

4

NAME: Nirupama Jena

AGE / SEX: 36 / F

PACKAGE NAME: Full Body Health

Annual plus check.

R O	TEST INCLUSION	SIGNATURE OF TEST CONDUCTING EMPLOYEE
1	FASTING BLOOD ✓	<i>Rakhi</i>
2	POST PRANDIAL BLOOD ✓	<i>Rakhi</i>
3	URINE ✓	<i>Rakhi</i>
4	PAP SMEAR ✓	<i>Rakhi</i> Musi
5	CHEST XRAY ✓	<i>Rakhi</i>
6	ECG ✓	<i>Mayuri</i>
7	TMT ✓	<i>Roshani</i>
8	ULTRASOUND ABDOMEN	<i>Sy</i>
9	GENERAL CONSULTATION (PHYSICIAN , DENTAL, EYE, ENT)	
0	DIETICIAN CONSULTATION ✓	<i>Sy</i>
1	POST CONSULTATION WITH ALL REPORTS WITH MD DOCTOR	
2	COMPLIMENTARY BREAKFAST INCLUDED	<i>Sahup</i>

10-30 PM
12-30 PM



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APEX SUPERSPECIALITY HOSPITALS

A Superspeciality Hospital



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Tele.: 022 - 2898 6677 / 46 / 47 / 48

S/B. Dr. Priyanka

INTERVENTIONAL CARDIOLOGIST

Dr. Hemant Khemani
Mon to Fri: 10:00 am to 11:00 am
Dr. Rajiv Sharma
Mon to Fri: on appointment

CARDIAC SURGEON

Dr. Shridhar Padagati
Mon to Sat: 08:00 pm to 09:00 pm
Dr. Sagar Kedare
Mon to Sat: 08:00 pm to 09:00 pm

GENERAL PHYSICIAN

Dr. Chirag Shah
Mon to Sat: 11:30 am to 01:00 pm
Dr. Shreya Mehta
Mon to Sat: 01:00 pm to 03:00 pm
Dr. Priyank Jain
Mon to Sat: 01:00 pm to 03:00 pm

CHEST PHYSICIAN

Dr. Parthiv Shah
Wed & Sat: 09:00 am to 10:30 am
Dr. Manjal Modi
Mon to Thurs: 01:00 pm to 03:00 pm

JOINT REPLACEMENT SURGEON AND SPORT INJURIES

Dr. Amit Munde
Mon to Sun: 05:00 pm to 07:00 pm
Dr. Vividh Makwana
Mon to Sat: 11:00 am to 12:00 pm
Dr. Bhavin Doshi
Mon to Sat: 09:00 pm to 10:00 pm
Dr. Arpit Dave
Mon to Sat: 05:00 pm to 07:00 pm
Dr. Deepak Bhaskar
Mon to Sat: on appointment
Dr. Raunak Shah
Mon to Sat: on appointment
Dr. Sandip Vyas
Mon to Sat: 05:30 pm to 07:30 pm

MEDICAL GASTROENTEROLOGIST, HEPATOLOGIST, ENDOSCOPIST

Dr. Darshil Shah
Mon to Fri: 09:00 am to 10:00 am
06:00 pm to 07:00 pm
Dr. Siddhesh Rane
Mon to Sat: on appointment

LAPROSCOPIC SURGEON

Dr. Aditi Agarwal
Mon to Sat: 05:00 pm to 07:00 pm
Dr. Amol Patil
Mon to Sat: 06:00 pm to 07:00 pm
Dr. Geeta Ghag
Mon to Sat: 06:00 pm to 07:00 pm

DIABETIC FOOT SURGEON

Dr. Shrikant Bhojwar
Mon to Sat: 02:00 pm to 04:00 pm

LAPROSCOPIC GYNAECOLOGIST

Dr. Hemashri Patel
Mon to Sat: 05:00 pm to 07:00 pm
Dr. Rashmi Padwalkar
Mon, Wed: on appointment

NEPHROLOGIST

Dr. Amit Jain
Mon to Sat: 10:00 am to 11:00 am
Dr. Ankit Mody
Mon, Wed & Fri: 05:00 pm to 07:00 pm
Dr. Umesh Khanna
Mon to Sat: 08:00 pm to 09:00 pm
Dr. Akash Shingada
Mon to Sat: 06:00 pm to 09:00 pm
Dr. Paras Deshiya
Mon to Sat: on appointment

URO SURGEON

Dr. Saket Sathe
Mon to Sat: on appointment
Dr. Rushabh Daga
Mon to Sat: on appointment
Dr. Aniket Shirke
Mon to Sat: on appointment

NEUROLOGIST

Dr. Mehoob Basale
Saturday: 02:00 pm to 04:00 pm
Mon to Fri: on appointment
Dr. Gaurav Kusundara
Mon to Wed: 08:30 am to 09:30 pm

Mrs Nirupama Jenu

Age - 36 yrs / F.

W - 82.2 kg.

H - 153 cm

CI - Immegula Pln. bleeding

- Constipation
- Hair fall
- Uter. weakness
- Irritability
- No / K / C / O -

O/E - Temp - Afebr
 BP - 110/70 mmHg
 P - 78/min
 SpO2 - 98%

SIG - CNS } NAD
 CNS }
 RS }
 P/A - soft

General examination

- Appetite - (N)
- Urine - (N)
- Stool - (N)
- Skin - Dry
- Face - (N)
- Sleep - (N)

ENT Examination

Both ears - clear

Nose - (N)

Throat - (N)

NEUROSURGEON

Dr. Darpan Thakare
Tues & Thurs: 03:00 pm to 04:00 pm
Dr. Sameer Parikh
Tues & Thurs: 03:00 pm to 04:00 pm
Dr. Vivek Patel
Mon, Wed & Fri: 07:00 pm to 08:00 pm

HAEMATOLOGIST

Dr. Shraddha Thakkar
Tue, Wed & Fri: 03:00 pm to 04:00 pm

MEDICAL ONCOLOGIST

Dr. Ashish Joshi
Thurs: 09:00 am to 10:00 am
Dr. Pradip Kendre
Tues: 09:00 am to 10:00 am

ONCOSURGEON

Dr. Praveen Kammar
Tues & Thurs: 04:00 pm to 06:00 pm
Dr. Yogen Chheda
Mon, Wed & Sat: 05:00 pm to 07:00 pm

OPHTHALMOLOGIST

Dr. Anurag Agarwal
Mon to Sat: 09:00 am to 10:00 am
Dr. Kishor Khade
Mon to Sat: on appointment
Dr. Prasan Mahajan
Mon to Sat: on appointment

PAEDIATRICIAN

Dr. Sunila Nagvekar
Fri: 02:00 pm to 03:00 pm

PAEDIATRIC SURGEON

Dr. Yogendra Sanghavi
Mon to Sat: 11:00 am to 12:00 pm

INTERVENTIONAL VASCULAR SURGEON

Dr. Simit Vora
Tues, Thurs & Sat: 06:00 pm to 08:00 pm
Dr. Virendra Yadav
Mon to Sat: 09:00 pm to 10:00 pm
Dr. Maunil Bhuta
Wed to Fri: 05:00 pm to 07:00 pm
Dr. Kunal Arora
Mon, Wed & Fri: 07:00 pm to 08:00 pm

