

MER- MEDICAL EXAMINATION REPORT

Date of Examination	10/2/24	
NAME	Pravin Kamdi	
AGE	Gender	M
HEIGHT(cm)	178 cm	WEIGHT (kg) 92K
B.P.	110/70 mm Hg.	
ECG	WNL	
X Ray	WNL	
Vision Checkup / Dental Checkup	Color Vision : Far Vision Ratio : Near Vision Ratio :	
Present Ailments	Nothing Specific	
Details of Past ailments (If Any)	None	
Comments / Advice : She / He is Physically Fit	Pt is fit.	
CNS - well oriented CVS - NAD RS - Clear AEBE		

Signature with Stamp of Medical Examiner

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Pravin Kamdi on 10/2/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	
<ul style="list-style-type: none"> • Unfit 	



**BODY COMPOSITION
ANALYSER
EC-3411-P**

Gender : Male
 Body Age: 48
 Height : 178.5 cm
 Weight : 92.35kg (59- 76)
 BMI : 28.8 (21--24)
 BodyType: Obsefat (healthy)
 Fat : 32.4 % (11--22)
 Water : 48.6 % (52--57)
 Muscle : 23.8 % (30--45)
 Bone : 3.7 kg (1.7-3.6)
 BMR : 2058 kcal(1170-2440)

Dr. _____
 Medical Officer
 The Apollo Clinic, (Location)



This certificate is not meant for medico-legal purposes

Health Check up Booking Confirmed Request(bobE6959),Package Code-PKG10000474, Beneficiary Code-297537

Mediwheel <wellness@mediwheel.in>
a. prakam123@gmail.com
c. customercare@mediwheel.in

Tue, 30 Jan, 2024 at 4:17



011-41195959

Dear **PRAVIN RUPCHAND KAMDI**,

We are pleased to confirm your health checkup booking request with the following details.

Booking Date : 29-01-2024
Hospital Package Name : Mediwheel Full Body Health Checkup Male Below 40
Patient Package Name : Mediwheel Full Body Health Checkup Male Below 40
Name of Diagnostic/Hospital : ALOHA CLINICS
Address of Diagnostic/Hospital : 46,VARTAK PRIDE RAJA MANTRI ROAD
City : Pune
State :
Pincode : 411004
Appointment Date : 10-02-2024
Confirmation Status : Booking Confirmed
Preferred Time : 8:00am
Booking Status : Booking Confirmed

Member Information		
Booked Member Name	Age	Gender
MR. KAMDI PRAVIN RUPCHAND	39 year	Male

Note - Please note to not pay any amount.

Instructions to undergo Health Check:

- Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- Bring urine sample in a container if possible (containers are available at the Health Check centre).
- Please bring all your medical prescriptions and previous health medical records with you.
- Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

- Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
- It is advisable not to undergo any Health Check during menstrual cycle.

Request you to reach half an hour before the scheduled time.

In case of further assistance, Please reach out to Team Mediwheel.



भारत सरकार
GOVERNMENT OF INDIA

प्रवीण रूपचंद कामडी
Pravin Rupchand Kamdi

:
:

जन्म वर्ष / Year of Birth : 1984
पुरुष / Male

9325 9612 9867



आधार — सामान्य माणसाचा अधिकार



भारतीय विशिष्ट ओळख प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पत्ता : S/O रूपचंद कामडी, प्लॉट नं
४९, न्यू अमर नगर, नं २, मानेवाडा रिंग
रोड, बेसा, पिपळा, नागपूर, महाराष्ट्र,
440034

Address: S/O Rupchand Kamdi,
PLOT NO 49 NEW AMAR
NAGAR, NO 2, MANEWADA
RING ROAD, Besa, Pipla,
Nagpur, Maharashtra, 440034



1947
1800 180 1947



help@uidai.gov.in

WWW

www.uidai.gov.in

P.O. Box No. 1947,
Bengaluru-560 001



Patient Name: PRAVIN KAMDI

Referred Doctor : Dr.INSURANCE

Age: 39/MALE

Date: 10/02/2024

2D ECHOCARDIOGRAPHY / DOPPLER REPORT

<u>Parameter</u>	<u>Value</u>	<u>Parameter</u>	<u>Value</u>
LA	32 mm	LVPWd	12mm
AO	28 mm	LVIDs	25 mm
IVSd	12mm	LVEF	60%
LVIDd	44mm	IVC	Normal

LEFT VENTRICLE :

Mild concentric LVH
Normal LV systolic function. LVEF =60%
No RWMA.
Normal diastolic function.

