

# IRINE DIAGNOSTIC

VIKAS TIWARI

I.D. IRINE241023

Age 39/M

Date 24/10/2024

RATE 77bpm

B.P. 120/80

PRETEST

ST @ 10mm/mV

80ms PostJ

ECG

RAW ECG



Dr. RAJNA KHAN  
MBBS, DMRD  
Reg. No. 25508

ECG - Within normal limit

*[Handwritten signature]*

**ANNEXURE II - 2**

**LIFE INSURANCE CORPORATION OF INDIA**  
**COMPUTERISED TREADMILL TEST**

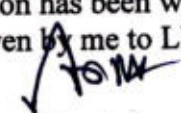
Form No. LIC03 - 003

Zone \_\_\_\_\_ Division \_\_\_\_\_ Branch \_\_\_\_\_  
Proposal No. 2429  
Agent/D.O. Code: \_\_\_\_\_ Introduced by: (name & signature) \_\_\_\_\_  
Full Name of Life to be assured: VIKAS TIWARI  
Age/Sex: 39/0/M

**DECLARATION**

I hereby declare that the foregoing answers are given by me after fully understanding the questions. They are true and complete and no information has been withheld. I do agree that these will form part of the proposal dated \_\_\_\_\_ given by me to LIC of India.

Witness \_\_\_\_\_


Signature or Thumb Impression of L.A. 

*Note : Cardiologist is requested to explain following questions to L.A. and to note the answers thereof.*

1. Have you ever had chest pain, palpitation, breathlessness at rest or exertion?  Y/N
2. Are you suffering from heart disease, diabetes, high or low Blood Pressure or kidney disease?  Y/N
3. Have you ever had Chest X'Ray, ECG, Blood Sugar, Cholesterol or any other test done?  Y/N

*If the answer/s to any/all above questions 'Yes', submit all relevant papers with this form.*

Dated at DELHI on the day of 24/10/2024 200

Signature of L.A. 

Signature of the Cardiologist  
Name & Address  
Qualification  
Code No.



**Dr. RAINA KHAN**  
MBBS, DM, MD  
Reg. No. 25503

### COMPUTERISED TREADMILL TEST

- (a) Pre-test :   Supine  
                  Standing  
                  Hyperventilation
- (b) Exercise:   Stage I        )  
                  Stage II       )  
                  Stage III       )  
                  ... peak exercise
- (c) Recovery:   Recovery  
                  Recovery  
                  Recovery
- 3 minutes each

#### Reporting Pattern

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP
PRETEST	SUPINE							
	SITTING							
	STANDING							
	HYPERVENTILATION							
	WARM UP							
EXERCISE	STAGE 1							
	STAGE 2							
	STAGE 3							
	PEAK EXERCISE							
RECOVERY	RECOVERY							
	RECOVERY							
	RECOVERY							

The protocol used - BRUCE

Total Exercise Time - 9.46

Maximum Blood Pressure - 146/90

Maximum Workload - 11.02

Maximum heart rate 169

Maximum predicted heart rate 181 %

Reason for termination -

Comments: *NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHEMIA*

**Dr. RAINA KHAN**

MBBS DMRD

Reg. No. 25508

Signature of the Cardiologist

Name & Address

Qualification      Code No.

Each stage should have 12 lead tracing with long lead II. Each lead should contain at least three complexes. On separate individual paper each stage with relevant observations be recorded.

(Signature of the L.A. to be obtained on the tracings)

*[Handwritten Signature]*



To,  
LIC of India  
Branch Office

Date: 24/10/2024

Proposal No. 2429

Name of the Life to be assured VIKAS TIWARI

The Life to be assured was identified on the basis of \_\_\_\_\_

I have satisfied myself with regard to the identity of the Life to be assured before conducting tests / examination for which reports are enclosed. The Life to be assured has signed as below in my presence.

Signature of the Pathologist/ Doctor

**Dr. RAJNA KHAN**  
MBBS, DMRD  
Reg. No. 25508

Name:

I confirm, I was on fasting for last 10 (ten) hours. All the Examination / tests as mentioned below were done with my consent.

(Signature of the Life to be assured)

Name of life to be assured:

**Reports Enclosed:**

Sr. No	Reports Name	Sr. No	Reports Name
1	FMR	9	Lipidogram
2	Rest ECG with Tracing	10	BST (Blood Sugar Test-Fasting & PP) Both
3	Haemogram	11	Hba1c
4	Hb%	12	FBS (Fasting Blood Sugar)
5	SBT-13	13	PGBS (Post Glucose Blood Sugar)
6	Elisa for HIV	14	CTMT with Tracing
7	RUA	15	Proposal and other documents
8	Chest X-Ray with Plate (PA View)		

16. Questionnaires: UCT

17. Others (Please Specify) \_\_\_\_\_

Remarks of med case TPA Services PVT LTD  
Authorized Signature,



m. I was on fasting for last 10 (ten) ...  
y consent.



भारत सरकार  
Government of India



nature of the  
me of life to t

Issue Date : 19/09/2011



विकास तिवारी  
Vikas Tiwari  
जन्म तिथि / DOB : 10/07/1985  
पुरुष / Male

Reports Name  
Sugar Test-Fasting &  
ing Blood Sugar)  
est Glucose Blood Sugar  
th Tracing  
and other documents

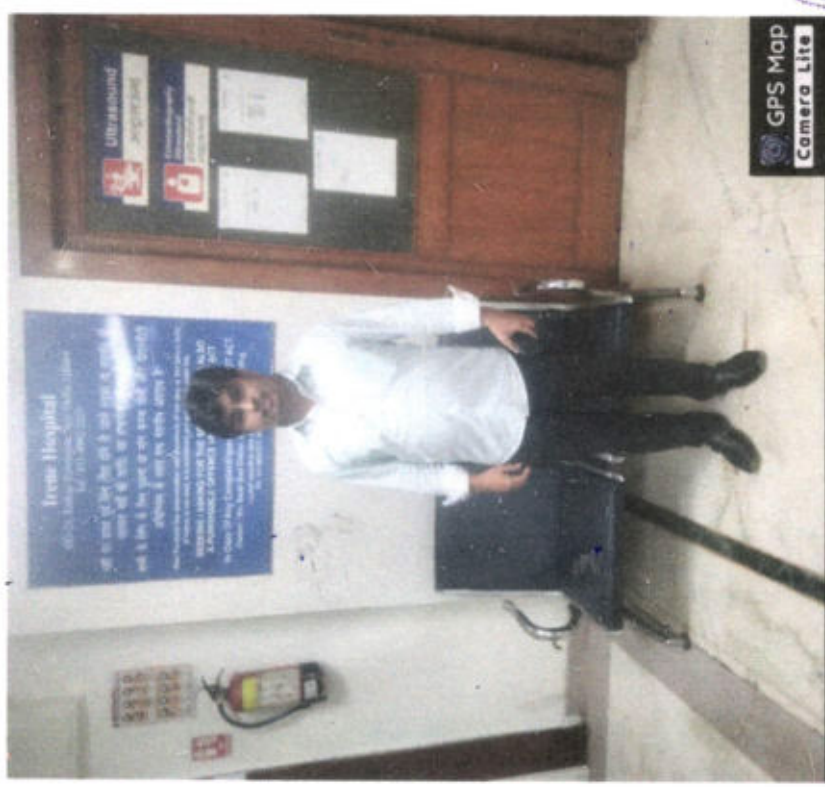
Sr. No	
1	FMR
2	Rest
3	Has
4	HT
5	SBT-13*
	Elisa for HIV

