID : CSAROPV361547	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E37408	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	120	mg/dL	<200	CHO-POD
TRIGLYCERIDES	84	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	35	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	85	mg/dL	<130	Calculated
LDL CHOLESTEROL	68.2	mg/dL	<100	Calculated
VLDL CHOLESTEROL	16.8	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.43		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.02		<0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Dr.Govinda Raju N L
 MSc,PhD(Biochemistry)
 Consultant Biochemistry

Dr Priya Murthy
 M.B.B.S,M.D(Pathology)
 Consultant Pathologist



SIN No: SAR241100382

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory.

APOLLO HEALTH AND LIFESTYLE LIMITED - 101E BANGALORE

APOLLO Health and Lifestyle Limited, Apollo Health and Lifestyle Ltd, RRL BANGALORE Laboratory

Regd. Office: 101E BANGALORE, Apollo Health and Lifestyle Ltd, RRL BANGALORE Laboratory, Bangalore, Karnataka, India. Phone: 080-4561 7777, Fax: 080-4561 7700

APOLLO CLINIC NETWORK

Telangana: Hyderabad (45) | Andhra Pradesh: Vizag (1) | Karnataka: Bangalore (1) | Kerala: Kochi (1) | Maharashtra: Mumbai (1) | Odisha: Bhubaneswar (1) | Tamil Nadu: Chennai (1) | West Bengal: Kolkata (1) | Gujarat: Gandhinagar (1) | Haryana: Gurgaon (1) | Punjab: Ludhiana (1) | Rajasthan: Jaipur (1) | Uttar Pradesh: Lucknow (1) | Bihar: Patna (1) | Jharkhand: Ranchi (1) | Assam: Dispur (1) | Manipal: Imphal (1) | Mizoram: Aizawl (1) | Nagaland: Kohima (1) | Arunachal Pradesh: Itanagar (1) | Meghalaya: Shillong (1) | Tripura: Agartala (1) | Assam: Dispur (1) | Mizoram: Aizawl (1) | Nagaland: Kohima (1) | Arunachal Pradesh: Itanagar (1) | Meghalaya: Shillong (1) | Tripura: Agartala (1)



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Emp/Auth/TPA ID	: 22E37408		

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	0.68	mg/dL	0.66 - 1.09	Modified Jaffe, Kinetic
UREA	23.20	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	10.8	mg/dL	8.0 - 23.0	Calculated
URIC ACID	4.65	mg/dL	2.6-6.0	Uricase PAP
CALCIUM	9.10	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.23	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	133	mmol/L	136–146	ISE (Indirect)
POTASSIUM	4.5	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	103	mmol/L	101–109	ISE (Indirect)
PROTEIN, TOTAL	7.78	g/dL	6.6-8.3	Biuret
ALBUMIN	4.22	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.56	g/dL	2.0-3.5	Calculated
A/G RATIO	1.19		0.9-2.0	Calculated

Dr.Govinda Raju N L
MSc,PhD(Biochemistry)
Consultant Biochemistry

Dr Priya Murthy
M.B.B.S,M.D(Pathology)
Consultant Pathologist



SIN No: SAR241100382

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory

Regd. Office: 10/22/20, Anand Nagar, 4th Cross, 4th Block, 4th Stage, 4th Cross, Anand Nagar, Mysore, Karnataka, India. Phone: 9845678901

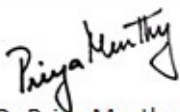
Regd. Office: 10/22/20, Anand Nagar, 4th Cross, 4th Block, 4th Stage, 4th Cross, Anand Nagar, Mysore, Karnataka, India. Phone: 9845678901

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Age/Gender : 32 Y 9 M 8 D/F	Received : 09/Nov/2024 04:23PM
UHID/MR No : CSAR.0000146264	Reported : 09/Nov/2024 05:38PM
Visit ID : CSAROPV361547	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E37408	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Interval	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	11.00	U/L	<38	IFCC



