

Gmail

Health Check Up NMH <healthcheckup.nmh@gmail.com>

Health Check up Booking Confirmed Request(bobE53558),Package Code-PKG10000241, Beneficiary Code-46811

1 message

7 March 2024 at 19:29

Mediwheel <wellness@mediwheel.in>
To: healthcheckup.nmh@gmail.com
Cc: customercare@mediwheel.in



011-41195959

Email:wellness@mediwheel.in

Hi Narayan Memorial Hospital,

Diagnostic/Hospital Location :601, Diamond Harbour Rd, Manton, Behala, Kolkata - 700034
.City:Kolkata

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000241

Beneficiary Name : MR. KUMAR SHIV

Member Age : 35

Member Gender : Male

Member Relation : Employee

Package Name : Medi-Wheel Metro Full Body Health Checkup Female Below 40

Location : KOLKATA,West Bengal-700091

Contact Details : 9996370964

Booking Date : 22-02-2024

Appointment Date : 09-03-2024

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
 2. It is advisable not to undergo any Health Check during menstrual cycle.
- We request you to facilitate the employee on priority.

भारत सरकार
Government of India

शिव कुमार
Shiv Kumar
जन्म तिथि / DOB : 30/12/1985
पुरुष / Male



6548 1879 2536

मेरा आधार, मेरी पहचान

Shiv Kumar

आधार
Unique Identification Authority of India

पता:
S/O: गोपाल दाम, 1817/11, मोती
नगर, अम्बाला सिटी, अम्बाला सिटी,
अम्बाला, हरियाणा, 134003

Address:
S/O: Gopal Dass, 1817/11, Moti
Nagar, Ambala City, Ambala City,
Ambala, Haryana, 134003

6548 1879 2536

1947

help@uidai.gov.in

www.uidai.gov.in

Narayan Memorial Hospital

(A Unit of Narayan Health Services Pvt. Ltd.)

CIN No. : U85110WB2005PTC104884

GSTIN No. : 19AACCN1707E1ZS



DIAGNOSTICS REPORT

Patient Name	: Mr. SHIV KUMAR	Order Date	: 09/03/2024 09:22
Age/Sex	: 38 Year(s)/Male	Report Date	: 09/03/2024 14:34
UHID	: NMHK.2308818	Facility	: NARAYAN MEMORIAL HOSPITAL
Ref. Doctor	:	Mobile	: 9996370964
Address	: FLAT -7, SHREERUM ESTATE, BEHALA, Kolkata, West Bengal, 700008		

CHEST X-RAY REPORT OF PA VIEW

Lung fields are clear. No focal parenchymal opacity is seen.

No appreciable pleural thickening / calcification is noted.

Costo-phrenic angles are normal.

Cardiac shadow appears normal.

Bilateral hilar shadows are normal.

No obvious bony abnormality is seen.

Dr. Arun Kumar Mazumder

MBBS, MD (Radiodiagnosis)

RegNo: WBMC 48861

Registered Office :
582, Diamond Harbour Road
Behala, Kolkata - 700 034

Corporate Office :
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Ph : 033 68400411 Fax : +91 62921 55511 E-mail : contact@nmh.org.in

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DIAGNOSTICS REPORT

Patient Name	: Mr. SHIV KUMAR	Order Date	: 09/03/2024 09:22
Age/Sex	: 38 Year(s)/Male	Report Date	: 10/03/2024 12:28
UHID	: NMHK.2308818	Facility	: NARAYAN MEMORIAL HOSPITAL
Ref. Doctor	:	Mobile	: 9996370964
Address	: FLAT -7, SHREERUM ESTATE, BEHALA, Kolkata, West Bengal, 700008		

USG REPORT OF WHOLE ABDOMEN (SCREENING)

LIVER : Liver is normal in size. **Parenchymal echogenicity is raised.** Intrahepatic biliary radicles are not dilated. No focal mass lesion is seen.

PORTA :PV : Normal. PV measures 1.0 cm.
CD : Normal . CD measures 0.5 cm.