5866

मेरा आधार, मेरी पहचान



Dr. RAINA KHAN  
MBBS, DMRD  
Reg. No. 25508



GPS Map  
Camera Lite

DD-23, Block DD, Kaikaji, New Delhi, Delhi 110019, India

Latitude 28.5446538°  
Longitude 77.2581561°  
Local 10:25:17 AM  
GMT 04:55:17 AM  
Altitude 234 meters  
Thursday, 24.10.2024

# irine diagnostic

healthpartner

S. No. : 24/OCT/37  
Name : MR VIKAS TIWARI  
Ref. by : LIFE INSURANCE CORPORATION  
Date : 24-10-2024  
AGE : 39Years  
SEX : MALE

## B I O C H E M I S T R Y

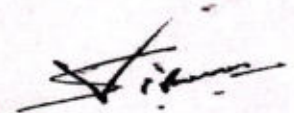
Test	Result	Units	Normal Range
FASTING BLOOD SUGAR	94	mg/dl.	(60-110)
TOTAL BILIRUBIN	0.64	mg/dl.	(0.1-1.2)
CONJUGATED (D.Bilirubin)	0.43	mg/dl.	(0.00-0.6)
UNCONJUGATED (I.D.Bilirubin)	0.21	mg/dl.	(0.1-1.0)
TOTAL PROTEIN	6.2	mg/dl.	(6.0-8.3)
ALBUMIN	4.2	mg/dl.	(3.5-5.0)
GLOBULIN	2.0	mg/dl.	(2.3-3.5)
A/G RATIO	2.1		(1.0-3.0)
S.G.O.T. (AST)	24	IU/L	(5.0-34.0)
S.G.P.T. (ALT)	28	IU/L	(5.0-40.0)
GAMMA GT	20	U/L	(9-45)
ALKALINE PHOSPHATASE	130	U/L	(80-200)
URIC ACID	5.5	mg/dl.	(4.4-7.2)
SERUM CHOLESTEROL	178	mg/dl.	(150-200)
HDL CHOLESTEROL	42	mg/dl.	(30-63)
S. TRIGLYCERIDES	121	mg/dl.	(60-160)
LDL	106	mg/dl.	(UPTO-150)
VLDL	35	mg/dl.	(23-45)
SERUM CREATININE	0.70	mg%	(0.6-1.2)
BUN	13	mg/dl	(02-18)



8595347044

irinediagnostic@gmail.com

DD-28 KALKAJI DELHI :- 110019

  
DR. SHILPI GUPTA  
M.B.B.S.MD(Path) 64715  
Consultant Pathologist

# irine diagnostic

healthpartner

S. No. : 24/OCT/37  
Name : MR VIKAS TIWARI  
Ref. by : LIFE INSURANCE CORPORATION  
Date : 24-10-2024  
AGE : 39Years  
SEX : MALE

H A E M A T O L O G Y			
Test	Result	Units	Normal Range
Hemoglobin	14.4	gm%	12-16
Total Leucocytes Count {TLC}	9300	/cumm	4000-11000
Differential Leucocytes Count [D.L.C]			
Neutrophils	50	%	40-75
Lymphocytes	40	%	20-45
Eosinophils	04	%	01-06
Monocytes	06	%	02-10
Basophills	00	%	00-01
Erythrocyte Sedimentation Rate {ESR}	12	mm/1Hr	00-15
Red Blood Cell [RBC]	5.4	mill.	M-4.6-6.5 F-3.9-5.6
Packed Cell Value [PCV]	44.7	%	37-54
Mean Cell Value [MCV]	90.2	f1	76-96
Mean Cell Hemoglobin [MCH]	29.1	pg	27-32
Mean Cell Hemoglobin Conc. [MCHC]	32.7	%	30-35
Platelet count	2.41	Lakhs	1.5-4.5



*Shilpi Gupta*

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Name : MR VIKAS TIWARI  
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Date : 24-10-2024  
AGE : 39Years  
SEX : MALE

## Cotinine

Test

Result

Cotinine

NEGATIVE



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S. No. : 24/OCT/37  
 Name : MR VIKAS TIWARI  
 Ref. by : LIFE INSURANCE CORPORATION  
 Date : 24-10-2024  
 AGE : 39Years  
 SEX : MALE

## H A E M A T O L O G Y

Test	Result	Units
Glycosylated Haemoglobin (HbA1c)	5.1	%

### INTERPRETATION

Normal	:	4.4 - 6.7
Goal	:	6.7 - 7.3
Good Diabetic Control	:	7.3 - 9.1
Action Suggested	:	> 9.1

Note:- Glycosylated Hemoglobin is a specific component of HbA1c and is the blood glucose bound to it. This test is an index of carbohydrate in balance during the proceeding two Months. The estimation is of greater importance for specific group of patient. This result are not affected by time, meal intake exercise, diabetic drugs, emotional Stress etc. HbA1c should be routinely monitored ideally at least every 3 months.



*[Signature]*  
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Date : 24-10-2024  
AGE : 39Years  
SEX : MALE

## S E R O L O G Y

\*\*Test Name : Human Immunodeficiency  
HIV I & II (ELISA METHOD)

Result : "Non-Reactive"

Normal-Range : "Non-Reactive"

\*\*Test Name : Hepatitis B Surface  
Antigen (HbsAg)

Result : "Non-Reactive"

Normal-Range : "Non-Reactive"



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DD-28 KALKAJI DELHI :- 110019

S. No. : 24/OCT/37  
Name : MR VIKAS TIWARI  
Ref. by : LIFE INSURANCE CORPORATION  
Date : 24-10-2024  
AGE : 39Years  
SEX : MALE

## URINE EXAMINATION

### PHYSICAL EXAMINATION

COLOUR	YELLOW
REACTION	ACIDIC
APPEARANCE	CLEAR
ALBUMIN	NIL
SUGAR	NIL
SPECIFIC GRAVITY	1.014

### CHEMICAL EXAMINATION

ALBUMIN	NIL
SUGAR	NIL
ACETONE	NIL
BLOOD	NIL
BILE SALT	NIL
BILE PIGMENT	NIL
UROBILINOGEN	NIL

### MICROSCOPIC EXAMINATION

PUS CELLS	1-2/HPF
EPITHELIAL CELLS	1-2/HPF
RBC	NIL /HPF
BACTERIA	NIL
CASTS	NIL
CRYSTALS	NIL
OTHERS	NIL



*Shilpi Gupta*  
DR. SHILPI GUPTA  
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Consultant Pathologist

8595347044

irinediagnostic@gmail.com

DD-28 KALKAJI DELHI :- 110019

## ANNEXURE II - 1

## LIFE INSURANCE CORPORATION OF INDIA

Form No. LIC03 - 002

## ELECTROCARDIOGRAM

Zone Division Branch

Proposal No. -

2429

Agent/D.O. Code:

Introduced by: (name &amp; signature)

Full Name of Life to be assured: VIKAS TIWARI

Age/Sex : 39+2/M

Instructions to the Cardiologist:

- Please satisfy yourself about the identity of the examiners to guard against impersonation
- The examinee and the person introducing him must sign in your presence. Do not use the form signed in advance. Also obtain signatures on ECG tracings.
- The base line must be steady. The tracing must be pasted on a folder.
- Rest ECG should be 12 leads along with Standardization slip, each lead with minimum of 3 complexes, long lead II. If L-III and AVF shows deep Q or T wave change, they should be recorded additionally in deep inspiration. If V1 shows a tall R-Wave, additional lead V4R be recorded.

## DECLARATION

I hereby declare that the foregoing answers are given by me after fully understanding the questions. They are true and complete and no information has been withheld. I do agree that these will form part of the proposal dated \_\_\_\_\_ given by me to LIC of India.

