

Patient Name : Mrs.PAGATUR RADHIKA	Collected : 09/Nov/2024 08:31AM
Age/Gender : 42 Y 8 M 27 D/F	Received : 09/Nov/2024 10:10AM
UHID/MR No : AHMYS.0000139991	Reported : 09/Nov/2024 11:52AM
Visit ID : CMYSOPV131290	Status : Final Report
Ref Doctor : Self	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 22E32562	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

PERIPHERAL SMEAR , WHOLE BLOOD EDTA



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:MYS241100363

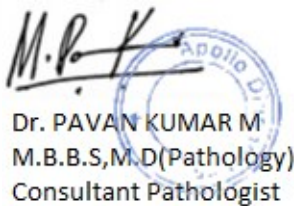


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UHID/MR No : AHMYS.0000139991	Reported : 09/Nov/2024 01:13PM
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DEPARTMENT OF HAEMATOLOGY

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Test Name	Result	Unit	Bio. Ref. Interval	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	B			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



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M.B.B.S,M.D(Pathology)
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Patient Name : Mrs.PAGATUR RADHIKA	Collected : 09/Nov/2024 10:39AM
Age/Gender : 42 Y 8 M 27 D/F	Received : 09/Nov/2024 12:17PM
UHID/MR No : AHMYS.0000139991	Reported : 09/Nov/2024 01:19PM
Visit ID : CMYSOPV131290	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, FASTING , NAF PLASMA	130	mg/dl	74-106	GOD, POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1.The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Interval	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	173	mg/dl	70-140	GOD, POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



Dr. PAVAN KUMAR M
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Age/Gender : 42 Y 8 M 27 D/F	Received : 09/Nov/2024 12:41PM
UHID/MR No : AHMYS.0000139991	Reported : 09/Nov/2024 12:43PM
Visit ID : CMYSOPV131290	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

Test Name	Result	Unit	Bio. Ref. Interval	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				
HBA1C, GLYCATED HEMOGLOBIN	7.5	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	169	mg/dL		Calculated

Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. HbA1c is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.

2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.

3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.

4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.

5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

B: Homozygous Hemoglobinopathy.

(Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



Dr. PAVAN KUMAR M
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	159	mg/dl	0-200	CHOD
TRIGLYCERIDES	101	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	43	mg/dL	40-60	CHOD
NON-HDL CHOLESTEROL	116	mg/dL	<130	Calculated
LDL CHOLESTEROL	95.88	mg/dL	<100	Calculated
VLDL CHOLESTEROL	20.24	mg/dL	<30	Calculated
CHOL / HDL RATIO	3.71		0-4.97	Calculated
ATHEROGENIC INDEX (AIP)	0.01		<0.11	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

Dr. PAVAN KUMAR M
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Visit ID	: CMYSOPV131290	Status	: Final Report
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

Test Name	Result	Unit	Bio. Ref. Interval	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.38	mg/dl	0-1.2	NBD
BILIRUBIN CONJUGATED (DIRECT)	0.11	mg/dl	0-0.2	Diazotized sulfanilic acid
BILIRUBIN (INDIRECT)	0.27	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	17	U/l	0-45	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	20.0	U/l	0-31	IFCC
AST (SGOT) / ALT (SGPT) RATIO (DE RITIS)	1.2		<1.15	Calculated
ALKALINE PHOSPHATASE	69.00	U/l	42-98	IFCC (AMP buffer)
PROTEIN, TOTAL	7.90	g/dl	6.4-8.3	Biuret
ALBUMIN	4.20	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	3.70	g/dL	2.0-3.5	Calculated
A/G RATIO	1.14		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin) Common patterns seen:

1. Hepatocellular Injury:

*AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.*ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons’s diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Patten:*ALP – Disproportionate increase in ALP compared with AST, ALT. ALP elevation also seen in pregnancy, impacted by age and sex.*Bilirubin elevated- predominantly direct , To establish the hepatic origin correlation with elevated GGT helps.

3. Synthetic function impairment:*Albumin- Liver disease reduces albumin levels, Correlation with PT (Prothrombin Time) helps.

