

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of AASHISH NAYAK on 27-Apr-2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> • Unfit 	

Dr. HVN
Medical Officer
The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes

DR (MRS) HEMALATA
 MBBS (MUMBAI)
 MRC REG NO 66014
 101/102, Heritage Plaza, Telli Cross Lane
 Near Rly Stn, Andheri (E), Mumbai-400069
 Sea Bird Medicare Centre

MER- MEDICAL EXAMINATION REPORT

Date of Examination	27-06-2024.		
NAME	Aashish		
AGE	28	Gender	Male.
HEIGHT(cm)	181 cms.	WEIGHT (kg)	108 Kgs
B.P.	130/90		
ECG	NVL		
X Ray	NAB		
Vision Checkup	Color Vision : Normal		
	Far Vision Ratio : 6/6 corrected.		
	Near Vision Ratio : N5		
Present Ailments	nil		
Details of Past ailments (If Any)	nil		
Comments / Advice : She /He is Physically Fit	Fit		
- FIT			

HVR

Signature with Stamp of Medical Examiner

(MRS) HEMALATA
 DENTIST (MUMBAI)
 REG NO 63014
 101-102, Heritage Plaza, Telli Cross Lane
 Near Rly. Stn, Andheri (E), Mumbai-400069
 J.M. Medicare Centre



Sea Bird
Sea Bird Medicare Centre

Report ID : **ANM27415100** Reg. : **27-Apr-2024**
Patient Name : **Mr. AASHISH NAYAK** Report Date : **29-Apr-2024**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR.HAVOVEE MISTRY KAPADIA** Age/Sex : **28 Year / Male**

CHEST X RAY REPORT

X-Ray No :4695

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.


Dr. Jacob
Mathew MD

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



Report ID : **ANM27415100**
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Location : **SEA BIRD- ANDHERI**

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Age/Sex : **28 Year / Male**

HEMATOLOGY

INVESTIGATION

OBSERVED VALUE UNITS REFERENCE RANGE

Complete Blood Count

Haemoglobin	14.7	gm/dl	13-18 gm/dl
Total W.B.C	8600	/cu.mm	4000-11000 /cu.mm
Neutrophils	67	%	50-70 %
Lymphocytes	31	%	20-40 %
Eosinophils	02	%	0-7 %
Monocytes	00	%	0-8 %
Basophils	00	%	0-2 %
R.B.C Total	5.01	millions/cu .mm	4.5-5.5 millions/cu.mm
P.C.V	41.1	%	42-55 %
MCV	81.9	femolitre	80-96 femolitre
MCH	29.3	picogram	27-33 picogram
MCHC	35.8	%	32-36 %
W.B.C Morphology	Normal		
R.B.C Morphology	Normal		
Platelet Count	223000	/cu.mm	150000-450000 /cu.mm
Blood Group			
Blood Group	B Negative		
ESR			
ESR	17	mm/hr	0-15 mm/hr

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---


DR.SANDIP MOHANRAO HUDDEDAR
MBBS, DCP
Pathologist


M O I C


SONALI VASANT ADELKAR
Lab Technician

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BIO-CHEMISTRY

INVESTIGATION

Liver Function Test

	<u>OBSERVED VALUE</u>	<u>UNITS</u>	<u>REFERENCE RANGE</u>
SGPT	44	IU/L	9-43 IU/L
Sr.Bilirubin (T)	0.7	mg/dl	0.2-1.2 mg/dl
Sr.Bilirubin (D)	0.2	mg/dl	0.0-0.3 mg/dl
Sr.Bilirubin (I)	0.5	mg/dl	

Renal Function Test

BUN	11.2	mg/dl	6-21 mg/dl
Sr.Creatinine	0.7	mg/dl	0.7-1.4 mg/dl


Blood Sugar Estimation

Fasting Blood Sugar	107	mg/dl	70-110 mg/dl
Fasting Urine Sugar	Absent		
Post Prandial Blood Sugar	104	mg/dl	70-140 mg/dl
Post Prandial Urine Sugar	Absent		
BUN/Creatinine Ratio	16.0		

---END OF REPORT---

Kindly Correlate with clinical conditions.

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URINE ROUTINE

INVESTIGATION

OBSERVED VALUE

UNITS


REFERENCE RANGE

Colour	PALE YELLOW		PALE YELLOW
Appearance	CLEAR		CLEAR
Specific Gravity	1.010		1.030
pH	ACIDIC		ACIDIC
Odour	AROMATIC		AROMATIC
Proteins (UR)	ABSENT		ABSENT
Sugar	ABSENT		ABSENT
Bile Salts	ABSENT		ABSENT
Bile Pigments	ABSENT		ABSENT
Ketones (UR)	ABSENT		ABSENT
Occult Blood	ABSENT		ABSENT
Urobilinogen(UR)	ABSENT		ABSENT
Pus Cells (UR)	2-3	/hpf	2-3/hpf
RBC cells	ABSENT	/hpf	2-3/hpf
Epithelial Cells	1-2	/hpf	1-2/hpf
Casts (UR)	ABSENT	/hpf	
Crystals	ABSENT	/hpf	
Bacteria (UR)	ABSENT		ABSENT
Others (UR)	ABSENT		

---END OF REPORT---

Kindly Correlate with clinical conditions.

