

Medi-wheel - Rlo-Nagpur

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC-2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052



Name: Mrs Shital Gondane Date: 29/2/24

Age: 41 Y Sex: MF Weight: 55.1 kg Height: 156.6 inc BMI: 22.5

BP: 113/77 mmHg Pulse: 73/M bpm RBS: mg/dl

SPO2: 100%

LMP - 16/2/24

41/F

NON HT

NON DM

O/E

JVP°

Cv
Lm
P/A | N

Adv-

HPLC

Diet as advised

Iw-

Hb-11.3


DR. VIMMI GOEL
MBBS, MD
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC-2014/01/0113

Dr. Ashee Parganiha (Chandak)
 MBBS, DNB (OBGYN)
 Fellowship in Urogynaecology, Fellowship in Laparoscopy
 Sr. Consultant Urogynaecology, Obstetrics & Gynaecology
 Pelvic Floor Reconstruction, Vaginal & Laparoscopic Surgeon
 Reg. No: 12-12332

Name Sheetal Gondano. Date 29.02.24

Age 34 Sex M Weight _____ kg Height _____ inc BMI _____

PE

P- PE-
 ex Ax LM WNL
 Gc fair
 P/A soft
 P/S Cc neg (+)
 P/V:- ut R/V
 Bcles
 fr free

dup 16.02.24.
 (R) 3 / 26-27.
 Normal.

ST P2/2 ^{300g} KSCS
 1st oligo
 2nd great CS.

MM Nil.
SM 2 KSCS
A/H
A/eg } Nil.

Name: Ms. Sheetal Gaudine Date: 27/02/24

Age: 37yrs Sex: M/F Weight: _____ kg Height: _____ Inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Routine Dental Checkup

PMH: NRH

PDH: H/O restorations $\frac{7}{7}$

Orl.

Dislodged restorations $\frac{7}{7}$

Proximal Caries $\frac{0}{0}$

Proximal O/L ant.

Prosthetics

RCT & Capping $\frac{0}{0}$

Restorations $\frac{7}{7}$ [Orlay]

Orthodontic +/1.

Dr. Megha

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

SHEETAL GONDANE 37Y(S) 0M(S) 1D(S)F UMR2324038899 7304759401 MARRIED	CONSULT DATE : 29-02-2024 CONSULT ID : OPC2324119352 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS, MS, FVRS, FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
- °F - /min - %RA - /10 - cms
Weight : BMI :
- kgs -

CHIEF COMPLAINTS

ROUTINE CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	I SOFT EYE DROP	Topical	1-1-1-1	Every Day	NA	2 months
Instructions : BOTH EYES						
Composition : SODIUM HYALURONATE 0.1% HPV						

NOTES

GLASS PRESCRIPTION :-

DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	00	00	00	5/6
LEFT EYE	00	00	00	5/6

NEAR ADDITION

RIGHT EYE	+1.00D	MS
LEFT EYE	+1.00D	MS

REMARK- PROGRESSIVE / BIFOCAL WITH ARC / BLUE CUT GLASSES

REVIEW

Follow up Date : 29-08-2024

Ashish Kamble

Dr. Ashish Prakashchandra Kamble
MBBS, MS, FVRS, FICO
Consultant

Printed On : 29-02-2024 11:36:46



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. SHEETAL GONDANE
Age / Gender : 37 Y(s)/Female
Bill No/ UMR No : BIL2324081112/UMR2324038899
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:06 am
Report Date : 29-Feb-24 10:49 am

HAEMOGRAM

Table with 5 columns: Parameter, Specimen, Results, Biological Reference, Method. Rows include Haemoglobin, Haematocrit(PCV), RBC Count, Mean Cell Volume (MCV), Mean Cell Haemoglobin (MCH), Mean Cell Haemoglobin Concentration (MCHC), RDW, Platelet count, WBC Count, and a section for DIFFERENTIAL COUNT including Neutrophils, Lymphocytes, Eosinophils, Monocytes, Basophils, and Absolute Neutrophil Count.