AV VALVES:

Mitral valve normal structure,
Acceptable gradients across Mitral valves and Tricuspid Valves.
Tricuspid valve regurgitation gradient is normal.
Estimated PA pressure is Normal.

SL VALVES :

Acceptable gradients across Aortic Valve and pulmonary valves.

IVC:

No Pericardial effusion, thrombus, Vegetation
IVC not dilated and shows near total collapse.
Normal RA Pressure.

IMPRESSION :

Mild concentric LVH
Normal LV systolic function. LVEF =60%
No RWMA.
Normal diastolic function.


Dr. Rituparna Shinde
MD, DNB (Cardiology)



C-2022-0071
Oct 14, 2022 - Oct 13, 2025





Patient Name- MR. PRAVIN KAMDJI

AGE-39 YRS/MALE


Ref By- INSURANCE

Date: 10/02/2024

RADIOGRAPH OF CHEST – PA VIEW,

Observation : Both the lungs are clear and the hila appear normal.
No obvious parenchymal lung lesion seen in either side.
Both cost phrenic angles are clear.
Cardio-aortic silhouette has normal appearance.
No obvious bony abnormalities seen.

Impression : No significant abnormality noted.


Dr. Pranjali Joshi
MD, DNB Consultant Radiologist
Reg No.88803

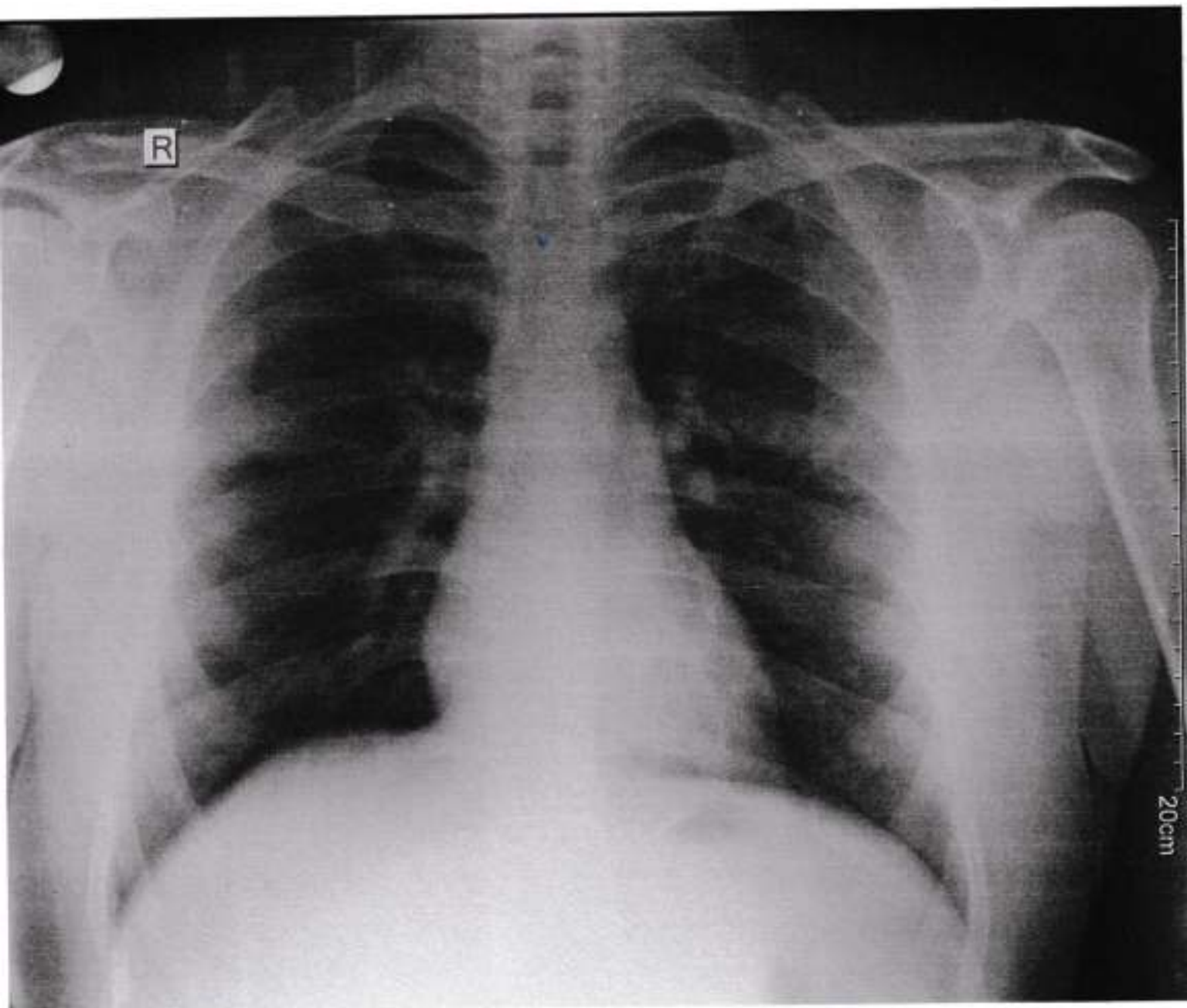


C-2022-0071
Oct 14, 2022 - Oct 13, 2025



KAMDI, PRAVIN,
Sex:
DOB: 10/16/1984
ID: PAT001096

Acq. Date: 02/10/2024
Acq. Time: 11:32:02 AM
Exp. Index: 1820



CHEST
PA
W: 4098, L: 2048

14cm

Scale: 0.0



Name Mr. Pravin Kamdi Collected Time 10-02-2024 08:53 AM
Age/Gender 39 Years / MALE Received Time 10-02-2024 08:53 AM
PRN ALRS/102/2023-2024/3183 Reported Time 10-02-2024 12:25 PM
Lab ID ALRS/D/23-24/3177
Ref Doctor

Test Name	Result	Unit	Bio. Ref. Range
Hemogram			
Hemoglobin	13.5	gm%	13.0 - 18.0
WBC Count			
Total WBC Count	9000	/cmm	4000 - 11000
