



बैंक ऑफ बड़ोदा Bank of Baroda



LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
MediWheel (M/s. Arcofemi Healthcare Pvt. Ltd.)

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. PALAT RAM
EC NO.	66358
DESIGNATION	UNIVERSAL TELLER
PLACE OF WORK	SHAHGARH, LAMBHUA
BIRTHDATE	20-08-1971
PROPOSED DATE OF HEALTH CHECKUP	10-08-2024
BOOKING REFERENCE NO.	24S66358100110408E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **08-08-2024** till **31-03-2025**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM & Marketing Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact MediWheel (M/s. Arcofemi Healthcare Pvt. Ltd.))

Dr. J.P. SINGH
M.D.(Medicine) FACP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt. Ltd.)



मानव संसाधन प्रशासन विभाग, प्रधान कार्यालय, ६वां मंज, "बड़ोदा भवन", आलकापुरी, बड़ोदा-390007 (भारत)
Human Resources Management Department, Head Office, 6th Floor, "Baroda Bhavan", Aikapuri, Baroda-390007 (India)

भारत सरकार
Government of India

भारतीय रिजिस्ट्रार जनरल
भारतीय पहचान प्रमाणिका

राम पालत यादव
Rami Palat Yadav
जन्म तिथि/DOB: 20/08/1971
पुल्ल/ GENDER: MALE

8821 1968 5321
VID : 9115 8690 1225 5268

मेरा आधार, मेरी पहचान

भारतीय रिजिस्ट्रार जनरल
Unique Identification Authority of India

पता:
S/O: त्रिवेणी प्रसाद यादव, कुवैर शाह पट्टी, नरहपुर,
सुल्तानपुर,
उत्तर प्रदेश - 222302

Address:
S/O: Triveni Prasad Yadav, KLUVER shah
patati, Narharpur, Sultanpur,
Uttar Pradesh - 222302

8821 1968 5321
VID : 9115 8690 1225 5268

1047 | help@uidai.gov.in | www.uidai.gov.in

Rami

Dr.J.P.SINGH
M.D.(Medicine) FACP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt.Ltd.)

ID: 0
ram palat
Male 53Years
Req. No. :

004

10-08-2024 11:49:14

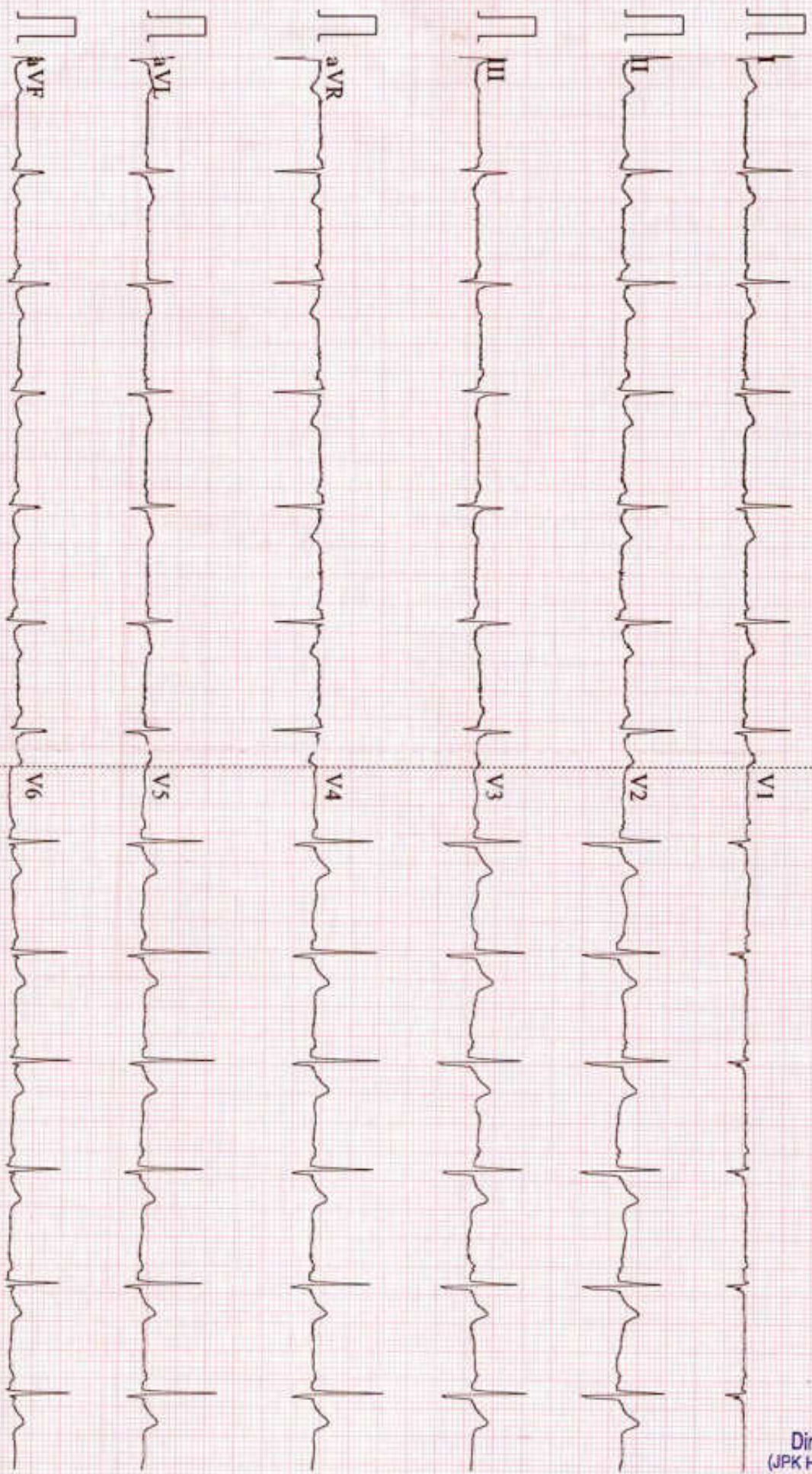
HR : 76 bpm
P : 102 ms
PR : 142 ms
QRS : 86 ms
QT/QTcBz : 326/367 ms
P/QRS/T : 63/45/37 °
RV5/SV1 : 1.138/0.301 mV

Diagnosis Information:
Sinus rhythm
Normal ECG

Report Confirmed by:

Ram

Dr. J.P. SINGH
M.D.(Medicine) FACP (USA)
Director & Consultant Physician
(JPK Hospital & Trauma Center Pvt.Ltd.)



0.67~100Hz AC50 25mm/s 10mm/mV 2*5.0s CARDIART 9108 D V1.46 Glasgow V28.6.7 JPK HOSPITAL & TRAUMA CENTRE SI



सर्वे सन्तु नियमदा

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट सिटी कार्ट मॉल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 49,060
 Patient Name : Mr. RAM PALAT
 Age (Y-M-D) : 53 - 0 - 0
 Sex : Male
 Referred By : DHS



Bill No. / Day Sr.: 10-Aug-24 12
 Receiving Date : 10-Aug-24 12
 Reporting Date :

ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

LIVER	: Liver is normal in size and echogenicity . No focal or diffuse mass lesion seen.No IHBD dilatation seen.
GALL BLADDER	: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
PV/CBD	: Portal vein and CBD are normal in their course and calibre.
PANCREAS	: Pancreas is normal in size, contous & echotexture.
SPLEEN.	: Spleen is normal in size and echogenicity. No focal or diffuse mass lesion seen.
KIDNEYS	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.
URETER	: B/L ureters are normally visualized.
U.BLADDER	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.
PROSTATE	: Prostate is normal in size,shape & echo-texture. No mass lesion is seen .
POST VOID	: Not done.
BOWEL	: Gaseous Bowel loops are normal in calibre & wall thickness. No dilated loops are seen. Left inguinal canal shows herniating bowel loops in the upper part and in the Inguinal canal region . No obvious lymphadenopathy noted.
IMPRESSION	: LEFT INGUINAL HERNIA.

Dr. J.P. SINGH
 M.D.(Medicine) FACP (USA)
 Director & Consultant Physician
 (JPK Hospitals & Trauma Center Pvt.Ltd.)

Dr. Amit Kumar
 M.B.B.S. MS
 Reg.No.-29176

Dr. Amit Kumar
 (Sonologist.)



Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.
 If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }

Report No.	: 4444	Bill No. / Day Sr.	: 08/10/2024
Patient Name	: Mr. Ram Palat Yadav	Receiving Date	: 08/10/2024
Age(Y-M-D)	: 53-0-0	Reporting Date	: 08/10/2024
Sex	: Male		
Referred By	: Self		

X - RAY CHEST P.A.