Witness

Signature or Thumb Impression of L.A.

**Note :** Cardiologist is requested to explain following questions to L.A. and to note the answers thereof.

- Have you ever had chest pain, palpitation, breathlessness at rest or exertion?  
Y/N
- Are you suffering from heart disease, diabetes, high or low Blood Pressure or kidney disease? Y/N
- Have you ever had Chest X-Ray, ECG, Blood Sugar, Cholesterol or any other test done? Y/N

If the answer/s to any/all above questions is 'Yes', submit all relevant papers with this form.

Dated at DELHI on the day of 24/10/2024 2023

Signature of L.A.

Signature of the Cardiologist  
Name & Address  
Qualification Code No.

Dr. RAINA KHAN  
Reg. No. 25500



## Clinical findings

(A)

Height (Cms)	Weight (kgs)	Blood Pressure	Pulse Rate
163	63.3	116/84	76/2

(B) Cardiovascular System

.....  
 .....

## Rest ECG Report:

Position	Supine	P Wave	0
Standardisation Imv	0	PR Interval	0
Mechanism	0	QRS Complexes	0
Voltage	0	Q-T Duration	0
Electrical Axis	0	S-T Segment	0
Auricular Rate	76/2	T-wave	0
Ventricular Rate	76/2	Q-Wave	0
Rhythm	Regular		
Additional findings, if any.	HR		

Conclusion: ECG - normal



DELHI 24/10/2024  
 Dated at on the day of 200

Dr. RAINA KHAN  
 MBBS, DMRD  
 Reg. No. 25508



Signature of the Cardiologist  
 Name & Address  
 Qualification  
 Code No.

# IRINE DIAGNOSTIC

DD 23 KAL KA JI DELHI 110019

## TREADMILL TEST REPORT

VIKAS TIWARI  
 ID : IRINE241023  
 DATE : 24/10/2024  
 AGE/SEX : 39 / M  
 HT/WT : 0 / 0  
 REF. BY : LIFE INSURANCE CORPORATION

PROTOCOL : Bruce  
 HISTORY :  
 INDICATION :  
 MEDICATION : NIL

PHASE	TOTAL STAGE TIME	SPEED Km/HR	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)	
							II	V1 V5
SUPINE				77	120 / 80	92	1	1.6
HYPERTENT				68	120 / 80	81	1	1.6
VALSALVA				68	120 / 80	81	1	1.6
STANDING				68	120 / 80	105	1.1	1.6
Stage 1	2:55	2.7	10	113	130 / 80	146	2	1.6
Stage 2	5:55	4	12	122	134 / 86	163	1.4	1.7
Stage 3	8:55	5.4	14	155	140 / 86	217	1.5	1.5
PK-EXERCISE	9:46	6.7	16	169	146 / 90	246	1.7	1.6
RECOVERY	10:57			132	146 / 90	192	1	2.5
RECOVERY	12:53			108	136 / 84	146	1.3	1.2
RECOVERY	15:53			103	124 / 80	127	1.2	1

MET  
4.6  
7.0  
9.9  
11.

### RESULTS

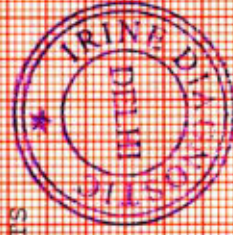
EXERCISE DURATION : 9:46  
 MAX HEART RATE : 169 bpm 92 % of target heart rate 181 bpm  
 MAX BLOOD PRESSURE : 146 / 90 mm Hg  
 REASON OF TERMINATION : Achieved THR,

BP RESPONSE : Normal,  
 ARRHYTHMIA : None,  
 H.R. RESPONSE : Normal Chronotropic Response,

### IMPRESSIONS

Negative for Provocable myocardial ischemia,

MAX WORK LOAD : 11.02 METS



DR. RAJNIV KHANNA  
 Reg. No. 110019/2023



*[Handwritten signature]*

Technician :

