

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	EKTA SINGH
DATE OF BIRTH	14-05-1993
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	29-03-2024
BOOKING REFERENCE NO.	23M169239100104350S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. SINGH LAL DUSHYANTA VIKRAM DEV
EMPLOYEE EC NO.	169239
EMPLOYEE DESIGNATION	CREDIT
EMPLOYEE PLACE OF WORK	BHADAIYAN
EMPLOYEE BIRTHDATE	27-09-1986


This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **21-03-2024** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

  
**Dr. J.P. SINGH**  
M.D. (Medicine) / FACP (USA)  
Director & Consultant Physician  
JPK Clinics & Diagnostics  
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

आयकर विभाग  
INCOME TAX DEPARTMENT

भारत सरकार  
GOVT. OF INDIA

स्थायी लेखा संख्या कार्ड  
Permanent Account Number Card  
KSEPS9904K



27082018



नाम / Name  
EKTA SINGH

पिता का नाम / Father's Name  
SAMAR BAHADUR SINGH

जन्म की तारीख /  
Date of Birth  
14/05/1993

*Ekta Singh*  
हस्ताक्षर / Signature

*Ekta Singh*

*Dr. J.P. SINGH*  
M.D (Medicine) FACP (USA)  
Director & Consultant Physician  
JPK Clinics Diagnostics  
(A Unit of JPK Hospitals & Trauma Center Pvt.Ltd)

MPS EK7P SINGH  
By 30-11F

13 04 2024 9:31:48  
JPK CLINIC AND DIAGNOSTICS  
NORMAL COMPOUND SUPER MARKET  
SULTANPUR

A-1-W CE

Location:  
Room:  
Order Number:  
Indication:  
Medication 1:  
Medication 2:  
Medication 3:

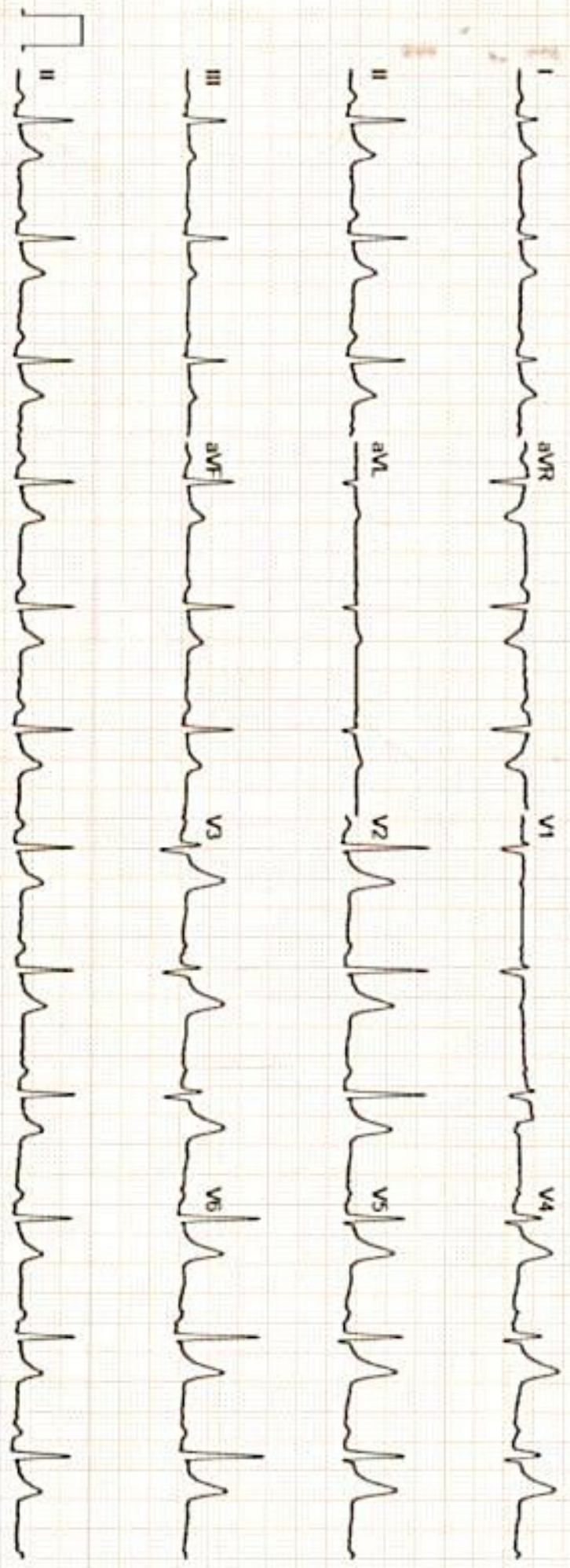
Technician:  
Ordering Ph: DR J P SINGH  
Referring Ph:  
Attending Ph:

QRS : 74 ms  
QT / QTcBaz : 358 / 397 ms  
PR : 152 ms  
P : 92 ms  
RR / PP : 812 / 810 ms  
P / QRS / T : 52 / 71 / 51 degrees

Normal sinus rhythm  
Normal ECG

Ektabingh

74 bpm  
- / - mmHg



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M.D. (Medicine) / ACP (USA)  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

GE MAC2000 1.1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz 4X2.5x3\_25\_R1 1/1

Unconfirmed



सर्वे सत्यं विद्यया

# राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 40,505

Patient Name : Mrs. EKTA SINGH

Age (Y-M-D) : 30 - 0 - 0

Sex : Female

Referred By : DHS



Bill No. / Day Sr.: 13-Apr-24 12

Receiving Date : 13-Apr-24 12

Reporting Date :

## ULTRASONOGRAPHIC STUDY OF WHOLE ABDOMEN FEMALE.

LIVER	: Liver is normal in size and echogenicity. No focal or diffuse mass lesion seen.No IHBD dilatation seen.
GALL BLADDER	: CHOLECYSTECTOMY DONE
PV & CBD	: Portal vein and CBD are normal in their course and calibre
PANCREAS	: Pancreas is normal in size, contour and echotexture.
SPLEEN	: Spleen is normal in size and echogenicity. No mass lesion seen
KIDNEYS	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen. No hydronephrosis is seen.
URETER	: Normally visualized.
URINARY BLADDER	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen.No calculi or mass lesion seen.
UTERUS	: Uterus is normal in size 75*36*52 mm and morphology.No obvious space occupying lesion noted
CERVIX	: Normal in size,shape & echogenicity.
OVARY & ADN.	: Both normally visualized.
P.O.D	: No free fluid collection is seen.
BOWEL	: Bowels are normal.No significant gas shadow seen.
IMPRESSION	: NORMAL SONOGRAPHIC STUDY OF ABDOMEN.

Dr. J.P. SINGH  
M.D (Medicine) FACP (USA)  
Director & Consultant Physician  
JFK Clinical Diagnostics  
(A Unit of JFK Hospitals & Trauma Center Pvt.Ltd.)

Dr. Amit Kumar  
M.B.B.S. MS  
Reg.No.-29176  
Dr. Amit Kumar  
(Sonologist.)



Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.

If there is any doubt please repeat test free of cost.

