

Annexure-2
Self-Health Declaration
(Please ✓ Mark Where Applicable)



1 PERSONAL DETAILS:

Name: PARAG First Name SHASHIKANT Middle Name SONTAKKE Surname

Address: 3A, 602, Dreams Society, Shandeep (W)

City: Mumbai Pin: 400078

Birth Place: Naypur Birth Date: 06/01/1983 Religion: Hindu
(dd/mm/yyyy)

Post applied for: _____ Marital Status: Married / Unmarried Gender: M / F

2 PREVIOUS EMPLOYMENT: Yes / No If yes specify

	Name	Nature of work	Duration
i)	/		
ii)			
iii)			

3 NAME OF FAMILY DOCTOR:

Address: /

Contact Details: /

4 PERSONAL HABITS:

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol - occasionally
- iv) Any other

5 MEDICAL HISTORY:

i) ANY DISABILITY: Yes / No If yes specify with disability %

/

ii) PERSONAL HISTORY:

Are you in good health and capable of full work

Have you ever suffered from job related disease or injury?

Have you ever been discharged or rejected on medical grounds?

Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

Y	N		Y	N	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	Hypertension	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Hepatitis-B
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Diabetes	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Cancer
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Heart disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Stroke
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Kidney diseases	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Bronchitis
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	Any allergy <i>- no idea</i>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)	<input type="checkbox"/>	<input type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Mental disorder of any kind
<input type="checkbox"/>	<input checked="" type="checkbox"/>	Any major operation or injury	<input type="checkbox"/>	<input type="checkbox"/>	Any other illness <i>No idea</i>

Details of the above if "Yes" High D.P.

(For female candidates only)

Are you pregnant at present? Y N

Date of L.M.P. _____

iv) Immunization: Yes No

Tetanus Toxoid	<input type="checkbox"/>	<input type="checkbox"/>
Hepatitis B	<input type="checkbox"/>	<input type="checkbox"/>
Others	<input checked="" type="checkbox"/>	<input type="checkbox"/>

COVID [2 doses]

6 FAMILY HISTORY:

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	✓	✗
Heart Disease	✗	✗
Cancer	✗	✗
Diabetes	✓	✗
Tuberculosis	✗	✗
Epilepsy	✗	✗
Any other Disease	✗	

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father			54	Stomach ulcer
Mother			54	Jandice
Spouse	36	Good		
Children-1	03(4)	Good		
Children -2				

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 28/05/24

[Handwritten Signature]

 (Signature of Candidate)

MER- MEDICAL EXAMINATION REPORT

Date of Examination	28-09-2024		
NAME	Parag Sontakke		
AGE	41	Gender	Male
HEIGHT(cm)	174	WEIGHT (kg)	93kg
B.P.	120/80 mm/Hg		
ECG	ITMT		
X Ray	Normal		
Vision Checkup	Color Vision : N		
	Far Vision Ratio : 6/6N		
	Near Vision Ratio : N/6N		
Present Ailments	K/C/O - HTN on Rx.		
Details of Past ailments (If Any)			
Comments / Advice : She /He is Physically Fit			

(Handwritten Signature)

Signature with Stamp of Medical Examiner

Dr. Mrinalini Singh
 Consultant Physician
 MBBS, DNB, MRCP (UK), EDIC
 Reg. No. 2019/02/0392


CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Parag Sontakke on 28-09-2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none">• Medically Fit	<input type="checkbox"/>
<ul style="list-style-type: none">• Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Newly detected Diabetes mellitus</u></p> <p>2. <u>Borderline high cholesterol</u></p> <p>3.</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Currently Unfit. Review after _____ recommended	<input type="checkbox"/>
<ul style="list-style-type: none">• Unfit	<input type="checkbox"/>


Dr. Mrinalini Singh
Consultant Physician
MBBS, DNB, MRCP (UK), EDIC
Reg. No. 2016/02/0392

Dr. _____
Medical Officer
The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes

Report ID : **PSM289131658** Reg. : **28-Sep-2024**
Patient Name : **Mr. PARAG SONATAKKE** Report Date : **28-Sep-2024**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **41 Year / Male**

CHEST X RAY REPORT

X-Ray No : 5685

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.



Dr. Jacob
Mathew MD

Proudly... Caring For You

CONDITIONS OF REPORTING

SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
 - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
 - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any-query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



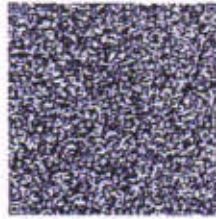
भारत सरकार
Government of India

भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

Enrolment No.: 0854/02067/02066

To
Parag Shashikant Sontakke
C/O: Shashikant Sontakke
VASUDHA ROAD NO 10
JOGINAGAR OPP SUNRISE CONVENT
NAGPUR
Parvati Nagar
Nagpur Maharashtra - 440027
9665855048

Signature valid



आपका आधार क्रमांक / Your Aadhaar No. :

4328 5171 0462

VID : 9183 9347 2218 2595

मेरा आधार, मेरी पहचान



भारत सरकार
Government of India



Parag Shashikant Sontakke
Date of Birth/DOB: 06/01/1983
Male/ MALE

Issue Date: 14/09/2013

4328 5171 0462

VID : 9183 9347 2218 2595

मेरा आधार, मेरी पहचान



Government of India



AADHAAR

सूचना / INFORMATION

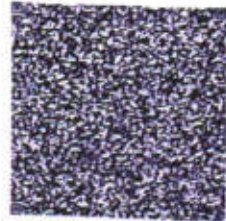
- आधार पहचान का प्रमाण है, नागरिकता का नहीं।
- आधार विशिष्ट और सुरक्षित है।
- सुरक्षित क्यूआर कोड/ऑफलाइन एक्सएमएल/ऑनलाइन प्रमाणीकरण का उपयोग करके पहचान सत्यापित करें।
- आधार के समीप रूप जैसे आधार पत्र, पीवीसी कार्ड, ई-आधार और एम-आधार समान रूप से मान्य हैं। 12 अंकों की आधार संख्या के स्थान पर आभासी (वर्चुअल) आधार पहचान (VID) का भी उपयोग किया जा सकता है।
- 10 साल में कम से कम एक बार आधार अपडेट जरूर करें।
- आधार आपको विभिन्न सरकारी और गैर-सरकारी योजनाओं/सेवाओं का लाभ उठाने में मदद करता है।
- आधार में अपना मोबाइल नंबर और ई-मेल आईडी अपडेट रखें।
- आधार सेवाओं का लाभ उठाने के लिए स्मार्टफोन पर mAadhaar ऐप डाउनलोड करें।
- आधार/बायोमेट्रिक्स को लॉक/अनलॉक करने की विशेषता का उपयोग सुरक्षा सुनिश्चित करने के लिए करें।
- आधार (पत्र/ नंबर) चाहने वाली संस्थायों को उचित सहमति लेने के लिए बाध्य किया गया है।
- Aadhaar is a proof of identity, not of citizenship.
- Aadhaar is unique and secure.
- Verify identity using secure QR code/offline XML/online Authentication.
- All forms of Aadhaar like Aadhaar letter, PVC Cards, eAadhaar and mAadhaar are equally valid. Virtual Aadhaar Identity (VID) can also be used in place of 12 digit Aadhaar number.
- Update Aadhaar at least once in 10 years.
- Aadhaar helps you avail various Government and Non-Government benefits/services.
- Keep your mobile number and email id updated in Aadhaar.
- Download mAadhaar app on smart phones to avail Aadhaar Services.
- Use the feature of lock/unlock Aadhaar/biometrics to ensure security.
- Entities seeking Aadhaar are obligated to seek due consent.



भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India



Address:
C/O: Shashikant Sontakke, VASUDHA ROAD
NO 10, JOGINAGAR OPP SUNRISE CONVENT,
NAGPUR, Parvati Nagar, Nagpur,
Maharashtra - 440027



4328 5171 0462

VID : 9183 9347 2218 2595

1047

help@uidai.gov.in

www.uidai.gov.in

Parag Sontakke



Name: Mr. PARAG SONTAKKE	Age : 41Y	Sex : Male
Date : 28/09/2024	Ref Dr : SELF	

USG ABDOMEN AND PELVIS

LIVER: Liver appears normal in size 13.2cm and shows diffuse increased echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

KIDNEYS: Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 10.9 x 5.1cm. There is 1.9 mm concretion seen at mid-pole in right kidney. Left kidney measures 10.6 x 5.2cm.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

PROSTATE: Prostate is normal in size measuring 3.3 x 3.4 x 3.4cm (20.8gm) and echotexture. No evidence of any focal lesion. No free fluid or significant lymphadenopathy is seen.

