

Name : Mr. ANJAN DHAK (51 /M)

Date : 28/09/2024

Address :

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AMHL.0002428743

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

AHC No : AMHLAH219876



CHIEF COMPLAINTS

For corporate health checkup
C/O Urticarial eruptions, under care of
Dermatologist

PRESENT KNOWN ILLNESS

No history of - Hypertension, Thyroid disorder, Heart disease, Stroke, Asthma
Diabetes mellitus - type 2; Since - 6 yrs; Medication - regular
Dyslipidaemia Medication - stopped without medical advice



DRUG ALLERGY

NO KNOWN ALLERGY

:28/09/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Symptoms - acidity, bloating;
Bowel habits - regular; Piles - no

Genitourinary system

- Nil Significant

Eyes

Vision - normal with glasses

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
- Nil Significant

Skin

- allergic rash



Present medications

- Gluconorm SR 500
Dazit 10



Past medical history

Do you have any allergies? - Yes
Do you have any drug allergies? - No
Covid 19 - Yes
Hospitalization for Covid 19 - No



Surgical history

Umbilical hernia repair - 2023



Personal history

Marital status - Married
No. of children - 1
Diet - Non Vegetarian
Alcohol - consumes alcohol occasionally
Smoking - Yes
Type - Cigarette
Number - 5
Frequency - daily
Chews tobacco - No
Physical activity - Mild



Family history

Father - has expired
Mother - has expired
Coronary artery disease - father
Cancer - None

PHYSICAL EXAMINATION



General

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Build - over weight
Height - 166
Weight - 81
BMI - 29.39
Pallor - No
Oedema - no

 **Cardiovascular system**

Heart rate (Per minute) - 66
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 105
Diastolic(mm of Hg) - 75
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No
Tenderness - No

 **Skin**

- No significant finding

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6P LE:6/6P
BCVA:RE:N6P LE:N6P
OCULAR MOVEMENT:
WNL ANT.SEG: WNL
ACCPT:SPECTACLE PWR
RE:+0.50/+0.50X155*(6/6)
LE:+0.50/-0.50X75*(6/6)
ADD(BE):+2.25DSPH (N6)
ADVICE:*Glass Rx.*Review
after 1yr/SOS

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	15.3	g/dl	●	13.0-17.0
RBC COUNT	5.22	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	45.8	%	●	41-53
MCV	87.8	fl	●	83-101
MCH	29.3	pg	●	27-32
MCHC	33.4	%	●	31.5-34.5
RDW	14.8 *	%	●	11.8-14.0
WBC Count	9500	/cu mm	●	4000-10000
Platelet Count	1.61	lacs/cu mm	●	1.5-4.0
Neutrophils	60	%	●	40-80
Lymphocytes	28	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	05	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	2	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			

Casts: Not Found
Crystals: Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	28	U/L	●	0-50
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	90	U/L	●	43-115
AST (SGOT) - SERUM	19	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	0.4	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	233 *	mg/dL	●	0-200
Non-HDL Cholesterol	196			

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8 *	mg/dL	●	0.9-1.3

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	29	U/L	●	0-55

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	105 *	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	135	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.4 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TC/HDL-C ratio serum	6 *		●	Optimal<3.5
HDL CHOLESTEROL - SERUM	37	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	173 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	23	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.7		●	1.0-2.0

GLOBULIN: (CALCULATED) - SERUM	2.7	g/dL	●	1.8-3.6
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THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.53	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	9.29	µg/dL	●	5.48-14.28

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	170 *	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.06	µIU/mL	●	0.38-5.33

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.2	mg/dL	●	2.6-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.41	ng/mL	●	0.00-6.50

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.8	mg/dL	●	7.0-18.0

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
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BUN/CREATININE RATIO 12.2

ECG

SINUS RHYTHM.
ST ELEVATION, PROBABLY DUE TO EARLY
REPOLARIZATION

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE
MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade I fatty liver.

[NOTE: At times pelvic structures are not well visualized
due to inadequate patient preparation / excess bowel gas
shadow. However suggested clinical correlation and
other investigations if clinically
indicated.]

Dr. SATYAM MISHRA
DNB RESIDENT
In Consultation with

DR. DEBASISH DATTA
DMRD (RADIODIAGNOSIS) CONSULTANT
RADIOLOGIST Reg. No. 42727 (WBMC)

X-RAY CHEST PA

* No significant abnormality detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Biochemistry

A/G - RATIO



Within Normal Range



Borderline High/Low



Out of Range

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Dr.SUCHISMITA BHAUMIK
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.