

**HEALTH CHECK UP**

Name : Sandeep Malik

Date : 16-2-24

Age : 38y

Sex : Male / Female

Marital status : Married / Single

**PERSONAL HISTORY**

Habits : Smoking / Tobacco & Snuff / Alcohol

Drug allergy if any : .....

Medical : .....

Surgical : .....

Height ..... cm Weight ..... Kg. BP..... Pulse .....

Vision : Rt ..... Lt ..... With Spectacles ..... Rt. .... Lt. ....

Colour Vision : Normal / Abnormal Near Vision .....

**FAMILY HISTORY**

Father ..... Mother ..... Siblings .....

CVS : Heart Sound ..... Normal Murmurs ..... Absent Thrills ..... Absent

RS : Rate ..... /mt Breath sounds ..... Normal Adventitious ..... Absent

ABDOMEN : Tenderness ..... Absent Rigidity ..... Absent Bowel sound ..... Normal

Liver ..... NAD Kidney ..... NAD Hernia ..... Absent

CNS : Cranial Nerves ..... NAD Sensory System..... NAD Motor System..... NAD

ENT ..... NAD

Remarks

**Dr. Bharti Jeswani**  
MBBS

**Dr. Seema Kale**  
MBBS, MD

**Dr. S. K. Suri**  
MBBS

**Dr. Meenakshi**  
MBBS

HOME SAMPLE COLLECTION FACILITY AVAILABLE

Licensee : Bharti Medicare Pvt. Ltd. The Apollo Clinic, C-70, Major Sudesh Kumar Marg, Opp. Madhav Park, Near Main Market, Rajouri Garden, New Delhi-110 027  
Phone : (011) 2591 8222 / 8333 / 8444, 9811061009, E-mail : rajourigarden@theapolloclinic.com, Website : www.apolloclinicrajourigarden.com

MSME UAM NO. : DL11E0021531

# Health Check up Booking Request(bobS16993)



Mediwheel  
to me, customercare

Tue, Mar 19, 3:38 PM (7 days ago)

Reply



011-41195959

Dear Apollo Clinic Bharti Medicare Pvt. Ltd.

We have received a booking request with the following details. Provide your confirmation by clicking on the Yes button.

**You confirm this booking?**  Yes  No

Name : MR. MALIK SANDEEP

Contact Details : 8160722650

Hospital Package Name : Mediwheel Full Body Health Checkup Female Below 40

Location : C70, Opp. Madhav Park, Major Sudesh Kumar Marg - 110027

Appointment Date : 26-03-2024

Member Information		
Booked Member Name	Age	Gender
Neeru ratho	38 year	Female

## Tests included in this Package -

- Pap Smear
- Stool Test
- Gynae Consultation
- Thyroid Profile
- ESR
- Blood Glucose (Fasting)
- General Physician Consultation
- TMT OR 2D ECHO
- Blood Group
- Blood Glucose (Post Prandial)
- Chest X-ray
- ECG
- USG Whole Abdomen
- Eye Check-up consultation
- Urine Sugar Fasting
- Urine Sugar PP
- Dental Consultation
- Urine analysis
- CBC
- HbA1c
- Lipid Profile
- Kidney Profile
- Liver profile

Thanks,  
Mediwheel Team  
Please Download Mediwheel App

Name : MR SANDEEP MALIK  
Ref

Age/sex: 38 YRS/M  
Date 26/03/2024

**TMT (Tread Mill / Stress Test)**

**Result :** The pre exercise ECG was normal with no significant ST-T segment changes. During peak exercise & recovery there were no significant ST-T change seen. Person could exercise for 06 min. 11 sec on the Bruce protocol & achieved a workload of 15.11 mets.

He/She attained a peak heart rate of 158 beats/minute which is 86 % of the predicted maximum heart rate. The exercise was terminated owing to THR. There was no classical angina and no arrhythmia. Clinically the blood pressure response was normal [150/80] and there was no S3 S4 gallop in the recovery period.

