



# LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342008  
Tel. : 0291-2752601, Fax : 2752603  
E-mail : hospitalloksewa@gmail.com

## Fitness Certificate

It is certified that Mr Mukesh Bhati examined by me and was found medically, Physically and Mentally FIT.

Height : 175 cm.  
Weight : 110 Kgs.  
Chest :  
Inspiration : 114 cm.  
Expiration : 110 cm.  
B.P. : 116/72 mmHg  
Heart : NAD  
Lungs : NAD  
Dental : Good, Healthy  
Diet :  
Hernia, Hydrocele, Piles etc : No *Operated for Appendicitis in 2002.  
NO complaint.*  
BMI :  
Eye Vision : Rt. 6/6 Normal  
Lt. 6/6 Normal  
Hearing : Normal  
Speech : Normal

Dated : 28/09/2024

*Mathur*

(Dr. N.P. Mathur)

M.B.B.S. PICA

RMC - 11238

Dr. N. P. MATHUR

M. B. B. S., F. I. C. A.

RMC-11238

Lok Sewa Hospital & M. R. C.

JODHPUR-09

### Feedback – Pre Policy Life Insurance Medical Checks

This is to confirm & certify that I have gone through the medical examination through Medical Center L.S. Hospital located at Jodhpur / Home Visit on 28/5/14 to complete the requisite medical formalities towards my application for life insurance from ..... Insurance Company vide Proposal Form bearing no \_\_\_\_\_ dated ..... BOM

**I do confirm specifically that the following medical activities have been performed for me:**

- |  |                              |                             |
|--|------------------------------|-----------------------------|
| 1. Full Medical Report (Medical Questionnaire) | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 2. Sample Collection                           |                              |                             |
| a. Blood                                       | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| b. Urine                                       | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 3. Electro Cardio Gram (ECG)                   | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 4. Treadmill Test (TMT)                        | Yes <input type="checkbox"/> | No <input type="checkbox"/> |
| 5. Others _____                                |                              |                             |

I have furnished my ID Proof 010 bearing ID No. \_\_\_\_\_ at the time of my medical.

**Feedback Form**

- **Behavior and cooperation of staff**
  - Reception/ Clinic/ Hospital  Good  Average  Poor
  - Technician/ Doctors  Good  Average  Poor
- **Time Management**  Good  Average  Poor
- **Upkeep of hospital**  Good  Average  Poor
- **Technology & Skills**  Good  Average  Poor
- **Please remark if the medical check procedure was satisfactory** Yes  No

(Medical Facility- Location; Facility Set-up, instruments, cleanliness; Process followed; etc. Also on the Medical Staff: Appearance; Technical Know-how; Behaviour etc.)

- **If No please provide details or let us know of anything additional you would like to provide as comments and / or suggestions**

[Signature]  
Signature of the Life to be Insured  
(Proposer in case of Life insured being minor)

---

Name of the Life to be Insured with date  
(Proposer (in case of Life insured being minor)

[Signature]  
Signature of Visiting/Attending Doctor

**DR. N.P. MATHUR**  
M.B., B.S., F.I.C.A.  
RMC-11238  
Lok Sewa Hospital & M.R.C.  
JODHPUR-09

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Name of Visiting/Attending Doctor

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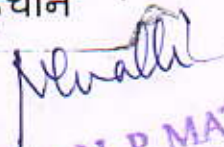
MC Registration No: RMC 11238

Doctor Stamp with date 28/5/14


 Government of India  
 मुकेश भाट्ट  
 Mukesh Bhatti  
 जन्म तिथि / DOB : 24/10/1983  
 पुरुष / Male  


6647 3183 0951

मेरा आधार, मेरी पहचान

  
  
**Dr. N. P. MATHUR**  
 M. B., B.S., F.I.C.A.  
 RMC-11258  
 Lok Sewa Hospital. & M. P.  
 JODHPUR-09


 जाधर  
 आर्य विचार, पहचान प्राधिकरण  
 Unique Identification Authority of India

पता: आत्मज: लक्ष्मी सिंह भाटी,  
 8190, चैनपुरा गांव, मंडोर, जोधपुर,  
 जोधपुर, मंडोर, राजस्थान, 342304  
 Address: S/O, Labu Singh Bhatti, 8190,  
 chainpura ganv, mandore, Jodhpur,  
 Jodhpur, Mandore, Rajasthan, 342304

6647 3183 0951

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 help@uidai.gov.in  
 www.uidai.gov.in



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Pt Name : Mukesh Bhati  
Ref By. : Dr. N.P.Mathur  
Serial No : 38132