ENT SPECIALIST

Dr. Sneha Mahajan
Mon to Fri: on appointment
Dr. Rachana Mehta Shroff
Mon to Sat 03:00 pm to 04:00 pm (on appointment)
Dr. Sonal Devangan
Mon to Fri: on appointment

PSYCHIATRIST

Dr. Pratik Surandash
Mon to Sat: 06:00 pm to 07:00 pm
Dr. Payal Sharma Kamat
Tue, Thurs & Fri: 09:00 am to 11:00 am

CLINICAL PSYCHOLOGIST

Hemangi Mhapolkar
Sun: 01:00 pm to 04:00 pm

COSMETOLOGIST

Dr. Vikas Verma
Mon to Sat: 06:00 pm to 08:00 pm
Dr. Leena Jain
Tues: 06:00 pm to 08:00 pm
Dr. Sushil Nehete
Wed: 06:00 pm to 08:00 pm
Dr. Pratap Nadar
Thurs: 06:00 pm to 08:00 pm

ANESTHESIST

Dr. Sagar Yesale
Mon to Sat: 08:00 am to 04:00 pm

RADIOLOGIST

Dr. Soumil Pandya
Mon to Sat: 06:00 pm to 08:00 pm
Dr. Forum Kothari
Mon to Sat: 06:00 pm to 08:00 pm
Dr. Deep Vora
Mon to Sat: 09:00 pm to 09:30 pm

DIETICIAN

Ms. Sakshi Gupta
Mon to Sat: 08:00 am to 04:00 pm

PHYSIOTHERAPIST

Dr. Manal Alvi
Mon to Sat: 09:00 am to 04:00 pm

Optical Examination

- far vision - (N)
- near vision - (N)
- colour vision - (N)

Gynec Examination

Menses - Irregular

LMP - 18/Dec/2023

Flow - Normal bleeding

Gravida - 2 live birth - 1

para - 1



UHID : ASH232404348
Patient : Jena Nirupama
Address : Dahisar East
Date : 29-Feb-2024
Dietician : GUPTA SAKSHI SATISH

Diet Chart

ID : HC232400007
Age/Sex : 36/Female
Department : Rmo
Diet Chart : High protein diet

Height	: 160 Cms	Weight	: 80 Kgs	BMI	: 31.64
BMI Category	: CLASS I OBESITY	IBW	: 55	Diagnosis	: c/o- Weight reduction & management
MNT	: FULL DIET , HIGH FIBER : HIGH PROTEIN ,LOW FAT				

- Early morning:** 1 cup tea/ coffee (**preferable avoid**) + 4 almonds, 2 walnut halves (**Soaked**)
- Breakfast:** 1 Bowl upma/ poha/ daliya upma **OR** 2 small idli/ 1 dosa with vegetable sambar **OR** 1 roti with bhaji **OR** 1 bowl cornfalkes/ oats in water
- Mid-morning:** 1 Fruit - **Include Whole fruits - Papaya , Pear, Banana ,Orange, Muskmelon & Watermelon** (No Fruit juices)
Supplement :- Truhandz HP - 1 scoop with 100ml water
- Lunch:** 1 bowl raw vegetable salad (**Cucumber ,carrot, tomato, beetroot**)
2 medium whole wheat roti/ 1 bowl rice
1 bowl bhaji (**Avoid Potato , Yam, Raw banana, ladyfinger,brinjal**)
1 bowl dal (**yellow moong dal, masoor dal, matki, green moong dal**)
1 bowl curd/ 1 glass buttermilk
- Evening snack:** 1 cup tea/ coffee /Green Tea / Black Coffee / **Truhandz HP - 1 scoop in 100ml water**
- Mid-evening:** 1 handful of roasted yellow chana **OR** 1 besan chilla **OR** 1 bowl sprouts chat
- Dinner:** 1 bowl raw vegetable salad (**Cucumber ,carrot, tomato, beetroot**)
2 medium whole wheat roti/1 bowl rice
1 bowl bhaji
~~1 bowl dal~~
OR 1 bowl dal khichadi/ daliya
1 bowl curd/ 1 glass buttermilk
- Bedtime :-** 1tsp Sesame seed

Remarks: Drink ample of fluids, upto 3 litres of water daily. Can add sabja seeds to it.
Include more of whole pulses, green leafy vegetables and fruits in the diet
Restrict consumption of non-vegetarian foods and alcohol for about a month.
Avoid all sources of extra salt, spices and oils like sauces, pickles, papads, chutneys, chips, etc.
Avoid all sources of simple sugars like white sugar, brown sugar honey, jaggery.
Avoid processed foods and fried food.
Avoid all spicy, oily and refined flour products. Restrict bakery products.
For detailed diet counselling: Consult Dietician Sakshi Gupta in OPD with prior appointment.



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googlemap



Tele.:
022 - 2898 6677 / 46 / 47 / 4

Patient	: Jena Nirupama	UHID	: ASH232404348
Age/Sex	: 36/Female	ID	: HC232400007
Consultant Dr	: GUJAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 24-Feb-2024
Collection Centre	: Apex Hospital		

COMPLETE BLOOD COUNT

Test	Result	Normal Value
HAEMOGLOBIN	L <u>11.3 Gm%</u>	13.5-18.0 Gm%
RBC Count	5.69 Millions/cumm	4.0-6.0 Millions/cumm
PCV	L <u>36.3 %</u>	37-47 %
MCV	L <u>63.80 Fl</u>	78-100 Fl
MCH	L <u>19.86 Pg</u>	27-31 Pg
MCHC	L <u>31.13 %</u>	32-35 %
RDW	H <u>19.0 %</u>	11-15 %
Total WBC Count	H <u>11500 /C.MM</u>	4000-11000 /C.MM
Differential Count		
Neutrophils	75 %	40-75 %
Eosinophils	02 %	01-06 %
Basophils	00 %	00-01 %
Lymphocytes	20 %	20-45 %
Monocytes	03 %	01-10 %
BANDCELLS	00 %	00-03 %
Abnormalities Of WBC	NORMAL	
Abnormalities Of RBC	HYPO(+) MICRO(+) ANISO(+)	
PLATELET COUNT	257 X 10 ³ /cumm	150-450 X 10 ³ /cumm
PLATELET ON SMEAR	ADEQUATE ON SMEAR	

HEMATOLOGY

Test	Result	Normal Value
ESR	H <u>35 mm/hr</u>	0 - 10 mm/hr

Remarks : **

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

Run By
Lab Technician

Checked By
Biochemist

Pathologist
DR.GUJAR NEERAJ VILAS
MD PATHOLOGY



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Patient	: Jena Nirupama	UHID	: ASH232404348
Age/Sex	: 36/Female	ID	: HC232400007
Consultant Dr	: GUJAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 24-Feb-2024
Collection Centre	: Apex Hospital		

HEMATOLOGY

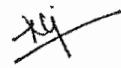
Test	Result	Normal Value
BLOOD GROUP	" AB "	
Rh FACTOR	POSITIVE	

