

11/24/23, 10:54 AM

Your Apollo order has been confirmed - niyanta@diabetes@gmail.com - Gmail

Please find corporate HC appointment details scheduled for 25-11-2023 at your Niyanta Diabetes & Heart Clinic Pvt Ltd - Narapur Center.

**Points to note:-**

- Collect photocopy of employee ID proof if health check is through an employer.
- Collect photocopy of personal ID proof if health check is for insurance.
- Collect MER as per package details & that company's format (already shared).
- By 12 noon of appointment date, share Work order number & visit status (Show/No show).
- Upload reports in Adhulam portal as per specifications given earlier.

		Appointment Bookings Details								
Company Name	Appointment Name	Package Name	Package Description	Customer Name	Gender	Healthcare Provider	Age	Unit ID	Email ID	Mobile
ARCOFEMI HEALTHCARE LIMITED	ARCOFEMI MEDIWHEEL FEMALE AHC CREDIT PAN INDIA OP AGREEMENT	ARCOFEMI-MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCED - FEMALE - 2D ECHO - PAN INDIA - FY2324	Renal Function Test,GGTP, Gamma Glutamyl Transpeptidase - Serum,Ultrasound - Whole Abdomen,Opthal by General Physician,URINE GLUCOSE(FASTING),Urine Routine (CUE),Blood Grouping And Typing (Abo And Rh),BM,URINE GLUCOSE(POST PRANDIAL),LBC PAP SMEAR,ECG,Package Gynaecological Consultation,Upt Profile (all Parameters),SONO MAMMOGRAPHY - SCREENING,Consultation - Dental,GLUCOSE - SERUM / PLASMA(FASTING AND POST PRANDIAL THYROID PROFILE - (T3, T4 AND TSH),Glycosylated Hemoglobin (HbA1C) - Whole Blood,HEMOGRAM (CBC+ESR),LIVER FUNCTION TEST (PACKAGE),X-Ray Chest PA,Package Consultation - ENT,Fitness by General Physician,2 D ECHO,Dietician consultation,Doctor,GLUCOSE FASTING,LIPID PROFILE,BODY MASS INDEX (BMI),GAMMA GLUTAMYL TRANSFERASE (GGT),COMPLETE URINE EXAMINATION,RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT),BLOOD GROUP ABO AND RH FACTOR,HbA1c, GLYCATED HEMOGLOBIN,SONO MAMMOGRAPHY - SCREENING,DIET CONSULTATION,HEMOGRAM - PERIPHERAL SMEAR,LBC PAP TEST- PAPSURE,THYROID PROFILE (TOTAL T3, TOTAL T4, TSH),PERIPHERAL SMEAR,GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) LIVER FUNCTION TEST (LFT)	Bhavini Mehul lakhariya	female	Self	43	N/A	customercare@medwheels.in	99256
									9925694719	

Please login to AHCN Portal for more details.

AHCN Login URL : [Click on Link](#)

Regards,  
Team Clinic Operations  
Apollo Health and Lifestyle Ltd.,

29/11/23.

Bhaini Lalcharia

Δ Hyperuricemia

O/E T-③

P- 82/117

Sp- 98 °C

BP- 136 / 84 mmHg.

c/o No any  
- fresh complain  
- Generalised  
weeps

RJ }  
C/S } NAD  
C/S }

All blood report &  
Diagnostic report reviewed.

Rx

- ① T. Forbix (40mg) 0 - 1 - 0  
CAFTN Hich) (B)
- ② T. meynaline 03 0 - 1 - 0  
CAFTN  
Lich),

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.  
212 to 217, Swanik Arcade, Pragatinagar,  
Naranpura, Ahmedabad-380013.  
Regd. No. : 051902468

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.

212-217, Swanik Arcade, Nr Arjun Homes, Bih Vardan Tower, Pragatinagar - K. K. Nagar Road, Naranpura, Ahmedabad : 380 013.

Appointment +91 99042 90525 / +91 92656 34065 ☎ 079 2749 98 35 / Emergency : 87340 72706 📧 shreeyantaclinic@gmail.com



25-11-2023 07:12:37

ID: 6020  
Name: Lakhanya, bhavini  
Age: 44yrs  
Sex: Female  
Hospital:  
Department:

0.67Hz - 35Hz AC OFF 25 mm/s 10 mm/mv

<< Analysis Result >>

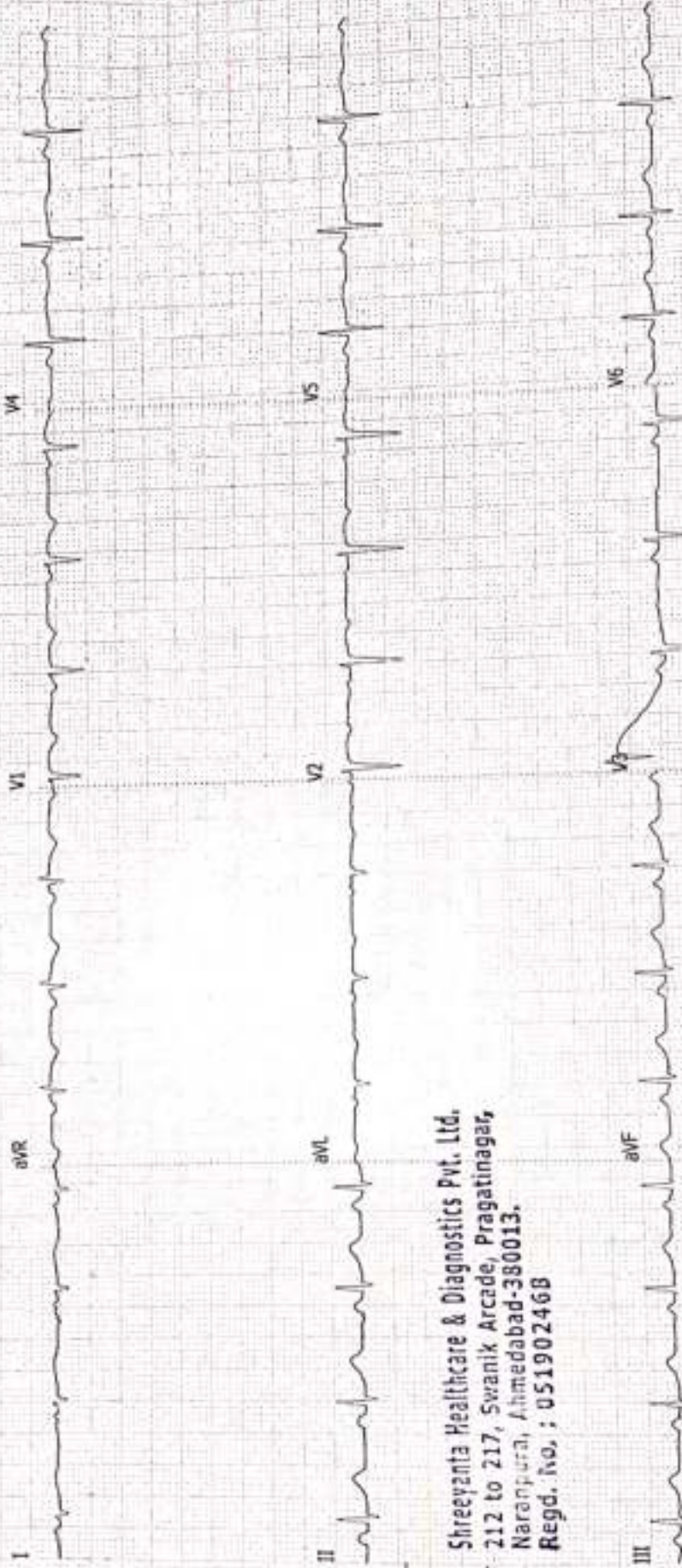
\*\* normal ECG \*\*

HR : 86 bpm  
PR : 136 ms  
QRS : 76 ms  
QT/QTc : 356/426 ms  
P/QRS/T : 67/99/64 deg  
RV5/SV1 : 0.482/-0.530 mv  
RV5+SV1 : 1.012 mv

Dr. Maulik K. Kinarwala  
(M.D. (Medicine), PGDDM (UK)  
Regd. No. : G-14926  
Shreevanta Healthcare & Diagnostics Pvt. Ltd.

NSR  
centru

Need to be confirmed by doctor. Doctor Name: \_\_\_\_\_



Shreevanta Healthcare & Diagnostics Pvt. Ltd.  
- 212 to 217, Swanik Arcade, Pragatinagar,  
Naranpura, Ahmedabad-380013.  
Regd. No. ; 051902468



# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

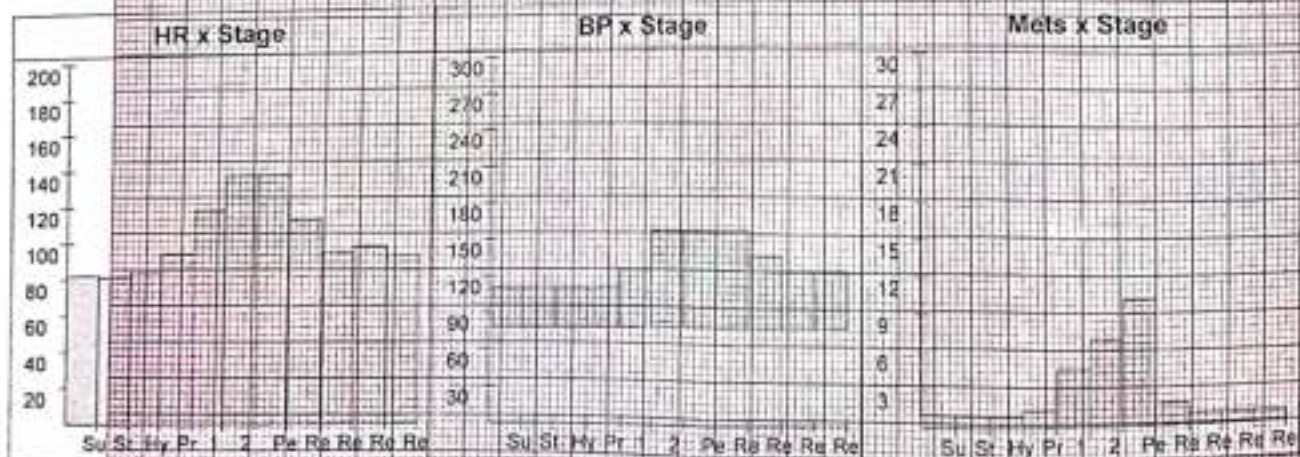
**Patient Details**      Date: 25-Nov-23      Time: 12:03:03 PM  
**Name:** BHAVINI LAKHARIA ID: 788  
**Age:** 44 y      **Sex:** F      **Height:** 148 cms      **Weight:** 47 Kgs  
**Clinical History:** NO  
**Medications:** NO

## Test Details

**Protocol:** Bruce      **Pr.MHR:** 176 bpm      **THR:** 158 (90% of Pr.MHR) bpm  
**Total Exec Time:** 5 m 9 s      **Max. HR:** 137 (78% of Pr.MHR) bpm      **Max. Mets:** 10.20  
**Max. BP:** 156/78 mmHg      **Max. BP x HR:** 21372 mmHg/min      **Min. BP x HR:** 6318 mmHg/min  
**Test Termination Criteria:** FATIGUE & BREATHLESSNESS

## Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 30	1.0	0	0	82	110/78	-0.64 III	1.06 II
Standing	0 : 33	1.0	0	0	81	110/78	-0.21 aVR	1.06 II
Hyperventilation	0 : 14	1.0	0	0	84	110/78	-0.21 aVR	0.71 II
1	3 : 0	4.0	1.7	10	116	124/78	-1.27 III	1.77 II
2	3 : 0	7.0	2.5	12	137	156/78	-2.34 III	2.12 II
Peak Ex	0 : 0	10.2	3.4	14	137	156/78	-0.65 III	1.42 II
Recovery(1)	1 : 0	1.8	1	0	112	156/78	-1.27 II	1.77 II
Recovery(2)	1 : 0	1.0	0	0	94	136/78	-1.06 II	1.77 II
Recovery(3)	1 : 0	1.0	0	0	97	124/78	-0.64 II	1.42 II
Recovery(4)	0 : 14	1.0	0	0	92	124/78	-0.64 III	0.71 II





# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

## Patient Details

Date: 25-Nov-23

Time: 12:03:03 PM

Name: BHAVINI LAKHARIA ID: 788

Height: 148 cms

Weight: 47 Kgs

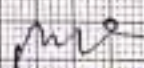
Age: 44 y

Sex: F

## Interpretation

MODERATE EXERCISE TOLERANCE  
NORMAL HEMODYNAMIC AND CHRONOTROPIC RESPONSE  
NO SIGNIFICANT ST-T CHANGES ARE SEEN DURING EXERCISE AND RECOVERY  
RECOVERY UNEVENTFUL  
NO ANGINA, GALLOP, ARRHYTHMIA  
TEST IS INCONCLUSIVE FOR EXERCISE INDUCED ISCHEMIA DURING EXERCISE AND RECOVERY AT MODERATE WORKLOAD

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.  
212 to 217, Sivanik Arcade, Pragati Nagar,  
Indraprastha, New Delhi-110023,  
Regd. No. : 051902468

  
Dr. Maulik K. Kinariwala  
(M.D. (Medicine), FRCGS (UK))  
Regd. No. : G-14925  
Shreeyanta healthcare & Diagnostics Pvt. Ltd.  
Doctor: Dr. Maulik Kinariwala

Ref. Doctor: APOLEO

( Summary Report edited by user )



# SHREYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

## Test Report

**BHAVINI LAKHARIA (44 F)**

ID: 788

Date: 25-Nov-23

Exec Time : 0 m 0 s

Stage Time : 0 m 24 s HR: 80 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 110 / 78

ST Level (mm)    ST Slope (mV/s)

ST Level (mm)    ST Slope (mV/s)

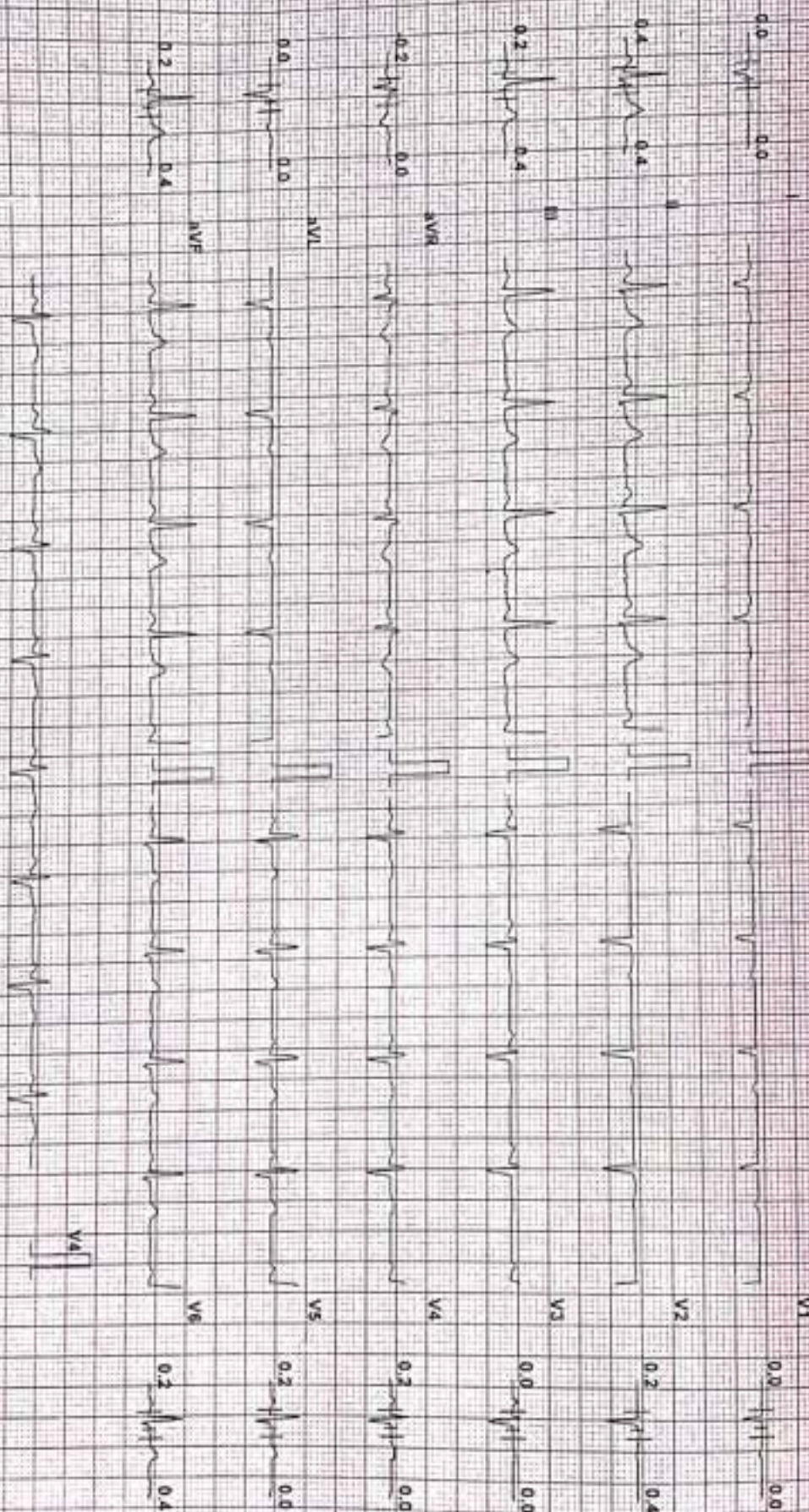


Chart Speed: 25 mm/sec  
Spike: 1 mV

Filter: 35 Hz

Matrix: Filtr. ON

Ampl: 10 mm

50 = R - 60 ms

1 = R - 60 ms

Lead I - 60 ms

Linked Motion



# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

## Test Report

BHAVINI LAKHARIA (44 F)

ID: 788

Date: 25-Nov-23

Exec Time : 0 m 0 s Stage Time : 0 m 27 s HR: 83 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 110 / 78

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

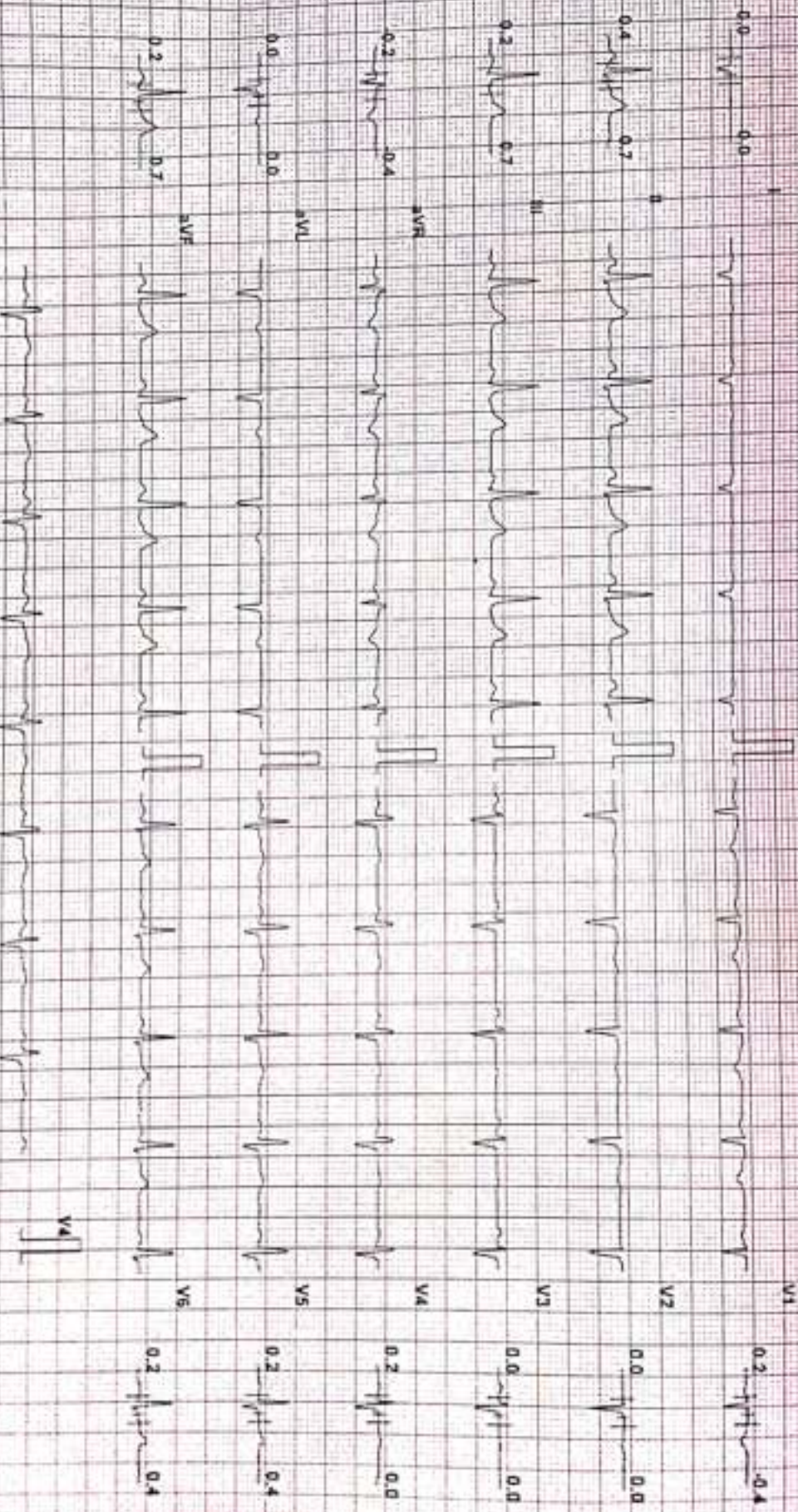


Chart Speed: 25 mm/sec  
Scale: Standard V47

Filter: 35 Hz

Main: ECG ON

Amp: 10 mm

Imp: R-50mm

L-R-50mm

Print: J-50mm  
Linked Median



SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

BHAVINI LAKHARIA (44 F)