{NOT FOR MEDICO LEGAL PURPOSE}



सर्वे सन्तु निरामया

# राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 40,548  
 Patient Name : Mrs. EKTA SINGH  
 Age (Y-M-D) : 30 - 0 - 0  
 Sex : Female  
 Referred By : DHS



Bill No. / Day Sr.: 4/13/2024 12  
 Receiving Date : 4/13/2024 12  
 Reporting Date :

## X-RAY CHEST P.A.

TRACHEA- : Trachea is central,  
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.  
 ANGLES- : Both costophrenic angles are clear.  
 PARENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern.  
 C / T RATIO- : Normal  
 MEDIASTINUM- : no mediastinal shift is seen.  
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.  
 IMPRESSION- : NORMAL FINDING

सर्वे सन्तु निरामया

Dr. J.P. SINGH  
 M.D. (Medicine) FACP (USA)  
 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 (A Unit of JPK Hospital & Trauma Center Pvt. Ltd.)

Dr. Amit Kumar  
 M.B.B.S. MS  
 Reg. No. - 20176

Dr. Amit Kumar  
 (Sonologist.)



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 If there is any doubt please repeat test free of cost.

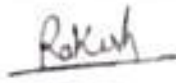
{ NOT FOR MEDICO LEGAL PURPOSE }

**INVESTIGATION**

**RESULT**

**REFERENCE RANGE**

INVESTIGATION	RESULT	REFERENCE RANGE
<b>BIO-CHEMISTRY</b>		
LRN-00610	<b>Gamma Glutamyl transferase (GGT)</b>	
<b>GGT</b>	22.5 U/L	5-36 U/L (Female) 8-61 U/L (Male)
Observation		
Sample Collection 13 Apr 2024 / 17:57 Result Approval 15 Apr 2024 / 14:55		
<b>Lipid Profile</b>		
LRN-00611	<b>Total Cholesterol</b>	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
	153.0 mg/dl	
<b>Triglycerides</b>	121.4 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
<b>HDL</b>	54.3 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
<b>LDL</b>	86.9 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
<b>VLDL</b>	24.2 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
<b>TC/HDL Ratio</b>	2.8	( Less than 5.0 )
<b>LDL/HDL</b>	1.6	UPTO 3.5
Sample Collection 13 Apr 2024 / 17:57 Result Approval 15 Apr 2024 / 14:55		

  
 Rakesh Sharma  
 Lab Technician

  
**Dr. SHIWANGI**  
 MBBS, DCC (DNB)  
 (Consultant Pathologist  
 JPK Hospital & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report. This report is based on the instrument's reading. The report may need to be correlated clinically as laboratory

**Facilities Available**

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound

# JPK CLINIC & DIAGNOSTICS

( A unit of JPK Hospitals & Trauma Center Pvt. Ltd. )  
Super Market, Sultanpur -228 001 (U.P.)  
Ph. : 05362 241192, 9196008963  
www.jpkhospitals.com



Patient ID : JPKH-MRN-48995  
Name : Mrs. EKTA SINGH  
Age/Gender : 30Y/F  
Date/Time : 13-04-2024/17:50  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

INVESTIGATION	RESULT	REFERENCE RANGE
<b>Fasting Blood Sugar</b> Observation  Sample Collection 13 Apr 2024 / 17:57 Result Approval 15 Apr 2024 / 14:55	<b>Fasting blood sugar</b> 82.0 mg/dL	70-110 mg/dl
<b>Glycosylated Haemoglobin</b>  Sample Collection 13 Apr 2024 / 17:57 Result Approval 15 Apr 2024 / 14:55	<b>HbA1C</b> 4.3 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL 7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
<b>Serum Creatinine</b> Observation  Sample Collection 13 Apr 2024 / 17:57 Result Approval 15 Apr 2024 / 14:55	<b>Serum Creatinine</b> 0.7 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
<b>Bilirubin Total</b>  Sample Collection 13 Apr 2024 / 17:57 Result Approval 15 Apr 2024 / 14:55	<b>Liver Function Test (LFT)</b> 0.54 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
<b>Bilirubin Direct</b>	0.30 mg/dL	0.0 - 0.2 mg/dL
<b>Bilirubin Indirect</b>	0.24 mg/dL	0.0 - 0.8 mg/dL
<b>SGOT</b>	34.1 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
<b>SGPT</b>	30.9 U/L	upto 41 U/L (Males)

*Rakesh*

Rakesh Sharma  
Lab Technician

**Dr. SHIWANGI**  
MBBS, DCP (DNB)  
Consultant Pathologist  
JPK Labs & Trauma Center Pvt. Ltd.

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Name : Mrs. EKTA SINGH  
Age/Gender : 30Y/F  
Date/Time : 13-04-2024/17.50  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
---------------	--------	-----------------

Alkaline Phosphatase

82.0 U/L

upto 33 U/L (Females)

Total Protein

6.74 g/dL

UPTO 125 U/L

Albumin

4.36 g/dL

6.0 - 8.0 g/dL

Globulin

2.38 g/dL

3.5 - 5.2 g/dL

A/G

1.8

1.5 - 3.0 g/dL

1 - 2

Sample Collection 13 Apr 2024 / 17.57  
Result Approval 15 Apr 2024 / 14.55

LRN-006010

Post Prandial Blood Glucose

Post Prandial Blood Glucose

87.0 mg/dL

90 - 140 mg/dL

Observation

Sample Collection 13 Apr 2024 / 17.57  
Result Approval 15 Apr 2024 / 10.54

LRN-006010

Uric Acid

Uric Acid

4.8 mg/dL

Male 4.0-8.5 mg/dL

Female: 2.7-7.3 mg/dL

Observation

Sample Collection 13 Apr 2024 / 17.57  
Result Approval 15 Apr 2024 / 14.55

LRN-006011

Blood Urea Nitrogen (BUN)

Blood Urea Nitrogen (BUN)

10.4 mg/dL

5-18 mg/dL Infant/Child

6-20 mg/dL Adult

8-23 mg/dL Adult >60Yr

Sample Collection 13 Apr 2024 / 17.57  
Result Approval 15 Apr 2024 / 14.55

*Rakesh*

Rakesh Sharma  
Lab Technician

Dr. SHIWANGI  
MBBS, D.P. (DNB)  
Consultant Pathologist  
JPK Hospitals & Trauma Center Pvt. Ltd.

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### Facilities Available

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**JPK****CLINIC & DIAGNOSTICS**

(A unit of JPK Hospitals &amp; Trauma Center Pvt. Ltd.)

Super Market, Sultanpur - 228 001 (U.P.)

Ph. : 05362-241192, 9196008963

www.jpkhospitals.com



Patient ID : JPKH-MRN-48995

Name : Mrs. EKTA SINGH

Age/Gender : 30Y/F

Date/Time : 13-04-2024/17:50

Referred By : SELF

**INVESTIGATION****RESULT****REFERENCE RANGE**

INVESTIGATION	RESULT	REFERENCE RANGE
<b>HAEMATOLOGY</b>		
<b>Complete Blood Count</b>		
Haemoglobin	12.4 g/dL	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
WBC Count	4940	4000-11,000/cumm
Differential Count		
Neutrophils	61 %	40-75 %
Lymphocytes	33 %	20-45 %
Eosinophils	02 %	01-08 %
Monocytes	04 %	02-10 %
Basophils	00 %	00-01 %
RBC Count	4.27 million/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
PCV	37.5 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
MCV	87.7 fl	75-95 fl
MCH	29.1 pg	26-32 pg
MCHC	33.2 %	30-35%
Platelet Count	150000 cells/cumm	150000 - 400000 cells/cumm
Mean Platelet Volume(MPV)	12.9 fL	7.5-11.5 fL
RDW-CV	12.5 %	11-16 %
RDW-SD	40.9 %	35-56 %
Observation		

Sample Collection 13 Apr 2024 / 17:57

Result Approval 15 Apr 2024 / 14:55

LRN-009208

**Erythrocyte sedimentation Rate (ESR)****Erythrocyte sedimentation Rate (ESR)**

16 mm/hr

Male : 0 - 10 mm/hr

Female : 0 - 20 mm/hr

Observation

Sample Collection 13 Apr 2024 / 17:57

Rakesh Sharma  
Lab Technician

Dr. SHIWANGI

MBBS, FCP (DNG)

Consultant Pathologist

JPK Hospitals &amp; Trauma Center Pvt. Ltd.