Remarks : *

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FASTING BLOOD SUGAR

Test	Result	Normal Value
FBS	77.32 Mg/dl	70-110 Mg/dl

URINE SUGAR ABSENT

URINE KETONES ABSENT

POST LUNCH BLOOD SUGAR

Test	Result	Normal Value
PLBL (2 HOUR AFTER FOOD)	95.41 Mg/dl	70-140 Mg/dl

URINE SUGAR (PP) SNR -

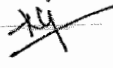
URINE KETONE (PP) SNR

Remarks : **

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Patient	: Jena Nirupama	UHID	: ASH232404348
Age/Sex	: 36/Female	ID	: HC232400007
Consultant Dr	: GUJAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 24-Feb-2024
Collection Centre	: Apex Hospital		

LIPID PROFILE

Test	Result	Normal Value
TOTAL CHOLESTEROL	174.8 Mg%	150-250 Mg%
TRIGLYCERIDES	59.1 Mg%	35-160 Mg%
HDL CHOLESTEROL	34.62 Mg%	30-70 Mg%
VLDL CHOLESTEROL	11.82	7-35
LDL CHOLESTEROL	128.36 Mg%	108-145 Mg%
TC/HDL CHOL RATIO	H <u>5.05</u>	3.5-5.0
LDL/HDL RATIO	3.71	1.1-3.9

Remarks : *

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RENAL FUNCTION TEST

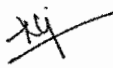
Test	Result	Normal Value
SERUM CREATININE	0.76 Mg/dl	0.6-1.6 Mg/dl
URIC ACID	5.14 Mg/dl	2.5-7.7 Mg/dl
BLOOD UREA NITROGEN / BUN	12.05 Mg/dl	0-23 Mg/dl

Remarks : *

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Consultant Dr	: GUJAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 24-Feb-2024
Collection Centre	: Apex Hospital		

LIVER FUNCTION TEST

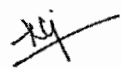
Test	Result	Normal Value
TOTAL BILIRUBIN	0.94 Mg/dl	0.1-1.2 Mg/dl
DIRECT BILIRUBIN	0.29 Mg/dl	0.0-0.3 Mg/dl
INDIRECT BILIRUBIN	0.65 Mg/dl	0.1-1.0 Mg/dl
SGOT	19.32 Iu/l	5-40 Iu/l
SGPT	21.53 Iu/l	5-40 Iu/l
SERUM ALKALINE PHOSPHATES	104.6 U/l	25-147 U/l
SERUM PROTEINS TOTAL	6.89 Gm%	6.0-8.2 Gm%
SERUM ALBUMIN	4.15 Gm%	3.0-5.0 Gm%
SERUM GLOBULIN	2.74 Gm%	1.9-3.5 Gm%
ALBUMIN : GLOBULIN RATIO	1.51 Mg/dl	0.9-2.0 Mg/dl
GAMMA GT	21.54 Iu/l	5-45 Iu/l

Remarks : *

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Consultant Dr	: GUJAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 24-Feb-2024
Collection Centre	: Apex Hospital		

URINE ROUTINE

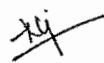
Test	Result	Normal Value
PHYSICAL EXAMINATION		
QUANTITY	25 MI	MI
COLOUR	PALE YELLOW	
APPEARANCE	SLIGHTLY HAZY	
DEPOSIT	PRESENT	
REACTION [PH]	ACIDIC	
SPECIFIC GRAVITY	1.020	
CHEMICAL EXAMINATION		
URINE ALBUMIN	ABSENT	
SUGAR	ABSENT	
KETONE BODIES	ABSENT	
OCCULT BLOOD	ABSENT	
BILE PIGMENT	ABSENT	
BILE SALT	ABSENT	
MICROSCOPIC EXAMINATION OF CENTRE		
RED BLOOD CELLS	ABSENT /hpf	/hpf
PUS CELLS	4-5 /hpf	/hpf
EPITHELIAL CELLS	8-10 /hpf	/hpf
CASTS	ABSENT	
CRYSTALS	ABSENT	
SPERMATOOA	ABSENT	
TRICHOMONAS VAGINALIS	ABSENT	
YEAST CELLS	ABSENT	
AMORPHOS DEPOSITS	ABSENT	
BACTERIA	ABSENT	

Remarks : *

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Patient Id : **PVD04223-24/68193** Sample ID : 24026702
 Patient : MRS NIRUPAMA JENA Reg. Date : 24/02/2024
 Age/sex : 36 Yrs/ Female Report Date : 24/02/2024
 Center : APEX SUPERSPECIALITY HOSPITALS Case No. :
 Ref. By : Self



IMMUNOASSAY

Test Description	Result	Unit	Biological Reference Range
TOTAL T3 T4 TSH (TFT)			
T3 (Triiodothyronine)	128.41	ng/dl	83-200 For Pregnant females: First Trim: 104.8 - 229.8 2nd Trim: 128.9 - 262.3 Third trim : 135.4 - 261.7
T4 (Thyroxine)	7.96	ug/dL	5.13 - 14.10 For Pregnant females: First Trim : 7.33 - 14.8 Second Trim : 7.93 - 16.1 Third Trim : 6.95 - 15.7
TSH(Thyroid Stimulating Hormone)	3.54	uIU/ml	0.27 - 4.20


Method : ECLIA

INTERPRETATION

TSH	T3 / FT3	T4 / FT4	Suggested Interpretation for the Thyroid Function Tests Pattern
Within Range	Decreased	Within Range	• Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness. In elderly the drop in T3 level can be upto 25%.
Raised	Within Range	Within Range	•Isolated High TSHespecially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. •Subclinical Autoimmune Hypothyroidism •Intermittent T4 therapy for hypothyroidism •Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	•Chronic Autoimmune Thyroiditis •Post thyroidectomy,Post radioiodine •Hypothyroid phase of transient thyroiditis"
Raised or within Range	Raised	Raised or within Range	•Interfering antibodies to thyroid hormones (anti-TPO antibodies) •Intermittent T4 therapy or T4 overdose •Drug interference- Amiodarone, Heparin,Beta blockers,steroids,anti-epileptics"
Decreased	Raised or within Range	Raised or within Range	•Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness •Subclinical Hyperthyroidism •Thyroxine ingestion"
Decreased	Decreased	Decreased	•Central Hypothyroidism •Non-Thyroidal illness •Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	•Primary Hyperthyroidism (Graves' disease),Multinodular goitre, Toxic nodule •Transient thyroiditis:Postpartum, Silent (lymphocytic), Postviral (granulomatous,subacute, DeQuervain's),Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased or within Range	Raised	Within Range	•T3 toxicosis •Non-Thyroidal illness

-----End Of Report-----

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DR. SANDEEP B. PORWAL
 MBBS MD (Path) Mumbai
 MMC Reg no 2001031640

CENTRAL PROCESSING LABORATORY

Grandeur 208/209/210, S.V. Road, Dahisar (East), Mumbai - 400 068.

