



Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd) F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

Email: wellness@mediwheel.in, Website: www.mediwheel.in

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that <u>Mr. Prateek Agarwal</u> aged, <u>35yrs.</u> Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

Place: Mohali

Date: 25/04/2024

Dr. Nitesh Kumar MBBS MR 47093

Name & Signature of

Medical officer



Laboratory Report

Patient Name: MR SITARAM AHIRWAR

Age/Gender : 31 Yrs/Male

Ref. Dr. : Dr. APOLLO CLINIC

Center : CMH OPD

Registration Date : 04/11/2024 01:19 PM

Report Date : 05/11/2024 10:14 AM

: 04/11/2024 01:21 PM

HAEMATOLOGY REPORT

Collection Date

1	est Description	Result	Unit	Biological Reference Ranges
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BLOOD GROUP AND RH FACTOR

ABO Type O

Rh Factor POSITIVE(+VE)

BIOCHEMISTRY REPORT

Test Description	Result	Unit	Biological Reference Ranges
Post-Prandial Blood Sugar	125.3	mg/dl	70 - 140
Method : GOD-POD			
Interpretation:-			
Normal: 70-140 Impaired Glucose Tolerance:140-200			
Diabetes mellitus: >= 200			
(on more than one occassion)			
BILIRUBIN-SERUM			
Total Bilirubin-Serum	0.79	mg/dl	0.2 - 1.2
Direct Bilirubin-Serum	0.16	mg/dl	0.0 - 0.3
Indirect Bilirubin-Serum	0.6	mg/dl	0.2 - 0.8
Method : DIAZO			







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BLOOD UREA 24.5 mg/dl 15 - 45 BUN 11 7 - 21

Method: Calculated
Clinical Significance:

Urea Nitrogen (BUN) - Urea is the principle waste product of protein catabolism. BUN is most commonly measured in the diagnosis and treatment of certain renal and metabolic diseases. Increased BUN concentration may result from increased production of urea due to

- (1) diet or excessive destruction of cellular proteins as occurs in massive infection and fevers,
- (2) reduced renal perfusion resulting from dehydration or heart failure,
- (3) nearly all types of kidney disease, and
- (4) mechanical obstruction to urine excretion such as is caused by stones, tumors, infection, or stricture. Decreased urea levels are less frequent and occur primarily in advanced liver disease and in overhydration.

Serum-Creatinine 0.83 mg/dL

Method: Enzymatic

Interpretation

The primary use of a creatinine test is to better understand how well the kidneys are working. A measurement of creatinine can be employed for screening, diagnosis, and/or monitoring of kidney problems.

SGPT (ALT)- Serum

30.7

unit/L

5 - 45

0.4 - 1.50

Method: IFCC
Clinical Significance

Alanine Aminotransferase (ALT) (REFL) - Alanine Aminotransferase (ALT) measurements are particularly useful in the diagnosis and management of certain liver diseases, e.g., viral hepatitis and cirrhosis. ALT activity in tissue is generally much lower than aspartate aminotransferase (AST) activity and is found in highest concentrations in the liver. Significant elevations of ALT occur only in diseases of the liver. ALT is often measured in conjunction with AST to determine whether the source of the AST is the liver or the heart. ALT is normally not elevated in cases of myocardial infarction, i.e., a normal ALT, in conjunction with an elevated AST, tends to suggest cardiac disease. However, slight elevations of ALT may occur if an infarct destroys a very large volume of heart muscle.





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CLINICAL BIOCHEMISTRY REPORT

Collection Date

Test Description	Result	Unit	Biological Reference Ranges
Fasting Blood Sugar	85.4	mg/dl	Normal: 70-110
Method: GOD-POD			Impaired Fasting Glucose(IFG):
			100-125

Diabetes mellitus: >= 126

Note:- An individual may show higher fasting glucose level in comparison to post prandial glucose level due to following reasons. The glycaemic index and response to food consumed, Changes in body composition, Increased insulin response and sensitivity, Alimentary hypoglycemia, Renal glycosuria, Effect of oral hypoglycaemics & Insulin treatment.

