

NAME :ARTI ADHIKARI

AGE / SEX: 38 34

PACKAGE NAME:MEDIWHEEL FULL BODY ANNUAL PLUS

SR NO	TEST INCLUSION	SIGNATURE OF TEST CONDUCTING EMPLOYEE
1	FATING BLOOD	<i>sakshi</i>
2	POST PRANDIAL BLOOD	
3	URINE	<i>sakshi</i>
4	PAP SMEAR	<i>✓ ML</i>
5	CHEST XRAY	<i>✓ Pites</i>
6	ECG	<i>✓</i>
7	TMT	<i>✓</i>
8	ULTRASOUND ABDOMEN	
9	GENERAL CONSULTATION ( PHYSICIAN , DENTAL, EYE, ENT)	
10	DIETICIAN CONSULTATION	<i>g</i>
11	POST CONSULTATION WITH ALL REPORTS WITH MD DOCTOR	
12	COMPLIMENTARY BREAKFAST INCLUDED	

भारत सरकार

GOVERNMENT OF INDIA

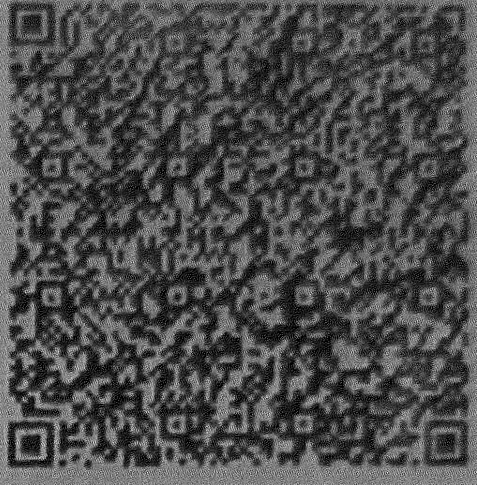


संजय बिस्तीर अधिकारी

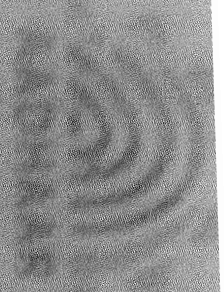
Sanjay Bistir Adhikari

जन्म तारीख/ DOB: 13/05/1985

पुरुष / MALE







भारतीय शिक्षण विभाग, भारत सरकार  
UNIVERSITY CELL, OFFICE OF THE DIRECTOR OF INDIAN

पत्ता:

Address:

वडिलांचे/आईचे नांव:

S/O: Bistir Budhaji Adhikari,

विस्तीर बुधाजी अधिकाारी,

Room no.1009, Velgaon Road,

घर न.1009, वेलगाव रोड,

Rais Pada, Manor, Velgaon,

राइस पडा, मनोर, वेलगाव,

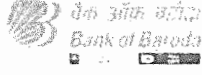
Palghar,

पालघर,

Maharashtra - 401403

महाराष्ट्र - 401403

2824 3740 3094



प्रति,

समन्वयक,  
Mediwheel (Arcofemi Healthcare Limited)  
हेल्पलाइन नंबर: 011-41195959

महोदय/ महोदया,

विषय: बैंक ऑफ़ बड़ौदा के कर्मचारियों के लिए वार्षिक स्वास्थ्य जांच।

हम आपको सूचित करना चाहते हैं कि हमारे कर्मचारी की पत्नी/पति जिनके विवरण निम्नानुसार हैं हमारे करार के अनुसार आपके द्वारा उपलब्ध कराई गई कैशलेस वार्षिक स्वास्थ्य जांच सुविधा का लाभ लेना चाहते हैं।

स्वास्थ्य जांच लाभार्थी के विवरण	
नाम	SANJAY BISTIR ADHIKARI
जन्म की तारीख	13-05-1985
कर्मचारी की पत्नी/पति के स्वास्थ्य जांच की प्रस्तावित तारीख	09-03-2024
बुकिंग संदर्भ सं.	23M105531100091690S
पत्नी/पति के विवरण	
कर्मचारी का नाम	MRS. ADHIKARI AARTI SANJAY
कर्मचारी की क.कू.संख्या	105531
कर्मचारी का पद	HEAD CASHIER "E" _II
कर्मचारी के कार्य का स्थान	SARAVALI
कर्मचारी के जन्म की तारीख	20-04-1989

यह अनुमोदन/ संस्तुति पत्र तभी वैध माना जाएगा जब इसे बैंक ऑफ़ बड़ौदा के कर्मचारी आईडी कार्ड की प्रति के साथ प्रस्तुत किया जाएगा। यह अनुमोदन पत्र दिनांक **17-02-2024** से **31-03-2024** तक मान्य है। इस पत्र के साथ किए जाने वाले चिकित्सा जांच की सूची अनुलग्नक के रूप में दी गई है। कृपया नोट करें कि उक्त स्वास्थ्य जांच हमारी टाई-अप व्यवस्था के अनुसार कैशलेस सुविधा है। हम अनुरोध करते हैं कि आप हमारे कर्मचारी के पत्नी/पति की स्वास्थ्य जांच संबंधी आवश्यकताओं पर उचित कार्रवाई करें तथा इस संबंध में अपनी सर्वोच्च प्राथमिकता तथा सर्वोत्तम संसाधन उपलब्ध कराएं। उपर्युक्त सारणी में दी गई कर्मचारी कूट संख्या एवं बुकिंग संदर्भ संख्या का उल्लेख अनिवार्य रूप से इनवॉइस में किया जाना चाहिए।

हम इस संबंध में आपके सहयोग की अपेक्षा करते हैं।

भवदीय,

हस्ता/-

(मुख्य महाप्रबंधक)

मानव संसाधन प्रबंधन विभाग

बैंक ऑफ़ बड़ौदा

(नोट: यह कंप्यूटर द्वारा जनरेट किया गया पत्र है। हस्ताक्षर की आवश्यकता नहीं है। कृपया किसी भी स्पष्टीकरण के लिए Mediwheel (Arcofemi Healthcare Limited) से संपर्क करें।)





