

Name : Mrs. POOJA ANAND PASHINE (29 /F)

Date : 27/01/2024

Address : MEDIWHEEL NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000159459

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH38706



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



DRUG ALLERGY

NO KNOWN ALLERGY

:27/01/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any - No
allergies?

Do you have any drug - No
allergies?



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1, Covid Dose2



Personal history

Marital status - Married

Diet - Mixed Diet

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Active



Family history

Father - alive

Aged - 56

Mother - alive

Aged - 54

Brothers - 1

Sisters - 2

Coronary artery
disease - none

Cancer - None

PHYSICAL EXAMINATION



General

Height - 153

Weight - 62

BMI - 26.49

Pallor - No

Oedema - no

Temperature - 97

SpO2 - 98



Cardiovascular system

Heart rate (Per minute) - 66

Rhythm - Regular

- B.P. Supine

Systolic(mm of Hg) - 110

Diastolic(mm of Hg) - 70

Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

Organomegaly - No

Tenderness - No

Printed By : Chhaya Bhagwan Sapkale

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C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	12.7	g/dl	●	11.0-16.0
Haematocrit	36.8	%	●	34.0-48.0
RBC COUNT	4.77	Million/ ul	●	3.7-5.6
MCV	77.2	fl	●	75.0-95.0
MCH	26.6	pg	●	26.0-32.0
MCHC	34.4	g/dl	●	31.0-36.0
RDW	14.7	%	●	11-16
Platelet Count(Optical/Impedance)	245	10 ⁹ /m ³	●	140-440
TLC Count	6.76	10 ⁹ /m ³	●	4.0-11.0
Neutrophils	61	%	●	40-75
Lymphocytes	26	%	●	20-45
Eosinophils	06	%	●	1-6
Monocytes	07	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	9	mm/1st hr	●	0-20

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	15 *	U/L	●	30-65
ALBUMIN - SERUM	4.2	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	4.2 *	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.0 *		●	1.1-1.8

ALKALINE PHOSPHATASE - SERUM/PLASMA 76 U/L ● 0-100

AST (SGOT) - SERUM 17 U/L ● 15-37

BILIRUBIN, TOTAL - SERUM 0.5 mg/dL ● 0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Total Cholesterol	152	mg/dL	●	0-200

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.7	mg/dL	●	0.6-1.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	16	U/L	●	0-50

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	104 *	mg/dL	●	70-100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	119	mg/dL	●	70-140

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.6	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	122.0600	mg/dL		

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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HDL CHOLESTEROL - SERUM / PLASMA	43	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.5		●	0.0-4.5

TSH: THYROID STIMULATING HORMONE - SERUM	1.4	uIU/mL	●	Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75.0 Pregnancy(All Trimesters):0.2 -3.5
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LDL Cholesterol (Direct LDL)	132	mg/dL		
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UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	27	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	13	mg/dL	●	7-18

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.4 *	g/dL	●	6.4-8.2

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	146	ng/dL	●	Healthy Adults: 69 - 215 Pregnant Women: 1st Trimester:121-308 2nd & 3rd Trimesters:152-362
TOTAL T4: THYROXINE - SERUM	4.1 *	µg/dL	●	Healthy Adults: 5.2 - 12.7 Pregnancy:1st Trimester:7.8 - 16.2 2nd & 3rd Trimesters: 9.1 - 18.3

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.6	mg/dL	●	2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.3	mg/dL	●	0.0-0.7

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	76	mg/dL	●	0-150
VLDL SERUM-CALCULATED	15.2000			

CARDIAC STRESS TEST - (TMT)

ECG

NORMAL ECG,

ULTRASOUND - WHOLE ABDOMEN

Bilateral polycystic ovaries.

No other significant abnormality is detected.

X-RAY CHEST PA

No significant abnormality is detected.

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
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INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

CERVICAL/VAGINAL SMEAR II SLIDE

Haematology

URINE ROUTINE (CUE)



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

YOUR SCORE

ACCEPTABLE SCORE

Low Risk

1

2

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician’s advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515