Differential count			
Neutrophil	60	%	40 - 75
Lymphocytes	30	%	20 - 45
Eosinophil	04	%	Below 6
Monocytes	06	%	Below 8
RBC Indices			
Haematocrit	39.1	* A %	40 - 54
R.B.C Count	3.92	* A mil./cmm	4.5 - 5.5
M.C.V	99.7	* A fl.	76 - 96
M.C.H	34.4	* A PG	27 - 32
M.C.H.C	34.5	gm/dl	32 - 36
RDW-CV	13.3	%	11.5 - 14.5
Platelet Count	309000	/cmm	150000 - 450000
Comments on P.B.S			
R.B.C Morphology	Normocytic Normochromic		
W.B.C	No abnormal cells seen.		
Platelet	Adequate.		



Signature

Dr. Simi Athavale
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

End Of Report

W (Warning), * (Abnormal), *C (Abnormal & Critical)



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C-2022-0071

Oct 14, 2022 - Oct 13, 2025

10-02-2024

ALPHA LIFESTYLE REVERSAL STUDIO

3, No. 40, Vastan Pride, Rajamahal Road, Karamnagar

94 22 33 44 22

www.alphaclinics.in





Name Mr. Pravin Kamdi Collected Time 10-02-2024 08:53 AM
Age/Gender 39 Years / MALE Received Time 10-02-2024 08:53 AM
PRN ALRS/102/2023-2024/3183 Reported Time 10-02-2024 03:59 PM
Lab ID ALRS/D/23-24/3177
Ref Doctor

Test Name	Result	Unit	Bio. Ref. Range
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Glycosylated Hb / HbA1c

HbA1c 6.0 % Below 6 (Normal)
6 - 7 (Good Control)
7 - 8 (Fair Control)
8 - 10 (Unsatisfactory Control)
Above 10 (Poor Control)

Method BORONATE AFFINITY
Instrument Used Abbott-Affinion

Blood Sugar F and PP

Blood Sugar Fasting and Post Prandial

Blood Sugar Fasting 138.7 * A mg/dl 70 - 110
Blood Sugar Post Prandial 159.0 * A mg/dl 70 - 140

Method GOD-POD
Instrument Used ERBA EM-200 Fully automatic random access biochemistry analyzer.