IMPRESSION: Fatty liver grade I.

Right renal concretion.

Advice: Clinical co-relation and further evaluation.

DR. PRIYANKA NERULKAR

CONSULTANT RADIOLOGIST

Thanks For Reference: Note the above report represents interpretation of various radiographic shadows, and has its own limitations. This report has to be co-related clinico-pathologically by the referring physician and it does not represent the sole diagnosis.

Proudly... Caring For You

SEA BIRD MEDICARE CENTRE POWAI

Patient Details Date: 28-Sep-24 Time: 12:27:08 PM
Name: PARAG SONTAKKE ID: 2954
Age: 40 y **Sex:** M **Height:** 174 cms. **Weight:** 93 Kg.
Clinical History: HTN

Medications: ON TREATMENT

Test Details

Protocol: Bruce **Pr.MHR:** 179 bpm **THR:** 152 (85 % of Pr.MHR) bpm
Total Exec. Time: 8 m 0 s **Max. HR:** 155 (87% of Pr.MHR) bpm **Max. Mets:** 10.20
Max. BP: 160 / 100 mmHg **Max. BP x HR:** 24800 mmHg/min **Min. BP x HR:** 6400 mmHg/min
Test Termination Criteria: THR ACHIEVED

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 28	1.0	0	0	84	120 / 80	-0.85 aVR	1.77 V2
Standing	0 : 4	1.0	0	0	80	120 / 80	-0.64 aVR	1.77 V2
Hyperventilation	0 : 7	1.0	0	0	80	120 / 80	-0.64 aVR	1.42 V2
1	3 : 0	4.6	1.7	10	107	130 / 80	-1.06 aVR	2.48 V3
2	3 : 0	7.0	2.5	12	122	140 / 90	-1.27 aVR	2.48 V3
Peak Ex	2 : 0	10.2	3.4	14	155	150 / 100	-0.85 II	2.48 V3
Recovery(1)	1 : 0	1.8	1	0	128	160 / 100	-1.49 III	3.54 V3
Recovery(2)	1 : 0	1.0	0	0	95	140 / 90	-0.64 aVR	3.18 V3
Recovery(3)	1 : 0	1.0	0	0	86	140 / 90	-0.64 II	1.42 II
Recovery(4)	1 : 0	1.0	0	0	80	130 / 80	-0.42 II	1.42 V2
Recovery(5)	0 : 4	1.0	0	0	82	130 / 80	-0.21 II	1.06 V2

Interpretation

The patient exercised according to the Bruce protocol for 8 m 0 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 84 bpm, rose to a max. heart rate of 155 (87% of Pr.MHR) bpm. Resting blood Pressure 120 / 80 mmHg, rose to a maximum blood pressure of 160 / 100 mmHg., No significant ST-T changes, TMT negative for inducible ischemia for the workload achieved



Dr. Mrinalini Singh
 Consultant Physician
 MBBS, DNB, MRCP (UK), EDIC
 Reg. No. 2619/02/0392
 Doctor: ----

Ref. Doctor: APOLLO

(Summary Report edited by user)

(c) Schiller Healthcare India Pvt. Ltd. V-4.7

SEA BIRD MEDICARE CENTRE POWAI

PARAG SONTAKKE (41 M)

ID: 2954

Date: 28-Sep-24

Exec Time : 0 m 0 s

Stage Time : 0 m 28 s

HR: 84 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 152 bpm)

B.P: 120 / 80

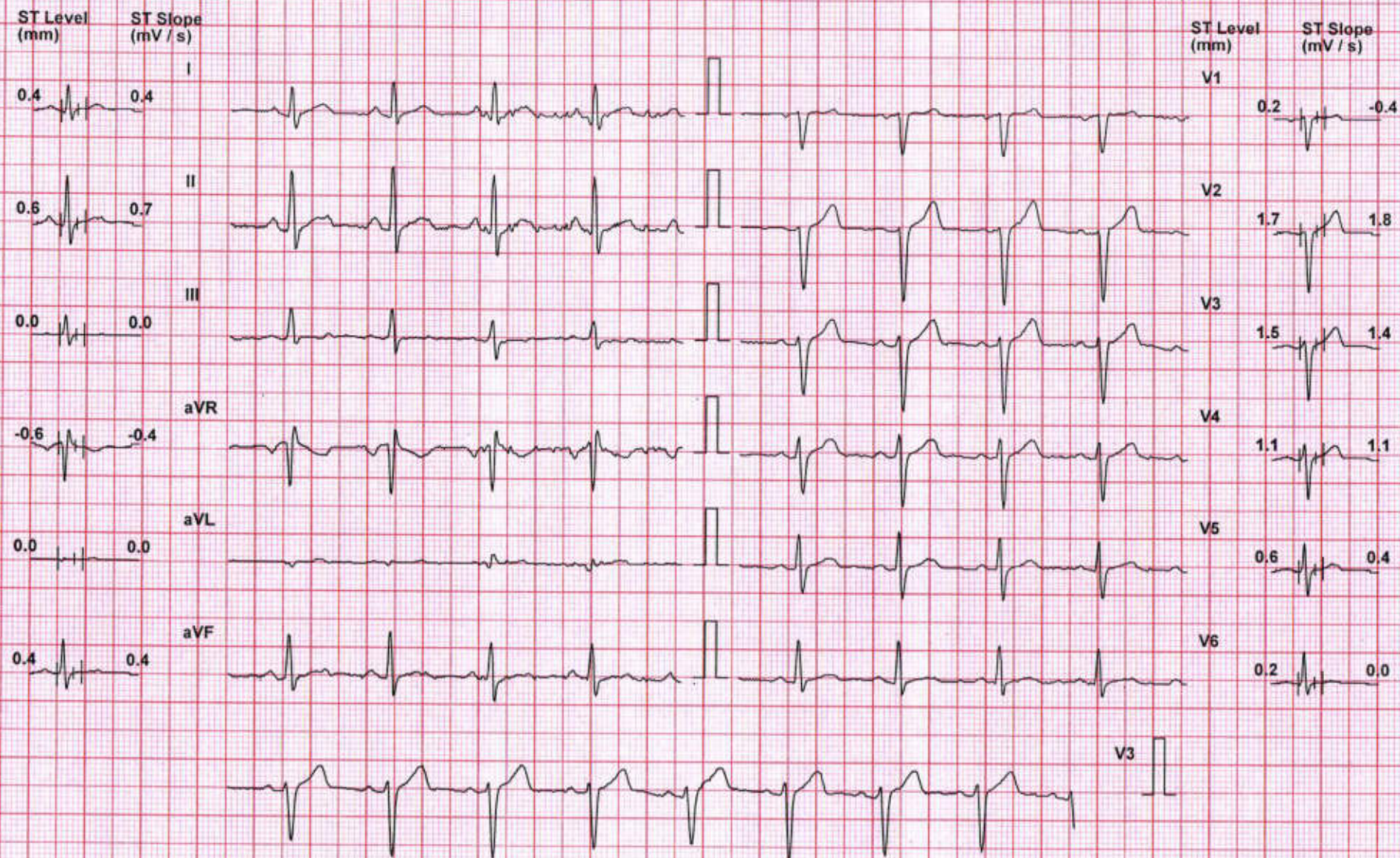


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V4.7

SEA BIRD MEDICARE CENTRE POWAI

PARAG SONTAKKE (40 M)

ID: 2954

Date: 28-Sep-24

Exec Time : 0 m 0 s

Stage Time : 0 m 0 s

HR: 80 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 152 bpm)