TRACHEA - : Trachea in central,
CARDIC SHADOW - : The cardiac size and silhouette is normal.
ANGLES - : Both costophrenic angles are clear.
PARENCHYMA - : Both lung fields are clear & have normal volume bronchovascular pattern.
C/ T RATIO - : Normal
MEDIASTINUM - : No mediastinal shift is seen.
DIAPHRAGM - : Both domes of the diaphragm are normal in position, outline & curvature.
IMPRESSION - : NORMAL FINDING.

Dr. J.P. SINGH
M.D. (Medicine) FACP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt. Ltd.)

Associate Centre

JPK CLINIC & DIAGNOSTICS

Super Market, Sultanpur -228 001 (U.P.)

Ph.: 05362-241192, 9196008963 | www.jpkhospital.com

JPK HOSPITAL and Trauma Centre Pvt. Ltd.

Tantiya Nagar Bypass Chauraha
Sultanpur (U.P.) - 228119
Mob.: 8738008963



Patient ID : JPKH-MRN-49855
Name : Mr. RAM PALAT
Age/Gender : 52Y/M
Date/Time : 10-08-2024/14:15
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
BIO-CHEMISTRY		
LRN-011864 Fasting Blood Sugar Observation	Fasting blood sugar 133.0 mg/dL	70-110 mg/dl
Sample Collection 10 Aug 2024 / 14:57 Result Approval 11 Aug 2024 / 08:44		
LRN-011865 Blood Urea Nitrogen (BUN)	Blood Urea Nitrogen (BUN) 12.2 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult >60Yr
Sample Collection 10 Aug 2024 / 14:57 Result Approval 11 Aug 2024 / 08:44		
LRN-011864 Serum Creatinine Observation	Serum Creatinine 1.2 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
Sample Collection 10 Aug 2024 / 14:57 Result Approval 11 Aug 2024 / 08:44		
LRN-011865 Bilirubin Total	Liver Function Test (LFT) 0.25 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
Bilirubin Direct	0.15 mg/dL	0.0 - 0.2 mg/dL
Bilirubin Indirect	0.10 mg/dL	0.0 - 0.8 mg/dL
SGOT	25.0 U/L	upto 40 U/L (Males) upto 32 U/L (Females)

Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, DCP (DNB)
Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Facilities Available

- Dialysis ● ECG ● PFT ● Endoscopy ● Hematology ● Biochemistry ● Microbiology ● FNAC
- Sample Collection from Home & Online Delivery of Reports ● ABP ● TMT ● Echocardiography ● Ultrasound ● Histopathology

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Patient ID : JPKH-MRN-49855
Name : Mr. RAM PALAT
Age/Gender : 52Y/M
Date/Time : 10-08-2024/14:15
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
SGPT	32.1 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	88.0 U/L	UPTO 125 U/L
Total Protein	7.25 g/dL	6.0 - 8.0 g/dL
Albumin	4.25 g/dL	3.5 - 5.2 g/dL
Globulin	3.00 g/dL	1.5 - 3.0 g/dL
A/G	1.41	1 - 2

Sample Collection 10 Aug 2024 / 14:57
Result Approval 11 Aug 2024 / 08:44

LRN-011864

Post Prandial Blood Glucose
Observation

Post Prandial Blood Glucose

197.0 mg/dL

90 - 140 mg/dL

Sample Collection 10 Aug 2024 / 14:57
Result Approval 11 Aug 2024 / 08:44

LRN-011866

Glycosylated Haemoglobin

HbA1C

6.0 %

4-6% - NON-DIABETIC
6-7% - GOOD CONTROL
7-8% - FAIR CONTROL
>8% - ACTION SUGGESTED

Sample Collection 10 Aug 2024 / 14:57
Result Approval 11 Aug 2024 / 08:44

LRN-011864

Uric Acid

Uric Acid

4.25 mg/dL

Male 4.0-8.5 mg/dL

Female: 2.7-7.3 mg/dL

Observation

Sample Collection 10 Aug 2024 / 14:57
Result Approval 11 Aug 2024 / 08:44

LRN-011865

Lipid Profile

Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIWANGI
MBBS, DCC (DNB)
Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt. Ltd.)

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Tantiya Nagar Bypass Chauraha
Sultanpur (U.P.) - 228119
Mob.: 8738008963



Patient ID : JPKH-MRN-49855
Name : Mr. RAM PALAT
Age/Gender : 52Y/M
Date/Time : 10-08-2024/14:15
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Total Cholesterol	188.2 mg/dl	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
Triglycerides	165.2 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
HDL	45.2 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
LDL	124.2 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
VLDL	33.0 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	4.16	(Less than 5.0)
LDL/HDL	2.74	UPTO 3.5
Sample Collection 10 Aug 2024 / 14:57 Result Approval 11 Aug 2024 / 08:44		
LRN-011864		
GGT	Gamma Glutamyl transferase (GGT) 25.2 U/L	5-36 U/L (Female) 8-61 U/L (Male)
Observation		
Sample Collection 10 Aug 2024 / 14:57 Result Approval 11 Aug 2024 / 08:44		
LRN-011864		
PSA TOTAL	PSA Total 2.01 ng/mL	<4.00 ng/mL

JPK HOSPITAL
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Rakesh Sharma
Lab Technician

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Consultant Pathologist
(JPK Hospitals & Trauma Center Pvt.Ltd.)

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Patient ID : JPKH-MRN-49855
Name : Mr. RAM PALAT
Age/Gender : 52Y/M
Date/Time : 10-08-2024/14:15
Referred By : SELF

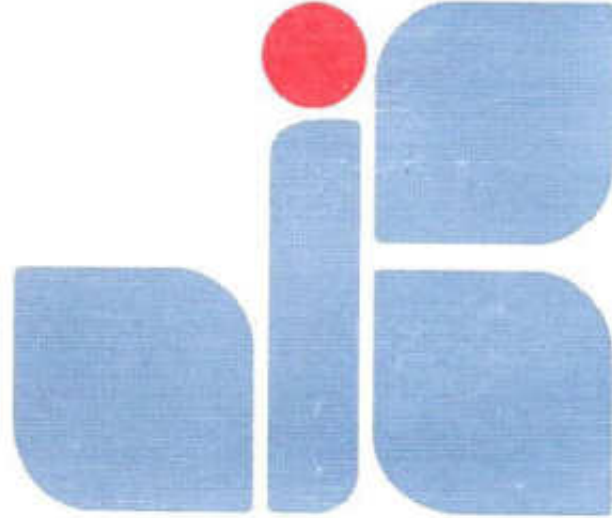
INVESTIGATION

RESULT

REFERENCE RANGE

Observation

Sample Collection 10 Aug 2024 / 14:57
Result Approval 11 Aug 2024 / 06:44



JPK HOSPITAL

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Rakesh

Rakesh Sharma
Lab Technician

Dr. SHIWANGI

MBBS, D.P. (D.N.B.)
Consultant Pathologist
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- Dialysis ● ECG ● PFT ● Endoscopy ● Hematology ● Biochemistry ● Microbiology ● FNAC
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JPK HOSPITAL and Trauma Centre Pvt. Ltd.

Tantiya Nagar Bypass Chauraha
Sultanpur (U.P.) - 228119
Mob.: 8738008963



Patient ID : JPKH-MRN-49855
Name : Mr. RAM PALAT
Age/Gender : 52Y/M
Date/Time : 10-08-2024/14:15
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
HAEMATOLOGY		
LRN-011862	Blood grouping and Rh typing	
Blood Group	B	
RH Typing	POSITIVE (+)	
Observation		
Sample Collection 10 Aug 2024 / 14:57 Result Approval 11 Aug 2024 / 08:44		
LRN-011863	Erythrocyte sedimentation Rate (ESR)	
Erythrocyte sedimentation Rate (ESR)	05 mm/hr	Male : 0 - 10 mm/hr Female : 0 - 20 mm/hr
Observation		
Sample Collection 10 Aug 2024 / 14:57 Result Approval 11 Aug 2024 / 08:44		
LRN-011861	Complete Blood Count	
Haemoglobin	15.7 g/dL	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
WBC Count	7690	4000-11,000/cumm
Differential Count		
Neutrophils	68 %	40-75 %
Lymphocytes	17 %	20-45 %
Eosinophils	10 %	01-08 %
Monocytes	05 %	02-10 %
Basophils	00 %	00-01 %
RBC Count	5.32 million/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
PCV	47.3 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
MCV	88.9 fl	75-95 fl
MCH	29.5 pg	26-32 pg
MCHC	33.1 %	30-35%


Rakesh Sharma
Lab Technician

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JPK HOSPITAL and Trauma Centre Pvt. Ltd.

