



Mediwheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

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CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Gyanendra Kumar** aged, **38yr**. Based on the examination, I certify that he is in good dental and physical health and it is free from any physical defects such as deafness, color blindness, and any chronic or contagious diseases.

Place: **Ranchi**

Date: 25/07/2024

Dr. Nitesh Kumar
MBBS
Nitesh Kumar
18/07/2024

Name & Signature of

Medical officer

Verified
 25/07/24

VARDAAAN HOSPITAL AND RESEARCH CENTRE (A MULTISPECIALITY HOSPITAL)

Block Road, Kathiland Chowk,
 Ratu Fitchi, Jharkhand-835222

E:vardaanhospitalranchi@gmail.com
 W: www.vardaaanhospital.org.in

Ph 0651-660100, 7070094, 63

OPD Prescription

UHID	23598	Issue Date	JUL 25 2024 9:58AM
Name	MR. GYANENDRA KUMAR	Age/Sex/Relig	38 Yrs/Male/HINDU
Doctor/Unit	Dr. R S PRASAD	Department	INTERNAL MEDICINE
Qualification	MBBS	Referred By	Self
Category	HEALTHASSURE	Patient Address	PLIT NO. 542, NEAR ARYA VIHAR, RAJENDRA NAGAR, MAKDUMP, JHARKHAND, PIN 835102
Guardian	S/O CHANDRIKA PRASAD	MemberShip	NO

Note: Kindly take Prior Appointment for Consultation and diagnostic.

BP: 110/70	Height: 170	Weight: 110	SPO2: 95%	Pulse: 82 bpm	Temperature: 98°F	Allergies: No
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History and complaints:

40+ Came for health check-up.

NO H/O - HAH / 1/2 DM etc

P I C C O

Examination

B.P - 110/70 mmHg
 HR - 82/min
 RR - 20/min
 Temp - 98°F
 SPO₂ - 95% RA

Chest S/L/AE ⊕
 C/S, S₂ ⊕
 P/A Soft, BS ⊕
 C/S - WNL

Investigations:

- Test report = Sr. Voes / Sr creatinine / CBC
 ALT / FBS / RIF - urine - appear normal
 Enur

Relw

- 1) Regular Exercise & morning walk.
- 2) Patient appear clinically fit for his work.

Advice:
 (Lifestyle / Rehab / Diet)

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SINGH PATH LAB
DEPARTMENT OF LABORATORY SCIENCES

Patient Name	Mr. GYANENDRA KUMAR	Lab No	42194
UHID/IP No	23598 / 32042	Sample Date	25/07/2024 9:58AM
Age/Gender	38 Yrs/Male	Receiving Date	25/07/2024 10:03AM
Bed No/Ward	OPD	Report Date	25/07/2024 11:47AM
Referred By	Dr. R S PRASAD	Report Status	Final

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Range	Method
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BLOOD UREA

Blood Urea 31 mg/dl 10 - 40

SERUM CREATININE

Sample: Serum
Creatinine 1.0 mg/dl 0.70 - 1.40

TOTAL CHOLESTEROL

Sample: Serum
Cholesterol-Total 167 mg/dl 140.0 - 250.0

INTERPRETATION:

Desirable : < 200 mg/dl
Borderline : 200 - 239 mg/dl
High : > 240 mg/dl

SGPT

ALT/SGPT 56 H U/L 10 - 50

Blood Sugar (Fasting) 114 mg/dl

--End Of Report--

SINGH PATH LAB
DEPARTMENT OF LABORATORY SCIENCES

Patient Name	Mr. GYANENDRA KUMAR	Lab No	42194
UHID/IP No	23598 / 32042	Sample Date	25/07/2024 9:58AM
Age/Gender	38 Yrs/Male	Receiving Date	25/07/2024 10:03AM
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Referred By	Dr. R S PRASAD	Report Status	Final

HAEMATOLOGY

Test Name	Result	Unit	Biological Ref. Range	Method
ESR Sample: W. B. EDTA	30 H	mm/hr	0 - 15	
COMPLETE BLOOD COUNT Sample: W. B. EDTA				
WBCS	10500	10 ³ /uL	4000 - 11000	
RBC Count (Red Blood Cell)	5.23	10 ¹² / L	4.50 - 5.50	
Packed Cell Volume (PCV)	44.5	%	40.0 - 50.0	
Mean Corpuscular Volume(MCV)	85.1	fl	83.0 - 101.0	
MCH	27.5	pg	27.0 - 32.0	
MCHC	32.4	gm/dl	31.5 - 34.5	
Platelet Count	4.19	K/uL	1.50 - 5.50	
Neutrophil.	61	%	40 - 80	
Lymphocyte %	26	%	20 - 55	
Monocytes %	08	%	1 - 12	
Eosinophil %	05	%	0 - 6	
Basophil %	00	%	0 - 2	
HAEMOGLOBIN	14.4	gm/dl	12 - 15	

--End Of Report--

SINGH PATH LAB
DEPARTMENT OF LABORATORY SCIENCES

Patient Name	Mr. GYANENDRA KUMAR	Lab No	42194
UHID/IP No	23598 / 32042	Sample Date	25/07/2024 9:58AM
Age/Gender	38 Yrs/Male	Receiving Date	25/07/2024 10:03AM
Bed No/Ward	OPD	Report Date	25/07/2024 11:36AM
Referred By	Dr. R S PRASAD	Report Status	Final

MICROBIOLOGY

URINE ROUTINE EXAMINATION

Sample: Urine

QUANTITY	25	ml	0 - 50
Color	Straw		
Consistency	Clear		

URINE FOR ARRINS SEDIMENT

Absent			
Specific Gravity	1.020		1.000 - 1.030
Reaction	6.0		
Glucose	Nil		
PROTIEN	Nil		