# IRINE DIAGNOSTIC

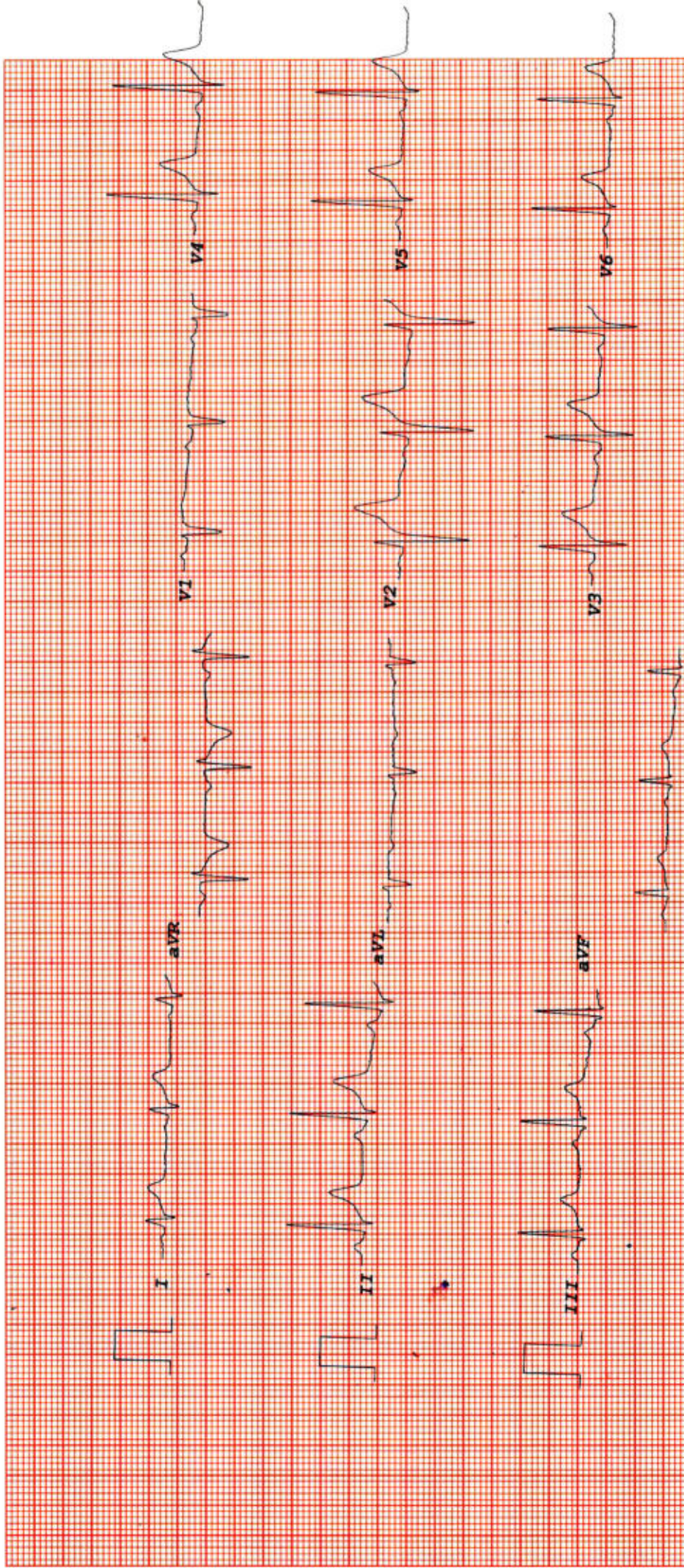
ST @ 10mm/mV  
80ms PostJ

RAW ECG

PRETEST  
SUPINE

RATE 77bpm  
B.P. 120/80

VIKAS TIWARI  
I.D. IRINE241023  
Age 39/M  
Date 24/10/2024



# IRINE DIAGNOSTIC

VIKAS TIWARI  
 I.D. IRINE241023  
 Age 39/M  
 Date 24/10/2024

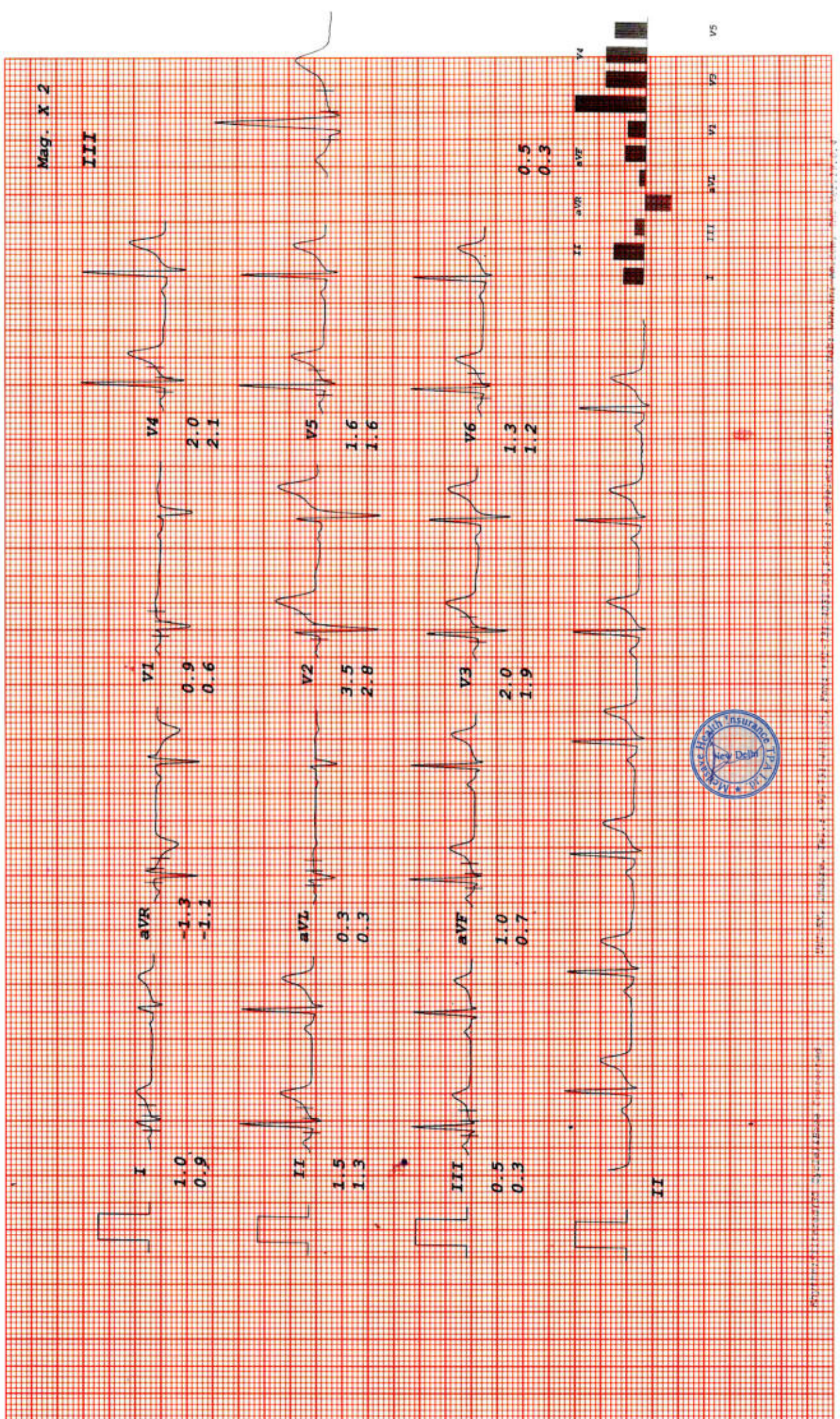
RATE 68bpm  
 B.P. 120/80

PRETEST  
 HYPERTENT

ST @ 10mm/mV  
 80ms PostJ

PHASE TIME 0:05

LINKED MEDIAI





# IRINE DIAGNOSTIC

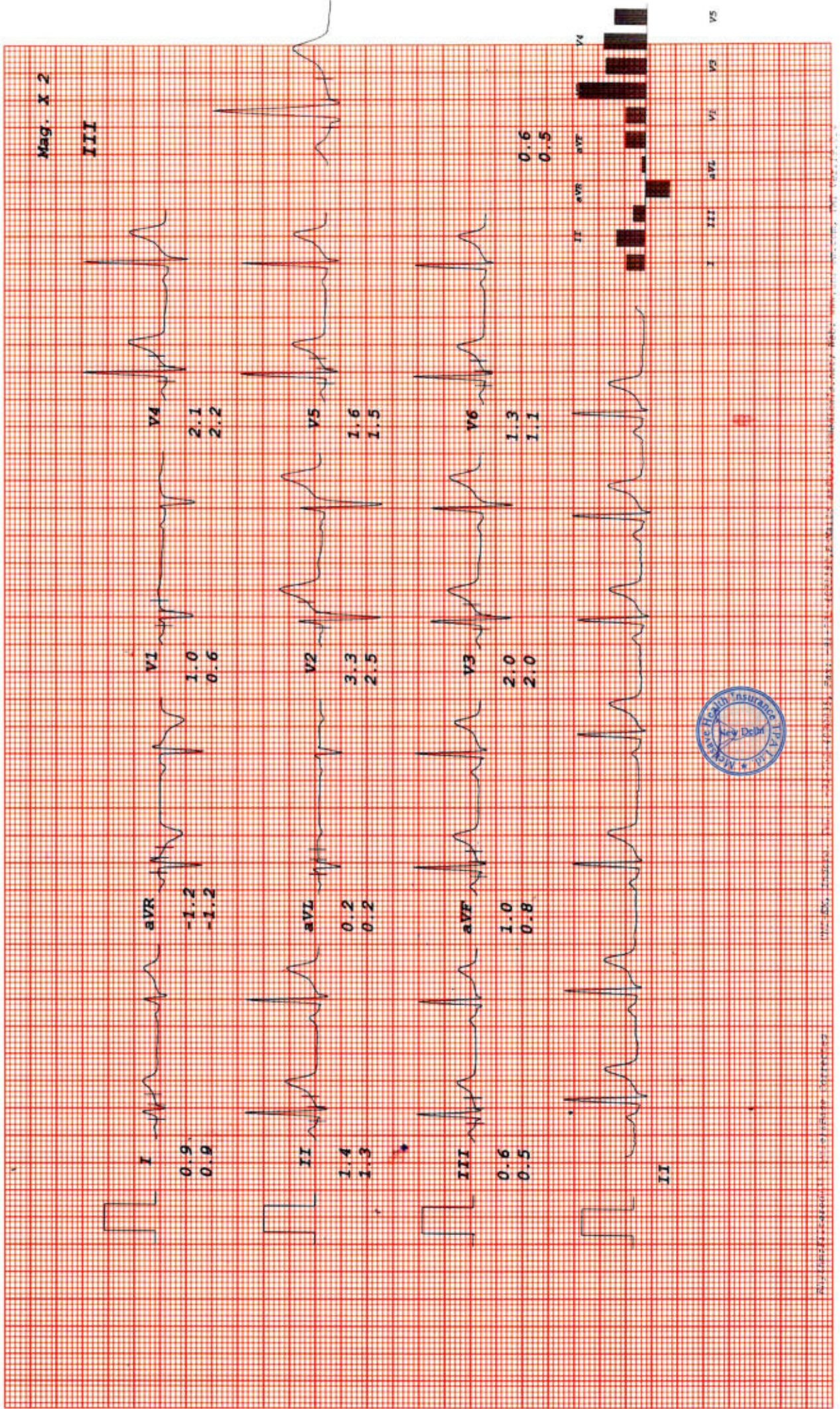
VIKAS TIWARI  
 I.D. IRINE241023  
 Age 39/M  
 Date 24/10/2024

