



Balaji Medical Centre

An ISO 9001 : 2015 Accredited Organization

✉: info@balajimedicalcentre.com / dr@balajimedicalcentre.com

CHENNAI : Old No.18, New No.4, Jagadeeswaran Street, T.Nagar, Chennai - 600 017. INDIA. ☎: +91 044-2436 4651 / 52 / 53
 No.38, Manikodi Srinivasan Nagar Main Road, Rajiv Gandhi Salai, Perungudi, Chennai - 600 096. INDIA. ☎: +91 044-2986 5513 / 14
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KOCHI : No.42, / 1898, Old Railway Station Road, Ernakulam North, Kochi - 682 018. INDIA. ☎: +91 0484-2395006 / 07 / 08
VIZAG : Door No.39-11-63/4-1, Murali Nagar, Visakhapatnam, Andhra Pradesh - 530 007. INDIA. ☎: +91 0891-2710299 / 399
MANGALORE : Shop No.5, Door No.1-65/31, Kullur-Kavoor, Airport Road, Vivek Nagar, Panjimogaru, Mangalore - 575 013. INDIA. ☎: +91 0824-2972719 / 20



Patient : **Mr. ARUN**
 Age / Sex : 41 Y / Male
 Referrer : INSURANCE
 Branch : BMC-KOCHI

DOB : 23-10-1982

SID No. : 03001917
 Coll Date & Time : 15/01/2024 09:46:20
 Report Date & Time : 15/01/2024 12:26:52

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| TEST NAME | RESULT | REFERENCE RANGE | UNITS | METHOD |
|-----------|--------|-----------------|-------|--------|
|-----------|--------|-----------------|-------|--------|

BIOCHEMISTRY

HbA1C - Glycosylated Haemoglobin

Specimen: EDTA Whole Blood

| | | | | |
|--|------|---|-------|----------------------------|
| HbA1c (Glycosylated Haemoglobin) | 5.1 | Non Diabetic Adults : less than 5.7 Prediabetes : 5.7 - 6.4 Diagnosing Diabetes : 6.5 or higher | % | HPLC |
| eAG (Estimated Average Glucose) | 100 | | mg/dL | Calculation |
| GLUCOSE, FASTING Specimen: Fluoride plasma | 110 | Normal : 70 - 110 Impaired Fasting Glucose : 110 - 125 High : > 126 | mg/dL | Hexokinase |
| UREA Specimen: Serum | 22.0 | 13 - 43 | mg/dL | EIA |
| BUN (BLOOD UREA NITROGEN) Specimen: Serum | 11.0 | 6.0 - 20.0 | mg/dL | EIA |
| CREATININE Specimen: Serum | 1.20 | 0.70 - 1.20 | mg/dL | Jaffe Without Compensation |
| URIC ACID Specimen: Serum | 5.2 | 3.5 - 7.2 | mg/dL | Uricase-PAP |
| TOTAL PROTEIN Specimen: Serum | 7.0 | 6.0 - 8.3 | g/dL | Biuret |

"HEALTHIER MARINERS TOWARDS A WEALTHIER NATION"



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|--|-------------|-----------------|-------|--------|
| BILIRUBIN DIRECT Specimen: Serum | 0.40 | <0.4 | mg/dL | DCA |
| BILIRUBIN TOTAL Specimen: Serum | 2.30 | 0.3 - 1.2 | mg/dL | DCA |
| ALBUMIN Specimen: Serum | 4.5 | 3.5 - 5.2 | g/dL | BCG |
| GLOBULIN | 2.5 | 2.5 - 3.5 | g/dL | |
| SGOT (AST) Specimen: Serum | 30 | <50 | U/L | IFCC |
| SGPT (ALT) Specimen: Serum | 34 | <50 | U/L | IFCC |
| ALKALINE PHOSPHATASE Specimen: Serum | 73 | 30 - 150 | U/L | IFCC |
| A/G RATIO Specimen: Serum | 1.8 | 1.2 - 2.2 | | |
| GAMMA GT Specimen: Serum | 35 | 9 - 52 | IU/L | IFCC |

