

MER- MEDICAL EXAMINATION REPORT

Date of Examination	23/12/23		
NAME	HEETIKA YADAV		
AGE	28	Gender	F
HEIGHT(cm)	162	WEIGHT (kg)	53 BMB-202
B.P.	110/60		
ECG	Normal		
X Ray	Normal		
Vision Checkup	-		
Present Ailments	None		
Details of Past ailments (If Any)	None		
Comments / Advice : She /He is Physically Fit	Medicines Nil		


 Dr. Anita Rastogi
 MBBCh
 No. 37370
 Signature with Stamp of Medical Examiner



Dear sir

You have been informed that gyneC ent ophthal ,diet consultation facility is not available at our centre.

If you are ready then your test can be start.

2D echo test facility is not available at our centre instead we do TMT test .

Greetika Yadav



I am not ready for the pap smear test
because of my personal reasons.

Date 23/12/23

sign Geetika Yadav



CLINIC :

1/A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph. : 0522-4008184, 4308184 • 8112323230
Mob. : 7618884441, 9450389932, 8177063877

Date	: 23-Dec-2023		
Name	: Mrs. GEETIKA	Age	: 28 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female
Haemoglobin	12.6	gm%	11 - 14
Total Leucocyte Count	4400	Cells/cumm.	4000-11000
Differential Leucocyte Count			
Polymorphs	50	%	45 - 70
Lymphocytes	37	%	20 - 45
Eosinophils	05	%	0 - 6
Monocytes	08	%	0 - 8
Basophils	00	%	0 - 1
Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	12	mm in 1st Hr.	0 - 19
PCV	39.4	cc%	40 - 52
Corrected ESR	04	mm in 1st Hr.	0 - 19
Platelet Count	2.36	lakh/cumm.	1.5 - 4.0
Red Cells Count	4.40	million/cmm	3.90 to 4.60
Absolute values			
MCV	89.6	fL	77 - 97
MCH	28.7	pg	27 - 31
MCHC	32.0	gm /dl	31 - 34

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRAT (BARC)

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



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Date : 23-Dec-2023

Name : Mrs. GEETIKA

Age : 28 Yrs.

Ref.By : APOLLO HEALTH

Sex : Female

General Blood Picture

RBCs	RBCs are Normocytic & Normochromic. No Normoblasts are seen.
WBCs	TLC is within normal range. DLC shows normal counts. No immature cells of WBC seen.
PLATELETS	Platelets are adequate in number and morphology.
OTHERS	No haemoparasites are seen.
IMPRESSION	Normal GBP

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Date	: 23-Dec-2023	Age	: 28 Yrs.
Name	: Mrs. GEETIKA	Sex	: Female
Ref.By	: APOLLO HEALTH		

Urine Sugar (Fasting)	NIL
-----------------------	-----

Urine Sugar (PP)	NIL
------------------	-----

KFT			
UREA	16.8	mg %	15 - 50
CREATININE	0.84	mg %	0.5 - 1.5
URIC ACID	4.8	mg %	2 - 6
CALCIUM	9.1	mg %	8.8 - 10.0

Plasma Glucose - F GOD-POD Method	98	mg/dl	70 - 110
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Plasma Glucose - PP GOD-POD Method	115	mg/dl	110 - 170
---------------------------------------	-----	-------	-----------

Blood Group & Rh	"B" Positive
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LFT T&D			
Total Bilirubin	0.40	mg%	0.2 - 1.0
Direct Bilirubin	0.18	mg%	0.0 to 0.40
Indirect Bilirubin	0.22	mg%	0.10 to 0.90
S.G.P.T	14	IU/L	5 - 40
S.G.O.T	10	IU/L	5 - 50
ALP	78	IU/L	35 to 104

Serum Gamma G.T.	14	IU/L	11 - 50
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Date : 23-Dec-2023

Name : Mrs. GEETIKA

Ref.By : APOLLO HEALTH

Age : 28 Yrs.

Sex : Female

Urine Examination

PHYSICAL

Colour	Straw
Turbidity	Nil
Deposit	Nil
Reaction	Acidic
*Specific Gravity	1.020

CHEMICAL

Protein	Nil
Sugar	Nil
*Bile Salts	Nil
*Bile Pigments	Nil
Phosphate	Nil

MICROSCOPIC

Pus Cells	Nil	/hpf
Epithelial Cells	1-2	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

Dr. Sanjay Rastogi

M.B.B.S., DCP, CRIAT (BARC)

Dr. Smith Rastogi

Contd...M.B.B.S., DCP

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Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



Date : 23-Dec-2023

Name : Mrs. GEETIKA

Age : 28 Yrs.

Ref.By : APOLLO HEALTH

Sex : Female

LIPID PROFILE

Triglycerids	51	mg%	70 - 190
S. Cholestrol S.	129	mg%	130 - 230
S. HDL Cholestrol	36.4	mg%	35 - 75
S. LDL Cholestrol	82.4	mg%	75 - 150
VLDL	10.2	mg%	0 - 34
Chol / HDL factor	3.54		
LDL / HDL Factor	2.26		

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

Dr. Sanjay Rastogi
Reg. 635, DCP, CRIAT (BARC)

Dr. Smita Rastogi
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Date : 23-Dec-2023	Age : 28 Yrs.
Name : Mrs. GEETIKA	Sex : Female
Ref.By : APOLLO HEALTH	

THYROID TEST

Tri-iodothyronine (T3)	1.14	nmol/L	0.50 to 2.50
Thyroxine (T4)	6.50	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	5.69	mIU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date : 23-Dec-2023	Age : 28 Yrs.
Name : Mrs. GEETIKA	Sex : Female
Ref.By : APOLLO HEALTH	

Glycosylated Haemoglobin

Glycosylated Haemoglobin	5.6	%	4.5 TO 6.0
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INTERPRETATION AND COMMENTS

NON DIABETIC : 4.5 to 6.0 %
GOOD CONTROL: 6.0 to 7.0
FAIR CONTROLLED 7.0 AND 8.0
UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

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Dr. Smita Rastogi
M.B.B.S., DCP

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TEST REQUEST ID :012312230007	SAMPLE DATE	:23/Dec/2023 08:38AM
NAME :Mrs. GEETIKA YADAV	SAMPLE REC. DATE	:23/Dec/2023 08:38AM
AGE/SEX :28 YRS/FEMALE	REPORTED DATE	:23/Dec/2023 12:35PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01230007

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)



DR. PANKAJ UPADHYAYA

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAFETY AVAILABLE

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Print DateTime: 23/12/2023 5:26 AM
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Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



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TEST REQUEST ID :012312230007	SAMPLE DATE	:23/Dec/2023 08:38AM
NAME :Mrs. GEETIKA YADAV	SAMPLE REC. DATE	:23/Dec/2023 08:38AM
AGE/SEX :28 YRS/FEMALE	REPORTED DATE	:23/Dec/2023 01:05PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01230007

USG WHOLE ABDOMEN-FEMALE

Liver: is normal in size (123 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (85 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK- 89 x 37 mm & LK -93 x 40 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Uterus is normal in size (72 x 47 x 41 mms), shape and echotexture. It is anteverted. Myometrium is homogenous. No focal mass is seen. Endometrial thickness is normal. Cervix appears normal in size, shape and echotexture. No evidence of collection in cervical canal.

