

Pulge Hitech Health Services Pvt Ltd  
 Borivali (W)  
 Mumbai

Station  
 Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: NILESH SHAH,  
 Patient ID: 49102  
 Height:  
 Weight:

DOB: 29.06.1976  
 Age: 47yrs  
 Gender: Male  
 Race: Asian

Study Date: 01.06.2024  
 Test Type: --  
 Protocol: BRUCE

Referring Physician: --  
 Attending Physician: --  
 Technician: --

Medications:  
 --

Medical History:  
 --

Reason for Exercise Test:  
 --

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:36	0.00	0.00	91	140/90	
	STANDING	00:07	0.00	0.00	90		
	HYPERV.	00:13	0.00	0.00	93		
	WARM-UP	00:20	1.00	0.00	116	140/90	
EXERCISE	STAGE 1	03:00	1.70	10.00	150	150/90	
	STAGE 2	03:00	2.50	12.00	162	160/90	
	STAGE 3	00:15	3.40	14.00	166		
RECOVERY		03:27	0.00	0.00	107	150/90	

The patient exercised according to the BRUCE for 6:14 min:s, achieving a work level of Max. METS: 7.70. The resting heart rate of 93 bpm rose to a maximal heart rate of 166 bpm. This value represents 95 % of the maximal, age-predicted heart rate. The resting blood pressure of 140/90 mmHg, rose to a maximum blood pressure of 160/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation  
 --

Conclusions

No angina, No dyspnoea. No arrhythmias. Normal Heart rate and BP response. ST-T changes seen during exercise and recovery. Stress test is positive for inducible ischemia at workload achieved.

Physician

Technician

*Dr. Shantam V. Lokare*  
**DR. SHANTAM V. LOKARE**  
 M.D. (Med)

CONSULTING PHYSICIAN  
 CARDIOLOGIST  
 DIABETOLOGIST  
 Regd. No. 2007/12/4055

**NILESH SHAH,**

Patient ID: 49102  
 01.06.2024  
 13:27:23

Male  
 47yrs Asian  
 Meds:

Test Reason:  
 Medical History:

Ref. MD: Ordering MD:  
 Technician: Test Type:  
 Comment:

Tabular Summary

BRUCE: Total Exercise Time 06:14  
 Max HR: 166 bpm 95% of max predicted 173 bpm HR at rest: 93  
 Max BP: 160/90 mmHg BP at rest: 140/90 Max RPP: 26560 mmHg\*bpm  
 Maximum Workload: 7.70 METS  
 Max. ST: -2.10 mm, 0.00 mV/s In II; EXERCISE STAGE 3 06:15  
 Arrhythmic: PVC:2  
 ST/HR index: 2.87  $\mu$ V/bpm  
**Reasons for Termination:** Target heart rate achieved  
**Conclusion:** No angina. No dyspnoea. No arrhythmias. Normal Heart rate and BP response. ST-T changes seen during exercise and recovery. Stress test is positive for inducible ischemia at workload achieved.  
 Location Number: \* 0 \*