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| TOTAL CHOLESTEROL Specimen: Serum | 158 | Desirable : < 200 Borderline High : 200 - 239 High : > 240 | mg/dL | CHOD-PAP |
| TRIGLYCERIDES Specimen: Serum | 138 | Normal : < 150 Borderline High : 150 - 199 High : 200 - 499 Very High : > 500 | mg/dL | Lipase/Glycerol kinase |
| HDL CHOLESTEROL Specimen: Serum | 42 | 40 - 60 | mg/dL | Direct Immuno Inhibition |
| LDL-CHOLESTEROL Specimen: Serum | 88 | Optimal : < 100 Near Optimal : 100 - 129 Borderline high : > 130 High risk > 160 | mg/dL | Calculation |
| VLDL CHOLESTEROL Specimen: Serum | 28 | Upto 30 | mg/dL | Calculation |

HAEMATOLOGY

BLOOD GROUP & RH FACTOR

Specimen: EDTA Whole Blood

BLOOD GROUP

O

Slide agglutination

Rh FACTOR

Positive

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| ESR(Erythrocyte Sedimentation Rate) Specimen: EDTA Whole Blood | 10 | 1 - 15 | mm/hr | Westergren |
| COMPLETE BLOOD COUNT | | | | |
| HAEMOGLOBIN Specimen: EDTA Whole Blood | 16.0 | 13.5-18 | g/dL | Electrical Impedence |
| RBC COUNT Specimen: EDTA Whole Blood | 4.80 | 4.7-6.0 | million cells/cumm | Electrical Impedence |
| PCV Specimen: EDTA Whole Blood | 44.4 | 42 - 52 | % | Electrical Impedence |
| MCV(Mean Cell Volume) Specimen: EDTA Whole Blood | 93.3 | 78 - 100 | fL | Electrical Impedence |
| MCH Specimen: EDTA Whole Blood | 30.0 | 27 - 31 | pg | Electrical Impedence |
| MCHC Specimen: EDTA Whole Blood | 36.0 | 32 - 36 | g/dL | Electrical Impedence |
| RDW(Red Cell Distribution Width) Specimen: EDTA Whole Blood | 13.5 | 11.5 - 14 | % | Electrical Impedence |
| TOTAL WBC COUNT Specimen: EDTA Whole Blood | 7800 | 4000-10500 | cells/cumm | Electrical Impedence |
| PLATELET COUNT Specimen: EDTA Whole Blood | 2.56 | 1.50-4.50 | lakhs/cumm | Electrical Impedence |
| MPV Specimen: EDTA Whole Blood | 6.6 | 6-9.5 | fL | Electrical Impedence |
| PDW(Platelet Distribution Width) Specimen: EDTA Whole Blood | 16.0 | 9-17 | % | Electrical Impedence |

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| DIFFERENTIAL COUNT Specimen: EDTA Whole Blood | | | | |
| NEUTROPHIL | 55.0 | 40-80 | % | Microscopy |
| LYMPHOCYTE | 34.0 | 20-40 | % | Microscopy |
| EOSINOPHIL | 4.0 | 1 - 6 | % | Microscopy |
| MONOCYTE | 6.0 | 2 - 10 | % | Microscopy |
| BASOPHIL | 1.0 | less than 2 | % | Microscopy |
| ABSOLUTE NEUTROPHIL | 4290 | 2000 - 7000 | cells/cumm | |
| ABSOLUTE LYMPHOCYTE | 2652 | 1000 - 4000 | cells/cumm | |
| ABSOLUTE EOSINOPHIL | 312 | 20 - 500 | cells/cumm | |
| ABSOLUTE MONOCYTE | 468 | 200 - 1000 | cells/cumm | |
| ABSOLUTE BASOPHIL | 78 | 20 - 100 | cells/cumm | |