RATE 68bpm  
 B.P. 120/80

PRETEST  
 VALSALVA

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAL



# IRINE DIAGNOSTIC

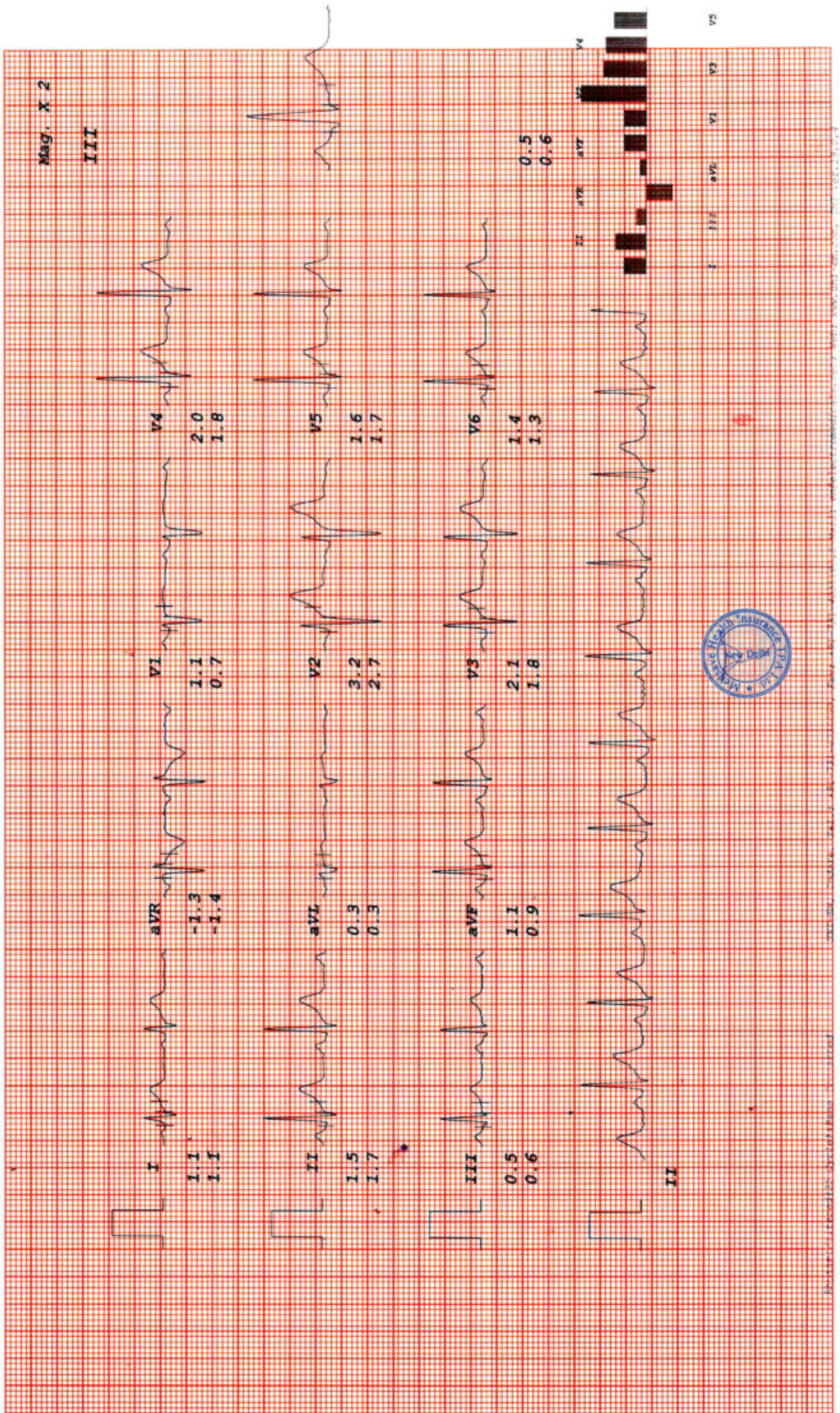
VIKAS TIWARI  
I.D. IRINE241023  
Age 39/M  
Date 24/10/2024

RATE 88bpm  
B.P. 120/80

PRETEST  
STANDING

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAL



# IRINE DIAGNOSTIC

VIKAS TIWARI  
 I.D. IRINE241023  
 Age 39/M  
 Date 24/10/2024

RATE 113bpm  
 B.P. 130/80

Bruce  
 Stage 1  
 TOTAL TIME 2:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10 %

