

CONCLUSION OF HEALTH CHECKUP

ECU Number : 8673	MR Number : 21038913	Patient Name : GAURAV SUNIL
Age : 37	Sex : Male	Height : 192
Weight : 96.4	Ideal Weight : 80	BMI : 26.15
Date : 20/01/2024		

Dyslipidemia
 Impaired sugars
 Grade II fatty liver
 GB calculi

A
 Stress by style
 medical
 TAI Normal TAI (90)
 (14/10)
 0-0-1
 Fibroscon
 FBS) PL-A)
 morning

Dr. Manish Mittal
 Internal Medicine



Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.

ECU Number : 8673 MR Number : 21038913 Patient Name : GAURAV SUNIL
Age : 37 Sex : Male Height : 192
Weight : 96.4 Ideal Weight : 80 BMI : 26.15
Date : 20/01/2024

Past H/O : NO P/H/O/ ANY MAJOR ILLNESS

Present H/O : NO MEDICAL COMPLAIN PRESENT

Family H/O : FATHER , MOTHER : DM

Habits : NO HABITS

Gen.Exam. : G.C.GOOD

B.P : 120/70

Pulse : 80

Others : SPO2 98 %

C.V.S : NAD

R.S. : NAD

Abdomen : NP

Spleen : NP

Skin : NAD

C.N.S : NAD

Advice :



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Weight : 96.4
Date : 20/01/2024

MR Number : 21038913
Sex : Male
Ideal Weight : 80

Patient Name : GAURAV SUNIL
Height : 192
BMI : 26.15

Ophthalmic Check Up :

Right

Left

Ext Exam

NIL

Vision Without Glasses

6/6 N.5

6/6 N.5

Vision With Glasses

-2.5-0.75 ! 14

-1.75 -0.75 ! 15

Final Correction

NORMAL

NORMAL

Fundus

NORMAL

Our Vision

NORMAL

Advice

NIL

Orthopaedic Check Up :

Ortho Consultation

Ortho Advice

ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice





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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : Mr. GAURAV SUNIL KULASHRESTHA
 Gender / Age : Male / 38 Years 11 Months 3 Days
 MR No / Bill No. : 21038913 / 242074129
 Consultant : Dr. Manish Mittal
 Location : OPD

Type : OPD
 Request No. : 192724
 Request Date : 20/01/2024 08:50 AM
 Collection Date : 20/01/2024 09:32 AM
 Approval Date : 20/01/2024 02:54 PM

CBC + ESR

Test	Result	Units	Biological Ref. Range
Haemoglobin.			
Haemoglobin	15.2	gm/dL	13 - 17
Red Blood Cell Count (T-RBC)	4.88	mill/cmm	4.5 - 5.5
Hematocrit (HCT)	47.5	%	40 - 50
Mean Corpuscular Volume (MCV)	97.3	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	31.1	pg	27 - 32
MCH Concentration (MCHC)	32.0	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	13.3	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	47.4	fl	39 - 46
Total Leucocyte Count (TLC)			
Total Leucocyte Count (TLC)	6.45	thou/cmm	4 - 10
Differential Leucocyte Count			
Polymorphs	54	%	40 - 80
Lymphocytes	38	%	20 - 40
Eosinophils	2	%	1 - 6
Monocytes	6	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	3.46	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.46	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.15	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.33	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.05	thou/cmm	0.02 - 0.1
Immature Granulocytes	1.4	%	1 - 3 : Borderline > 3 : Significant
Platelet Count			
Platelet Count	168	thou/cmm	150 - 410
Remarks	This is counter generated CBC Report, smear review is not done		
ESR	17	mm/1 hr	0 - 10

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

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CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.

Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter by Fluorescent flow cytometry using a semi-conductor laser and hydrodynamic focusing in dedicated channels. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification.

ESR on ESL-30, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Ameer Soni
MD (Path)

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Haematology

Test	Result	Units	Biological Ref. Range
Blood Group			
ABO system	A		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontro
- This method check's group both on Red blood cells and in Serum for "ABO" group.

---- End of Report ----

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Fasting Plasma Glucose

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	125	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	201	mg/dL	70 - 140

By Hexokinase method on EXL Dade Dimension

---- End of Report ----

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MD (Path). DCP.