Bilateral Ovaries and adnexae Both ovaries are normal in size (RO - 35 x 28 mms & LO -29 x 23 mms), shape and echotexture. No adnexal solid or cystic mass lesion is seen.

Both iliac fossae are clear. No obvious bowel pathology is noted.
There is no free fluid in peritoneal cavity.

OPINION: NORMAL STUDY.

*** End Of Report ***

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)


DR. PANKAJ UPADHYAYA
Consultant Radiologist

Dr. Smita Rastogi
M.B.B.S., DCP

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Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



Patient name: Mrs Geetika yadav
Ref By. Apollo Health

Age/Sex 28/F
23/12/2023

E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	68/mt
3. Ventricular Rate	:	68/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

FINAL IMPRESSION

E.C.G. is within normal limits.

Dr. ANIT MOHAN
MD
Signature of Doctor
23/12/2023

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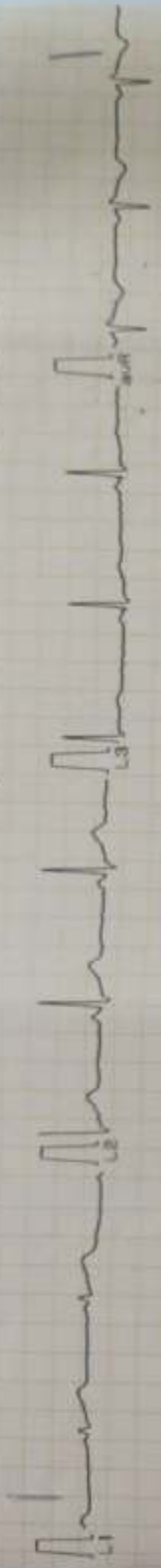
Name Siddhanta Yadav

Age Yrs M/F

10mm/mV

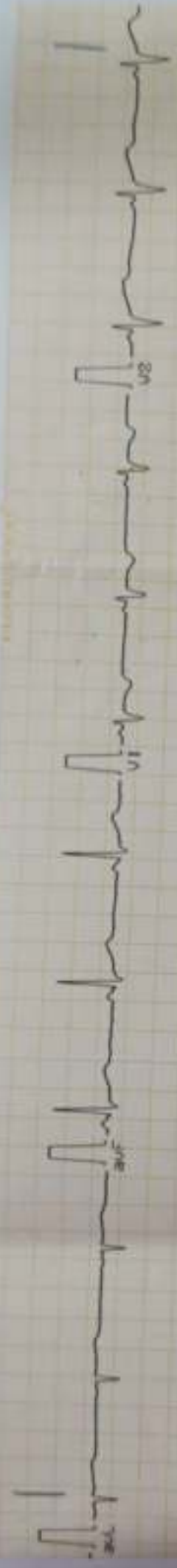
25mm/s

0.1-35 Hz BLC



Machine Used: ECSS50-1CH

Dr:



Dr. AMIT MOHAN
Reg. No. 4559

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

Gomti Nagar Lucknow

Report



GEETIKA YADAV / 28 Yrs / F / 162 Cms / 53 Kg

Date: 23 - 12 - 2023 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:04	0:04	00.0	00.0	01.0	093	48 %	110/60	102	00	
Standing	00:09	0:05	00.0	00.0	01.0	093	48 %	110/60	102	00	
HV	00:12	0:03	00.0	00.0	01.0	079	41 %	110/60	086	00	
ExStart	00:29	0:17	00.0	00.0	01.0	098	51 %	110/60	107	00	
BRUCE Stage 1	03:29	3:00	02.7	10.0	04.7	144	75 %	110/60	158	00	
PeakEx	04:27	0:58	04.0	12.0	05.5	158	82 %	136/86	214	00	
Recovery	05:27	1:00	00.0	00.0	01.0	118	61 %	134/84	158	00	
Recovery	06:27	2:00	00.0	00.0	01.0	103	54 %	130/80	133	00	
Recovery	07:27	3:00	00.0	00.0	01.0	102	53 %	124/80	126	00	
Recovery	07:34	3:08	00.0	00.0	01.0	105	55 %	124/80	130	00	

FINDINGS :

Exercise Time : 03:58
Max HR Attained : 158 bpm 82% of Target 192
Max BP Attained : 136/86 (mm/Hg)
Max WorkLoad Attained : 5.5 Fair response to induced stress
Test End Reasons : ... Stopped By Client

REPORT :

CONCLUSIONS:

