

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd) F-701A, Lado Sarai, Mehrauli, New Delhi - 110030 Email: wellness@mediwheel.in, Website: www.mediwheel.in Tel: +91-11-41195959, Fax: +91-11-29523020 CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that <u>Mr. Sharath Kumar</u> aged, <u>33yr</u>. Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: Bangalore

Date: 01/05/2024

Dr. Nitesh Mana.
MBBS
MBBS
MBRI47093

Name & Signature of

Medical officer





Name : MR.SHARATH KUMAR I K

Age / Gender : 33 Years / Male

Ref.By : SELF

Reg.No : BIL4221886

TID/SID : UMR1511480/ 27566409 Registered on : 04-May-2024 / 09:10 AM Collected on : 04-May-2024 / 09:12 AM Reported on : 04-May-2024 / 14:13 PM

TEST REPORT Reference : Arcofemi Health Care Ltd -

DEPARTMENT OF CLINICAL PATHOLOGY

Complete Urine Examination (CUE), Urine

Investigation	Observed Value	Biological Reference Intervals
Physical Examination		
Colour	Pale Yellow	Straw to Yellow
Method:Physical		
Appearance	Clear	Clear
Method:Physical		
Chemical Examination		
Reaction and pH	5.5	4.6-8.0
Method:pH- Methyl red & Bromothymol blue		
Specific gravity	1.020	1.003-1.035
Method:Bromothymol Blue		
Protein	Negative	Negative
Method:Tetrabromophenol blue		
Glucose	Negative	Negative
Method:Glucose oxidase/Peroxidase	N	
Blood	Negative	Negative
Method:Peroxidase	Manatha	Namakiya
Ketones	Negative	Negative
Method:Sodium Nitroprusside	Negativo	Negotive
Bilirubin	Negative	Negative
Method:Dichloroanilinediazonium	Negative	Negative
Leucocytes	rvegative	Negative
Method:3 hydroxy5 phenylpyrrole + diazonium	Negative	Negative
Nitrites Method:Diazonium + 1,2,3,4 tetrahydrobenzo (h) qu	_	Negative
3-ol	AII IOIII I	
Urobilinogen	0.2	0.2-1.0 mg/dl
Method:Dimethyl aminobenzaldehyde		
Microscopic Examination		
Pus cells (leukocytes)	0-1	2 - 3 /hpf
Method:Microscopy		
Epithelial cells	0-1	2 - 5 /hpf
Method:Microscopy		
RBC (erythrocytes)	Absent	Absent
Method:Microscopy		
Casts	Absent	Occasional hyaline casts may be seen
Method:Microscopy		





Name : MR.SHARATH KUMAR I K

Age / Gender : 33 Years / Male

Ref.By : SELF

Reg.No : BIL4221886

TID/SID : UMR1511480/ 27566409

Registered on: 04-May-2024 / 09:10 AM

Collected on : 04-May-2024 / 09:12 AM

Reported on : 04-May-2024 / 14:13 PM

TEST REPORT Reference : Arcofemi Health Care Ltd -

Crystals Absent Phosphate, oxalate, or urate crystals may

Method:Microscopy be seen

Others Nil Nil

Method:Microscopy

Method: Semi Quantitative test ,For CUE

Reference: Godka**r** Clinical Diagnosis and Management by Laboratory Methods, First South Asia edition. Product kit literature.

Interpretation:

The complete urinalysis provides a number of measurements which look for abnormalities in the urine. Abnormal results from this test can be indicative of a number of conditions including kidney disease, urinary tract infecation or elevated levels of substances which the body is trying to remove through the urine . A urinalysis test can help identify potential health problems even when a person is asymptomatic. All the abnormal results are to be correlated clinically.

* Sample processed at Regional Reference Laboratory, Tenet Diagnostics, Bangalore

--- End Of Report ---

Dr.Kavya S N Consultant Pathologist







Name : MR.SHARATH KUMAR I K

Age / Gender : 33 Years / Male

Ref.By : SELF

Req.No : BIL4221886

TID/SID : UMR1511480/ 27566411 Registered on : 04-May-2024 / 09:10 AM

Collected on : 04-May-2024 / 09:12 AM Reported on : 04-May-2024 / 15:18 PM

Reference : Arcofemi Health Care Ltd -

DEPARTMENT OF HEMATOPATHOLOGY

TEST REPORT

Blood Grouping ABO And Rh Typing, EDTA Whole Blood

Parameter	Results
Blood Grouping (ABO)	A
Rh Typing (D)	POSITIVE

Method: Hemagglutination Tube Method by Forward & Reverse Grouping

Reference: Tulip kit literature

Interpretation: The ABO grouping and Rh typing test determines blood type grouping (A,B, AB, O) and the Rh factor (positive or negative). A person's blood type is based on the presence or absence of certain antigens on the surface of their red blood cells and certain antibodies in the plasma. ABO antigens are poorly expresses at birth, increase gradually in strength and become fully expressed around 1 year of age.