CLINICAL PATHOLOGY

URINE ROUTINE ANALYSIS

Specimen: Urine

| | | | | |
|-------------------|-------------|-------------|------|---------------------|
| Colour | Pale yellow | Pale yellow | | |
| Appearance | Clear | Clear | | |
| Glucose | Negative | | | Dipstick, Automated |
| Bilirubin | Negative | | | Dipstick, Automated |
| Ketone | Negative | | /HPF | Microscopy |

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| URINE ROUTINE ANALYSIS | | | | |
| Specimen: Urine | | | | |
| Specific gravity | 1.020 | Nil | /HPF | Microscopy |
| Blood | Nil | Nil | /HPF | Microscopy |
| pH | 6.0 | 4 - 8 | | |
| Protein | Negative | | | |
| Urobilinogen | Normal | Normal | | |
| Nitrite | Negative | Negative | | |
| URINE DEPOSIT | | | | |
| Specimen: Urine | | | | |
| Crystals | Absent | | | |
| Epithelial Cells | 1-2 | | | |
| Pus Cells | 1-2 | | | |
| RBC | Nil | | | |
| URINE BILE SALT | Negative | | | Dipstick, Automated |
| Specimen: Urine | | | | |
| URINE BILE PIGMENT | Negative | | | Dipstick, Automated |
| Specimen: Urine | | | | |

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URINE CAST

Specimen: Urine

Nil

Dipstick, Automated



Dr. Rajendran Vellachalil Kunjan (Reg No.15123)

Approval No.: KRL/KCH/23/2022

----- End of the Report -----

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PHYSICAL EXAMINATION

Date Of Exam : 15/01/2024 REG. NO: K024010000458

Name : MR. ARUN P JAYAN (41/ male)

Type Of Exam : PHYSICAL

Reference : BANK OF BARODA

The doctor has examined this client at Balaji Medical Centre for updated Physical examination and found the following.

Blood Pressure : 130/80mmHg
Pulse : 70/mt
Respiration Rate : 16/mt
Height : 172Cms
Weight : 84.2 Kgs
BMI : 28.5 Kg/m²


Dr. RAJENDRAN VELLACHALIL KUNJAN
Reg. No.:15123
Approval No.:KRL / KCH / 23 / 2022

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Reg. No: KO24010000458

Date: 15/01/2024

MEDICAL FITNESS CERTIFICATE

This is to certify that I have examined, MR. ARUN P JAYAN
Who is found to be medically FIT. He is not found to be suffering from any
contagious disease or ailment. He is FIT to perform his duty.


Dr. RAJENDRAN VELLAICHALIL KUNJAN
Reg. No.:15123
Approval No.:KRL / KCH / 23 / 2022

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Reg. No: KO24010000458

DIGITAL RADIOGRAPH - CHEST PA VIEW

Date: 15/01/2024

Name : MR. ARUN P JAYAN
Age : 41 yrs
Sex : male
Ref : BANK OF BARODA

The cardiomediastinal silhouette is normal.

The lungs are well inflated. No focal mass lesion, lobar collapse or consolidation is seen. No pleural effusion is detected.

The soft tissues and bones appear unremarkable.

Conclusion:

- Normal chest radiograph.