4. Associated tests for assessment of liver fibrosis - Fibrosis-4 and APRI Index.



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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Interval	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	0.35	mg/dL	0.51-1.04	Enzymatic colorimetric
UREA	14.07	mg/dl	13-43	Urease, UV
BLOOD UREA NITROGEN	6.6	mg/dL	8.0 - 23.0	Calculated
URIC ACID	3.30	mg/dL	2.6-6	Uricase
CALCIUM	8.50	mg/dl	8.6-10.3	Arsenazo III
PHOSPHORUS, INORGANIC	3.59	mg/dl	2.7-4.5	Molybdate
SODIUM	140	mmol/L	135-145	Direct ISE
POTASSIUM	4.0	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	105	mmol/L	98 - 107	Direct ISE
PROTEIN, TOTAL	7.90	g/dl	6.4-8.3	Biuret
ALBUMIN	4.20	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	3.70	g/dL	2.0-3.5	Calculated
A/G RATIO	1.14		0.9-2.0	Calculated



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Test Name	Result	Unit	Bio. Ref. Interval	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	15.00	U/l	0-38	IFCC



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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

Test Name	Result	Unit	Bio. Ref. Interval	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-IODOTHYRONINE (T3, TOTAL)	1.02	ng/mL	0.87-1.78	CLIA
THYROXINE (T4, TOTAL)	11.53	µg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE (TSH)	1.100	µIU/mL	0.38-5.33	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 – 3.0
Third trimester	0.3 – 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes

Dr. PAVAN KUMAR M
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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma
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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

Test Name	Result	Unit	Bio. Ref. Interval	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical Measurement
pH	6.0		5-7.5	Double Indicator
SP. GRAVITY	1.025		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	Protein Error Of Indicator
GLUCOSE	NEGATIVE		NEGATIVE	Glucose Oxidase
URINE BILIRUBIN	NEGATIVE		NEGATIVE	Azo Coupling Reaction
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	Sodium Nitro Prusside
UROBILINOGEN	NORMAL		NORMAL	Modified Ehrlich Reaction
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Leucocyte Esterase
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	2 - 3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	5 - 7	/hpf	<10	Microscopy
RBC	NIL	/hpf	0-2	Microscopy
CASTS	NIL		0-2 Hyaline Cast	Microscopy
CRYSTALS	ABSENT		ABSENT	Microscopy

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods. Microscopy findings are reported as an average of 10 high power fields.



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UHID/MR No : AHMYS.0000139991	Reported : 09/Nov/2024 11:54AM
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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY232

Test Name	Result	Unit	Bio. Ref. Interval	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	GOD-POD

Test Name	Result	Unit	Bio. Ref. Interval	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	GOD-POD

*** End Of Report ***



Dr. PAVAN KUMAR M
M.B.B.S,M.D(Pathology)
Consultant Pathologist


SIN No:MYS241100367

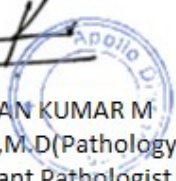


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TERMS AND CONDITIONS GOVERNING THIS REPORT

1. Reported results are for information and interpretation of the referring doctor or such other medical professionals, who understand reporting units, reference ranges and limitation of technologies. Laboratories not be responsible for any interpretation whatsoever.
2. It is presumed that the tests performed are, on the specimen / sample being to the patient named or identified and the verifications of particulars have been confirmed by the patient or his / her representative at the point of generation of said specimen.
3. The reported results are restricted to the given specimen only. Results may vary from lab to lab and from time to time for the same parameter for the same patient (within subject biological variation).
4. The patient details along with their results in certain cases like notifiable diseases and as per local regulatory requirements will be communicated to the assigned regulatory bodies.
5. The patient samples can be used as part of internal quality control, test verification, data analysis purposes within the testing scope of the laboratory.
6. This report is not valid for medico legal purposes. It is performed to facilitate medical diagnosis only.