Protocol: Bruce

ID: 798

Date: 25-Nov-23

Exec Time : 0 m 0 s

Stage Time : 0 m 8 s

HR: 86 bpm

Stage: Hyperventilation

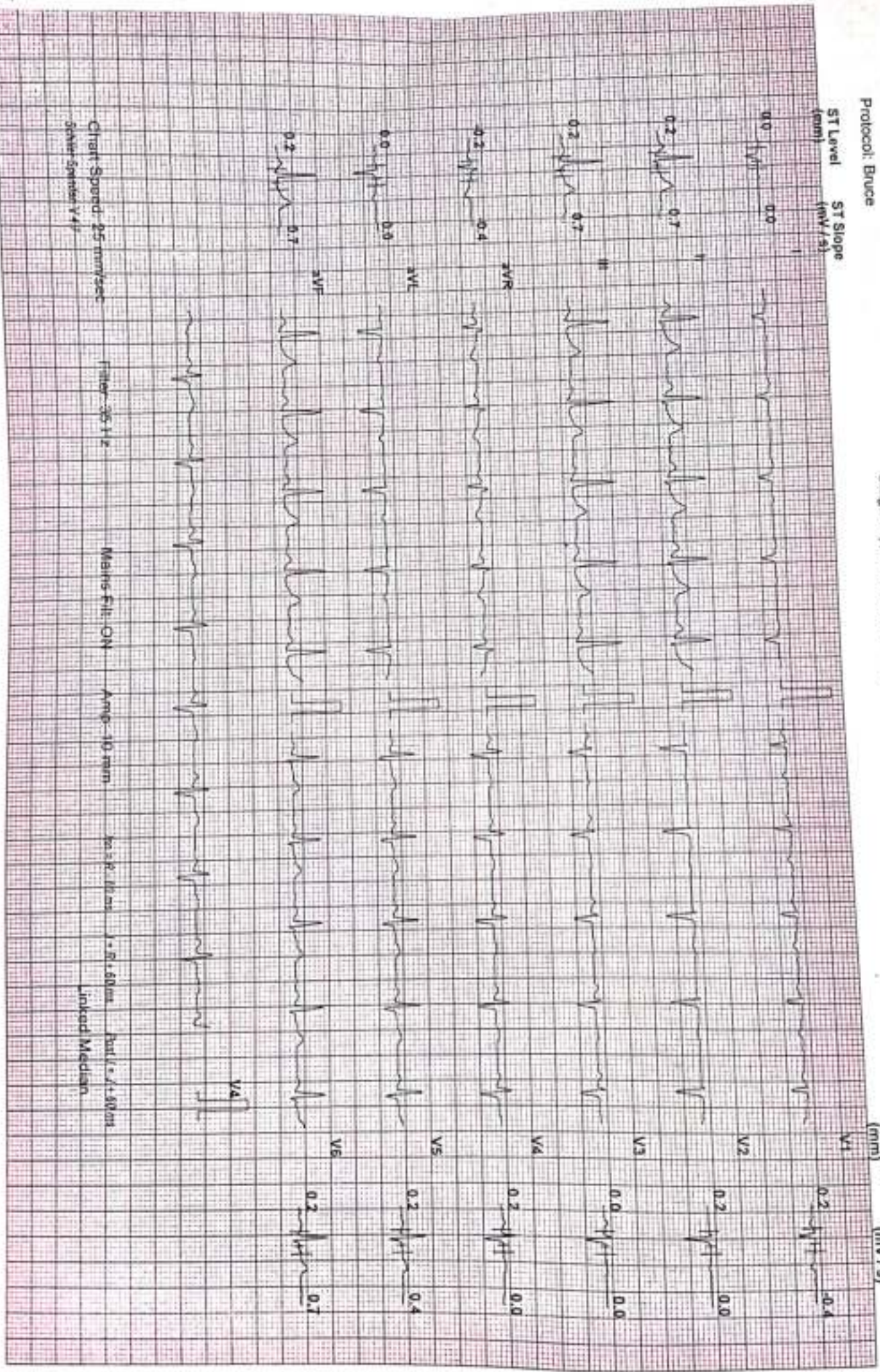
Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 110 / 78

ST Level (mm) ST Slope (mV/s)





Test Report

SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

BHAVINI LAKHARIA (44 F)

ID: 788

Date: 25-Nov-23

Exec Time : 2 m 54 s Stage Time : 2 m 54 s HR: 123 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 158 bpm)

B.P: 124 / 78

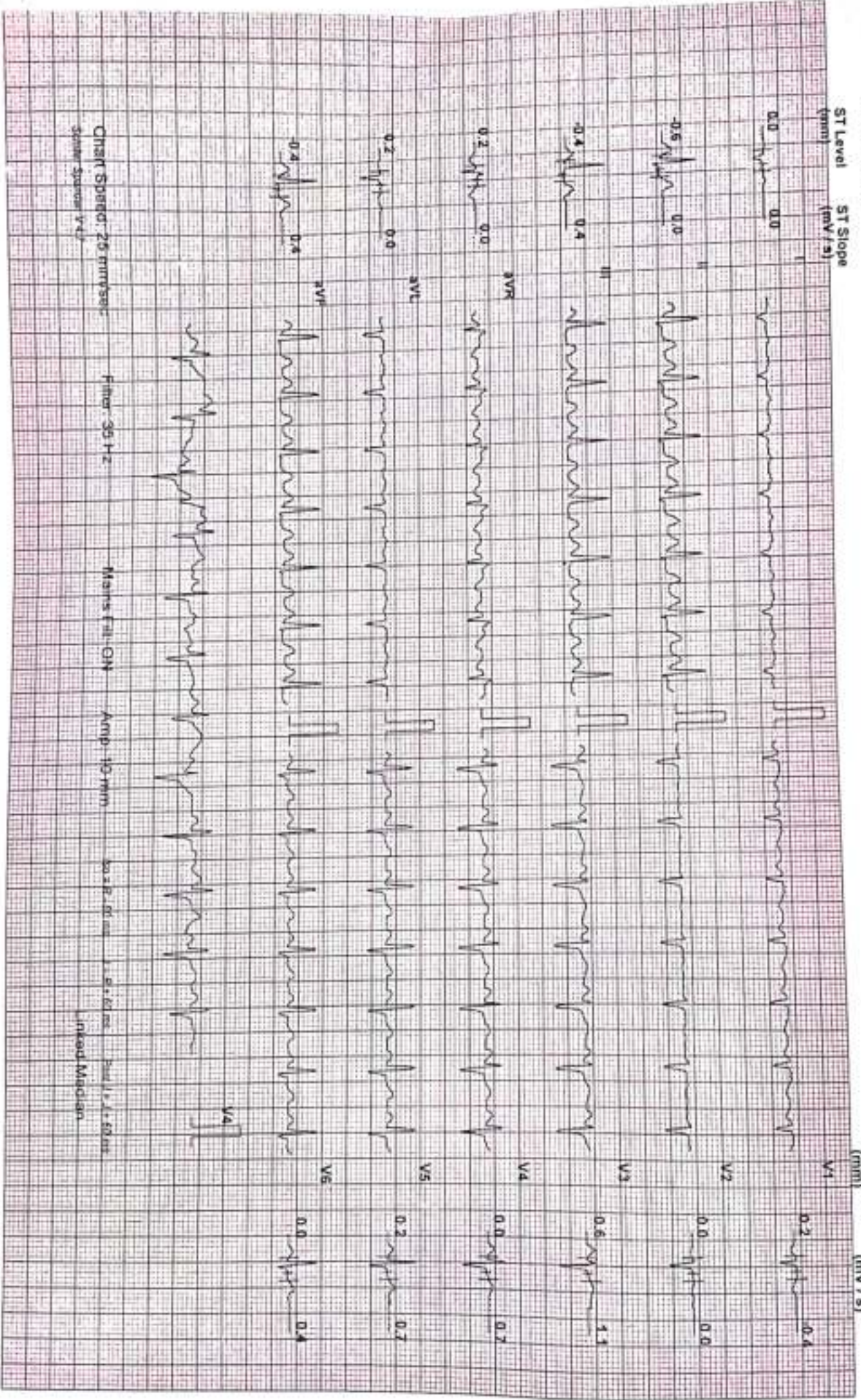


Chart Speed: 25 mm/sec  
Sens: Standard V4

Filter: 35 Hz

Main's Fil: GN

Amp: 10 mm

Base of lead

Lead: aVR

Lead: aVL

Lead: aVF

Lead: V1

Lead: V2

Lead: V3

Lead: V4

Lead: V5

Lead: V6



SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

Test Report

BHAVINI LAKHARIA (44 F)

ID: 788

Date: 25-Nov-23 Exec Time : 5 m 54 s Stage Time : 2 m 54 s HR: 137 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph Grade: 12 %

(THR: 158 bpm)

B.P.: 156 / 78

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

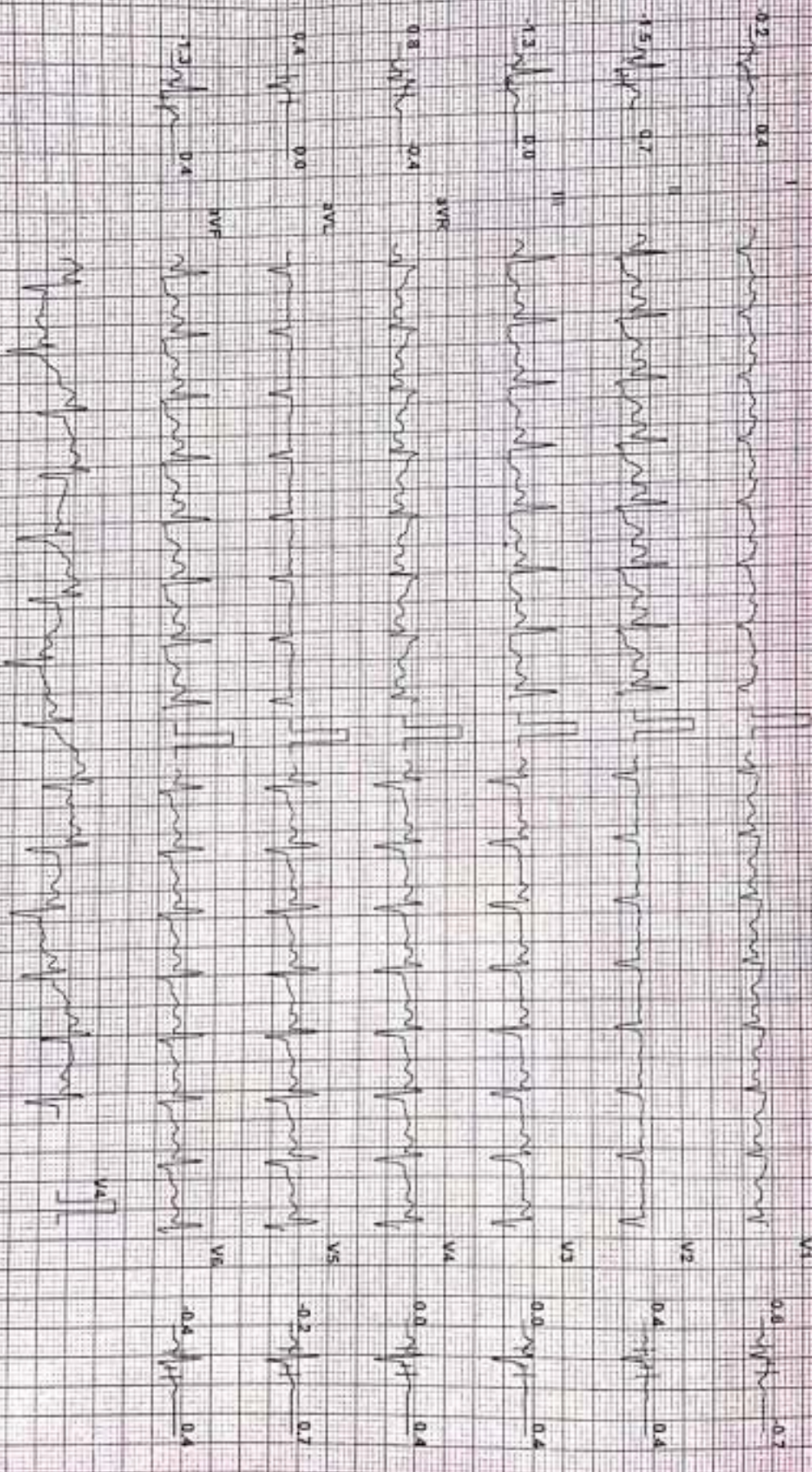


Chart Speed: 25 mm/s  
Sens: Standard (1)

Filter: 35 Hz

Main's Fil: ON

Amp: 50 mm

60-80 mm

1.2-6.0 mm

200-400

Linked Median



# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT. LTD.