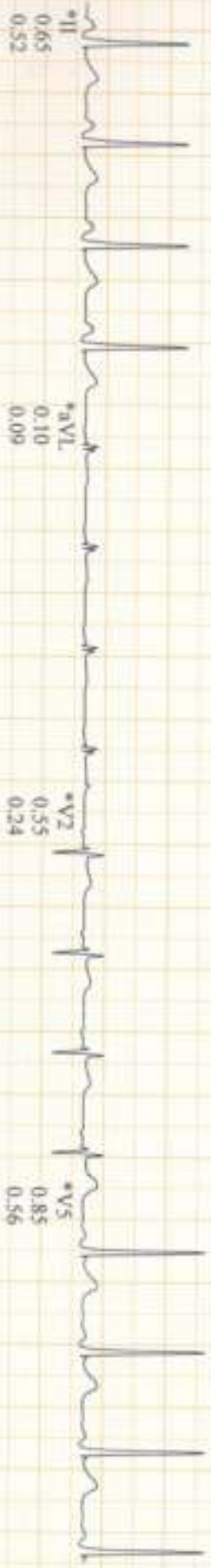
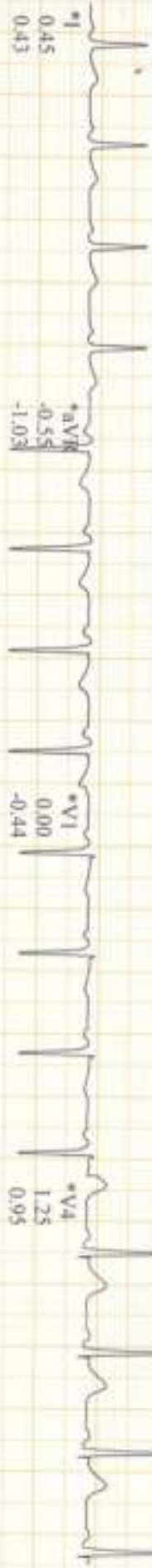
Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (II mm)	Comment
PRETEST	SUPINE	00:36	0.00	0.00	1.0	91	140/90	12740	0	0.65	
	STANDING	00:07	0.00	0.00	1.0	90			0	0.65	
	HYPERV.	00:13	0.00	0.00	1.0	93			0	0.70	
EXERCISE	WARM-UP	00:20	1.00	0.00	1.2	116	140/90	16240	0	0.45	
	STAGE 1	03:00	1.70	10.00	4.6	150	150/90	22500	0	-1.15	
	STAGE 2	03:00	2.50	12.00	7.0	162	160/90	25920	0	-1.70	
RECOVERY	STAGE 3	00:15	3.40	14.00	7.7	166			0	-2.10	
		03:27	0.00	0.00	1.0	107	150/90	16050	0	-0.60	

93 bpm  
140/90 mmHg

PRETTIST  
SUIPINE  
00-34

BRUCE  
0.0 mph  
0.0 %

Lead  
ST Level (mm)  
ST Slope (mV/s)



\*Computer Synthesized Rhythms

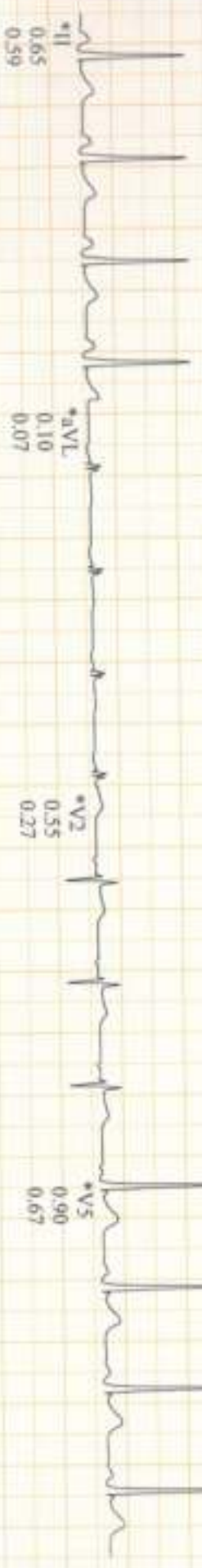
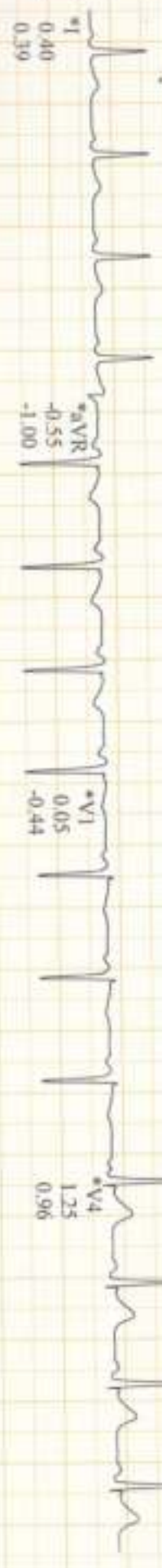
NILESH SHAH,  
Patient ID - 49102  
01.06.2024  
13:28:04

90 bpm  
140/90 mmHg

PRETEST  
STANDING  
00:40

BRUCE  
0.0 mph  
0.0 %

Lead  
ST Level (mm)  
ST Slope (mV/s)