Dr. PAVAN KUMAR M
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Consultant Pathologist



SIN No:MYS241100367

Patient Name	: Mrs. PAGATUR RADHIKA	Age	: 42Yrs 8Mths 29Days
UHID	: AHMYS.0000139991	OP Visit No.	: CMYSOPV131290
Printed On	: 10-11-2024 04:47 AM	Advised/Pres Doctor	: --
Department	: Radiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employeer Id	: 22E32562		

DEPARTMENT OF RADIOLOGY

LIVER: It is a mildly enlarged in size (16.3) and is increased in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: post operative status .

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal.

RIGHT KIDNEY: It measures 10.9 cm with parenchymal thickness of 1.6 cm. It is normal in size, outline and echotexture. No e/o calculus seen.

LEFT KIDNEY: It measures 10.6cm with parenchymal thickness of 1.6 cm. It is normal in size, outline and echotexture. No e/o calculus seen.

Mild dilatation of bilateral pelvicalyceal system ,proximal ureter likely secondary to reflex for distended bladder

URINARY BLADDER: It is well distended. The UB wall is normal. No calculi seen.

UTERUS: It is anteverted and measures 9.6x4.2x3.6 cm with ET = 7 mm. It is normal in size, outline and echotexture. No mass lesion.

Rt. OVARY: It measures 2.8x1.7cm. It is normal. No mass lesion seen.

Lt. OVARY: It measures 3.6x1.2cm. It is normal. No mass lesion seen.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION:

MILD HEPATOMEGALY WITH GRADE I FATTY LIVER .

---End Of The Report---



Dr.CHETAN HOLEPPAGOL
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90037
Radiology

Patient Name	: Mrs. PAGATUR RADHIKA	Age	: 42Yrs 9Mths 0Days
UHID	: AHMYS.0000139991	OP Visit No.	: CMYSOPV131290
Printed On	: 12-11-2024 07:57 AM	Advised/Pres Doctor	: --
Department	: Radiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employer Id	: 22E32562		

DEPARTMENT OF RADIOLOGY

RIGHT BREAST: It is normal in echopattern. No e/o focal nodular or mass lesions seen. No e/o calcifications. The skin over the breast is normal. Nipple and areola are normal. The subcutaneous, mammary and retro mammary zones are normal.

LEFT BREAST: It is normal in echopattern. No e/o focal nodular or mass lesions seen. No e/o calcifications. The skin over the breast is normal. Nipple and areola are normal. The subcutaneous, mammary and retro mammary zones are normal. **Few ducts of upper outer quadrant at ~2 'O'clock position near nipple areolar complex appears mildly prominent measuring ~2.5-2.7mm .**

No e/o axillary lymphadenopathy.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY DETECTED .

---End Of The Report---



Dr.CHETAN HOLEPPAGOL

MBBS, DNB(RADIO DIAGNOSIS)
90037
Radiology

Patient Name	: Mrs. PAGATUR RADHIKA	Age	: 42Yrs 9Mths 2Days
UHID	: AHMYS.0000139991	OP Visit No.	: CMYSOPV131290
Printed On	: 14-11-2024 07:40 AM	Advised/Pres Doctor	: --
Department	: Cardiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employeer Id	: 22E32562		

DEPARTMENT OF CARDIOLOGY

2D ECHOCARDIOGRAPHY STUDY

Impression:

Normal chambers and valves
No regional wall motion abnormality
Normal left ventricular systolic function. EF 67 %
No clots. No pericardial effusion

??????

Findings

Left Ventricle: No RWMA
Right Ventricle Normal
Left Atrium Normal
Right Atrium Normal
Aorta Normal
Pulmonary Artery Normal
IAS Intact
IVS Intact
Valves Normal
Pericardium Normal
Doppler Normal

Patient's Name : Mrs. PAGATUR RADHIKA Age & Sex; 42Yrs /Female

Date : 09.11.2024

UHID No: 139991

Measurements

AO:2.1cm

LA :3.1cm

RV :2.6 cm

LVIDd 4.86cm

LVIDs :3.02 cm

IVSd :0.92 cm

IVSs :1.08 cm

PWd :0.98 cm

PWs :1.33 cm

EF :67.0 %

FS :37.0 %

Doppler

MV TV AV PV

1.68

E :0.99 m/sE --- m/sV max m/sV max1.20 m/s

A: 0.75 m/sA --- m/s

---End Of The Report---



Dr. GURU PRASAD B V
MBBS, PGDCC
69949
Cardiology



Patient	Mrs. PAGATUR RADHIKA	Doctor	RASHMI B N	Appt ID	CMYSAPT1412
Age/Gender	42Y Female	Qualification	MBBS, DGO, DNB (GYNAECOLOGY)	Consult Date	10 Nov 2024
UHID	AHMYS.0000139991	Reg. No.	33393	Order Bill ID	CMYS-OCR-24652
				Visit Display ID	CMYSOPV131290