**BHAVINI LAKHARIA (44 F)**

Protocol: Bruce

Exec Time 3 m 9 s

ID: 788

Stage 2

Stage Time 0 m 9 s

Date: 25-Nov-23

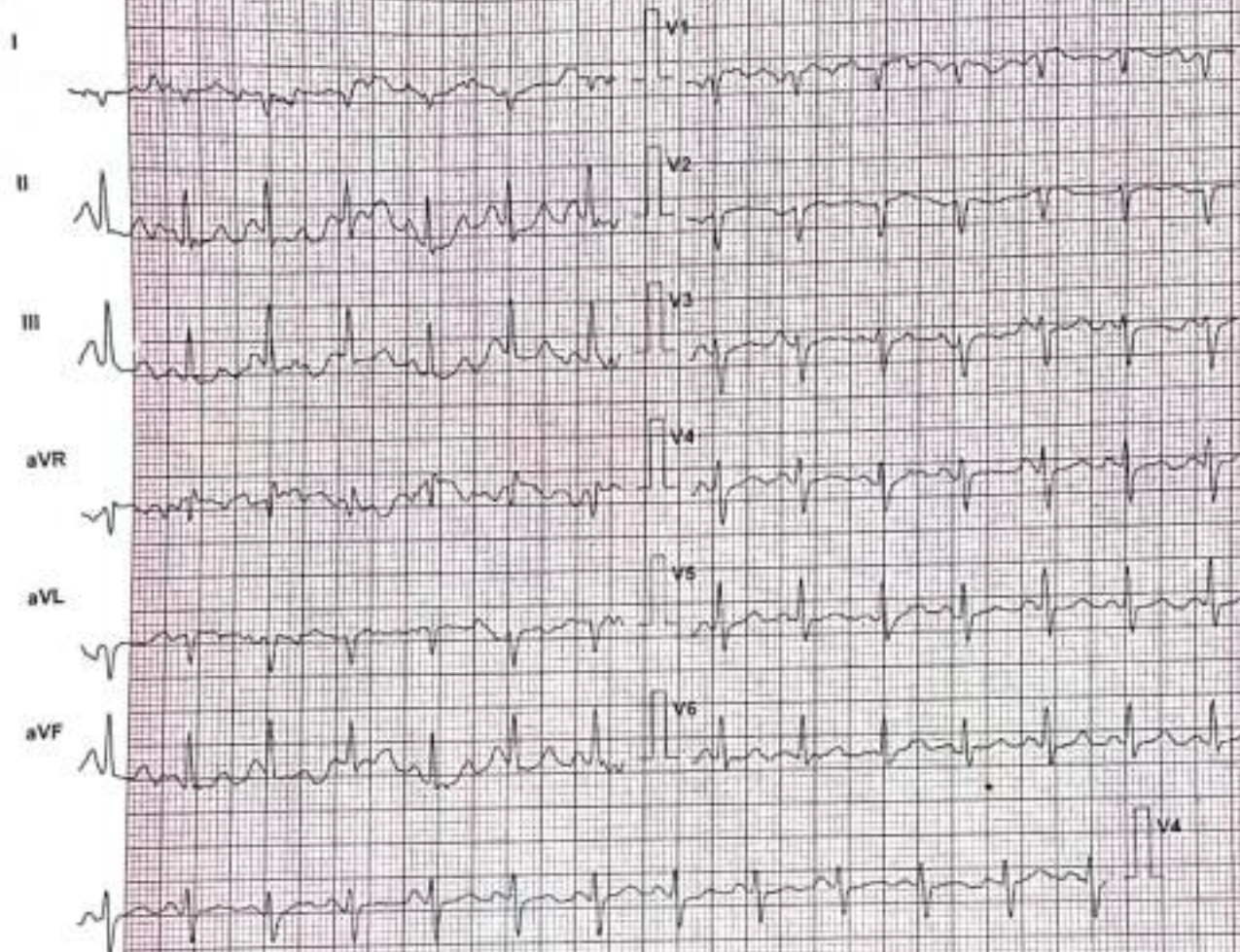
Speed: 2.5 mph

HR: 125 bpm

BIP: 124 / 78

Grade: 12 %

(THR: 158 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.2	0.0
aVR	0.2	0.0
V1	0.2	0.0
V4	0.2	0.0
II	-0.4	0.4
aVL	0.2	0.0
V2	0.2	0.0
V5	0.2	0.0
III	-0.6	0.7
aVF	-0.4	0.7
V3	0.0	0.4
V6	0.0	0.4

Chart Speed: 25 mm/sec  
Schiller Speeder V-47

Filter: 35 Hz  
Ise = R - 60 Hz    I - R = 60 Hz    Post I = 2 - 50 Hz

Mains Filtr. ON    Amp: 10 mm



# SHREYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

## Test Report

**BHAVINI LAKHARIA (44 F)**

ID: 788

Date: 25-Nov-23 Exec Time : 5 m 54 s Stage Time : 2 m 54 s HR: 137 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 2.5 mph Grade: 12 %

(THR: 158 bpm)

B.P: 156 / 78

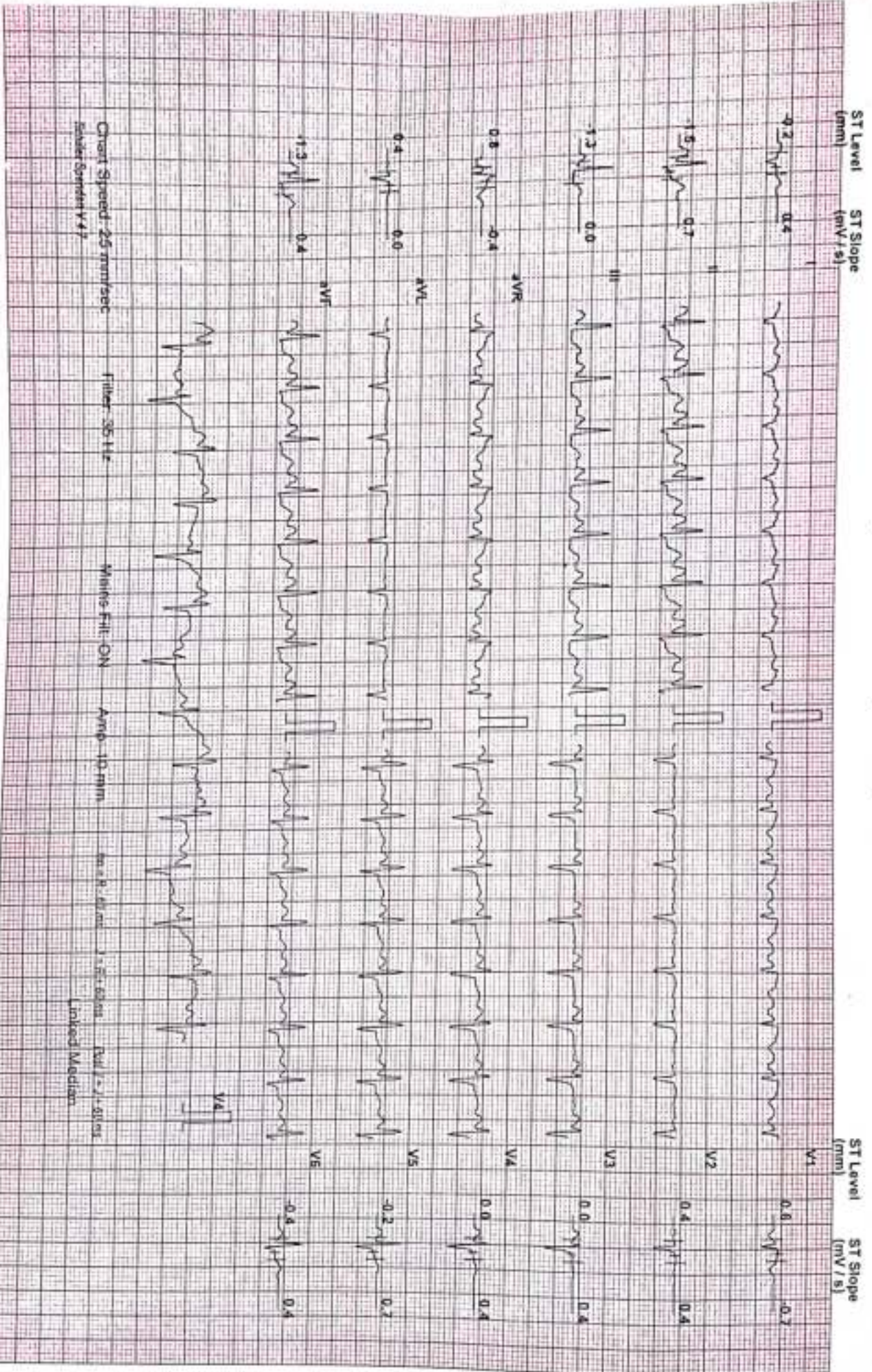


Chart Speed: 25 mm/sec  
Paper Speed: V4

Filter: 35 Hz

Waveform: GN

Ampl: 10mm

Scale: 1.5 sec

Date: 25-11-2023

Lead: Median



SHREYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

Test Report

BHAVINI LAKHARIA (44 F)

ID: 789

Date: 25-Nov-23

Exec Time : 6 m 0 s

Stage Time : 0 m 54 s HR: 113 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 1 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 156 / 78

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

0.0 0.0

0.0 0.0

0.5 1.4

0.2 0.0

0.5 1.4

0.2 0.2

0.4 1.4

0.2 0.2

0.2 0.7

0.2 1.1

0.2 0.4

0.4 0.7

0.4 1.1

0.2 0.7



Chart Speed: 25 mm/sec  
Scale: Standard V47

Filter: 35 Hz

Main's Fil: ON

Ampl: 10 mm

Lead: aVR, aVL, aVF, V1, V2, V3, V4, V5, V6

Print: 4.18 cm

Linked Median



# SHREYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

## Test Report

BHAVINI LAKHARIA (44 F)