**IMPRESSION: -** NORMAL EXERCISE TOLERANCE.  
NORMAL HEMODYNAMIC RESPONSE.  
TMT IS NEGATIVE FOR PROVOCABLE  
ISCHAEMIA

  
Dr. SEEMA KALE MD  
SEN. PHYSICIAN

Patient Name : Mr. Sandeep Malik  
 UHID/MR No. : FRAJ.0000244557  
 Visit Date : 26-03-2024 11:29  
 Sample Collected on : 26-03-2024 11:41  
 Sample No : WHB1385985  
 Ref Doctor : SELF  
 Emp/Auth/TPA ID : juui654  
 Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 38Y/Male  
 OP Visit No : FRAJOPV120112  
 Reported on : 26-03-2024 15:57  
 Specimen : Whole Blood (Edta)  
 Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>COMPLETE BLOOD COUNT</b>			
Hb (Haemoglobin) Method: Non Cyanide	14.3	13 - 18	gm/dl
PCV/Haematocrit Method: RBC pulse height detect	45.3	40 - 50	%
ESR. Method: Westergren's Method	09	0 - 20	mm/1st Hr
TLC Method: DC Detection Method	5200	4000 - 10000	/cumm.
RBC COUNT. Method: DC Detection Method	4.8*	5 - 6	Million/cmm
PLATELET COUNT Method: DC Detection Method	2.03	1.5 - 4.1	lakh/cumm.
MCV Method: Derived	93.9	77 - 98	fl
MCH Method: Derived	29.7	27 - 32	pg
MCHC Method: Derived	31.6	31.5 - 34.5	gm/dl
NEUTROPHIL Method: Microscopy	55	40 - 70	%
LYMPHOCYTE Method: Microscopy	37	20 - 40	%
EOSINOPHIL Method: Microscopy	05	1.0 - 6.0	%
MONOCYTE Method: Microscopy	03	2.0 - 10.0	%
<b>BLOOD GROUP AND RH TYPE</b>			
ABO Group	O		
RH	Positive		

End of the report

Results are to be correlated clinically

Lab Technician / Technologist  
Yogita

Dr. Prashant Purwar  
MBBS, DCP  
Consultant Pathologist

CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.  
 ALL THE CONGENITAL ANAMOLIES IN THE FETUS MAY NOT BE DIAGNOSED IN ULTRASONOGRAPHY. • THIS REPORT IS NOT VALID FOR MEDICOLEGAL PURPOSE.

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MSME UAM NO. : DL11E0021531

**Patient Name** : Mr. Sandeep Malik  
**UHID/MR No.** : FRAJ.0000244557  
**Visit Date** : 26-03-2024 11:29  
**Sample Collected on** : 26-03-2024 11:41  
**Sample No** : PLF1326747  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : juui654  
**Sponsor Name** : MEDIWHEELS HEALTH CARE

**Age / Gender** : 38 Y/Male  
**OP Visit No** : FRAJOPV120112  
**Reported on** : 26-03-2024 17:32  
**Specimen** : Plasma(Fluoride)  
**Pres Doctor:** :


**DEPARTMENT OF LABORATORY MEDICINE**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>GLUCOSE - ( FASTING )</b>			
GLUCOSE - ( FASTING ) Method: (GOD-POD).	85	70 - 110	mg/dL
<b>GLUCOSE - ( POST PRANDIAL )</b>			
GLUCOSE - ( POST PRANDIAL ) Method: (GOD-POD)	115	70-140	mg/dl
<b>GLYCOSYLATED HEMOGLOBIN (HBA1C)</b>			
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD Method: BORONATE AFFINITY	5.4	4.2 - 6.0	%
<b>LIPID PROFILE TEST (PACKAGE)</b>			
CHOLESTEROL Method: CHOD - PAP	180	Desirable < 200 Borderline High : 200-239 High : > 240	mg/dl
Triglyceride Method: GPO-PAP	113	50-200	mg/dl
HDL Method: DIRECT	53.1*	30 - 50	mg/dl
LDL Method: DIRECT	104.3*	60 - 100	mg/dl
VLDL Method: Calculated	22.6	<40	mg/dl
CHOLESTEROL / HDL RATIO Method: Calculated.	3.3	0 - 4.5	mg/dl
<b>Thyroid Profile 2(Free T4, Free T3 And TSH)</b>			
Free T3	4.1	3.2 - 5.9	pmol/l
Free T4	13.8	10.6 - 21.0	pmol/l
TSH	1.4	0.38 - 5.0	uIU/ml

**End of the report**

*Results are to be correlated clinically*

  
 Technician / Technologist  
 kash

  
**Dr. Prashant Purwar**  
 MBBS, DCP  
 Consultant Pathologist

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Patient Name : Mr. Sandeep Malik  
 UHID/MR No. : FRAJ.0000244557  
 Visit Date : 26-03-2024 11:29  
 Sample Collected on : 26-03-2024 11:41  
 Sample No : SR01886168  
 Ref Doctor : SELF  
 Emp/Auth/TPA ID : juui654  
 Sponsor Name : MEDIWHEELS HEALTH CARE