PATHLABS







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URINE EXAMINATION REPORT

ription Result Unit		Biological Reference Ranges
Pale Yellow		Pale Yellow
Clear		Clear
Absent		Absent
Acidic		5.0-8.5
1.025		-1.005-1 <mark>.03</mark> 0
Absent		Absent
NIL		NIL
Normal		Normal
Negative		Negative
NIL	/hpf	NIL
2-4	/hpf	0-5/hpf
1-2	/hpf	0-4/hpf
Absent		Absent
Not Seen		Not Seen
Absent		Absent
Not seen		Not seen
Not seen		Not seen
	Pale Yellow Clear Absent Acidic 1.025 Absent Absent Absent Absent NIL Normal Negative NIL 2-4 1-2 Absent Not Seen Absent Not seen	Pale Yellow Clear Absent Acidic 1.025 Absent Absent Absent Absent NIL Normal Negative NIL /hpf 2-4 /hpf 1-2 /hpf Absent Not Seen Absent Not seen

Note: 1. Chemical examination through Dipstick includes test methods such as Protein (Protein Error Principle), Glucose (Glucose oxidase-Peroxidase), Ketone (Legals Test), Bilirubin (Azo- Diazo reaction), Urobilinogen (Diazonium ion Reaction) Nitrite (Griess Method).. 2. Pre-test conditions to be observed while submitting the sample- First void, mid-stream urine, collected in a clean, dry, sterile container is recommended for routine urine analysis, avoid contamination with any discharge from the vaginal, urethra, perineum, as applicable, avoid prolonged transit time & undue exposure to sunlight.







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Test Description	Result	Unit	Biological Reference Ranges		
COMPLETE BLOOD COUNT					
Haemoglobin	14.4	gm/dL	12.0 - 16.0		
RBC Count	5.29	mil/cu.mm	4.00 - 5.50		
Hematocrit HCT	44.4	%	40.0 - 54.0		
Mean Corp Volume MCV	83.9	fL	80.0 - 100.0		
Mean Corp Hb MCH	27.2	pg	27.0 - 34.0		
Mean Corp Hb Conc MCHC	32.4	gm/dL	32.0 - 36.0		
Platelet Count	2.21	lac/cmm	1.50 - 4.50		
Total WBC Count /TLC	6.8	10^3/cu.mm	4.0 - 1 <mark>1.0</mark>		
DIFFERENTIAL LEUCOCYTE COUNT					
Neutrophils	70	%	40 - 70		
Lymphocytes	25	%	20 - 40		
Monocytes	03	%	02 - 10		
Eosinophils	02	%	01 - 06		
Basophils	00	%	00 - 01		
Absolute Differential Count					
Absolute Neutrophils Count	4.8	thou/mm3	2.00 - 7.00		
Absolute Lymphocyte Count	1.7	thou/mm3	1.00 - 3.00		
Absolute Monocytes Count	0.2	thou/mm3	0.20 - 1.00		
Absolute Eosinophils Count	0.1	thou/mm3	0.02 - 0.50		

EDTA Whole Blood - Tests done on Automated Three Part Cell Counter. (WBC, RBC Platelet count by impedance method, WBC differential by VCS technology other parameters calculated) All Abnormal Haemograms are reviewed confirmed microscopically.