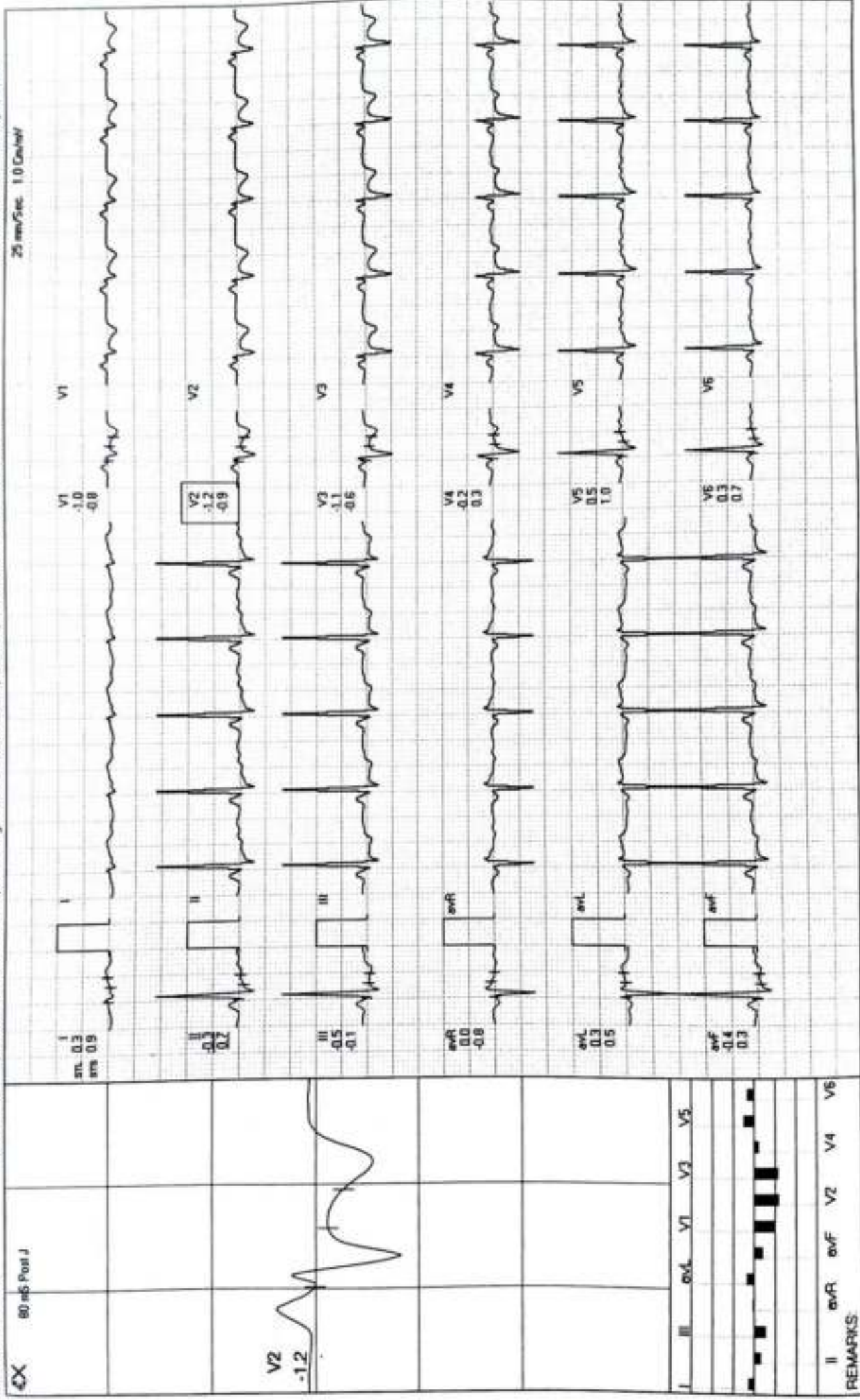
1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.


 Dr. Anil Kumar Singh
 MD
 Rep. No. 44559



GEETIKA YADAV / 28 Yrs / F / 162 Cms / 53 Kg / HR : 93

Date 23 - 12 - 2023 METS 1.0 / 93 bpm 48% of THR BP 110/60 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/JF 35 Hz ExTime 00:00 0.0 KmpA 0.0%



REMARKS

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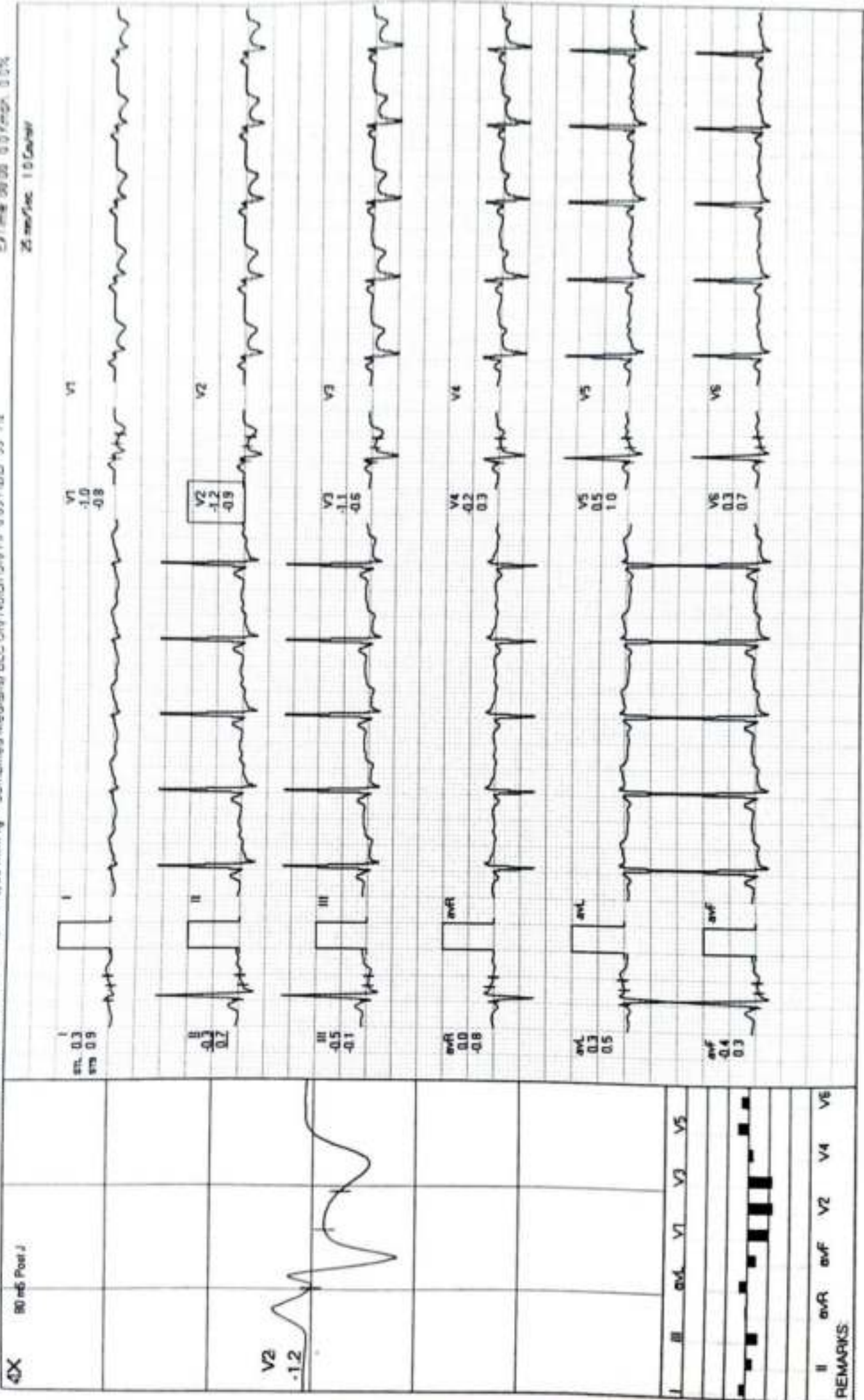
GEETIKA YADAV / 28 Yrs / F / 162 Cms / 53 Kg / HR : 93

BRUCE: Standing(0:05)

Date: 23-12-2023

METS 1.0/93 bpm 48% of THR BP 110/60 mmHg Combined Meds: BLC Div/Notch Div/HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 Temp: 0.0°C
25 mm/Sec 1.0 Count



REMARKS: II aVR aVF V2 V4 V6

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GEETIKA YADAV / 28 Yrs / F / 162 Cms / 53 Kg / HR : 79