LINKED MEDIAL

Mag. X 2

III

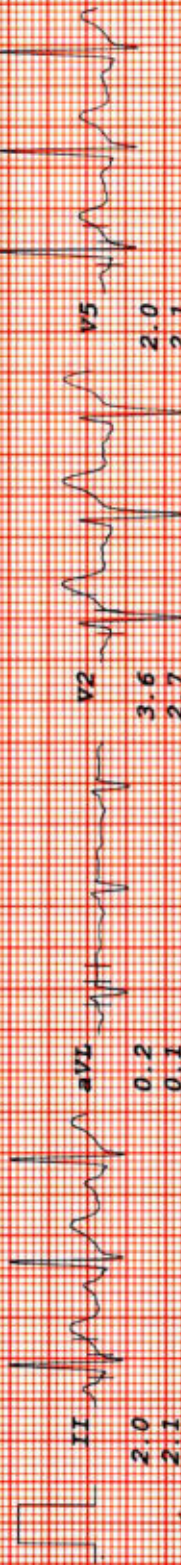


V4

2.5  
2.5

V1

1.0  
0.6



V5

2.0  
2.1

V2

3.6  
2.7

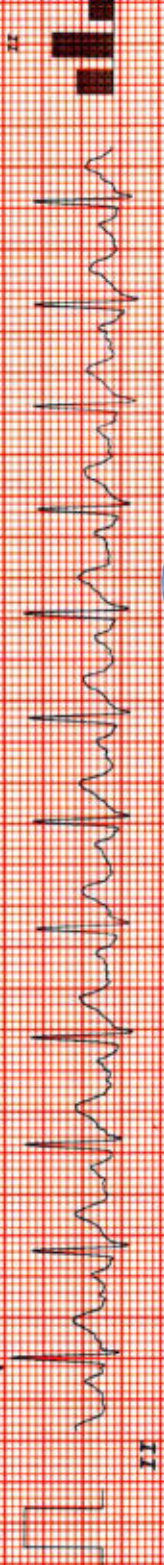


V6

1.6  
1.8

V3

2.6  
2.2



V4

0.8  
1.0

V4

0.8  
1.0

II



I II III aVR aVL aVF V1 V2 V3 V4 V5

# IRINE DIAGNOSTIC

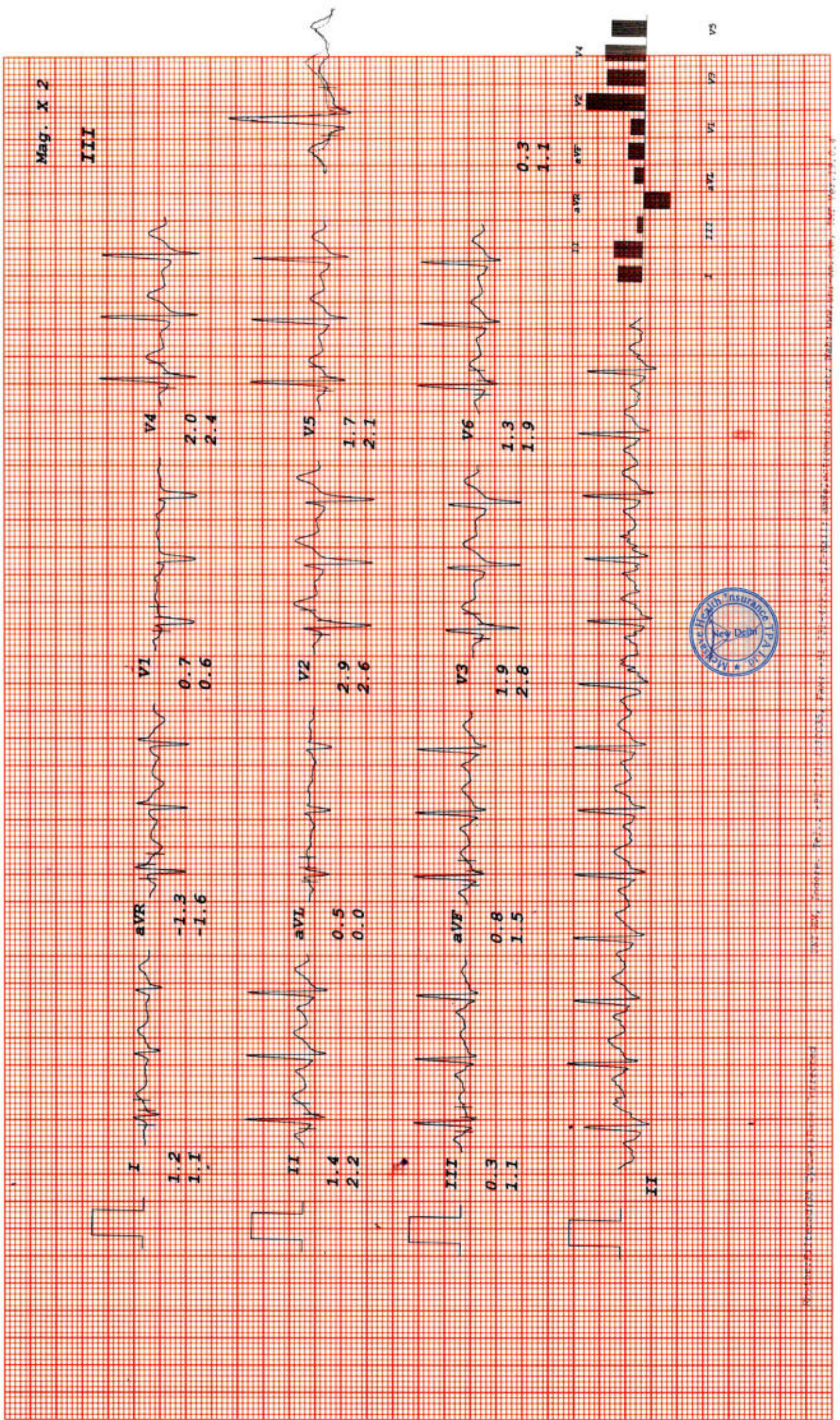
VIKAS TIWARI  
 I.D. IRINE241023  
 Age 39/M  
 Date 24/10/2024

RATE 122bpm  
 B.P. 134/86

Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 %

LINKED MEDIAL



# IRINE DIAGNOSTIC

VIKAS TIWARI  
 I.D. IRINE241023  
 Age 39/M  
 Date 24/10/2024

RATE 155bpm  
 B.P. 140/86

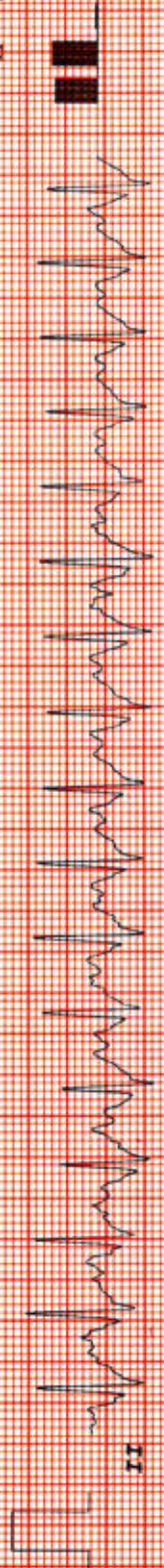
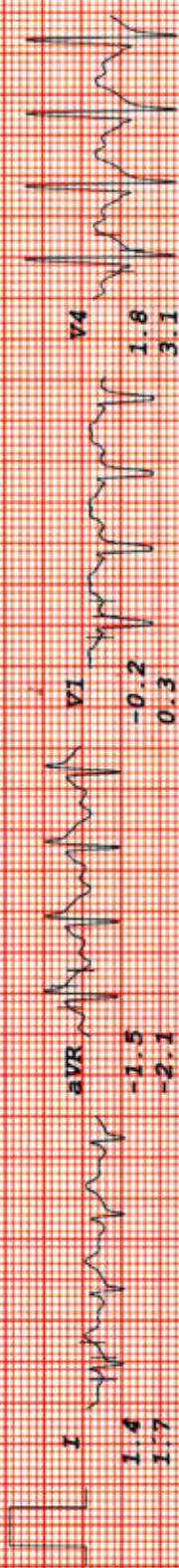
Bruce  
 Stage 3  
 TOTAL TIME 8:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 5.4 km/hr  
 SLOPE 14 %