Note: Records of previous blood grouping/Rh typing not available. Please verify before transfusion.

* Sample processed at Regional Reference Laboratory, Tenet Diagnostics, Bangalore

--- End Of Report ---

Debluena Thakur

Dr Debleena Thakur Consultant Pathologist







Name Age / Gender Ref.By

: MR.SHARATH KUMAR I K

: 33 Years / Male

: SELF

Req.No : BIL4221886 TID/SID :UMR1511480/ 27566411 Registered on: 04-May-2024 / 09:10 AM

Collected on : 04-May-2024 / 09:12 AM Reported on : 04-May-2024 / 15:27 PM

Reference : Arcofemi Health Care Ltd -**TEST REPORT**

DEPARTMENT OF HEMATOPATHOLOGY

Erythrocyte Sedimentation Rate (ESR), Sodium Citrate Whole Blood

Observed Value Biological Reference Intervals Investigation 21 <=15 mm/hour Erythrocyte Sedimentation Rate

Method:Microphotometrical capillary using stopped flow kinetic analysis

Complete Blood Count (CBC), EDTA Whole Blood

Investigation	Observed Value	Biological Reference Interval
Hemoglobin Method:Spectrophotometry	14.0	13.0-18.0 g/dL
Packed Cell Volume Method:Derived from Impedance	42.2	40-54 %
Red Blood Cell Count. Method:Impedance Variation	5.37	4.3-6.0 Mill/Cumm
Mean Corpuscular Volume Method:Derived from Impedance	78.7	78-100 fL
Mean Corpuscular Hemoglobin Method:Derived from Impedance	26.1	27-32 pg
Mean Corpuscular Hemoglobin Concentration Method:Derived from Impedance	33.2	31.5-36 g/dL
Red Cell Distribution Width - CV Method:Derived from Impedance	10.6	11.0-16.0 %
Red Cell Distribution Width - SD Method:Derived from Impedance	34.4	39-46 fL
Total WBC Count. Method:Impedance Variation	6980	4000-11000 cells/cumm
Neutrophils Method:Impedance Variation,Method_Desc= Flow Cytometry	57.4	40-75 %
_ymphocytes Method:Impedance Variation, Flowcytometry	31.9	20-45 %
Eosinophils Method:Impedance Variation, Flowcytometry	3.5	01-06 %
Monocytes Method:Impedance Variation, Flowcytometry	6.5	01-10 %
Basophils. Method:Impedance Variation, Flowcytometry	0.7	00-02 %





Name	: MR.SHARATH KUMAR I K
Name	: MR.SHARATH KUMARTK

Age / Gender : 33 Years / Male

Ref.By : SELF

Req.No : BIL4221886

TID/SID : UMR1511480/ 27566411

Registered on: 04-May-2024 / 09:10 AM Collected on: 04-May-2024 / 09:12 AM

Reported on : 04-May-2024 / 15:27 PM

TEST REPORT Reference : Arcofemi Health Care Ltd -

Absolute Neutrophils Count. Method:Calculated	4007	1500-6600 cells/cumm
Absolute Lymphocyte Count Method:Calculated	2227	1500-3500 cells/cumm
Absolute Eosinophils count. Method:Calculated	244	40-440 cells/cumm
Absolute Monocytes Count. Method:Calculated	454	<1000 cells/cumm
Absolute Basophils count. Method:Calculated	49	<200 cells/cumm
Platelet Count. Method:Impedance Variation	3.75	1.4-4.4 lakhs/cumm
Mean Platelet Volume. Method:Derived from Impedance	8.4	7.9-13.7 fL
Plateletcrit. Method:Derived from Impedance	0.32	0.18-0.28 %

Method: Automated Hematology Analyzer, Microscopy

Reference: Dacie and Lewis Practical Hematology, 12th Edition

Interpretation: A Complete Blood Picture (CBP) is a screening test which can aid in the diagnosis of a variety of conditions and diseases such as anemia, leukemia, bleeding disorders and infections. This test is also useful in monitoring a person's reaction to treatment when a condition which affects blood cells has been diagnosed. All the abnormal results are to be correlated clinically.

* Sample processed at Regional Reference Laboratory, Tenet Diagnostics, Bangalore

--- End Of Report ---

Dr.Kavya S N Consultant Pathologist







TO VERIFY THE REPORT ONLINE

Name Age / Gender

Note

: MR.SHARATH KUMAR I K

: 33 Years / Male Ref.By : SELF

Reg.No : BIL4221886 TID/SID :UMR1511480/ 27566412 Registered on: 04-May-2024 / 09:10 AM

Collected on : 04-May-2024 / 09:12 AM

Reported on : 04-May-2024 / 21:01 PM Reference

: Arcofemi Health Care Ltd -

DEPARTMENT OF CLINICAL CHEMISTRY I

TEST REPORT

Alanine Aminotransferase (ALT/SGPT), Serum

Investigation	Observed Value	Biological Reference Interval	
Alanine Aminotransferase ,(ALT/SGPT) Method: IFCC without pyridoxal phosphate activation	59	<=41 U/L	

Kindly correlate clinically

Interpretation: This test measures levels of Alanine Aminotransferase (ALT) in the blood. ALT is an enzyme found in the cells of the liver. Increased levels of ALT are typically produced when the liver is damaged. ALT testing is often done to monitor treatment for liver disease or when a person is experiencing symptoms of liver disorders.