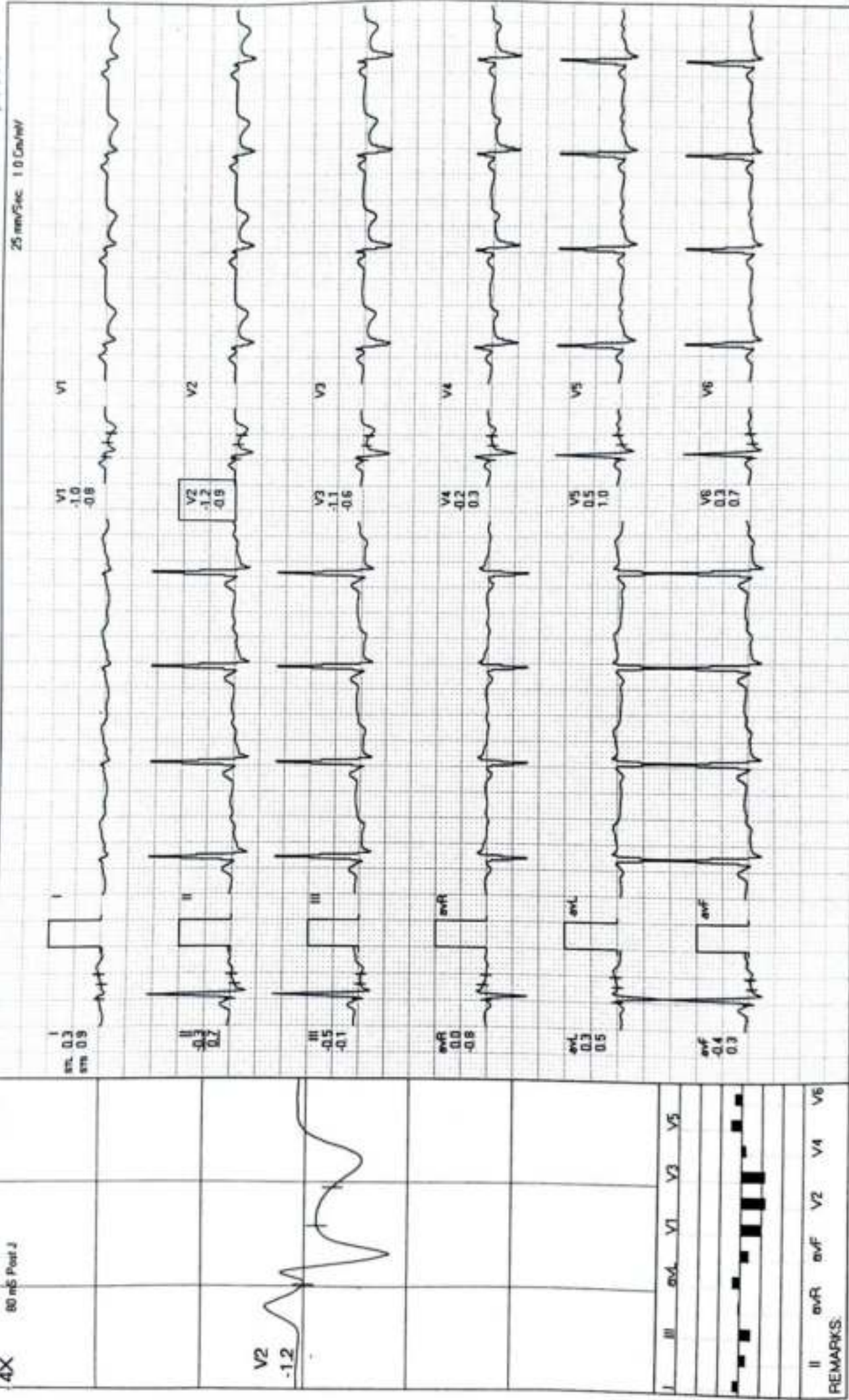
BRUCE:HV(0:07)

AGHDL

Date: 23-12-2023

METS 1.0 / 79 bpm 41% of THR BP 110/60 mmHg Combined Mediana/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Kmph 0.0%



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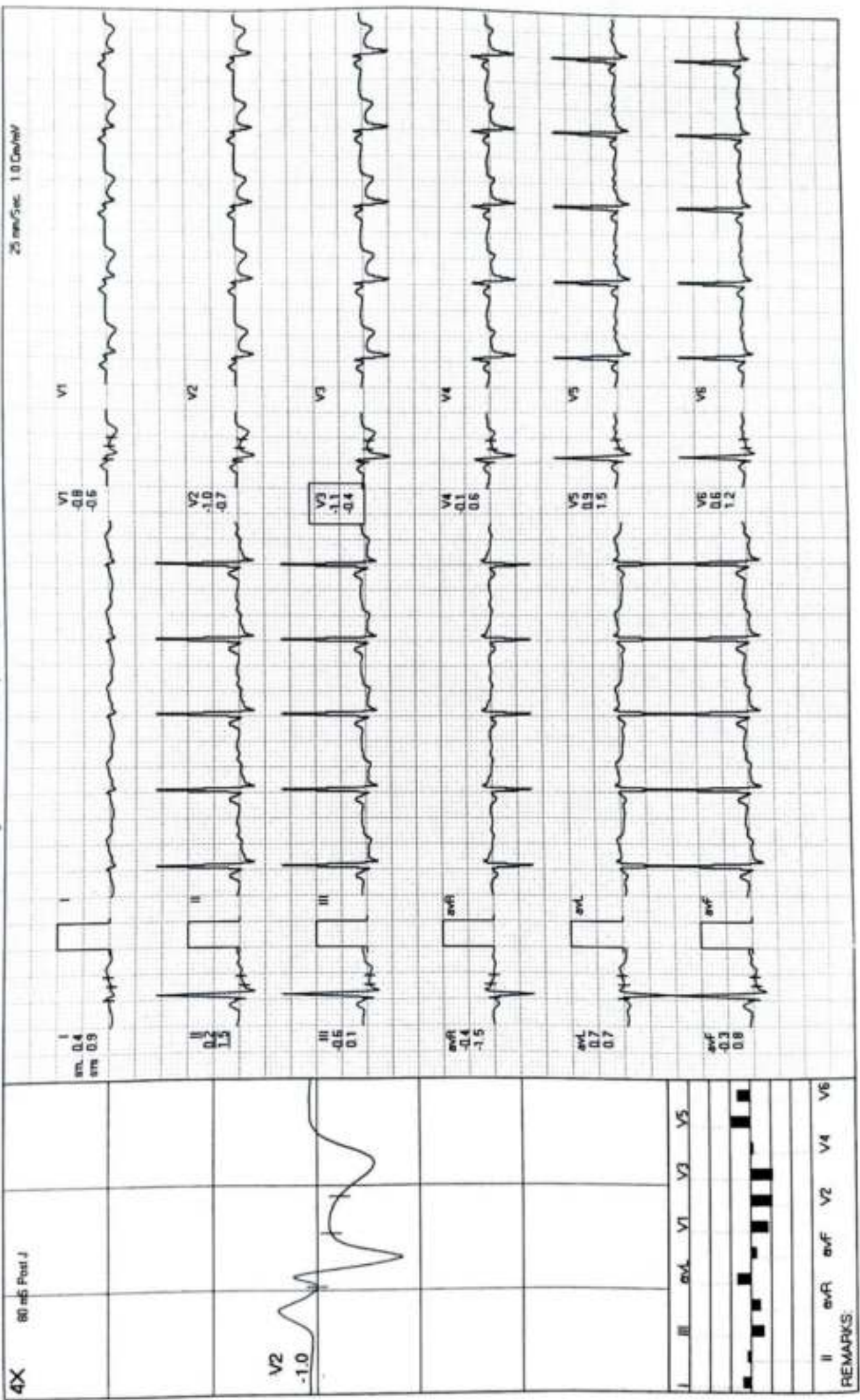
ExStart