GALL BLADDER :Gall bladder is normal in size, contour, outline and position. No calculus is seen. Wall thickness is normal.

PANCREAS :Pancreas is normal in size and parenchymal echogenicity. Pancreatic duct is not dilated.

SPLEEN :Spleen is not enlarged and parenchyma shows normal homogeneous pattern.

KIDNEYS :Both kidneys are normal in size, shape, outline, position and parenchymal echogenicity. Corticomedullary differentiation maintained. No evidence of any calculus/ mass / hydronephrosis is seen. Right kidney measures : 9.6 cm & Left kidney measures : 9.7 cm.

URINARY BLADDER : Urinary bladder is normal in contour, outline and distension. No vesical lesion is seen.

PROSTATE : Prostate is normal size, outline and echotexture appear normal. No focal lesion is seen. Prostate measures 3.1 cm x 3.8 cm x 2.6 cm. It weight approx 16 gm.



DIAGNOSTICS REPORT

Patient Name	: Mr. SHIV KUMAR	Order Date	: 09/03/2024 09:22
Age/Sex	: 38 Year(s)/Male	Report Date	: 10/03/2024 12:28
UHID	: NMHK.2308818	Facility	: NARAYAN MEMORIAL HOSPITAL
Ref. Doctor	:	Mobile	: 9996370964
Address	: FLAT -7, SHREERUM ESTATE, BEHALA, Kolkata, West Bengal, 700008		

PERITONEUM : : No free fluid is noted.

RETROPERITONEUM : IVC and aorta appear normal. No lymphadenopathy is seen.

IMPRESSION : Mild fatty changes in liver.

Dr. MADHUSHREE RAY NASKAR
MBBS, DMRD

Consultant Radiologist

RegNo: 57032

Narayan Memorial Hospital

(A Unit of Narayan Health Services Pvt. Ltd.)

CIN No. : U85110WB2005PTC104884

GSTIN No. : 19AACCN1707E1ZS



LABORATORY INVESTIGATION REPORT

Patient Name : Mr. SHIV KUMAR	Age/Sex : 38 Year(s) / Male
UHID : NMHK.2308818	Order Date : 09/03/2024 09:22
Episode : OP	Mobile No : 9996370964
Ref. Doctor : NMH	DOB : 01/01/1986
Address : FLAT -7, SHREERUM ESTATE , BEHALA ,Kolkata,W est Bengal ,700008	Facility : NARAYAN MEMORIAL HOSPITAL

Hematology

INVESTIGATION	RESULTS	UNITS	BIOLOGICAL REF RANGE
Sample No : 07H0165654	Collection Date : 09/03/24 10:24	Ack Date : 09/03/2024 11:10	Report Date : 09/03/24 15:36

BLOOD GROUPING & Rh TYPING

SAMPLE : EDTA BLOOD

BLOOD GROUP : 'O'

Method - Agglutination forward & Reverse

RH TYPE : POSITIVE

COMPLETE HAEMOGRAM (CBC)

SAMPLE : EDTA BLOOD

HAEMOGLOBIN (HB)	16.0	gm/dl	13 - 17
Method - Colorimetric method (Cyn Meth)			
RBC COUNT	5.5	x10 ⁶ /ul	4.5 - 5.5
Method - Electrical Impedance Method			
TOTAL WBC COUNT	7.0	10 ³ /cmm	4 - 10
Method - Electrical Impedance Method			
PLATELET COUNT	240	10 ³ /cmm	150 - 410
Method - Electrical Impedance Method			
PCV	48	%	40 - 50
Method - RBC pulse ht. detection method			
MCV	89	fl	83 - 101
Method - calculated			
MCH	29	pg	27 - 32
Method - Calculated			
MCHC	33	gm/dl	31.5 - 34.5
Method - Calculated			
ESR	05	%	0 - 10
Method - Modified Westergren Method			

DIFFERENTIAL COUNT

Method - Microscopy

NEUTROPHILS	51	%	40 - 80
Method - Microscopy			
LYMPHOCYTES	37	%	20 - 40
Method - Microscopy			
MONOCYTES	06	%	2 - 10
Method - Microscopy			
EOSINOPHILS	06	%	1 - 6
Method - Microscopy			
BASOPHILS	00	%	0 - 2
Method - Microscopy			

PERIPHERAL BLOOD SMEAR

RBC : Normocytic normochromic.

