

Name : Mr. PRANAV PRAKASH MISHRA (47 /M)

Date : 16/11/2023

Address : MAHATMA NAGAR, NASHIK., NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by: Dr . SHEETAL KRIPLANI GUPTA

UHID : MHN1.0000155477

Package : MediWheel Full Body Health Checkup Male Above 40

AHC No : NSKAH36051



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints



## DRUG ALLERGY

NO KNOWN ALLERGY

:16/11/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



## Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No



## Personal history

Marital status - Married

No. of children - 1

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Active



## Family history

Coronary artery disease - none

Cancer - None

Liver problems - None

## PHYSICAL EXAMINATION



## General

General appearance - normal

Build - normal

Height - 176

Weight - 85  
BMI - 27.44  
Pallor - No  
Oedema - no



## Cardiovascular system

Heart rate (Per minute) - 82

Rhythm - Regular

- B.P. Supine

Systolic(mm of Hg) - 130

Diastolic(mm of Hg) - 70

Heart sounds - S1S2+

## Respiratory system

Breath sounds - Normal vesicular breath sounds



## Abdomen

Organomegaly - No

Tenderness - No

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### C B C WITH ESR (AUTOMATION + STANDARD METHOD)

Test Name	Result	Unit	Level	Range
Hemoglobin	16.9	g/dl	●	13.0-18.0
Haematocrit	51.1	%	●	39.0-54.0
RBC COUNT	6.46	Million/ ul	●	4.2-6.5
MCV	79	fl	●	75.0-95.0
MCH	26.1	pg	●	26.0-32.0
MCHC	33.1	g/dl	●	31.0-36.0
RDW	16.4 *	%	●	11-16
Platelet Count(Optical/Impedance)	229	10 <sup>9</sup> /m m <sup>3</sup>	●	140-440
TLC Count	10.5	10 <sup>9</sup> /m m <sup>3</sup>	●	4.0-11.0
Neutrophils	71	%	●	45-75
Lymphocytes	22	%	●	20-45
Eosinophils	01	%	●	1-6
Monocytes	06	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	3	mm/1st hr	●	0-10

### BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	51	U/L	●	30-65
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.5	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.3		●	1.1-1.8

ALKALINE  
PHOSPHATASE -  
SERUM/PLASMA 98 U/L ● 0-100

AST (SGOT) - SERUM 45 \* U/L ● 15-37

BILIRUBIN, TOTAL -  
SERUM 0.7 mg/dL ● 0.0-1.0

### CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.8	mg/dL	●	0.8-1.3

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	34	U/L	●	0-50

### GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	312 *	mg/dL	●	70-140

### GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	8.8 *	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	235.9800	mg/dL		

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	8.0	g/dL	●	6.4-8.2

### THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	148	ng/dL	●	Healthy Adults: 69 - 215

● Within Normal Range    ● Borderline High/Low    ● Out of Range

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TOTAL T4: 7.87 µg/dL ● Healthy Adults:5.2-12.7

TSH: THYROID STIMULATING HORMONE - SERUM 1.67 uIU/mL ● Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75

#### UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	16	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	7	mg/dL	●	7-18

#### URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.8	mg/dL	●	3.5-7.2

#### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.5	mg/dL	●	0.0-0.7

#### PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)	0.57	ng/mL	●	0.16-1.7

#### CARDIAC STRESS TEST - (TMT)

#### EKG

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Haematology

STOOL ROUTINE

URINE ROUTINE (CUE)

#### Biochemistry

GLUCOSE - SERUM / PLASMA (FASTING)

LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL)

TRIGLYCERIDES - SERUM

CHOLESTEROL - SERUM / PLASMA

HDL CHOLESTEROL - SERUM / PLASMA

#### Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

#### X Ray

X-RAY CHEST PA

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**Printed By** :

**Dr. SHEETAL KRIPLANI GUPTA**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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## AICVD RISK SCORE REPORT

### RISK STATUS

Moderate Risk

### YOUR SCORE

7

### ACCEPTABLE SCORE

6

**Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**