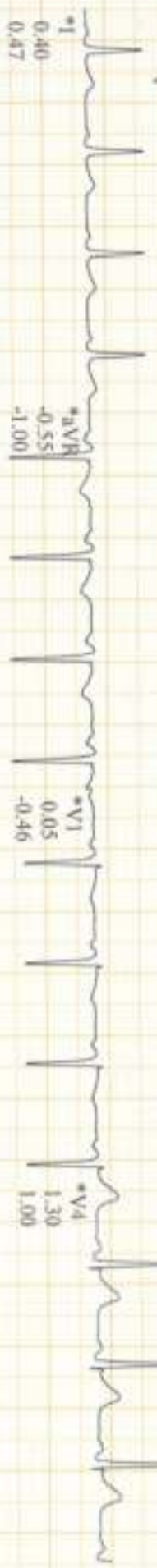


92 bpm  
140/90 mmHg

PRETEST  
HYPERV.  
00:52

BRUCE  
0.0 mph  
0.0 %

Lead  
ST Level (mm)  
ST Slope (mV/s)



\*Computer Synthesized Rhythms

NILESH SHAH,

Patient ID 49102

01.06.2024

13:28:33

Linked Machine

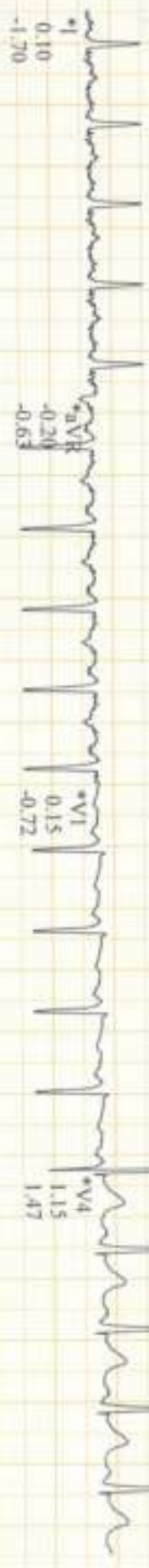
114 bpm  
140/90 mmHg

PRETEST  
WARM-UP  
01:10

BRUCE  
1.0 mph  
0.0 %

Pulse Hitech Health Services Pvt Ltd

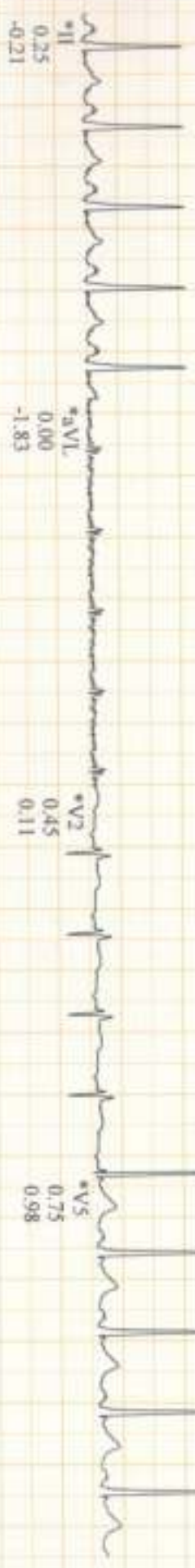
Lead  
ST Level (mm)  
ST Slope (mV/s)