Tantiya Nagar Bypass Chauraha
Sultanpur (U.P.) - 228119
Mob.: 8738008963




Patient ID : JPKH-MRN-49855
Name : Mr. RAM PALAT
Age/Gender : 52Y/M
Date/Time : 10-08-2024/14:15
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Platelet Count	200000 cells/cumm	150000 - 400000 cells/cumm
Mean Platelet Volume(MPV)	13.0 fL	7.5-11.5 fL
RDW-CV	12.6 %	11-16 %
RDW-SD	43.2 %	35-56 %
Observation		

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Rakesh Sharma
Lab Technician


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Age/Gender : 52Y/M
Date/Time : 10-08-2024/14:15
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
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INVESTIGATION	RESULT	REFERENCE RANGE
Clinical Pathology		
URINE-ROUTINE/MICROSCOPY		
LPRN-011867		
PHYSICAL EXAMINATION		
Quantity in ml	20 ML	
Urine Color	PALE YELLOW	
Reaction	ACIDIC	
CHEMICAL EXAMINATION		
Leukocytes	NEGATIVE	
Nitrite	NEGATIVE	
Urobilinogen	NEGATIVE	
pH	6.0	
Blood	NEGATIVE	
Sp.Gravity	1.020	
Ketone	NEGATIVE	
Bilirubin	NEGATIVE	
Glucose	NEGATIVE	
Protein	NEGATIVE	
MICROSCOPIC EXAMINATION		
Epithelial Cells	2-3/HPF	
RBC	NIL	
Pus Cells	1-2/HPF	
Casts	NOT SEEN	
Crystals	NOT SEEN	
Observation		

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JPK HOSPITAL

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Rakesh

Rakesh Sharma
Lab Technician

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Patient ID : JPKH-MRN-49855
Name : Mr. RAM PALAT
Age/Gender : 52Y/M
Date/Time : 10-08-2024/14:15
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
CHEMILUMINESCENCE IMMUNOASSAY		
Thyroid Function Test (T3, T4, TSH)		
LRN-011868		
T3	1.24 ng/mL	0.69-2.15
T4	64.2 ng/mL	52-127
TSH	2.54 μ IU/mL	21 weeks- 20 years: 0.7-6.4 μ IU/mL 21-54 years: 0.4 - 4.2 μ IU/mL 55- 87 years: 0.5 – 8.9 μ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 μ IU/mL 2nd Trimester: 0.46 – 2.95 μ IU/mL 3rd Trimester: 0.43 – 2.78 μ IU/mL

Observation

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----- End of Report -----

JPK HOSPITAL
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Rakesh Sharma
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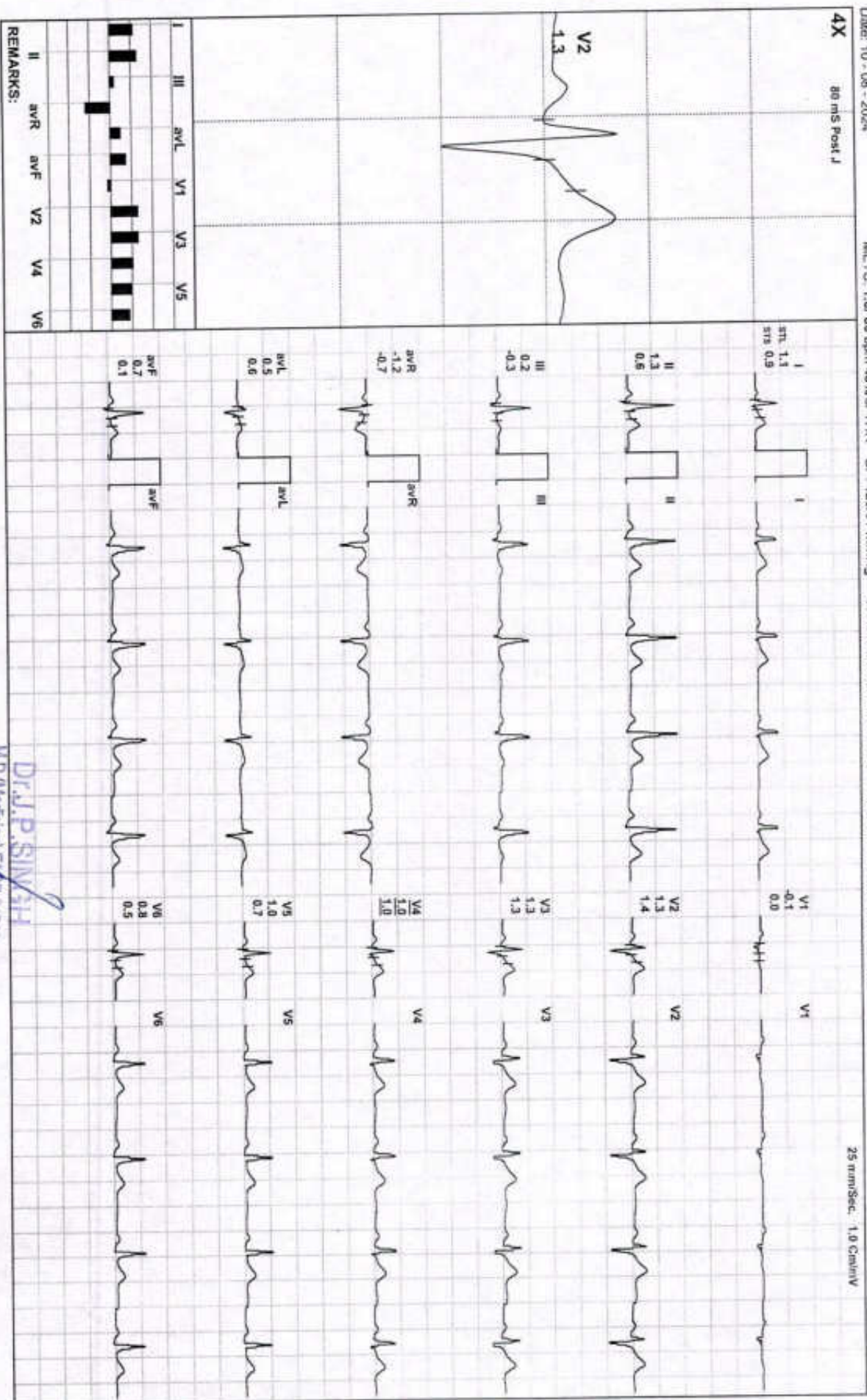
ram Patel / 52 Yrs / M / 156 Cms / 58 Kg / HR : 80

Date: 10 - 08 - 2024

METS: 1.0/ 80 bpm 48% of THR BP: 120/81 mmHg

Combined Medians/ BLC Or/ Naich Or/ HF 0.05 Hz/LF 35 Hz

EXTIME: 00:00 0.0 mph, 0.0%
25 mm/Sec, 1.0 Cal/mV



Dr. J. P. SINGH

M.D. (Medicine) FRCP (USA)
Director & Consultant Physician
(JPK Hospitals & Trauma Center Pvt Ltd.)