Dr Priya Murthy
M.B.B.S.,M.D(Pathology)
Consultant Pathologist




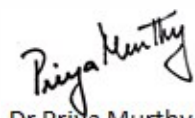
Patient Name : Mrs.IOANA AMBROSE COUTINHO	Collected : 09/Nov/2024 08:30AM
Age/Gender : 32 Y 9 M 8 D/F	Received : 09/Nov/2024 04:16PM
UHID/MR No : CSAR.0000146264	Reported : 09/Nov/2024 06:24PM
Visit ID : CSAROPV361547	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E37408	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma
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Dr.Govinda Raju N L
 MSc,PhD(Biochemistry)
 Consultant Biochemistry


Dr Priya Murthy
 M.B.B.S,M.D(Pathology)
 Consultant Pathologist



SIN No: SAR241100386

Apollo Health and Lifestyle Limited

This test has been performed at Apollo Health & Lifestyle Ltd, RRL BANGALORE Laboratory

Regd. Office: 10/22/02, Anand Nagar, 4th Cross, 4th Stage, 4th Block, Bengaluru, Karnataka, India. Phone: 9845111111

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APOLLO CLINIC'S NETWORK:
 Telangana: Hyderabad (45 Rao Nagar) | Chanda Nagar | Koradiguda | Halakurki | Hiranagar | Vijay Nagar | Uppal | Andhra Pradesh: Mangalochamma Peta | Karnataka: Bangalore (Basavanagudi) | Solunadu | Electronic City | Frazer Town | HSR Layout | Indira Nagar | Jalahalli | Jayanagar | Jayanagar 2nd Stage | Mysore (New Village) | Tumkur (Kothanur) | Coimbatore (Sri Ram Nagar) | Chennai (T. Nagar) | Madurai (K. Nagar) | Kerala: Kochi (Kalamassery) | Kerala: Thiruvananthapuram (Kandamangalam) | Odisha: Bhubaneswar (Gajapati) | Ahmedabad (Siddhi Vinayak) | Faridkot (Amritsar) | Chandigarh (Naryana) | Patna (Patna) | Jaipur (Sector 14)



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Age/Gender : 32 Y 9 M 8 D/F	Received : 09/Nov/2024 01:14PM
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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324


Dr. Rajalakshmi D
 M.B.B.S,M.D
 Consultant Pathologist


Dr. Vidya Aniket Gore
 M.B.B.S,M.D(Pathology)
 Consultant Pathologist



Patient Name : Mrs.IOANA AMBROSE COUTINHO	Collected : 09/Nov/2024 01:45PM
Age/Gender : 32 Y 9 M 8 D/F	Received : 10/Nov/2024 02:28PM
UHID/MR No : CSAR.0000146264	Reported : 12/Nov/2024 09:57AM
Visit ID : CSAROPV361547	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E37408	

DEPARTMENT OF CYTOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

LBC PAP SMEAR , CERVICAL BRUSH SAMPLE

	CYTOLOGY NO.	24522/24
I	SPECIMEN	
a	SPECIMEN ADEQUACY	ADEQUATE
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
c	ENDOCERVICAL-TRANSFORMATION ZONE	ABSENT
d	COMMENTS	SATISFACTORY FOR EVALUATION
II	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benign morphology. Negative for intraepithelial lesion/malignancy.
III	RESULT	
a	EPITHEIAL CELL	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
b	ORGANISM	NIL
IV	INTERPRETATION	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

***** End Of Report *****

Result/s to Follow:
PERIPHERAL SMEAR

Dr. Reshma Stanly
M.B.B.S,DNB(Pathology)
Consultant Pathologist



SIN No: SAR241100539

This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory, Hyderabad

Regd. Office: 102/2/20, Anand Nagar, Rajaganga 4th Cross, Rajanganga, Hyderabad, Telangana - 500016 |
www.apolloclinic.com | Email ID: enquiry@apolloclinic.com, Ph: No: 040-6661 7777, Fax No: 4661 7766