B.P: 120 / 80

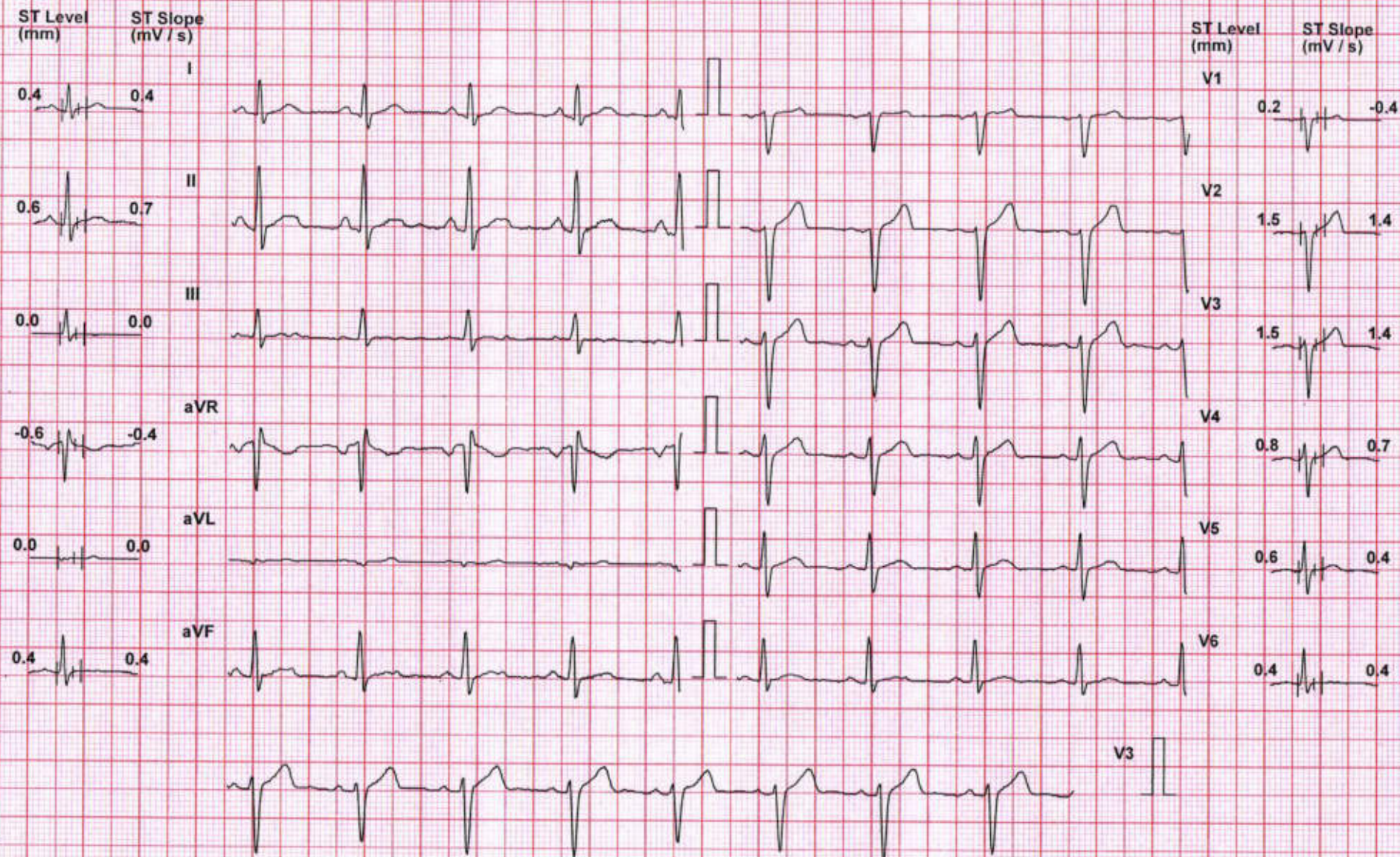


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V4.7

SEA BIRD MEDICARE CENTRE POWAI

PARAG SONTAKKE (40 M)

ID: 2954

Date: 28-Sep-24

Exec Time : 0 m 0 s

Stage Time : 0 m 0 s

HR: 80 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 152 bpm)

B.P: 120 / 80

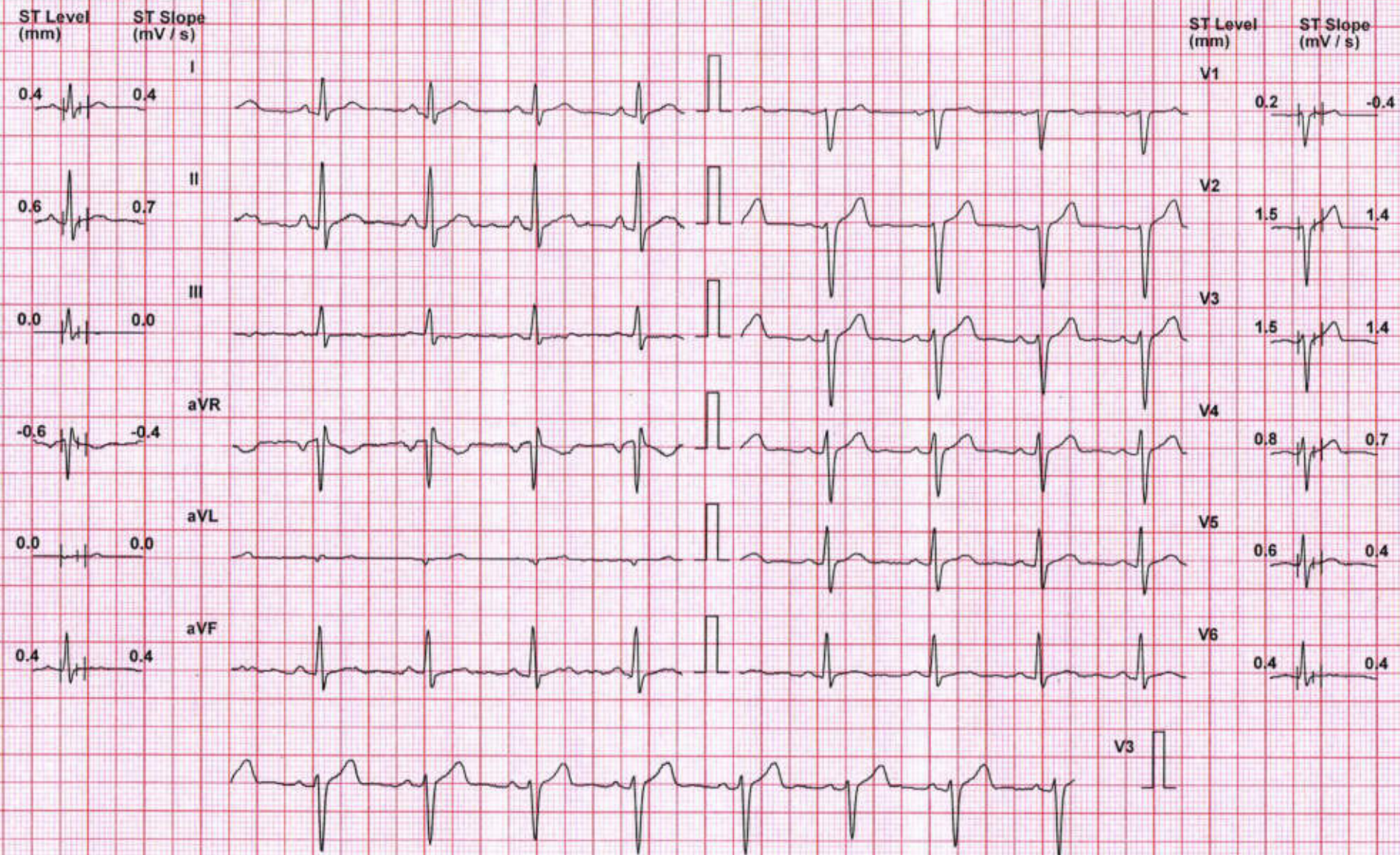


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V4.7

SEA BIRD MEDICARE CENTRE POWAI

PARAG SONTAKKE (40 M)

ID: 2954

Date: 28-Sep-24 Exec Time : 2 m 54 s Stage Time : 2 m 54 s HR: 107 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 152 bpm)