ESR

ESR 08 Below 10
Unit mm after 1 hour
Method Wintrobe method

Dr. Simi Athavale
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

----- End Of Report -----



NOTE: *A (Abnormal), *C (Abnormal & Critical)



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10-02-2024

C-2022-0071
Oct 14, 2022 - Oct 13, 2025





Name Mr. Pravin Kamdi Collected Time 10-02-2024 08:53 AM
Age/Gender 39 Years / MALE Received Time 10-02-2024 08:53 AM
PRN ALRS/102/2023-2024/3183 Reported Time 10-02-2024 12:27 PM
Lab ID ALRS/D/23-24/3177
Ref Doctor

Test Name	Result	Unit	Bio. Ref. Range
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Uric acid

Serum Uric Acid

Sr.Uric Acid 8.0 * A mg/dl 3.5 - 7.2

Creatinine

Serum Creatinine 0.88 mg/dl 0.7 - 1.3

Method Enzymatic

Instrument Used ERBA EM-200 Fully automatic random access biochemistry analyzer.

BUN

Blood Urea Nitrogen

Blood Urea Nitrogen 12.16 mg/dl 5.0 - 21.0

Lipid Profile

S.Cholesterol 176.0 mg/dl Below 200

S.Triglycerides 134.6 mg/dl 40 - 160

HDL Cholesterol 43.1 mg/dl 35.3 - 79.5

VLDL Cholesterol 26.92 mg/dl Below 41 (Desirable)

LDL Cholesterol Direct 112.5 mg/dl 0.0 - 130

LDLC/HDLC Ratio 2.61 Below 3.4

S.Cholesterol/HDLC Ratio 4.08 Below 4.5

Instrument Used ERBA EM-200 Fully automatic random access biochemistry analyzer.

S Athavale

Dr. Simi Athavale
MBBS,(DCP) CONSULTANT-PATHOLOGIST (Reg. No. 84648)

End Of Report

NOTE: *A (Abnormal), *C (Abnormal & Critical)

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10-02-2024

C-2022-0071

Oct 14, 2022 - Oct 13, 2025





Name Mr. Pravin Kamdi Collected Time 10-02-2024 08:53 AM
Age/Gender 39 Years / MALE Received Time 10-02-2024 08:53 AM
PRN ALRS/102/2023-2024/3183 Reported Time 10-02-2024 01:29 PM
Lab ID ALRS/D/23-24/3177
Ref Doctor

Test Name	Result	Unit	Bio. Ref. Range
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Blood Group

ABO Type AB
Rh (D) Type Positive

Liver Function Test

Sr Total Bilirubin 0.79 mg/dl 0.1 - 1.2
Sr Direct Bilirubin 0.31 mg/dl 0.0 - 0.4
Sr Indirect Bilirubin 0.48 mg/dl 0.1 - 1.2
Alkaline Phosphatase 51.0 IU/L 50 - 150
S.G.P.T 11.7 IU/L Below 40
S.G.O.T 16.8 IU/L Below 40
Sr Total Protein 6.98 mg/dl 6.0 - 8.0
Sr Albumin 4.34 mg/dl 3.7 - 5.3
Sr Globulin 2.64 mg/dl 2.3 - 3.6
A:G ratio 1.64 % 1.2:1 - 2:1

INTRUMENT USED Erba EM 200- Fully Automatic Random Access Chemistry Analyzer

Dr. Simi Athavale
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

-----End Of Report-----



NOTE: *A (Abnormal), *C (Abnormal & Critical)