To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	SANJAY BISTIR ADHIKARI
DATE OF BIRTH	13-05-1985
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	09-03-2024
BOOKING REFERENCE NO.	23M105531100091690S
<b>SPOUSE DETAILS</b>	
EMPLOYEE NAME	MRS. ADHIKARI AARTI SANJAY
EMPLOYEE EC NO.	105531
EMPLOYEE DESIGNATION	HEAD CASHIER "E" _II
EMPLOYEE PLACE OF WORK	SARAVALI
EMPLOYEE BIRTHDATE	20-04-1989

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **17-02-2024** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



### SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
<b>Lipid Profile</b>	<b>Lipid Profile</b>
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
<b>Liver Profile</b>	<b>Liver Profile</b>
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
<b>Kidney Profile</b>	<b>Kidney Profile</b>
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
<b>General Tests</b>	<b>General Tests</b>
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation





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# APEX SUPERSPECIALITY HOSPITALS



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email: info@apexhospitals.in | www.apexgroupofhospitals.com

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Tele.: 022 - 2898 6677 / 46 / 47 / 48

## PHYSICIAN CONSULTATION

wt - 65 kg

Height - 159.

**PRESENT COMPLAINT:** - Rt hypochondric region pain  
- mild Abd. pain.

### PAST MEDICAL / SURGICAL HISTORY:

Kidney PCOD, kidney stone 1 yrs back  
no any surgical history.

### GENERAL EXAMINATION:

PULSE - 118/min  
BP: - 130/90 mmHg  
BMI -  
APETITE: - Normal  
THIRST: - Normal  
STOOL: - Constipation  
URINE: - Normal  
SLEEP: - Normal  
SKIN: - No  
NAILS: - No  
HABITAT: - No

### SYSTEMIC EXAMINATION:

RESPIRATORY EXAMINATION: AEBE clear.

CARDIOVASCULAR EXAMINATION: - S1S2 (+) / CNS - conscious & oriented.

ABDOMINAL EXAMINATION: - Soft.

### GYNACOLOGY / OBST HISTORY ( FOR FEMALE):

LMP - 20 / Feb / 2024  
- menses - regular  
- bleeding flow normal

← Obs history

Unavidg - 01

LSCS done (2016).  
at a live birth.

**OPHTHAL EXAMINATION:**

FAR VISION: } Both vision far/nears normal.  
NEAR VISION: }  
COLOUR VISION: } - normal vision.

**ENT EXAMINATION:**

EAR: MASTOID TUNNING FORK TEST: - Both ear is normal  
NOSE: EXT NOSE/ POST NASAL SPACE: - No wax  
THROAT: TOUNGE/ PALATE/ TEETH: - Normal  
NECK: NODES/ THYROID/TEETH: - NO

**DENTAL EXAMINATION:**

DECAY/ CRIES IF ANY: (N)  
PLAQUE IF ANY: (N)  
GUMS: (N)

Dr. Priyanka  


PHYSICIAN NAME \_\_\_\_\_

PHYSICIAN SIGNATURE \_\_\_\_\_



CAMP



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AN ISO 9001:2009 Certified

**Apex Super Speciality Hospitals**  
Shantapurna Mangesh Charity Trust Medical Centre 193-A, 1, 1, Road,  
Beside Punjab & Sind Bank, Rabhul, Revival (W), Mumbai-400031  
Tel: 022-28486677/346-47548 Fax: apexgroup@apexhospitals.com  
Email: medical.admin.apex@apexhospitals.in

**UHD** : ASH232404547  
**Patient** : Adhikari Aarti  
**Address** : R/no 1009 Veigaon Road Raisa Pada Manor Veigaon Palghar  
**Date** : 09-Mar-2024  
**Dietician** : GUPTA SAKSHI SATISH

**Diet Chart**

**ID** : HC232400017  
**Age/Sex** : 34/Female  
**Department** : Rmo  
**Diet Chart** : High protein diet

BMI and IBW calculation

<b>Height</b>	: 162 Cms	<b>Weight</b>	: 67 Kgs	<b>BMI</b>	: 25.53
<b>BMI Category</b>	: Over Weight	<b>IBW</b>	: 58	<b>Diagnosis</b>	: k/c/o- PCOS c/o- Weight management
<b>MNT</b>	: FULL DIET , HIGH PROTEIN				

**Early morning:** 1 cup tea/ coffee (preferable avoid) + 4 almonds, 2 walnut halves (Soaked)

**Breakfast:** 1 Bowl upma/ poha/ daliya upma **OR** 2 small idli/ 1 dosa with vegetable sambar **OR** 1 roti with bhaji **OR** 1 bowl cornfalkes/ oats in water

**Mid-morning:** 1 Fruit - Include Whole fruits - Papaya , Pear, Banana ,Orange, Muskmelon & Watermelon (No Fruit juices)  
**Supplement :- Truhanz HP - 1 scoop with 100ml water**

**Lunch:** 1 bowl raw vegetable salad (Cucumber ,carrot, tomato, beetroot)  
2 medium whole wheat roti/ 1 bowl rice  
1 bowl bhaji  
1 bowl dal (yellow moong dal, masoor dal, matki, green moong dal)  
1 bowl curd/ 1 glass buttermilk

**Evening snack:** 1 cup tea/ coffee /Green Tea / Black Coffee / **Truhanz HP - 1 scoop in 100ml water** 1 handful of roasted yellow chana **OR** 1 besan chilla **OR** 1 bowl sprouts chat

**Mid-evening:** 1 bowl dal and vegetable soup + ½ teaspoon dry roasted flax seed powder

**Dinner:** 1 bowl raw vegetable salad (Cucumber ,carrot, tomato, beetroot)  
2 medium whole wheat roti/1 bowl rice  
1 bowl bhaji  
1 bowl dal  
**OR** 1 bowl dal khichadi/ daliya  
1 bowl curd/ 1 glass buttermilk

**Bedtime :-** 1tsp Sesame seed

**Remarks: Drink ample of fluids, upto 3 litres of water daily. Can add sabja seeds to it.**

Include more of whole pulses, green leafy vegetables and fruits in the diet

Restrict consumption of non-vegetarian foods and alcohol for about a month.