APOLLO CLINIC'S NETWORK

Telangana: Hyderabad (45 Rao Nagar) | Chandigarh (Sector 22) | Karnataka: Bangalore (Banashankari) | Kerala: Kochi (Vengaloor) | Maharashtra: Mumbai (Bandra) | Odisha: Bhubaneswar (Bhubaneswar) | Punjab: Chandigarh (Sector 22) | Rajasthan: Jaipur (Jaipur) | Tamil Nadu: Chennai (Chennai) | Uttar Pradesh: Lucknow (Lucknow) | West Bengal: Kolkata (Kolkata) | Andhra Pradesh: Hyderabad (Banashankari) | Assam: Guwahati (Guwahati) | Bihar: Patna (Patna) | Gujarat: Gandhinagar (Gandhinagar) | Haryana: Gurgaon (Gurgaon) | Himachal Pradesh: Shimla (Shimla) | Jharkhand: Ranchi (Ranchi) | Madhya Pradesh: Bhopal (Bhopal) | Madhya Pradesh: Indore (Indore) | Madhya Pradesh: Jabalpur (Jabalpur) | Madhya Pradesh: Bhopal (Bhopal) | Madhya Pradesh: Indore (Indore) | Madhya Pradesh: Jabalpur (Jabalpur) | Madhya Pradesh: Bhopal (Bhopal) | Madhya Pradesh: Indore (Indore) | Madhya Pradesh: Jabalpur (Jabalpur)



Patient Name	: Mrs. IOANA AMBROSE COUTINHO	Age	: 32Yrs 9Mths 9Days
UHID	: CSAR.0000146264	OP Visit No.	: CSAROPV361547
Printed On	: 09-11-2024 11:54 AM	Advised/Pres Doctor	: --
Department	: Radiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employee Id	: 22E37408		

DEPARTMENT OF RADIOLOGY

ULTRASONOGRAPHY OF ABDOMEN &

PELVIS

LIVER : Normal in size & echotexture normal. No focal lesion. No intra hepatic biliary duct dilatation. Portal & hepatic veins appear normal. PV: Normal. CBD: Normal.

GALL BLADDER : Minimally distended.

PANCREAS : Obscured by bowel gas. However the visualized parts of the pancreas appear grossly normal. Para-Aortic areas could not be seen.

SPLEEN : Normal in size & echotexture normal. No focal / diffuse lesions.

KIDNEYS : RIGHT KIDNEY : 9.7 x 3.4cms, LEFT KIDNEY :10.4 x 4.2cms, normal parenchymal thickness. Both kidneys are normal in size and echotexture. No calculi. No pelvicalyceal dilatation on both sides. Corticomedullary differentiation is well maintained.

URINARY BLADDER : Normal in wall thickness and lumen are normal. Contents clear. No calculus seen.

UTERUS : Anteverted. Normal in size and echotexture. Endometrial and myometrium appears normal. Endometrial thickness: 8mm.

POD – clear.

OVARIES : Right ovary- 5.8 x 3.4cm.

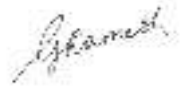
Left ovary- 2.7 x 1.6cm.

IMPRESSION : A cyst seen in right ovary measures 2.2 x 2.0cm, few internal echoes seen within the cyst.

(The sonography findings should always be considered in correlation with the clinical and other investigation findings where applicable).It is only a professional opinion.Not valid for medico-legal purpose) Higher imaging techniques to be done, depending on

the condition of the patient, if clinically needed.

---End Of The Report---



Dr. RAMESH G
MBBS, DMRD
27462
Radiology



Patient Mrs. IOANA AMBROSE
COUTINHO
Age/Gender 32Y | Female
UHID CSAR.0000146264

Appt ID CSARAPT6463
Consult Date 14 Nov 2024
Order Bill ID CSAR-OCR-49765
Visit Display ID CSAROPV361547

VITALS

Weight : 58.6Kgs
Pulse : 86 BPM
BP : 110 / 64 MmHg
Temperature : 98.6 °F
Height : 161.5Cms
Spo2 : 98%
Respiratory Rate : 22 BPM



Patient Mrs. IOANA AMBROSE
COUTINHO
Age/Gender 32Y | Female
UHID CSAR.0000146264

Appt ID CSARAPT6464
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Printed On	: 09-11-2024 06:54 AM	Advised/Pres Doctor	: --
Department	: Cardiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employer Id	: 22E37408		

DEPARTMENT OF CARDIOLOGY

Observation :-

1. Normal Sinus Rhythm.
2. Heart rate is Normal
3. No pathological Q wave or ST-T changes seen.
4. Normal P,QRS,T waves and axis.
5. No evidence of chamber, hypertrophy or enlargement seen.

