

Name : Mrs. TINKU THAKUR (48 /F)

Date : 15/03/2024

Address : SHANTINAGAR, SCHOOLPARA, PO-NONACHANDANPUKUR, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by :

UHID : AGHL.0001517736

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK

AHC No : AMHLAH199997



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Thyroid disorder, Heart
disease, Stroke, Asthma
Hypertension Since - 1 yr; Medication -
regular
Dyslipidaemia Since - 1 yr; Medication -
regular



DRUG ALLERGY

NO KNOWN ALLERGY :16/03/2024
Nil. :15/07/2019



SYSTEMIC REVIEW

Cardiovascular system

Breathing difficulty - yes; Exacerbated by - moderate
exertion; Palpitation - yes; Exacerbated by -
moderate exercise

Respiratory system

Sneezing - yes; Exacerbated by - dust; Cough -
occasional

Gastrointestinal system

Appetite - normal; Symptoms - acidity, bloating;
Bowel habits - regular; Piles - no; Hernia - no

Genitourinary system

- Nil Significant

Gynaec history

No of Children - 2; Deliveries - normal vaginal
delivery; Hysterectomy with bilateral
salpingo-oophorectomy - 2017

Eyes

Vision - normal with glasses

ENT

- Nil Significant

Musculoskeletal system

Spine and joints
Polyarthralgia - yes

Skin

- Nil Significant



Present medications

- names not known



Past medical history

Do you have any - No
allergies?

Do you have any drug - No
allergies?

Covid 19 - No



Surgical history

Cholecystectomy - 2005

Hysterectomy with - 2017

Bilateral

Salpingo-Oophorectom

y



Personal history

Marital status - Married

No. of children - 2

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



Family history

Father - alive

Mother - alive

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Brothers - 1
Sisters - 1
Diabetes - father
Hypertension - father
Coronary artery disease - father
Cancer - None

Ophthalmology findings

- PGVA:RE:6/12P LE:6/12P
BCVA:RE:N8P LE:N8P
OCULAR MOVEMENT:WNL
ANT.SEG:EARLY
CHANGES(RE>LE)
ACCPT: SPECTACLE PWR
RE:-1.00/-0.25X85*(6/9P)
LE:-0.75X95*(6/9P)
ADD(BE):+2.25DSPH(N6)
ADVICE:**Glass Rx.*Detail
dilated Funduscopy*Review
after 1yr/SOS

PHYSICAL EXAMINATION



General

Build - obese
Height - 153
Weight - 81
BMI - 34.6
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 88
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 118
Diastolic(mm of Hg) - 92
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Skin

- No significant finding

Ophthalmology consultation

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.0	g/dl	●	12.0-15.0
RBC COUNT	4.22	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	36.4	%	●	36-46
MCV	86.4	fl	●	83-101
MCH	28.5	pg	●	27-32
MCHC	32.9	%	●	31.5-34.5
RDW	14.9 *	%	●	11.8-14.0
WBC Count	6300	/cu mm	●	4000-10000
Platelet Count	1.56	lacs/cu mm	●	1.5-4.0
Neutrophils	64	%	●	40-80
Lymphocytes	30	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	23 *	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.020			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	4-6	/hpf		
Epithelial Cells	6-8	/h.p.f /hpf		

Casts: Not Found

Crystals: Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	36 *	U/L	●	0-35
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	80	U/L	●	33-98

AST (SGOT) - SERUM	31	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	1.2	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	113	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 12 U/L ● 0-38

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.61 ng/ml ● 0.87-1.78

TOTAL T4: THYROXINE - SERUM 9.43 µg/dL ● 5.48-14.28

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 101 * mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 166 * mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 125 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 1.31 µIU/mL ● 0.38-5.33

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 4.7 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 5.6 mg/dL ● 2.4-5.7

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.2 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 41 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 53 mg/dL ● 0-100
VLDL CHOLESTEROL - SERUM (Calculated) 19 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 9.1 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.5 ● 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.3 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 2.9 g/dL ● 1.8-3.6

BUN/CREATININE RATIO

Test Name Result Unit Level Range
BUN/CREATININE RATIO 11.37

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

PAP SMEAR /CERVICAL SMEAR

Ref No: AG01.C2402290
SPECIMEN TYPE: Vault smear (Papanicolaou stain) x 1

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SPECIMEN ADEQUACY:

Satisfactory for evaluation

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy with
Bacterial vaginosis

ECG

SINUS RHYTHM.

NONSPECIFIC T WAVE CHANGES.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE
MYOCARDIAL ISCHAEMIA.

X-RAY CHEST PA

* Chest skiagram does not reveal any significant
abnormality.

Dr. PARTHA LODH

DMRD

Reg. No. 49816 (WBMC)

X-RAY MAMMOGRAPHY BILATERAL (MHC)

Ultrasound Radiology

ULTRASOUND SCREENING WHOLE ABDOMEN



Within Normal Range



Borderline High/Low



Out of Range

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AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

High Risk

YOUR SCORE

15

ACCEPTABLE SCORE

5

Your likelihood of developing cardiovascular disease in the next ten years is 1.6 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 3 months** if you have:
 - Uncontrolled high blood pressure
 - Diabetes
 - Dyslipidemia
 - Coronary heart disease
- You will be referred to a **cardiologist**.

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515