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. SHEETAL GONDANE **Age / Gender** : 37 Y(s)/Female
Bill No/ UMR No : BIL2324081112/UMR2324038899 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:06 am **Report Date** : 29-Feb-24 10:49 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2084.5	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		390.5	20 - 500 /cumm	Calculated
Absolute Monocyte Count		115.5	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
RBC		Microcytosis + (Few), Hypochromia + (Few), Anisocytosis + (Few)		Light microscopy
WBC		As Above		
Platelets		Adequate		
ESR		16	0 - 20 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. SHEETAL GONDANE	Age / Gender : 37 Y(s)/Female
Bill No/ UMR No : BIL2324081112/UMR2324038899	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:05 am	Report Date : 29-Feb-24 10:57 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	93	< 100 mg/dl	GOD/POD, Colorimetric
Post Prandial Plasma Glucose		96	< 140 mg/dl	GOD/POD, Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	4.9	Non-Diabetic : ≤ 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : ≥ 6.5 %	HPLC
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COMMENT

In view of S-window of 38.4% in HbA1c graph, advised HPLC to rule out hemoglobinopathy.
*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. VAIDEHEE NAIK, MBBS,MD

SPANV MCGONALD CONSULTANT PATHOLOGIST Private Limited

44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: 491 0712 6-181100
CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. SHEETAL GONDANE
Age / Gender : 37 Y(s)/Female
Bill No/ UMR No : BIL2324081112/UMR2324038899
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:06 am
Report Date : 29-Feb-24 11:33 am

LIPID PROFILE

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	158	Enzymatic(CHE/CHO/POD)
Triglycerides		64	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		49	
LDL Cholesterol Direct		88.41	
VLDL Cholesterol		13	
Tot Chol/HDL Ratio		3	

<u>Initiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%		<100
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130 10 yrs risk <10% >160
No additional major risk or one additional major risk factor	>160	>190, optional at 160-189 <160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : 11100131

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**

**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. SHEETAL GONDANE	Age / Gender : 37 Y(s)/Female
Bill No/ UMR No : BIL2324081112/UMR2324038899	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:06 am	Report Date : 29-Feb-24 11:33 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.87	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.19	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.68	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		45	38 - 126 U/L	
SGPT/ALT		12	13 - 45 U/L	
SGOT/AST		18	13 - 35 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.98	6.3 - 8.2 gm/dl	
Albumin Serum		4.26	3.5 - 5.0 gm/dl	
Globulin		3.72	2.0 - 4.0 gm/dl	
A/G Ratio		1.1		
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

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**Dr. VAIDEHEE NAIK, MBBS,MD
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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. SHEETAL GONDANE
Age / Gender : 37 Y(s)/Female
Bill No/ UMR No : BIL2324081112/UMR2324038899
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:06 am
Report Date : 29-Feb-24 11:33 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.35	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.19	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		2.38	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**Dr. VAIDEHEE NAIK, MBBS,MD
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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. SHEETAL GONDANE **Age / Gender** : 37 Y(s)/Female
Bill No/ UMR No : BIL2324081112/UMR2324038899 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:06 am **Report Date** : 29-Feb-24 11:33 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	19	15.0 - 36.0 mg/dl	
Creatinine		0.7	0.52 - 1.04 mg/dl	
GFR		114.2	>90 mL/min/1.73m square.	
Sodium		142	136 - 145 mmol/L	
Potassium		4.47	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

patient Name : Mrs. SHEETAL GONDANE
Age / Gender : 37 Y(s)/Female
Bill No/ UMR No : BIL2324081112/UMR2324038899
Referred By : Dr. Vimali Goyal MBBS, MD
Received Dt : 29-Feb-24 11:25 am
Report Date : 29-Feb-24 12:29 pm

URINE SUGAR

Parameter	Result/Values
Urine Glucose	Negative
NOTE	Post meal urine sugar. *** End Of Report ***

Suggested Clinical Correlation : If necessary, Please discuss

Verified By : 11100908

Test results related only to the item tested.