\*aVR

\*V1

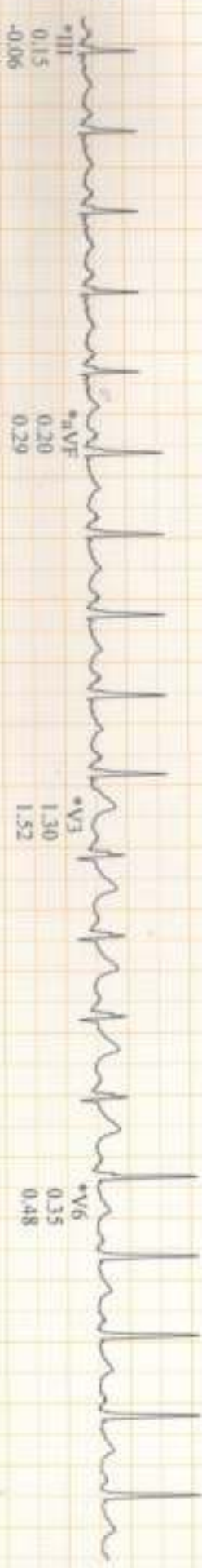
\*V4



\*aVL

\*V2

\*V5



\*aVF

\*V3

\*V6



Raw Data

\*Computer Synthesized Rhythms

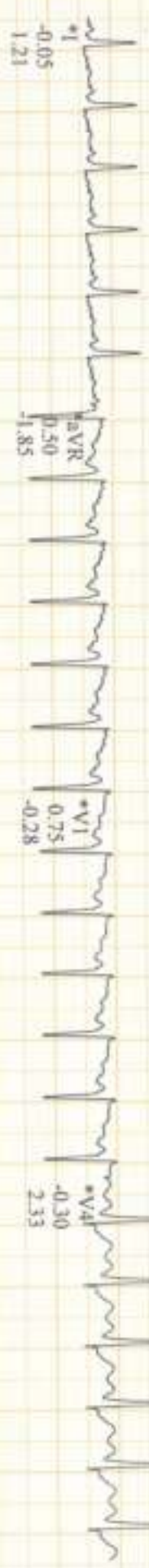
**NILESH SHAH,**  
Patient ID: 49102  
01.06.2024  
13:31:25

150 bpm  
150/90 mmHg

EXERCISE  
STAGE 1  
02:50

HRUC: 1.7 mph  
10.0 %

Lead  
ST Level (mm)  
ST Slope (mV/s)



aVR  
0.50  
-1.85

aVL  
0.75  
-0.28

aVF  
-0.30  
2.33



aVL  
0.50  
0.48

aVF  
0.70  
0.73

aVF  
-0.85  
1.52



aVL  
-1.00  
0.94

aVF  
0.50  
2.31

aVF  
-0.75  
0.73



aVL  
0.50  
0.94

aVF  
0.50  
2.31

aVF  
-0.75  
0.73

Raw Data

\*Computer Synthesized Rhythms

NILESH SHAH,

Patient ID 49102

01.06.2024

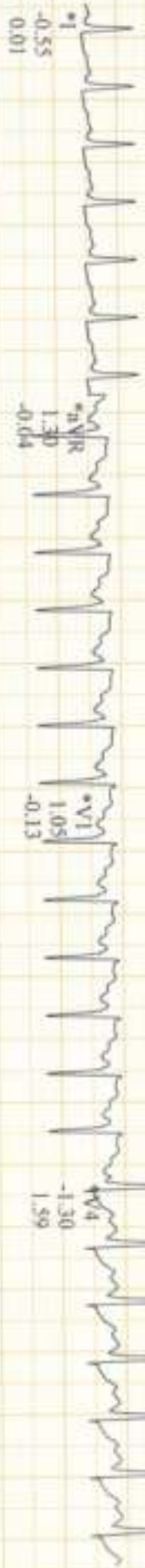
13:34:35

162 bpm  
160/90 mmHg

EXERCISE  
STAGE 2  
05:50

BRUCE  
2.5 mph  
12.0 %

Lead  
ST Level (mm)  
ST Slope (mV/s)





NILESH SHAH,  
Patient ID 49102  
01.06.2024  
13:34:50

Linked Mediums ( PEAR EXERCISE )

Pulse Hitech Health Services Pvt.Ltd

166 bpm

EXERCISE  
STAGE 3  
06:15

BRUCE  
3.4 mph  
14.0 %

Lead  
ST Level (mm)  
ST Slope (mV/s)



Raw Data

\*Computer Synthesized Rhythms

GE CardioSoft V6.73 (3)  
25 mm/s 10 mm/mV 50Hz 0.01Hz FRF + HR(V5, V4)

