


CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Ekta Parihar on 14/02/24


After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> • Unfit 	

Dr. 
Medical Officer
The Apollo Clinic, (Location)


Dr. MUKUL ARTE MBBS, DNB
 Regn. No: 44293 (MMC)
 Approved By DG Shipping (001)
 Consultant in Marine Medicine & Aviation Medicine
 S01-102, Heritage Plaza, T. J. Cross Lane,
 Andheri East, Mumbai-400 069
SEA BIRD MEDICARE CENTRE

This certificate is not meant for medico-legal purposes



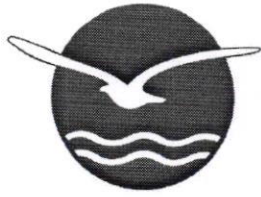
MER- MEDICAL EXAMINATION REPORT

Date of Examination	12/8/2024	
NAME	Ekta Parihar	
AGE	21 yrs	Gender Female
HEIGHT(cm)	159 cm	WEIGHT (kg) 61 kg
B.P.	110/80 mm Hg	
ECG	normal	
X Ray	NAD -	
Vision Checkup	Color Vision : Normal	
	Far Vision Ratio: R 6/36 uncorrected (wearing glasses) L 6/18	
	Near Vision Ratio: N5 - uncorrected	
Present Ailments	On Cap. vitcofol : 1 month	
Details of Past ailments (If Any)	① Splenectomy in childhood. ② Typhoid in 2022 - Hospitalized	
Comments / Advice : She / He is Physically Fit		
Crym History (N)		


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 SEA RIND MEDICARE CENTRE

Signature with Stamp of Medical Examiner

Ekta



SEA BIRD MEDICARE CENTRE

Report ID : **EAPM128105517**
Patient Name : **Ms. EKTA ANIL PARIHAR**
Rank :
Ref By : **DR. MUKUL ARTE**

Reg. : **12-Aug-2024**
Report Date : **12-Aug-2024**
Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Age/Sex : **21 Year / Female**

CHEST X RAY REPORT

X-Ray No : 6641

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

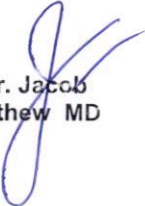
Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.

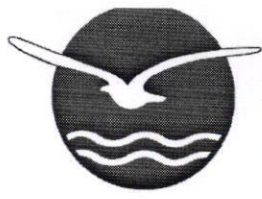

Dr. Jacob
Mathew MD

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



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Reg. : 12-Aug-2024
Report Date : 12-Aug-2024
Company Name : M/S. APOLLO HEALTH AND
Age/Sex : 21 Year / Female

HEMATOLOGY

INVESTIGATION

Complete Blood Count

<u>INVESTIGATION</u>	<u>OBSERVED VALUE</u>	<u>UNITS</u>	<u>REFERENCE RANGE</u>
Haemoglobin	12.6	gm/dl	13-18 gm/dl
Total W.B.C	7600	/cu.mm	4000-11000 /cu.mm
Neutrophils	58	%	50-70 %
Lymphocytes	40	%	20-40 %
Eosinophils	02	%	0-7 %
Monocytes	00	%	0-8 %
Basophils	00	%	0-2 %
R.B.C Total	4.73	millions/cu .mm	4.5-5.5 millions/cu.mm
P.C.V	39.2	%	42-55 %
MCV	82.8	femolitre	80-96 femolitre
MCH	26.7	picogram	27-33 picogram
MCHC	32.2	%	32-36 %
W.B.C Morphology	Normal		
Platelet Count	275000	/cu.mm	150000-450000 /cu.mm

Blood Group

Blood Group B Positive


ESR

ESR 27 mm/hr 0-15 mm/hr

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---


DR.SANDIP MOHANRAO HUDDEDAR
MBBS, DCP
Pathologist


M O I C


SONALI VASANT ADELKAR
Lab Technician

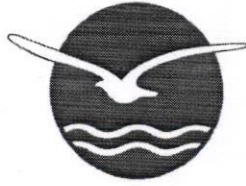
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Age/Sex : 21 Year / Female

BIO-CHEMISTRY

INVESTIGATION

Liver Function Test

	<u>OBSERVED VALUE</u>	<u>UNITS</u>	<u>REFERENCE RANGE</u>
SGPT	45	IU/L	9-43 IU/L
Sr.Bilirubin (T)	0.6	mg/dl	0.2-1.2 mg/dl
Sr.Bilirubin (D)	0.3	mg/dl	0.0-0.3 mg/dl
Sr.Bilirubin (I)	0.3	mg/dl	

Renal Function Test

BUN	11	mg/dl	6-21 mg/dl
Sr.Creatinine	0.7	mg/dl	0.7-1.4 mg/dl


Blood Sugar Estimation

Post Prandial Blood Sugar	92	mg/dl	70-140 mg/dl
Post Prandial Urine Sugar	Absent		
Random Blood Sugar	88	mg/dl	70-170 mg/dl
BUN/Creatinine Ratio	15.7		

---END OF REPORT---

Kindly Correlate with clinical conditions.

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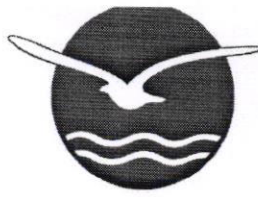
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Age/Sex : **21 Year / Female**

URINE ROUTINE

INVESTIGATION

OBSERVED VALUE UNITS REFERENCE RANGE

Colour	PALE YELLOW		PALE YELLOW
Appearance	CLEAR		CLEAR
Specific Gravity	1.010		1.030
pH	ACIDIC		ACIDIC
Odour	AROMATIC		AROMATIC
Proteins (UR)	ABSENT		ABSENT
Sugar	ABSENT		ABSENT
Bile Salts	ABSENT		ABSENT
Bile Pigments	ABSENT		ABSENT
Ketones (UR)	ABSENT		ABSENT
Occult Blood	ABSENT		ABSENT
Urobilinogen(UR)	ABSENT		ABSENT
Pus Cells (UR)	2-3	/hpf	2-3/hpf
RBC cells	ABSENT	/hpf	2-3/hpf
Epithelial Cells	1-2	/hpf	1-2/hpf
Casts (UR)	ABSENT	/hpf	
Crystals	ABSENT	/hpf	
Bacteria (UR)	ABSENT		ABSENT
Others (UR)	ABSENT		

---END OF REPORT---

Kindly Correlate with clinical conditions.

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भारत सरकार
Government of India

एकता परिहार
Ekta Parihar
जन्म तिथि/DOB: 07/07/2003
महिला/ FEMALE

6771 3293 5261
VID: 9123 6264 9712 0449

मेरा आधार, मेरी पहचान



Ekta

08-06-2005 0:

10mm/mV 0.67~25Hz AC50

aVR

aVL

aVF

25mm/s ♡69

V2.45

Ekot 9

8:29:44

V1

V4

10mm/r

V4

V2

V5

V5

V3

V6

V6

25mm/r

E. C. G. REPORT

RATE 88 / min Q. WAVE _____
RHYTHM Regular QRS COMPLEX N
VOLTAGE N ST. SEGMENT iso. electric
P. WAVE N T. WAVE _____
PR. INTERVAL N
REMARKS with R

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ELECTROCARDIOGRAPHIC REPORT



Sea Bird
Sea Bird Medicare Centre

NAME EKta Parihar
AGE 212 DATE 12/08/2024

- 102, Heritage Plaza, Telli Cross Lane, Nr. Andheri (E) Stn., Andheri (East), Mumbai - 400 069.
Tel.: 2682 1823, 5578 3905
- 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076
Tel.: 2570 4157