Tel : 3563 7645 • Mob: 86910 17023 / 81042 45961 • www.pathvisiendiagnosics.com

Patient Id : **PVD04223-24/68193** Sample ID : 24026702
 Patient : MRS NIRUPAMA JENA Reg. Date : 24/02/2024
 Age/sex : 36 Yrs/ Female Report Date : 24/02/2024
 Center : APEX SUPERSPECIALITY HOSPITALS Case No. :
 Ref. By : Self



HBA1C-GLYCOSYLATED HAEMOGLOBIN

Test Description	Result	Unit	Biological Reference Range
HbA1c- (EDTA WB)	6.0	%	< 5.6 Non-diabetic 5.7-6.4 Pre-diabetic > 6.5 Diabetic
Estimated Average Glucose (eAG)	125.50	mg/dL	

Method : HPLC-Biorad D10-USA


INTERPRETATION

1. HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
2. HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association) guidelines 2017, for diagnosis of diabetes using a cut-off point of 6.5%.
3. Trends in HbA1c are a better indicator of diabetic control than a solitary test.
4. Low glycosylated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
5. To estimate the eAG from the HbA1C value, the following equation is used: $eAG(mg/dl) = 28.7 * A1c - 46.7$
6. Interference of Haemoglobinopathies in HbA1c estimation.
 - A. For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - B. Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status
 - C. Heterozygous state detected (D10/ Tosho G8 is corrected for HbS and HbC trait).
7. In known diabetic patients, following values can be considered as a tool for monitoring the glycaemic control.
 - Excellent Control - 6 to 7 %,
 - Fair to Good Control - 7 to 8 %,
 - Unsatisfactory Control - 8 to 10 %
 - and Poor Control - More than 10 %.

Note : Haemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy

-----End Of Report-----

Term & Conditions* Test processed at Pathvision Central Processing Laboratory- Dahisar west Mumbai-68 Individual laboratory investigations are never conclusive but should be used along with other relevant clinical examinations to achieve final diagnosis. Any discrepancy with clinical condition the referring doctor or patient must report in 24hr of sample collection and get test redone. Partial reproduction of this report is not permitted The test report is not valid for Medico-legal purpose.


DR. SANDEEP B. PORWAL
 MBBS MD (Path) Mumbai
 MMC Reg no 2001031640



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APEX SUPERSPECIALITY HOSPITALS DIAGNOSTICS



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Tele.:
022 - 2898 6677 / 46 / 47 / 48

UHID : ASH232404348 ID : HC232400007 Date : 26-Feb-2024

Patient : Jena Nirupama Age/Sex : 36/Female Referred By : Rmo

Company :

DIGITAL X-RAY CHEST <PA> VIEW

The lung on either side shows equal translucency and exhibit normal vasculature

The pleural spaces are normal.

Both hila are normal in size, have equal density and bear normal relationship.

The cardiac size is normal.

Trachea is central in position and no mediastinal abnormality is visible.

Bony thorax is normal.

IMPRESSION:

- No significant abnormality.

DR. PANDYA SAUMIL
MD,D.N.B
RADIOLOGIST

UNI-EM
ELECTRONICS COMPLEX
INDORE

TREADMILL TEST REPORT

nirupama jena
 ID : 22275
 DATE : 24/02/2024
 AGE/SEX : 36 / F
 HT/WT : 153 / 82
 REF. BY :

PROTOCOL : Bruce
 HISTORY :
 INDICATION :
 MEDICATION :

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								TI	V1	V5	
SUPINE					88	110 / 70	96	0.1	-0.4	-0.1	
STANDING					82	110 / 70	90	0.6	-0.2	0	
HYPERVENT					81	110 / 70	89	0.7	0.1	0	
Stage 1	2:55	0:5	2.7	10	119	110 / 70	130	-0.1	-1.7	-1.5	4.67
Stage 2	5:55	2:55	4	12	156	110 / 70	171	0.8	2.5	2.3	7.04
PK-EXERCISE	6:48	0:48	5.4	14	168	110 / 70	184	0.6	2.1	1.9	7.87
RECOVERY	7:17	0:21			148	110 / 70	162	0.8	-0.1	0.6	
RECOVERY	9:51	2:55			105	110 / 70	115	-1.5	0.1	-1.2	

RESULTS

EXERCISE DURATION : 6:48
 MAX HEART RATE : 168 bpm
 MAX BLOOD PRESSURE : 110 / 70 mm Hg
 REASON OF TERMINATION :
 BP RESPONSE :
 ARRHYTHMIA :
 H.R. RESPONSE :

MAX WORK LOAD

: 7.87 METS

Normal
 Normal
 Normal
 Normal

ST-7 - appears in phase 1 then back on stage 2, peak-10)

Shew his position for ref

and been

Technician :

nirupama jena
I.D. 22275
Age 36/F
Date 24/02/2024

RATE 88bpm
B.P. 110/70

PRETEST
SUPINE

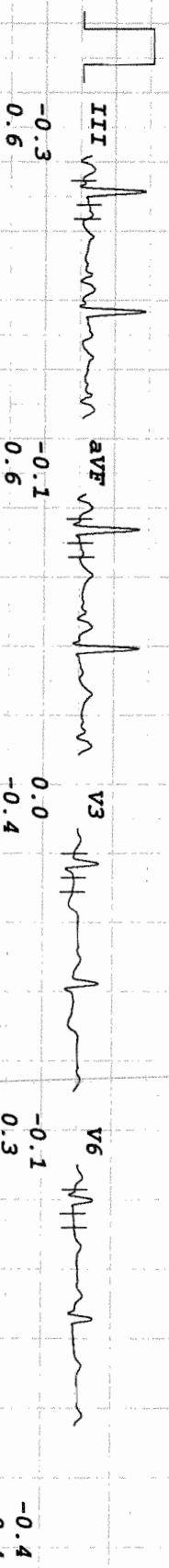
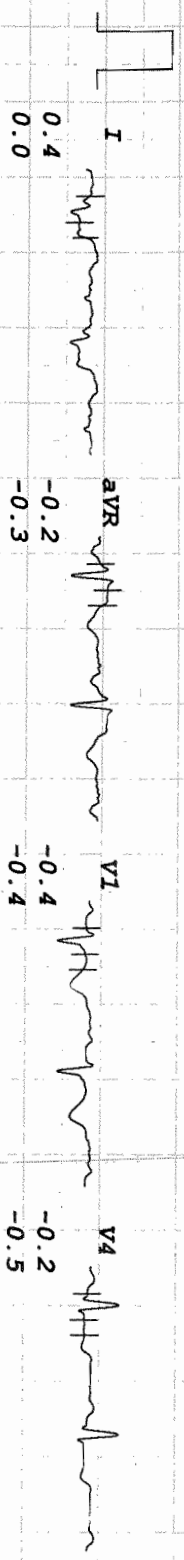
ST @ 10mm/mV
80ms Post J