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**Facilities Available**

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- PFT
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# JPK

## CLINIC & DIAGNOSTICS

( A unit of JPK Hospitals & Trauma Center Pvt. Ltd. )

Super Market, Sultanpur -228 001 (U.P.)

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www.jpkhospitals.com



Patient ID : JPKH-MRN-48995  
Name : Mrs. EKTA SINGH  
Age/Gender : 30Y/F  
Date/Time : 13-04-2024/17:50  
Referred By : SELF

### INVESTIGATION

### RESULT

### REFERENCE RANGE

Result Approval 15 Apr 2024 / 14:55

LRN-006009

**Blood Group**

**RH Typing**

**Observation**

**Blood grouping and Rh typing**

B

POSITIVE (+)

Sample Collection 13 Apr 2024 / 17:57

Result Approval 15 Apr 2024 / 14:55

Rakesh Sharma  
Lab Technician

Dr. SHIWANGI  
MBBS, DCP (DNB)  
Consultant Pathologist  
JPK Hospitals & Trauma Center Pvt. Ltd.

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Patient ID : JPKH-MRN-48995  
Name : Mrs. EKTA SINGH  
Age/Gender : 30Y/F  
Date/Time : 13-04-2024/17:50  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

LRN-000013

### Clinical Pathology

### URINE-ROUTINE/MICROSCOPY

#### PHYSICAL EXAMINATION

Quantity in ml : 20 ML  
Urine Color : PALE YELLOW  
Reaction : ACIDIC

#### CHEMICAL EXAMINATION

Leukocytes : NEGATIVE  
Nitrite : NEGATIVE  
Urobilinogen : NEGATIVE  
pH : 6.0  
Blood : NEGATIVE  
Sp.Gravity : 1.025  
Ketone : NEGATIVE  
Bilirubin : NEGATIVE  
Glucose : NEGATIVE  
Protein : NEGATIVE

#### MICROSCOPIC EXAMINATION

Epithelial Cells : 2-3/HIGH POWER FIELD  
RBC : NIL  
Pus Cells : 1-2/HIGH POWER FIELD  
Casts : NOT SEEN  
Crystals : NOT SEEN  
Observation :

Sample Collection 13 Apr 2024 / 17:57  
Result Approval 15 Apr 2024 / 14:55

Rakesh Sharma  
Lab Technician

Dr. SHIVANGI  
MBBS, DCP (DNU)  
Consultant Pathologist  
JPK Hospitals & Trauma Center Pvt. Ltd.

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Patient ID : JPKH-MRN-48995  
 Name : Mrs. EKTA SINGH  
 Age/Gender : 30Y/F  
 Date/Time : 13-04-2024/17.50  
 Referred By : SELF

**INVESTIGATION**

**RESULT**

**REFERENCE RANGE**

LRN-006014

**CHEMILUMINESCENCE IMMUNOASSAY**


**Thyroid Function Test (T3, T4, TSH)**

Investigation	Result	Reference Range
<b>T3</b>	1.31 ng/mL	0.69-2.15
<b>T4</b>	87.6 ng/mL	52-127
<b>TSH</b>	1.24 $\mu$ U/mL	21 weeks- 20 years: 0.7-6.4 $\mu$ U/mL 21-54 years: 0.4 - 4.2 $\mu$ U/mL 55- 87 years: 0.5 – 8.9 $\mu$ U/mL Pregnancy: 1st Trimester: 0.24 – 2.99 $\mu$ U/mL 2nd Trimester: 0.46 – 2.95 $\mu$ U/mL 3rd Trimester: 0.43 – 2.78 $\mu$ U/mL

Observation

Sample Collection 13 Apr 2024 / 17.57  
 Result Approval 15 Apr 2024 / 14.55

— End of Report —



Rakesh Sharma  
 Lab Technician



**Dr. SHIWANGI**  
 MBBS, CP (DNB)  
 General Pathologist

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**JPK HOSPITAL AND TRAUMA CENTER**

MRS. EKTIA SINGH / 30 Yrs / F / 171 Cms / 80 Kg / HR : 94

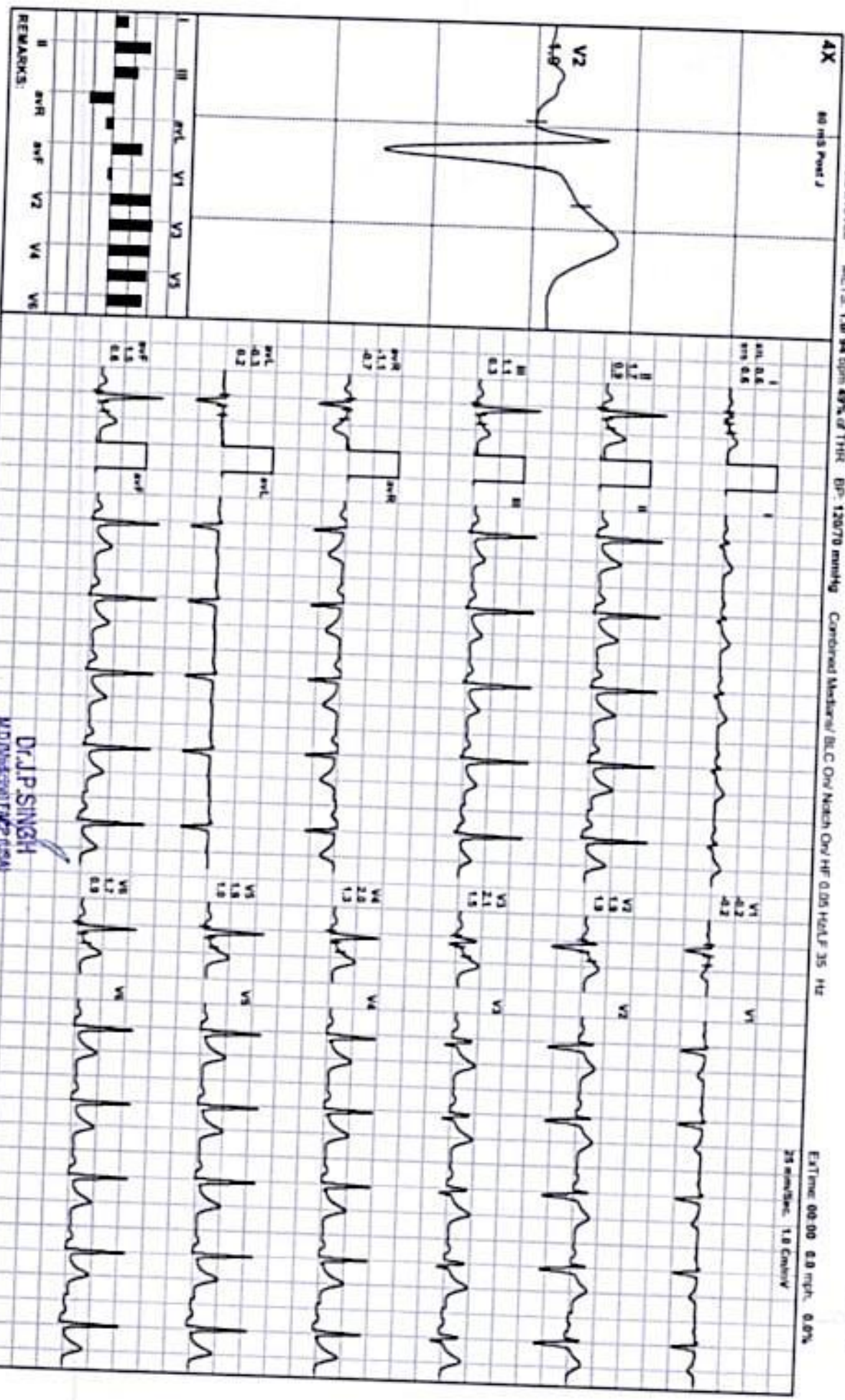
Date: 13 - 04 - 2024 10:34:15 AM

METS: 1.0L 94 bpm 49% of THR

BP: 120/70 mmHg

Condensed Maximal/BLC On/Noch On/HR 0.05 Hz/FP 35 Hz

BRUCE:Supine(0:12)