WBC : Within normal limits.

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LABORATORY INVESTIGATION REPORT

Patient Name : Mr. SHIV KUMAR

UHID : NMHK.2308818

Episode : OP

Ref. Doctor : NMH

Address : FLAT -7, SHREERUM ESTATE , BEHALA ,Kolkata,W
est Bengal ,700008

Age/Sex : 38 Year(s) / Male

Order Date : 09/03/2024 09:22

Mobile No : 9996370964

DOB : 01/01/1986

Facility : NARAYAN MEMORIAL HOSPITAL

PLATELET

Adequate.

End of Report

Dr. MAINAK CHAKRABORTY
MBBS, MD(PATH)
(CONSULTANT PATHOLOGIST)

Checked By

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LABORATORY INVESTIGATION REPORT

Patient Name	: Mr. SHIV KUMAR	Age/Sex	: 38 Year(s) / Male
UHID	: NPHC.2308818	Order Date	: 09/03/2024 09:22
Episode	: OP	Mobile No	: 9996370964
Ref. Doctor	: NPH	DOB	: 01/01/1986
Address	: FLAT -7, SHREERAM ESTATE, BEHALA, Kolkata, West Bengal, 700008	Facility	: NARAYAN MEMORIAL HOSPITAL

Biochemistry

Sample No: 2308818A Collection Date: 20/03/24 10:24 Ask Date: 09/03/2024 12:18 Report Date: 09/03/24 15:28

SERUM CREATININE			
SAMPLE : SERUM			
SERUM CREATININE	0.8	mg/dl	0.7 - 1.2
<i>Method - Jaffe Gen2 Compensated</i>			
LIVER FUNCTION TEST (LFT)			
SAMPLE : SERUM			
TOTAL BILIRUBIN	1.0	mg/dl	0 - 1.1
<i>Method - Diazo Method</i>			
DIRECT BILIRUBIN	0.3 ▲ (H)	mg/dl	0 - 0.2
<i>Method - Diazo Method</i>			
INDIRECT BILIRUBIN	0.7	mg/dl	0.2 - 0.9
<i>Method - Calculated</i>			
SGPT (ALT)	59 ▲ (H)	U/L	0 - 34
<i>Method - JPC Without Pyridoxal Phosphate</i>			
SGOT (AST)	36 ▲ (H)	U/L	0 - 31
<i>Method - JPC Without Pyridoxal Phosphate</i>			
ALKALINE PHOSPHATASE	101	U/L	53 - 128
<i>Method - JPC</i>			
TOTAL PROTEIN	7.6	g/dl	6.4 - 8.2
<i>Method - Buret</i>			
ALBUMIN	5.3 ▲ (H)	gm/dl	3.5 - 5.2
<i>Method - Bromocresol Green</i>			
GLOBULIN	2.3	g/dl	2 - 3.5
<i>Method - Calculated</i>			
ALBUMIN-GLOBULIN	2.3	-	1.1 - 2.5
<i>Method - Calculated</i>			
GGT	50	U/L	8 - 61
<i>Method - Enzymatic colorimetric assay</i>			
BLOOD UREA NITROGEN			
BLOOD UREA NITROGEN	8.9	mg/dl	6 - 20
<i>Method - Calculated</i>			
LIPID PROFILE			
SAMPLE : SERUM			
TOTAL CHOLESTEROL	216	mg/dl	Desirable <200 Borderline 200 - 239 High ≥=240
<i>Method - OGD-AP</i>			
HDL CHOLESTEROL	40	mg/dl	40 - 60
<i>Method - Homogenous Enzymatic Colorimetric</i>			