Age / Gender : 38 Y/Male  
 OP Visit No : FRAJOPV120112  
 Reported on : 26-03-2024 17:34  
 Specimen : Serum  
 Pres Doctor :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>LIVER FUNCTION TEST (PACKAGE)</b>			
BILIRUBIN - TOTAL. Method: Jendrassik	0.92	0.1 - 1.3	mg/dl
Bilirubin (Direct)-Serum Method: Diazo.	0.29	0 - 0.3	mg/dl
A/G Method: Calculated	1.5	1.0 - 2.0	
BILIRUBIN - INDIRECT. Method: Calculated.	0.63	<1.1	mg/dl
SGOT /AST Method: IFCC (With P5P)	28.2	0 - 35	U/L
SGPT/ALT Method: IFCC (With P5P)	44.1	0 - 45	U/L
ALKALINE PHOSPHATE Method: AMP BUFFER	81.1	30 - 117	U/L
GGT. Method: SZAZ	32.9	10 - 50	U/L
TOTAL PROTEIN Method: Biuret	7.5	5.8-8.0	g/dl
ALBUMIN Method: BCG	4.6	3.7-5.2	g/dl
GLOBULIN Method: Calculated	2.9	2.5 - 3.5	mg/dL

End of the report

Results are to be correlated clinically

Lab Technician / Technologist  
Rakesh

Dr. Prashant Purwar  
 MBBS, DCP  
 Consultant Pathologist

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MSME UAM NO. : DL11E0021531



Patient Name : Mr. Sandeep Malik  
UHID/MR No. : FRAJ.0000244557  
Visit Date : 26-03-2024 11:29  
Sample Collected on : 26-03-2024 11:41  
Sample No : SR01886168  
Ref Doctor : SELF  
Emp/Auth/TPA ID : juui654  
Sponsor Name : MEDIWHEELS HEALTH CARE

**Apollo Clinic**  
Expertise. Closer to you.

Age / Gender : 38Y/Male  
OP Visit No : FRAJOPV120112  
Reported on : 26-03-2024 17:35  
Specimen : Serum

Pres Doctor: :

DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
KFT - RENAL PROFILE-SERUM			
UREA Method: Urease	27.4	10-50	mg/dl
Creatinine Method: Jaffe	0.93	0.5 - 1.3	mg/dl
Uric Acid Method: Uricase	3.9	3.5 - 7.2	mg/dl
Sodium(Na) Method: ISE	136.6	136 - 142	mmol/L
Potassium(K) Method: ISE	4.0	3.8 - 5.0	mmol/L
Chloride(Cl) Method: ISE	101.9	95 - 103	mmol/L
Calcium Method: OCPC	9.7	9.2 - 11.0	mg/dl
Phosphorus Method: Molybdate UV	2.4	2.3 - 4.7	mg/dl

End of the report

Results are to be correlated clinically

Lab Technician / Technologist  
Laksh

Dr. Prashant Purwar  
MBBS, DCP  
Consultant Pathologist

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MSME UAM NO. : DL11E0021531

**Patient Name** : Mr. Sandeep Malik  
**UHID/MR No.** : FRAJ.0000244557  
**Visit Date** : 26-03-2024 11:29  
**Sample Collected on** : 26-03-2024 11:41  
**Sample No** : UR1041681  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : juui654  
**Sponsor Name** : MEDIWHEELS HEALTH CARE

**Age / Gender** : 38Y/Male  
**OP Visit No** : FRAJOPV120112  
**Reported on** : 26-03-2024 15:35  
**Specimen** : Urine  
**Pres Doctor:** :

**DEPARTMENT OF LABORATORY MEDICINE**

**URINE ROUTINE EXAMINATION**

**URINE EXAMINATION TEST REPORT**

Test Name	Observed Value	Unit	Reference Range
<b>Urine R/M Examination</b>			
Quantity	30		
Colour	Pale Yellow	ml.	
Transparency	Clear		Pale Yellow
Urine Specific Gravity	1.020		Clear
Dipstick			1.005 - 1.030
pH	6.5		
Dipstick / pH paper			5.5 - 7.5
<b>Chemical Examination</b>			
Protein	Nil		
Dipstick/Heat & acetic acid			Nil
Sugar	Nil		
Dipstick/Benedicts reagent			Nil


**Microscopic Examination**

Pus Cells	2-3		
RBC'S	Nil	/HPF	1-2
Casts	Nil	/HPF	Nil
Crystals	Nil	/HPF	Nil
Epithelial Cells	Occasional		Nil
Bacteria	Nil	/HPF	1-2
		/HPF	Nil

