

Patient Name : MR, PRAKASH KUMAR MAHAPATRA

Age / Gender : 49 years / Male

Patient ID : 22092

Referral : MEDI WHEEL

Collection Time : 23/07/2024, 07:58 AM

Reporting Time : 23/07/2024, 03:59 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
<u>LFT, Liver Function Test</u>			
Bilirubin - Total Method : Serum, Jendrassik Graf	0.71	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazoisation	0.20	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.51	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with PSP, IFCC 37 degree	27.62	8 - 33	U/L
SGPT Method : Serum, UV with PSP, IFCC 37 degree	34.39	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	6.77	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	82.36	53-128	U/L
Total Protein Method : Serum, Bihant, reagent blank end point	7.21	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	4.05	3.50 - 5.30	g/dL
Globulin Method : Serum, BIA	3.16	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.28	1.2 - 2.2	

****END OF REPORT****



Technician



Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenacare.in

Wishing Good Health

Patient Name : MR. PRAKASH KUMAR MAHAPATRA

Age / Gender : 49 years / Male

Patient ID : 22092

Referral : MEDI WHEEL

Collection Time : 23/07/2024, 07:58 AM

Reporting Time : 23/07/2024, 02:48 PM

Sample ID :



25212

Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	170.46	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	202.30	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	42.61	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	87.39	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	40.46	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.00	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.05	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

****END OF REPORT****



Lipid Technician



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Test Description	Value(s)	Reference Range	Unit
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Thyroid Profile (T3, T4, TSH)


T3-Total Method : CLIA	1.24	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	8.63	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	2.17	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range Isolated High TSH (especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability, Subclinical Autoimmune Hypothyroidism, Intermittent 14 therapy for hypothyroidism, Recovery phase after Non-Thyroidal illness*
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioactive Hypothyroid phase of transient thyroiditis*
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies/intermittent 14 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness, Subclinical Hyperthyroidism, Thyroxine ingestion†
Decreased	Decreased	Decreased	Central Hypothyroidism, Non-Thyroidal illness, Recent treatment for Hyperthyroidism (TSH remains suppressed)†
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease), Multinodular goitre, Toxic nodule •Transient thyroiditis/Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum*
Decreased Within Range	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3 -often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

END OF REPORT


Lip Technician


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Reporting Time : 23/07/2024, 02:51 PM

Sample ID :



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

Urine(R/M) Routine Examination of Urine

General Examination

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.015	1.005 - 1.030	

Chemical Examination

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

Microscopic Examination

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	0 - 4 /HPF	0-9	/hpf
Epithelial cells	2 - 3 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

END OF REPORT

Prakash
Technician

Dr. Kundan

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Sample ID :



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

HbA1c, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD 5.31 %

Method : (HPLC, NGSP certified)

Estimated Average Glucose : 105.70 mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

- Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
- Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Page 1 of 2



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Referral : MEDI WHEEL
Collection Time : 23/07/2024, 07:58 AM
Reporting Time : 23/07/2024, 02:48 PM
Sample ID :



25212

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		
Glucose, Fasting (FBS)			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	78.19	75 - 115	mg/dL
Glucose, Post Prandial (PP)			
Blood Glucose-Post Prandial Method : Hexokinase	119.52	70 - 140	mg/dL
Creatinine			
Creatinine Method : Serum, Jaffe	0.86	0.6 - 1.5	mg/dL
Uric acid, Serum			
Uric Acid Method : Uricase, Colorimetric	5.12	3.4 - 7.0	mg/dL
BUN, Serum			
BUN-Blood Urea Nitroge Method : Serum, Urease	12	06 - 24	mg/dL

END OF REPORT

Lab Technician

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CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Wishing Good Health



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Age / Gender : 49 years / Male
Patient ID : 22092

Referral : MED! WHEEL
Collection Time : 23/07/2024, 07:58 AM
Reporting Time : 23/07/2024, 02:50 PM
Sample ID :



Test Description	Value(s)	Reference Range	Unit
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Blood Group ABO & Rh Typing, Blood

Blood Group (ABO typing)
Method : Manual-Hemagglutination
RhD Factor (Rh Typing)
Method : Manual hemagglutination