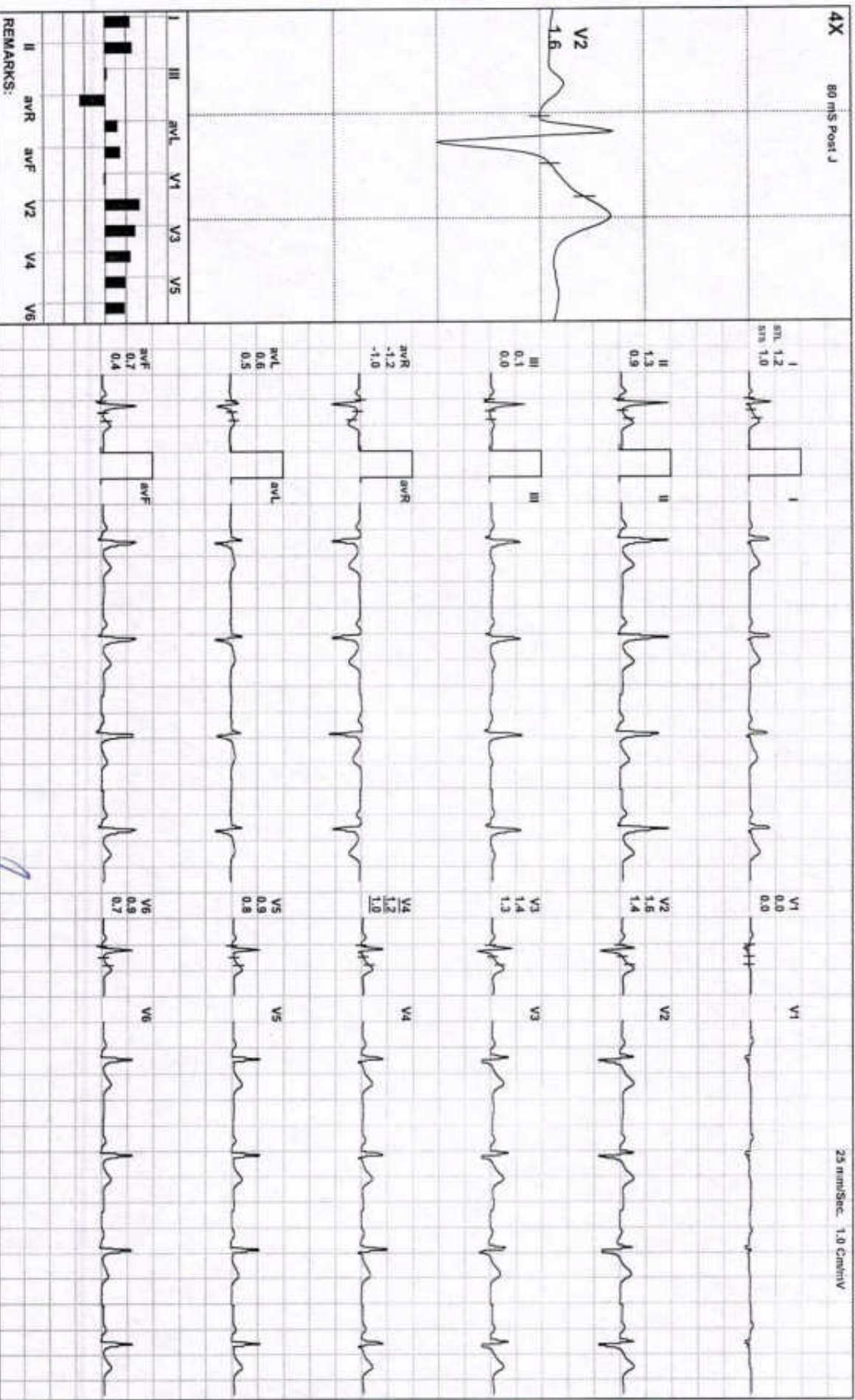
ram palat / 52 Yrs / M / 156 Cms / 58 Kg / HR : 77

Date: 10 - 08 - 2024

METS: 1.0/ 77 bpm 46% of THR BP: 120/81 mmHg

Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%



REMARKS:

Dr. J.P. SINHA
 M.D.(Medicine) FRCP (USA)
 Director & Consultant Physician
 (JPK Hospitals & Trauma Center Pvt.Ltd.)

ram palat / 52 Yrs / M / 156 Cms / 58 Kg / HR : 81

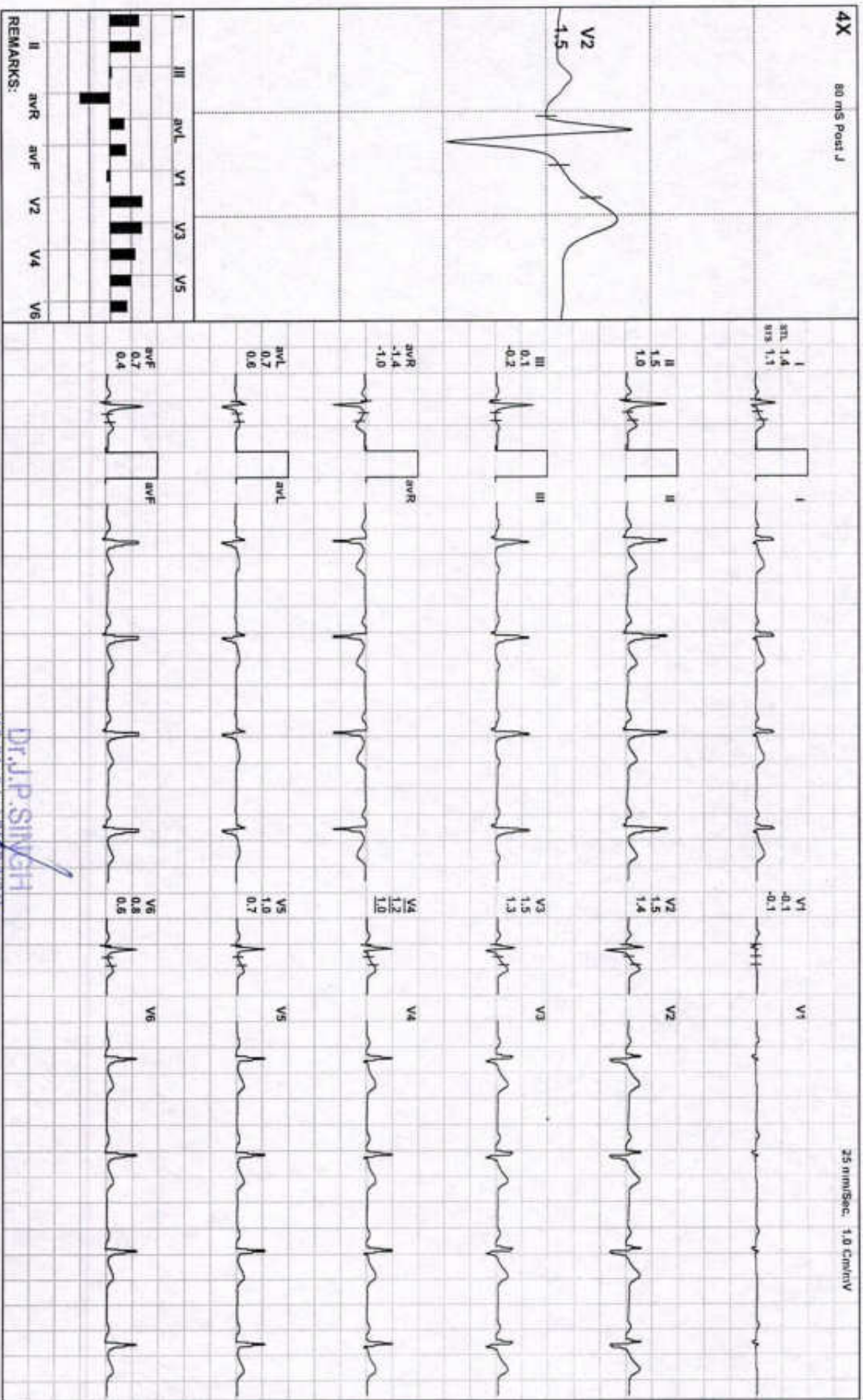
Date: 10 - 08 - 2024

METS: 1.0/ 81 bpm 48% of THR BP: 120/81 mmHg Combined Medians/ BLC On/ Nocth On/ HF 0.05 HzLF 35 Hz