**DR. J.P. SINGH**

M.D. (Internal Medicine)

Director & Consultant Physician

JPK Clinic & Diagnostics

(A Unit of JPK Hospital & Trauma Center Pvt Ltd)

ADIX\_GEM217200300/RVA/Amgms

**JPK HOSPITAL AND TRAUMA CENTER**

MRS EKTA SINGH / 30 Yrs / F / 171 Cms / 80 Kg / HR : 86

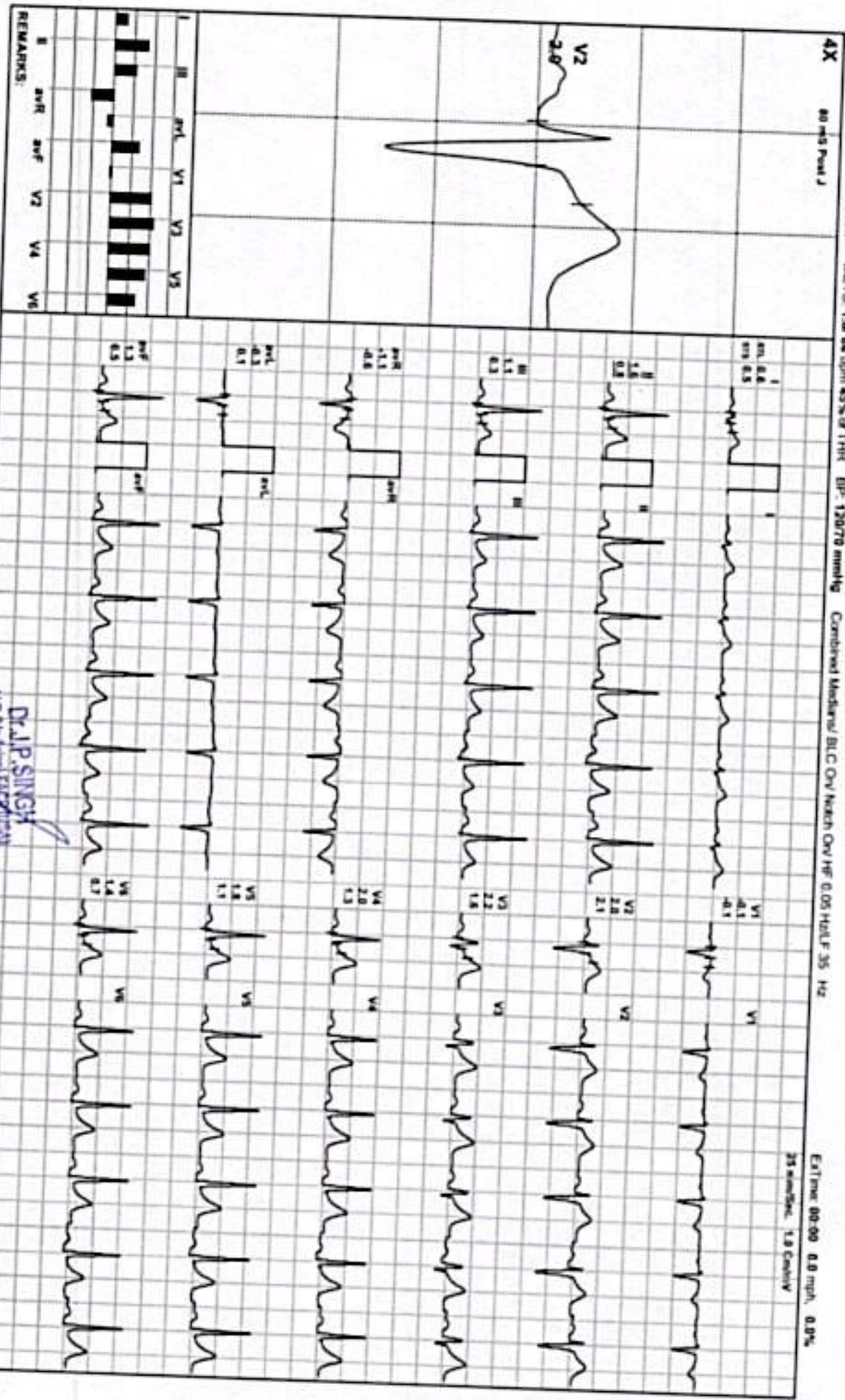
BRUCE: Standing(0:14)



Date: 13-04-2024 10:34:15 AM METS: 1.8/86 bpm 45% of THR BP: 120/78 mmHg Combined Mediana/ BLC Ov Nuch Ov Hr 0.05 HALLP 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

25 mm/Sec, 1.0 mV



REMARKS:

**Dr. J.P. SINGH**  
 MD Medical Director  
 Director & Consultant  
 JPK Clinic & Diagnostics  
 JPK Hospital & Trauma Center (Pvt.)