VITALS

Weight : 67.3Kgs	Height : 158Cms
Pulse : 60 BPM	Spo2 : 96%
BP : 120 / 70 MmHg	Respiratory Rate : 20 BPM
Temperature : 98 °F	

RASHMI B N
Doctor's Signature

Apollo Health and Lifestyle Limited

(CIN-U85110TG2000PLC115819)

Corporate Office: 7-1-617/A, 7* Floor, Imperial Towers, Ameerpet, Hyderabad-500016, Telangana

Ph No: 040-4904 7777 | www.apollohl.com | Email ID:enquiry@apollohl.com

Patient Name	: Mrs. PAGATUR RADHIKA	Age	: 42Yrs 8Mths 29Days
UHID	: AHMYS.0000139991	OP Visit No.	: CMYSOPV131290
Printed On	: 10-11-2024 03:59 AM	Advised/Pres Doctor	: --
Department	: Cardiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employeer Id	: 22E32562		

DEPARTMENT OF CARDIOLOGY

Observation :-

1. Sinus Rhythm.
2. Heart rate is 91 beats per minutes.

Impression:

NORMAL RESTING ECG.

---End Of The Report---



Dr. GURU PRASAD B V
MBBS, PGDCC
69949
Cardiology

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Ragatar Radhika on 09/11/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended • Unfit 	

Dr. [Signature]
Medical Officer

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph: 0821-4006040/41

This certificate is not meant for medico-legal purposes.

Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016.

Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

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Bangalore (Basavanagudi) | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Sarjapur Road | Mysore (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

[Phy]

Mrs. Pagatur Radhika
42 yrs / Female

Height: 158 cm	Weight: 67.3 kg	BMI:	Waist Circum: 70
Temp:	Pulse: 74	Resp: 20/min	B.P: 120/70

General Examination /
Allergies History

COC
NS
PHT / N.B.B.

Clinical Diagnosis & Management Plan

90 T2DM
? DPH

- Adv
T. CARRA-MET. 10/500 (20)
- T. ALI D3 60k once (10)
a wh
- T. Benthamine plus (20)
010

ALT 15 days

FBSS
BBSS

Follow up date :

[Signature]
Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 11/9/2024 Department : Nutrition & Dietetics
 Patient Name : Mrs. PAGATUR RADHIKA Doctor : Miss.MADHURA B P
 UHID : AHMYS.0000139991 Registration No. : A104102
 Age / Gender : 42Yrs 8Mths 27Days/ Female Qualification : M.Sc. Nutrition and Dietetics
 Consultation Timing : 1:40 PM Ph.D*

IBW - 54kg

Height : 158	Weight : 67.3	BMI : 28 kg/m ²	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination / Allergies History

HB - 10.2
 ESK - 30
 FBS - 130
 PPBS - 173
 HbA1c - 7.5%

Clinical Diagnosis & Management Plan

ICL - SIDA
 Δ^{SPS} - Hepatomegaly with Grade I Fatty Liver.
 ⇒ Advised low fat diabetic diet with fiber rich foods.
 ⇒ *Fruits like Apple, Papaya, Muskmelon, Orange, Mosambi & Guava can be taken. cognus (dry) if FBS is below 150mg/dl.
 ⇒ *Avoid root vegetables like potato, sweet potato, Yam & Arbi.
 ⇒ cooking oil - 1/2 liter (person/month). use the combination of oil like groundnut oil, Rice bran oil, Gingeli oil, Mustard oil, coconut oil & olive. But do not mix the oils & eat it.
 ⇒ Avoid bakery products, sweets, junk foods, deep fried foods, packed & processed foods.
 Follow up date :
 Doctor Signature: R.M.B.P
 11/9/2024

Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph : 0821-4006040/41

[CAT]

Date : 11/9/2024 Department : Obstetrics & Gynaecology
 Patient Name : Mrs. PAGATUR RADHIKA Doctor : Dr.RASHMI B N
 UHID : AHMYS.0000139991 Registration No. : 33393
 Age / Gender : 42Yrs 8Mths 27Days/ Female Qualification : MBBS, DGO, DNB (GYNAECOLOGY)
 Consultation Timing : 1:40 PM

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

PH → Don stone 4 yrs on R.
 AH → Don +.

ML 4 yrs. B2 - Both U.
 subclom used.
 MH - regular cycles.
 vmp → 30/10/24

som - grade 1 fatty liver
 uterus & ovaries (N)

adu: regular walk 14000.
 Diabetic diet.

anemias program → confirmed detected

- TAB SHELLAL XT (30)

0-0-1.

X 6M.

Follow up date :

[Signature]

Doctor Signature

Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph : 0821-4006040/41

[Optical]

Date : 11/9/2024 Department : General Practice
 Patient Name : Mrs. PAGATUR RADHIKA Doctor : Dr.SUJATHA T R
 UHID : AHMYS.0000139991 Registration No. : 69649
 Age / Gender : 42Yrs 8Mths 27Days/ Female Qualification : MBBS, PGDMCH
 Consultation Timing : 1:39 PM

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination / Allergies History

Clinical Diagnosis & Management Plan

Distance vision

Un $\left\{ \begin{array}{l} 6/6 \\ 6/6 \end{array} \right.$

near vision

no

Colour vision

(Co) = normal

(BE) = normal vision

Follow up date : Oct 11/24

Ajeetha
 Doctor Signature

Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph : 0821-4006040/41

[Dental]

Date : 11/9/2024 Department : Dental
Patient Name : Mrs. PAGATUR RADHIKA Doctor : Dr. JYOTHISHREE P V
UHID : AHMYS.0000139991 Registration No. : 33268A
Age / Gender : 42Yrs 8Mths 27Days/
Female Qualification : B.D.S[Bachelor of Dental
Surgery]
Consulation Timing : 1:39 PM

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

O/E

Ca-HP, St-HP

Asul-stal Phosphorus



Follow up date :

Jyothishree

Doctor Signature

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Date : 11/9/2024 Department : ENT
 Patient Name : Mrs. PAGATUR RADHIKA Doctor : Dr. PRAVEEN KUMAR R
 UHID : AHMYS.0000139991 Registration No. : 66012
 Age / Gender : 42Yrs 8Mths 27Days/ Female Qualification : MBBS, MS (ENT)
 Consultation Timing : 1:40 PM

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination /
Allergies History

Clinical Diagnosis & Management Plan

Came for regular hearing checkup

Bilateral impacted wax

O/E

Ear Bilateral ear wax (E)

Nose Normal mucosa (N)

oral cavity & oropharynx (N)

neck (N)

As

- wax discolored

Follow up date :

Doctor Signature

Apollo Clinic
 # 23, 1st Floor,
 Kalidasa Road, Mysore - 02
 Ph : 0821-4006040/41

Patient Name: Mrs. PAGATUR RADHIKA	Date :09.11.2024	Referring Doctor: Dr .Self
Age / Sex: 42Yrs/Female	UHID No: 139991	Location : OP
ULTRASONOGRAPHY- BREAST		

RIGHT BREAST: It is normal in echopattern. No e/o focal nodular or mass lesions seen. No e/o calcifications. The skin over the breast is normal. Nipple and areola are normal. The subcutaneous, mammary and retro mammary zones are normal.

LEFT BREAST: It is normal in echopattern. No e/o focal nodular or mass lesions seen. No e/o calcifications. The skin over the breast is normal. Nipple and areola are normal. The subcutaneous, mammary and retro mammary zones are normal. **Few ducts of upper outer quadrant at ~2 '0clock position near nipple areolar complex appears mildly prominent measuring ~2.5-2.7mm .**

No e/o axillary lymphadenopathy.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY DETECTED .