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HbA1c (Glycosylated Hb)

Test	Result	Units	Biological Ref. Range
HbA1c (Glycosylated Hb)			
Glycosylated Hemoglobin (HbA1c)	6.4	%	
estimated Average Glucose (e AG) *	136.98	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

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Complete Lipid Profile

Test	Result	Units	Biological Ref. Range
Complete Lipid Profile			
Appearance	Clear		
Triglycerides <i>(Done by Lipase /Glycerol kinase on Vitros 5600 < 150 Normal 150-199 Borderline High 200-499 High > 499 Very High)</i>	313	mg/dL	1 - 150
Total Cholesterol <i>(Done by Colorimetric - Cholesterol Oxidase, esterase, peroxidase on Vitros 5600. <200 mg/dL - Desirable 200-239 mg/dL - Borderline High > 239 mg/dL - High)</i>	251	mg/dL	1 - 200
HDL Cholesterol <i>(Done by Colorimetric: non HDL precipitation method PTA/MgCl2 on Vitros 5600 < 40 Low > 60 High)</i>	39	mg/dL	40 - 60
Non HDL Cholesterol (calculated) <i>(Non- HDL Cholesterol < 130 Desirable 139-159 Borderline High 160-189 High > 191 Very High)</i>	212	mg/dL	1 - 130
LDL Cholesterol <i>(Done by Enzymatic (Two Step CHE/CHO/POD) on Vitros 5600 < 100 Optimal 100-129 Near / above optimal 130-159 Borderline High 160-189 High > 189 Very High)</i>	152	mg/dL	1 - 100
VLDL Cholesterol (calculated)	62.6	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	3.9		2.1 - 3.5
T. Ch./HDL Ch. Ratio <i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>	6.44		3.5 - 5

--- End of Report ---

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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea <i>(Done by Endpoint/Colorimetric - Urease on Vitros 5600)</i>	22	mg/dL	10 - 45
BUN	10.28	mg/dL	5 - 21
Creatinine <i>(By Modified Kinetic Jaffe Technique)</i>	0.92	mg/dL	0.9 - 1.3
Estimate Glomerular Filtration rate <i>(Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)</i>	More than 60		
Uric acid <i>(Done by Colorimetric - Uricase, Peroxidase on Vitros 5600)</i>	5.6	mg/dL	3.4 - 7.2

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Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
Bilirubin			
Bilirubin - Total	0.67	mg/dL	0 - 1
Bilirubin - Direct	0.21	mg/dL	0 - 0.3
Bilirubin - Indirect	0.46	mg/dL	0 - 0.7
<i>(Done by Dual Wavelength - Reflectance Spectrophotometry on Vitros 5600)</i>			
Aspartate Aminotransferase (SGOT/AST)	29	U/L	15 - 40
<i>(Done by Multipoint Rate Colorimetric with P-5-P on Vitros 5600)</i>			
Alanine Aminotransferase (SGPT/ALT)	34	U/L	16 - 63
<i>(Done by Multipoint-Rate/Colorimetric with P-5-P (pyridoxa-5-phosphate) on Vitros 5600)</i>			
Alkaline Phosphatase	82	U/L	53 - 128
<i>(Done by Multipoint-Rate - p-nitrophenyl Phosphate, AMP buffer on Vitros 5600)</i>			
Gamma Glutamyl Transferase (GGT)	40	U/L	15 - 85
<i>(Done by Multipoint Rate - L-glutamyl-p-nitroanilide on Vitros 5600)</i>			
Total Protein			
Total Proteins	8.25	gm/dL	6.4 - 8.2
Albumin	4.55	gm/dL	3.4 - 5
Globulin	3.7	gm/dL	3 - 3.2
A : G Ratio	1.23		1.1 - 1.6
<i>(Done by Biuret endpoint and Bromocresol green method on vitros 5600.)</i>			

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Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
Triiodothyronine (T3)	1.32	ng/ml	
<i>(Done by CLIA based method on automated immunoassay Vitros 5600.)</i>			
<i>Reference interval (ng/ml)</i>			
1 - 3 days	: 0.1 - 7.4		
1-11 months	: 0.1 - 2.45		
1-5 years	: 0.1 - 2.7		
6-10 years	: 0.9 - 2.4		
11-15 years	: 0.8 - 2.1		
16-20 years	: 0.8 - 2.1		
Adults (20 - 50 years)	: 0.7 - 2.0		
Adults (> 50 years)	: 0.4 - 1.8		
Pregnancy (in last 5 months)	: 1.2 - 2.5		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			
Thyroxine (T4)	10.7	mcg/dL	
<i>(Done by CLIA based method on automated immunoassay Vitros 5600.)</i>			
<i>Reference interval (mcg/dL)</i>			
1 - 3 days	: 11.8 - 22.6		
1-2 weeks	: 9.8 - 16.6		
1 - 4 months	: 7.2 - 14.4		
4 - 12 months	: 7.8 - 16.5		
1-5 years	: 7.3 - 15.0		
5 - 10 years	: 6.4 - 13.3		
10 - 20 years	: 5.6 - 11.7		
Adults / male	: 4.6 - 10.5		
Adults / female	: 5.5 - 11.0		
Adults (> 60 years)	: 5.0 - 10.7		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			
Thyroid Stimulating Hormone (US-TSH)	1.25	microIU/ml	
<i>(Done by CLIA based method on automated immunoassay Vitros 5600.)</i>			
<i>Reference interval (microIU/ml)</i>			
Infants (1-4 days)	: 1.0 - 39		
2-20 weeks	: 1.7 - 9.1		
5 months - 20 years	: 0.7 - 6.4		
Adults (21 - 54 years)	: 0.4 - 4.2		
Adults (> 55 years)	: 0.5 - 8.9		
<i>Pregnancy :</i>			
1st trimester	: 0.3 - 4.5		
2nd trimester	: 0.5 - 4.6		
3rd trimester	: 0.8 - 5.2		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition)</i>			

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Dr. Rakesh Vaidya
MD (Path). DCP.