ADX\_GEM2-17220330/RVJalengans

**JPK HOSPITAL AND TRAUMA CENTER**

MRS EKTA SINGH / 30 Yrs / F / 171 Cms / 80 Kg / HR : 96

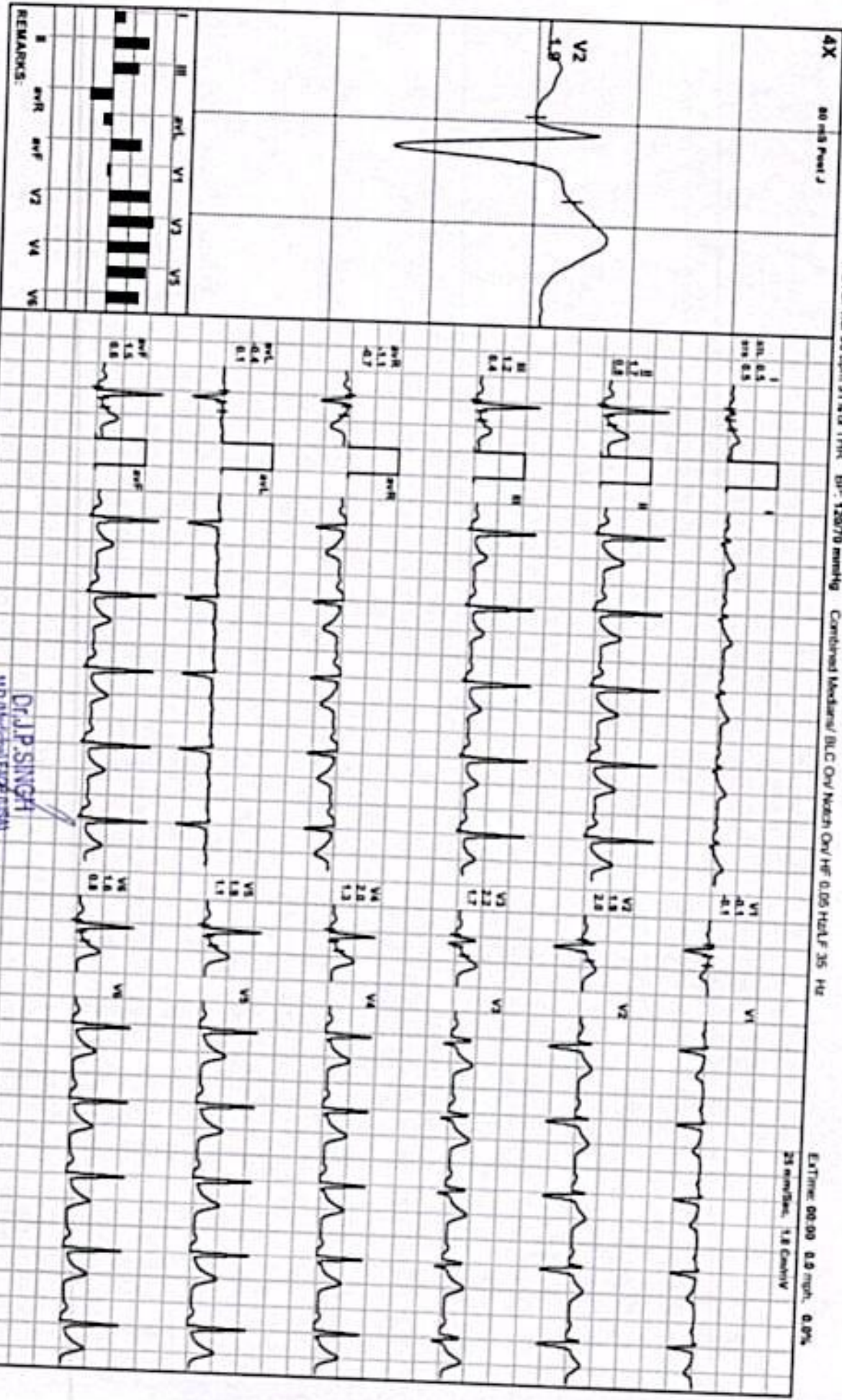
BRUCE:HV(0:15)



Date: 13-04-2024 10:34 15 AM METS: 1.0/96 bpm 51% of THR BP: 120/70 mmHg Continued Meds/nil OC/Neck Ov/HF 0.05 HELF 35 Hz

EXTime: 00:00 0.0 mpa 0.0%

25 mm/Sec 1.8 Cm/IV



**Dr. J.P. SINGH**

MD (Medical) FRCG (Gen)

Director & Consultant Physician

JPK Clinic & Diagnostics

A Unit of JPK Hospital & Trauma Center (Pvt Ltd)

(ADX\_GENC17220303)R/VA/engr's

JPK HOSPITAL AND TRAUMA CENTER

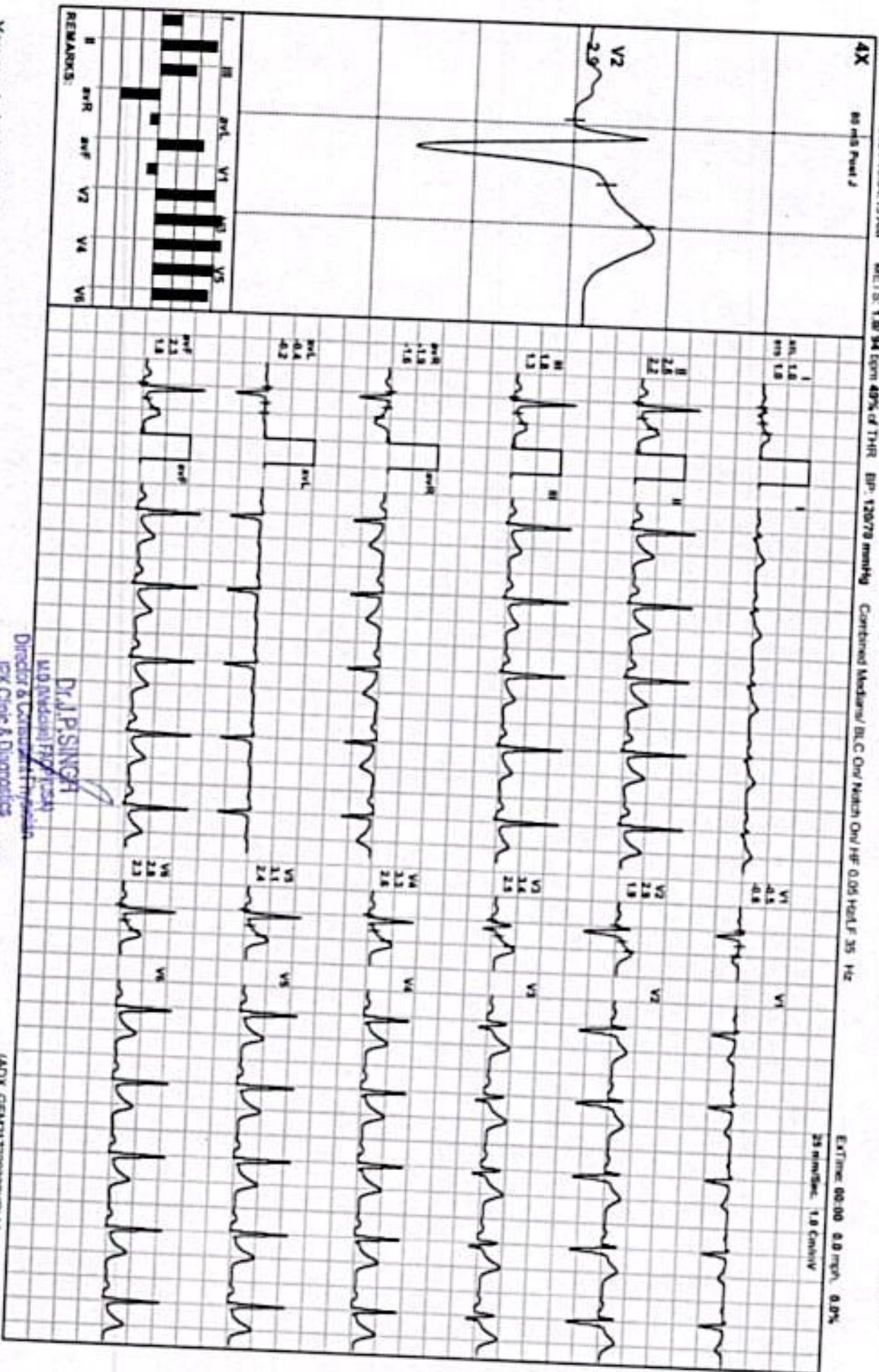
MRS. EKTA SINGH / 30 Yrs / F / 171 Cms / 80 Kg / HR : 94

Date: 13 - 04 - 2024 10:34:15 AM METS: 1.8W 94 bpm 49% of THR BP: 120/78 mmHg

Combined Medians/ BLC On Match On HF 0.05 HOLD F 35 Hz

Combined Medians/ BLC On Match On HF 0.05 HOLD F 35 Hz

BRUCE: Warm Up(0:13)



Dr. J.P. SINGH

MD (Medical) / MD (Trauma)

Director & Consultant Physician

JPK Clinic & Diagnostics

JPK Hospital & Trauma Center (PILK)

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MRS. EKTA SINGH / 30 Yrs / F / 171 Cms / 80 Kg / HR : 90

ExStart



Date: 13-04-2024 10:34:15 AM METS: 1.80 bpm 47% of THR BP: 120/70 mmHg

Combed Mediana/ BLC On Natch On/ HF 0.05 Hz/ LF 35 Hz

ExTime 00:00 0.0 mV 0.0 PPS  
25 mm/Sec. 1.8 Cm/mV



REMARKS:

Dr. J.P. SINGH  
MD (Internal Medicine)

Director & Consultant Physician

JPK Clinic & Diagnostics  
JPK Hospital & Trauma Center Pvt. Ltd.