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**Dr. VAIDHEE MALIK, MBBS, MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. SHEETAL GONDANE
Age / Gender : 37 Y(s)/Female
Bill No/ UMR No : BIL2324081112/UMR2324038899
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:41 am
Report Date : 29-Feb-24 11:19 am

USF(URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative		STRIP

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100908

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Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. SHEETAL GONDANE	Age / Gender : 37 Y(s)/Female
Bill No/ UMR No : BIL2324081112/UMR2324038899	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:41 am	Report Date : 29-Feb-24 11:38 am

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	40 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		5	4.6 - 8.0 Indicators
Specific gravity		1.015	1.005 - 1.025 ion concentration
Urine Protein		Negative	Negative protein error of pH indicator
Sugar		Negative	Negative GOD/POD
Bilirubin		Negative	Negative Diazonium
Ketone Bodies		Negative	Negative Legal's est Principle
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal Ehrlich's Reaction
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	0 - 4 /hpf Manual
R.B.C.		1-2	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent



**CLINICAL DIAGNOSTIC LABORATORY
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Patient Name : Mrs. SHEETAL GONDANE
Age / Gender : 37 Y(s)/Female
Bill No/ UMR No : BIL2324081112/UMR2324038899
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 29-Feb-24 09:41 am
Report Date : 29-Feb-24 11:38 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent *** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100908

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**Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

patient Name : MRS. SHEETAL GONDANE
Age / Gender : 37 Yr/Female
Referral No / UMR No : BIL2324081112/UMR2324038699
Referred By : Dr. Vinaya Ganji MBBS, MD
Received Dt : 29-Feb-24 09:06 am
Report Date : 29-Feb-24 12:17 pm

BLOOD GROUPING AND RH

Requester
BLOOD GROUP

Specimen **Results**

E01A Vitro® * A *
Bypass &
Plasma/
Serum

Gel Card Method

in (D) Typing:

* Positive (+)ve)
*** End Of Report ***

Suggested Clinical Correlation • If necessary, Please discuss

Verified By : : 11180045

Test results related only to the item ordered.

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DR. VALIDEHEE NAIR, MBBS, MD
CONSULTANT PATHOLOGIST

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	SIBETAL GONDANE	STUDY DATE	29-02-2024 10:10:17
SEX	37Y 1D / F	HOSPITAL NO.	UNBR2324038899
REGISTRATION NO.	RII.2524081112-10	MODALITY	DX
EXAMINATION TIME	29-02-2024 11:57	REFERRED BY	Dr. Vinod Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.
 Heart and Aorta are normal.
 No hilar shadows appear normal.
 Diaphragm domes and CP angles are clear.
 Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.


DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD, RADIODIAGNOSIS [MMC-55870]

I.B. This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations.
 Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

Station
Telephone:

EXERCISE STRESS TEST REPORT

DOB: 17.10.1986
Age: 37yrs
Gender: Female
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Name: Mrs Sheetal, Gondane
Address: Mohan Nagar,
Mand Park, Nagpur

Date: 28.02.2024
Type: Treadmill Stress Test
Protocol: BRUCE

History:

Reason for Exercise Test:
Suspected for CAD

Exercise Test Summary:

Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
REST	SUPINE	02:34	0.00	0.00	72	110/70	
	HYPERV.	00:01	0.00	0.00	73		
	WARM-UP	00:05	0.00	0.00	74		
EXERCISE	STAGE 1	03:00	1.70	10.00	123	110/70	
	STAGE 2	03:00	2.50	12.00	139	120/70	
	STAGE 3	01:34	3.40	14.00	171		
RECOVERY		01:00	0.00	0.00	133	130/70	
		02:00	0.00	0.00	83	120/70	
		00:25	0.00	0.00	80		

The patient exercised according to the BRUCE for 7:33 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 72 bpm rose to a maximal heart rate of 171 bpm. This value represents 93 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 130/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ECG Changes: none.