Dr. RAJENDRAN VELAICHALIL KUNJAN
Reg. No.: 15123
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ECG REPORT

Date: 15/01/2024

Name : MR. ARUN P JAYAN
Age : 41yrs
Sex : male
Ref : BANK OF BARODA

Impression : WITHIN NORMAL LIMIT


Dr. RAJENDRAN VELLACHARI KUNJAN
Reg. No.:15123
Approval No.:KRL / KCH / 23 / 2022

“HEALTHIER MARINERS TOWARDS A WEALTHIER NATION”



Balaji Medical Centre

An ISO 9001:2015 Accredited Organization
info@balajimedicalcentre.com, dr@balajimedicalcentre.com



CHENNAI : No.5 (3/2), Jagadeeswaran Street,T.Nagar,Chennai-600 017, INDIA ☎ : 044-24364651 / 52 / 53
No.38, Manikodi Srinivasan Nagar Main Road, Rajiv Gandhi Salai, Perungudi, Chennai-600 096. INDIA ☎ : 044-29865513 / 14
TUTICORIN : Plot No.51, Door No.20/10, Roche Colony, South Beach Road,Tuticorin - 628 001.INDIA ☎ : 0461-2332719 / 20
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KAKINADA : 70-17-15/1,RR Nagar,Road No.2, Kakinada, Andhra Pradesh -533003.INDIA ☎ : 0884-2345555, 0884-3500132.

REG.NO: KO24010000458

Name: MR. ARUN P JAYAN

Date: 15/01/2024

Reference : BANK OF BARODA

OPHTHALMIC REPORT

| | RIGHT | LEFT |
|------------------------|--------|--------|
| Distant Vision: | 6/6 | 6/6 |
| Near Vision: | N/5 | N/5 |
| Colour Vision: | Normal | Normal |
| Anterior Segment: | Normal | Normal |
| Intra Ocular Pressure: | Normal | Normal |
| Fundus : | Normal | Normal |


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MANGALORE : **AUDIOGRAM CHART** Kulur-Kavoor Airport Road, Vivek Nagar, Panjim **REG.NO:K024010000458** ☎ : 0824-2972719 / 20.

KAKINADA : 70-17-15/1, RR Nagar, Road No.2, Kakinada, Andhra Pradesh -533003.INDIA ☎ : 0884-2345555, 0884-3500132

Name : MK.ARON Date : 15-01-2024

Age : 41 YRS

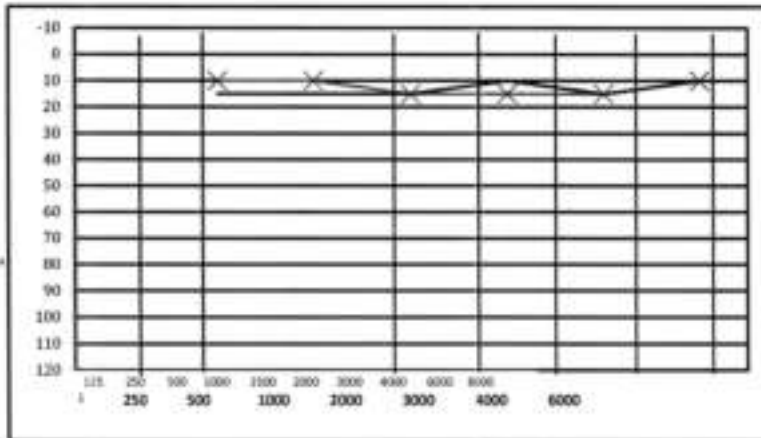
Ref : BANK OF BARODA



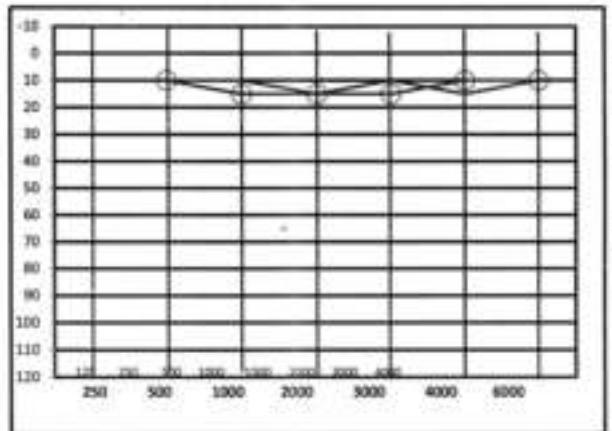
LEFT

RIGHT

Hearing Threshold in db



Hearing Threshold in db



Frequency in Hz.