Microscopical Examination

Nil	
Leukocytes	0-2/hpf
ERYTHROCYTES	Nil
Epithelial Cells	A few
CAST	Nil
Crystals	Nil

CHEMICAL EXAMINATION

OTHERS	Nil
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--End Of Report--

SINGH PATH LAB
DEPARTMENT OF LABORATORY SCIENCES

Patient Name	Mr. GYANENDRA KUMAR	Lab No	42194
UHID/IP No	23598 / 32042	Sample Date	25/07/2024 9:58AM
Age/Gender	38 Yrs/Male	Receiving Date	25/07/2024 10:03AM
Bed No/Ward	OPD	Report Date	25/07/2024 11:39AM
Referred By	Dr. R S PRASAD	Report Status	Final

SEROLOGY

Test Name	Result	Unit	Biological Ref. Range	Method
BLOOD GROUP ABO & RH Sample: W. B. EDTA Blood Group (ABO and Rh)	"A" Rh Positive			

--End Of Report--

7/25/2024 10:34:37 AM

VARDMAN HOSPITAL

Mr gyanendra kumar
Male

Normal P axis, V-rate 50-99
large R in V1
ST > 0.06mV, II III aVF
Minimal ST elevation, inferior leads

96
139
85
334
422

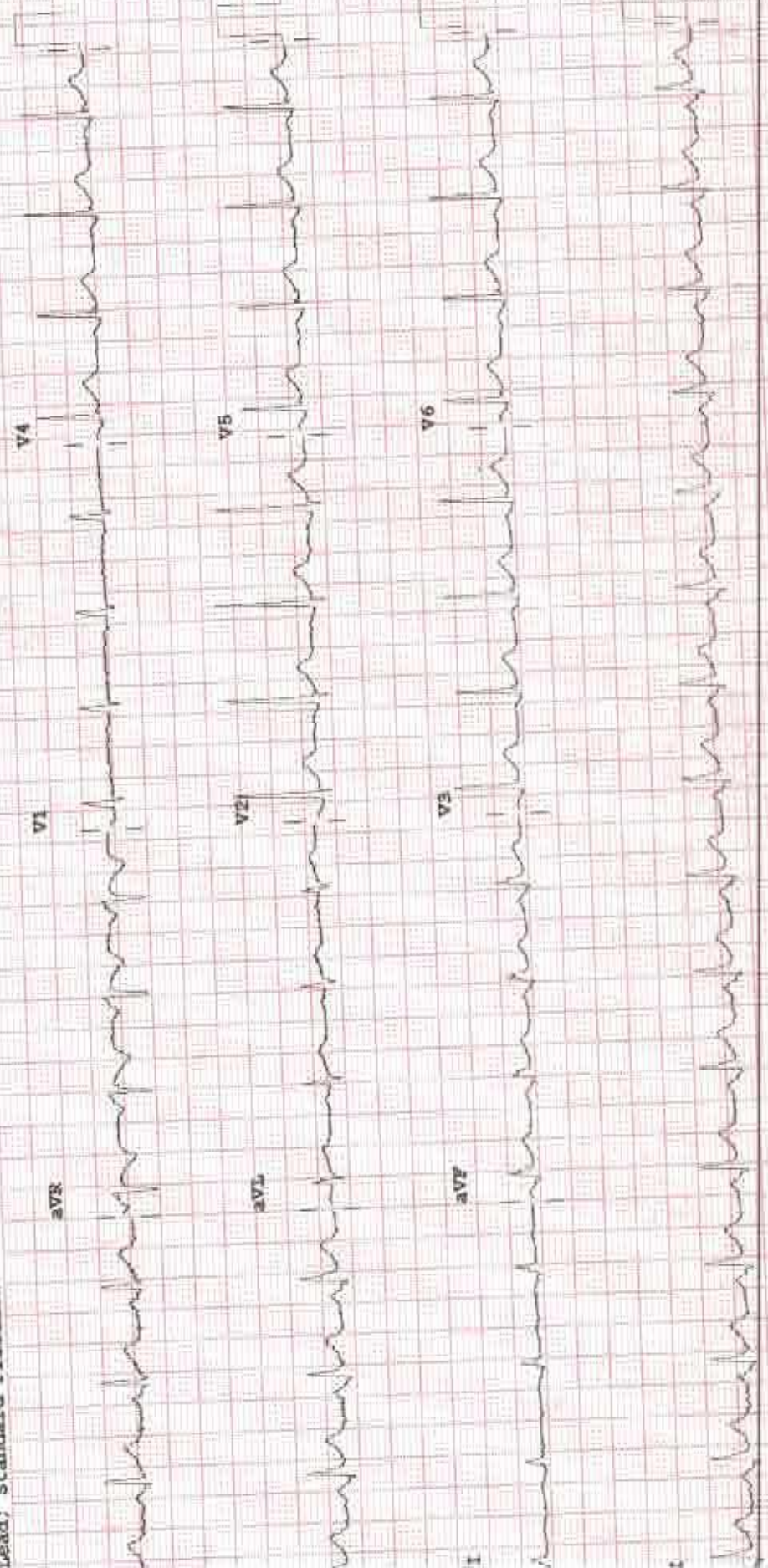
115--

- BORDERLINE ECG -

Unconfirmed Diagnosis

Lead; Standard Placement

46
45
31



Speed: 25 mm/sec
Limb: 20 mm/mV
Chest: 10.0 mm/mV

P: 60-0.15-100 Hr
100B CL
P2

Service:



R

GYANENDRA KUMAR 38Y UHID-23598 CHEST.FRN P->A 7/25/2024
VARDAAN HOSPITAL & RESEARCH CENTRE, KATHITAND, RANCHI