[Signature]
Dr. Karthik H V MDRD , DNB
Consultant Radiologist.

Patient Name	: Mrs. PAGATUR RADHIKA	Age	: 42Yrs 8Mths 27Days
UHID	: AHMYS.C00C139991	OP Visit No.	: CMYSOPV131290
Printed On	: 09-11-2024 12:44 PM	Advised/Pres Doctor	: --
Department	: Radiology	Qualification	: --
Referred By	: Self	Registration No.	: --
Employer Id	: 22E32562		

DEPARTMENT OF RADIOLOGY

Lung fields are clear.

Cardio thoracic ratio is normal.

Apices, costo and cardio phrenic angles are free.

Cardio vascular shadow and hila show no abnormal feature.

Bony thorax shows no significant abnormality.

Domes of diaphragm are well delineated.

IMPRESSION: NORMAL STUDY .

---End Of The Report---



Dr. CHETAN HOLEPPAGOL
MBBS, DNB(RADIO DIAGNOSIS)
90037
Radiology

Apollo Clinic

CONSENT FORM

Patient Name: Mrs Pagah Radhika Age: 42 yrs.
UHID Number: 139891 Company Name: Hrcolmi

I Mr/Mrs/Ms Mrs Pagah Radhika Employee of _____
(Company) Want to inform you that I am not interested in getting _____
Tests done which is a part of my routine health check package. CBC paper after 1 week.
And I claim the above statement in my full consciousness.

Patient Signature: R. Radhika

Date: 21/11/24

Apollo Clinic
23, 1st Floor,
Kalidasa Road, Mysore - 02
Ph : 0821-4006040/41

Patient's Name : Mrs. PAGATUR RADHIKA	Age & Sex; 42Yrs /Female
Date : 09.11.2024	UHID No: 139991

2D ECHOCARDIOGRAPHY STUDY

Impression:

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 67 %
- No clots. No pericardial effusion

Findings

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

Apollo Health and Lifestyle Limited

ICN: U85110TG2000HLC115B191

Regd. Office: T-10/NO 42, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

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TO BOOK AN APPOINTMENT

 **1860 500 7788**

Patient's Name : Mrs. PAGATUR RADHIKA	Age & Sex; 42Yrs /Female
Date : 09.11.2024	UHID No: 139991

Measurements

AO : 2.1 cm
LA : 3.1 cm

RV : 2.6 cm
LVIDd : 4.86 cm
LVIDs : 3.02 cm
IVSd : 0.92 cm
IVSs : 1.08 cm
PWd : 0.98 cm
PWs : 1.33 cm
EF : 67.0 %
FS : 37.0 %

Doppler

	MV		TV		AV		PV	
E	0.99 m/s	E	---	m/s	V max	1.68 m/s	V max	1.20 m/s

A: 0.75 m/s A --- m/s

Dr. GURU PRASAD. B. V, MBBS, PGDCC
CONSULTANT – NON-INVASIVE CARDIOLOGY

Apollo Health and Lifestyle Limited

(CIN: U55102TG2000PLC115R19)

Regd Office: 1, D-60-62, Anika Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016
Ph: No. 040 4104 7777, Fax No. 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

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Koramangala | Sarjapur Road) Mysore (VV Mohalla)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

1860 500 7788

Patient Name: Mrs. PAGATUR RADHIKA	Date : 09.11 .2024	Referring Doctor: Dr. Self
Age / Sex: 42Yrs/Female	UHID No : 139991	Location : OP
ULTRASONOGRAPHY- ABDOMEN & PELVIS		

LIVER: It is a mildly enlarged in size (16.3) and is increased in echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

GALL BLADDER: post operative status .

SPLEEN: It is normal in size, outline and echopattern. No e/o focal lesions.

PANCREAS: It is normal.

RIGHT KIDNEY: It measures 10.9 cm with parenchymal thickness of 1.6 cm. It is normal in size, outline and echotexture. No e/o calculus seen.

LEFT KIDNEY: It measures 10.6cm with parenchymal thickness of 1.6 cm. It is normal in size, outline and echotexture. No e/o calculus seen.