Start of Test: 13:27:23

Computer Phase 2a

NILESH SHAH,

Patient ID 49102,

01.06.2024

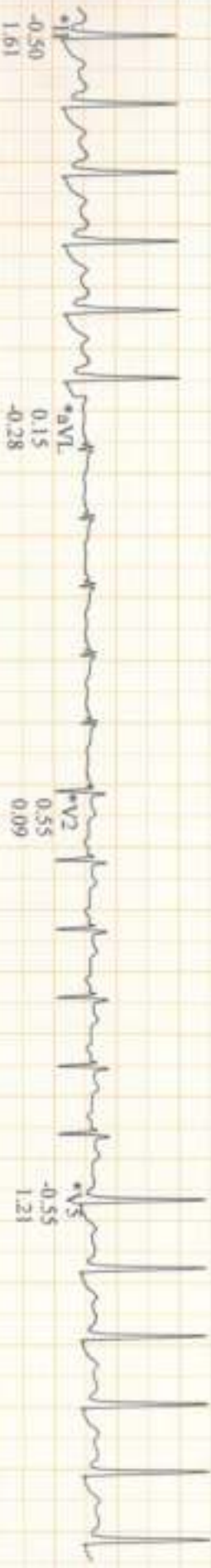
13:35:39

137 bpm  
160/90 mmHg

RECOVERY  
#1  
00:50

BRUCE  
0.0 mph  
0.0 %

Lead  
ST Level (mm)  
ST Slope (mV/s)



Raw Data

\*Computer Synthesized Rhythms

NILESH SHAH,

Patient ID 49102

01.06.2024

13:36:39

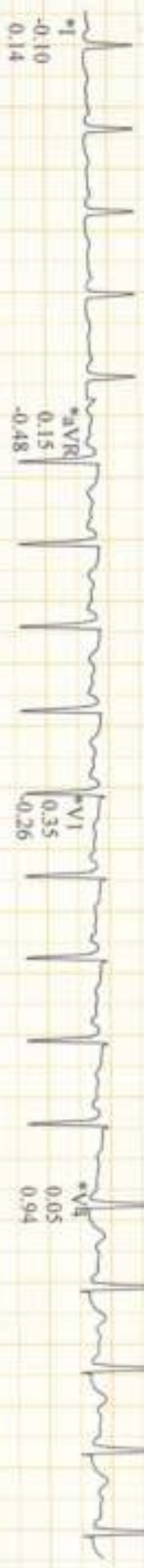
Linked Medication

Pulse HiTech Health Services Pvt Ltd

RECOVERY #1  
113 bpm  
150/90 mmHg  
01:50

BRUCE  
0.0 mph  
0.0%

Lead  
ST Level (mm)  
ST Slope (mV/s)



GE CardioSoft V6.73 (2)  
25 mm/s, 10 mm/mV 50Hz 0.01Hz FRI + HR(V5,V4)

Start of Test: 13:27:23

\*Computer Synthesized Rhythms

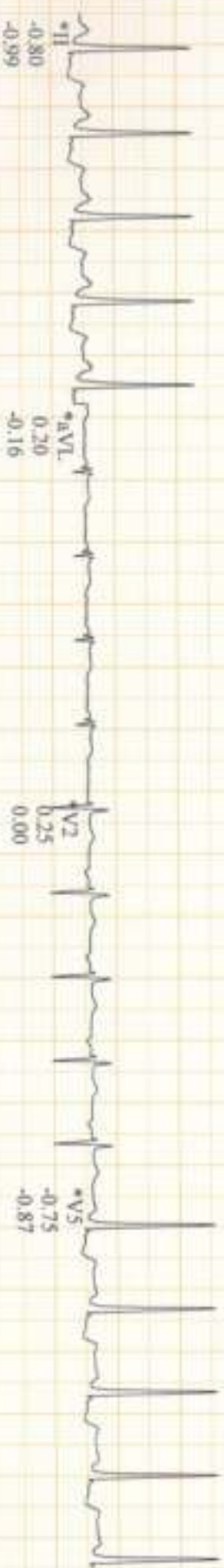
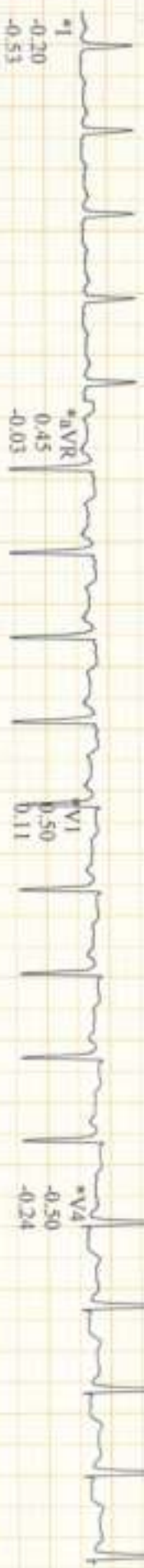
**NILESH SHAH,**  
Patient ID 49102  
01.06.2024  
13:37:39