Avoid all sources of extra salt, spices and oils like sauces, pickles, papads, chutneys, chips, etc.

Avoid all sources of simple sugars like white sugar, brown sugar honey, jaggery.

Avoid processed foods and fried food.

Avoid all spicy, oily and refined flour products. Restrict bakery products.

**For detailed diet counselling: Consult Dietician Sakshi Gupta in OPD with prior appointment.**



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Borivali (W), Mumbai 400091.  
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Tele.:  
**022 - 2898 6677 / 46 / 47 / 48**

<b>Patient</b>	: Adhikari Aarti	UHID	: ASH232404547
<b>Age/Sex</b>	: 34/Female	ID	: HC232400017
<b>Consultant Dr</b>	: GUJAR NEERAJ	Registered On	:
<b>Referring Dr</b>	:	Reported On	: 09-Mar-2024
<b>Collection Centre</b>	: Apex Hospital		

### COMPLETE BLOOD COUNT

Test	Result	Normal Value
<b>HAEMOGLOBIN</b>	L <b>12.3 Gm%</b>	13.5-18.0 Gm%
<b>RBC Count</b>	5.85 Millions/cumm	4.0-6.0 Millions/cumm
<b>PCV</b>	39.0 %	37-47 %
<b>MCV</b>	L <b>66.67 Fl</b>	78-100 Fl
<b>MCH</b>	L <b>21.03 Pg</b>	27-31 Pg
<b>MCHC</b>	L <b>31.54 %</b>	32-35 %
<b>RDW</b>	H <b>15.3 %</b>	11-15 %
<b>Total WBC Count</b>	7000 /C.MM	4000-11000 /C.MM
<b>Differencial Count</b>		
Neutrophils	59 %	40-75 %
Eosinophils	02 %	01-06 %
Basophils	00 %	00-01 %
Lymphocytes	36 %	20-45 %
Monocytes	03 %	01-10 %
<b>BANDCELLS</b>	00 %	00-03 %
Abnormalities Of WBC	NORMOCYTIC NORMOCROMIC	
Abnormalities Of RBC	MICRO (+)	
<b>PLATELET COUNT</b>	254 X 10 <sup>3</sup> /cumm	150-450 X 10 <sup>3</sup> /cumm
<b>PLATELET ON SMEAR</b>	ADEQUATE ON SMEAR	
<b>MPV</b>	10.8 Fl	7.0-11.0 Fl

### HEMATOLOGY

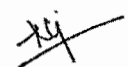
Test	Result	Normal Value
<b>ESR</b>	09 mm/hr	0 - 10 mm/hr

Remarks : \*\*

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

Run By  
Lab Technician

Checked By  
Biochemist

  
Pathologist  
DR.GUJAR NEERAJ VILAS  
MD PATHOLOGY





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googlemap



Tele.:

022 - 2898 6677 / 46 / 47 / 48

Patient	: Adhikari Aarti	UHID	: ASH232404547
Age/Sex	: 34/Female	ID	: HC232400017
Consultant Dr	: GUJAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 09-Mar-2024
Collection Centre	: Apex Hospital		

## HEMATOLOGY

Test	Result	Normal Value
BLOOD GROUP	'A'	
Rh FACTOR	POSITIVE	

### Remarks : \*

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

**Run By**  
Lab Technician

**Checked By**  
Biochemist

**Pathologist**  
DR.GUJAR NEERAJ VILAS  
MD PATHOLOGY



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Tele.:  
022 - 2898 6677 / 46 / 47 / 48

Patient	: Adhikari Aarti	UHID	: ASH232404547
Age/Sex	: 34/Female	ID	: HC232400017
Consultant Dr	: GUJAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 09-Mar-2024
Collection Centre	: Apex Hospital		

### FASTING BLOOD SUGAR

Test	Result	Normal Value
FBS	79.03 Mg/dl	70-110 Mg/dl
URINE SUGAR	ABSENT	
URINE KETONES	ABSENT	


### POST LUNCH BLOOD SUGAR

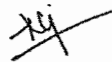
Test	Result	Normal Value
PLBL (2 HOUR AFTER FOOD)	94.16 Mg/dl	70-140 Mg/dl
URINE SUGAR (PP)	SNR	-
URINE KETONE (PP)	SNR	

#### Remarks : \*\*

**Note:-** The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

  
**Run By**  
Lab Technician

  
**Checked By**  
Biochemist

  
**Pathologist**  
DR.GUJAR NEERAJ VILAS  
MD PATHOLOGY



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Patient	: Adhikari Aarti	UHID	: ASH232404547
Age/Sex	: 34/Female	ID	: HC232400017
Consultant Dr	: GUJAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 09-Mar-2024
Collection Centre	: Apex Hospital		

## RENAL FUNCTION TEST

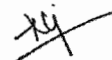
Test	Result	Normal Value
SERUM CREATININE	0.86 Mg/dl	0.6-1.6 Mg/dl
URIC ACID	3.48 Mg/dl	2.5-7.7 Mg/dl
BLOOD UREA NITROGEN / BUN	13.69 Mg/dl	0-23 Mg/dl

### Remarks : \*

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

  
Run By  
Lab Technician

  
Checked By  
Biochemist

  
Pathologist  
DR.GUJAR NEERAJ VILAS  
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Consultant Dr	: GUJAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 09-Mar-2024
Collection Centre	: Apex Hospital		

### LIPID PROFILE

Test	Result	Normal Value
TOTAL CHOLESTEROL	152.8 Mg%	150-250 Mg%
TRIGLYCERIDES	76.43 Mg%	35-160 Mg%
HDL CHOLESTEROL	30.4 Mg%	30-70 Mg%
VLDL CHOLESTEROL	15.29	7-35
LDL CHOLESTEROL	L <u>107.11 Mg%</u>	108-145 Mg%
TC/HDL CHOL RATIO	H <u>5.03</u>	3.5-5.0
LDL/HDL RATIO	3.52	1.1-3.9