ID: 788

Date: 25-Nov-23

Exec Time : 6 m 0 s

Stage Time : 0 m 54 s HR: 96 bpm

Protocol: Bruce

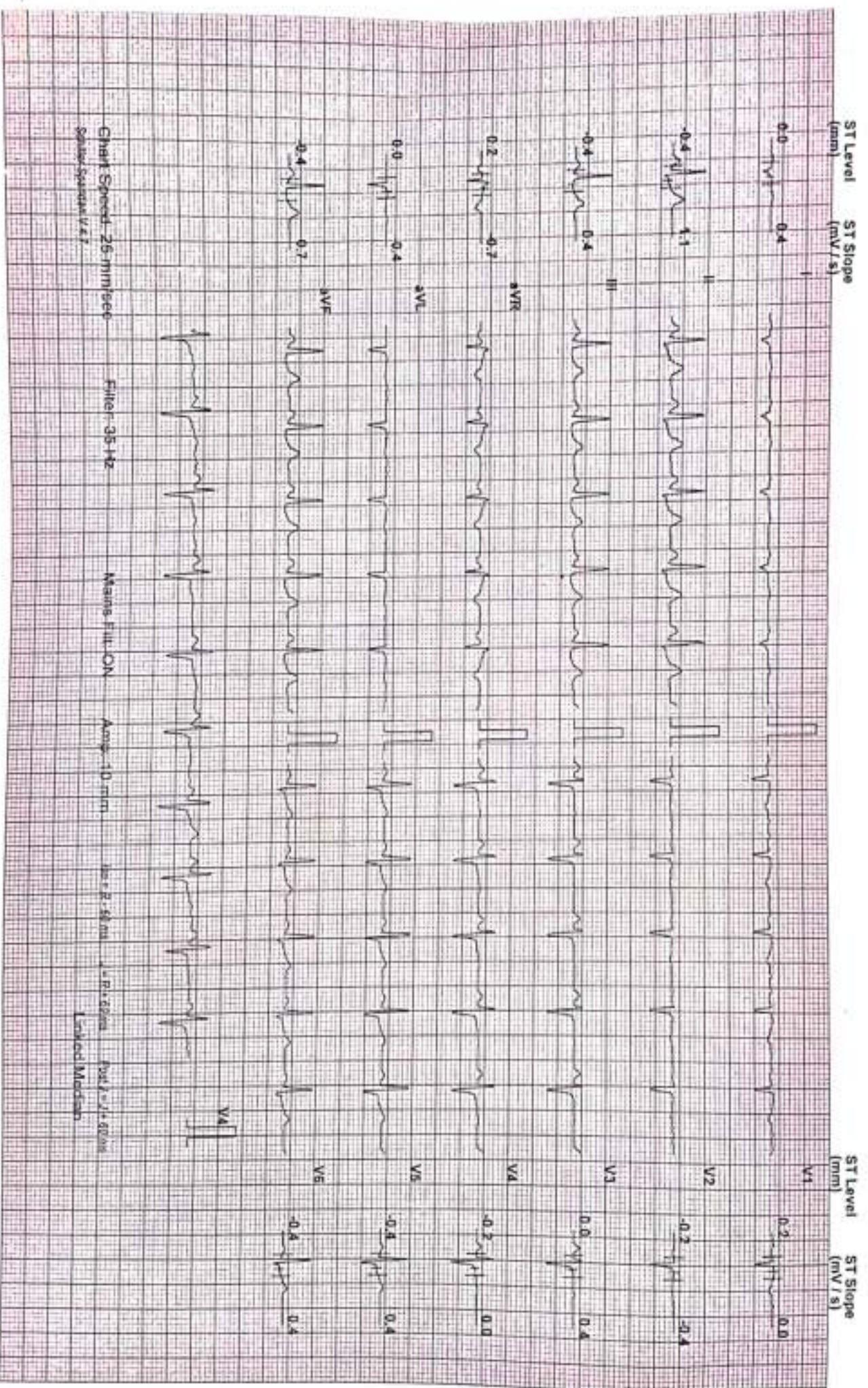
Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 136 / 78





SHREYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

Test Report

BHAVINI LAKHARIA (44 F)

ID: 788

Date: 25-Nov-23

Exec Time : 6 m 0 s

Stage Time : 0 m 54 s HR: 97 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 124 / 78

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

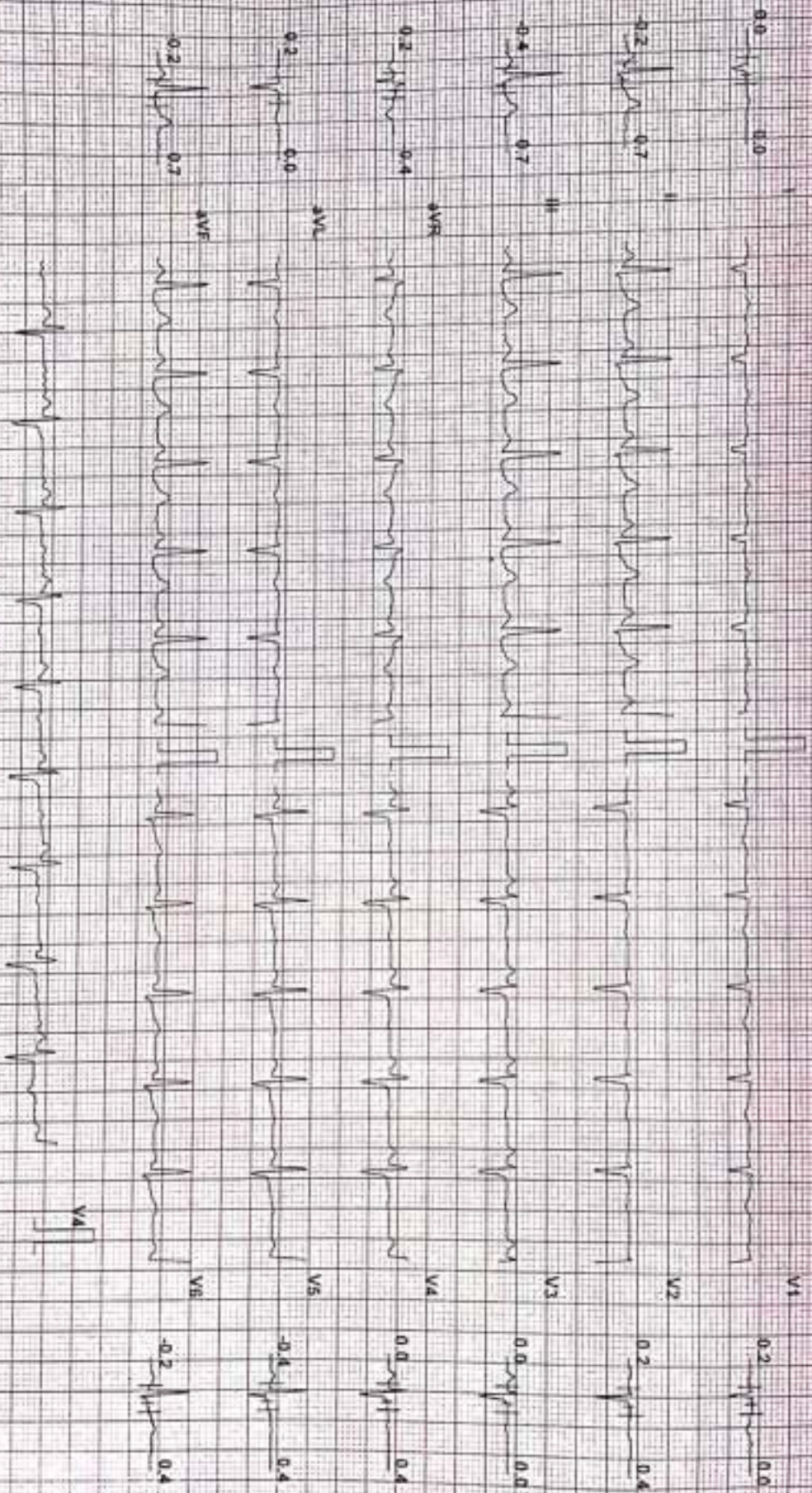


Chart Speed: 25 mm/sec  
Sensit: Standard V<sub>1</sub>

Filter: 35 Hz

Waveform: ON

Ampl: 10 mm

Imp: 3.0 mm

Lead: 60 mm

Foot: 1.2 60 mm

Linked Median



# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

## Test Report

**BHAVINI LAKHARIA (44 F)**

ID: 789

Date: 25-Nov-23

Exec Time : 6 m 0 s

Stage Time : 0 m 8 s

HR: 92 bpm

Protocol: Bruce

Stage: Recovery(4)

Speed: 0 mph

Grade: 0 %

(THR: 158 bpm)

B.P: 124 / 78

ST Level (mm)    ST Slope (mV/s)

ST Level (mm)    ST Slope (mV/s)

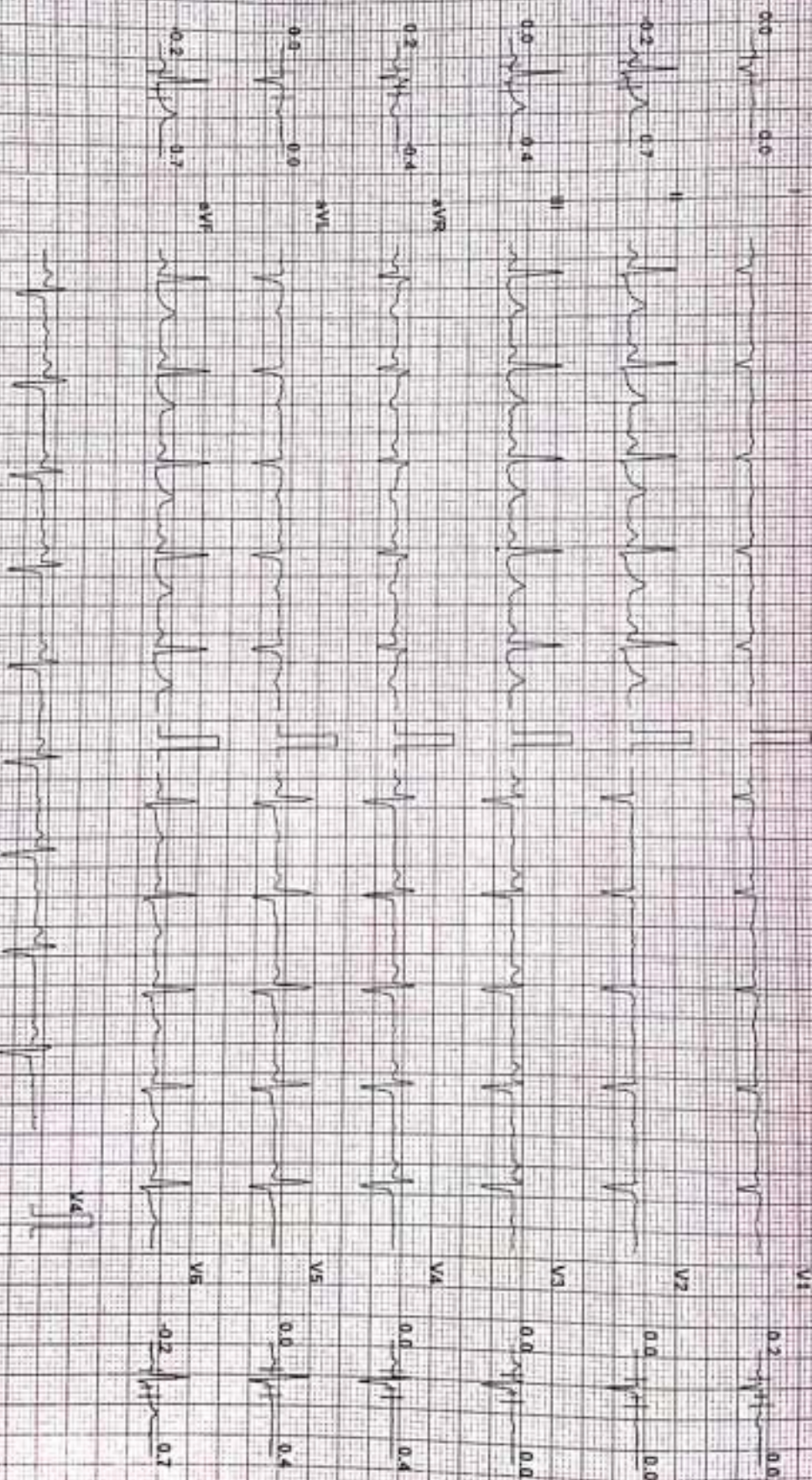


Chart Speed: 25 mm/sec  
Caliber: Standard V47

Paper: 36 Hz

Marker-Fix: ON

Amp: 10 mm

Sec: R-60 mm

5.0 - 5.0 mm

3rd / 4.5 - 5.0 mm

Linked Median





# AHMEDABAD DENTAL

610, Swanik Arcade, Opp. Arjun Green, Pragatinagar,  
Naranpura, Ahmedabad, Gujarat 380013  
Ph.: 9879994844, **9725368282**  
Web : www.ahmedabadental.com

Name : Lakharaja Bhavini Mehubhai Date : 25-11-2023  
Mobile No. : 9974905936 Case No. : 128  
Email : bhavinilakharaja@gmail.com Birth Date : 12-6-1979  
Occupation : Housewife  
Address : B-16, Nandanvan Apt., near Bajkheda SOC., Maninagar (E).  
Medical History : NO History (N/A)

### Consent Statement :

I hereby authorize and request the performance of dental services for Myself. I also give my consent to any advisable and necessary dental procedures, medications or anaesthetics to be administered by the attending dentist. I completely understand the complications and risks associated with the same. I understand and acknowledge that I am Financially responsible for service provided for my self of the above mentioned.