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Location : OPD

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Approval Date : 20/01/2024 01:16 PM

Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
Physical Examination			
Quantity	30	mL	
Colour	Pale Yellow		
Appearance	Clear		
Chemical Examination (By Reagent strip method)			
pH	5.5		
Specific Gravity	1.015		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	0 - 1	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

---- End of Report ----

Dr. Ameer Soni
MD (Path)



DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 21038913 Report Date : 20/01/2024

Request No. : 190098556 20/01/2024 8.50 AM

Patient Name : **Mr. GAURAV SUNIL KULASHRESTHA**

Gender / Age : Male / 38 Years 11 Months 3 Days

X-Ray Chest AP

Both lung fields are clear.


Both costophrenic sinuses appear clear.

Heart size is normal.

Hilar shadows show no obvious abnormality.

Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED


Dr. Priyanka Patel, MD.
Consultant Radiologist





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- Ultra High Resolution Sonography
- Multi-Detector CT Scan
- Mammography
- Interventional Radiology
- Digital Subtraction Angiography
- Foetal Echocardiography
- Echocardiography

Patient No. : 21038913 Report Date : 20/01/2024
Request No. : 190098491 20/01/2024 8.50 AM
Patient Name : **Mr. GAURAV SUNIL KULASHRESTHA**
Gender / Age : Male / 38 Years 11 Months 3 Days

USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen

Liver is normal in size and raised echo pattern. No mass lesion identified. The hepatic veins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows a mobile calculus measuring around 18mm without pericholecystic inflammatory changes. Common bile duct is normal.

Pancreas shows no obvious abnormality. Tail obscured.
Spleen is normal size and echo pattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen. **few bilateral tiny renal concretions are seen.**

No ascites.

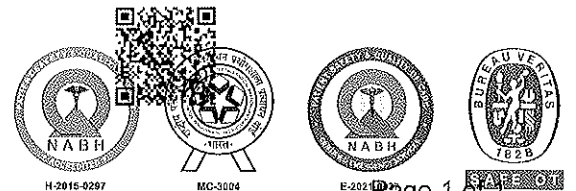
COMMENT:

- **Grade II fatty.**
- **Cholelithiasis without pericholecystic inflammatory changes.**
- **Bilateral renal concretions.**

Kindly correlate clinically

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Dr. Harsh Sanjay Vyas, D N
B
Consultant Radiologist



Patient No. : 21038913 Report Date : 20/01/2024
Request No. : 190098539 20/01/2024 8.50 AM
Patient Name : **Mr. GAURAV SUNIL KULASHRESTHA**
Gender / Age : Male / 38 Years 11 Months 3 Days

Echo Doppler Screening

MITRAL VALVE : NORMAL, NO MR, NO MS
AORTIC VALVE : NORMAL, NO AR, NO AS
TRICUSPID VALVE : NORMAL, NO TR, NO PAH
PULMONARY VALVE : NORMAL
LEFT ATRIUM : NORMAL
AORTA : NORMAL
LEFT VENTRICLE : NORMAL LV SIZE AND SYSTOLIC FUNCTION LVEF -- 60%, NO
RESTING REGIONAL WALL MOTION ABNORMALITY
RIGHT ATRIUM : NORMAL
RIGHT VENTRICLE : NORMAL
I.V.S. : INTACT
I.A.S. : INTACT
PULMONARY ARTERY : NORMAL
PERICARDIUM : NORMAL
COLOUR/DOPPLER
FLOW MAPPING : NO MR, NO AR // TR, NO PAH

FINAL CONCLUSION:

1. NORMAL SIZED ALL CARDIAC CHAMBERS, NO LVH
2. NORMAL LV SYSTOLIC FUNCTION, LVEF -- 60%
3. NO RESTING REGIONAL WALL MOTION ABNORMALITY
4. NORMAL DIASTOLIC FUNCTION
5. NORMAL RIGHT HEART SIZE AND RV PRESSURES
6. NORMAL CARDIAC VALVES, NO MITRAL // AORTIC STENOSIS
7. NO PERICARDIAL EFFUSION, CLOT OR VEGETATION SEEN, SR+.

Dr. KILKOL KANERIA, D.M.,CARD.