LINKED MEDIAL

Mag. X 2

V1



# IRINE DIAGNOSTIC

VIKAS TIWARI  
 I.D. IRINE241023  
 Age 39/M  
 Date 24/10/2024

RATE 169bpm  
 B.P. 146/90

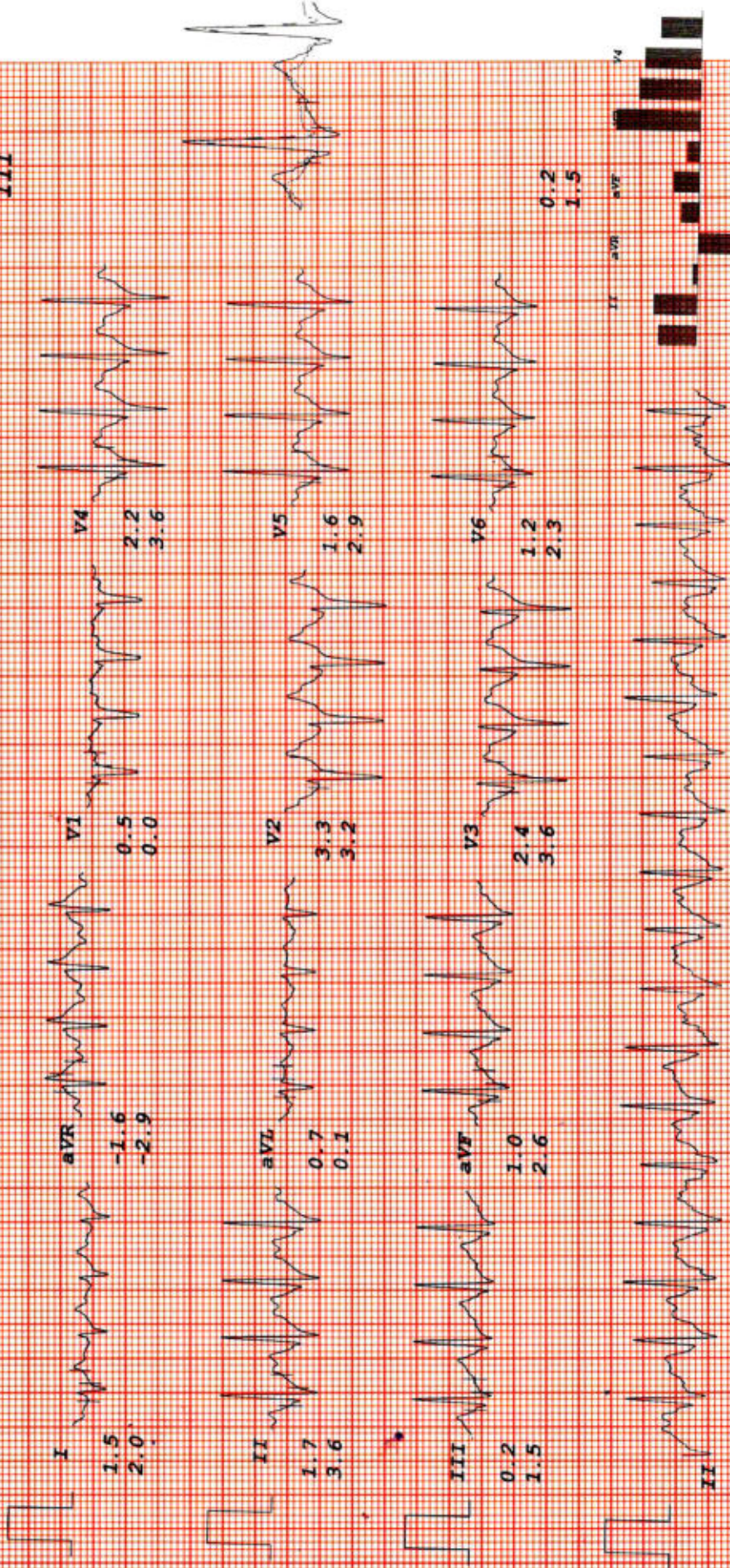
Bruce  
 PK-EXERCISE  
 TOTAL TIME 9:46  
 PHASE TIME 0:46

ST @ 10mm/mV  
 80ms PostJ  
 Speed 6.7 km/hr  
 SLOPE 16 %

LINKED MEDIAL

Mag. X 2

III



# IRINE DIAGNOSTIC

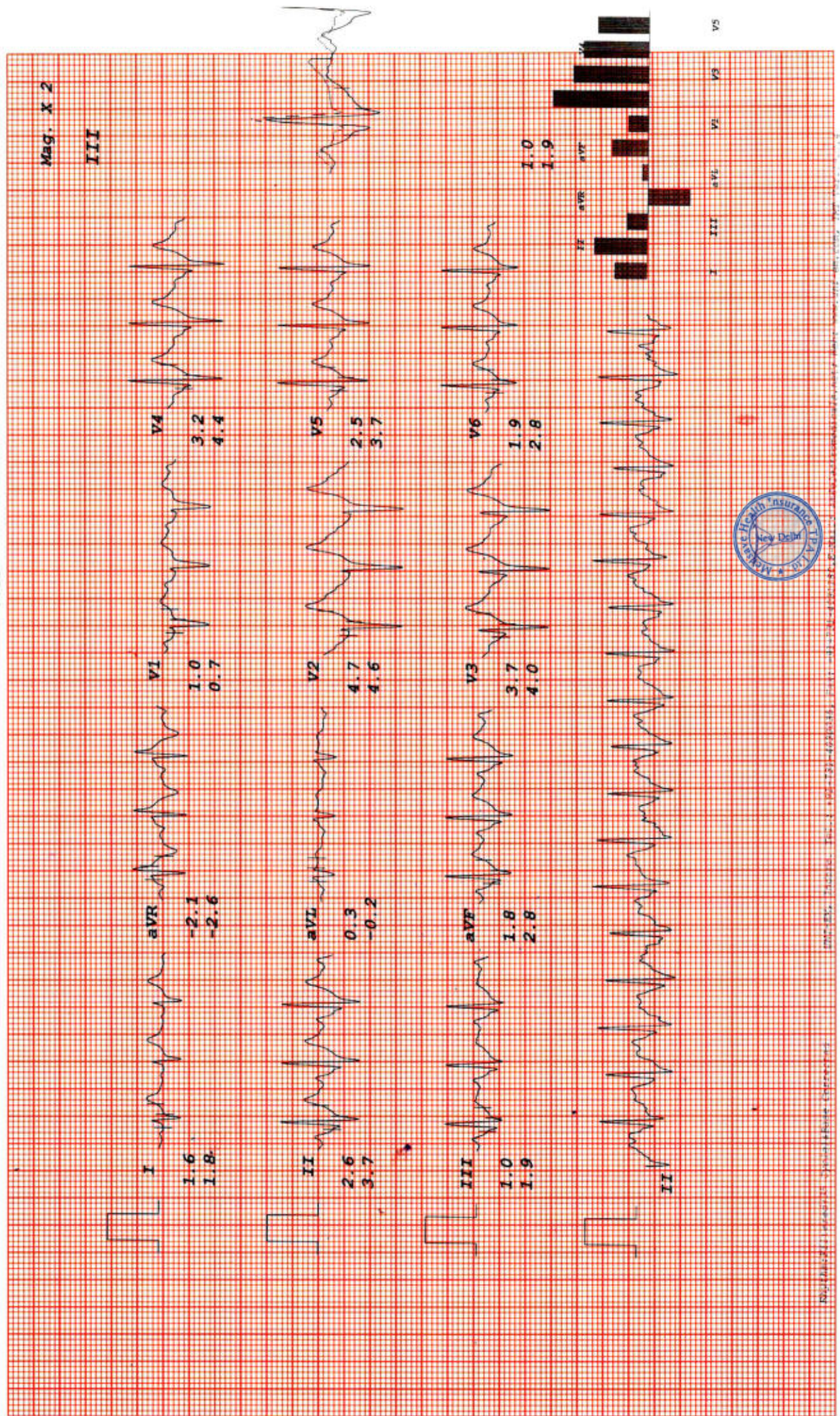
VIYAS TIWARI  
 I.D. IRINE241023  
 Age 39/M  
 Date 24/10/2024

Rate 132bpm  
 B.P. 146/90

Bruce  
 RECOVERY  
 TOTAL TIME 10:57  
 PHASE TIME 0:59

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAL



Registered Medical Diagnostic Centre  
 Reg. No. 100/179-180/2014, Part - II, Delhi  
 Reg. No. 100/179-180/2014, Part - II, Delhi