B.P: 130 / 80

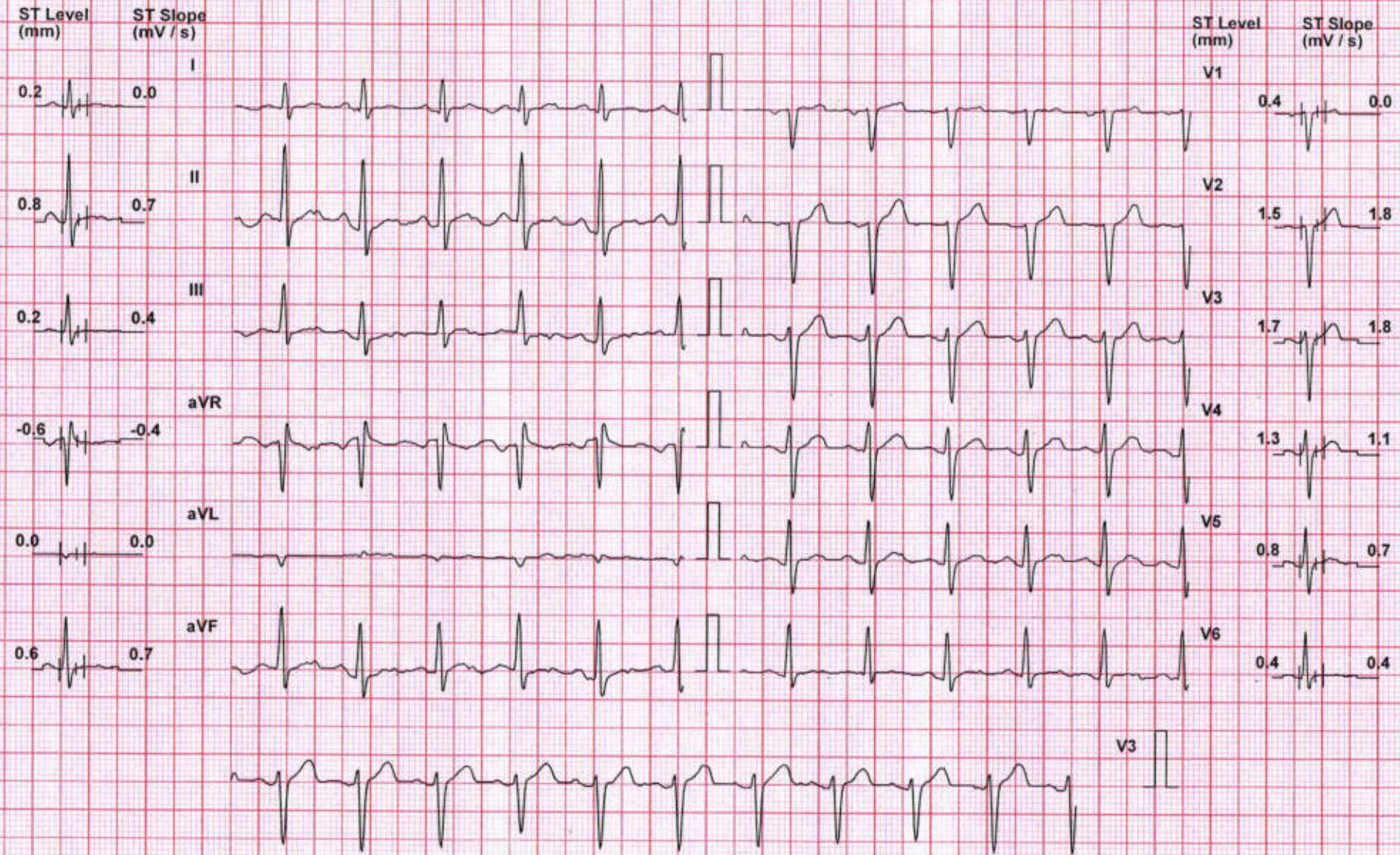


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spanden V 4.7

SEA BIRD MEDICARE CENTRE POWAI

PARAG SONTAKKE (41 M)

ID: 2954

Date: 28-Sep-24

Exec Time: 6 m 0 s

Stage Time: 3 m 0 s

HR: 122 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 152 bpm)

B.P: 140 / 90

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

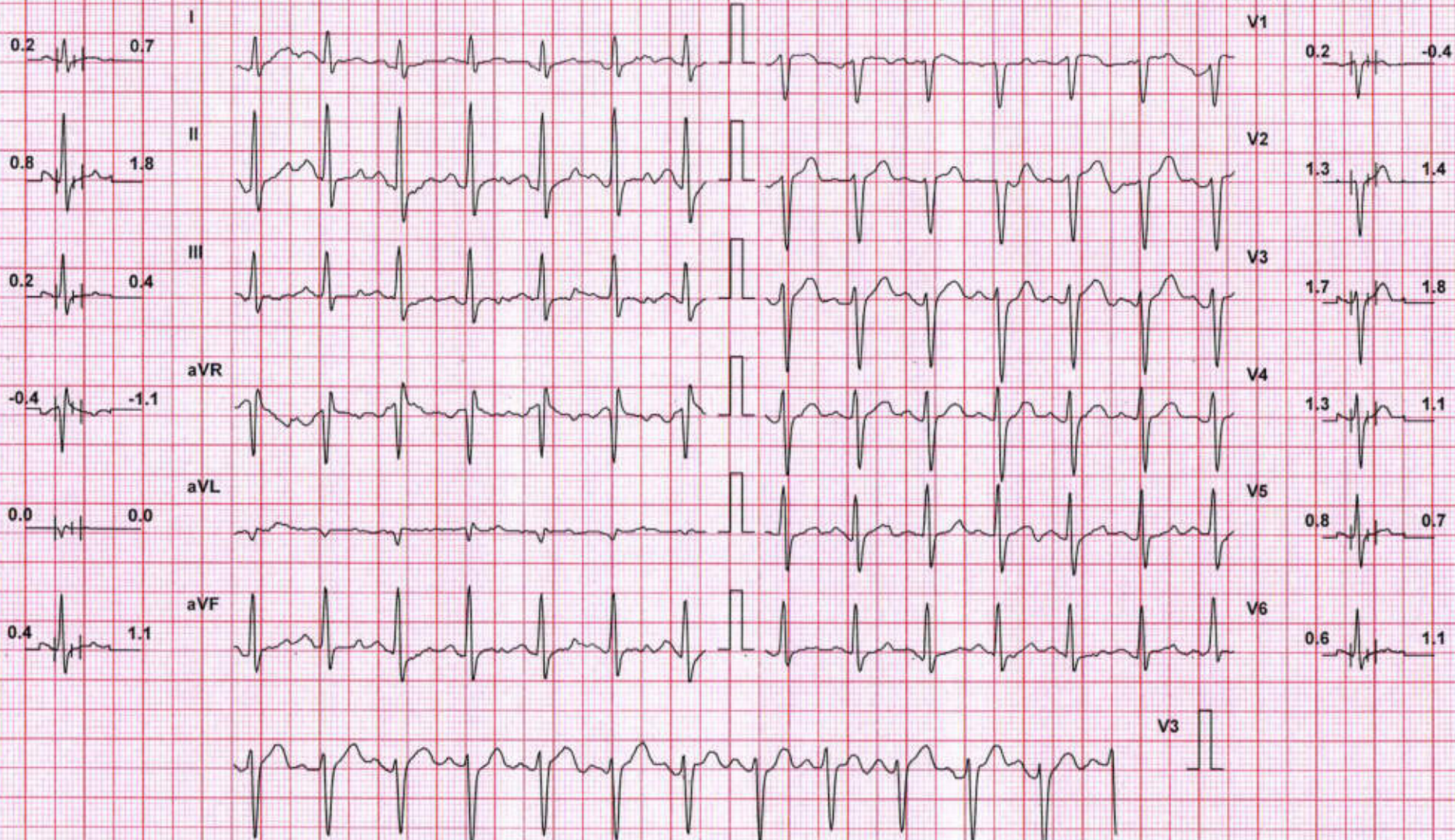


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V4.7

SEA BIRD MEDICARE CENTRE POWAI

PARAG SONTAKKE (41 M)

ID: 2954

Date: 28-Sep-24

Exec Time : 8 m 0 s

Stage Time : 2 m 0 s

HR: 155 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 152 bpm)