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**JPK HOSPITAL AND TRAUMA CENTER**

MRS EKTA SINGH / 30 Yrs / F / 171 Cms / 80 Kg / HR : 139

Date: 13-04-2024 10:34:15 AM METS: 4.7/139 bpm 73% of THR BP: 122/72 mmHg Combined Meds/ BLC Ov Nuch Ov HF 0.05 HxLF 35 Hz

**BRUCE: Stage 1(3:00)**



REMARKS:	I	II	III	aVR	aVL	aVF	V1	V2	V3	V4	V5	V6

**Dr. P. SINGH**  
 Director & Consultant  
 JPK Clinic & Diagnostics  
 JPK Hospital & Trauma Center  
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MRS. EKTA SINGH / 30 Yrs / F / 171 Cms / 80 Kg / HR : 172

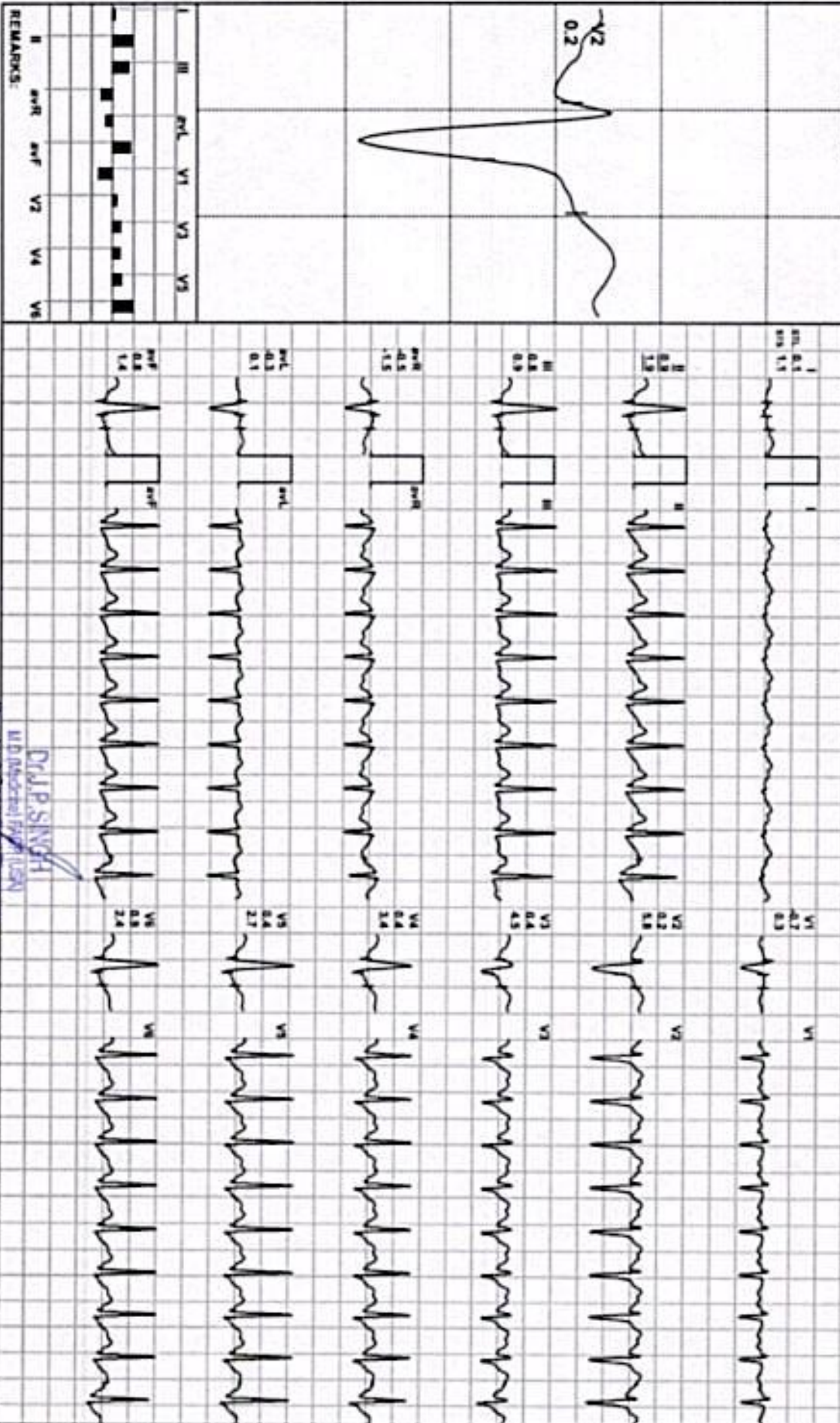
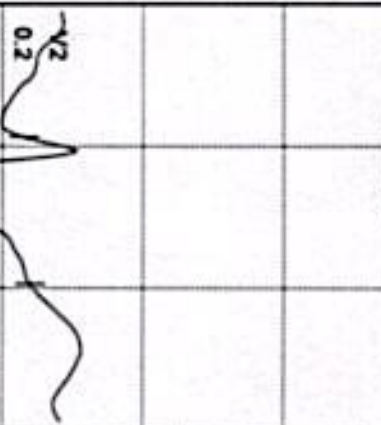
Date: 13-04-2024 10:34:15 AM METS: 7.1/172 bpm 91% of ThR BP: 124/74 mmHg Combined Modem/ BLC OIV NIBCO OIV HF 0.05 HELP 35 Hz

EXTIME: 06:00 2.5 mph 12.0%

4X

80 m/s Post J

25 mm/Sec 1.8 Cm/IV



REMARKS:

**D.J.P. SINGH**  
M.D. (Anesthesiology) (USA)

Director & Consultant

JPK Clinic & Diagnostics

(11th of JPK Hospital & Trauma Center Palakkad)