# IRINE DIAGNOSTIC

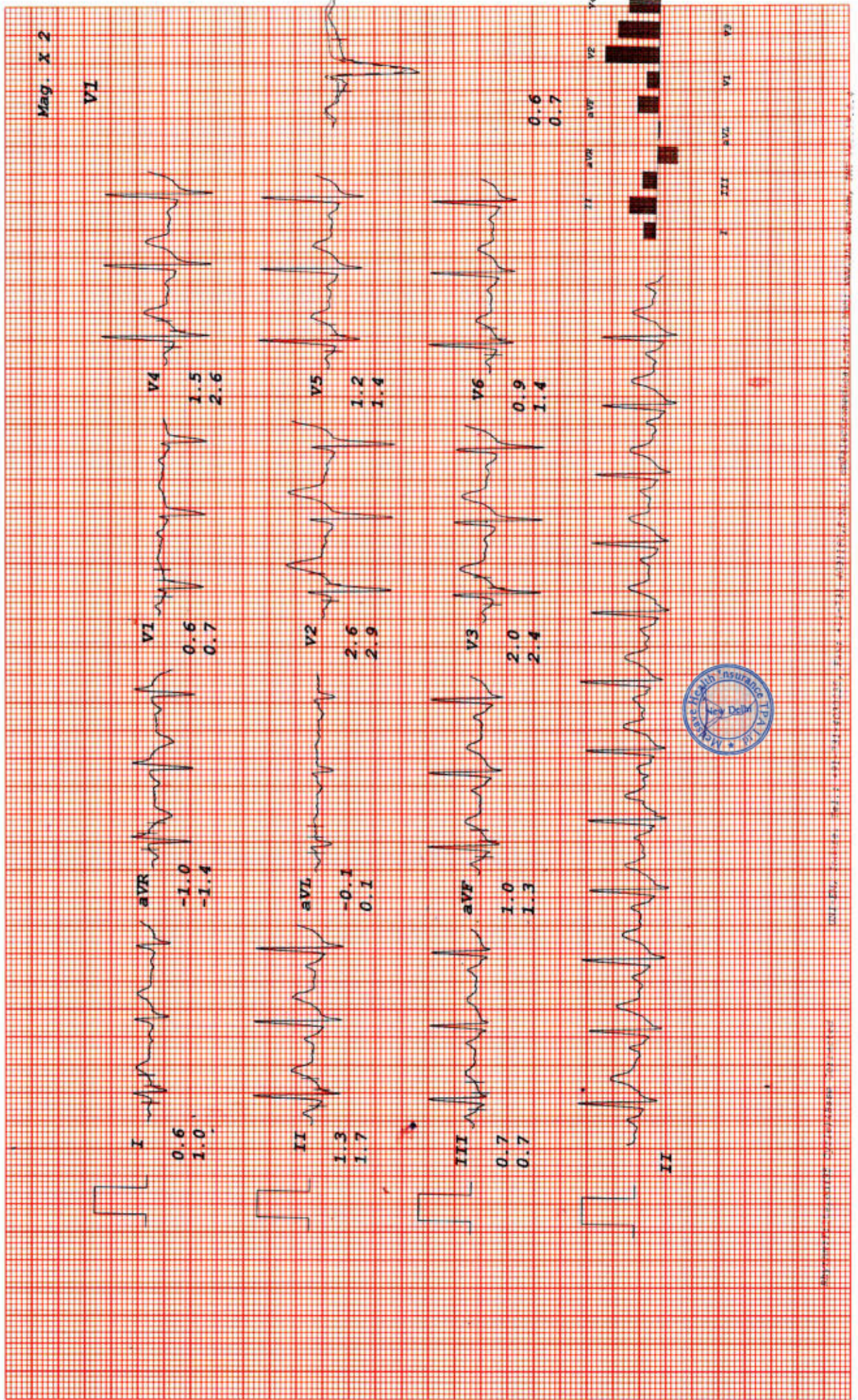
VIKAS TIWARI  
I.D. IRINE241023  
Age 39/M  
Date 24/10/2024

Rate 108bpm  
B.P. 136/84

Bruce  
RECOVERY  
TOTAL TIME 12:53  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAL





# IRINE DIAGNOSTIC

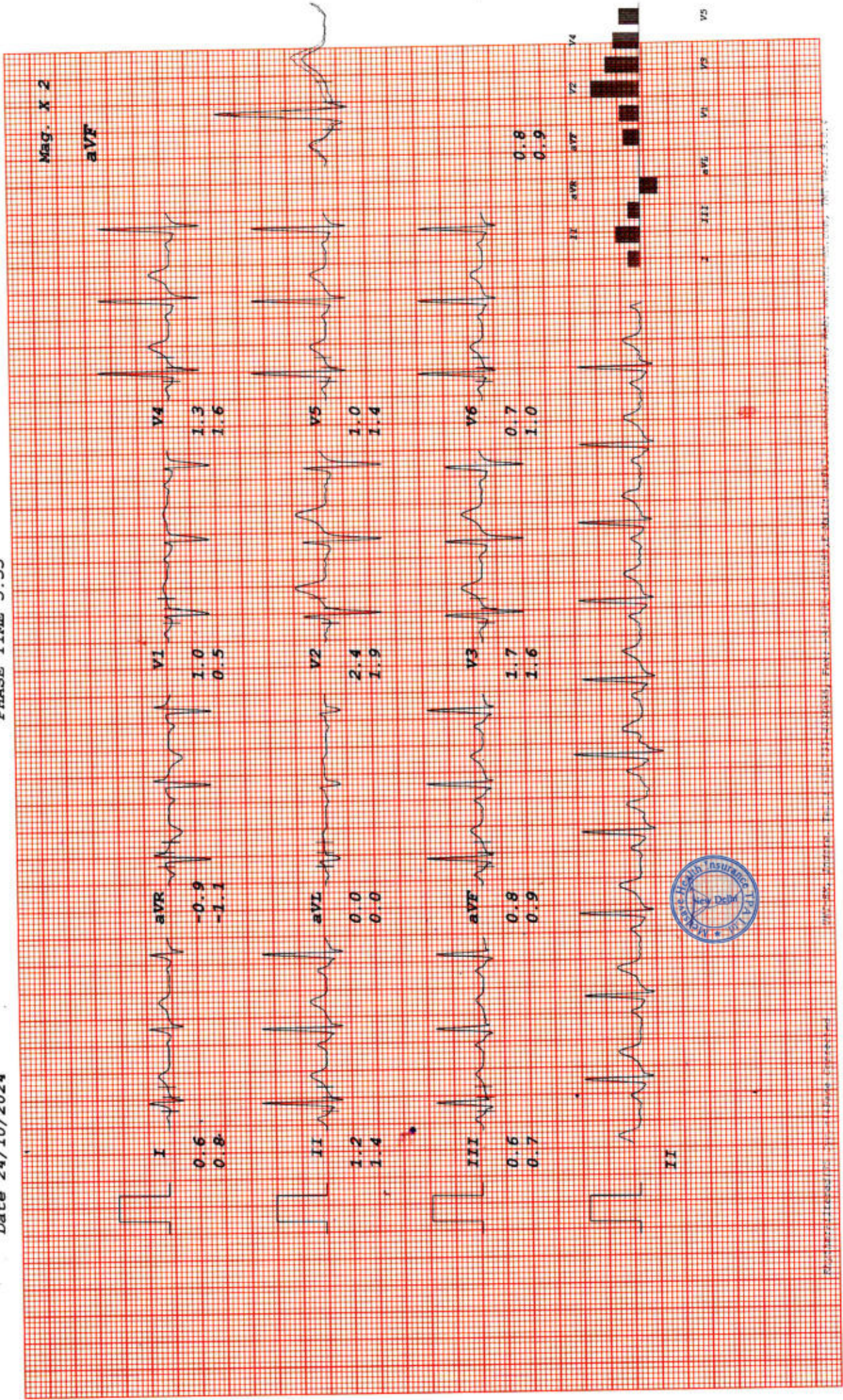
VIKAS TIWARI  
 I.D. IRINE241023  
 Age 39/M  
 Date 24/10/2024

RATE 103bpm  
 B.P. 124/80

Bruce  
 RECOVERY  
 TOTAL TIME 15:53  
 PHASE TIME 5:55

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAL



Report generated by: [unclear] Date: [unclear] Time: [unclear]