111 bpm  
150/90 mmHg

RECOVERY #1  
02:50

BRUCE  
0.0 mph  
0.0 %

Lead  
ST Level (mm)  
ST Slope (mV/s)



\*Computer Synthesized Rhythms

Greetings from Apollo!!

Respected Sir/Madam,

Please find corporate HC appointment details scheduled for **01-06-2024** at your **Pulse Radwave Diagnostics Private Limited** Center.

Points to note:-

- Collect photocopy of employee ID proof if health check is through an employer.
- Collect photocopy of personal ID proof if health check is for insurance.
- Collect MER as per package details & that company's format (already shared).
- By 12 noon of appointment date, share Work order number & visit status (Show/No show).
- Upload reports in Adhutam portal as per specifications given earlier.

Corporate/TPA	Agreement Name	Package Name	Package Inclusions	Customer Name
ARCOFEMI HEALTHCARE LIMITED	ARCOFEMI MEDIWHEEL AHC CREDIT PAN INDIA OP AGREEMENT	ARCOFEMI - MEDIWHEEL FULL BODY COMPREHENSIVE AHC AND VITAMIN MALE - TMT - PAN INDIA - FY2324	Urine Routine (CUE), Consultation - Dental, GLUCOSE - SERUM / PLASMA/FASTING AND POST PRANDIAL, Alkaline Phosphatase - Serum/Plasma, CALCIUM - SERUM Blood Grouping And Typing (Abo And Rh), Prostatic Specific Antigen (PSA Total), THYROID PROFILE - (T3, T4 AND TSH), Glycosylated Hemoglobin (HbA1C) - Whole Blood, Vitamin B12 - Serum, Vitamin D3, CARDIAC STRESS TEST - (TMT), ECG, PULMONARY FUNCTION TEST, HEMOGRAM (CBC+ESR), Lipid Profile (all Parameters), LIVER FUNCTION TEST (PACKAGE), Renal Function Test, X-Ray Chest PA, Ultrasound - Whole Abdomen, Height, Weight, BP, BMI, Package Consultation - ENT, Fitness by General Physician, Ophthalm by General Physician, URINE GLUCOSE(FASTING), URINE GLUCOSE(POST PRANDIAL), Dietician consultation, LIVER FUNCTION TEST (LFT) WITH GGT	Nilesh Subhashchandra Shah

**DR. TILAK DEDHIA**  
M.B.B.S.  
REG. No. 2011/07/2287

MER- MEDICAL EXAMINATION REPORT

Date of Examination	01/06/2024	
NAME	Mr. Nilesh. S. Shah	
AGE	47	Gender Male
HEIGHT(cm)	180	WEIGHT (kg) 76 kg
B.P.	130/90 mmHg	
EKG	WNL	
X Ray	Normal	
Vision Checkup	Normal Colour Vision	Reading glasses
Present Ailments	NO	
Details of Past ailments (If Any)	NO	
Comments / Advice : She / He is Physically Fit	He is physically fit	

*Tilak*  
**DR. TILAK DEDHIA**  
 M.B.B.S.  
 REG. No. 2011/07/2287

Signature with Stamp of Medical Examiner

**Nilesh Shah**

**From:** Mediwheel <wellness@mediwheel.in>  
**Sent:** 31 May 2024 14:57  
**To:** Nilesh Shah  
**Cc:** customercare@mediwheel.in  
**Subject:** Health Check up Booking Request(36E1324)