LABORATORY INVESTIGATION REPORT

Patient Name	: Mr. SHEV KUMAR	Age/Sex	: 38 Year(s) / Male
UHID	: NPHK.2308618	Order Date	: 09/03/2024 09:23
Episode	: OP	Mobile No	: 9996370964
Ref. Doctor	: NPH	DOB	: 01/01/1986
Address	: FLAT -7, SHREERAM ESTATE, BEHALA, Kolkata, West Bengal, 700008	Facility	: NARAYAN MEMORIAL HOSPITAL

LDL CHOLESTEROL Method - Homogenous Enzymatic Colorimetric	152	mg/dl	Optimal < 100 Borderline 130 - 159 High > 160
VLDL Method - CALCULATED	24	mg/dl	0 - 30
CHOLESTEROL-HDL RATIO	5.40	-	
LDL-HDL RATIO	3.80	-	
TRIGLYCERIDES Method - Enzymatic Colorimetric	121	mg/dl	Desirable < 150 Borderline 150 - 200 High > 200
URIC ACID SAMPLE : SERUM			
URIC ACID Method - Enzymatic Colorimetric	6.5	mg/dl	3.4 - 7
BUN / CREATINE RATIO SAMPLE : SERUM			
BUN / CREATINE RATIO	11.1		
GLYCOSYLATED HAEMOGLOBIN (HBA1C) SAMPLE : EDTA BLOOD			
HBA1C	5.4		

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose.
- HbA1c has been endorsed by clinical groups & American Diabetes Association guidelines 2017, for diagnosis of diabetes using a cut-off point of 6.5%.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low HbA1c in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (Specially severe iron deficiency anaemia & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- Interference of Haemoglobinopathies in HbA1c estimation.
 - A. For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - B. Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - C. Heterozygous state detected (D10/ turbo is corrected for HbS and HbC trait).
- For known diabetic patients, following values can be considered as a tool for monitoring the glycemic control :

Excellent Control - 6 - 7 %
 Fair to Good Control - 7 - 8 %
 Unsatisfactory Control - 8 - 10 %
 Poor Control - > 10 % .

Note : Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

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LABORATORY INVESTIGATION REPORT

Patient Name : Mr. SHIV KUMAR
UHID : NMHK.2308818
Episode : OP
Ref. Doctor : NMH

Age/Sex : 38 Year(s) / Male
Order Date : 09/03/2024 09:22

Address : FLAT -7, SHREERUM ESTATE , BEHALA ,Kolkata,W
est Bengal ,700008

Mobile No : 9996370964
DOB : 01/01/1986
Facility : NARAYAN MEMORIAL HOSPITAL

BLOOD SUGAR(PP)

SAMPLE : PLASMA

BLOOD SUGAR PP
Method - Hexokinase

102

mg/dl

70 - 140

BLOOD SUGAR(F)

SAMPLE : PLASMA

BLOOD SUGAR FASTING
Method - Hexokinase

86

mg/dl

70 - 109

End of Report

Dr.S. Chatterjee
MD, MBBS, FAACC
(CONSULTANT BIOCHEMIST)

Checked By





LABORATORY INVESTIGATION REPORT

Patient Name : Mr. SHIV KUMAR UHID : NMHK.2308618 Episode : OP Ref. Doctor : NMH Address : FLAT -7, SHREERUM ESTATE, BEHALA, Kolkata, West Bengal, 700006	Age/Sex : 1.38 Year(M) / Male Order Date : 09/03/2024 09:22 Mobile No : 9996370864 DOB : 01/01/1986 Facility : NARAYANA MEMORIAL HOSPITAL
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INVESTIGATION	RESULTS	UNIT	REFERENCE RANGE
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Sample No : 07H0165654	Collection Date : 09/03/24 10:24	Ask Date : 08/03/2024 12:10	Report Date : 09/03/24 18:19
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THYROID FUNCTION TEST SAMPLE : SERUM