Mild dilatation of bilateral pelvicalyceal system ,proximal ureter likely secondary to reflex for distended bladder

URINARY BLADDER: It is well distended. The UB wall is normal. No calculi seen.

UTERUS: It is anteverted and measures 9.6x4.2x3.6 cm with ET=7 mm. It is normal in size, outline and echotexture. No mass lesion.

Rt. OVARY: It measures 2.8x1.7cm. It is normal. No mass lesion seen.

Lt. OVARY: It measures 3.6x1.2cm. It is normal. No mass lesion seen.

OTHERS: No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

IMPRESSION:

MILD HEPATOMEGALY WITH GRADE I FATTY LIVER .

Karthik
Dr. Karthik H V MDRD , DNB
Consultant Radiologist.

Apollo Health and Lifestyle Limited

CM 18511976200017115816

Regd Office : 10-10-162, Ashoka Baghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph. No: 040-4964 7777 Fax No: 4904 7744 | mail ID: enquiry@apollohl.com | www.apollohl.com

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Mysore (N/V Mohalla) |

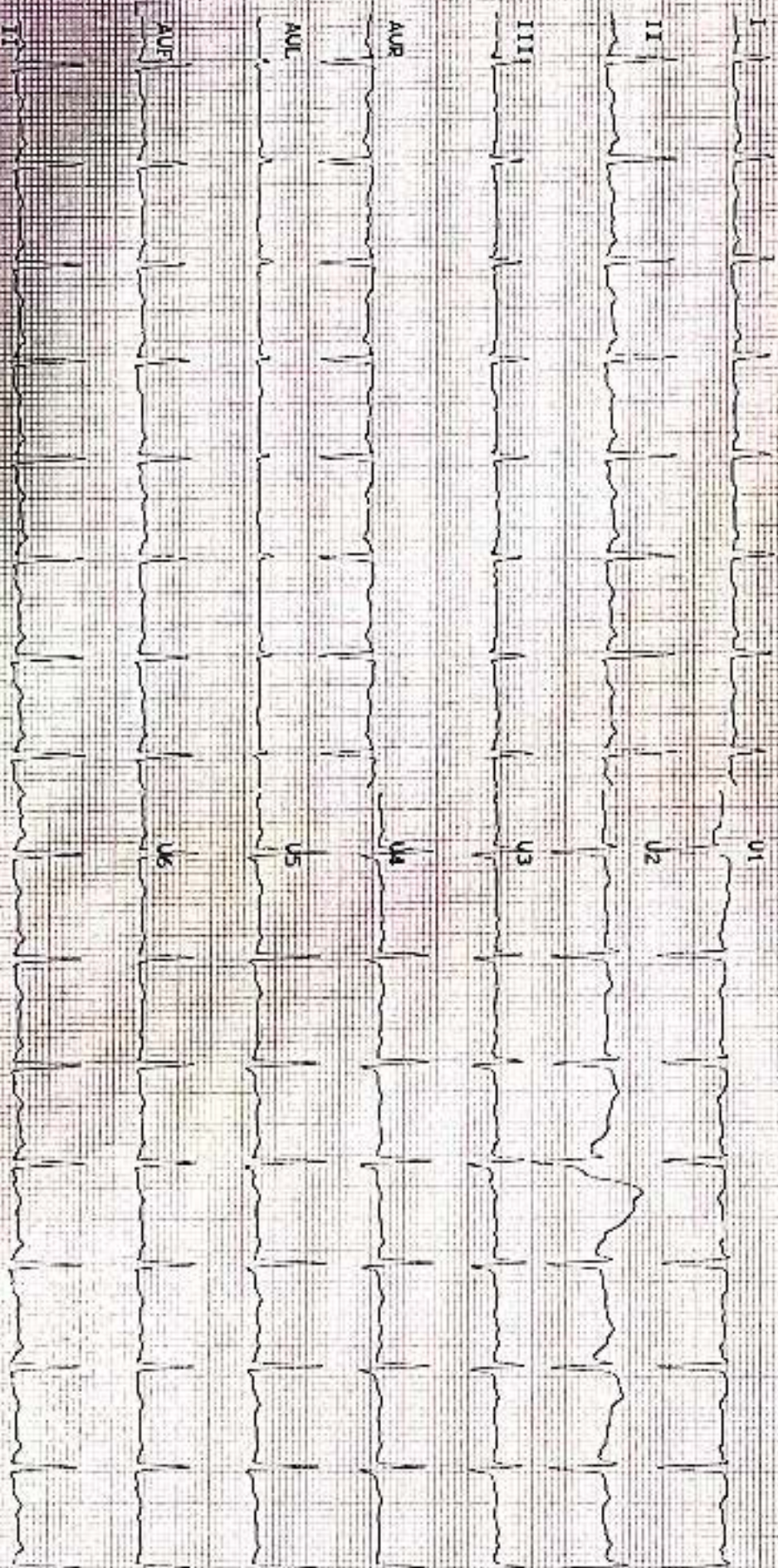
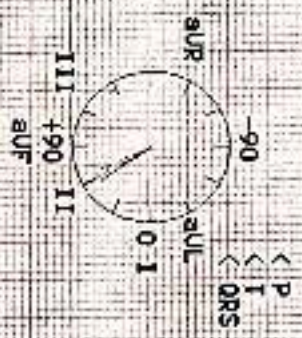
Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