**End of the report**

*Results are to be correlated clinically*

Lab Technician / Technologist  
 Dr. Prashant

  
 Dr. Prashant Purwar  
 MBBS, DCP  
 Consultant Pathologist



1014ZA  
RAJOURI GARDEN

Mr. SANDEEP MALIK  
Age/Sex : 38/M

ID : 86  
HWT : /  
Recorded : 26-3-2024 11:28

TREADMILL TEST SUMMARY REPORT  
Protocol: BRUCE  
History:

Ref by : 3  
Indication 1 :  
Indication 2 :  
Indication 3 :

Medication 1 :  
Medication 2 :  
Medication 3 :

PHASE	PHASE TIME	STAGE TIME	SPEED (Km./Hr.)	GRADE (%)	H.R. (BPM)	B.P (mmHg)	RPP X100	II	ST LEVEL (mm) V2	V5	METS
SUPINE	0:04	0:04			84	120/80	100	0.2	1.7	0.6	
HYPERVENT					79	120/80	94	0.6	2.1	1.2	
STAGE 1	1:34	1:34	2.70	10.00	95	120/80	114	1.2	2.7	1.8	2.52
STAGE 2	2:53	1:15	4.00	12.00	108	130/80	140	1.3	2.7	1.7	5.76
STAGE 3	4:25	1:29	5.40	14.00	122	140/80	170	1.0	2.4	1.9	8.54
STAGE 4	5:32	1:01	6.70	16.00	144	150/80	216	0.9	1.8	1.6	11.36
STAGE 5	6:07	0:29	8.00	18.00	156	150/80	234	1.1	2.7	2.4	14.97
PEAK EXER	6:11	0:33			158	150/80	237	1.1	2.7	2.4	15.11
Angina	2:24	2:24	0.00	0.00	82	130/80	106	0.3	2.0	0.6	

**RESULTS**

Exercise Duration : 6:11 Minutes  
Max HeartRate : 158 bpm 86 % of target heart rate 182 bpm  
Max Blood Pressure : 150/80 mmHg  
Max Work Load : 15.11 METS  
Reason of Termination :

**IMPRESSIONS**  
GOOD EFFORT TOLERANCE. NORMAL IONOTROPIC AND CHRONOTROPIC RESPONSE.  
NO ANGINA/ARRYTHMIAS/SLV DYSFUNCTION. NO SIGNIFICANT ST CHANGES AT PEAK OF TEST.  
TEST IS NEGATIVE FOR EXERCISE INDUCED REVERSABLE ISCHEMIA.