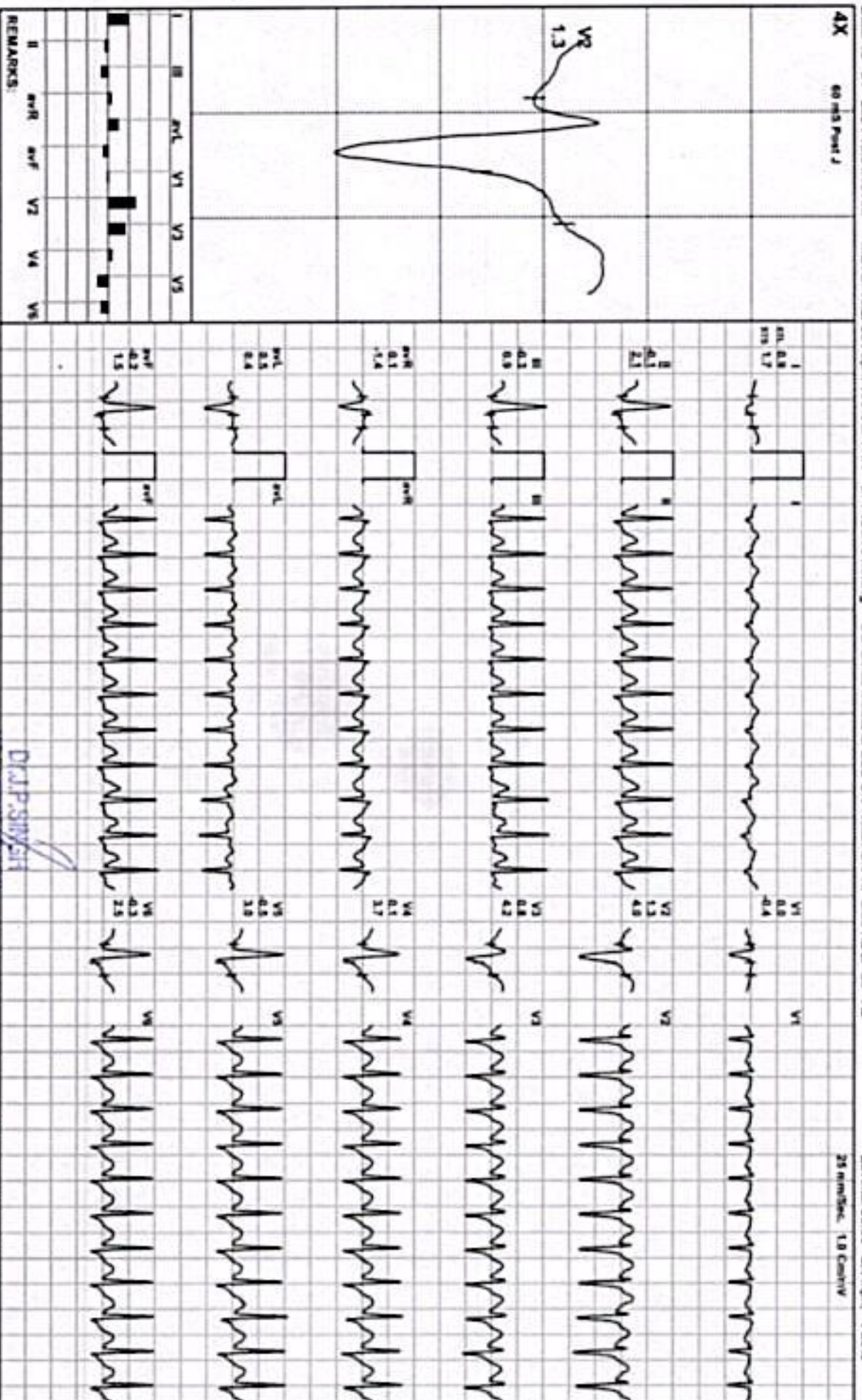
(AOL: GEM217220300)/R/p/abngens



MRS. EKTA SINGH / 30 Yrs / F / 171 Cms / 80 Kg / HR : 201

Date: 13 - 04 - 2024 10:34:15 AM METS: 10.2/ 201 bpm 100% of THR BP: 126/76 mmHg CoreTemp Medial/BLC OIV NIBH OIV HF 0.05 HR/LF 35 Hz

EXTIME 09:00 3.4 mph, 14.0%



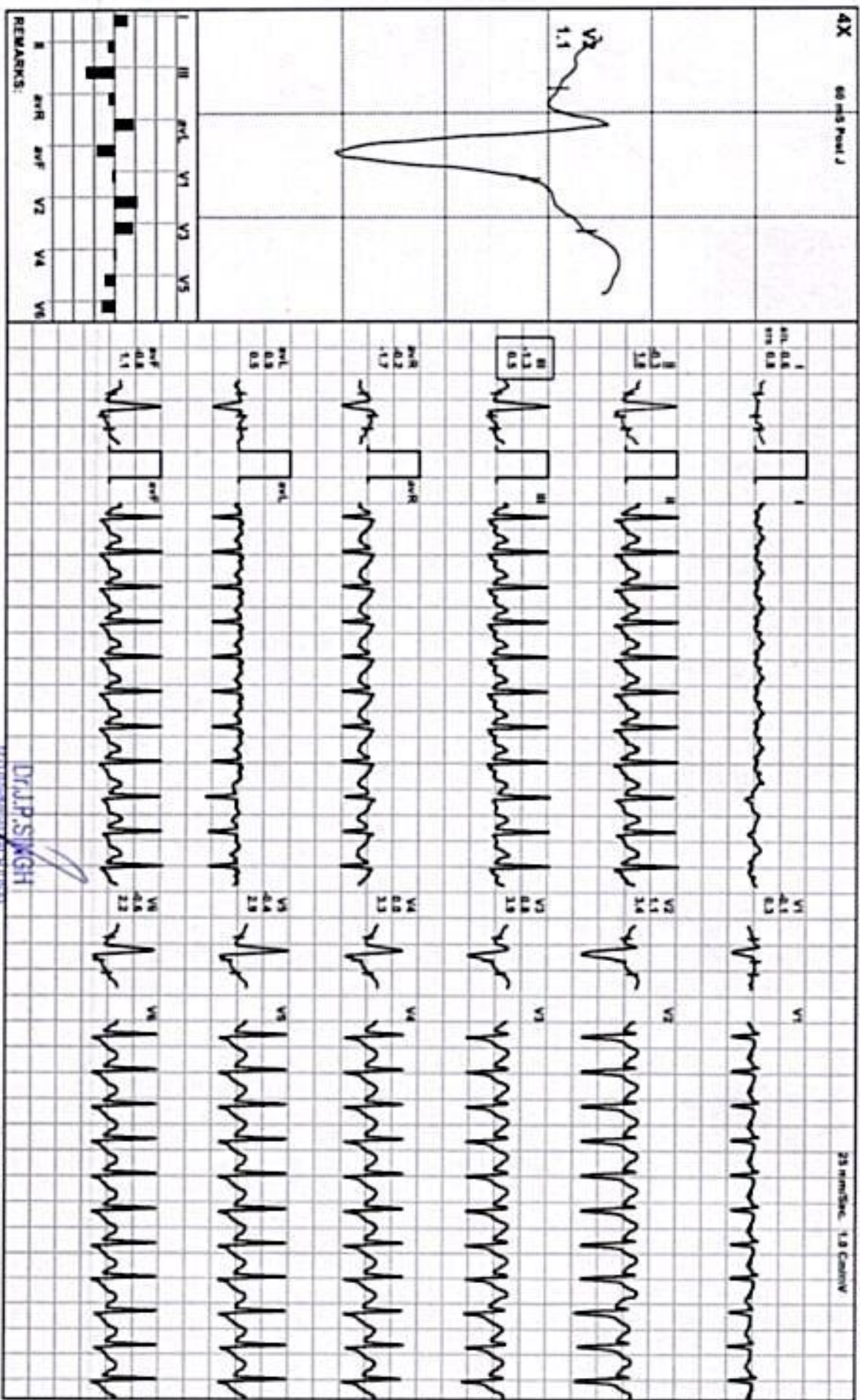


MRS. EKTA SINGH / 30 Yrs / F / 171 Cms / 80 Kg / HR : 201

Date: 13 - Oct - 2024 10:34:15 AM METS: 19.50 201 bpm 106% of THR BP: 126/76 mmHg Coronary Mediana/ BLC OV Neth OV/ HF 0.05 HELLF 35 Hz

EXTIME: 09:13 4.2 mph, 16.8%

25 min/Sec, 1.8 Counts



DR. J.P. SINGH

Director & Consultant Physician

JPK Clinic & Diagnostics  
<http://www.jpkvaid.com>

ADIX\_GEM217220300RPAshwora

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Recovery(0:30)