EXTIME: 00:00 0.0 mph 0.0%

4X 80 MS Post J

25 mm/Sec. 1.0 Cm/mV



DR. J.P. SINGH

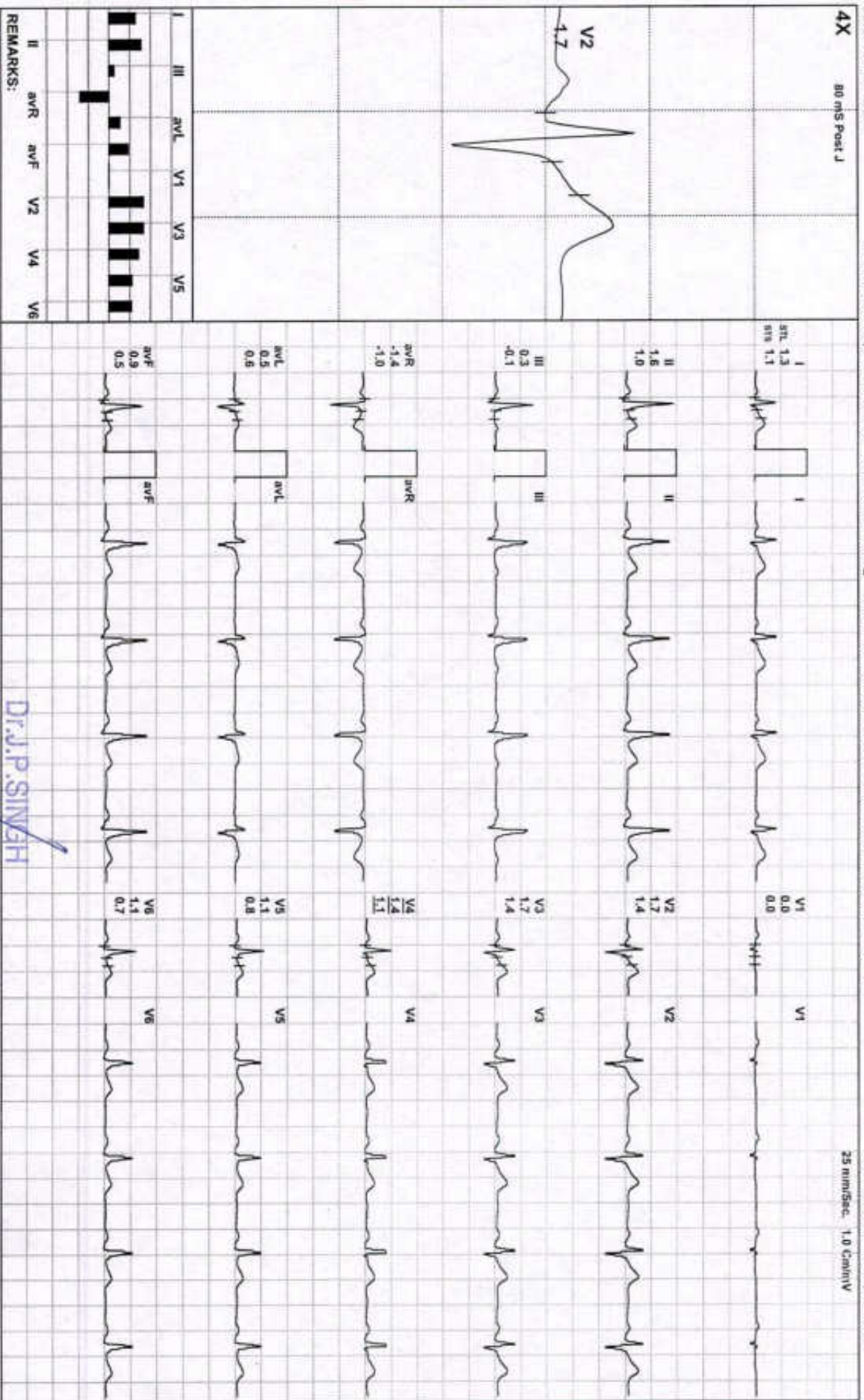
M.D. (Medicine) FACP (USA)
 Director & Consultant Physician
 (JPK Hospitals & Trauma Center Pvt Ltd)



Date: 10 - 08 - 2024

METS: 1.0/ 81 bpm 48% of THR BP: 120/81 mmHg Combined Median/ BLC On/ Natch On/ HF: 0.05 Hz/LF 55 Hz

EXTime: 00:00 0.0 mph, 0.0%



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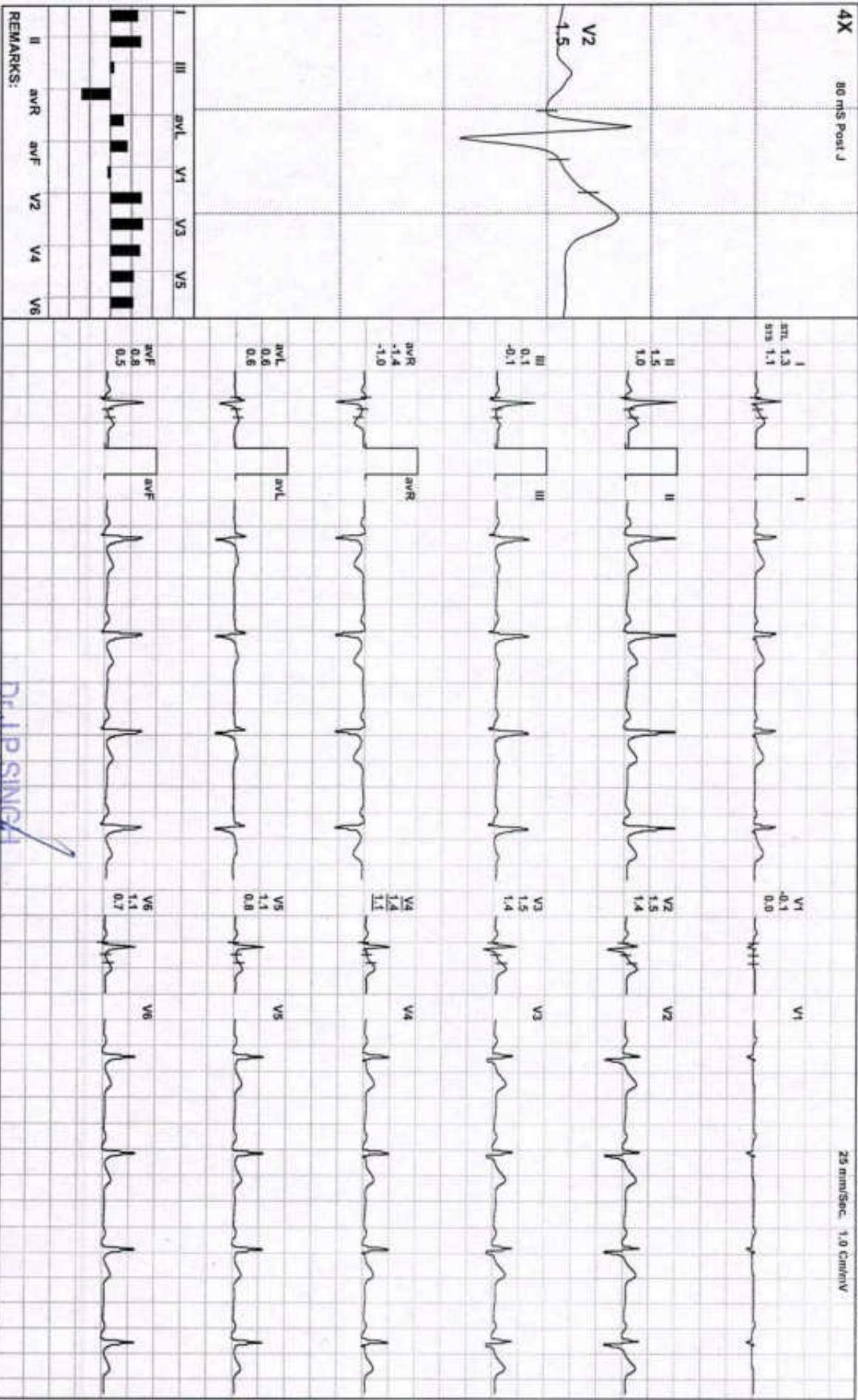
ram palat / 52 Yrs / M / 156 Cms / 58 Kg / HR : 81

Date: 10 - 08 - 2024

METS: 1.0/ 81 bpm 48% of THR BP: 120/81 mmHg

Continued Mediana/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

EXTIME: 00:00 0.0 mph 0.0%



REMARKS:

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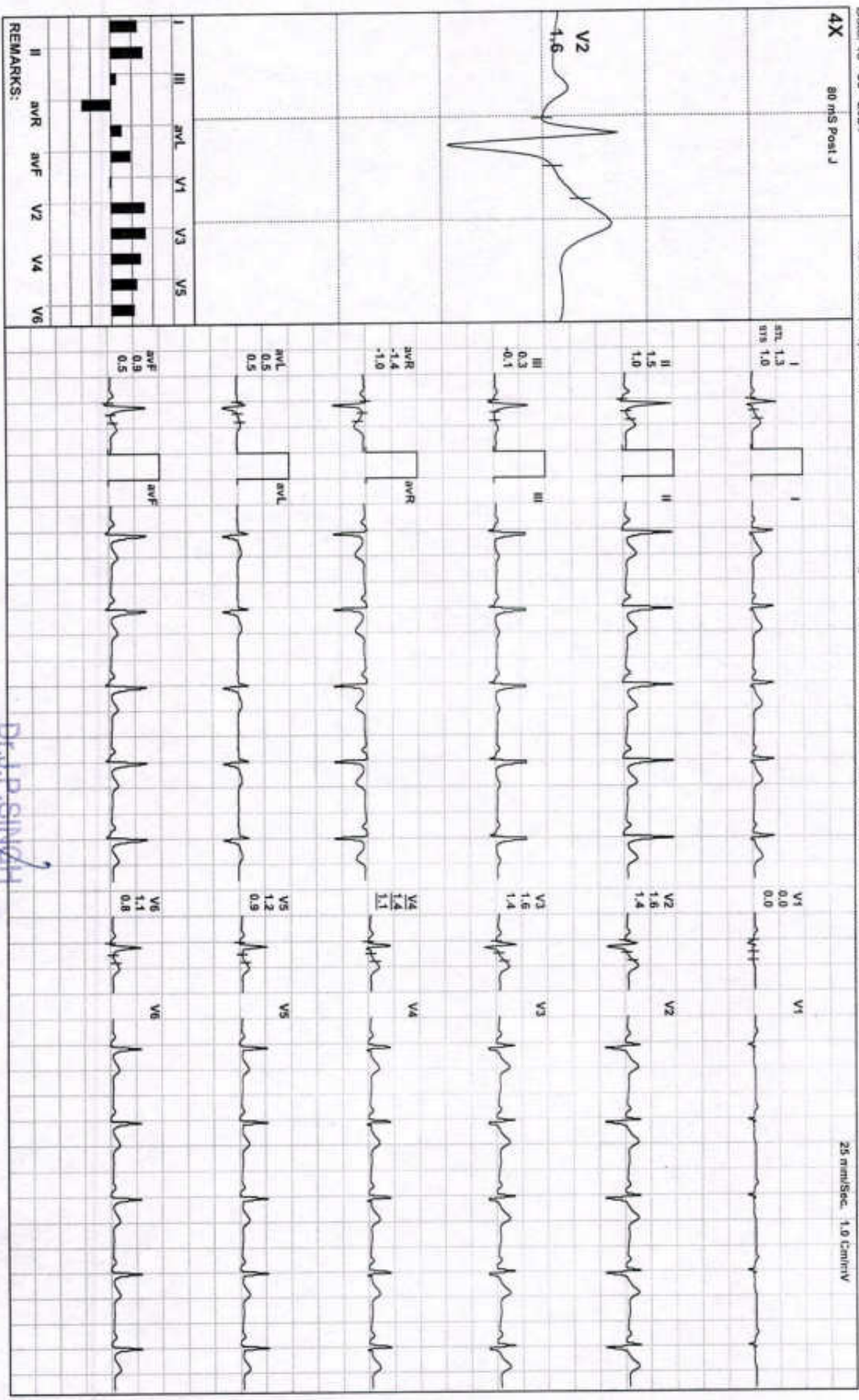