"O"
Positive

ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate
Method : EDTA Whole Blood, Manual Westergren

15 0 - 15 mm/hr

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

****END OF REPORT****

Technician

Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

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Page 1 of 1



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Regd. No. : 1834

ZENA HEALTHCARE SERVICES
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GENERAL PHYSICIAN EXAMINATION REPORT

Date :- 23.07.2024

NAME

Mr Prakash Kumar Mahapatra

MEDICAL INFORMATION

Height:- 167 cm	Age:- 49 yrs
Weight:- 80 kg	Sex:- MALE
Blood Pressure:- 158/111 mmhg	Pulse:- 86 /min
Body Mass Index(BMI)	
28.7	

DR. M. J. HOTA
M.B.B.S.
REGD. NO. 6903

Signature

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Website : www.zenacare.in

Wishing Good Health

ID: 2418
CASE
AGE: 49 Y M D
CMS

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PLOT-119, SAHIDNAGAR, BHUBANESWAR

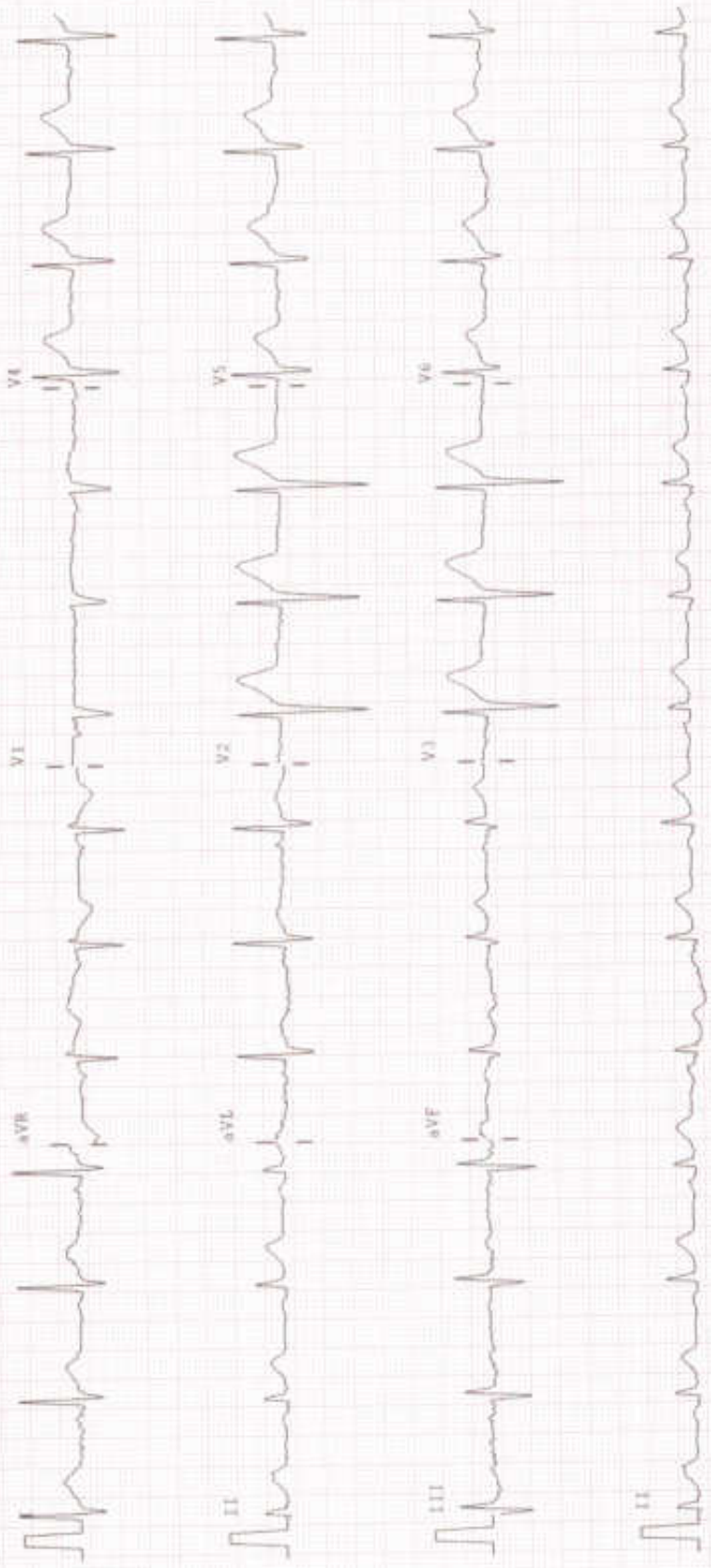
DATE: 30 Sep 2024
P-R: 748 ms
P-R: 112 ms
QRS: 94 ms
QT: 378 ms
QTc: 413 ms