LINKED MEDIAN

Mag. X 2

UNI-EM

V1



nirupama jena
I.D. 22275
Age 36/F
Date 24/02/2024

RATE 82bpm
B.P. 110/70

PRETEST
STANDING

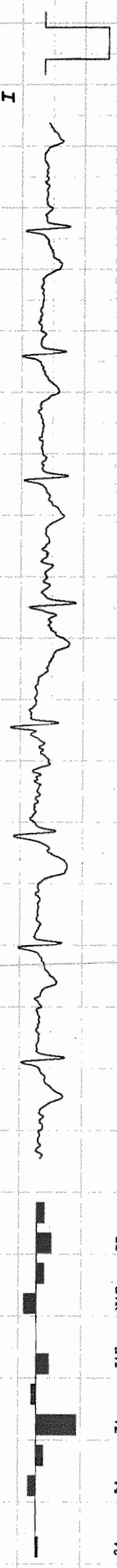
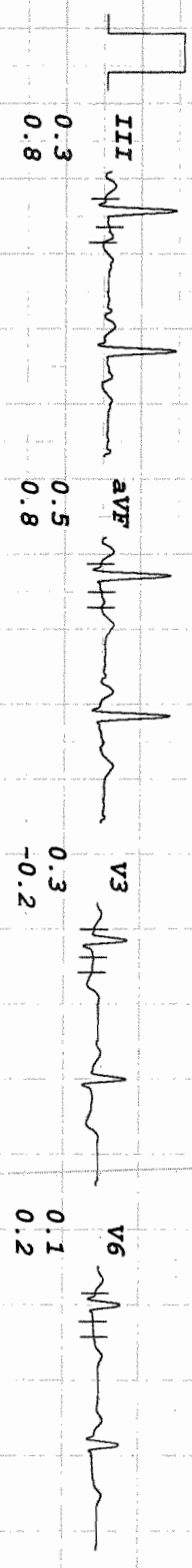
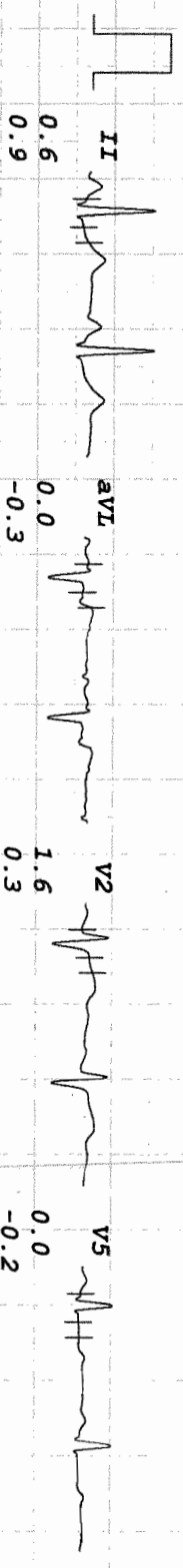
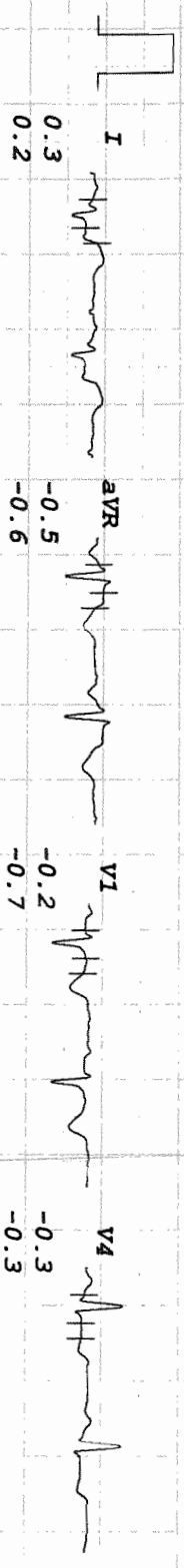
ST @ 10mm/mv
80ms PostJ

LINKED MEDIAN

Mag. X 2

UNI-EM

V1



nirupama jena
I.D. 222275
Age 36/F
Date 24/02/2024

RATE 81bpm
B.P. 110/70

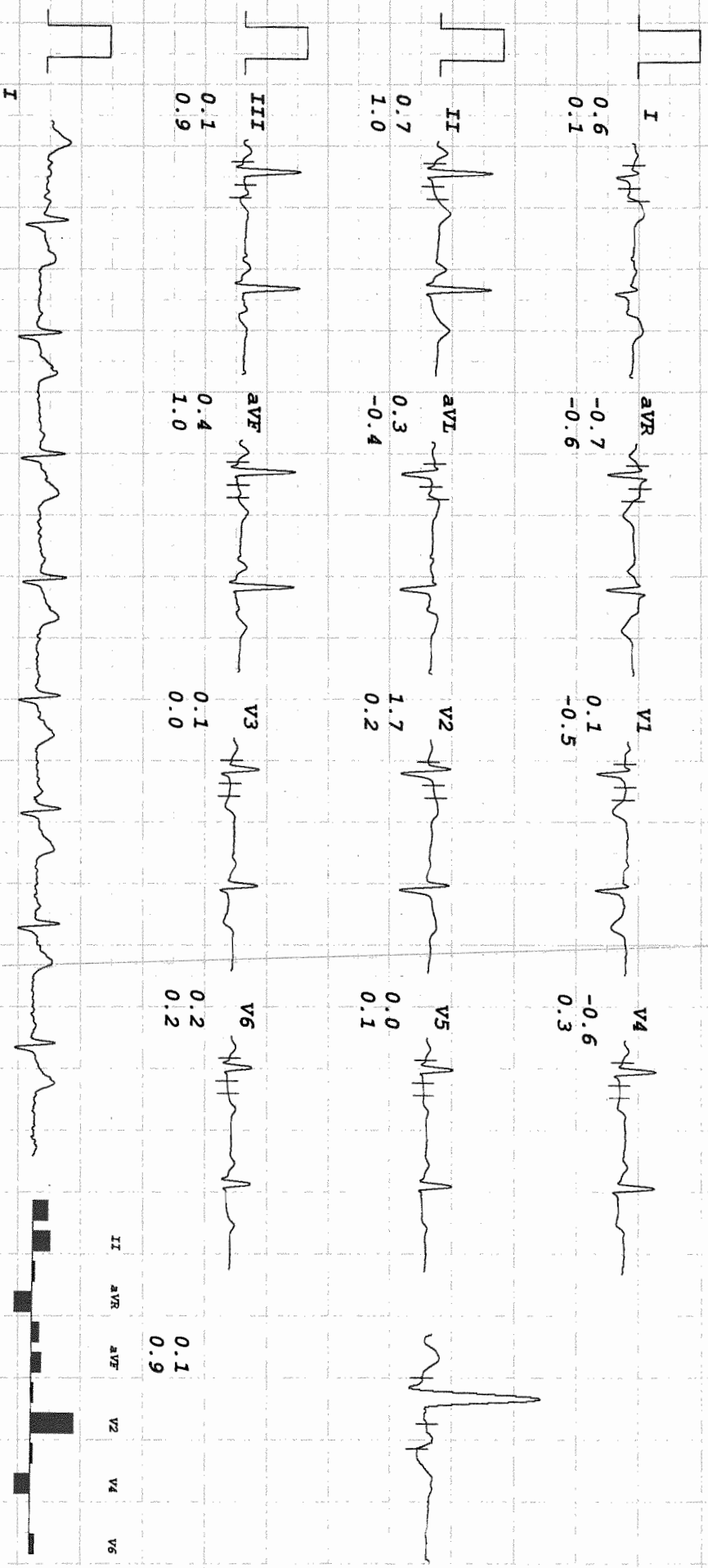
UNI-EM
PRETEST
HYPERVENT
PHASE TIME 0:05