ram palat / 52 Yrs / M / 156 Cms / 58 Kg / HR : 86

ExStart

Date: 10 - 08 - 2024 METS: 1.0/ 86 bpm 51% of THR BP: 120/81 mmHg Combined Medians/ BLC Or/ Neich Or/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%
25 mm/Sec, 1.0 Cm/mV



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ram palat / 52 Yrs / M / 156 Cms / 58 Kg / HR : 108

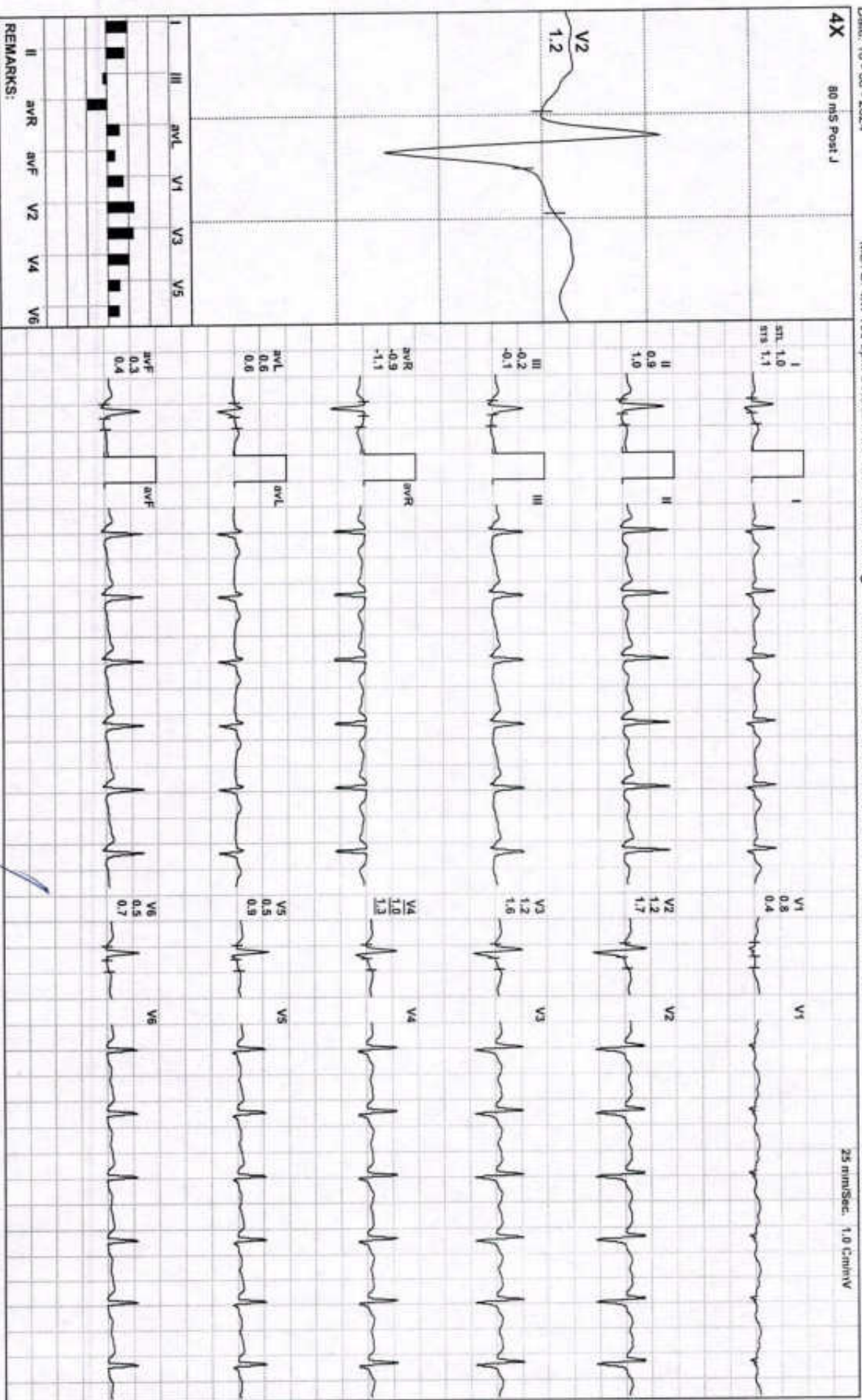
Date: 10 - 08 - 2024

METS: 4.7/ 108 bpm 64% of THR BP: 122/83 mmHg Combined Mediana/ BLC Oxy Natch Oxy HF 0.05 H2/LF 35 HZ

EXTime: 03:00 1.7 mph, 10.0%

4X 80 mS Post J

25 mm/Sec, 1.0 Cm/mV



REMARKS:

I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6
■	■	■	■	■	■	■	■	■	■	■	■

Dr. J.P. SINGH
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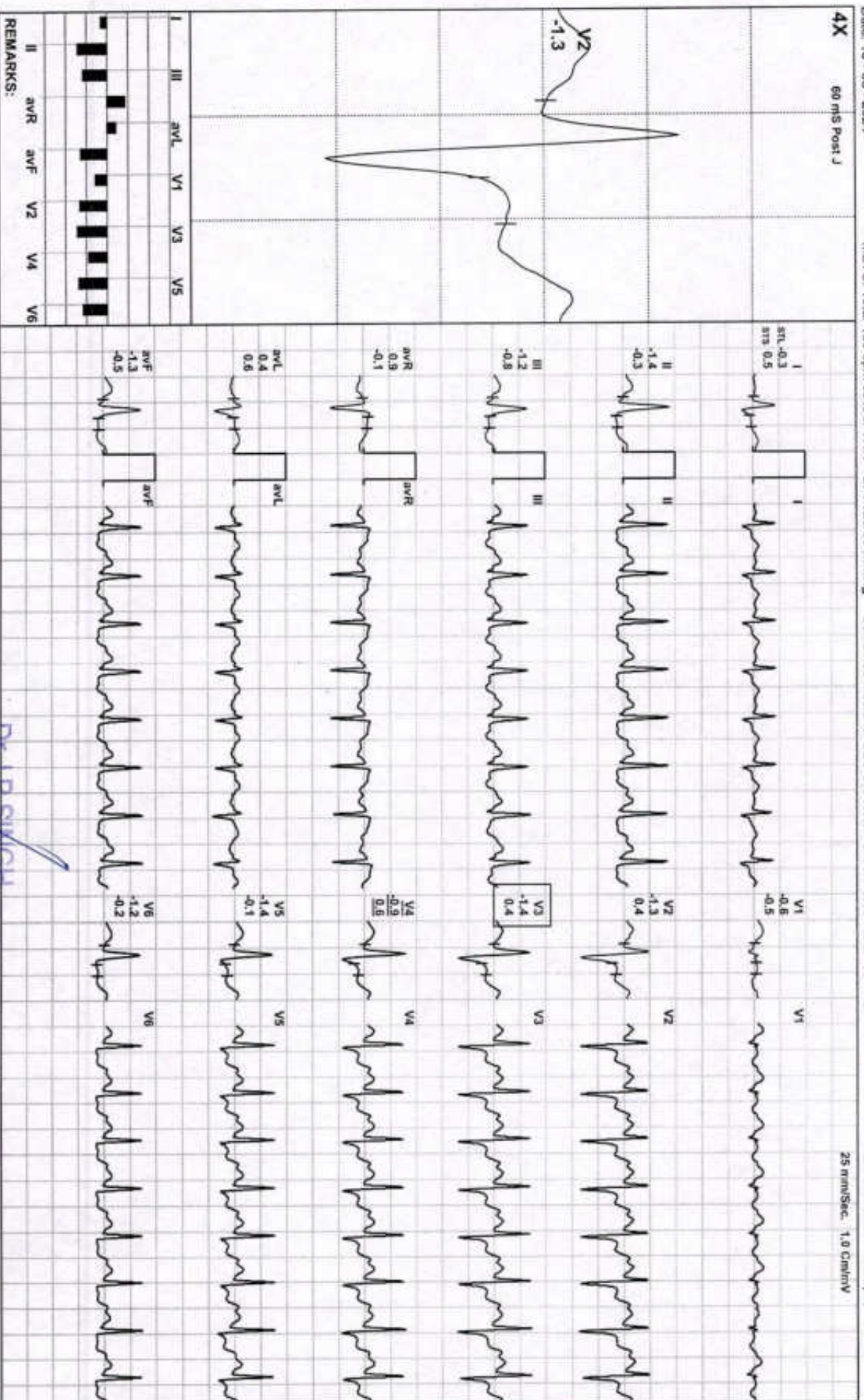