Impression:-

NORMAL RESTING ECG.

NOTE:-KINDLY TAKE A PHOTOCOPY OF THE GRAPH FOR FUTURE REFERENCE IF NEEDED

---End Of The Report---



Dr. SUMANJITA BORA
MBBS, PGDCC
MCI-IMR-13/903
Cardiology

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UHID	: CSAR.0000146264	OP Visit No.	: CSAROPV361547
Printed On	: 09-11-2024 06:53 AM	Advised/Pres Doctor	: --
Department	: Cardiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employeer Id	: 22E37408		

DEPARTMENT OF CARDIOLOGY

2D, TISSUE AND COLOR DOPPLER ECHOCARDIOGRAPHY REPORT

MEASUREMENTS

Vital Signs and Body Measurements

HR bpm B.P mmHg Height mm Weight kg BSA m²

M – Mode (Parasternal view)

Conventional and Tissue Doppler

AO 25	mm LVID – d	43	mm Mitral Valve	E : 0.5 A : 0.8	m/sec
LA 30	mm LVID – s	23	mm Aortic Valve	1.3	- m/sec
	IVS – d	10	mm Pulmonary Valve	0.6	- m/sec
	PW – d	10	mm E' Septal (TDI)	0.12	- mm/sec
	EF-	60	% E' Lateral (TDI)	0.14	- mm/sec

DESCRIPTIVE FINDINGS: Technically Adequate Study. Normal sinus rhythm During Study

RIGHT ATRIUM	Normal in Size
LEFT ATRIUM	Normal in Size
RIGHT VENTRICLE	Normal in Size TAPSE > 18 mm
LEFT VENTRICLE	Normal in Size
WALL MOTION ANALYSIS	No RWMA
TRICUSPID VALVE	Normal, PASP= 10 mmHg
MITRAL VALVE	Normal
PULMONIC VALVE	Normal
AORTIC VALVE	Normal
IAS & IVS	Intact
AORTA	Normal in Size
SYSTEMIC & PULMONARY VEINS	Normally Draining

IVC	Normal
PERICARDIUM	Normal
OTHERS	No Intra Cardiac Thrombus, Tumour or Vegetation

IMPRESSION:

Cardiac Chambers & valves are normal

No RWMA

Normal Left Ventricular Systolic Function (LVEF- 60 %)

Trivial TR ,NO PAH

No clot vegetation/pericardial effusion

Dr. SUMANJITA BORA,MBBS AMC.PGDCC(Cardiology)
CONSULTANT CARDIOLOGIST

---End Of The Report---



Dr. SUMANJITA BORA
MBBS, PGDCC
MCI-IMR-13/903
Cardiology



Patient Mrs. IOANA AMBROSE
COUTINHO
Age/Gender 32Y | Female
UHID CSAR.0000146264

Appt ID CSARAPT6465
Consult Date 14 Nov 2024
Order Bill ID CSAR-OCR-49765
Visit Display ID CSAROPV361547

VITALS

Weight : 58.6Kgs
Pulse : 86 BPM
BP : 110 / 64 MmHg
Temperature : 98.6 °F

Height : 161.5Cms
Spo2 : 98%
Respiratory Rate : 22 BPM



Patient Mrs. IOANA AMBROSE
COUTINHO
Age/Gender 32Y | Female
UHID CSAR.0000146264

Appt ID CSARAPT6466
Consult Date 14 Nov 2024
Order Bill ID CSAR-OCR-49765
Visit Display ID CSAROPV361547