#### Remarks : \*

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

  
Run By

Lab Technician

  
Checked By

Biochemist



Pathologist

DR.GUJAR NEERAJ VILAS

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Tele.:

022 - 2898 6677 / 46 / 47 / 48

<b>Patient</b>	: Adhikari Aarti	UHID	: ASH232404547
Age/Sex	: 34/Female	ID	: HC232400017
Consultant Dr	: GUJAR NEERAJ	Registered On	:
Referring Dr	:	Reported On	: 09-Mar-2024
Collection Centre	: Apex Hospital		

## LIVER FUNCTION TEST

Test	Result	Normal Value
TOTAL BILIRUBIN	1.13 Mg/dl	0.1-1.2 Mg/dl
DIRECT BILIRUBIN	0.29 Mg/dl	0.0-0.3 Mg/dl
INDIRECT BILIRUBIN	0.84 Mg/dl	0.1-1.0 Mg/dl
SGOT	15.37 Iu/l	5-40 Iu/l
SGPT	17.45 Iu/l	5-40 Iu/l
SERUM ALKALINE PHOSPHATES	61.47 U/l	25-147 U/l
SERUM PROTEINS TOTAL	6.84 Gm%	6.0-8.2 Gm%
SERUM ALBUMIN	3.97 Gm%	3.0-5.0 Gm%
SERUM GLOBULIN	2.87 Gm%	1.9-3.5 Gm%
ALBUMIN : GLOBULIN RATIO	1.38 Mg/dl	0.9-2.0 Mg/dl
GAMMA GT	20.38 Iu/l	5-45 Iu/l

### Remarks : \*

Note:- The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

**Run By**  
Lab Technician

**Checked By**  
Biochemist

**Pathologist**  
DR.GUJAR NEERAJ VILAS  
MD PATHOLOGY





Where Healing & Care Comes Naturally

# APEX SUPERSPECIALITY HOSPITALS DIAGNOSTICS



CASHLESS  
FACILITY

L. T. Road, Besides Punjab & Sind Bank, Babhai Naka,  
Borivali (W), Mumbai 400091.  
email: info@apexhospitals.in | www.apexgroupofhospitals.com

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Tele.:  
022 - 2898 6677 / 46 / 47 / 48

<b>Patient</b>	: Adhikari Aarti	UHID	: ASH232404547
<b>Age/Sex</b>	: 34/Female	ID	: HC232400017
<b>Consultant Dr</b>	: GUJAR NEERAJ	Registered On	:
<b>Referring Dr</b>	:	Reported On	: 09-Mar-2024
<b>Collection Centre</b>	: Apex Hospital		

### URINE ROUTINE

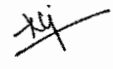
Test	Result	Normal Value
<b>PHYSICAL EXAMINATION</b>		
QUANTITY	20 MI	MI
COLOUR	PALE YELLOW	
APPEARANCE	SLIDLIY HAZY	
DEPOSIT	ABSENT	
REACTION [PH]	ACIDIC	
SPECIFIC GRAVITY	1.015	
<b>CHEMICAL EXAMINATION</b>		
URINE ALBUMIN	ABSENT	
SUGAR	ABSENT	
KETONE BODIES	ABSENT	
OCCULT BLOOD	ABSENT	
BILE PIGMENT	ABSENT	
BILE SALT	ABSENT	
<b>MICROSCOPIC EXAMINATION OF CENTRE</b>		
RED BLOOD CELLS	ABSENT /hpf	/hpf
PUS CELLS	4-5 /hpf	/hpf
EPITHELIAL CELLS	8-10 /hpf	/hpf
CASTS	ABSENT	
CRYSTALS	ABSENT	
SPERMATOOZA	ABSENT	
TRICHOMONAS VAGINALIS	ABSENT	
YEAST CELLS	ABSENT	
AMORPHOS DEPOSITS	PRESENT SEEN	
BACTERIA	ABSENT	

**Remarks : \***

**Note:-** The test result are subject to variations due to technical limitations hence co-relation with clinical findings & other investigations should be done.

**Run By**  
Lab Technician

**Checked By**  
Biochemist

  
**Pathologist**  
DR.GUJAR NEERAJ VILAS  
MD PATHOLOGY

Patient Id : PVD04223-24/71371      Sample ID : 24032431  
 Patient : MRS AARTI ADHIKARI      Reg. Date : 09/03/2024  
 Age/sex : 34 Yrs/ Female      Report Date : 09/03/2024  
 Center : APEX SUPERSPECIALITY HOSPITALS      Case No. :  
 Ref. By : Self



**HBA1C-GLYCOSYLATED HAEMOGLOBIN**

Test Description	Result	Unit	Biological Reference Range
HbA1c- (EDTA WB)	5.6	%	< 5.6 Non-diabetic 5.7-6.4 Pre-diabetic > 6.5 Diabetic
Estimated Average Glucose (eAG)	114.02	mg/dL	
Method : HPLC-Biorad D10-USA			

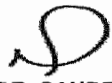
**INTERPRETATION**

1. HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
2. HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association) guidelines 2017, for diagnosis of diabetes using a cut-off point of 6.5%.
3. Trends in HbA1c are a better indicator of diabetic control than a solitary test.
4. Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
5. To estimate the eAG from the HbA1C value, the following equation is used:  $eAG(mg/dl) = 28.7 * A1c - 46.7$
6. Interference of Haemoglobinopathies in HbA1c estimation.
  - A. For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
  - B. Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status
  - C. Heterozygous state detected (D10/ Tosho G8 is corrected for HbS and HbC trait).
7. In known diabetic patients, following values can be considered as a tool for monitoring the glycemic control.
  - Excellent Control - 6 to 7 %,
  - Fair to Good Control - 7 to 8 %,
  - Unsatisfactory Control - 8 to 10 %
  - and Poor Control - More than 10 %.