હું ડોક્ટરને દાંત પાડવાની/સર્જરી/દાંતની તમામ સારવાર અને તે માટે જરૂરી શીશો સંઘાડવાની/ઇન્જેક્શન આપી જઠેર કરાવાની અને દવા લાખવાની સંમતિ આપુ છું. મેં ડોક્ટર સાહેબને મારી જિભારીને લગતી તમામ સાચી માહિતી આપી છે અને ડોક્ટર સાહેબે સારવાર અંગેના તમામ સાચા/ખોટા પરિણામોની મને મારી ભાષામાં જાણકારી આપી છે. સારવાર દરમ્યાન જો મને કંઈપણ ઘાચ અને સારવાર ના ખર્ચાની સંપૂર્ણ જવાબદારી મારી રહેશે તે અંગે ડોક્ટર/હોસ્પિટલ/રસીક/સંસ્થા જવાબદારી રહેશે નહિ.

Signature, (In case of minor) Signature of Guardian

B. B. B.

Chief Complaints : pt had visited for her regular check-up

Examination	Treatment Required
<p><u>O/E</u>            → present teeth 1st <math>\frac{7-1}{8-1} / \frac{11-7}{1-8}</math>            → stains: ++            → calculus: ++            → class-1 caries 1st <math>\frac{8}{8} / \frac{8}{8}</math></p>	<p>Rx            (M) scaling            (A) rest. 1st <math>\frac{8}{8} / \frac{8}{8}</math></p>
<p>Shreeyanta Healthcare &amp; Diagnostics Pvt. Ltd.            212 to 217, Swanik Arcade, Pragatinagar,            Naranpura, Ahmedabad-380013.            Regd. No. : 051902468</p>	

• Interest in recall at : 3 months  6 months



PATIENT NAME: BHAVINI LAKHARIYA

AGE/SEX : 44 Years/FEMALE

REF. DOCTOR : HEALTH CHECK UP

DATE : 25/11/2023

**EYE VISION CHECK UP**

EYE PARAMETERS	RIGHT EYE	LEFT EYE
DISTANCE VISION	6/6 -1.75 WITH GLASS	6/6 -1.75 WITH GLASS
NEAR VISION	N/6 +1.75 WITH GLASS	N/6 +1.75 WITH GLASS
COLOUR VISION	NO COLOUR BLINDNESS	NO COLOUR BLINDNESS

  
**Dr. Parth Shah**  
(M.S., Ophthalmologist)  
Regd. No. : G-23575

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.

212-217, Swanik Arcade, Nr Arjun Homes, B/h Vardan Tower, Pragatinagar - K. K. Nagar Road, Naranpura, Ahmedabad : 380 013.

Appointment +91 99042 90525 / +91 92656 34065 ☎ 079 2749 98 35 / Emergency : 87340 72706 📧 shreeyantaclinic@gmail.com



## Diet Plan - 21.2

Date: 25/11/23

Name: Bheewini ben

Age: 44

Height: 148

Weight: 47.4

B.M.I.: 22.2

Activity Level: NO -

Recommended Calories: 1750 kcal

7:00

सवारे (Morning)

मेथीनुं पाणी 1 ग्लास, चा/दुध/कोडी 1 कप (भांड वगैर)

8:00

नास्तो (Break Fast)

भीसा वेजुटेनल पराठा 1 नंग, दही 1/2 वाटकी, कुट (नारंगी / मोसंबी) 1 नंग

10:00

मोडी सवारे (Mid Morning)

इशगावेला कडोण 1 वाटकी, जदाम / अणरोट 1 नंग

1:00

जपोरे जमवानुं (Lunch)

सलास 1 जाडिल, शाकभाजु 1 वाटकी, दाण के कडोण 1 वाटकी, रोटली 3 नंग, भात 1 वाटकी, छशा 1 ग्लास (200ml)

4:00

जपोरे (Tea Time)

चा / दुध / कोडी 1 कप, वेजुटेनल सेन्डवीच 1 नंग

अथवा  
अणरोट

6:00

रात्रे (Dinner)

सलास 1 जाडिल, शाकभाजु 1 वाटकी, छशा / दही / कडी 1 वाटकी, जावरीनो रोटलो / भाजरी 1 नंग, भीयडी 1 वाटकी

10:00

रात्रे (Bed Time)

दुध 1 ग्लास (200ml, भांड वगैर), शेकेला चणा / चटाणा 1 वाटकी

M.M. Periyal

Special Recommendations :

सुत: 20ml/day

याग: 12-15 गजिन

Shreyanta Healthcare & Diagnostics Pvt. Ltd.  
212 to 217, Swanik Arcade, Pragatinagar,  
Naranpura, Ahmedabad-380013.  
Regd. No. : 051902468

NIYANTA DIABETES & HEART CLINIC



# Human Body Composition Monitoring Report of Analysis and Suggestion

Name	Gender	Age	Height	Time of Measurement
Bhavini ben	Male	44	146cm	2023-11-25 11:42

Total Score 57.6

Bio-Age 51

### Indicators of Body Composition

Indicators	Results	Ideal Range
Weight(kg)	47.4	39.4 ~ 50.9
BMI(kg/ m <sup>2</sup> )	22.2	18.5 ~ 23.9
TBF%	28.4	13 ~ 25
VFI	9.4	2.1 ~ 9
TBW%	54.5	50 ~ 70
SM%	28.6	35 ~ 49
BMC(kg)	1.8	2.2 ~ 2.8
BMR (KCal/d)	1103	1350 ~ 1725

### Condition Judgement



### Weight Control Advice

Reduce Fat <input type="checkbox"/>	Enhance Muscle <input checked="" type="checkbox"/>	Maintain the status <input type="checkbox"/>
Maintain Weight	39.4 ~ 51.0 kg	
Increase Muscle	3.0 ~ 9.7 kg	
Reduce Fat	1.6 ~ 7.3 kg	
Maintain Water	23.7 ~ 33.2 kg	
Increase Minerals	0.4 ~ 1.0 kg	

### Recommended daily calorie intake

1146 KCal/day

### Fat-Free Mass and Fat Mass Analysis

Focus	Results	Ideal Range
Fat Mass FM(kg)	13.46	5.13 ~ 12.74
Fat Mass Index FMI	6.32	2.4 ~ 5.98
Fat-Free Mass FFM(kg)	33.94	34.3 ~ 38.21
Fat-Free Mass Index FFMI	15.92	16.09 ~ 17.93
Ratio of Fat to SM	0.99	0.37 ~ 0.51



### Body Composition Balance Analysis

Upper limb balance	<span style="border: 1px solid black; padding: 2px 10px;">1</span>	
<input checked="" type="checkbox"/> Symmetrical	<input type="checkbox"/> Enhance Left	<input type="checkbox"/> Enhance Right
Body balance	<span style="border: 1px solid black; padding: 2px 10px;">0.993</span>	
<input checked="" type="checkbox"/> Symmetrical	<input type="checkbox"/> Enhance Left	<input type="checkbox"/> Enhance Right
Lower limb balance	<span style="border: 1px solid black; padding: 2px 10px;">1</span>	
<input checked="" type="checkbox"/> Symmetrical	<input type="checkbox"/> Enhance Left	<input type="checkbox"/> Enhance Right

### Body Composition and Health Evaluation

Result reads standard weight but excessive body fat. It is a sign of risk which causes agility degenerating, being out of shape physically, even metabolic diseases such as high blood pressure, high blood glucose etc. Too little muscle due to inadequate exercise. Please do aerobic exercise and strengthening exercise once every two days.

### Health Risk Warning

Warning: visceral fat level is high. There is something wrong with your lipid metabolism, easy to cause fat liver, high blood lipids. Please lower visceral fat level to male's ideal value 4. Inadequate bone minerals content is a sign of alert that one is more likely to suffer from middle aged and elderly osteoporosis.



NAME: BHAVINIBEN LAKHARIA	AGE: 46 YRS/FEMALE
REF BY: -	DATE: 25/11/2023

**INVESTIGATION: X-RAY CHEST - PA VIEW**

Both lung fields appears prominent bronchovascular markings seen.

No Koch's, consolidation or pleural effusion is seen on either side.

Cardiac shadow appears normal.

Bony thorax and both dome of diaphragm appears normal..

**IMPRESSION: -**

NORMAL CHEST X RAY PA VIEW

  
**Dr. Jay Parikh**  
(M.S. Radiologist)  
DR. JAY PARIKH  
Regd. No. : G-20251  
Shreeyanta Healthcare & Diagnostics Pvt. Ltd.  
CONSULTANT RADIOLOGIST

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Regd. No. : 051902408

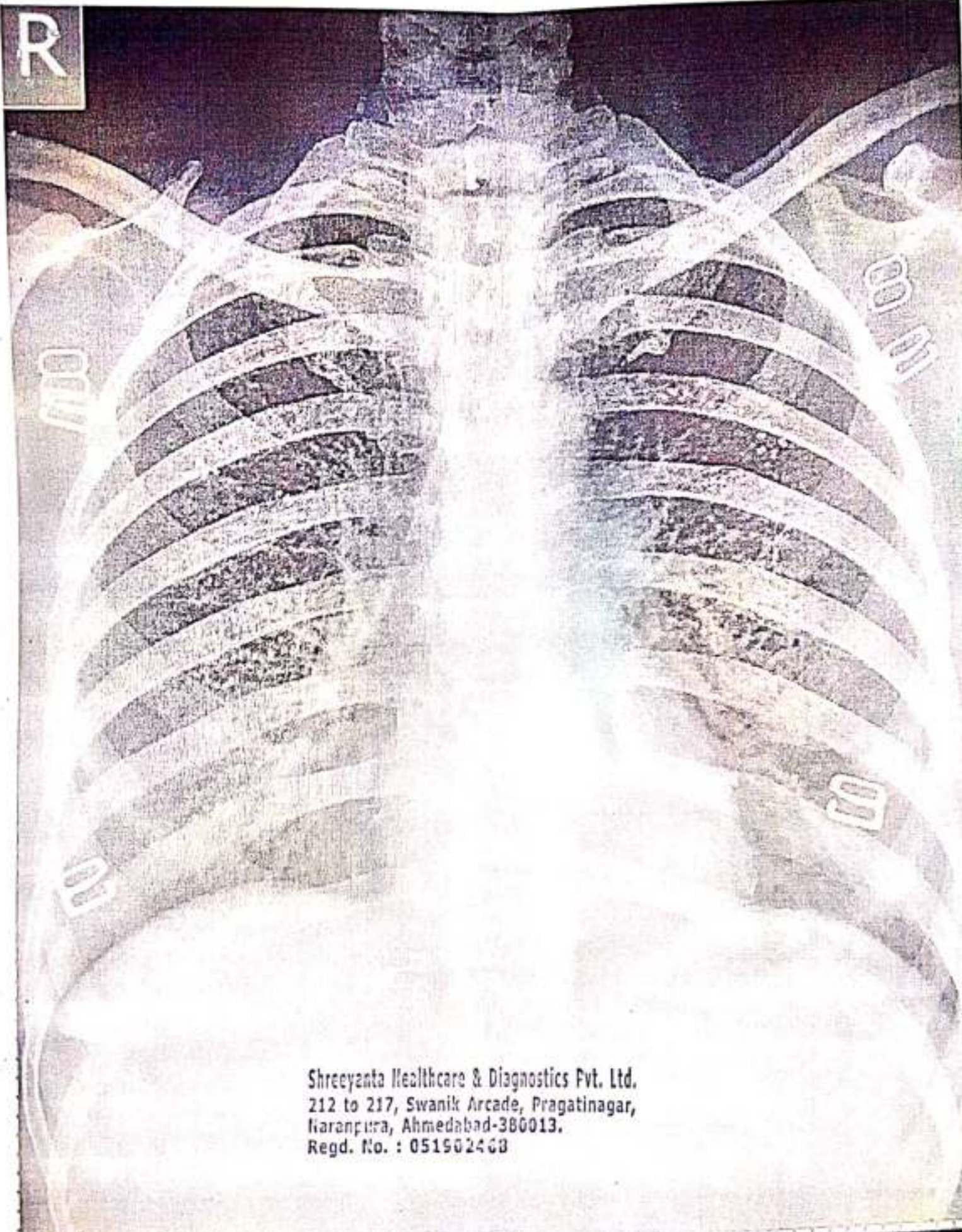
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Appointment +91 99042 90525 / +91 92656 34065 ☎ 079 2749 98 35 / Emergency : 87340 72706 📧 shreeyantaclinic@gmail.com