ST @ 10mm/mV
80ms Post J

LINKED MEDIAN

Mag. X 2

III



nirupama jena
I.D. 22275
Age 36/F
Date 24/02/2024

RATE 119bpm
B.P. 110/70

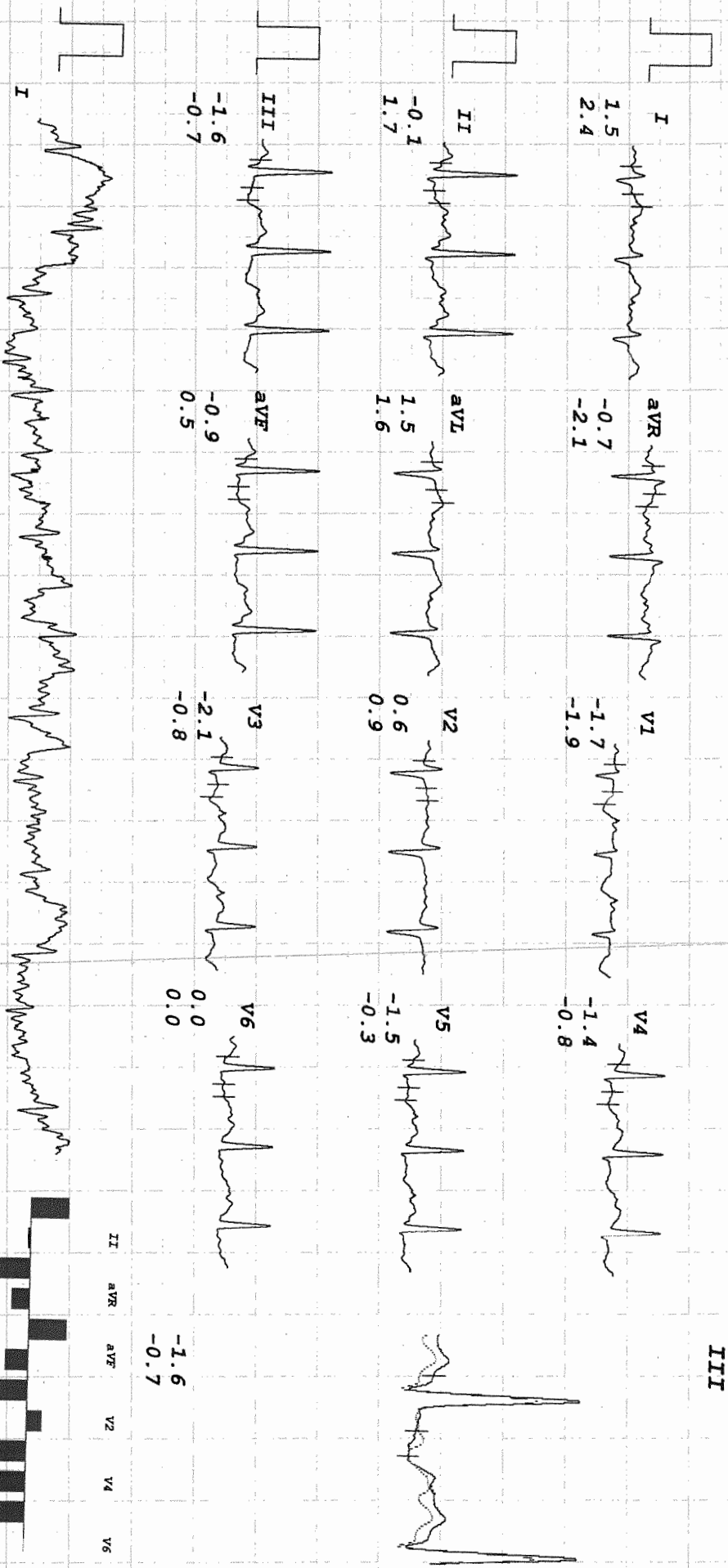
UNI-EM

Bruce
Stage 1
TOTAL TIME 2:55
PHASE TIME 2:55

ST @ 10mm/mV
80ms PostJ
Speed 2.7 km/hr
SLOPE 10 %

LINKED MEDIAN

Mag. X 2



nrirupama jena
I.D. 222275
Age 36/F
Date 24/02/2024

RATE 156bpm
B.P. 110/70

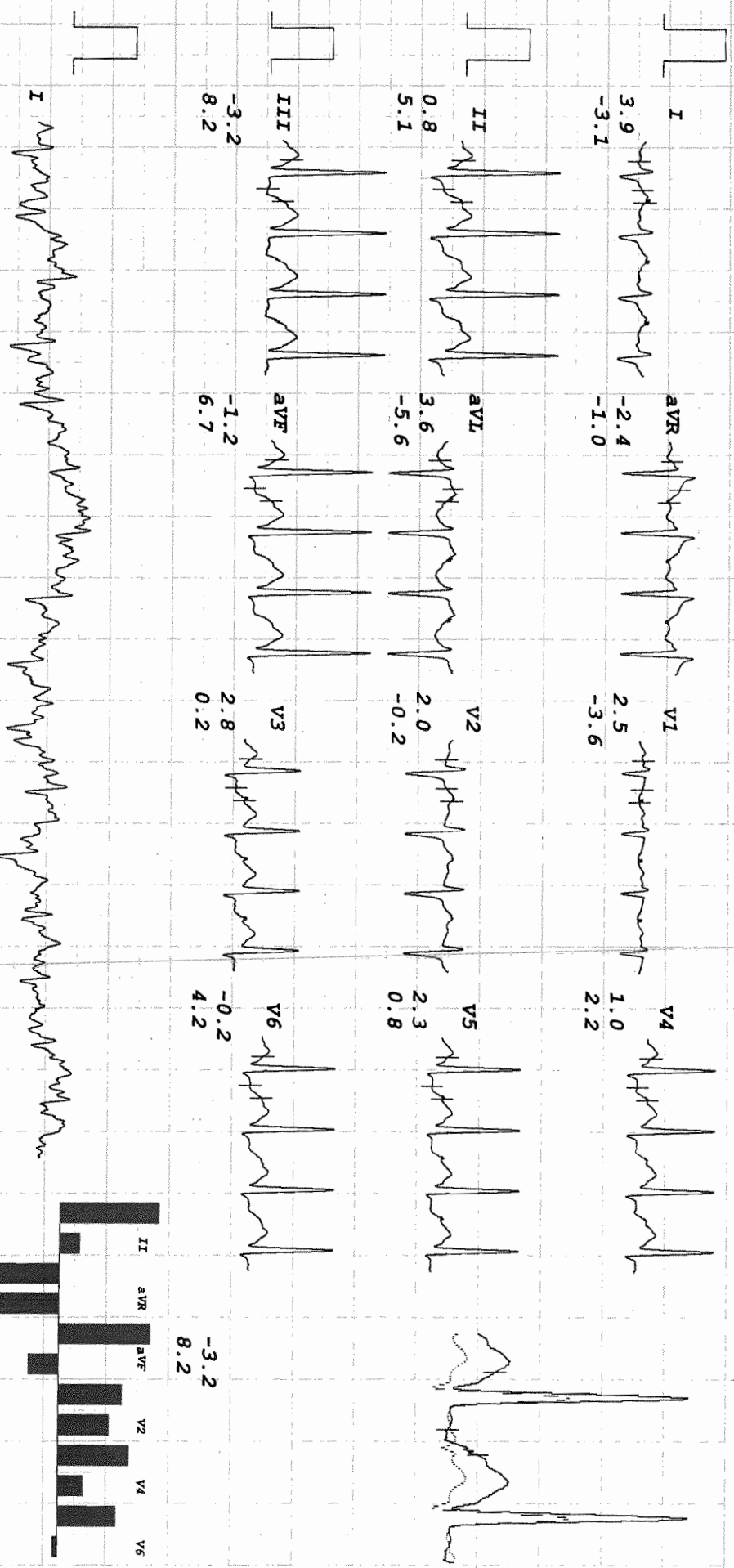
Bruce
Stage 2
TOTAL TIME 5:55
PHASE TIME 2:55