SINUS RHYTHM
INFERIOR INFARCT - AGE UNDETERMINED

--AXIS--
P: 51°
QRS: 24°
T: 37°
ABNORMAL ECG

12 SL. REPORT FORMAT 3x5+15 SQ

Dr





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Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME:-PRAKASH KUMAR MAHAPATRA
AGE:- 49YRS
Patient ID:-02

REFERRAL:- MEDIWHEEL
DATE:-23.07.2024
SEX:- MALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

Dr. Bhagaban Pradhan
M.D. (Radio diagnosis)
Consultant Radiologist

For Home Collection Please Call at Number :

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Website : www.zenacare.in

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MATERNITY CARE HOPITAL

NAME : PRAKASH KUMAR MOHAPATRA

DATE : 23-07-2024

AGE-49Y/M

SONOGRAPHER : DR. PARUL PATI

USG OF WHOLE ABDOMEN

LIVER: Normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic biliary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 7.2 mm, liver.

GALL BLADDER: normal in shape and size no sol, no calculi seen.

C.B.D.: Common bile duct normal in calibre (3.1 mms).

SPLEEN : Normal in size, shape and parenchymal echotexture.

PANCREAS: Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.

KIDNEYS: Both the kidneys are normal in size, shape and position. Renal cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of any calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen.

- Right kidney measures : 9.7 x 5.6 cms.
- Left kidney measures: 8.9 x 4.8 cms.

URETERS: Both ureters not visualized (normal).

URINARY BLADDER: Symmetrical and normal in outline. Lumen clear. Walls normal in thickness

Prostrate: normal in size shape and echo structure .

Impression: Normal study of abdomen.

Parul Pati
DR. PARUL PATI (O&G MD)
Regd No: 5569
MATERNITY CARE HOSPITAL & IVF CENTRE
A-142/A-143, Sahid Nagar, Bhubaneswar

Patient Name : MR. PRAKASH KUMAR MAHAPATRA

Age / Gender : 49 years / Male

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25212

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	14.0	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	4.83	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	45.0	42 - 52	%
Mean Cell Volume (MCV)	93.17	78 - 100	fL
Mean Cell Haemoglobin (MCH)	28.99	27 - 31	pg
Mean Corpuscular Hb Concn. (MCHC)	31.11	32 - 36	g/dL
Red Cell Distribution Width (RDW)	13.1	11.5 - 14.0	%
Total Leucocytes (WBC) Count	7700	4000-10000	cell/cu.mm
Neutrophils	66	40 - 80	%
Lymphocytes	30	20 - 40	%
Monocytes	03	2 - 10	%
Eosinophils	01	1 - 6	%
Basophils	00	1-2	%
Platelet Count	150	150 - 450	$10^3/\mu\text{l}$
Mean Platelet Volume (MPV)	12.2	7.2 - 11.7	fL
PCT	0.18	0.2 - 0.5	%
PDW	18.8	9.0 - 17.0	%

END OF REPORT


Lab Technician


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ZENA HEALTHCARE
SAHIDNAGAR, BHUBANESWAR