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भारत सरकार



आधार

भारतीय विशिष्ट ओळख प्राधिकरण

भारत सरकार

Unique Identification Authority of India
Government of India

नोंदविण्याचा क्रमांक / Enrollment No 1207/32893/00580

To,

आशिष सुधीर नायक

Aashish Sudhir Nayak

S/O: Sudhir Nayak

C-702, Eco Park

Marol Military Road

Off Military Road Marol Andheri East

Mumbai

J.B. Nagar Mumbai Mumbai

Maharashtra 400059

9833920389

Ref: 33 / 10D / 49316 / 51150 / P



SE041150588FT



आपला आधार क्रमांक / Your Aadhaar No. :

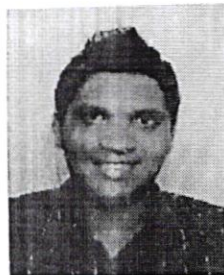
4177 0574 7672

आधार - सामान्य माणसाचा अधिकार



भारत सरकार

Government of India



आशिष सुधीर नायक

Aashish Sudhir Nayak

जन्म तारीख / DOB : 14/01/1996

पुरुष / Male



4177 0574 7672

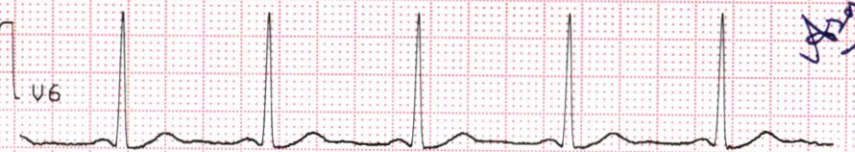
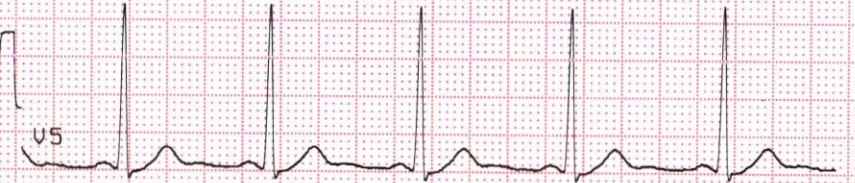
आधार - सामान्य माणसाचा अधिकार

B9/min 10 mm/mV

284

Aashish

75/min 10 mm/mV



NVL
MVA

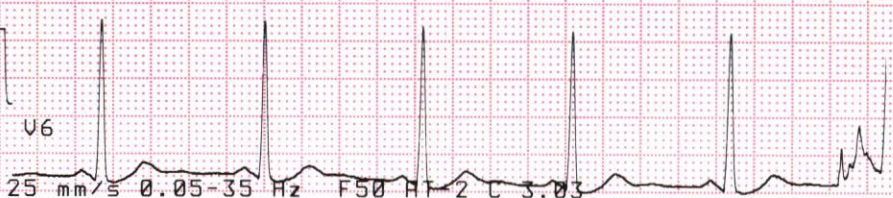
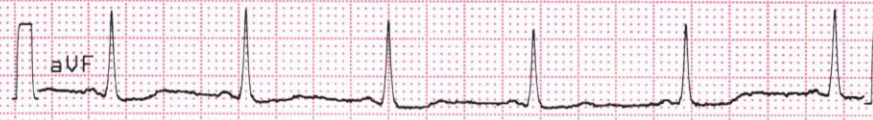
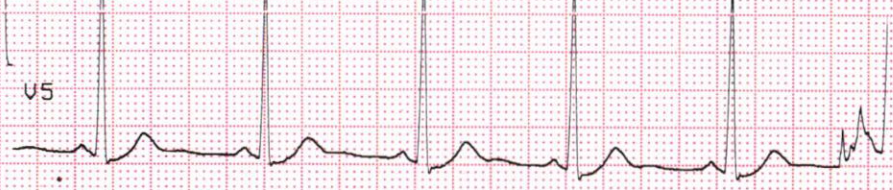
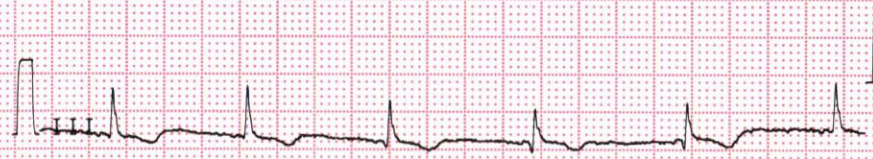
Srinayak



110/min 10 mm/mV

77/min 10 mm/mV

Ashish deep insp



WNL
HVR