Age : 40 Yrs.  
Sex : Male  
Date : 28/09/2024

## HAEMOGRAM COMPLETE

TEST	RESULT	NORMAL VALUE
W.B.C (WHITE BLOOD CELL COUNT)	10,400	4000 - 11000 /CUMM
<b>DLC (DIFFERENTIAL LEUCOCYTE COUNT)</b>		
NEUTROPHILS	57	40 - 70 %
LYMPHOCYTES	36	20 - 40 %
EOSINOPHILS	03	00 - 06 %
MONOCYTES	04	00 - 10 %
BASOPHILS	00	1 %
HB (HEMOGLOBIN)	13.0	12-18 GM%
PLATELET COUNT	2.33	1.5 - 4.5 LACS/CUMM
R.B.C (RED BLOOD CELL COUNT)	4.96	3.5-5.5 MILL./CUMM
H.C.T. (HEMATOCRIT)	45.2	34-48 %
M.C.V (MEAN CORPUSCULAR VOLUME)	91.13	80 - 100fl
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	26.21	27 - 32pg
MCHC (MEAN CORP.Hb CONCENTRATION)	28.76	32-36g/dl
ERYTHROCYTE SEDIMENTATION RATE	10	02-20 MM FALL 1ST HOUR.

THANKS FOR REFERING CASE.

[ TECHNICIAN ]

DR. S. K. LODHA MD. [Patho.]  
[ PATHOLOGIST ]



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## BIO - CHEMISTRY EXAMINATION REPORT

Test	Result	Normal Value
BLOOD SUGAR - (F)	: 98.0	70-110 mg/dl
BLOOD SUGAR - (PP)	: 128.0	< 140 mg/dl
BLOOD UREA	: 26.0	12-50 mg/dl
S.CREATININE	: 0.82	0.6-1.60 mg/dl
S.URIC ACID	: 4.40	3.5-7.2 mg/dl
S.CHOLESTEROL	: 184.0	130-250 mg/dl
S.TRIGLYCERIDES.	: 142.0	60-170 mg.dl
S.HDL CHOLESTEROL [ DIRECT ]	: 48.0	35-65 mg/dl
S.LDL CHOLESTEROL [ DIRECT ]	: 108.0	65-160 mg/dl
S.VLDL CHOLESTEROL	: 28.00	up to 35 mg/dl
CHOLESTEROL\HDL RATIO	: 3.83 :1	LESS THEN 4.5
LDL\HDL RATIO	: 2.25 :1	1.5 - 3.5
S.BILIRUBIN TOTAL	: 0.69	0-1.2 mg/dl
S.BILIRUBIN DIRECT	: 0.33	0-0.4 mg/dl
S.BILIRUBIN INDIRECT	: 0.36	0-0.9 mg/dl
S.GOT	: 30.0	0-40 U/L
S.GPT	: 28.0	0-40 U/L
S.ALKALINE PHOSPHATASE	: 122.0	65-306 (adult) 37 c IU/L
S.TOTAL PROTEIN	: 7.2	6-8 gm/dl
S.ALBUMIN	: 3.9	3.7-5.3 gm/dl
S.GLOBULIN	: 3.30	2.5-3.5 gm/dl
S.A/G RATIO	: 1.18 :1	1-2.3

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## HAEMATOLOGY EXAMINATION REPORT

BLOOD GROUP (ABO) "A"  
(RH) POSITIVE

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Age : 40 Yrs.  
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Date : 28/09/2024

## THYROID Function Test

### Methodology & Other Information

Method : Chemiluminescence  
Type of Specimen : Serum

Investigation	Result	Biological Reference
T3	1.89 ng/ml	0.5-2.0 ng/ml
T4	6.76 ug/dl	4.4-11.5 ug/dl
TSH	3.17 uIU/ml	0.35 - 5.50 uIU/ml

### Biological reference range:

#### Children:

1-2 days 3.20-34.6 uIU/ml

3-4 days 0.70-15.4 uIU/ml

15 days-3month 1.70-9.10 uIU/ml

5 months-20 years 0.70-6.40 uIU/ml

#### Pregnancy

1'st Trimester : 0.30 -- 4.50

2'nd Trimester : 0.50 -- 4.60

3'rd Trimester : 0.80 -- 5.20

### Clinical Information:

Primary malfunction of the thyroid gland may result in excessive(hyper)or low (hypol) release of T3 or T4 . In additional, as TSH directly affect thyroid function, malfunction of the pituitary or the hypothalamus influences the thyroid gland activity . Disease in any portion of the thyroid-pituitary-hypothalamus system may influence thelevel of T3 or T4 in the blood,in Primary hypothyroidism , TSH levels are significantly elevated, while in secondary and tertiary Hypothyroidism , TSH levels may be low. In addition, In Euthyroid sick Syndrom, Multiple alterations in serum thyroid function test findings have been recognized.