rain palat / 52 Yrs / M / 156 Cms / 58 Kg / HR : 150

Date: 10 - 06 - 2024

METS: 10.2/ 150 bpm 89% of THR BP: 126/86 mmHg Combined Medians/ BLC Crv Notch Crv HF 0.05 HzLF 35 Hz

EXTIME: 09:00 3.4 mph, 14.0%



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PeakEX



ram palat / 52 Yrs / M / 156 Cms / 58 Kg / HR : 153

Date: 10 - 08 - 2024

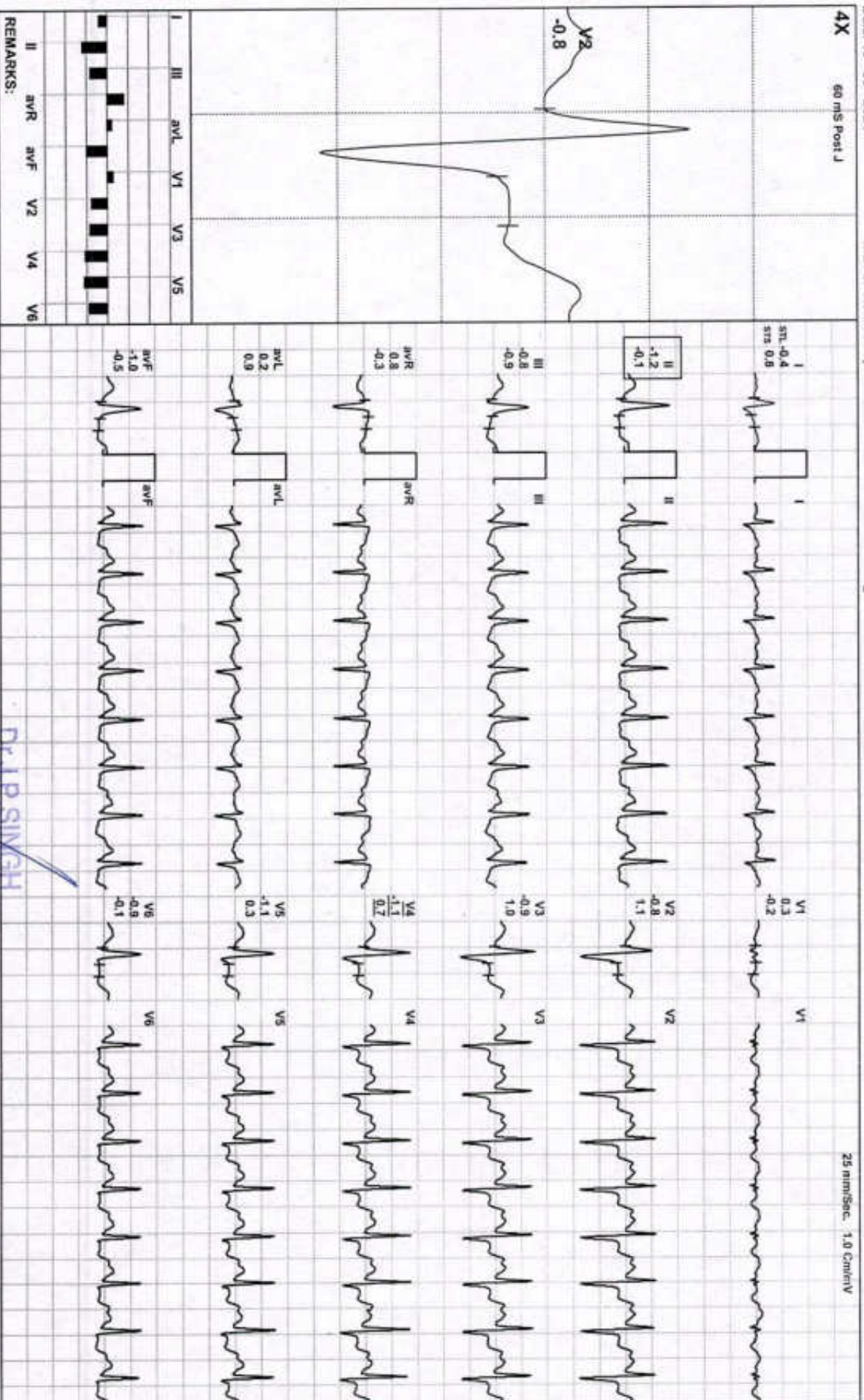
METS: 10.5/ 153 bpm 91% of THR BP: 126/86 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz

EXTime: 09:13 4.2 mph, 16.0%

4X 60 MS Post J

25 mm/Sec, 1.0 Cm/Div



REMARKS:

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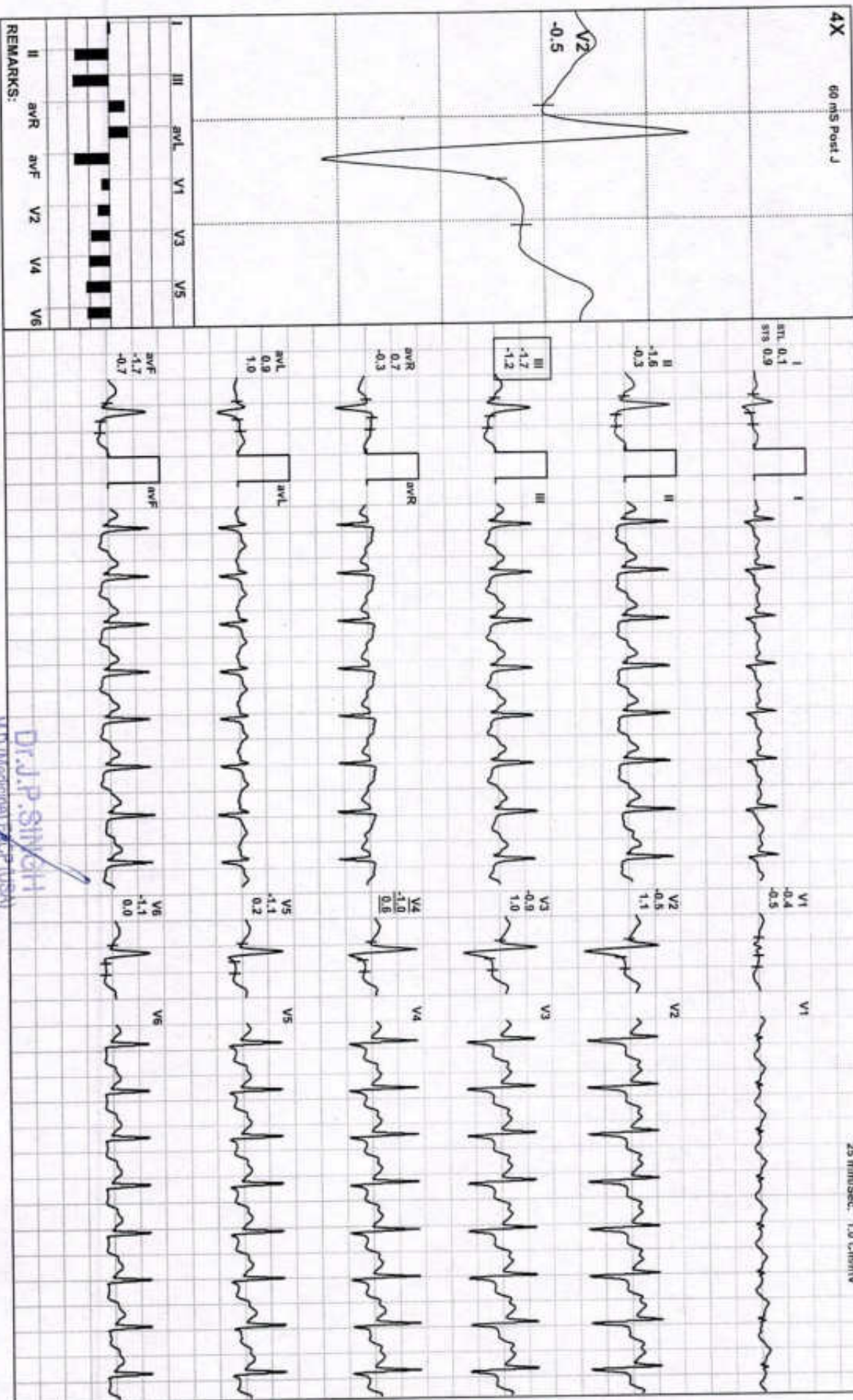