**Note :** Haemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy

-----End Of Report-----

**Term & Conditions\* Test processed at Pathvision Central Processing Laboratory- Dahisar west Mumbai-68** Individual laboratory investigations are never conclusive but should be used along with other relevant clinical examinations to achieve final diagnosis. Any discrepancy with clinical condition the referring doctor or patient must report in 24hr of sample collection and get test redone. Partial reproduction of this report is not permitted The test report is not valid for Medico-legal purpose.

  
**DR. SANDEEP B. PORWAL**  
 MBBS MD (Path) Mumbai  
 MMC Reg no 2001031640

Patient Id : **PVD04223-24/71371** Sample ID : 24032431  
 Patient : MRS AARTI ADHIKARI Reg. Date : 09/03/2024  
 Age/sex : 34 Yrs/ Female Report Date : 09/03/2024  
 Center : APEX SUPERSPECIALITY HOSPITALS Case No. :  
 Ref. By : Self



**IMMUNOASSAY**

Test Description	Result	Unit	Biological Reference Range
<b>TOTAL T3 T4 TSH (TFT)</b>			
T3 (Triiodothyronine)	132.41	ng/dl	83-200  For Pregnant females: First Trim: 104.8 - 229.8 2nd Trim: 128.9 - 262.3 Third trim : 135.4 - 261.7
T4 (Thyroxine)	7.85	ug/dL	5.13 - 14.10  For Pregnant females: First Trim : 7.33 - 14.8 Second Trim : 7.93 - 16.1 Third Trim : 6.95 - 15.7
TSH(Thyroid Stimulating Hormone)	3.40	uIU/ml	0.27 - 4.20

Method : ECLIA

**INTERPRETATION**

TSH	T3 / FT3	T4 / FT4	Suggested Interpretation for the Thyroid Function Tests Pattern
Within Range	Decreased	Within Range	• Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness. In elderly the drop in T3 level can be upto 25%.
Raised	Within Range	Within Range	•Isolated High TSHespecially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. •Subclinical Autoimmune Hypothyroidism •Intermittent T4 therapy for hypothyroidism •Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	•Chronic Autoimmune Thyroiditis •Post thyroidectomy,Post radioiodine •Hypothyroid phase of transient thyroiditis"
Raised or within Range	Raised	Raised or within Range	•Interfering antibodies to thyroid hormones (anti-TPO antibodies) •Intermittent T4 therapy or T4 overdose •Drug interference- Amiodarone, Heparin,Beta blockers,steroids,anti-epileptics"
Decreased	Raised or within Range	Raised or within Range	•Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness •Subclinical Hyperthyroidism •Thyroxine ingestion"
Decreased	Decreased	Decreased	•Central Hypothyroidism •Non-Thyroidal illness •Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	•Primary Hyperthyroidism (Graves' disease),Multinodular goitre, Toxic nodule •Transient thyroiditis:Postpartum, Silent (lymphocytic), Postviral (granulomatous,subacute, DeQuervain's),Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased or within Range	Raised	Within Range	•T3 toxicosis •Non-Thyroidal illness

-----End Of Report-----

**Term & Conditions\*** Test processed at Pathvision Central Processing Laboratory- Dahisar west Mumbai-68 Individual laboratory investigations are never conclusive but should be used along with other relevant clinical examinations to achieve final diagnosis. Any discrepancy with clinical condition the referring doctor or patient must report in 24hr of sample collection and get test redone.Partial reproduction of this report is not permitted The test report is not valid for Medico-legal purpose.



**DR. SANDEEP B. PORWAL**  
MBBS MD (Path) Mumbai  
MMC Reg no 2001031640

ASH/QA/FORM/NUR/04/MAR22/V1



# APEX SUPERSPECIALITY HOSPITALS

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2898 6646

CASHLESS FACILITY

L. T. Road, Besides Punjab & Sind Bank, Babhai Naka, Borivali (W), Mumbai - 400 092.

**ई. सी. जी.**

Name Aarti Abhikari Date 9/3/24

Age 34 Gender: M  F  UHID NO \_\_\_\_\_ B.P \_\_\_\_\_

## ELECTROCARDIOGRAPHIC OBSERVATIONS

Rate \_\_\_\_\_ Axis \_\_\_\_\_ Q.R.S. Complex \_\_\_\_\_

Rhythm \_\_\_\_\_ P. Wave \_\_\_\_\_ S.T. Segment \_\_\_\_\_

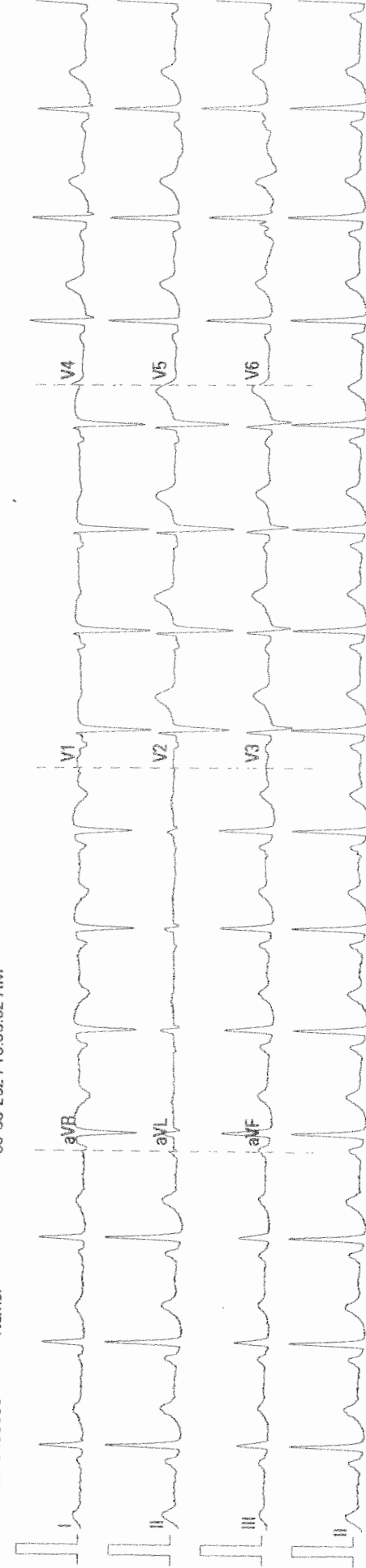
Standardisation : \_\_\_\_\_ P.R. Interval \_\_\_\_\_ T. Wave \_\_\_\_\_