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Age : 40 Yrs.  
Sex : Male  
Date : 28/09/2024

## HbA1C EXAMINATION REPORT

TEST	RESULT
HbA1C :-	5.7 %
eAG :-	000.0 mg/dl

### NORMAL REFERENCE VALUE

NORMAL :-	4.8 %	-	5.9 %
PREDIABETIC :-	6.0 %	-	6.4 %
GOOD CONTROL :-	6.5 %	-	7.2 %
FAIR CONTROL :-	7.3 %	-	7.8 %
POOR CONTROL :-	> 7.9 %		

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Sex : Male  
Date : 28/09/2024

## URINE EXAMINATION REPORT

Test	Result(s)
<b>PHYSICAL</b>	
COLOUR	PALE
APPEARANCE	CLEAR
<b>CHEMICAL</b>	
REACTION pH	5.0
SPECIFIC GRAVITY	1.010
ALBUMIN	NIL
SUGAR - (F)	NIL
<b>MICROSCOPIC</b>	
PUS CELLS	0-1 /HPF
RED BLOOD CELLS	NIL
EPITHELIAL CELLS	0-2 /HPF
CASTS	Nil
CRYSTALS	Nil
BACTERIA	Nil

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NAME :- Mukesh Bhati  
CONS.DR.: - N.P.Mathur

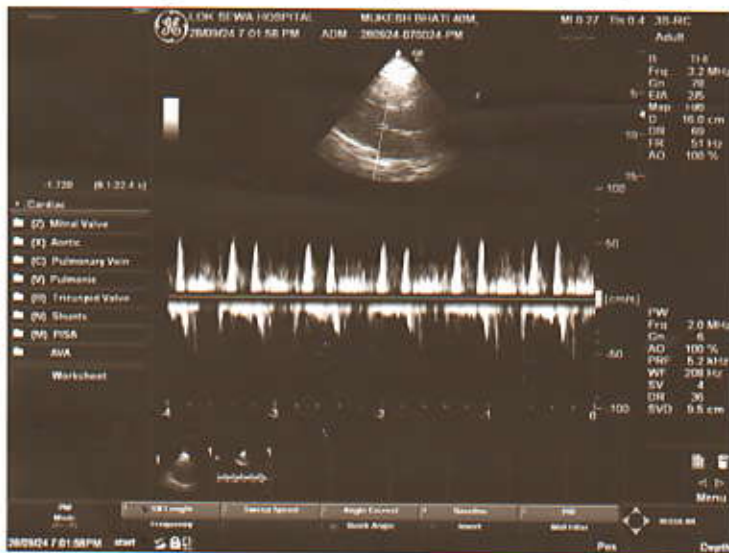
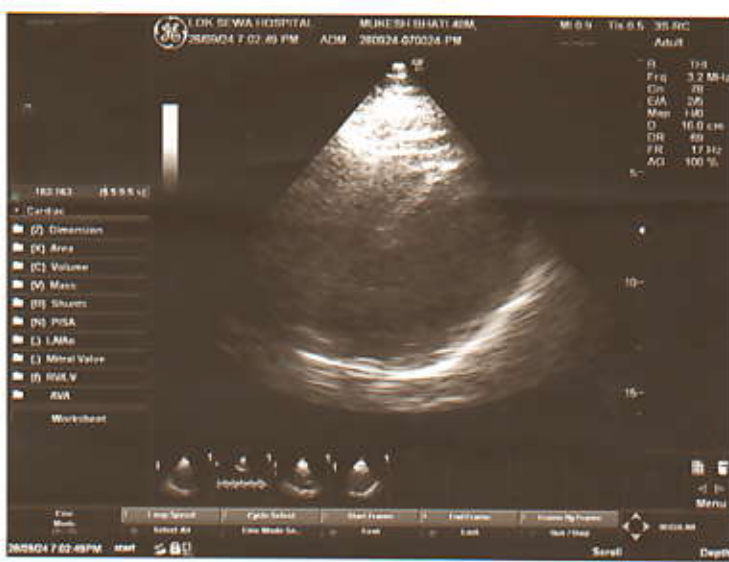
AGE :40 MALE  
DATE :- 28.09.2024  
PART OF X-RAY: - CHEST P.A.