Report

1088 / PRAKASH KUMAR MAHAPATRA / 49 Yrs / M / 167 Cms / 80 Kg Date: 23-Jul-2024 Refd By : MEDI WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	HRP	PVC	Comments
Supine	00:33	0:33	00.0	00.0	01.0	090	53 %	125/85	112	00	
Standing	00:47	0:14	00.0	00.0	01.0	068	51 %	125/85	110	00	
HV	01:04	0:17	00.0	00.0	01.0	090	53 %	125/85	112	00	
ExStart	01:21	0:17	00.0	00.0	01.0	090	53 %	125/85	112	00	
BRUCE Stage 1	04:21	3:00	01.7	10.0	04.7	140	82 %	127/87	177	00	
BRUCE Stage 2	07:21	3:00	02.5	12.0	07.1	166	96 %	129/89	212	00	
PeakEx	08:27	1:06	03.4	14.0	08.3	176	103 %	129/89	227	00	
Recovery	08:57	0:30	01.1	00.0	04.2	165	98 %	129/89	212	00	
Recovery	09:27	1:00	01.1	00.0	01.2	156	91 %	127/87	198	00	
Recovery	11:27	3:00	00.0	00.0	01.0	121	71 %	125/85	151	00	
Recovery	13:30	5:03	00.0	00.0	01.0	116	68 %	124/84	143	00	

FINDINGS :

Exercise Time 07:06
 Initial HR (ExStart) 90 bpm 63% of Target 171
 Initial BP (ExStart) 125/85
 Max Workload Attained 8.3 Fair response to induced stress
 Test End Reasons Test Complete, Test Complete

REPORT :

Max HR Attained 176 bpm 103% of Target 171
 Max BP Attained 129/89



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1088 / PRAKASH KUMAR MAHAPATRA / 49 Yrs / Male / 167 Cm / 80 Kg

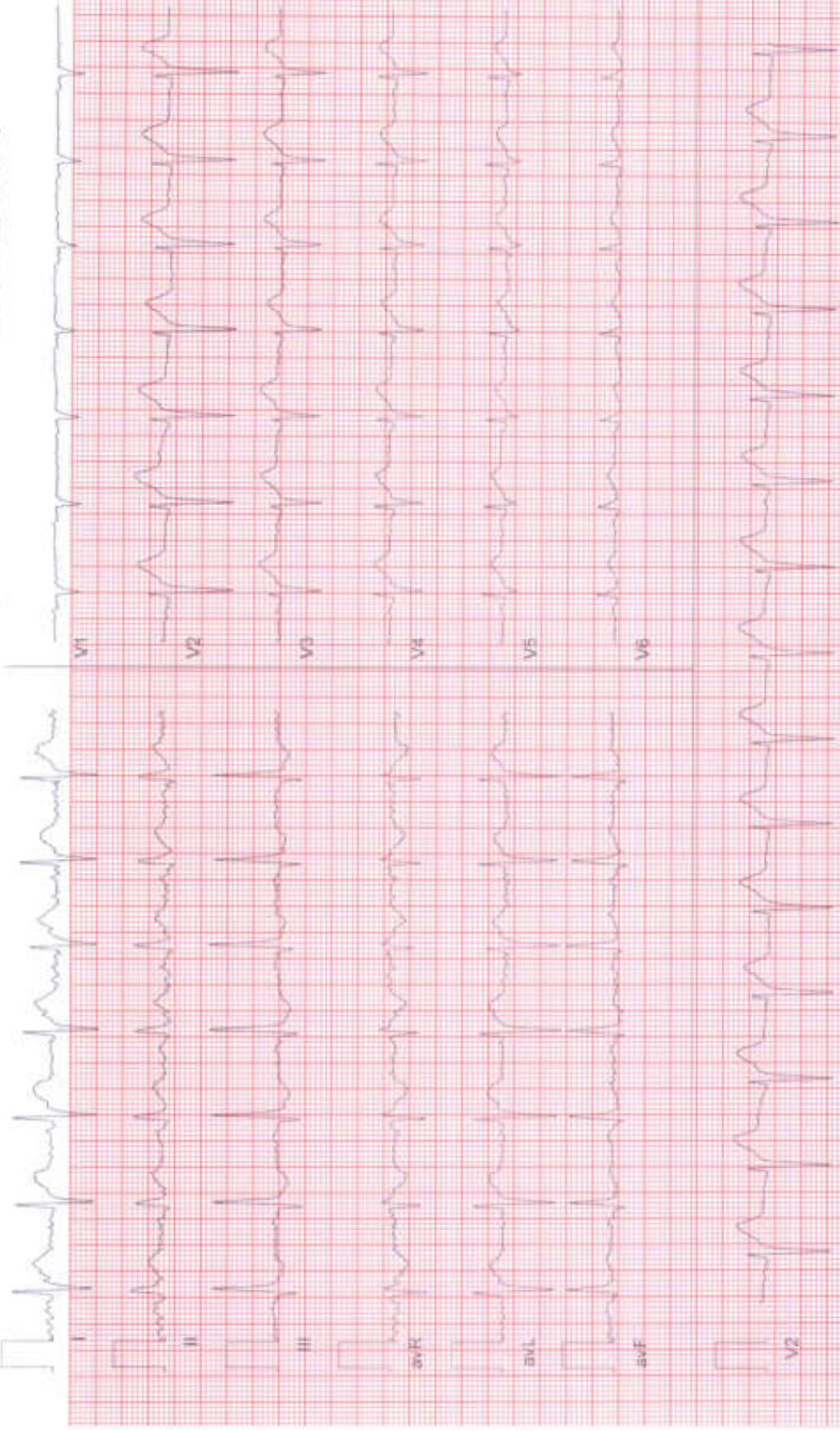
6 x 2 + Rhythm
BRUCE Supine(0.33)