Voltage : \_\_\_\_\_ Q. Wave : \_\_\_\_\_ Q. T. Interval \_\_\_\_\_

Impression : Well @ best

ID:2024030910493036

Name: 09-03-2024 10:50:02 AM



ID:202403091

Name:

09-03-2024 11

Sinus Rhyth

Unconfirmed

25 mm/s

10 mm/mV

50 Hz

6DR 35 Hz

OTc:8azett

APEX SUPERSPECIALITY HOSPITAL

02.07.00.V04.00.00

SN:FK-83014036



# UNI-EM

## ELECTRONICS COMPLEX

### INDORE

#### TREADMILL TEST REPORT

**aarti adhikari**  
 ID : 22323  
 DATE : 09/03/2024  
 AGE/SEX : 34 / F  
 HT/WT : 165 / 65  
 REF. BY :

PROTOCOL : Bruce  
 HISTORY :  
 INDICATION :  
 MEDICATION :

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS	
								II	V1	V5		
SUPINE					100	120 / 80	120	0.8	0	0	0.8	
STANDING					105	120 / 80	126	1.1	0	0	0.8	
HYPERTENT		0:11			111	120 / 80	133	0.2	0.2	0.2	0.3	
VALSALVA					104	120 / 80	124	1	0.2	0.2	0.3	
Stage 1	2:55		2.7	10	125	120 / 80	150	-0.1	0.5	0.5	0.3	4.67
Stage 2	5:55		4	12	137	140 / 80	191	-0.1	0.5	0.5	0.3	7.04
Stage 3	8:55		5.4	14	173	140 / 80	242	0.2	0.6	0.6	1	9.92
PK-EXERCISE	10:2	1:2	6.7	16	191	140 / 90	267	-0.2	0.6	0.6	-0.2	11.38
RECOVERY	13:7	2:55			118	140 / 90	165	0.3	0.4	0.4	0.6	

#### RESULTS

EXERCISE DURATION : 10:2

MAX HEART RATE : 191 bpm

MAX BLOOD PRESSURE : 140 / 80 mm Hg

REASON OF TERMINATION : *Arthurs T.H.C*

BP RESPONSE : *Normal*

ARRHYTHMIA : *Normal*

H.R. RESPONSE : *Normal*

IMPRESSIONS : *Normal*

*Done with regular for schump*

*[Signature]*

MAX WORK LOAD : 11.38 METS

Technician :