VITALS

Weight : 58.6Kgs
Pulse : 86 BPM
BP : 110 / 64 MmHg
Temperature : 98.6 °F
Height : 161.5Cms
Spo2 : 98%
Respiratory Rate : 22 BPM



Patient Mrs. IOANA AMBROSE
COUTINHO
Age/Gender 32Y | Female
UHID CSAR.0000146264

Appt ID CSARAPT6467
Consult Date 14 Nov 2024
Order Bill ID CSAR-OCR-49765
Visit Display ID CSAROPV361547

VITALS

Weight : 58.6Kgs
Pulse : 86 BPM
BP : 110 / 64 MmHg
Temperature : 98.6 °F

Height : 161.5Cms
Spo2 : 98%
Respiratory Rate : 22 BPM

**APOLLO CLINIC
CONSENT FORM**

Patient name Joana Ambrose Age 32
Coutinho

UHID Number _____ Company Name _____

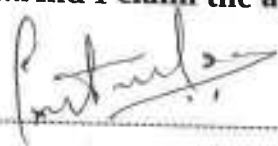
I Mr/Mrs/Ms _____ Employee of _____

Skippy X-ray, Dental, Eye, ENT, gyn, Diet

Company want to inform u that I am not interested in getting

fitnes by gp

.....And I claim the above statement in my full Consciousness.

Patient signature  Date 09/11/24

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Handwritten text in the lower middle section of the page.

Handwritten text at the bottom of the page.

Name : Mrs. IOANA AMBROSE COUTINHO

Age : 32Y 9M 8D

UHID : CSAR.0000146264

Address : Carmelaram Bangalore Rural Karnataka INDIA 560035

Sex : Female



CSAR.0000146264

Plan : ARCOFEMI MEDIWHEEL FEMALE AHC
CREDIT PAN INDIA OP AGREEMENT

OP No: CSAROPV361547

Bill No: CSAR-OCR-49765

Date: Nov 9th, 2024, 8:12 AM

Sno.	Service Type/Service Name	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324	
1	ULTRASOUND - WHOLE ABDOMEN - 18	Ultrasound Radiology
2	OPHTHAL BY GENERAL PHYSICIAN - Admitted Skip	Consultation
3	URINE GLUCOSE(POST PRANDIAL)	Clinical Pathology
4	GAMMA GLUTAMYL TRANSFERASE (GGT)	Biochemistry
5	HbA1c, GLYCATED HEMOGLOBIN	Biochemistry
6	GYNAECOLOGY CONSULTATION - 6 12:00 pm	Consultation
7	DIET CONSULTATION - After reports	General
8	BODY MASS INDEX (BMI)	General
9	ECG - 10	Cardiology
10	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	Biochemistry
11	2D ECHO - 18 - 10:00	Cardiology
12	BLOOD GROUP ABO AND RH FACTOR	Blood Bank
13	X-RAY CHEST PA - 9 Skip	X Ray Radiology
14	URINE GLUCOSE(FASTING)	Clinical Pathology
15	LBC PAP TEST- PAPSURE - 6	Histopathology
16	FITNESS BY GENERAL PHYSICIAN - After reports	Consultation
17	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	Biochemistry
18	GLUCOSE, FASTING	Biochemistry
19	ENT CONSULTATION - 3	Consultation
20	LIPID PROFILE	Biochemistry
21	DENTAL CONSULTATION - 15	Consultation
22	HEMOGRAM + PERIPHERAL SMEAR	Haematology
23	PERIPHERAL SMEAR	Haematology
24	COMPLETE URINE EXAMINATION	Clinical Pathology
25	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	Biochemistry
26	LIVER FUNCTION TEST (LFT)	Biochemistry