Date: 23-07-2024 10:38:51 AM METS: 1.0 HR: 90 Target HR: 63% of 171 BP: 125/85 Ex Time: 00:00 0.0 mV/5.0 % 25 mm/Sec 1.0 Cm/mV BL C Dip Notch On/ HF 0.05 Hz/LF 35 Hz



Date: 23 - 07 - 2024 10:39:51 AM METs : 1.0 HR : 88 Target HR : 51% of R1 BP : 125/65

Ex Time : 00:00 0.0 mph 0.0 % 25 min/Sec 1.0 Cal/min V ELC Onr Watch Chir/ HF 0.05 Hz LUF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR
1085 / PRAKASH KUMAR MAHAPATRA / 49 Yrs / Male / 167 Cm / 80 Kg

6 x 2 + Rhythm
BRUCE.HV(0:17)



Date: 23-07-2024 10:39:51 AM METs: 1.0 HR: 90 Target HR: 53% of 171 BP: 125/85 Es Time: 00:00 0.0 mph/0.0 % 25 mm/Sec: 1.0 Calibry BUC Ovr Notch Div HF: 0.05 Hz/LF: 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

1088 / PRAKASH KUMAR MAHAPATRA / 49 Yrs / Male / 167 Cm / 80 Kg

6 x 2 + Rhythm

ExStart



Date: 23-07-2024 10:39:51 AM METs: 1.0 HR: 80 Target HR: 53% of 171 BP: 125/65 ExTime: 00:00 0.0 High 0.0 % 25 min/Sec 1.0 Current/ELC On/ Natch On/ HF 0.05 Hz & F 35 Hz