ST @ 10mm/mv
80ms Post J
Speed 4 km/hr
SLOPE 12 &

UNI-EM

LINKED MEDIAN

MAG. X 2



nitupama jena
I.D. 22275
Age 36/E
Date 24/02/2024

RATE 148bpm
B.P. 110/70

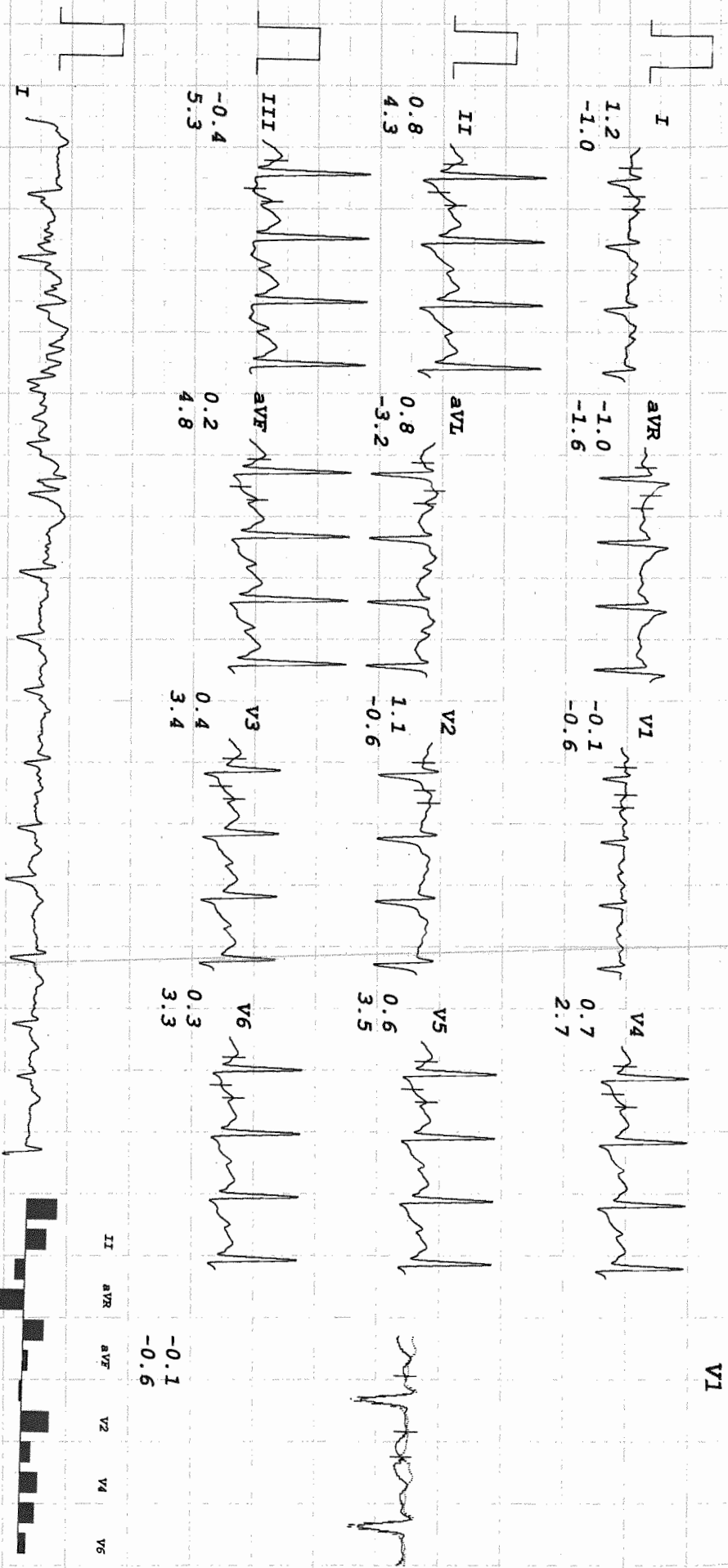
UNI-EM

BTUCE
RECOVERY
TOTAL TIME 7:17
PHASE TIME 0:21

ST @ 10mm/mV
80ms Post-J

LINKED MEDIAN

Mag. X 2



ni rupama Jena
I. D. 22275
Age 36/F
Date 24/02/2024

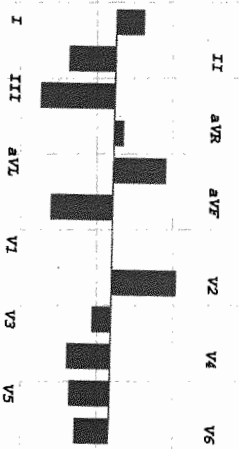
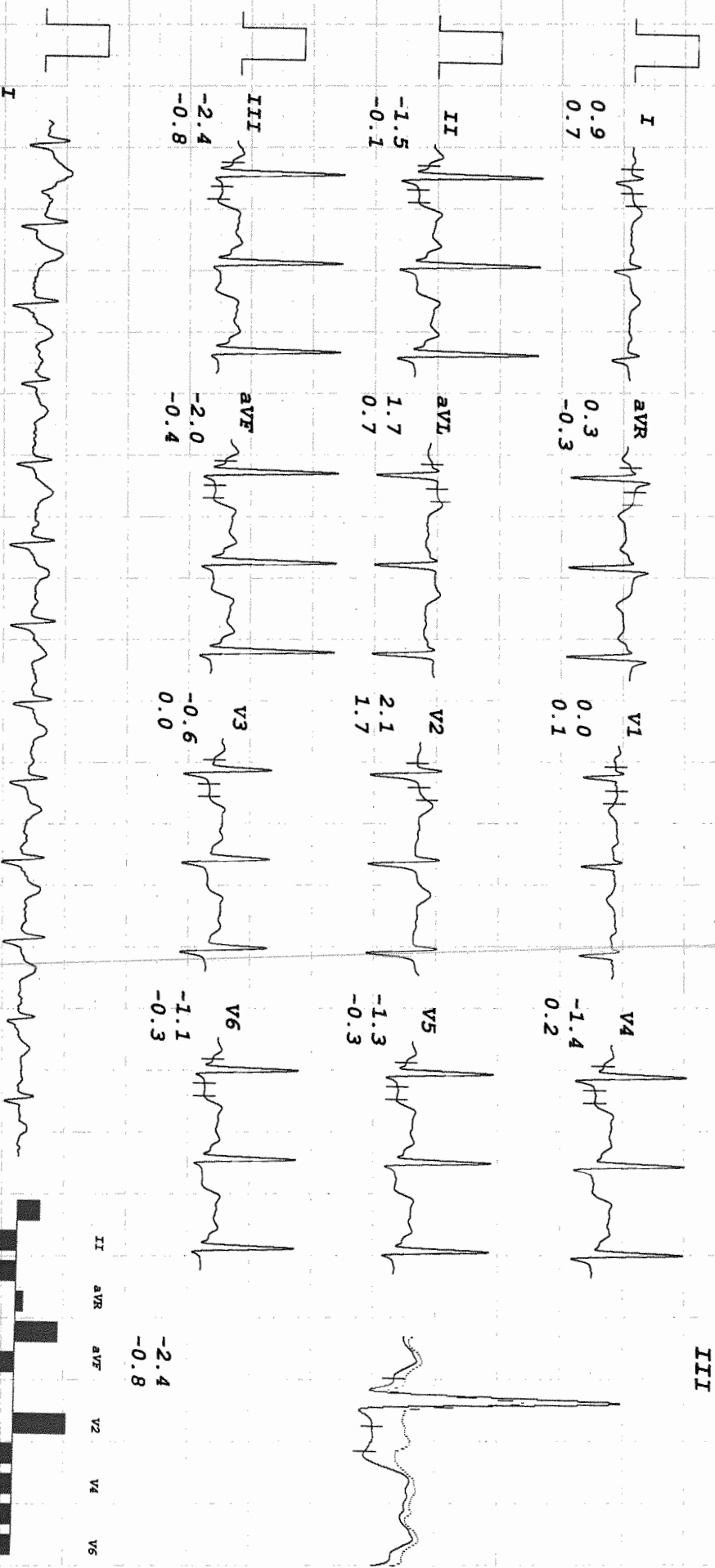
RATE 105bpm
B.P. 110/70