ram palat / 52 Yrs / M / 156 Cms / 58 Kg / HR : 147

Date: 10 - 08 - 2024

MEETS: 7.3/ 147 bpm 88% of THR BP: 126/86 mmHg Combined Medicine/ B/C On/ Natch On/ HF 0.05 Hz/LF 35 Hz

EXTIME: 09:13 1.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/Div



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Recovery(1:09)



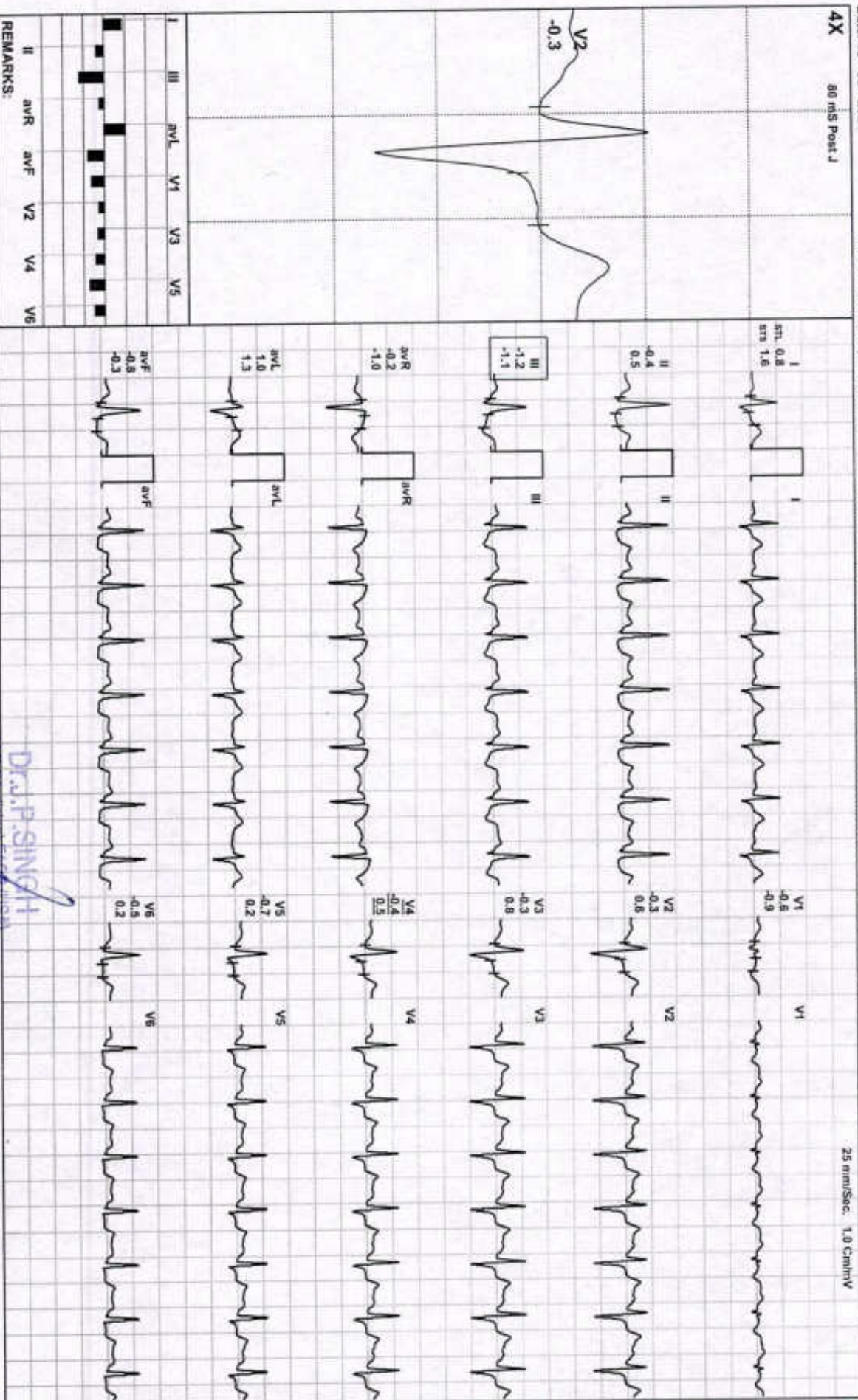
ram palat / 52 Yrs / M / 156 Cms / 58 Kg / HR : 125

Date: 10 - 08 - 2024

METS: 3.3/ 125 bpm 74% of THR BP: 125/85 mmHg Combined Medians/ BLC Onv Natch Onv HF 0.05 Hz/LF 35 Hz

EXTIME: 09:13 0.0 mph, 0.0%

25 mm/Sec. 1.0 Cm/mV



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ram palat / 52 Yrs / M / 156 Cms / 58 Kg
Date: 10 - 08 - 2024 Technician : RAKESH SHARMA Examined By: DR J P SINGH
NonCardiac/Pain Angina /Non-Hypercholesterolemia/Non-Diabetic/Negative Estrogen/Non-Athlete

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:19	0:19	00.0	00.0	01.0	080	48 %	120/81	096	00	
Standing	00:29	0:10	00.0	00.0	01.0	077	46 %	120/81	092	00	
HV	00:39	0:10	00.0	00.0	01.0	081	48 %	120/81	097	00	
HV	00:49	0:10	00.0	00.0	01.0	081	48 %	120/81	097	00	
Warm Up	00:57	0:08	00.0	00.0	01.0	081	48 %	120/81	097	00	
ExStart	01:19	0:22	00.0	00.0	01.0	086	51 %	120/81	103	00	
BRUCE Stage 1	04:19	3:00	01.7	10.0	04.7	108	64 %	122/83	131	00	
BRUCE Stage 2	07:19	3:00	02.5	12.0	07.1	128	76 %	124/85	158	00	
BRUCE Stage 3	10:19	3:00	03.4	14.0	10.2	150	89 %	126/86	189	00	
PeakEx	10:32	0:13	04.2	16.0	10.5	153	91 %	126/86	192	00	
Recovery	11:02	0:30	01.0	00.0	07.3	147	88 %	126/86	185	00	
Recovery	11:32	1:00	01.0	00.0	04.3	124	74 %	125/85	155	00	
Recovery	11:41	1:09	00.0	00.0	03.3	125	74 %	125/85	156	00	

FINDINGS :

Exercise Time : 09:13
 Max HR Attained : 153 bpm 91% of Target 168
 Max BP Attained : 126/86 (mm/Hg)
 Max Workload Attained : 10.5 Good response to induced stress
 Max ST Dep Lead & Avg ST Value: III & -1.7 mm in Recovery
 Test End Reasons : Test Complete

REPORT :

TEST OBJECTIVE : ROUTINE CHECK UP
 ACTIVITY : VERY ACTIVE

Dr.J.P.SINGH
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 Director & Consultant Physician
 (JPK Hospital & Trauma Center Pvt.Ltd.)
Doctor : DR J.P.SINGH

OTHER INVESTIGATION : NO
REASON FOR TERMINATION : TEST COMPLETE
EXERCISE TOLERANCE : GOOD
EXERCISE INDUCED ARRHYTHMIAS : NO
HAEMODYNAMIC RESPONSE : NORMAL
CHRONOTROPIC RESPONSE : NORMAL
FINAL IMPRESSION : STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

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