R



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Regd. No. : 051902468

BHAVINIBEN LAKHARIA AGE-46 Female Pat. ID.

REF DR:

Chest PA

26-11-2023 10:42:38 AM

SHREEYANTA HEALTHCARE & DIAGNOSTICS PVT. LTD.



NAME: BHAVINI LAKHARIYA	DATE: 25/ 11 /2022
AGE: 44 YEARS                      SEX: Female	REF.DR. ARCOFEMI

**INVESTIGATION : USG BOTH BREASTS**

Sonography of both breasts shows normal fibro-glandular tissue.  
Right breast ; 17x9mm at 10 o clock , 9x7mm at 1 o clock , 8x5at 1 o clock ,  
10x6mm at 7 o clock , 10x7mm at 12 o clock position cystic lesions seen with  
echogenic parenchyma .  
Left breast ; 11x5mm at 12 o clock , 9x6mm at 9 o clock , 9x5at 9 o clock ,  
10x4mm at 3 o clock , position cystic lesions seen with echogenic parenchyma .  
—Above f/s/o fibrocystic breast disease.

No evidence of abnormal calcification is seen.  
No evidence of retraction nipple seen either sided .  
Both axilla appears normal.  
Bilateral axillary few non necrotic discrete lymph node noted .largest 18x7 mm right side  
,left side 14x5mm .s/o infective etiology.



**(BIRAD -2)**

BIRADS Categories:  
0 need imaging evaluation  
I negative  
II benign finding  
III probably benign findings  
IV suspicious abnormality  
V highly suggestive of malignancy  
VI biopsy proven malignancy

  
**Dr. Jay Parikh**  
(M.S., Radiologist)  
Regd. No. : G-20251  
Dr. JAY PARIKH Healthcare & Diagnostics Pvt. Ltd.  
CONSULTANT RADIOLOGIST.

Niyanta Diabetes & Heart Clinic Pvt. Ltd.

2nd Floor, Swanik Arcade, Nr. Arjun Homes, B/h Vardan Tower, Pragatinagar - K.K. Nagar Road, Naranpura, Ahmedabad : 380 013.

Emergency : 079 27499835 / +91 9904290525     niyantadiabetes@gmail.com     www.niyantadiabetes.com



NAME: BHAVINI LAKHARIYA	DATE: 25/ 11 /2023
AGE: 44 YEARS      SEX: Female	REF.DR. ARCOFEMI

INVESTIGATION : USG ABDOMEN & PELVIS

LIVER appears normal in size and shows normal echopattern. No evidence of focal mass lesion. No evidence of dilated intrahepatic biliary radicals noted. Portal vein and hepatic veins are unremarkable. Common bile duct appears normal.

GALL BLADDER appears normal distended. No cholecystitis.

PANCREAS appears normal in size and echopattern.

SPLEEN appears normal in size and echopattern. No evidence of mass lesion seen.

**KIDENYS:**

Both kidneys appear normal in size, shape and position. No evidence of mass lesion or hydronephrosis seen on either side. Both Kidneys show normal cortical echogenicity well preserved cortico-medullary differentiation.

URINARY BLADDER is partially distended. No evidence of vesical mass or calculus is seen.

Uterus not seen due to h/o hysterectomy .


No gross adnexal mass lesion seen.

Small and large bowel loops are unremarkable.

No evidence of ascites or lymphadenopathy is seen.

IMPRESSION:-

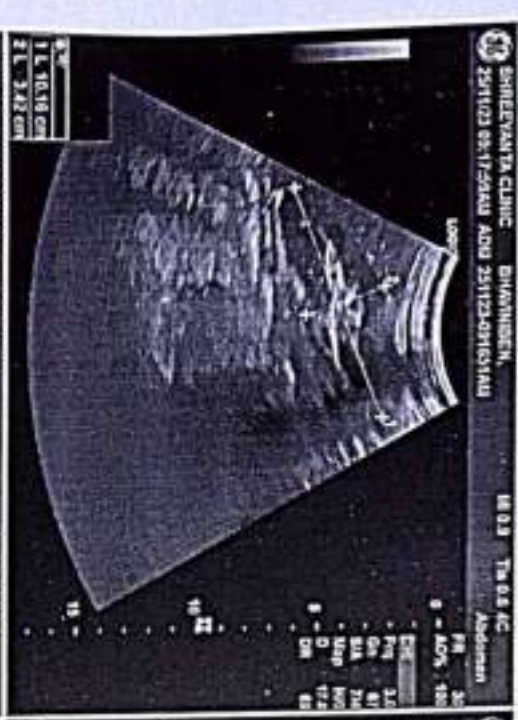
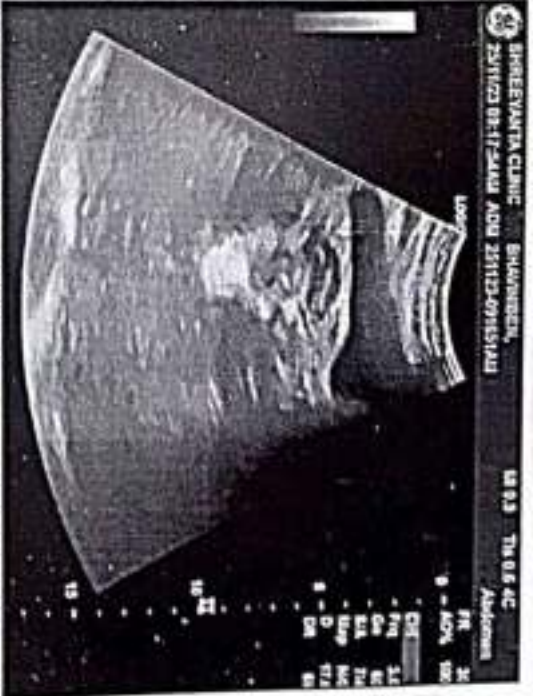
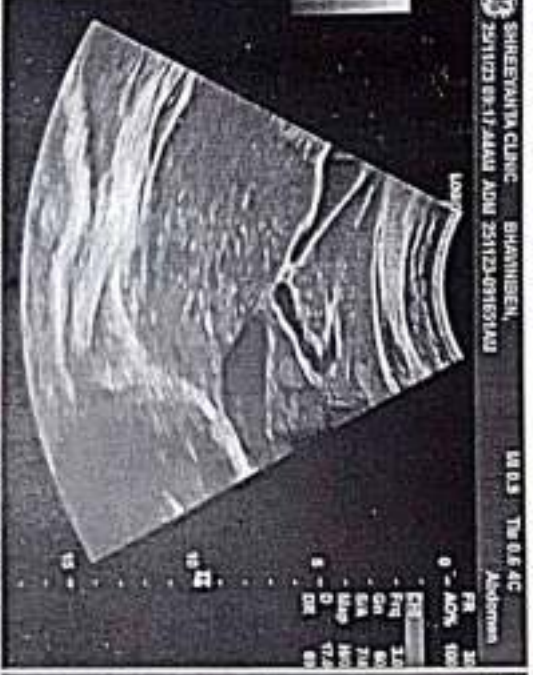
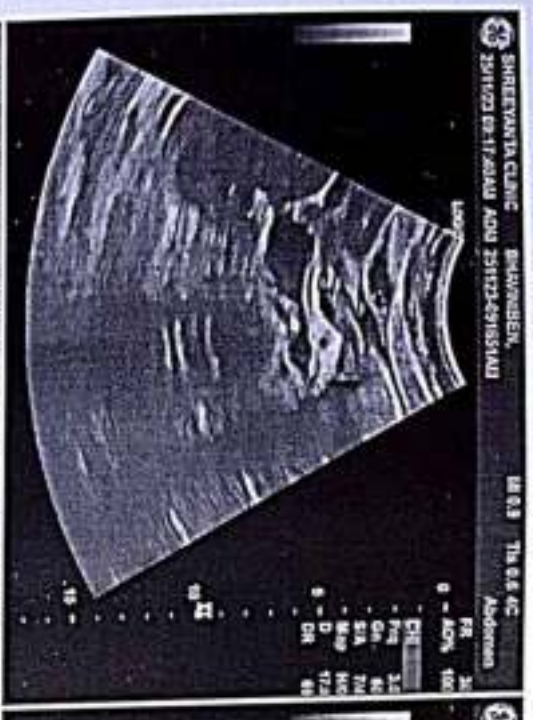
=No significant abnormality detected.

  
**Dr. Jay Parikh**  
(M.S., Radiology)

Regd. No. : G-2025  
Niyanta Healthcare & Diagnostics Pvt. Ltd.

CONSULTANT RADIOLOGIST.









PATIENT'S NAME : BHAVINIBEN LAKHARIYA  
AGE/SEX : 44 Years/Female  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC  
LAB. NO : SY-2587-23  
SAMPLE NO : 9177  
DATE/TIME : 25/11/2023\08:57  
PT ID :

**COMPLETE BLOOD COUNT**

**(PERFORM BY FULLY AUTOMATED SYSMAX-XP 100 CELL COUNTER)**

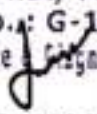
Sample Type: EDTA

Test Name	Result	Units	Biological Reference Interval	
<b>Blood Counts</b>				
Haemoglobin :	12.00	Gms%	11.5 - 16.0	
Total R.B.C. :	4.24	mill/c.mm	4.2 - 5.4	
Total W. B. C. :	7500	/cu mm	4000 - 11000	
Platelet Count :	<b>451000</b>	/cu.mm	1,50,000 - 4,50,000	
<b>Differential Count</b>	<b>%</b>	<b>Expected Value</b>	<b>(Absolute Count/uL)</b>	
Neutrophils :	51	50 - 60	3825	1600 - 7000
Lymphocytes :	<b>41</b>	20 - 40	3075	1000-4000
Eosinophils :	04	1 - 4	300	40 - 400
Monocytes :	04	2 - 6	300	200 - 1000
Basophils :	00	0 - 01	00	0 - 100
<b>Blood Indices</b>				
P. C. V :	<b>34.20</b>	%	37 - 47	
M. C. V. :	80.70	f	78 - 100	
M.C.H :	28.30	pg	27 - 32	
M. C. H. C. :	35.10	%	32 - 36	
R.D.W :	12.20	%	11.5 - 14.0	

**Peripheral smear study**

RBC's : R.B.C -Normocytic Normochromic.  
WBC's : W.B.C -Normal in Number & DC As Given Above.  
Platelets : Platelets are Adequate and Normal in Morphology.  
**PS FOR MP** : No Any Blood Parasites seen.