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Test Description	Result	Unit	Biological Reference Ranges
ESR - ERYTHROCYTE SEDIMENTATION RATE	08	mm/hr	0 - 09

Method: Wintrobes

INTERPRETATION:

- 1. It indicates presence and intensity of an inflammatory process, never diagnostic of a specific disease. Changes are more significant than a single abnormal test.
- 2. It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis, polymyalgia rheumatica.
- 3. It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

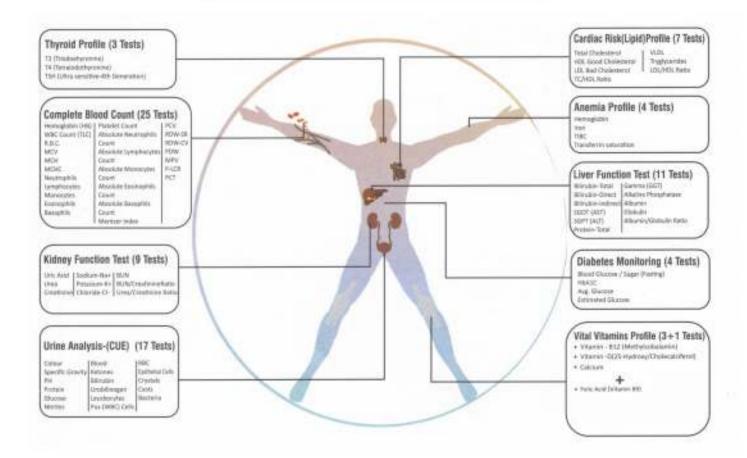
**** End of the report****

This report is not valid for medico legal aspects. This is just a professional opinion not the fin<mark>al.</mark> Kindly correlate clinically because of technical, lack of clinical information and physical findings, if any disparity noted please inform.





BODY CARE



CONDITIONS OF REPORTING

- Individual laboratory investigations should not be considered as conclusive and should be used along with other relevant clinical examinations to achieve the final diagnosis. Therefore these reported results are for the information of referring clinician only
- The values of a laboratory investigation are dependent on the quality of the sample as well as the assay procedures used. Further
 all samples collected outside Citi Pathlabs labs / patient centers are required to be prepared, stored, labelled and brought as per
 the guidelines of Citi Pathlabs. Citi Pathlabs cannot be held liable for incorrect results of any samples which are not as per the
 guidelines issued
- Electronic images in the report are created by electronic processing. Citi Pathlabs makes no expressed or implied warranties
 or representations with respect to it and takes no responsibility for the authenticity, quality and size of the image, affected
 possibly due to a computer virus or other contamination.
- 4. Citi Pathlabs confirms that all tests have been carried out with reasonable care, clinical safety & technical integrity A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results B. The test results are to be used for help in diagnosing / treating medical diseases & not for forensic applications. Hence these results cannot be used for medico-legal purposes
- Partial representation of report is not allowed.
- All dispute / claims concerning to this report are subject to Bhopal jurisdiction only.

For Any Enquiry

Citi Pathlabs Flat No. 004, Shivaay South City Complex, Phase-2, G-3 Gulmohar Colony, Bhopal (M.P.) citipathlabs@gmailcom 9454786340, 9407658222

MER- MEDICAL EXAMINATION REPORT

Date of Examination	० भ - ११ - २ वर्गम		
NAME	STORAH ARIROGA		
AGE	TAIL CONTRACT		
HERBET(cm)	119		
BOR.	130/80		
ECG	(EIN)		
X Ray	Hasimal		
Vision Checkup	Color Vision : National Far Vision Ratio : NO		
	Near Vision Ratio : 510		
Progent Affinests	No Any Prosent Ailment's No Any Post Ailment's. He is Physically Pit.		
Details of Past allowerts (If Any)	No Any Post- Ailment's.		
omments / Advice : She / Le is Physically Fit	He 28 Physically Pit.		