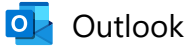
1860 500 7788

AGE: 42 NO: Interpretation:

Measurement Results:
QRS: 102 ms
QT/QTcB: 348 / 434 ms
PR: 124 ms
P: 86 ms
RR/PP: 642 / 640 ms
P/QRS/T: 60 / 55 / 65 degrees
QTd/QTcBd: 54 / 67 ms
 Sokolow: 2.0 mV
NK: 14



Unconfirmed report.



Your appointment is confirmed

From noreply@apolloclinics.info <noreply@apolloclinics.info>

Date Tue 28-11-2023 14:06

To Siva.yadav@gmail.com <Siva.yadav@gmail.com>

Cc Mysore Apolloclinic <mysore@apolloclinic.com>; Yogeesh KV <mkt.mysore@apolloclinic.com>; Syamsunder M <syamsunder.m@apollohl.com>



Dear MS. PAGATUR RADHIKA .,

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at **KALIDASA RAOD clinic** on **2023-12-09** at **08:30-08:45**.

Payment Mode	Credit
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT
Package Name	[ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324]

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor." Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

Instructions to be followed for a health check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning. If any medications taken, pls inform

our staff before health check.

3. Please bring all your medical prescriptions and previous health medical records with you.
4. Kindly inform our staff, if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any health check during menstrual cycle.

For further assistance, please call us on our Help Line #: 1860 500 7788.

Clinic Address: 23, KALIDASA ROAD, VV MOHLLA, MYSORE.

Contact No: (0821) 400 6040 - 41.

P.S: Health Check-Up may take 4 - 5hrs for completion on week days & 5 - 6hrs on Saturdays, kindly plan accordingly, Doctor Consultation will be completed after all the Reports are ready.

Warm Regards,
Apollo Clinic




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Government of India

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Unique Identification Authority of India

సంస్థాపన సంఖ్య / Enrollment No.: 0000/00715/24081

To
 పాగతుర్ రెడ్డి
 Pagatur Redhika
 Sivasankar G,
 House no-750, 8th main, 9th cross, ,
 TK layout,
 VTC, Mysore,
 PO: Saraswathipuram,
 District: Mysuru,
 State: Karnataka,
 PIN Code: 570009,
 Mobile: 9581517725

84764353


 MC84764353DFL



మీ ఆధార్ సంఖ్య / Your Aadhaar No. :
2568 9842 8472
నా ఆధార్, నా గుర్తింపు




భారత ప్రభుత్వము
Government of India

Issue Date: 28/11/2013



పాగతుర్ రెడ్డి
 Pagatur Redhika
 పుట్టిన తేదీ / DOB: 13/02/1982
 స్త్రీ / Female

2568 9842 8472
నా ఆధార్, నా గుర్తింపు

Infinix HOT 10