..... End Of Report .....

**Dr. Jitendra N. Nayak**  
(M.D., Pathologist)  
Regd. No.: G-14786  
Shreeyanta Healthcare & Diagnostics Pvt. Ltd.  
  
**DR. JITENDRA NAYAK**  
M.D.(PATH)

  
**DR. JANAK THAKKAR**  
M.B.D.C.P. (PATH)

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Naranpura, Ahmedabad-380013.  
Regd. No. : 051902468

Pathologist





PATIENT'S NAME : BHAVINIBEN LAKHARIYA  
AGE/SEX : 44 Years/Female  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
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LAB. NO : SY-2587-23  
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PT ID :

**BIOCHEMISTRY**  
(DONE ON EM 200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample: Serum/Plasma

Test Name	Result	Units	Biological Reference Interval
<b>Urea</b> METHOD: Urease-GLDH	:17.7	mg/dL	12.6 - 42.6
<b>Creatinine</b> METHOD: Jaffe's Bufferw Kinetic	:0.71	mg/dL	0.6 - 1.2
<b>S.G.P.T</b> IFCC WITH PYRIDOXAL PHOSPHATE ACTIVATION	:17.8	U/L	0 - 40
<b>S.G.O.T</b> IFCC WITH PYRIDOXAL PHOSPHATE ACTIVATION	:13.3	U/L	0-45
<b>Alkaline Phosphatase</b> METHOD: PNPP-AMP (IFCC), KINETIC ASSAY	: 98.0	U/L	30-120
<b>Billrubin - Total</b> METHOD: DIAZO	:0.40	mg/dL	0.2 - 1.3
<b>Billrubin - Direct</b> METHOD: DIAZO	:0.22	mg/dL	0 - 0.6
<b>Billrubin - Indirect</b> METHOD: CALCULATED	:0.18	mg/dL	0.1 - 0.4
<b>Total Protein</b> METHOD: BIURET	:6.59	gm/dL	6.3 - 8.2
<b>Albumin</b> METHOD: BCG	:4.13	gm/dL	3.5 - 5.0
<b>Globulin</b> METHOD: CALCULATED	:2.46	gm/dL	1.9 - 3.5
<b>Albumin/Globulin Ratio</b> METHOD: CALCULATED	:1.68		0.9 - 2.9
<b>ELECTROLYTE</b> METHOD: ISE DIRECT			
<b>Sodium</b>	: <b>133</b>	mmol/L	137 - 145
<b>Pottasium</b>	:4.5	mmol/L	3.5-5.5
<b>Chloride</b>	:98	mmol/L	98 - 107
<b>URIC ACID</b> METHOD: URICASE	: <b>8.6</b>	mg/dL	2.5-6.0

**Dr. Jitendra N. Nayak**  
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..... End Of Report .....

Pathologist

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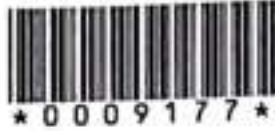
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
Dr. Jitendra N. Nayak  
M.D. (Path)

Dr. Janak M. Thakkar  
M.B.D.C.P. (Path)

Shreeyanta  Pathology  
Laboratory



PATIENT'S NAME	: BHAVINIBEN LAKHARIYA	LAB. NO	: SY-2587-23
AGE/SEX	: 44 Years/Female	SAMPLE NO	: 9177
REFERRED BY	: ARCOFEMI HEALTHCARE LIMITED	DATE\TIME	: 25/11/2023\08:57
LOCATION	: SHREEYANTA DIABETIC & METABOLIC CLINIC	PT ID	:

  
DR. JITENDRA NAYAK  
M.D.(PATH)

  
DR. JANAK THAKKAR  
M.B.DCP (PATH)

**Dr. Jitendra N. Nayak**  
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Pathologist

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PATIENT'S NAME : BHAVINIBEN LAKHARIYA  
AGE/SEX : 44 Years/Female  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC  
LAB. NO : SY-2587-23  
SAMPLE NO : 9177  
DATE/TIME : 25/11/2023/08:57  
PT ID :

**BLOOD GROUP**

Sample Type: EDTA

Test Name	Result
ABO SYSTEM :	" B "
RH Typing :	POSITIVE

**LIVER FUNCTION TEST**

Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
G.G.T :	16.0	U/L	F :5-32 M 10-45

..... End Of Report .....

  
DR. JITENDRA NAYAK  
M.D.(PATH)

  
DR. JANAK THAKKAR  
M.B.DCP (PATH)

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Regd. No. : 051902468

Pathologist






PATIENT'S NAME : BHAVINIBEN LAKHARIYA LAB. NO : SY-2587-23  
AGE/SEX : 44 Years/Female SAMPLE NO : 9177  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED DATE\TIME : 25/11/2023\08:57  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC PT ID :

**E.S.R.( Westergren Method )**

Sample Type: EDTA

Test Name	Result	Units	Biological Reference Interval
After one hour :	<b>24</b>	mm	[M: 1 - 7 / F: 3 - 12 ]

..... End Of Report .....

  
DR. JITENDRA NAYAK  
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AGE/SEX : 44 Years/Female SAMPLE NO : 9177  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED DATE/TIME : 25/11/2023\08:57  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC PT ID :

**BLOOD(PLASMA) GLUCOSE**


**(GOD-POD METHOD)**

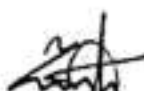
(DONE ON EM200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample Type: Serum/Plasma

Test Name	Result	Units	Biological Reference Interval
<b>Fasting(FBS)</b>			
Blood Glucose :	89.5	MG/DL	70 - 110
<b>Post Prandial (PP2BS)</b>			
Post Prandial Blood Glucose After 2HRS. :	105.5	MG/DL	80-140

..... End Of Report .....

  
DR. JITENDRA NAYAK  
M.D.(PATH)

  
DR. JANAK THAKKAR  
M.B.DCP (PATH)

**Dr. Jitendra N. Nayak**  
(M.D., Pathologist)  
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Regd. No. : 051902468

Pathologist





PATIENT'S NAME : BHAVINIBEN LAKHARIYA LAB. NO : SY-2587-23  
AGE/SEX : 44 Years/Female SAMPLE NO : 9177  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED DATE/TIME : 25/11/2023\08:57  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC PT ID :


### THYROID FUNCTION

#### (CLIA METHOD)

Sample Type:SERUM

Test Name	Result	Units	Biological Reference Interval
SERUM T3 :	0.94	ng/ml	0.6-1.81
SERUM T4 :	8.9	ug/dl	3.2-12.6
SERUM TSH :	0.76	$\mu$ IU/mL	[ 2 to 12 Years 0.64 - 6.27 ] [12 to 18 Years 0.51 - 4.94 ] [> 18 Years 0.35 - 5.5 ]

..... End Of Report .....

  
DR. JITENDRA NAYAK  
M.D.(PATH)

  
DR. JANAK THAKKAR  
M.B.D.C.P. (PATH)

Dr. Jitendra N. Nayak  
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Regd. No. : 051902468

Pathologist






PATIENT'S NAME : BHAVINIBEN LAKHARIYA  
AGE/SEX : 44 Years/Female  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC  
LAB. NO : SY-2587-23  
SAMPLE NO : 9177  
DATE\TIME : 25/11/2023\08:57  
PT ID :

**HbA1C REPORT**  
**(BY HPLC)**

Test Name	Result	Units	Biological Reference Interval
HbA1C :	5.8	%	Non Diabetic Level : < 5.7 % Pre Diabetic : 5.7-6.4 % Diabetes : > (=)6.5%  ADA Target for Diabetic Patient : 7.0 %
Estimated Average Glucose: (eAG)	119.76	mg/dl	

..... End Of Report .....

  
DR. JITENDRA NAYAK  
M.D.(PATH)

  
DR. JANAK THAKKAR  
M.B.DCP (PATH)

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Pathologist





PATIENT'S NAME : BHAVINIBEN LAKHARIYA  
AGE/SEX : 44 Years/Female  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC  
LAB. NO : SY-2587-23  
SAMPLE NO : 9177  
DATE/TIME : 25/11/2023\08:57  
PT ID :

**LIPID PROFILE**

(DONE ON EM 200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
S. Cholesterol (CHOD-POD ENZYMATIC METHOD)	:146.8	mg / dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-239 Elevated level/ high risk : > 240
S. Triglyceride (GPO/PAP METHOD)	: <u>151.4</u>	mg / dl	Normal : <150 Borderline high :150-199 High : 200-499 Very High: >=500
S. HDL Cholesterol (IMMUNOINHIBITION)	: <u>31.5</u>	mg / dl	Low (High Risk) : <40 High (Low Risk) : >60
S. LDL Cholesterol (Direct)	:85.02	mg / dl	Optimal : <100 Near Optimal : 100-129 Borderline High : 130-159 High :160-189 Very High: > 190
S. VLDL Cholesterol (CALCULATED)	: <u>30.28</u>	mg / dl	Upto 34
Total Lipids (CALCULATED)	:645	mg / dl	400 - 1000
Chol./HDL Ratio (CALCULATED)	:4.66		0-5
LDL/HDL Ratio (CALCULATED)	:2.7		1-3.5

..... End Of Report .....

Dr. Jitendra N. Nayak  
(M.D., Pathologist)  
Regd. No. G-14786  
Shreeyanta Healthcare & Diagnostics Pvt. Ltd.

DR. JITENDRA NAYAK  
M.D.(PATH)

  
DR. JANAK THAKKAR  
M.B.D.C.P (PATH)

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.  
212 to 217, Swanik Arcade, Pragatinagar,  
Naranpura, Ahmedabad-380013.  
Regd. No. : 051902468

Pathologist

Managed by Spandan Pathology Laboratory • Home Collection Facilities Available

2nd Floor, Swanik Arcade, Nr. Arjun Homes, B/h Vardan Tower, Pragatinagar - K. K. Nagar Road, Naranpura, Ahmedabad : 380 013.

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PATIENT'S NAME : BHAVINIBEN LAKHARIYA LAB. NO : SY-2587-23  
AGE/SEX : 44 Years/Female SAMPLE NO : 9177  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED DATE\TIME : 25/11/2023\08:57  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC PT ID :

**URINE ANALYSIS**

Sample Type: Urine

Test Name	Result	Units	Biological Reference Interval
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**Physical Examination**

Colour : Pale Yellow  
Transparency : Clear

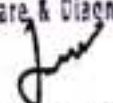
**Chemical Examination** (BY MISSION(ACON) U120 SMART AUTOMATED URINALYSIS)

Specific Gravity : 1.015  
PH : 6  
Protein : NIL  
Sugar : NIL  
Ketone : ABSENT  
Bile Salts : Absent  
Bile Pigments : Absent  
Urobilogen : ABSENT  
Nitrites : ABSENT


**Microscopic Examination** (AFTER CENTRIFUGING AT 2000 RPM FOR 10 MINS)

Red blood Cells : NIL /HPF  
Pus Cells : 1-2 /HPF  
Epithelial Cells : 2-3 /HPF  
Amorphous : ABSENT  
Bacteria : ABSENT  
Crystals : ABSENT  
Casts : ABSENT /LPF  
Fungus : Absent

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..... End Of Report .....

  
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