



Ms. MADHURI MANDAL (36 /F)

UHID : AMHL.0002004334

AHC No : AMHLAH217257

Date : 09/09/2024

MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK
ADVANCE FEMALE HCK

Dear Ms. MADHURI MANDAL

Thank you for choosing Apollo ProHealth, India's first personalized, predictive health screening program with health risk assessments curated just for you to guide targeted intervention, continuum of care and a path to wellness. Our holistic care continuum integrates clinical expertise and artificial intelligence to gauge and avert the risk, onset and progression of non-communicable diseases (NCDs).

In this personalized health report, you will find your

- Medical History and Physical examination results
- Investigations Results
- Artificial Intelligence powered risk scores
- Physician's Impressions on your Health
- Path to Wellness: A personalized management protocol, including follow-up assessments
- Vaccination counselling advice

Apollo ProHealth encompasses the following processes:

Personalized Health Risk Assessment (pHRA): Based on your online risk assessment, medical history, physical examination, and psychological evaluation, we recommended a health screening assessment for you, including diagnostic and imaging tests. Based on the results of these assessments, we have advised additional follow-up tests and consultations - details of which we have included in your report. Your physician will explain their relevance, and we strongly suggest you comply with the recommendations.

Health Mentor: We have assigned a dedicated health mentor to proactively work with you towards your health goals and ensure that you regularly adhere to the guidance and recommendations from clinical and nutrition consultants. Your health mentor will call you periodically to track your progress

ProHealth App: You will get access to the Apollo ProHealth App, which will facilitate easy navigation of personal health records, progress towards your health goals, appointment booking, customized tips and guidance for health and lifestyle management, and regularly connecting with your Health Mentor through the in-app chat. Until you return for your 2nd-year assessment, you will receive periodic updates and reminders to motivate you to keep up the momentum regarding health goal milestones.

Follow- Up Consultation:

For any follow-up consultations, you can visit your ProHealth physician in-person at the center or you can book a virtual consultation through <https://www.apollo247.com/specialties> or through the Apollo 247 app on your phone.

Scan the QR code to download the Apollo 247 App



You can also download the Apollo 247 app on

ANDROID IOS

Disclaimer: *The services offered in the program may vary as per the respective agreements made in the program or center or agreed mutual consent.*

Name : Ms. MADHURI MANDAL (36 /F)

Date : 09/09/2024

Address :

Examined by :

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Chief Complaints

For corporate health checkup

Present Known illness

No history of - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma



Systemic Review

- Cardiovascular system** : - Nil Significant
- Respiratory system** : - Nil Significant
- Oral and dental** : - Nil Significant
- Gastrointestinal system** : - Nil Significant
- Genitourinary system** : - Nil Significant
- Gynaec history** : Last menstrual period - 3.9.24; Periods - regular; No of Children - 2; Last child birth - 12 yrs; Deliveries - LSCS
- Central nervous system** : - Nil Significant
- Eyes** : - Nil Significant
- ENT** : - Nil Significant
- Musculoskeletal system** :
- Spine and joints**
- Nil Significant
- Skin** : - Nil Significant
- Weight** : - stable
- General symptoms** : General symptoms - weakness



Past medical history

Past medical history - nil significant



Personal history

Marital status - Married

No. of children	- 2
Diet	- Non Vegetarian
Alcohol	- does not consume alcohol
Smoking	- No
Chews tobacco	- Yes
Chews paan	- Yes
Physical activity	- Sedentary

**Family history**

Father	- alive
Mother	- alive
Hypertension	- father
Coronary artery disease	- none
Cancer	- None

Physical Examination**General**

Height	- 145
Weight	- 59
BMI	- 28.06
Pallor	- No
Oedema	- no

**Cardiovascular system**

Heart rate (Per minute)	- 75
Rhythm	- Regular
	- B.P. Sitting
Systolic(mm of Hg)	- 132
Diastolic(mm of Hg)	- 79
Heart sounds	- S1S2+

Respiratory system

Breath sounds	- Normal vesicular breath sounds
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Abdomen

Organomegaly - No

Tenderness - No

Printed By : Benazir Begaum

COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	5.9 *	g/dl	●	12.0-15.0
RBC COUNT	2.93 *	Million/ul	●	3.8-4.8
Hematocrit - Hct:	20.5 *	%	●	36-46
MCV	69.9 *	fl	●	83-101
MCH	20.2 *	pg	●	27-32
MCHC	28.9 *	%	●	31.5-34.5
RDW	22.8 *	%	●	11.8-14.0
WBC Count	8600	/cu mm	●	4000-10000
Platelet Count	1.70	lacs/cumm	●	1.5-4.0
Neutrophils	64	%	●	40-80
Lymphocytes	25	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	06	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis+++ , Predominantly Microcytic Hypochromic. Poikilocytosis			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	123 *	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.0			
Albumin:	Trace			
Glucose	Not Detected			
Ketone:	Not Detected			



Within Normal Range



Borderline High/Low



Out of Range

Bile Pigments	Not Detected
RBC	Nil /hpf
Pus Cells	15-20 /hpf
Epithelial Cells	1-2 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found
NOTE : -	Urine protein rechecked and confirmed by sulphosalicylic acid test

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	13	U/L	●	0-35
ALBUMIN - SERUM	4.1	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	89	U/L	●	33-98
AST (SGOT) - SERUM	23	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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CHOLESTEROL - SERUM	129	mg/dL	●	0-200
Non-HDL Cholesterol	93			

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	12	U/L	●	0-38

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	80	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	86	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	4.6	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	36	mg/dL	●	30-70
TC/HDL-C ratio serum	4 *		●	Optimal<3.5
LDL CHOLESTEROL -SERUM	74	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	19	mg/dL	●	0-35

● Within Normal Range ● Borderline High/Low ● Out of Range

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.0	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.1		●	1.0-2.0
GLOBULIN: (CALCULATED) - SERUM	4.0 *	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.26	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	9.05	µg/dL	●	5.48-14.28

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	163 *	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	4.13	µIU/mL	●	0.38-5.33

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.7	mg/dL	●	2.4-5.7

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	6.0 *	mg/dL	●	7.0-18.0

● Within Normal Range ● Borderline High/Low ● Out of Range

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	8.6			

PAP SMEAR /CERVICAL SMEAR

Cytology

Ref No:

AG01.C2407385

SPECIMEN TYPE:

Conventional cervical smear (Papanicolaou stain) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation without endocervical cells.

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy,with no organism

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Grade I fatty liver.
- * Left renal calculus.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. PARTHA LODH
DMRD
Reg. No. 49816 (WBMC)

X-RAY CHEST PA

● Within Normal Range
 ● Borderline High/Low
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* Chest skiagram does not reveal any significant abnormality.

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Reg. No. 49816 (WBMC)

X-RAY MAMMOGRAPHY BILATERAL (MHC)

* No significant abnormality noted. BIRADS - 1.

BIRADS Category:

- 0. Requires additional evaluation
- 1. Negative
- 2. Benign findings
- 3. Intermediate
- 4. Suspicious malignancy
- 5. Highly suggestive of malignancy
- 6. Histologically proven malignancy)

Investigations Not Done / Not Yet Reported

Biochemistry

A/G - RATIO

 Within Normal Range  Borderline High/Low  Out of Range

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Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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