## X-RAY CHEST (P.A. VIEW)

- Trachea is centrally placed.
- Cardiac shadow is within normal limit.
- Both lung fields are clear.
- Both C. P.-angles are clear.
- Soft tissue shadow and bony cage are normal.
- No B. V. marking present in both lung fields.

Impression: - Normal Study.

(RADIOLOGIST)





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Name: MUKESH BHATI  
Cons. Dr :N. MATHUR

Age : 40M  
Date: 28.09.2024

## Echocardiography & Color Doppler Observation on M Mode and 2 D Echocardiography

	ED	ES		mm.
IVS (mm)	10	-	Aorta Root Diameter	32
LVID (mm)	44	26	LA Diameter	35
LVPWD	11	-	AV cusp sep.	19
LV Vol (ml)	-	-	LA / Ao	-
EF= 62 %			Fract Shortening(FS)	38.00%

Right Atrium :

Right Ventricle :

2 - D Study of Left and Right ventricle :

Both Ventricles are of normal Dimensions.

No regional wall motion abnormality seen.

2 D EF = 55-60 %

No e / o pericardial effusion seen.

Pulmonary Artery Pressure :

RAP + Trans TR PG = < 25 mm Hg



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## Doppler Study Continuous and Pulse wave Doppler

Valve	Peak Velocity m m/ Sec.	Max P.G. mm Hg	Regurgitation	Appearance
Mitral	126	3.5	MILD	Normal Thickness
Aortic	115	5.2	No	Normal Thickness
Tricuspid	65	2.1	No	Normal Thickness
Pulmonary	106	4.1	No	Normal Thickness

No e / o Intra or extra cardiac shunt noted.

### **IMPRESSION :**

MILD MR

No RWMA at rest.

Normal biventricular contractility.

Normal LV systolic and diastolic function. 2D EF = 55-60%

Intact septae.

No e / o PHT

No mass, clot or pericardial disease

Signature

**DR. NAMIT MATHUR**  
M.B., B.S., D.M.D., P.G.D.G.M., CCEBOL  
PHYSICIAN & CARDIOLOGIST





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E-mail : hospitalloksewa@gmail.com

Name : Mr. MUKESH BHATI

Age : 40 M

Ref. by Dr. : Dr. N Mathur

Date : 28.09.2024

## ABDOMINAL SONOGRAPHY (MALE)

### LIVER –

LIVER IS NORMAL IN SHAPE AND SIZE WITH HOMOGENOUS ECHOTEXTURE. NO FOCAL DESTRUCTION OR MASS IS PRESENT. NO I.H.B.D. DILATATION IS PRESENT. HEPATIC AND PORTAL VEINS NORMAL. DIAPHRAGM SHOWS NORMAL.

### GALL BLADDER –

GALL BLADDER IS DISTENDED AND SHOW SMOOTH WALL. WALL THICKNESS IS NORMAL. ONE BRIGHT ECHO ( 6 mm size) WITH DISTAL ACOUSTIC SHADOW WITH DAS NOTED IN LUMEN OF GALL BLADDER. C.B.D. IS NORMAL.

### PANCREAS –

PANCREAS IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL MASS SEEN.

### KIDNEYS –

RT. KIDNEY IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. CORTICOMEDULLARY DIFFRENTATION IS GOOD. NO STONE / MASS OR CALYCEAL DILATATION IS SEEN.  
RT. KIDNEY SIZE IS 10.2 X 4.1 CMS.

LT. KIDNEY IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. CORTICOMEDULLARY DIFFRNTATION IS GOOD. NO STONE / MASS OR CALYCEAL DILATATION IS SEEN.  
LT. KIDNEY SIZE IS 10.0 X 4.9 CMS.

### SPLEEN –

SPLEEN IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL MASS SEEN.



# LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

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(2)

## **NODES -**

NO PARA AORTIC NODAL ENLARGMENT IS SEEN.  
NO ASCITES.

## **URINARY BLADDER -**


URINARY BLADDER IS WELL DISTENDED. WALL THICKNESS IS  
NORMAL. NO STONE OR MASS IS PRESENT.

## **PROSTATE -**

PROSTATE IS NORMAL IN SHAPE AND SIZE WITH NORMAL  
ECHOTEXTURE.

## **IMPRESSION -**

- CHOLELITHIASIS.