GEETIKA YADAV / 28 Yrs / F / 162 Cms / 53 Kg / HR : 98

Date: 23-12-2023 METS: 1.0/ 98 bpm 51% of THR BP: 110/60 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 Km/hp 0.0%



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BRUCE: Stage 1(3:00)

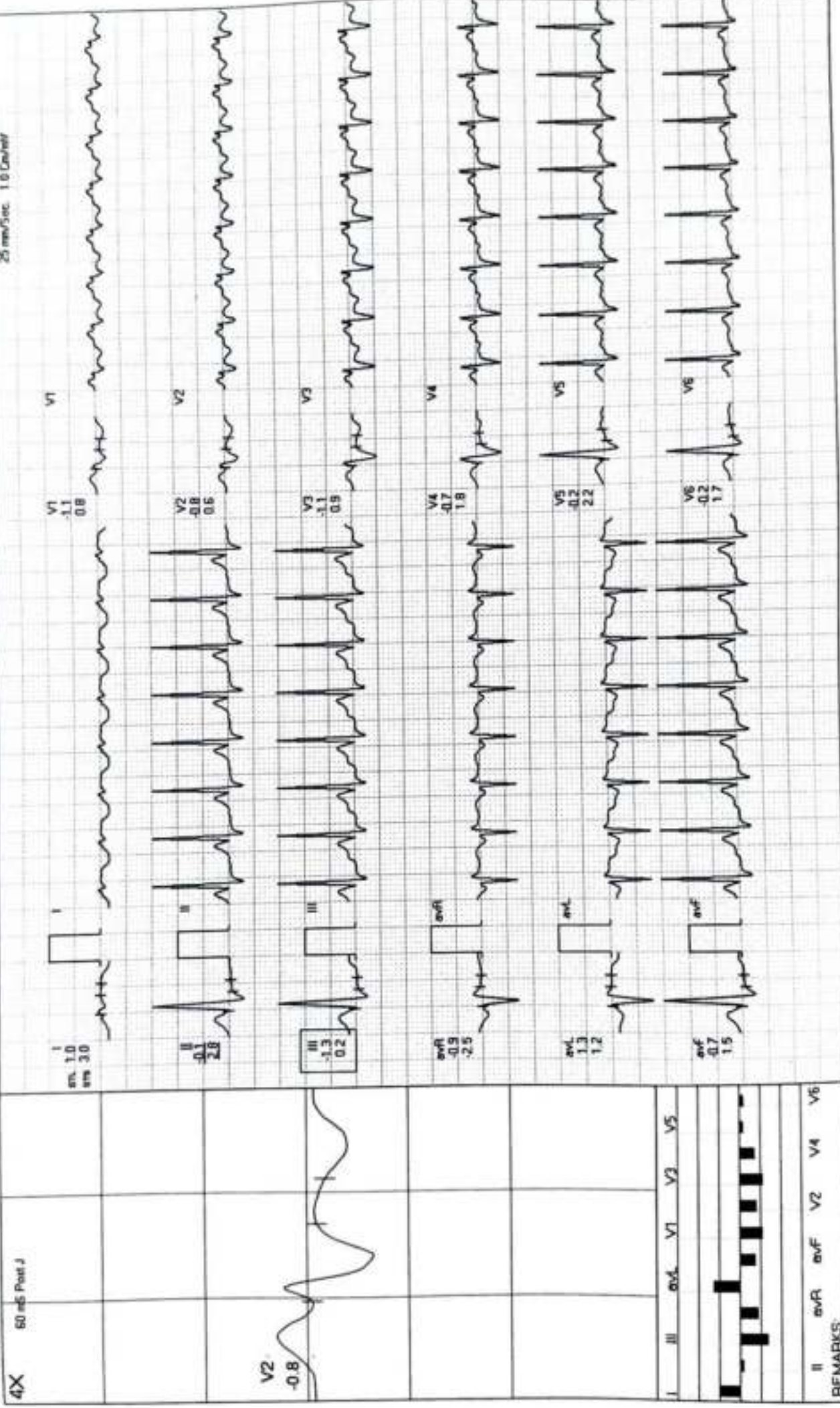


GEETIKA YADAV / 28 Yrs / F / 162 Cms / 53 Kg / HR : 144

Date: 23-12-2023 METS 4.7/144 bpm 75% of THR BP 110/60 mmHg Combined Mediens/BLC On/ Noch On/ HF 0.05 Hg/LF 35 Hz