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SAHIDNAGAR, BHUBANESWAR

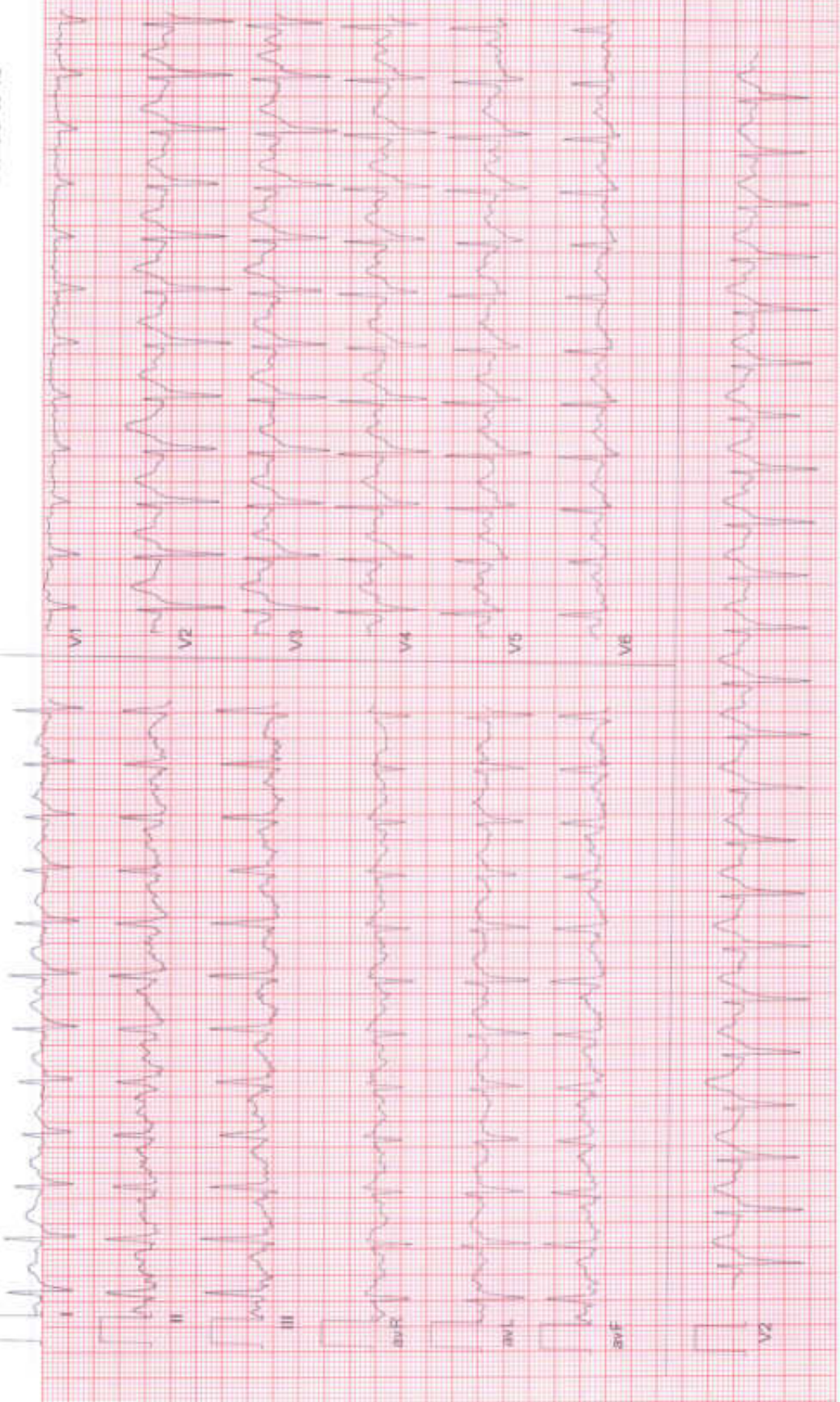
1089 / PRAKASH KUMAR MAHAPATRA / 49 Yrs / Male / 167 Cm / 80 Kg

6 x 2 + Rhythm
BRUCE: Stage 1 (3:00)



Date: 23-07-2024 10:39:51 AM METs: 4.7 HR: 140 Target HR: 82% of 171 BP: 127/87

Ex Time: 03:00 1.7 mph 10.0 % 25 min/Sec: 1.0 Calm V BLC Dry/ Notch Co/ NF 0.05 Hz LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

1088 / PRAKASH KUMAR MAHAPATRA / 49 Yrs / Male / 167 Cm / 80 Kg

6 x 2 + Rhythm
BRUCE-Stage 2(3:00)

Date: 23-07-2024 10:39:51 AM METs: 7.1 HR: 165 Target HR: 96% of 171 BP: 129/89

Ex Time: 06:00 2.5 mph/2.0 % 25 min/Sec 1.0 Cm/mV/BLC Clr Notch On/HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR
1088 / PRAKASH KUMAR MAHAPATRA / 49 Yrs / Male / 167 Cm / 80 Kg

**6 x 2 + Rhythm
PeakEx**



Date: 23-07-2024 10:39:51 AM METs: 6.2 HR: 176 Target HR: 160% of 171 BP: 129/89

ExTime: 07:06 3.4 mph/4.0 % 25 min/Sec: 1.0 Cms/mV BLC Div: North Div/WF 0.05 Hz/AF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

1088 / PRAKASH KUMAR MAHAPATRA / 49 Yrs / Male / 167 Cm / 80 Kg

6 x 2 + Rhythm
Recovery(0.30)

Date: 23 - 07 - 2024 10:39:51 AM METs: 4.2 HR: 165 Target HR: 96% of TTI BP: 128/89