B.P: 150 / 100

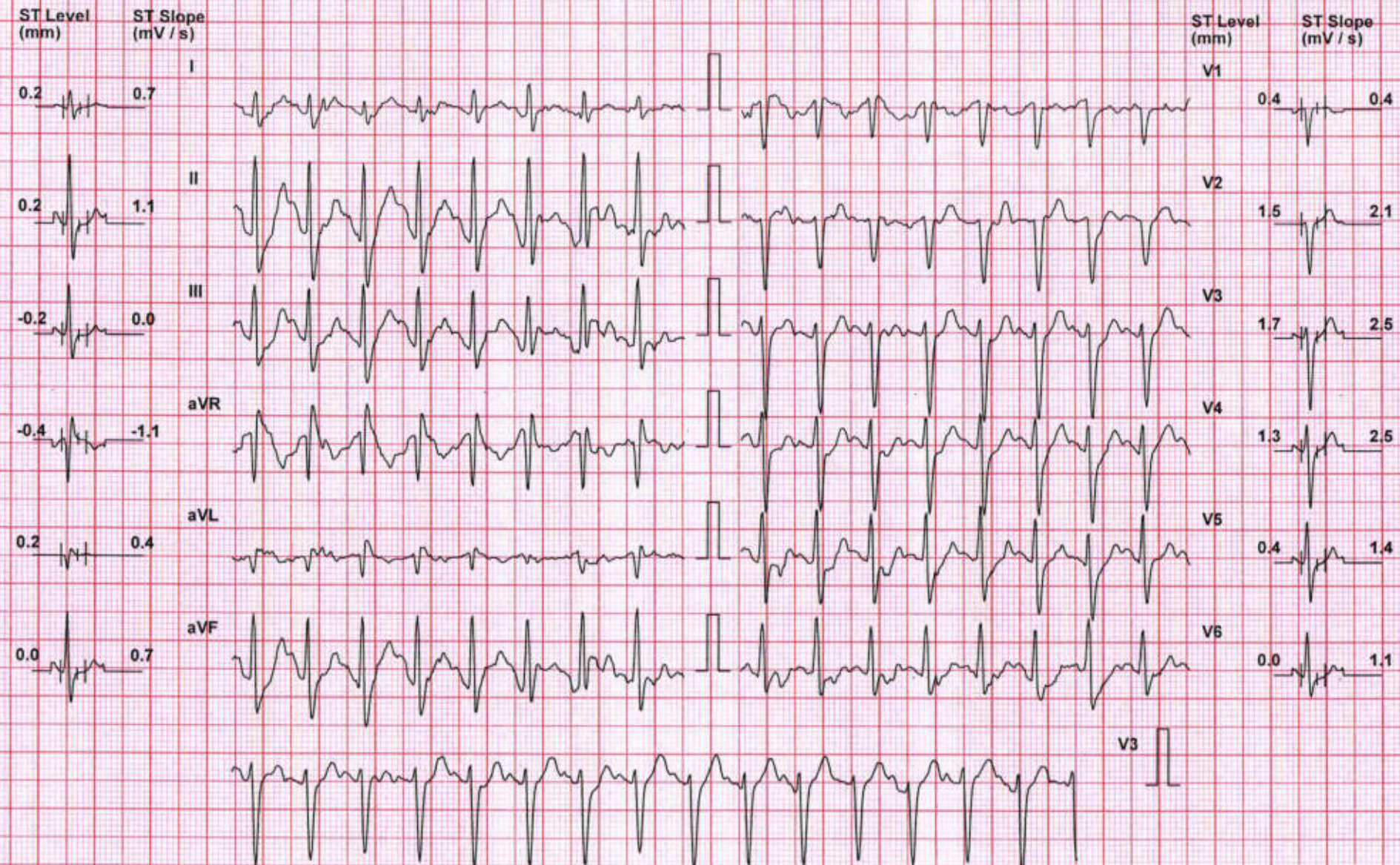


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr ON

Amp: 10 mm

Iso = R - 50 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEA BIRD MEDICARE CENTRE POWAI

PARAG SONTAKKE (41 M)

ID: 2954

Date: 28-Sep-24

Exec Time 8 m 0 s

Stage Time : 1 m 0 s

HR: 128 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 152 bpm)

B.P: 160 / 100

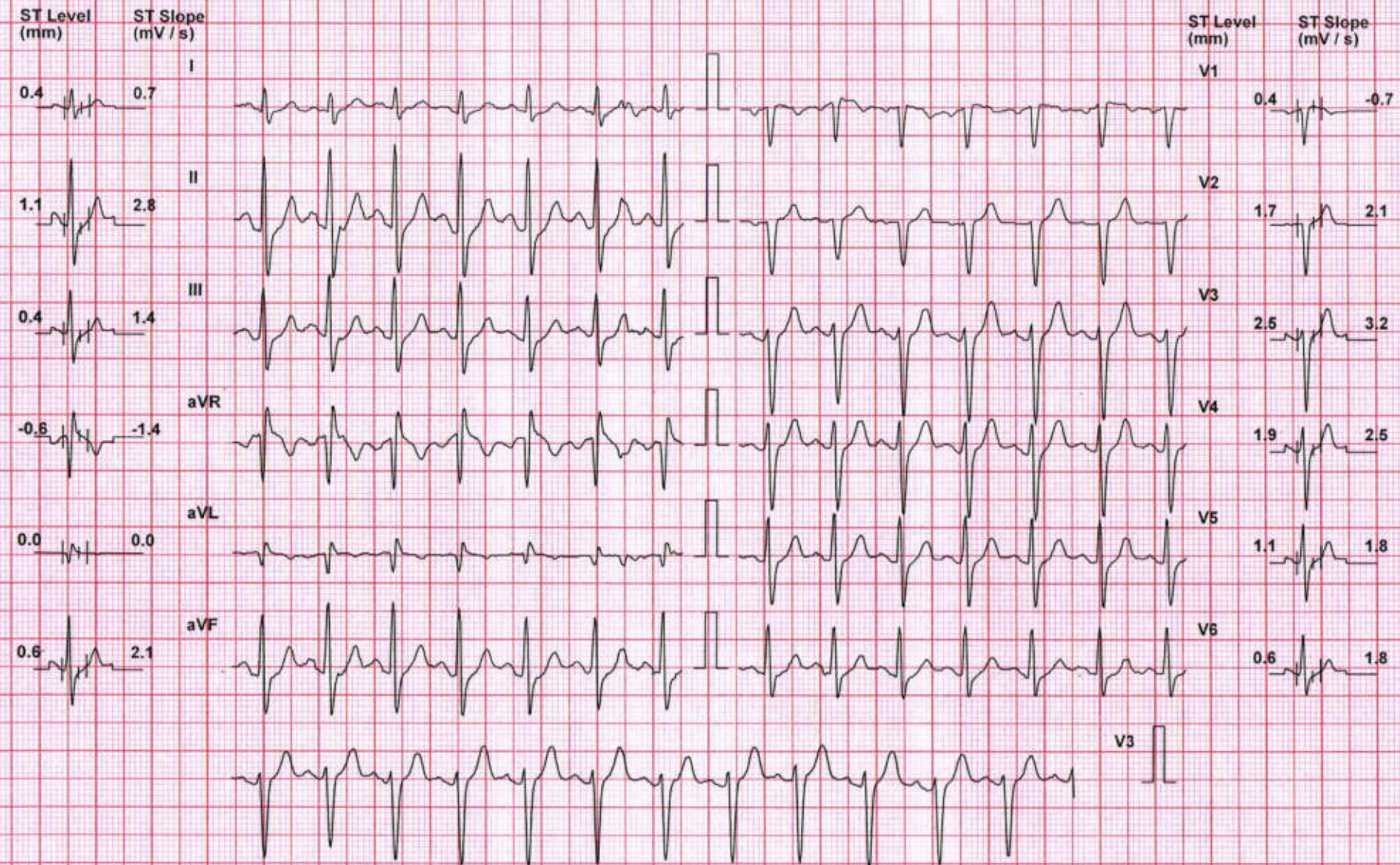


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 50 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V4.7

SEA BIRD MEDICARE CENTRE POWAI

PARAG SONTAKKE (41 M)

ID: 2954

Date: 28-Sep-24

Exec Time : 8 m 0 s

Stage Time : 1 m 0 s

HR: 95 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 152 bpm)