ExTime 03:00 2.7 Kmph 10.0%

25 mm/Sec 1.6 Cm/mt



REMARKS:
 II aVR aVF V2 V4 V6

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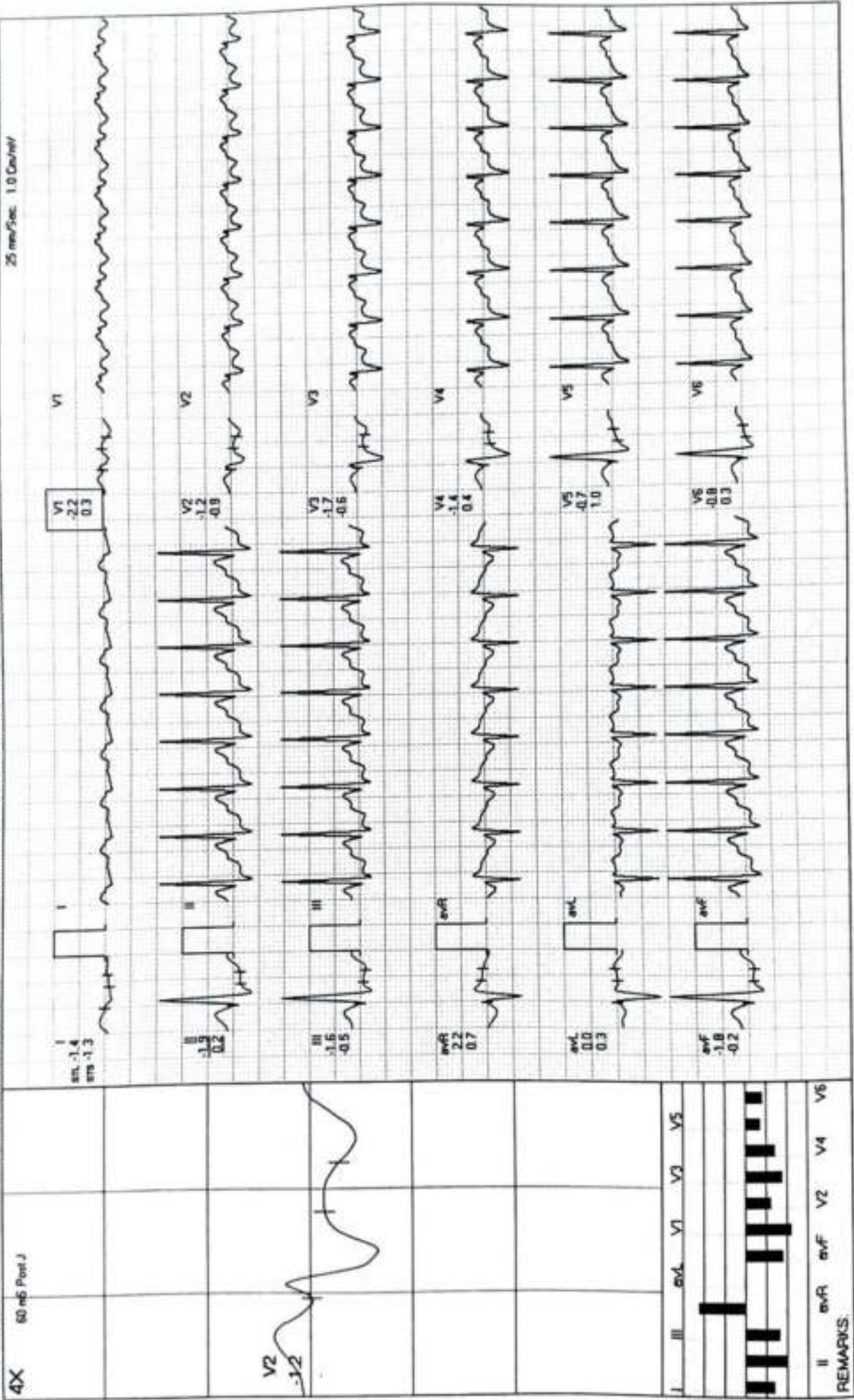
GEETIKA YADAV / 28 Yrs / F / 162 Cms / 53 Kg / HR : 158

PeakEx



ExTime 03:59 4.0 Km/h, 12.0%
25 mm/sec, 1.0 Cm/mV

METS 5.5/158 bpm 82% of THR BP 136/96 mmHg Combined Medians/BLC Only/Notch On/HF 0.05 Hz/UF 35 Hz



REMARKS:

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SEETIKA YADAV / 28 Yrs / F / 162 Cms / 53 Kg / HR : 118

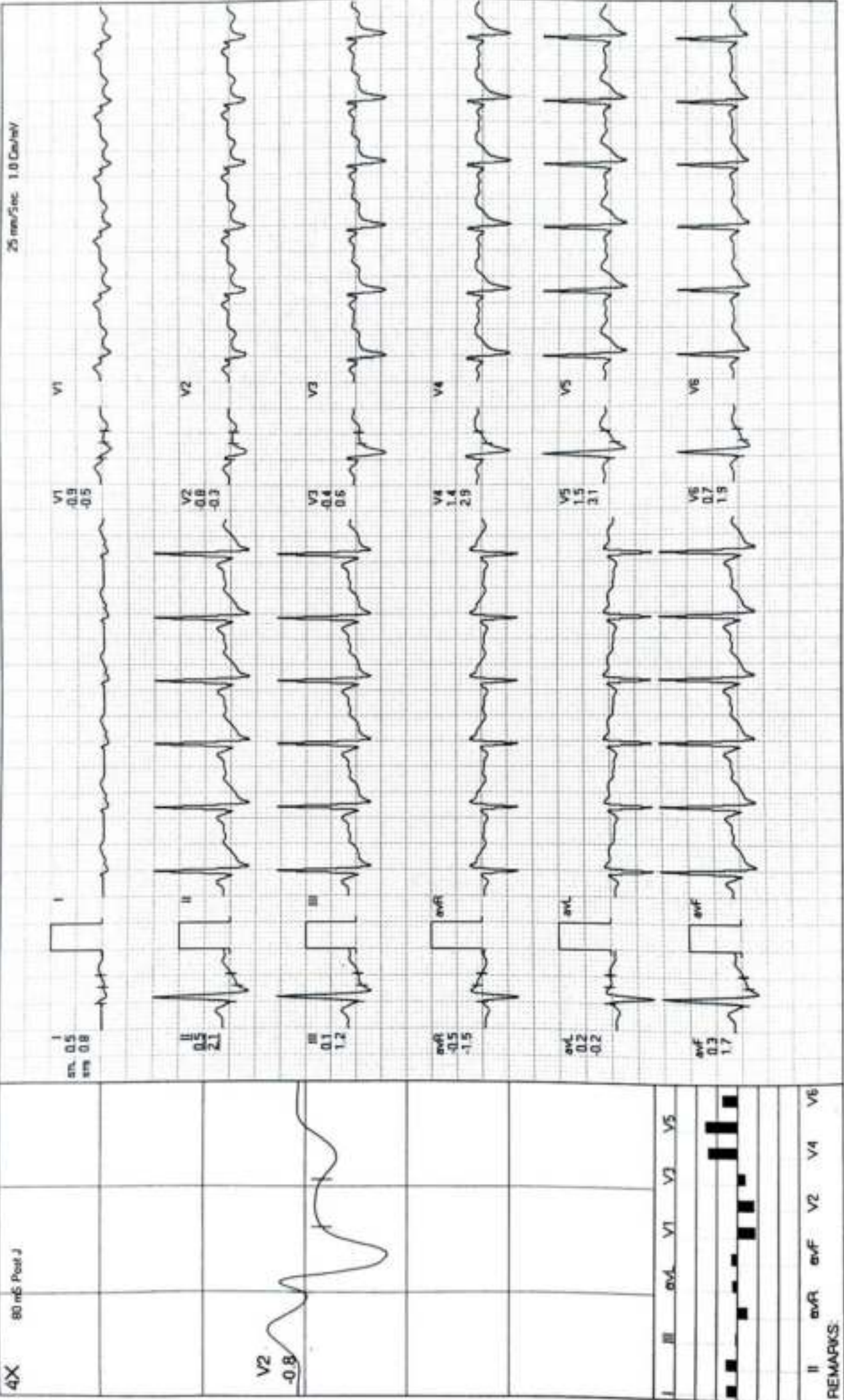
Recovery(1:00)