Frequency in Hz.

| SIDE | Air Condition | | Bone Condition | | Colour Code |
|-------|---------------|-----------|----------------|-----------|-------------|
| | Masked | Un Masked | Masked | Un Masked | |
| LEFT | △ | X | | < | Blue |
| RIGHT | □ | ○ | | > | Red |

NO: RESPONSE: Add below the respective symbols

| Threshold in db | LEFT | RIGHT |
|-----------------|------|-------|
| AIR CONDUCTION | | |
| BONE CONDUCTION | | |

Testing equipment: Graphic Audiometer

AUDIOMETRIC INTERPRETATION

NORMAL AUDIOMETRY

[Signature]
 Dr. RAJENDRAN VEELASAPILIL KUNJAN
 Reg. No.: 15123
 Approval NO.: KRI/KCH/23/2022

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LABORATORY REPORT

Name : MR ARUN P JAYAN Reg. No. KO24010000458
Date : 15/01/2024

Age : 41 Yrs Sex : male

Reference : BANK OF BARODA

| <u>Tests</u> | <u>Value/Results</u> | <u>Units</u> | <u>Reference Interval</u> |
|----------------------------|----------------------|--------------|---------------------------|
| <u>BIOCHEMISTRY</u> | | | |
| Glucose(PP) | 129 | mg/dL | 120-140 |


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REG NO: **KO24010000458**

LABORATORY REPORT

Name : Mr. ARUN P JAYAN Date : 15/01/2024
Age : 41 yrs Sex : male
Ref : BANK OF BARODA

| <u>Tests</u> | <u>Value/Results</u> | <u>Units</u> | <u>Reference Interval</u> |
|--|----------------------|--------------|---------------------------|
| <u>PERIPHERAL SMEAR EXAMINATION</u> | | | |
| RED BLOOD CELL MORPHOLOGY | : NORMAL | | |
| W B C MORPHOLOGY | : NORMAL | | |
| PLATELET MORPHOLOGY | : NORMAL | | |


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LABORATORY REPORT

Name : Mr. ARUN P JAYAN

Age : 41Yrs

Reference : BANK OF BARODA

Date : 15/01/2024

Sex : Male

IMMUNOLOGY

PSA (Prostate Specific Antigen) : 0.35 ng/ml


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LABORATORY REPORT

Name : Mr.ARUN

Reg No: K024010000458

Age : 41 yrs

Date : 15/01/2024

Sex : MALE

Reference : BANK OF BARODA

| Test Name | Result | Units | Ref.Range |
|---|--------|--------|-------------|
| THYROID PROFILE,TOTAL,SERUM (CLIA) | | | |
| T3>Total | 88.38 | ng/dl | (80-200) |
| T4>Total | 6.70 | ug/dL | (3.2-12.6) |
| TSH | 1.38 | uIU/ml | (0.35-5.50) |

Note:1 TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m. and at a Minimum between 6-10pm. The variation is of the order of 50%, hence time of the day has Influence on the measured serum TSH concentrations.

2 Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

3 Physiological rise in Total T3 /T4 levels is seen in pregnancy and in patients on steroid therapy.

Clinical Use

- Primary Hypothyroidism
- Hyperthyroidism
- Hypothalamic-Pituitary hypothyroidism
- Inappropriate TSH secretion
- Non thyroidal illness
- Autoimmune thyroid disease
- Pregnancy associated thyroid disorders
- Thyroid dysfunction in infancy and early childhood

Dr. RAJENDRAN JELACHALIL KUNJAN

Reg. No.:15123

Approval No.:KRL / KCH / 23 / 2022

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Name : MR. ARUN P JAYAN

Age : 41 Yrs /M

Study Date : 15/01/2024

ID.NO : KO24010000458

PNDT. REG.NO : C5-14663/14

Ref By: INSURANCE

USG COMPLETE ABDOMEN

Liver:

Is Normal in size. Hepatic Parenchyma is intrinsically normal.
No focal lesion seen in liver.
IHBR and CBD are normal in caliber. Portal vein is normal

Gall Bladder:

Is well distended and is normal. No calculus seen. No abnormal wall thickening

Pancreas:

The head, tail and body of the pancreas are normal. No dilatation of pancreatic duct.