Name: Mr. Gautav S. Kulashrestha -
Patient ID: ECU/21038913

20:01:2024 10:14:32
Standard 12-Lead

BHAILAL AMIN GENERAL HOSPITAL

Age: 038Y
Gender: Male

Ref. phys.

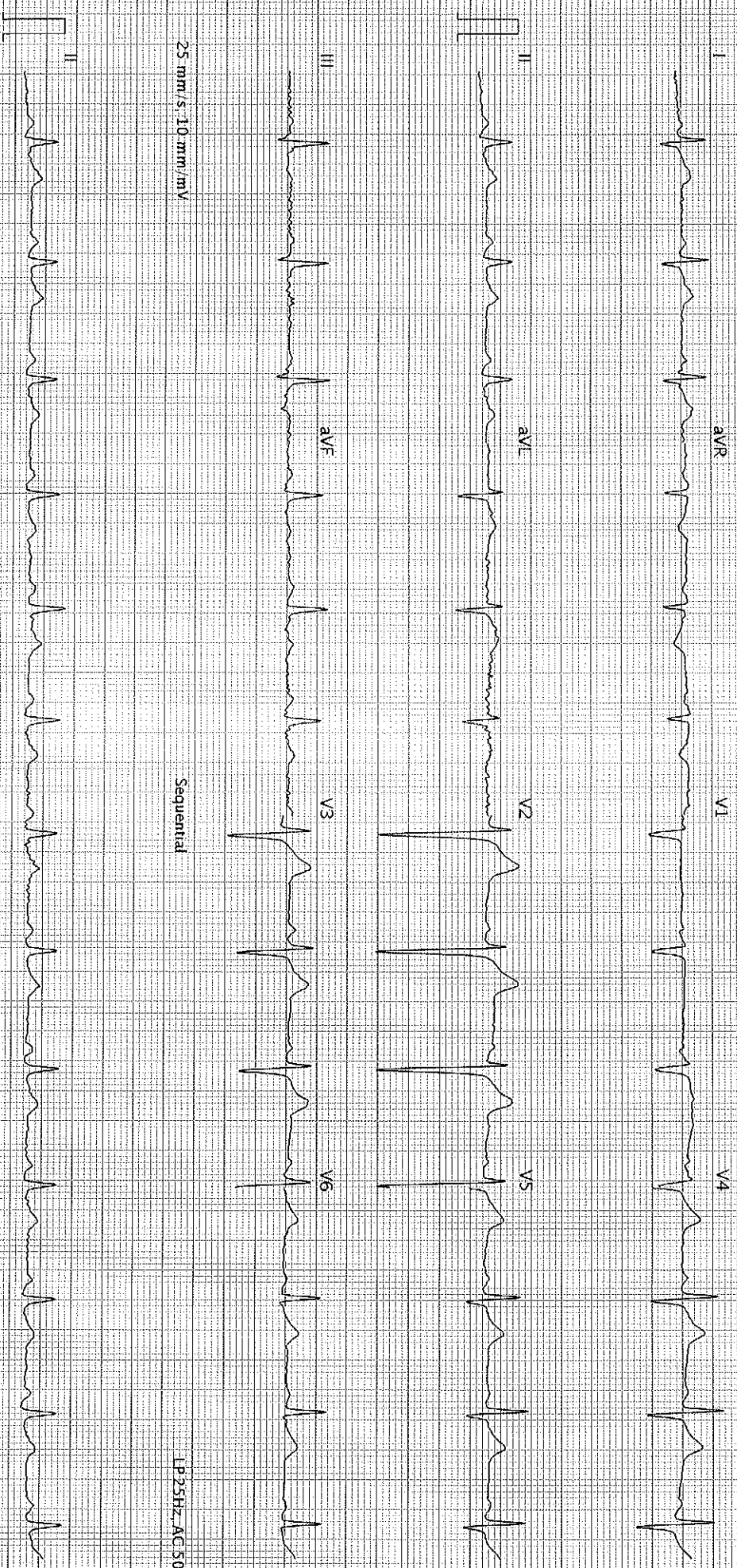
Pacemaker: Unknown

HR: 78 bpm
RR: 774 ms
P: 101 ms
PR: 135 ms
QR: 94 ms
P axis: 51°
QRS axis: 72°
QT: 361 ms
T axis: 28°
QTcB: 410 ms

Unconfirmed report

Remark:

FR UN



25 mm/s, 10 mm/mV

25 mm/s, 10 mm/mV

Sequential

LP 25Hz AG 50Hz

AT-102-G2-1-Z-01 (1080-011030)

BHAILAL AMIN GENERAL HOSPITAL - Printed on 20:01:2024 IC, .45

LP 25Hz AG 50Hz

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SCHILLER

Part No. 2.157048M

€ 0123

SBD