MRS EKTA SINGH / 30 Yrs / F / 171 Cms / 80 Kg / HR : 190

Date: 13 - 04 - 2024 10:34:15 AM METS: 7.2/190 bpm 100% of THR BP: 126/78 mmHg Combined Mediana BLC Oxy Satch Oxy Hf 0.06 HctLF 35 HZ

EXTIME: 08:13 1.8 mph, 6.8%



Dr. P. SINGH

Director & Consultant Physician

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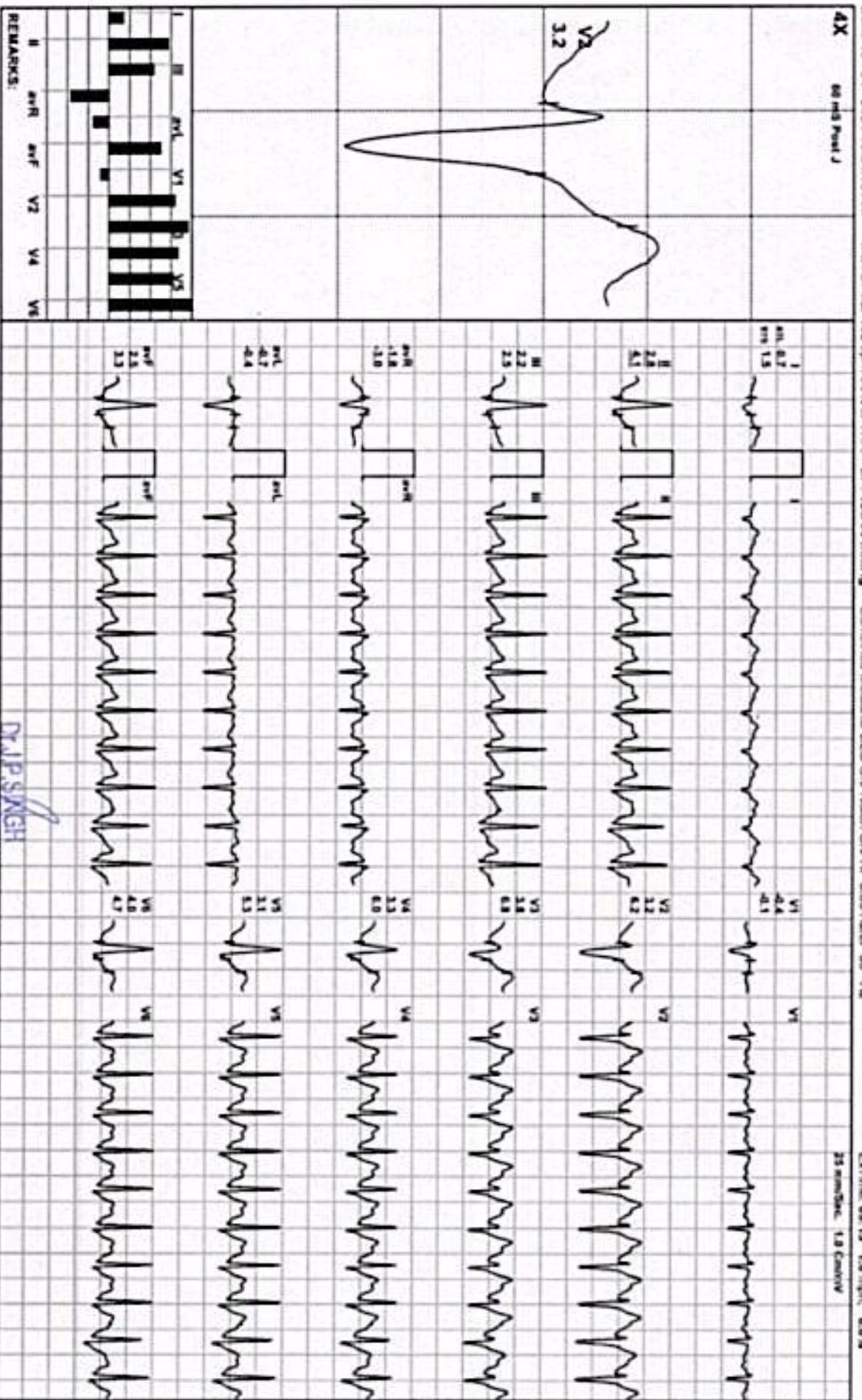
MRS. EKTIA SINGH / 30 Yrs / F / 171 Cms / 80 Kg / HR : 182

Recovery(1:00)



Date: 13 - 04 - 2024 10:34:15 AM METS: 4.2/ 182 bpm 96% of Ther. BP: 126/80 mmHg Combined Meds/BLC On/ Netch On/ HF 0.05 HELLF 35 Hz

EXTIME: 09:13 1.8 mph, 0.8%



REMARKS:

**Dr. J.P. SINGH**

MD (Internal Medicine)  
Director & Consultant Physician

(MOX\_GEMD17220300)R/PA/Amgms

**JPK HOSPITAL AND TRAUMA CENTER**  
SULTANPUR Email:

Report



MRS. EKTA SINGH / 30 Yrs / F / 171 Cms / 80 Kg  
Date: 13 - 04 - 2024 10:34:15 AM Refd By : SELF Examined By: DR.PAWAN KUMAR SINGH

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:12	0:12	00.0	00.0	01.0	094	49 %	120/70	112	00	
Standing	00:26	0:14	00.0	00.0	01.0	086	45 %	120/70	103	00	
HV	00:41	0:15	00.0	00.0	01.0	096	51 %	120/70	115	00	
Warm Up	00:53	0:12	00.0	00.0	01.0	094	49 %	120/70	112	00	
ExStart	01:12	0:19	00.0	00.0	01.0	090	47 %	120/70	108	00	
BRUCE Stage 1	04:12	3:00	01.7	10.0	04.7	139	73 %	122/72	169	00	
BRUCE Stage 2	07:12	3:00	02.5	12.0	07.1	172	91 %	124/74	213	00	
BRUCE Stage 3	10:12	3:00	03.4	14.0	10.2	201	106 %	126/76	253	00	
PeakEx	10:25	0:13	04.2	16.0	10.5	201	106 %	126/76	253	00	
Recovery	10:55	0:30	01.0	00.0	07.2	190	100 %	126/76	239	00	
Recovery	11:25	1:00	01.0	00.0	04.2	182	96 %	128/80	232	00	
Recovery	11:32	1:06	00.0	00.0	03.6	182	96 %	128/80	232	00	

**FINDINGS :**

Exercise Time : 09:13  
 Initial HR (ExStrt) : 90 bpm 47% of Target 190  
 Initial BP (ExStrt) : 120/70 (mm/Hg)  
 Max Workload Attained : 10.5 Good response to induced stress  
 Max ST Dep Lead & Avg ST Value : III & -1.3 mm in PeakEx  
 Duke Treadmill Score : 08.2  
 Test End Reasons : Test Complete  
 Max HR Attained 201 bpm 106% of Target 190  
 Max BP Attained 128/80 (mm/Hg)  
 VO2Max : 36.8 ml/Kg/min (Excellent)

**REPORT :**

TEST OBJECTIVE : ROUTINE CHECK UP  
 ACTIVITY : VERY ACTIVE

**Dr.J.P.SINGH**  
 MD, (NCC) ACC (USA)  
 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 (A Unit of JPK Hospital & Trauma Center PALLA)

Doctor : DR JP SINGH



OTHER INVESTIGATION	:	NO
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

**Dr. J.P. SINGH**  
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