Spleen:

Is normal in size. No focal parenchymal lesions.

Kidneys

RT. Kidney measures 9.4X 4.4 cms, normal in size.
Cortico medullary differentiation is maintained.
No calculus noted. Pelvicalyceal system is normal.

LT. Kidney measures 9.5X 4.6 cms, normal in size.
Cortico medullary differentiation is maintained.
No calculus noted. Pelvicalyceal system is normal.

Urinary Bladder:

Is well distended and normal. No abnormal wall thickening.
No intraluminal echoes/calculus.

Prostate:

Normal in size and measures 2.6X 3.5X 3.6 cms (Volume- 17.133 cc)

Impression:

- Normal Study of Liver, Gallbladder, Spleen, Pancreas, Right kidney, Left kidney, Urinary bladder and Prostate.


Dr. RAJENDRAN VELLACHALIL KUNJAN
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Approval NO.: KRL/NCH/23/2022

“HEALTHIER MARINERS TOWARDS A WEALTHIER NATION”

Balaji Medical Centre Kochi

Address: No.66/2345A, Veekshnam Road, Ernakulam Kochi - 682018 82018 Kerala India

Echocardiography Report

| | | | | | |
|------------------------------|----------------|---------------------------|-------------------------------------|-----------|-----------------------------------|
| PATIENT NAME P JAYAN ARUN | AGE 41 yrs | HEIGHT NA | WEIGHT NA | BSA NA | DATE TIME 2024/01/15 16:21 |
| PATIENT ID KO24010000458 | GENDER Male | REFERRING PHYSICIAN NA | REPORTED BY DR. JEEVARATHINAM. N | | |

PROCEDURE

An ECHO exam was performed including 2D, M-mode, Spectral, Color-flow.

SUMMARY

Normal chambers size and shape
Normal LV systolic function. LVEF - 63 %
No regional wall motion abnormality
Normal LV diastolic function
Normal valves
No e/o intracardiac clot/ vegetation/ pericardial effusion

LEFT VENTRICLE

| Measurement | Value | Reference | Measurement | Value | Reference |
|---------------------------|-------|--------------|------------------------------|--------|---------------|
| Systolic Function | | | Dimensions | | |
| EF(Teich) (%) | 67.41 | (72-52) | LVIDd (cm) | 4.63 | (4.2-5.8) |
| SV(Teich) (ml) | 66.62 | (72-144) | LVIDs (cm) | 2.90 | (2.5-4.0) |
| EDV(Teich) (ml) | 98.83 | (62-150) | IVSd (cm) | 1.08 | (0.6-1.0) |
| ESV(Teich) (ml) | 32.21 | (21-51) | LVPWd (cm) | 0.97 | (0.6-1.0) |
| Diastolic Function | | | LVD Mass (g) | 166.02 | (88-224) |
| MV E Vel (m/s) | 0.61 | (0.6-0.8) | RWT | 0.42 | (0.24-0.42) |
| MV A Vel (m/s) | 0.43 | (0.2-0.35) | LV Area | | |
| MV E/A Ratio | 1.42 | (>=0.8) | LV FAC A2C (%) | 49.50 | (-) |
| | | | LVAd A2C (cm ²) | 26.16 | (-) |
| | | | LVA s A2C (cm ²) | 13.21 | (-) |