Overall impression: Normal stress test.

Conclusions:

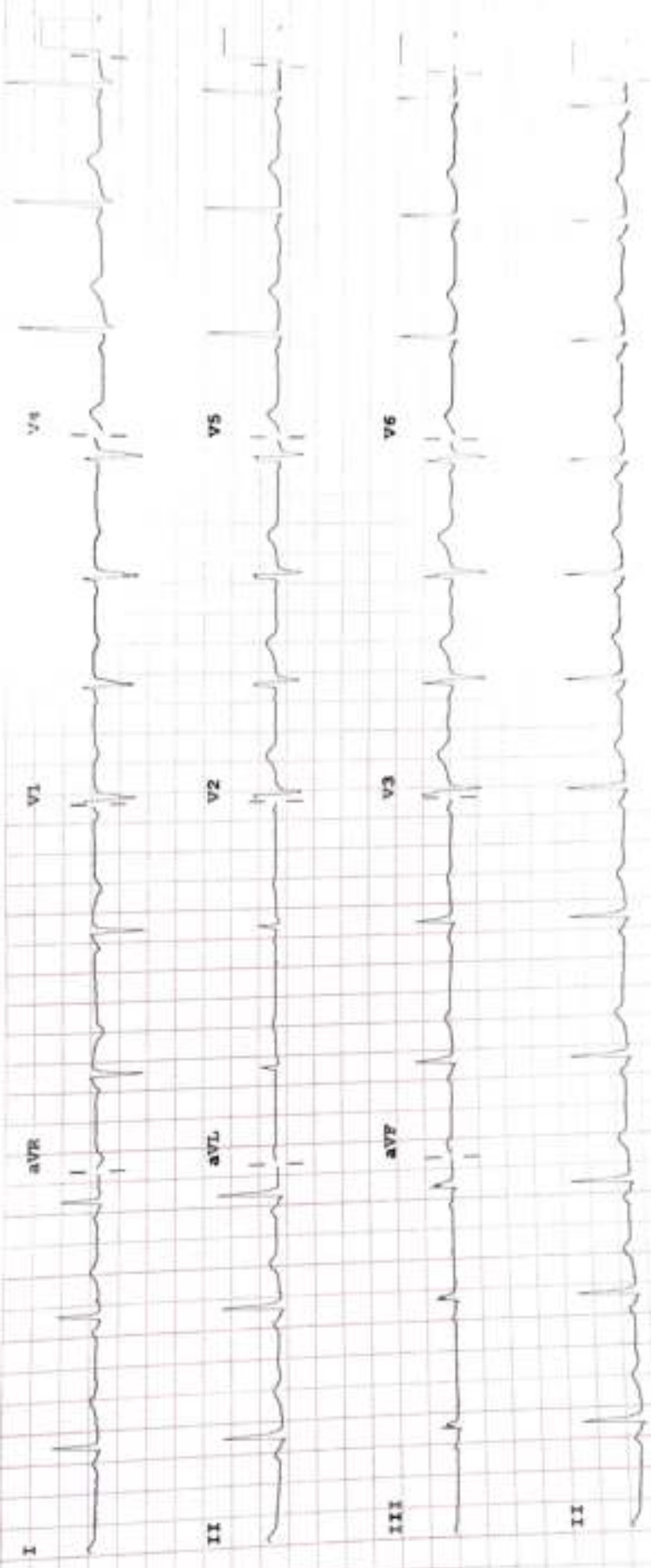
TMT is negative for inducible ischemia.

Dr. VINMI GOEL

MBBS, MD

Dr. Consultant in Department of Cardiology

Reg.No.: 20140210113



Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50-0.50-150 Hz # 100B CL P7

Device:

PHILIPS

11/17/78