UNI-EM

aarti adhikari  
I.D. 22323  
Age 34/F  
Date 09/03/2024

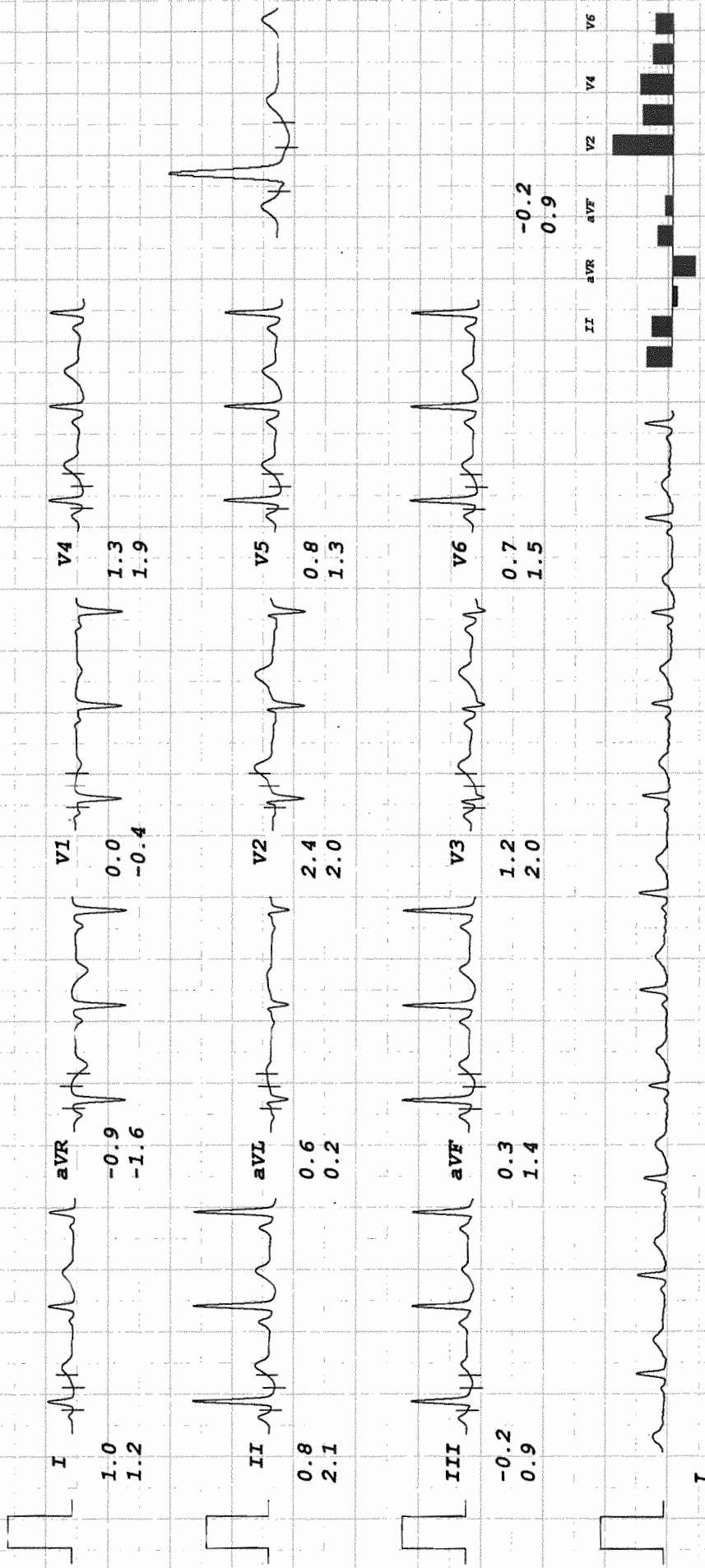
PRETEST  
SUPINE

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



UNI-EM

aarti adhikari  
I.D. 22323  
Age 34/F  
Date 09/03/2024

RATE 105bpm  
B.P. 120/80

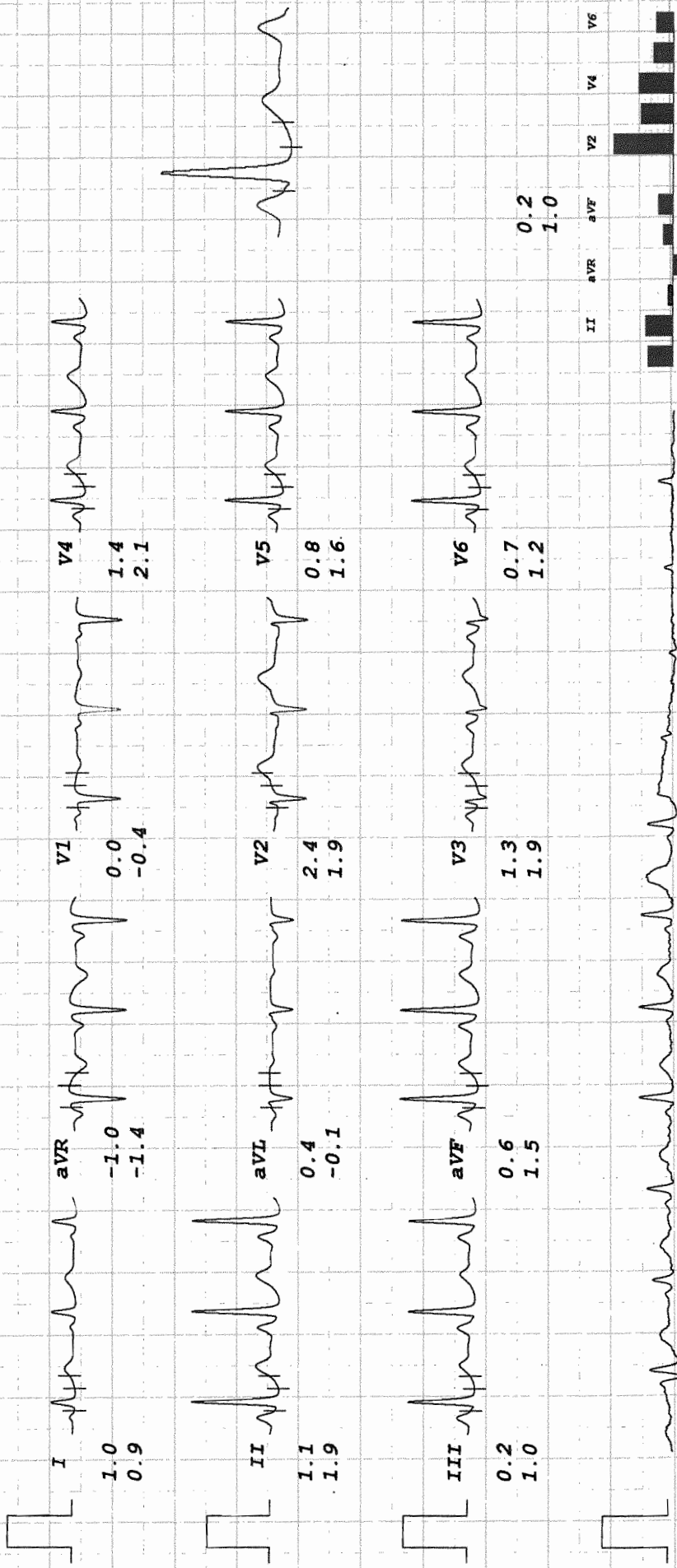
PRETEST  
STANDING

ST @ 10mm/mv  
80ms PostJ

LINKED MEDIAN

Mag. X 2

III



I

UNI-EM

aarti adhikari  
I.D. 22323  
Age 34/F  
Date 09/03/2024

RATE 111bpm  