T3	1.22		
Method - ECLIA		ng/ml	0.80 - 1.80
T4	7.78		
Method - ECLIA		ug/dL	5.40 - 11.70
TSH	1.95		
Method - ECLIA		uIU/ml	Adult Male - 0.27-5.50 Adult Female - 0.27-5.50 Newborns - <28 Up to 12 years - 0.3-5

Interpretations:

1. For diagnostic purposes, the result should always be assessed in conjunction with the patient's medical history, clinical examinations and other findings.
2. The assay is unaffected by icterus (Bilirubin < 701 μmol/L or < 41 mg/dL), hemolysis (Hb < 0.621 mmol/L or < 1 g/dL), lipemia (Intralipid < 1500 mg/dL), biotin (<102 nmol/L or < 25 ng/ml), IgG < 2 g/dL and IgM < 0.5 g/dL)
3. There is no high dose hook effect at TSH concentrations upto 1000 μmol/ml.
4. TSH values may be transiently altered because of non thyroidal illness like several infections, liver disease, renal and heart failure, several burns, trauma and surgery etc. Drugs that decrease TSH values e.g. L-dopa, Glucocorticoid drugs that increase TSH values e.g. Iodine, Lithium, Amiodarone.
5. The assay is unaffected by icterus (bilirubin < 633 μmol/L or < 37 mg/dl), hemolysis (Hb < 1.4 mmol/L or < 2.3 g/dl), lipemia (triglycerides < 28.5 mmol/L or 2500 mg/dl) and biotin (< 409 nmol or < 100 ng/ml).
6. The assay is unaffected by icterus (bilirubin < 599 μmol/L or < 35 mg/dl), hemolysis (Hb < 1.2 mmol/L or < 2.0 g/dl), lipemia (Intralipid < 1800 mg/dl) and biotin (< 123 nmol or < 30 ng/ml).

End of Report

Dr.S. Chatterjee
 MD, MBBS, FAACC
 (CONSULTANT BIOCHEMIST)

Checked By

LABORATORY INVESTIGATION REPORT



Patient Name	: Mr. SHIV KUMAR	Age/Sex	: 38 Year(s) / Male
UHID	: NMHK.2308818	Order Date	: 09/03/2024 09:22
Episode	: OP	Mobile No	: 9996370964
Ref. Doctor	: NMH	DOB	: 01/01/1986
Address	: FLAT -7, SHREERUM ESTATE , BEHALA ,Kolkata,W est Bengal ,700008	Facility	: NARAYAN MEMORIAL HOSPITAL

Clinical Pathology

INVESTIGATION	RESULTS	UNITS	BIOLOGICAL REFERENCE
Sample No : 07H0165654	Collection Date : 09/03/24 10:24	Ack Date : 09/03/2024 12:30	Report Date : 09/03/24 16:45

URINE FOR R/E

SAMPLE : URINE

PHYSICAL EXAMINATION

VOLUME	35	ml	
COLOUR	STRAW		
APPEARANCE	SLIGHTLY HAZY		
SPECIFIC GRAVITY	1.015		1.010 - 1.030
REACTION(pH)	ACIDIC (pH - 6.5)		

CHEMICAL EXAMINATION

SUGAR	ABSENT	ABSENT
ALBUMIN.	ABSENT	ABSENT
BLOOD	ABSENT	ABSENT
KETONE	PRESENT	ABSENT
BILE SALT	ABSENT	ABSENT
BILE PIGMENTS	ABSENT	ABSENT

MICROSCOPIC EXAMINATION

PUS CELLS	1-2/HPF	<5/HPF
EPITHELIAL CELLS	1-2/HPF	<20/HPF
RBC	ABSENT	ABSENT
CAST	ABSENT	ABSENT
CRYSTAL	ABSENT	ABSENT

Please correlate clinically.