21, physio-02

LBC
Papsure
Done
9.11.2024

WT - 58.6 kg
HT - 161.5 cm
BP 2 - 110/60 mmHg
RA - 80/64
Basil 22-6



NAME	MRS. IOANA AMBROSE COUTINHO		DATE: 09/11/2024
AGE	32 YEARS	GENDER	Female
REF BY	DR. SUMANJITA BORA	ID	146264

MEASUREMENTS

Vital Signs and Body Measurements									
HR	bpm	B.P	mmHg	Height	mm	Weight	kg	BSA	m ²
M - Mode (Parasternal view)					Conventional and Tissue Doppler				
AO	25	mm	LVID - d	43	mm	Mitral Valve	E : 0.5	A : 0.8	m/sec
LA	30	mm	LVID - s	23	mm	Aortic Valve	1.3	-	m/sec
			IVS - d	10	mm	Pulmonary Valve	0.6	-	m/sec
			PW - d	10	mm	E' Septal (TDI)	0.12	-	mm/sec
			EF-	60	%	E' Lateral (TDI)	0.14	-	mm/sec

DESCRIPTIVE FINDINGS: Technically Adequate Study. Normal sinus rhythm During Study

RIGHT ATRIUM	Normal in Size
LEFT ATRIUM	Normal in Size
RIGHT VENTRICLE	Normal in Size TAPSE > 18 mm
LEFT VENTRICLE	Normal in Size
WALL MOTION ANALYSIS	No RWMA
TRICUSPID VALVE	Normal, PASP= 10 mmHg
MITRAL VALVE	Normal
PULMONIC VALVE	Normal
AORTIC VALVE	Normal
IAS & IVS	Intact
AORTA	Normal in Size
SYSTEMIC & PULMONARY VEINS	Normally Draining
IVC	Normal
PERICARDIUM	Normal
OTHERS	No Intra Cardiac Thrombus, Tumour or Vegetation

IMPRESSION:

Cardiac Chambers & valves are normal
 No RWMA
 Normal Left Ventricular Systolic Function (LVEF- 60 %)
 Trivial TR ,NO PAH
 No clot vegetation/pericardial effusion