Reference: Tietz Fundamentals of Clinical Chemistry and Molecular Diagnostics.

Cholesterol Total, Serum

Investigation	Observed Value	Biological Reference Interval	
Total Cholesterol Method:Spectrophotometry , CHOD - POD	266	Desirable: < 200 mg/dL Borderline: 200-239 mg/dL High: >/= 240 mg/dL	

Interpretation: Cholesterol contributes to a variety of functions in the body such as the production of hormones which are essential for growth and reproduction, the development of cells in tissues and organs throughout the body and the absorption of nutrients from the food. Excess cholesterol are thought to indicate increased risk of involvement of cardiovascular complications. Increased cholesterol levels are seen in cardiovascular diseases, pancreatic diseases, Hypothyroidism etc. Decreased cholesterol levels are seen in severe liver damage, malnutrition, Hyperthyroidism etc.

Reference: Third Report of the National Cholesterol Education program (NCEP) Expert Panel on Detection. Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III), JAMA 2001.

Creatinine, Serum

Investigation	Observed Value	Biological Reference Interval
Creatinine.	0.85	0.7-1.3 mg/dL

Method:Spectrophotometry, Jaffe - IDMS Traceable





Name : MR.SHARATH KUMAR I K

Age / Gender : 33 Years / Male

Ref.By : SELF

Reg.No : BIL4221886

TID/SID : UMR1511480/ 27566412 Registered on : 04-May-2024 / 09:10 AM

Collected on : 04-May-2024 / 09:12 AM

Reported on : 04-May-2024 / 21:01 PM

Reference : Arcofemi Health Care Ltd -

Interpretation:

Creatinine is a nitrogenous waste product produced by muscles from creatine. Creatinine is majorly filtered from the blood by the kidneys and released into the urine, so serum creatinine levels are usually a good indicator of kidney function. Serum creatinine is more specific and more sensitive indicator of renal function as compared to BUN because it is produced from muscle at a constant rate and its level in blood is not affected by protein catabolism or other exogenous products. It is also not reabsorbed and very little is secreted by tubules making it a reliable marker. Serum creatinine levels are increased in pre renal, renal and post renal azotemia, active acromegaly and gigantism. Decreased serum creatinine levels are seen in pregnancy and increasing age.

TEST REPORT

Biological reference interval changed; Reference: Tietz Textbook of Clinical Chemistry & Molecular Diagnostics, Fifth Edition.

Glucose Random (RBS), Sodium Fluoride Plasma

Investigation	Observed Value	Biological Reference Interval
Glucose Random	120	70-140 mg/dL
Method:Hexokinase		

Interpretation: Detect high blood glucose (hyperglycemia) and low blood glucose (hypoglycemia). To Screen for diabetes. To diagnose diabetes, prediabetes and gestational diabetes and to monitor glucose levels in people diagnosed with diabetes.

Reference: American Diabetes Association. Standards of Medical Care in Diabetes-2020.

Urea, Serum

Investigation	Observed Value	Biological Reference Interval
Urea.	14.2	12.8-42.8 mg/dL
Mathad:Kinatia LIV		

Interpretation: Urea is the major nitrogen-containing metabolic product of protein and amino acid catabolism. It is increased in pre-renal uraemic conditions such as high protein diet, increased protein catabolism, Gastrointestinal hemorrhage, dehydration, heart failure, etc. post-renal uremia is seen in malignancy, nephrolithiasis and prostatism.

Reference: Tietz Fundamentals of Clinical Chemistry and Molecular Diagnostics.

* Sample processed at Regional Reference Laboratory, Tenet Diagnostics, Bangalore

--- End Of Report ---

Dr Manjunatha H.K Consultant Pathologist





: Mr . SHARATH KUMAR I K Name TID : UMR1511480

Age/Gender : 33 Years/Male Registered On : 04-May-2024 09:10 AM

Ref By : Self Reported On : 04-May-2024 01:23 PM : BIL4221886

Reference : Arcofemi Health Care Ltd

- Medi Whe

X - RAY CHEST PA VIEW

Bilateral lung fields appear normal.

Cardiac size is within normal limits.

Bilateral hilar regions appear normal.

Bilateral domes of diaphragm and costophrenic angles are normal.

Visualised bones and soft tissues appear normal.

Impression:

Reg.No

Essentially normal study.

*** End Of Report ***

Dr Anusha Suresh Consultant Radiologist