LEFT ATRIUM

| Measurement | Value | Reference | Measurement | Value | Reference |
|--------------|-------|-------------|--------------------|-------|-----------|
| LA Diam (cm) | 3.98 | (2.0-4.0) | LAESV MOD A2C (ml) | 35.39 | (-) |
| LA/Ao | 1.28 | (<1.3) | | | |

RIGHT ATRIUM

| Measurement | Value | Reference |
|-----------------------|-------|-----------|
| IVC (M-Mode) | | |
| IVC Collaps Index (%) | 60.71 | (>50%) |
| IVC Diam Ins (cm) | 0.55 | (-) |
| IVC Diam Exp (cm) | 1.40 | (<2) |
| RAP(MM) (mmHg) | 3.00 | (0-5) |

AORTIC VALVE & AORTA

| Measurement | Value | Reference |
|-------------|-------|-----------|
| AV Outflow | | |

| | | |
|--------------------|------|--------|
| AV Vmax (m/s) | 0.82 | (<2.6) |
| AV maxPG (mmHg) | 2.69 | (<30) |
| LVOT/ Aorta | | |
| Ao Diam (cm) | 3.11 | (<3.7) |
| Ao/LA | 0.75 | (-) |

PULMONARY VALVE AND PULMONARY ARTERY

| Measurement | Value | Reference |
|--------------------------|-------|-----------|
| Pulmonary Outflow | | |
| PV Vmax (m/s) | 0.75 | (<1.9) |
| PV maxPG (mmHg) | 2.25 | (<36) |

OBSERVATIONS :

| | |
|--------------------------|--|
| ECG | Rhythm - Sinus rhythm |
| Left Ventricle | Size - Left ventricle normal in size LV geometry - Normal LV geometry Systolic function - LV systolic function - normal Regional wall motion - No regional wall motion abnormality Diastolic function - LV diastolic function - normal |
| Left Atrium | Size - Normal left atrium size |
| Right Atrium | Size - Normal right atrium size |
| Right Ventricle | Size - Normal right ventricular size Systolic function - Right ventricular systolic function - normal |
| Aortic Valve | Structure and function - Normal trileaflet aortic valve Regurgitation - No aortic regurgitation |
| Mitral Valve | Structure and function - Normal mitral valve Regurgitation - Trivial mitral regurgitation |
| Tricuspid Valve | Structure and function - Normal tricuspid valve Regurgitation - Trivial tricuspid regurgitation |
| Pulmonic Valve | Structure and function - Normal pulmonic valve Regurgitation - No pulmonic regurgitation |
| Pericardium | Effusion - No pericardial effusion |
| Aorta | Size - Normal aorta |
| Pulmonary Artery | Size - Normal pulmonary artery size |
| Inferior Vena Cava | Size - Normal IVC size |
| Inter Ventricular Septum | IVS - Intact interventricular septum |
| Inter Atrial Septum | IAS - Intact interatrial septum |
| Pulmonary Hypertension | Probability - Low probability of pulmonary hypertension |
| Heart Failure | HF Category - No evidence of heart failure with preserved ejection fraction |

Disclaimer: This report is generated based on the review of Echocardiography images transmitted and does not consider the patient's current symptoms or medical history. The quality or accuracy of the report is dependent on the quality and accuracy of the Echo images transmitted. The report is not meant or valid for any medico legal purposes



Reported By:
DR. JEEVARATHINAM. N
Clinical Cardiologist

Powered By:
tricog
Tricog Health Pvt. Ltd.

भारत सरकार
Government of India

आधार

आधार कार्ड
Arun P Jayan
जनम तिथि (DOB) / DOB: 23/10/1982

आधार

8375 3972 6437

मेरा आधार, मेरी पहचान

Arun P Jayan

भारतीय पहचान प्राधिकरण
Indian Identification Authority of India

आधार कार्ड
Arun P Jayan
जनम तिथि (DOB) / DOB: 23/10/1982

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