Dr. Sabyasachi Gupta MBSS (Gish Madalist) W (1866) RPGP (UK) Reg No. 11671

Signature with Stamp of Medical Examiner

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination Stanam Alman on officer After reviewing the medical history and on clinical examination it has been found Tick that he she is Medically Fit Fit with restrictions/recommendations Fhough following restrictions have been revealed, in my opinion, these are not impediments to the job. 2..... However the employee should follow the advice/medication that has been communicated to him/her. Review after Currently Unfit. 1/4 recommended Review uller_ M Unfit MBBS (Gold Madelist) MD (Med.) RPGP (UK) The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes



Phone No. 9785 4280454

Mobile No. 7771008668.8319214894, 9303135719



Patient Name : MR. SITARAM AHIRWAR		Age /sex : 31 Y/M	
The state of the s	INE	Date	04.11.2024
Referred .By:	INS		

X-RAY CHEST PA VIEW

- Bilateral Lungs Fields Appear Clear .
- Bilateral Hilar Shadows Appear Clear .
- Bilateral CP Angels Appear Clear .
- Both The Domes of Diaphragm Appear normal in Shape and position
- Visualized bony cage and soft tissue appear normal.

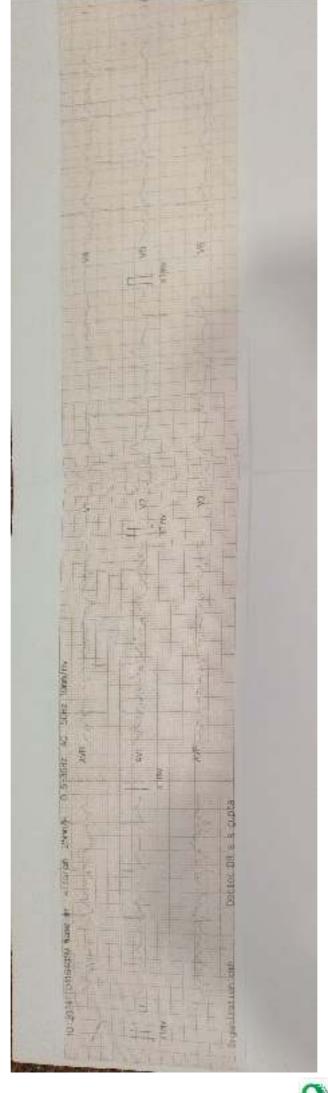
IMPRESSION

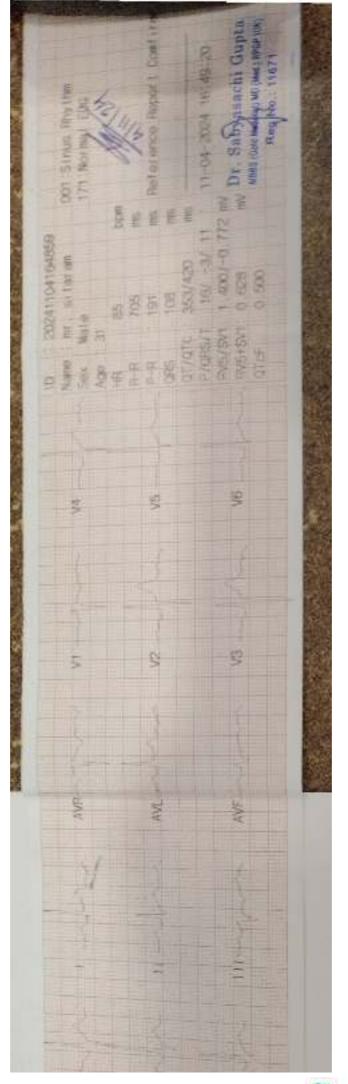
NO Significant Abnormality Seen.

Dr. DADHANIA PRINALBEN MD RADIODIAGNOSIS CONSULTANT RADIOLOGIST

Empanelled with : State Government, M.P.Police, ESIC, HPCL, Punjab National Bank, Indian Bank Food Corporation of India, Ayushman Bharat







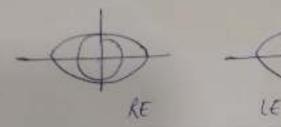




MR SITARAM AHIRWAR 317/M

04/11/24

No complaint



- Both The eyes have naimal of husion.
- No icalare blirdress
- No watery discharge on any eye
- No itching

impanelled with : State Government, M.P.Police, ESIC, HPCL, Punjab National Bank, Indian Bank Food Corporation of India, Ayushman Bharat