Ex Time: 07:06 1.1 mph 0 % 25 mm/Sec 1.0 CHIMTU BLC Div: Noch Div HF 0.06 Hz I/LF 39 Hz



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SAHIDNAGAR, BHUBANESWAR

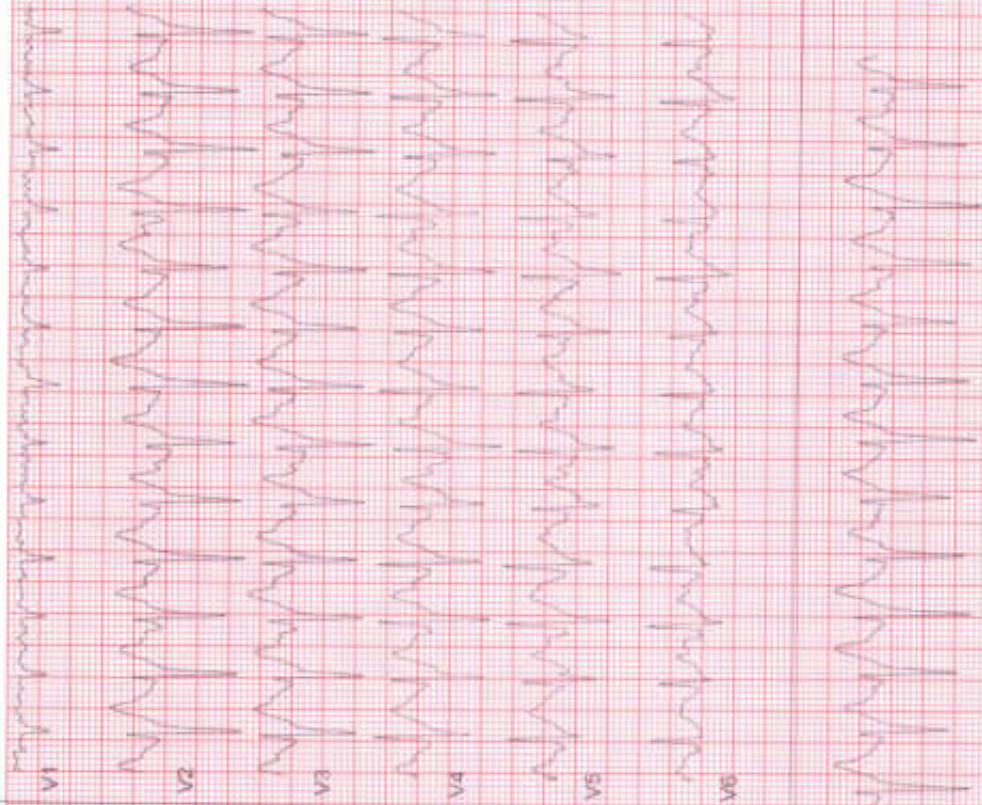
1088 / PRAKASH KUMAR MAHAPATRA / 49 Yrs / Male / 167 Cm / 80 Kg

6 x 2 + Rhythm
Recovery(1:00)



Date: 23-07-2024 10:39:51 AM METS: 1.2 HR: 156 Target HR: 91% of 171 BP: 127/87

Ex Time: 07:06 1.1 mph 0.0 % 25 mm/Sec 1.0 Cm/Div BL/C Div Match Div HF 0.05 Hz VLF 35 Hz