**Mediwheel**  
...Your wellness partner



011-41195959

Dear Nilesh Subhashchandra Shah,

We have received your booking request for the following health checkup

**User Package Name :** Annual Health Checkup Male 45 Above

**Name of Diagnostic/Hospital :** Pulse Radwave Diagnostics

**Address of Diagnostic/Hospital- :** Shop No. 2, Naya Oriental Chs Ltd, Opp. Karnataka Bank, Lic Colony, Borivali West - 400103

**Appointment Date :** 01-06-2024

**Preferred Time :**

**Member Information**

Booked Member Name	Age	Gender
Nilesh Subhashchandra Shah	47 year	Male

**Tests included in this Package**

- Urine analysis
- Blood Group
- Calcium
- CBC
- HbA1c
- Lipid Profile
- Kidney Profile
- Liver profile
- Blood Glucose (Post Prandial)
- Prostate Specific Antigen (PSA Male)
- Phosphatase
- Thyroid Profile
- Vitamin B12
- Vitamin D
- Urine Sugar Fasting

*Tilak*

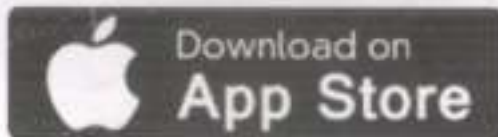
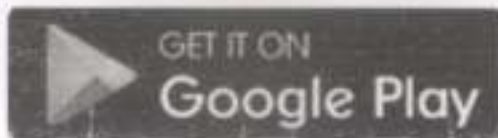
**DR. TILAK DEDHIA**  
M.B.B.S.  
REG No. 2011/07/2287

- Urine Sugar PP
- ESR
- Blood Glucose (Fasting)
- Pulmonary function test (PFT)
- TMT OR 2D ECHO (Any 1) Chosen By Candidate
- Chest X-ray
- ECG
- USG Whole Abdomen
- Dietician Consultation
- Eye Check-up consultation
- Ent Consultation
- Dental Consultation
- General Physician Consultation
- Bmi-Check

Thanks,

Mediwheel Team

Please Download Mediwheel App



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**DR. TILAK DEDHIA**  
M.B.B.S.  
REG No. 011/07/2287



भारत सरकार  
GOVERNMENT OF INDIA



नितेश सुभाषचंद्र शाह  
Nitesh Subhashchandra Shah  
DOB: 25-06-1976  
Gender: Male



6280 4505 6218

अध्यापक - आम आदमी का अधिकार

*Handwritten signature*

*Tilak*  
**DR. TILAK DEDHIA**  
M.B.B.S.  
REG. No. 2011/07/2287

भारतीय विशिष्ट पहचान प्राधिकरण  
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

S/O: सुभाषचंद्र विठ्ठलराव शाह,  
E/402 प्रेम सागर कॉमplex फ्लॉटिंग  
लॉन्गवर्दी, प्रेम नगर एम सी एफ  
उद्योग रोड, प्रेम नगर नं 4,  
बोरिवली हा, मुंबई,  
महाराष्ट्र, 400091

Address:  
S/o: Subhashchandra Vitthalrao  
Shah, E/402 Prem Sagar Cln, M C F  
Udyog Road, Prem Nagar No 4,  
Borivali Ha, Mumbai, Mumbai,  
Maharashtra, 400091



Tilak 2011 2287
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Helpline No: 1342, Mumbai 400 001

DR. TILAK DEDHIA  
M.B.B.S.  
REG. NO. 2011/07/2287

**JM FINANCIAL**



**Nilesch Subhashchandra Shah**

Code : 23633 Blood Group : B+

Date of Birth : 29-Jun-76 Joining Date : 07-Mar-2

Department : Equity Broking Group

Phone No : 8775914283/022-67040404

Designation : Senior Executive - Dealer

5th Floor, Energy, Appasaheb Manihe Marg,  
Prabhadevi, Mumbai - 400025

*[Signature]*  
Authorized Signatory

Date of issue: 08-03-2023

*Tilak*  
**DR. TILAK DEDHIA**  
M.B.B.S.  
REG. No. 2011/07/2287

*[Signature]*