URINE FOR SUGAR FASTING

SAMPLE : URINE

RESULT	ABSENT
--------	--------

Sample No : 07H0165681	Collection Date : 09/03/24 12:56	Ack Date : 09/03/2024 16:14	Report Date : 10/03/24 13:25
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URINE FOR SUGAR PP

SAMPLE : URINE

RESULT	ABSENT
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End of Report

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LABORATORY INVESTIGATION REPORT

Patient Name : Mr. SHIV KUMAR	Age/Sex : 38 Year(s) / Male
UHID : NMHK.2308818	Order Date : 09/03/2024 09:22
Episode : OP	Mobile No : 9996370964
Ref. Doctor : NMH	DOB : 01/01/1986
Address : FLAT -7, SHREERUM ESTATE , BEHALA ,Kolkata,W est Bengal ,700008	Facility : NARAYAN MEMORIAL HOSPITAL

Dr.S. Chatterjee
MD, MBBS, FAACC
(CONSULTANT BIOCHEMIST)

Dr.MAINAK CHAKRABORTY
MBBS, MD(PATH)
(CONSULTANT PATHOLOGIST)

Checked By





DIAGNOSTICS REPORT

Patient Name	: Mr. SHIV KUMAR	Order Date	: 09/03/2024 09:22
Age/Sex	: 38 Year(s)/Male	Report Date	: 09/03/2024 11:19
UHID	: NMHK.2308818	Facility	: NARAYAN MEMORIAL HOSPITAL
Ref. Doctor	:	Mobile	: 9996370964
Address	: FLAT -7, SHREERUM ESTATE, BEHALA, Kolkata, West Bengal, 700008		

ELECTROCARDIOGRAM REPORT (ECG)

HR : 80 bpm
Rhythm : Sinus
P wave : Normal
PR Interval : 156 msec
QRS axis : Normal
QRS duration : 84 msec
QRS configuration : Normal
T wave : Normal
ST segment : Isoelectric
QTc : 407 msec
QT : 350 msec

IMPRESSION

- Sinus rhythm.
- Within normal limits.
- Clinical correlation please.