**RAJOURI GARDEN**  
Rajouri Garden  
Dr. Seema Kale  
M.D.  
DINIC No. 14927

DR SEEMA KALE

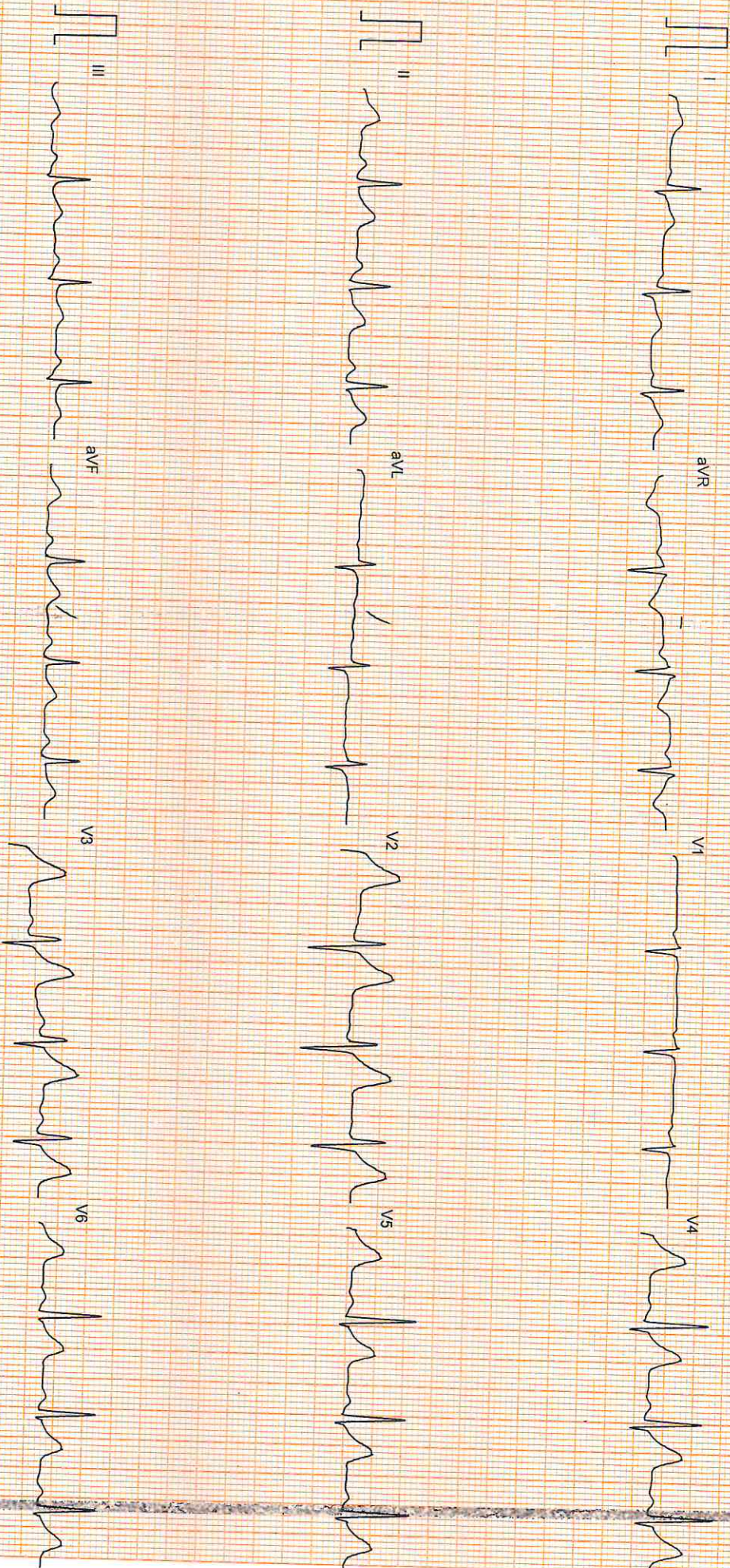
MR. SANDEEP MALIK  
I.D. : 86  
AGE/SEX : 38/M  
RECORDED : 26-3-2024 11:28

RATE : 84 BPM  
B.P. : 120/80 mmHg

I014ZA,  
SUPINE  
PRETEST

ST @ 10mm/mV  
80ms PostU

RAW E.C.G.



Patient Name : MR.Sandeep Malik

Age/Sex : 38Y/M

Pres Doctor :

Ref.by :

MR No : FRAJ0000

Visit No : FRAJOPV

Bill Date : 26.03.2024

Report Date : 26.03.2024

**X-RAY CHEST PA VIEW**

- Both lungs fields do not show any active parenchymal lesion.
- Both costophrenic angles are normal.
- B/L hila appear normal in size & density.
- Both domes of diaphragm are normal.
- Cardiac silhouette appears normal.
- Visualised soft tissues and bony cage appear normal.

**IMPRESSION:- NORMAL STUDY.**

To be correlate clinically.

**Dr. Rahul Gera**  
Consultant Radiologist.

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**MSME UAM NO. : DL11E0021531**

Patient Name	: Mr. Sandeep Malik	MR No	: FRAJ.0000244557
Age/Sex	: 38 Y/M	Visit No	: FRAJOPV120112
Pres Doctor	:	Bill Date	: 26-03-2024 11:31
Ref.by	: SELF	Report Date	: 26-03-2024 20:14

**ULTRASOUND WHOLE ABDOMEN**

**LIVER:** Liver is normal in shape, size and echotexture. No focal intra-hepatic lesion detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

**GALL BLADDER:** Gall bladder is well visualized. Its wall thickness is normal. No calculus or mass lesion is seen in gall bladder. Common bile duct is normal (not dilated).

**PANCREAS:** Pancreas appears normal in size and echopattern.

**SPLEEN:** Spleen appears normal in size and echopattern.

**KIDNEYS:** Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No calculus / hydronephrosis seen.

Visualised parts of retroperitoneum do not show any lymphadenopathy.

**URINARY BLADDER:** Urinary bladder is well distended and shows clear contents.

**PROSTATE:** Prostate is normal in shape, size and echotexture.

No free fluid detected.

**IMPRESSION:- NORMAL STUDY**

To be correlate clinically.

Dr. Shailza Minocha *Shailza Minocha*  
Consultant Radiologist.

**Disclaimer:** Renal calculi less than 5mm could be missed on an Ultrasound. NCCT KUB is the modality of choice for the same.