Date 23-12-2023

METS 1.0/118 bpm 61% of ThR BP 134/84 mmHg Combined Medians/BLC Ov/Notch Ov/HF 0.05 Hz/LF 35 Hz

ExTime 03:58 0.0 Km/ph. 0.0%



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

GEETIKA YADAV / 28 Yrs / F / 162 Cms / 53 Kg / HR : 103

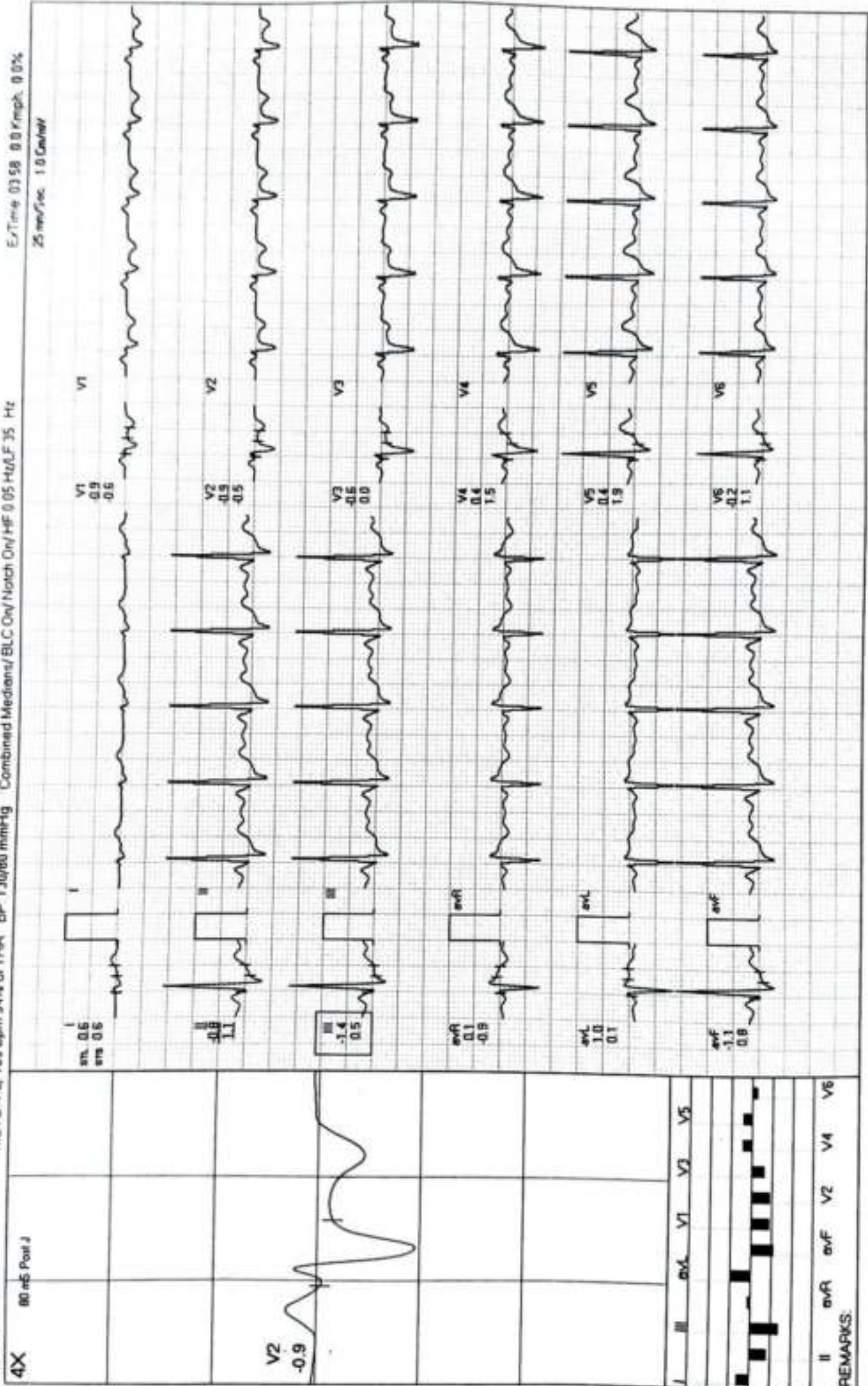
Recovery(2:00)



Date 23-12-2023

METS 1.0 / 103 bpm 54% of Th-R BP 130/80 mmHg Combined Medians/BLC Ov/Notch Ov/HF 0.05 Hz/LF 35 Hz