B.P: 140 / 90

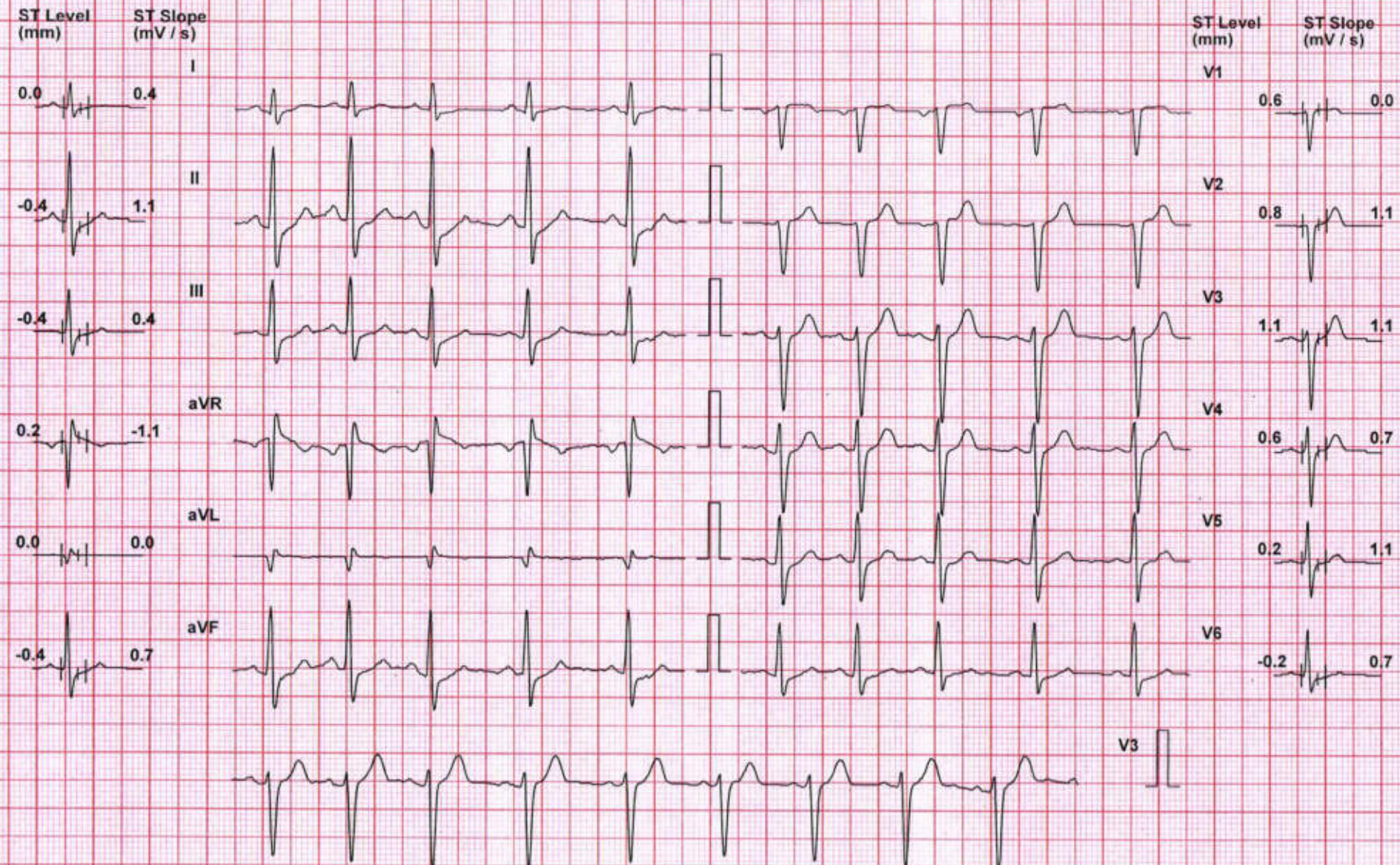


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 4.7

SEA BIRD MEDICARE CENTRE POWAI

PARAG SONTAKKE (41 M)

ID: 2954

Date: 28-Sep-24

Exec Time : 8 m 0 s

Stage Time : 1 m 0 s

HR: 86 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 152 bpm)

B.P: 140 / 90

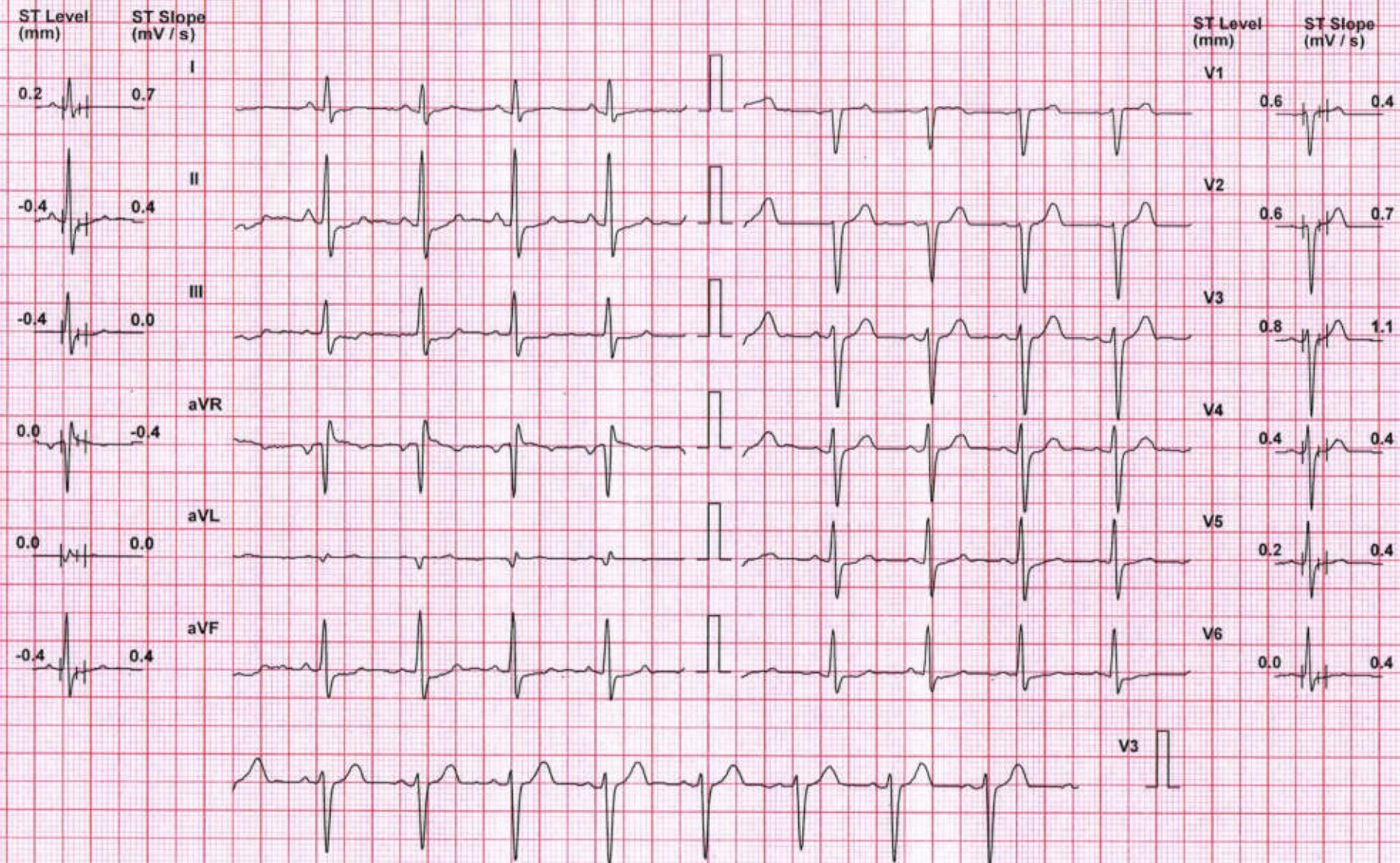


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V4.7

SEA BIRD MEDICARE CENTRE POWAI

PARAG SONTAKKE (41 M)

ID: 2954

Date: 28-Sep-24

Exec Time : 8 m 0 s

Stage Time : 1 m 0 s

HR: 80 bpm

Protocol: Bruce

Stage: Recovery(4)

Speed: 0 mph

Grade: 0 %

(THR: 152 bpm)