Dr. Sudip Chakraborty
MBBS, DIP (Preventative Cardiology)
fellow Clinical

RegNo: 56285



Male
..... kg

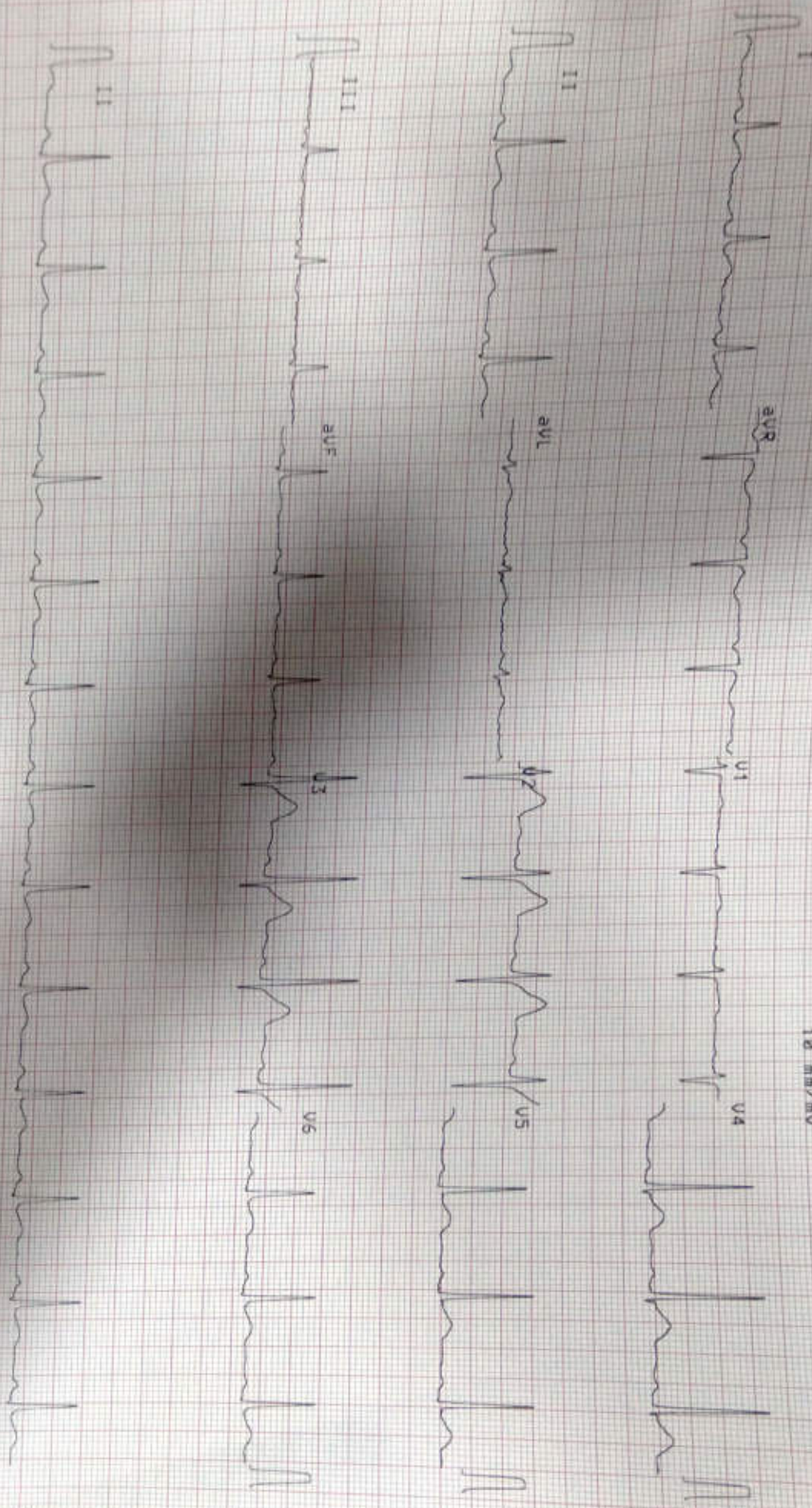
HR 88/min

Intervals:
RR 750 ms
P 84 ms
PR 156 ms
QRS 84 ms
QT 350 ms
QTc 487 ms
(Bazett)

P axis:
P 31°
QRS 46°
T 28°
P (II) 0.10 mV
S (VI) -0.64 mV
R (V5) 1.83 mV
Sokol. 3.18 mV

SINUS RHYTHM
OTHERWISE NORMAL ECG
6.02

UNCONFIRMED REPORT



10 mm/mV

10 mm/mV

25 mm/s SCHILLER

0.05-25 Hz F50 SF 585 09-03-2024 11:22:41

NARRAYAN MEMORIAL HOSPITAL, BANGALURU

Narayan Memorial Hospital

(A Unit of Narayan Health Services Pvt. Ltd.)

CIN No. : U85110WB2005PTC104884
GSTIN No. : 19AACCN1707E1ZS



DIAGNOSTICS REPORT

Patient Name	: Mr. SHIV KUMAR	Order Date	: 09/03/2024 09:22
Age/Sex	: 38 Year(s)/Male	Report Date	: 09/03/2024 17:54
UHID	: NMHK.2308818	Facility	: NARAYAN MEMORIAL HOSPITAL
Ref. Doctor	:	Mobile	: 9996370964
Address	: FLAT -7, SHREERUM ESTATE, BEHALA, Kolkata, West Bengal, 700008		

REPORT OF ECHO SCREENING

No regional wall motion abnormality at rest.
Normal LV systolic function (LVEF = 67%).
Normal RV systolic function. (TAPSE = 1.8 cm, RVS' = 0.11 m/s).
Adequate diastolic compliance (E/e' = 10.0) (E/A - 1.43).
No pericardial effusion.
Mild TR. Estimated PASP = 26 mmHg.
IVC normal diameter & > 50 % respiratory compressibility.
No thrombus, mass / vegetation.

Dr. Sudip Chakraborty
MBBS, DIP (Preventative Cardiology)
fellow Clinical

RegNo: 56285

Head Office :

Chand Harbour Road

Print Date Time : 09/03/2024 17:56:01

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