  
SONOLOGIST





# LOK SEWA HOSPITAL & Medical Research Centre

SECTOR - B, KAMLA NEHRU NAGAR EXTN.-I,  
JODHPUR - 342 009

Phone : 2752601  
Fax : 2752603

## ELECTROCARDIOGRAM

Shri/Smt. Makesh Bhati  
Age 40 Sex M Const. Dr. \_\_\_\_\_

O.P.D./Bed No. \_\_\_\_\_ Dated 28/09/2024

### E.C.G. REPORT

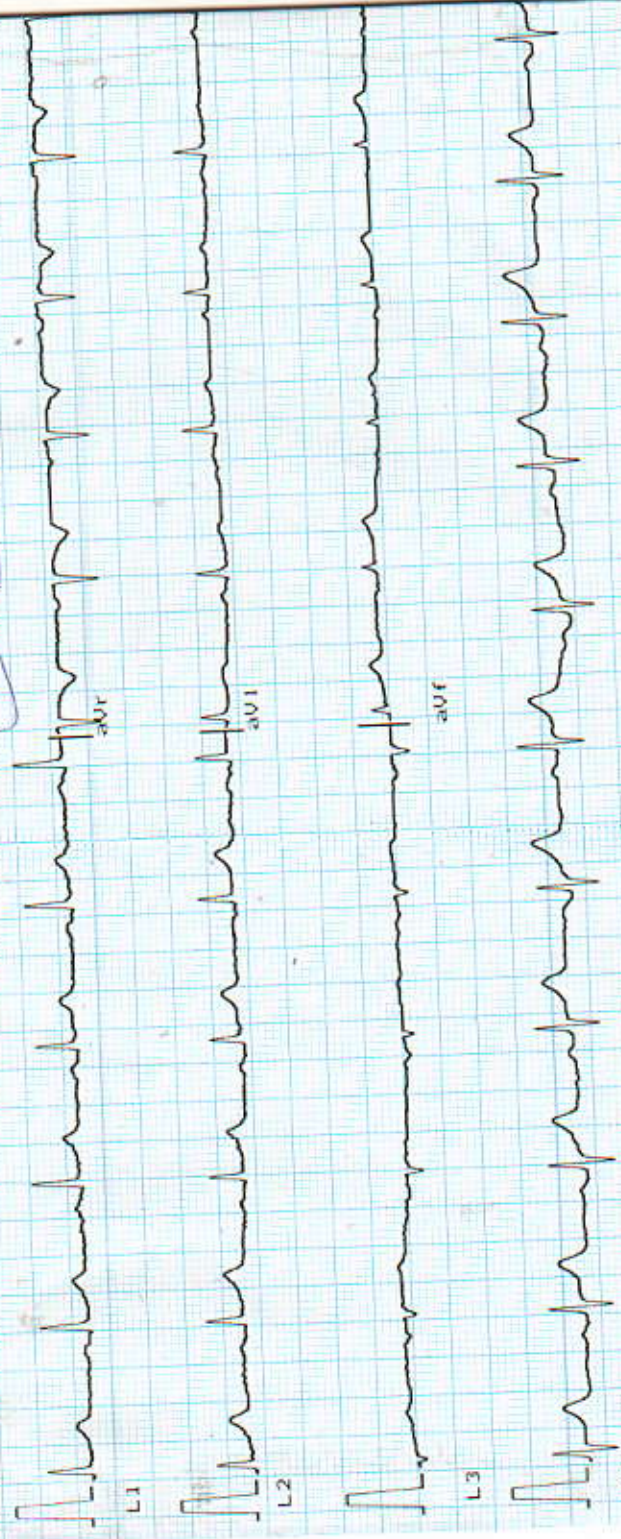
1. Rate 78/min  
2. Rhythm Sinus Rhythm  
3. Mechanism \_\_\_\_\_  
4. Extrasystoles \_\_\_\_\_  
5. P. Wave \_\_\_\_\_  
6. PR-interval \_\_\_\_\_  
7. QRS Complex \_\_\_\_\_  
8. ST Segment \_\_\_\_\_  
9. T. Waves \_\_\_\_\_  
10. Others \_\_\_\_\_  
11. Remarks TWNL

  
**DR. NAMIT MATHUR**  
M.B., B.S., D.N.B., P.G.D.G.M., CCEBDML  
PHYSICIAN & CARDIOLOGIST  
(DR.  **LOK SEWA HOSPITAL**  
& MEDICAL RESEARCH CENTRE  
B-KAMLA NEHRU NAGAR, JODHPUR - 342 009

Name: 28/09/2024  
—    —    cm —    Kg BP —    /    /   

Mukesh Bhati

*(Signature)*



V2 10mm/mV Time:   :  :    
Ver 1.9 25mm/sec Date:   /  /