Brice
RECOVERY
TOTAL TIME 9:55
PHASE TIME 2:59

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN

Mag. X 2





APEX SUPERSPECIALITY HOSPITALS DIAGNOSTICS



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Tele.:
022 - 2898 6677 / 46 / 47 / 48

UHID : ASH232404348 ID : HC232400007 Date : 26-Feb-2024
Patient : Jena Nirupama Age/Sex : 36/Female Referred By : Rmo
Company :

SONOGRAPHY OF ABDOMEN AND PELVIS

TECHNIQUE: Real time, B mode, gray scale sonography of the abdominal and pelvic organs was performed with convex transducer.

LIVER: The liver is normal in size, shape and has smooth margins. The hepatic parenchyma shows homogeneous normal echotexture without solid or cystic mass lesion or calcification. No evidence of intrahepatic biliary radical dilatation.

PORTAL VEIN: It is normal in transverse diameter.

GALL BLADDER: The gall bladder is well distended. There is no evidence of calculus, wall thickening or pericholecystic collection.

COMMON BILE DUCT: The visualised common bile duct is normal in caliber. No evidence of calculus is seen in the common bile duct. Terminal common bile duct is obscured due to bowel gas artifacts.

PANCREAS: The head and body of pancreas is normal in size, shape, contours and echo texture. Rest of the pancreas is obscured due to bowel gas artifacts.

SPLEEN: The spleen measures 9.3 cm normal in size and shape. Its echotexture is homogeneous.

KIDNEYS:

Right kidney	Left kidney
11.2 X 4.7 cm	12 X 4.6 cm

The kidneys are normal in size and have smooth renal margins. Cortical echotexture is normal. The central echo complex does not show evidence of hydronephrosis. No evidence of hydroureter or calculi, bilaterally.

URINARY BLADDER: The urinary bladder is well distended. It shows uniformly thin walls and sharp mucosa. No evidence of calculus is seen. No evidence of mass or diverticulum is noted.

Uterus measures 8.4 X 4.2 X 4.8 cm, anteverted. Right posterolateral wall subserosal uterine fibroid of about 16 x 14 mm is seen. Endometrial echo is in midline and measures 12 mm.

Right Ovaries 18 X 11 mm Left Ovaries 27 X 19 mm

Bilateral ovaries are normal in size and echopattern.

There is no ascites. There is no obvious evidence of significant lymphadenopathy.

IMPRESSION:

Posterior wall small subserosal uterine fibroid.

DR. PANDYA SAUMIL
MD,D.N.B
RADIOLOGIST

ASH/QA/FORM/NUR/04/MAR22/V1

APEX SUPERSPECIALITY HOSPITALS

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2898 6646

CASHLESS FACILITY

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ई. सी. जी.

Name Nirupama Jena Date 24/2/24

Age 36 Gender: M F UHID NO _____ B.P _____

ELECTROCARDIOGRAPHIC OBSERVATIONS

Rate _____ Axis _____ Q.R.S. Complex _____

Rhythm _____ P. Wave _____ S.T. Segment _____

Standardisation : _____ P.R. Interval _____ T. Wave _____

Voltage : _____ Q. Wave : _____ Q. T. Interval _____

Impression : _____ *with Pl*

अपेक्स सुपरस्पेशलिटी हॉस्पिटल्स

Name Nirupama Jena

Date 24/2/24

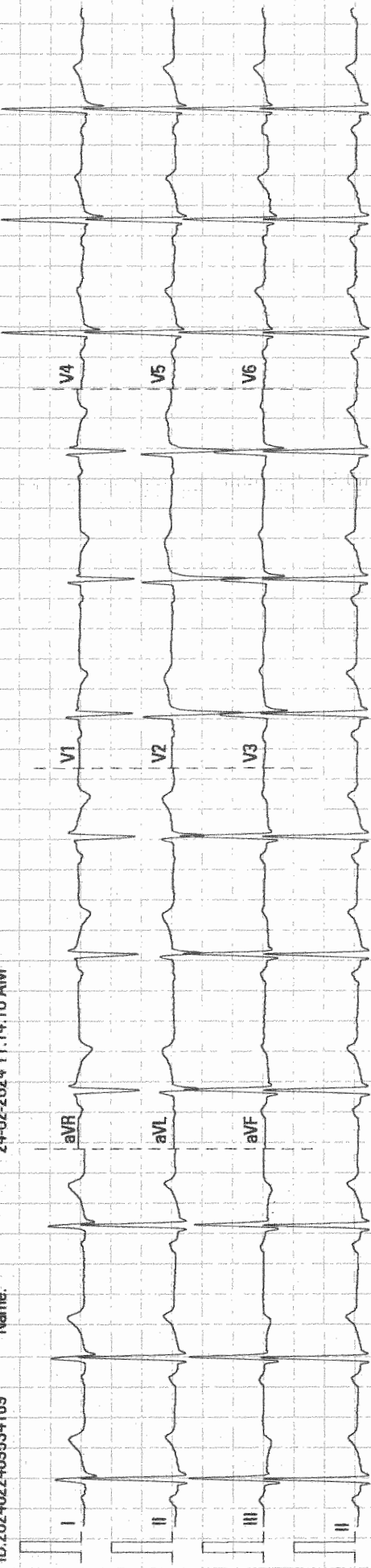
Time

Nirupama

ID:2024022409534169

Name:

24-02-2024 11:14:10 AM



ID:2024022409534

Name:

24-02-2024 11:14:

Sinus Rhythm
Sinus Tachycardia

Unconfirmed Diagnosis

CSG

7W

25 mm/s

10 mm/mV

50 Hz~

BDR 35 Hz

QTc: Bazett

APEX SUPERSPECIALITY HOSPITAL

02.07.00/V04.00.00

SN:FK-8301-4036