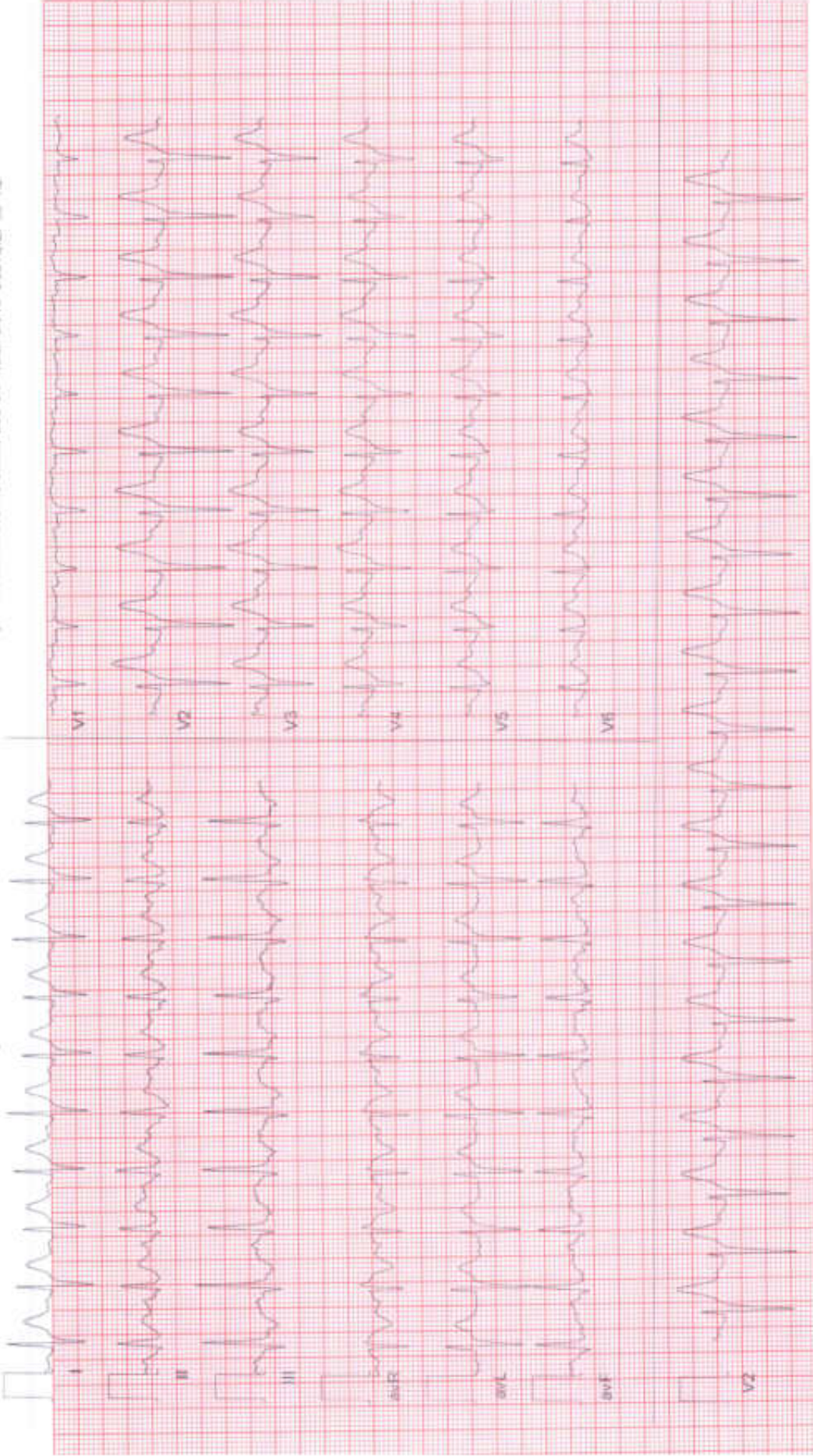
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SAHINAGAR, BHUBANESWAR
1088 / PRAKASH KUMAR MAHAAPATRA / 49 Yrs / Male / 167 Cm / 80 Kg

**6 x 2 + Rhythm
Recovery(3:00)**

Date: 23-07-2024 10:39:51 AM METs : 1.0 HR : 121 Target HR : 71% of 171 BP : 125/85

ExTime : 07:56 0.0 mph/0.0 % 25 mm/Sec 1.0 Cm/mV/ELC Div/ Natch Div/HF 0.05 Hz/LF 35 Hz



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

1988 / PRAKASH KUMAR MAHAPATRA / 49 Yrs / Male / 167 Cm / 80 Kg

**6 x 2 + Rhythm
Recovery(5.03)**

ASADL

Date: 23-07-2024 10:39:51 AM METS: 1.0 HR: 116 Target HR: 68% of 171 BP: 124/84 Ex Time: 07:06 0.0 mph/0.0 % 25 min/Sec. 1.0 Count/ELC On/ Match Cal/HF 0.05 Hz/F 35 Hz