B.P: 130 / 80

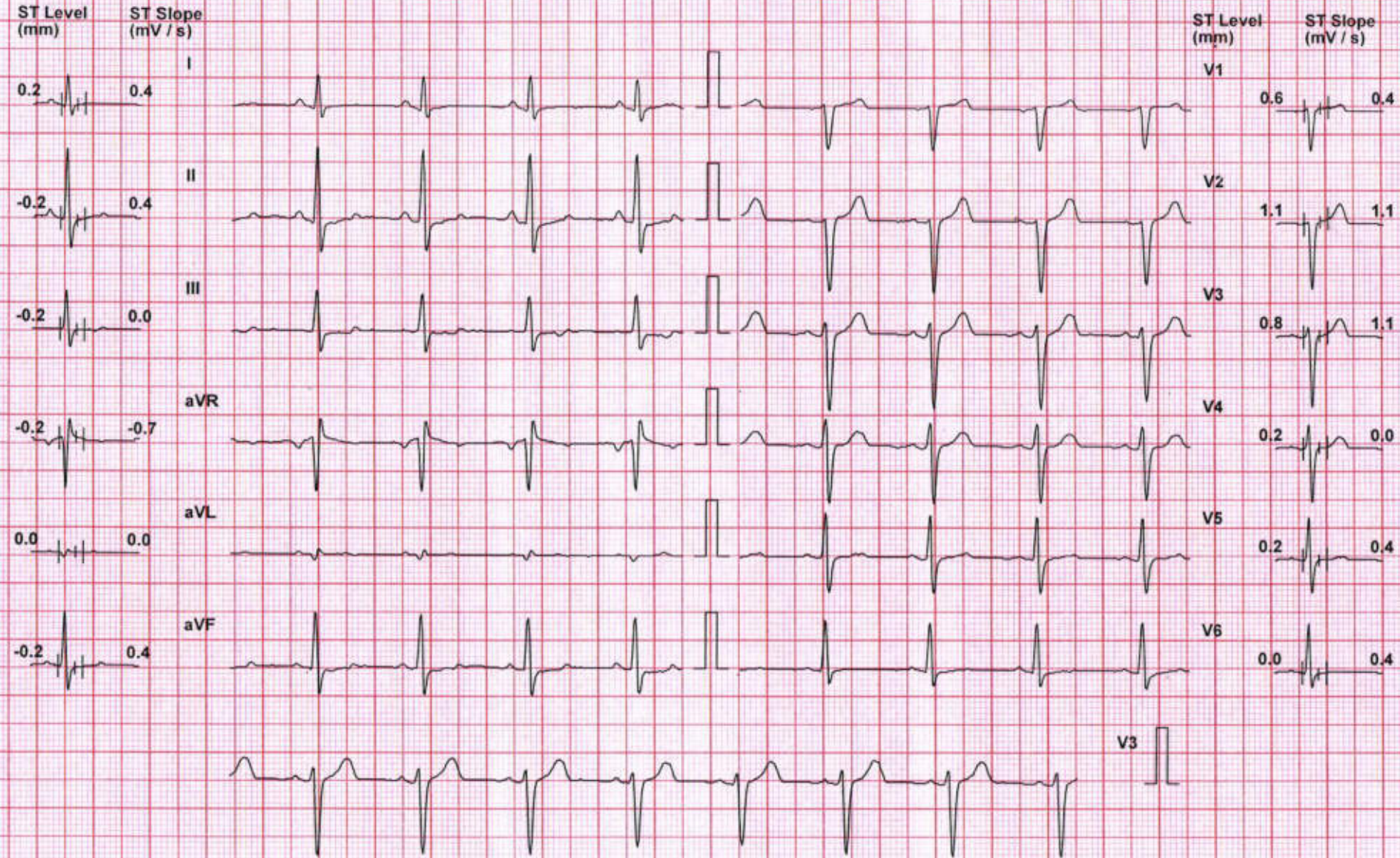


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandan V 47

SEA BIRD MEDICARE CENTRE POWAI

ECG

PARAG SONTAKKE (41 M)

ID: 2954

Date: 28-Sep-24

Time: 12:25:26 PM BP: 120 / 80 mmHg

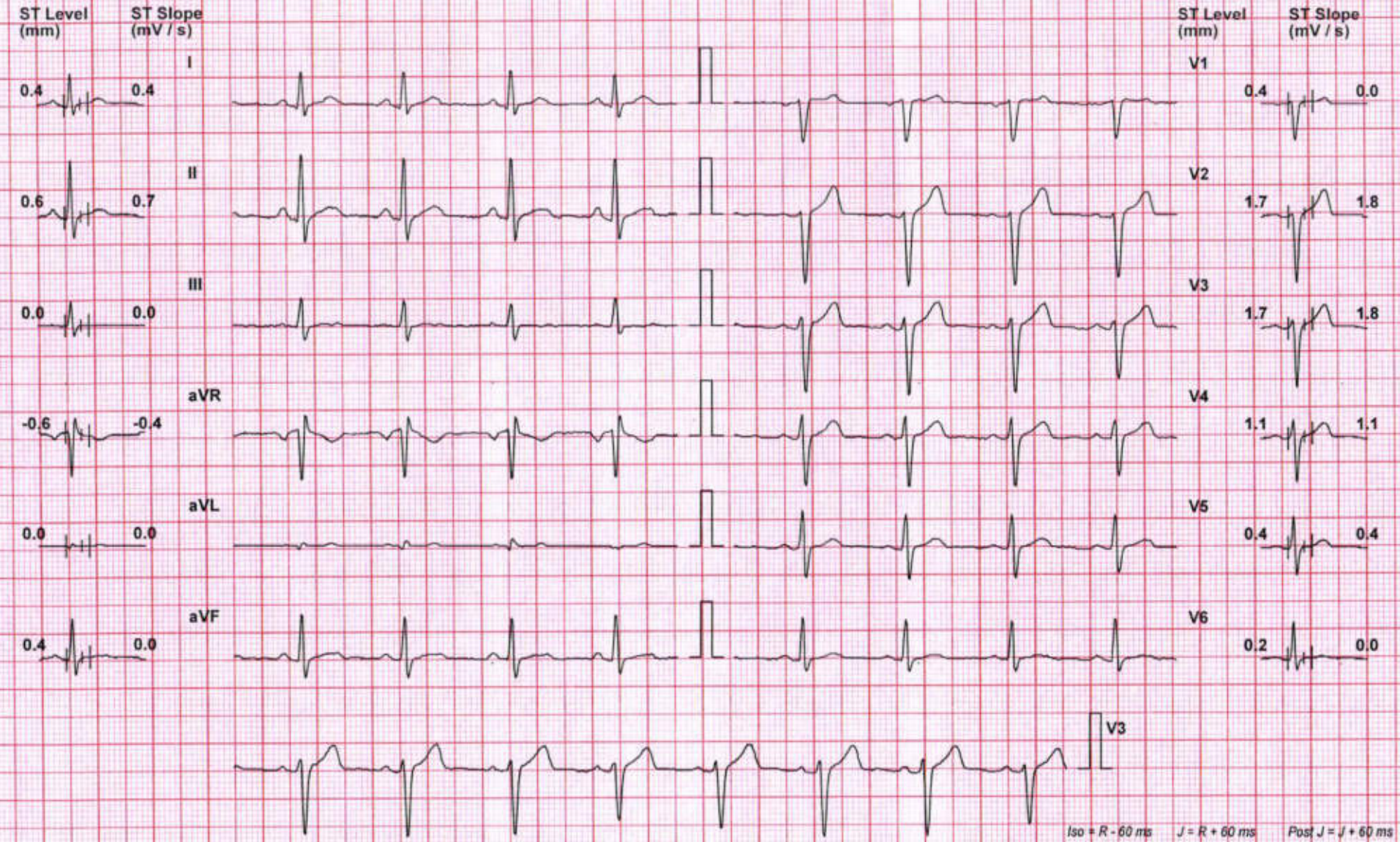
Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

HR: 80 bpm



Interpretation:

NIR

Dr. Minalini Singh
 Consultant Physician
 MBBS, DNB, MCh CP (UK), EDIC
 Reg. No. 2019/02/0392



PID NO. : CIA2047

Name : PARAG SONTAKKE

Sex / Age : Male / 41 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 9:30 am

Coll Date

28-Sep-2024 / 9:35 am

Report Date

28-Sep-2024 / 2:01 pm

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	221.97	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	214.64	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Present (+ +)		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

Molly R
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



PID NO. : CIA2047

Name : PARAG SONTAKKE

Sex / Age : Male / 41 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 9:30 am