ExTime 03:58 0.0 Kmph 0.0%
25 mm/sec 1.0 Cm/Div



REMARKS:
II aVR aVL V2 V4 V6

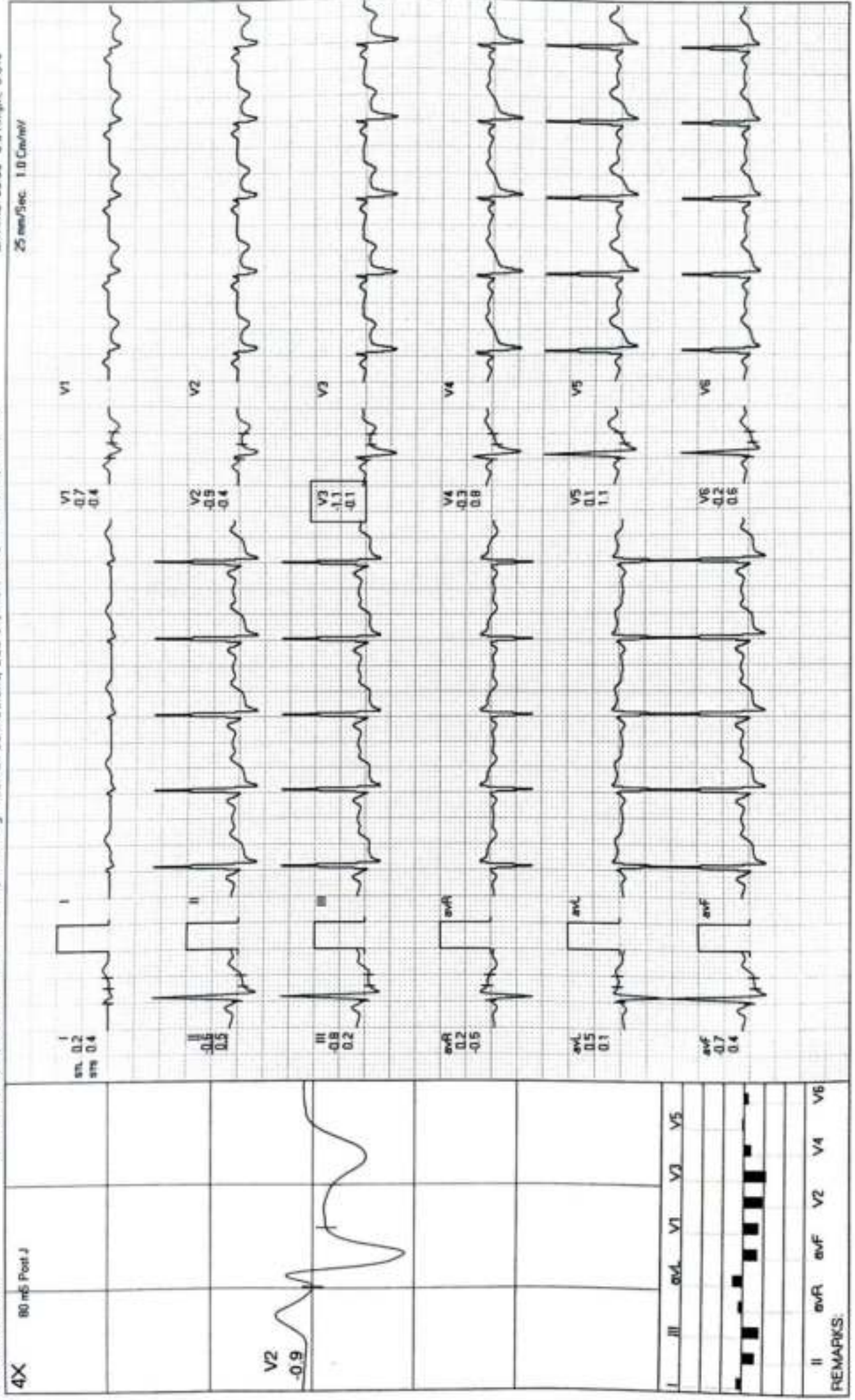
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

GEETIKA YADAV / 28 Yrs / F / 162 Cms / 53 Kg / HR : 102

Recovery(3:00)



Date: 23-12-2023 METS: 1.0/102 bpm 53% of THR BP: 124/80 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz ExTime 03:58 0.0 Km/ph 0.0%
 4X 80 m/s Post J 25 mm/Sec 1.0 Cm/mV



REMARKS:

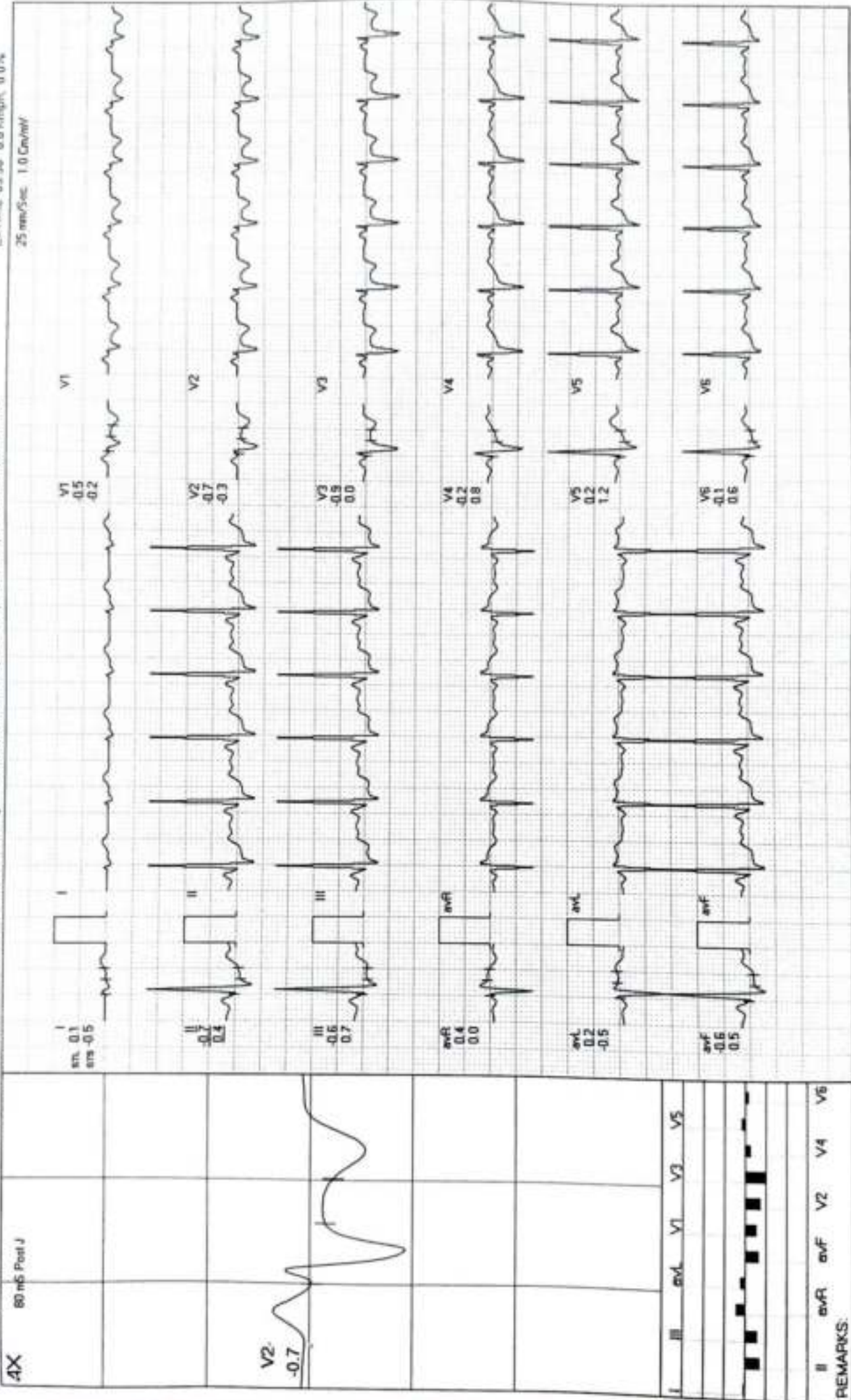
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GEETIKA YADAV / 28 Yrs / F / 162 Cms / 53 Kg / HR : 105

Recovery(3:08)



Date: 23-12-2023 METS: 1.0/105 bpm 55% of THR BP: 124/80 mmHg Combined Median/BL/CL/Notch On/ HF 0.05 Hz/AF 35 Hz
 4X 80 mS Post J ExTime 03:58 0.0 Kmph 0.0%
 25 mm/Sec 1.0 Cm/mV



REMARKS:



23122302926 MRS GEETIKA YADAV 28 YRS F DR SELF CHEST PA
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