Report generated by: Niramay Solutions





Name Mr. Pravin Kamdi Collected Time 10-02-2024 08:53 AM
Age/Gender 39 Years / MALE Received Time 10-02-2024 08:53 AM
PRN ALRS/102/2023-2024/3183 Reported Time 10-02-2024 02:47 PM
Lab ID ALRS/D/23-24/3177
Ref Doctor

Test Name	Result	Unit	Bio. Ref. Range
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Urine Analysis

Physical Examination

Quantity 30 ml
Colour Pale Yellow
Appearance Clear
Specific gravity 1.020 1 - 1.03

Chemical Examination

Reaction (pH) Acidic
Proteins Absent
Glucose Absent
Ketone Bodies Absent
Bile Salts Absent
Bile Pigments Absent
Urobilinogen Normal

Microscopic Examination

Pus Cells Occasional /hpf
Epithelial Cells 1 - 2 /hpf
RBC Absent /hpf
Casts Absent
Crystals Absent

Dr. Simi Athavale
MBBS,(DCP) CONSULTANT PATHOLOGIST (Reg. No. 84648)

End Of Report



NOTE: * (Abnormal), ** (Abnormal & Critical)



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10-02-2024

C-2022-0071
Oct 14, 2022 - Oct 13, 2025



Registration Date : 10/02/2024
Patient Name : MR. KAMDI PRAVIN
 Age / Gender : 39 Yrs / Male
 Reference (Dr.) : ALOHA LIFESTYLE REVERSAL STUDIO
 Sample Collected : From Ldr Clinics Lip (Aloha Lifestyle Reversal Studio)



Patient ID No. : 1053271
 Reg. Date/Time : 10-02-2024 01:57pm
 Sample Coll. Date/Time : 10-02-2024 01:57pm
 Report Date/Time : 10-02-2024 03:09pm

T3 (TOTAL), T4 (TOTAL) & TSH

Investigation	Result	Units	Reference Range
T3 (Total), Serum <i>(Method: CLIA)</i>	: 1.20	ng/mL	0.70 - 2.04
T4 (Total), Serum <i>(Method: CLIA)</i>	: 7.85	ug/dL	5.5 - 12.5
Ultra TSH, Serum <i>(Method: ECLIA CLIA)</i>	: 2.910	uIU/mL	0.35 - 5.5

NOTE :

- 1) The TSH levels are subject to diurnal/circadian variation, reaching to peak levels between 2-4 a.m. and at a minimum between 6-10 p.m. The variation is to the order of 50%, hence the time when sample is collected has influence on the levels of TSH.
- 2) Many substances produced in central nervous system, even in healthy euthyroid individuals, may enhance or suppress TSH production in addition to the feedback effect of thyroid hormone.
- 3) Further more although TSH levels rise and fall in response to changes in the concentration of Free T4, individuals appear to have their own setpoints and factor such as race and age also contribute to variability in TSH levels.
- 4) Alterations of normal pituitary response are also common in patients with a variety of illnesses which can affect the levels of TSH.
- 5) Inter-assay variations are possible on different immunoassay platforms.

CLINICAL USE:

- 1) Diagnose Hypothyroidism and Hyperthyroidism.
- 2) Monitor T4 replacement or T4 suppressive therapy.
- 3) Quantify TSH levels in the subnormal range.
- 4) Increased levels of TSH are found in Primary hypothyroidism, Subclinical hypothyroidism, TSH dependent Hyperthyroidism, Thyroid hormone resistance.
- 5) Decreased levels of TSH are found in Grave's disease, Autoimmune thyroid hormone secretion, TSH deficiency.

(H = Hatched, H = High, L = Low)

..End Of Report..



Print Date : 10/02/2024 03:19PM

Test processed at "Dhande Pathlab Diagnostics Pvt.Ltd." Pune



Dr. Ashish N. Dhande
M.D.(Path.)

Dr. Nitin L. Dhande
M.D.(Path.)