Dr. SUMANJITA BORA, MBBS AMC.PGDCC(Cardiology)
CONSULTANT CARDIOLOGIST

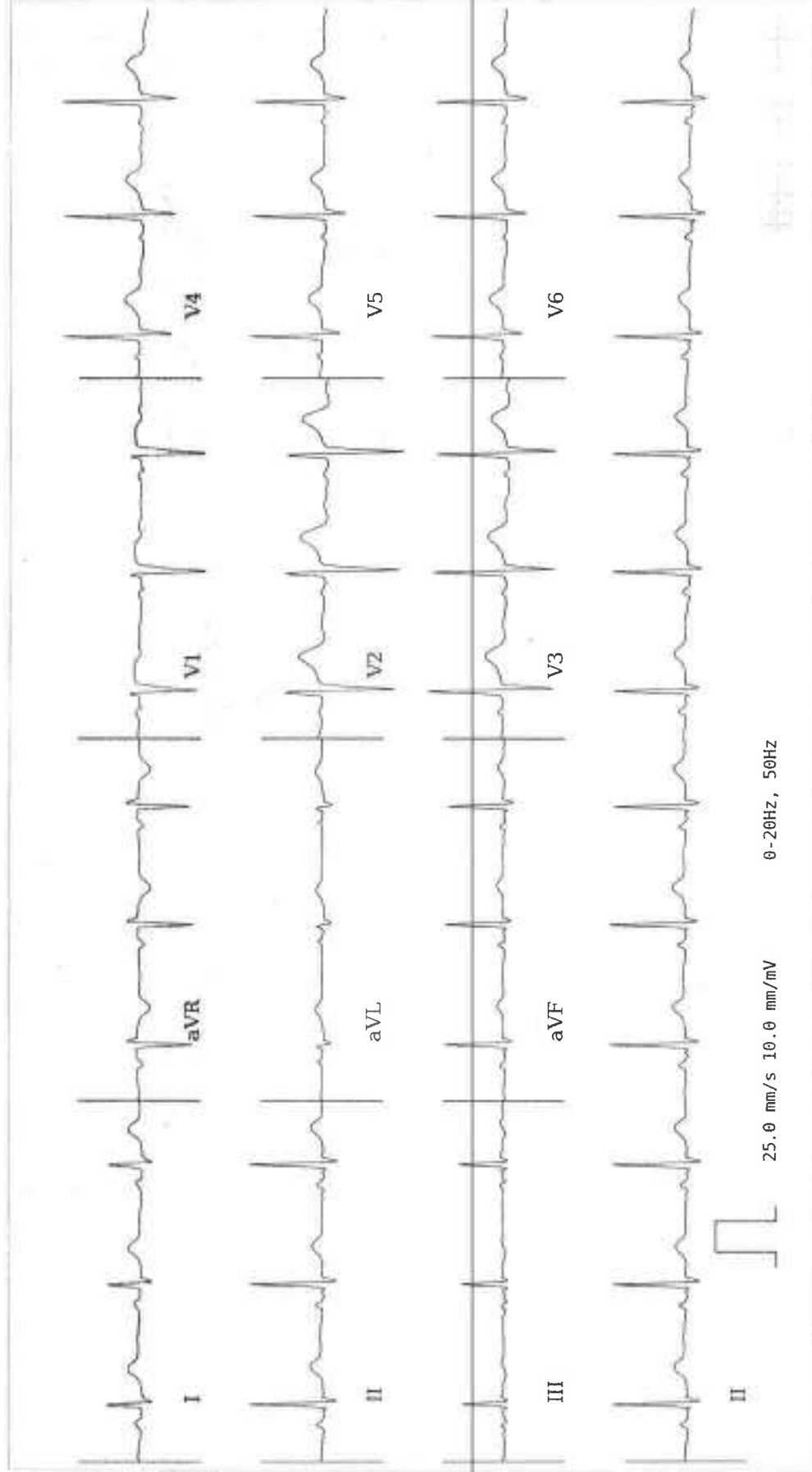




Apollo Clinic, Kaikondrahalli

Age / Gender: 32/Female
Patient ID: IOANA

Date and Time: 9th Nov 24 10:57 AM



25.0 mm/s 10.0 mm/mV 0-20Hz, 50Hz

AR: 77bpm VR: 77bpm QRS: 86ms QT: 374ms QTcB: 423ms PRI: 138ms P-R-T: 33° 69° 33°

ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.

REPORTED BY

Prathima SK

Dr Prathima SK

Disclaimer: Analysis in this report is based on ECG alone and should only be used as an adjunct to clinical history, symptoms and results of other invasive and non-invasive tests and must be interpreted by a qualified physician

आयकर विभाग

INCOME TAX DEPARTMENT

IOANA AMBROSE COUTINHO

AMBROSE JOHN COUTINHO

04/11/1992

Permanent Account Number

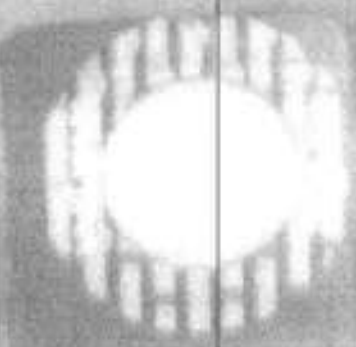
AYKPC8555A

John Ambrose Coutinho

Signature



भारत सरकार
GOVT. OF INDIA



Ioana Ambrose Coutinho

From Ioana Coutinho <coutinhoioana@gmail.com>
Date Sat 09-11-2024 08:12
To Sarjapur Apolloclinic <sarjapur@apolloclinic.com>

JP
EG
image: Ioana pan card.jpg

----- Forwarded message -----

From: <noreply@apolloclinics.info>
Date: Thu, 7 Nov 2024 at 5:18 PM
Subject: Your **appointment** is confirmed
To: <coutinhoioana@gmail.com>
Cc: <sarjapur@apolloclinic.com>, <Irfanali.s@apolloclinic.com>, <syamsunder.m@apollohl.com>

Dear **MS. IOANA AMBROSE COUTINHO**,

Greetings from Apollo Clinics,

Your **corporate health check** appointment is confirmed at **SARJAPUR ROAD** clinic on **2024-11-09 at 08:00-08:15**.

Payment Mode	
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	[ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT]
Package Name	[ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324]

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during