Coll Date

28-Sep-2024 / 9:35 am

Report Date

28-Sep-2024 / 3:50 pm

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
-------------	---------------	--------------	--------------------------------------

----- End of Report -----

Molly R
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



PID NO. : CIA2047

Name : PARAG SONTAKKE

Sex / Age : Male / 41 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 9:30 am

Coll Date

28-Sep-2024 / 9:35 am

Report Date

28-Sep-2024 / 2:01 pm

REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>BLOOD GROUP</u>			
ABO Group	"O"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



PID NO. : CIA2047

Name : PARAG SONTAKKE

Sex / Age : Male / 41 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 9:30 am

Coll Date

28-Sep-2024 / 9:35 am

Report Date

28-Sep-2024 / 2:01 pm

REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	14.6	gm/dl	13.0 - 17.0
<u>RED BLOOD CELLS</u>			
R.B.C. Count	5.18	million / cumm	4.5- 5.5
HCT	44.4	%	40- 50
MCV	85.7	fL	83 - 101
MCH	28.2	pg	27 - 32
MCHC	32.8	gm / dl	31.5 - 34.5
RDW (CV)	13	%	11.6- 14.0
Total W.B.C. Count	8780	/cu.mm.	4000 - 10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	54	%	40 - 80
Lymphocytes	38	%	20 - 40
Eosinophils	04	%	1 - 6

LATHA SONAWANE
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



PID NO. : CIA2047

Name : PARAG SONTAKKE

Sex / Age : Male / 41 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 9:30 am

Coll Date

28-Sep-2024 / 9:35 am

Report Date

28-Sep-2024 / 2:01 pm

REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	04	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	290000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

LATHA SONAWANE
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



PID NO. : CIA2047

Name : PARAG SONTAKKE

Sex / Age : Male / 41 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 9:30 am

Coll Date

28-Sep-2024 / 9:35 am

Report Date

28-Sep-2024 / 2:01 pm

REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	05	mm at 1hr	0 - 15

Method: Westergren.
Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



PID NO. : CIA2047

Name : PARAG SONTAKKE

Sex / Age : Male / 41 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 9:30 am

Coll Date

28-Sep-2024 / 9:35 am

Report Date

28-Sep-2024 / 2:01 pm

REPORT

Glycosylated Haemoglobin (HbA1c)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
HbA1c	8.69	%	4 - 5.69
Pre-Diabetic : 5.7 - 6.4 %			
Diabetic : > = 6.5 (EDTA Whole Blood, Turbidimetric)			
Mean Blood Glucose (MBG)	232.06	mg/dl	

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used : $eAG(mg/dl) = 28.7 * A1c - 46.7$.
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - Heterozygous state detected.
- In known diabetic patients, following values can be considered as a guide for monitoring the glycemic control.
 - Excellent Control - 6 to 7 %
 - Fair to Good Control - 7 to 8 %
 - Unsatisfactory Control - 8 to 10 %
 - and Poor Control - More than 10 %
- Test done on Mispas i3 Automated Cartridge Based Specific Protein Analyser.

----- End of Report -----

LATHA SONAWANE
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



PID NO. : CIA2047

Name : PARAG SONTAKKE

Sex / Age : Male / 41 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 9:30 am

Coll Date

28-Sep-2024 / 9:35 am

Report Date

28-Sep-2024 / 2:01 pm

REPORT

LIPID PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Total Cholesterol Serum, Method: CHOD-PAP	198.74	mg/dl	CHILD Desirable - Less than : 170 CHILD Borderline High : 170 - 199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200 - 239 ADULT High - More than : 240
Triglycerides Serum, Method: GPO-PAP	117.25	mg/dl	NORMAL : <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500
HDL Cholesterol-Direct Serum, Method: Cholesterol-esterase-Direct	36.9	mg/dl	Desirable - Above : 60 Borderline Risk : 40 - 59 Undesirable - Below : 40
LDL Cholesterol Calculated	138.39	mg/dl	Desirable - Below : 130 Borderline Risk : 130 - 159 Undesirable - Above : 160
VLDL-Cholesterol Calculated	23.45	mg/dl	5 - 51
T.CHOL/HDLC Ratio Calculated	5.39		Acceptable for Male : < 5.00 Acceptable for Female : <4.50

LATHA SONAWANE
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



PID NO. : CIA2047

Name : PARAG SONTAKKE

Sex / Age : Male / 41 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 9:30 am

Coll Date

28-Sep-2024 / 9:35 am

Report Date

28-Sep-2024 / 2:01 pm

REPORT

LIPID PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
LDLC/HDLC Ratio Calculated	3.75		Acceptable for Males : < 3.60 Acceptable for Females : < 3.20

NOTE:

- 1) Biological Reference Intervals are as per ATP III, NCEP Guidelines and National Lipid Association (NLA) 2014 Recommendations.
- 2) Tests done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.
- 3) The LDL-Cholesterol is calculated by the Friedewald equation which provides a reliable LDL-Cholesterol value estimate when triglyceride levels are below 400 mg/dL. A direct measurement is advised if the triglyceride levels are >400mg/dL.

----- End of Report -----

LATHA SONAWANE
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



PID NO. : CIA2047

Name : PARAG SONTAKKE

Sex / Age : Male / 41 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 9:30 am

Coll Date

28-Sep-2024 / 9:35 am

Report Date

28-Sep-2024 / 2:01 pm

REPORT

LIVER FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
S.G.O.T. (Serum, Method-IFCC / UV without P5P)	14.75	U/L	0 - 40
Sr. Alkaline Phosphatase (Serum, Kinetic Method by IFCC)	54	U/L	40 - 129
S.G.P.T. (Serum, Method- IFCC / UV without P5P)	22.68	U/L	0 - 41
GGT (Serum, Method- IFCC Method)	35.32	U/L	8 - 61
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.47	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.08	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.39	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Biuret)	7.43	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	4.26	g/dl	3.5 - 5.2
Globulin Calculated	3.17	g/dl	1.90 - 3.70
A/G ratio Calculated	1.34		

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

LATHA SONAWANE
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



PID NO. : CIA2047

Name : PARAG SONTAKKE

Sex / Age : Male / 41 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 9:30 am

Coll Date

28-Sep-2024 / 9:35 am

Report Date

28-Sep-2024 / 2:01 pm

REPORT

LIVER FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
-------------	---------------	--------------	--------------------------------------

----- End of Report -----

LATHA SONAWANE
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022



PID NO. : CIA2047

Name : PARAG SONTAKKE

Sex / Age : Male / 41 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 9:30 am

Coll Date

28-Sep-2024 / 9:35 am

Report Date

28-Sep-2024 / 2:01 pm

REPORT

RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Serum, Method-Urease	35.92	mg/dl	16.6- 48.5 mg/dl
Blood Urea Nitrogen Serum, Method-Urease	16.77	mg/dl	06 - 20 mg/dl
Creatinine Serum, Method-Kinetic Jaffes	0.86	mg/dL	0.62 - 1.17 mg/dl
Uric Acid Serum, Method: Uricase-POD	4.83	mg/dl	3.4 - 7.0

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

LATHA SONAWANE
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



PID NO. : CIA2047

Name : PARAG SONTAKKE

Sex / Age : Male / 41 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 9:30 am

Coll Date

28-Sep-2024 / 9:35 am

Report Date

30-Sep-2024 / 9:32 am

REPORT

THYROID FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
TSH	1.57	µIU/ml	0.25-5 µIU/ml
T3	1.46	nmol/l	0.92-2.33 nmol/l
T4	108.22	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

T3: Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4 :Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyroglobulin (TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

----- End of Report -----

PRIYA PANDEY
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



PID NO. : CIA2047

Name : PARAG SONTAKKE

Sex / Age : Male / 41 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 9:30 am

Coll Date

28-Sep-2024 / 9:35 am

Report Date

28-Sep-2024 / 2:01 pm

REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.0		5.0 - 9.0
Specific Gravity	1.010		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

LATHA SONAWANE
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



PID NO. : CIA2047

Name : PARAG SONTAKKE

Sex / Age : Male / 41 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date

28-Sep-2024 / 9:30 am

Coll Date

28-Sep-2024 / 9:35 am

Report Date

28-Sep-2024 / 2:01 pm

REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/ peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

LATHA SONAWANE
Lab Technician

DR.RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680