C-2022-0071
Oct 14, 2022 - Oct 13, 2025



0.5-25Hz
ID: 7057

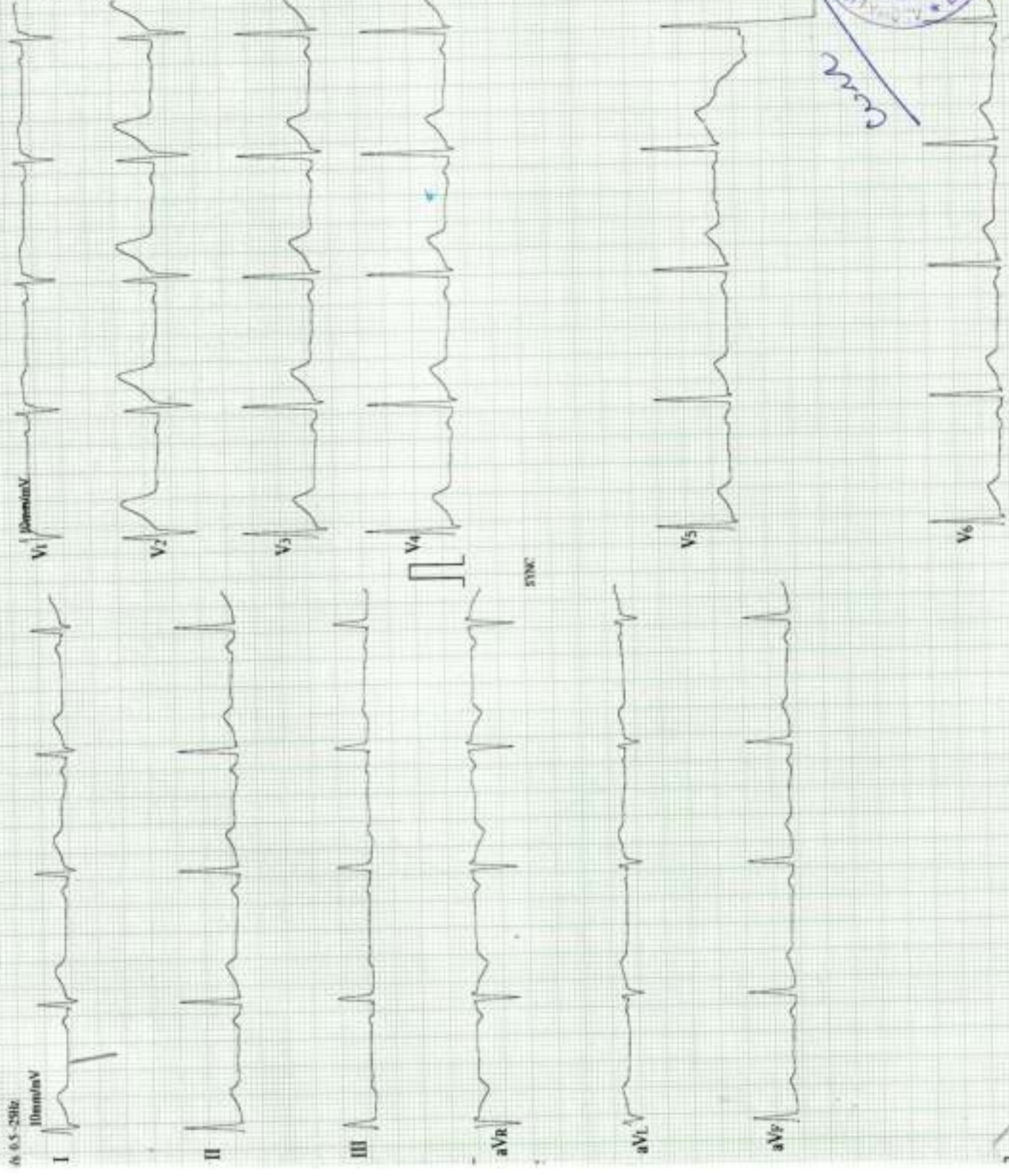
ID : 7057

Name: Pravin
Khandi

Sex : MT

Age : 39

PRP : 51
R-R : 1158
P-R :
QRS : 0
QT/QTc : 0/0
P/QRS/T : /0/0
RV5/SVI : 0/0
RV5+SVI : 0



Inconformed report

Verified by