B.P. 120/80

PRETEST  
HYPERVENT

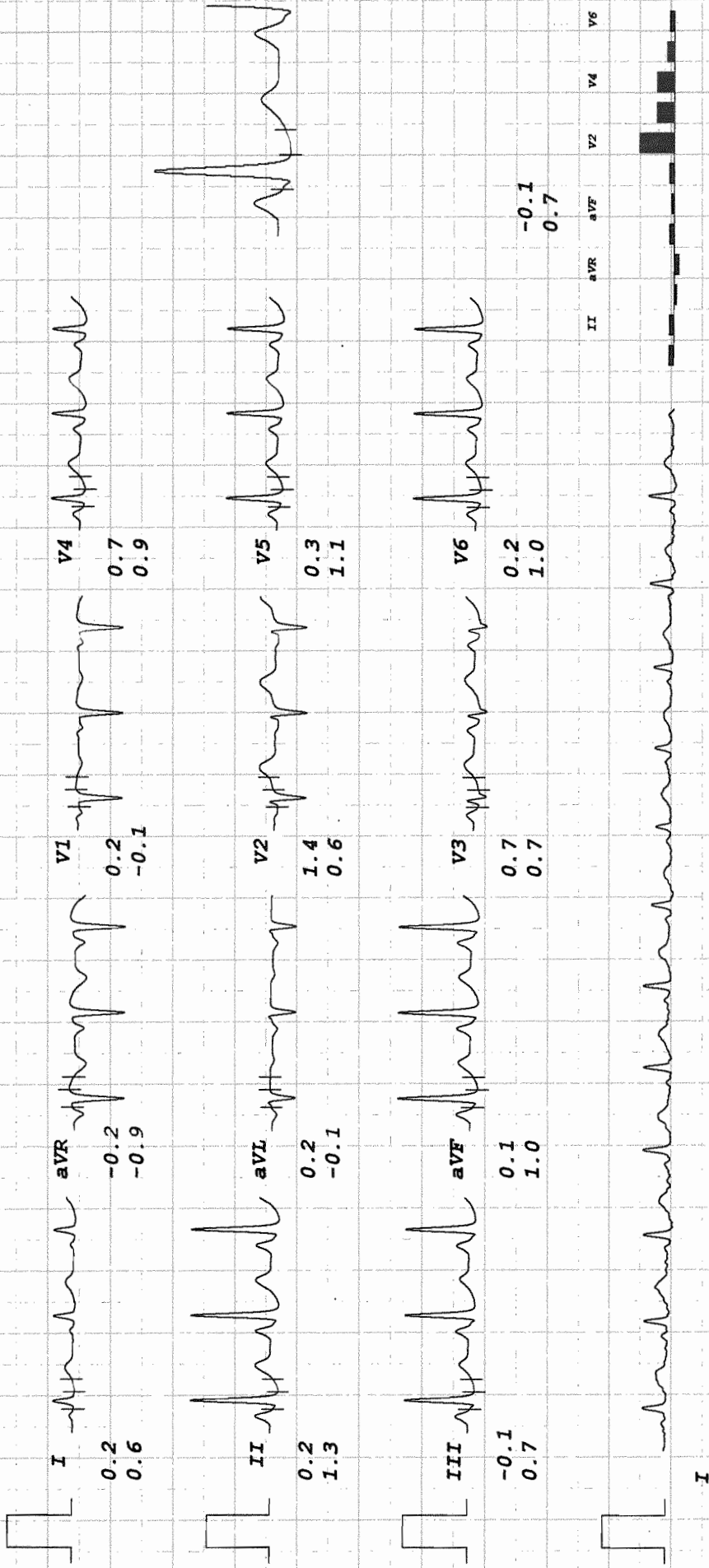
ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

PHASE TIME 0:11

Mag. X 2

III



UNI-EM

aarti adhikari  
I.D. 22323  
Age 34/F  
Date 09/03/2024

RATE 104bpm  
B.P. 120/80

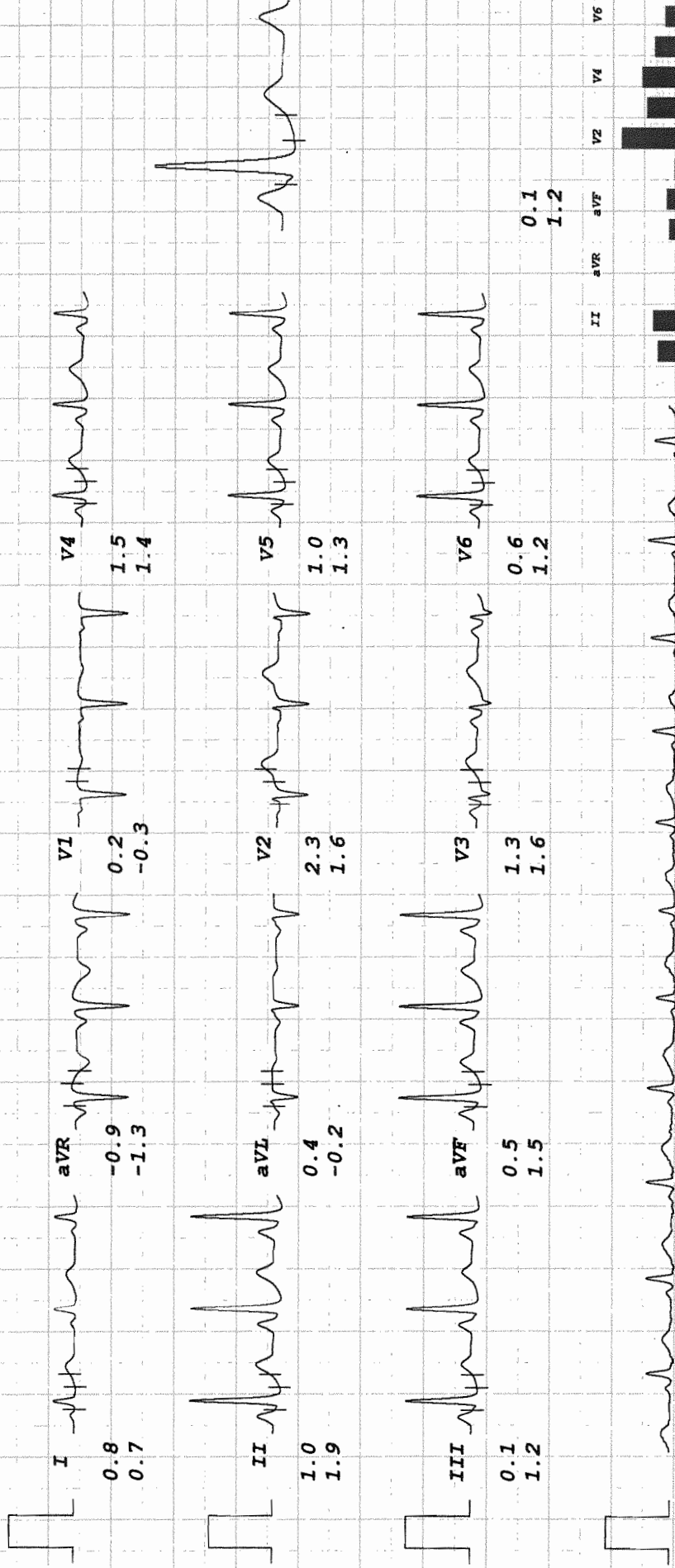
PRETEST  
VALSALVA

ST @ 10mm/mV  
80ms PostJ

LINKED MEDIAN

Mag: X 2

III



I





# UNI-EM

aarti adhikari  
I.D. 22323  
Age 34/F  
Date 09/03/2024

Rate 125bpm  
B.P. 120/80

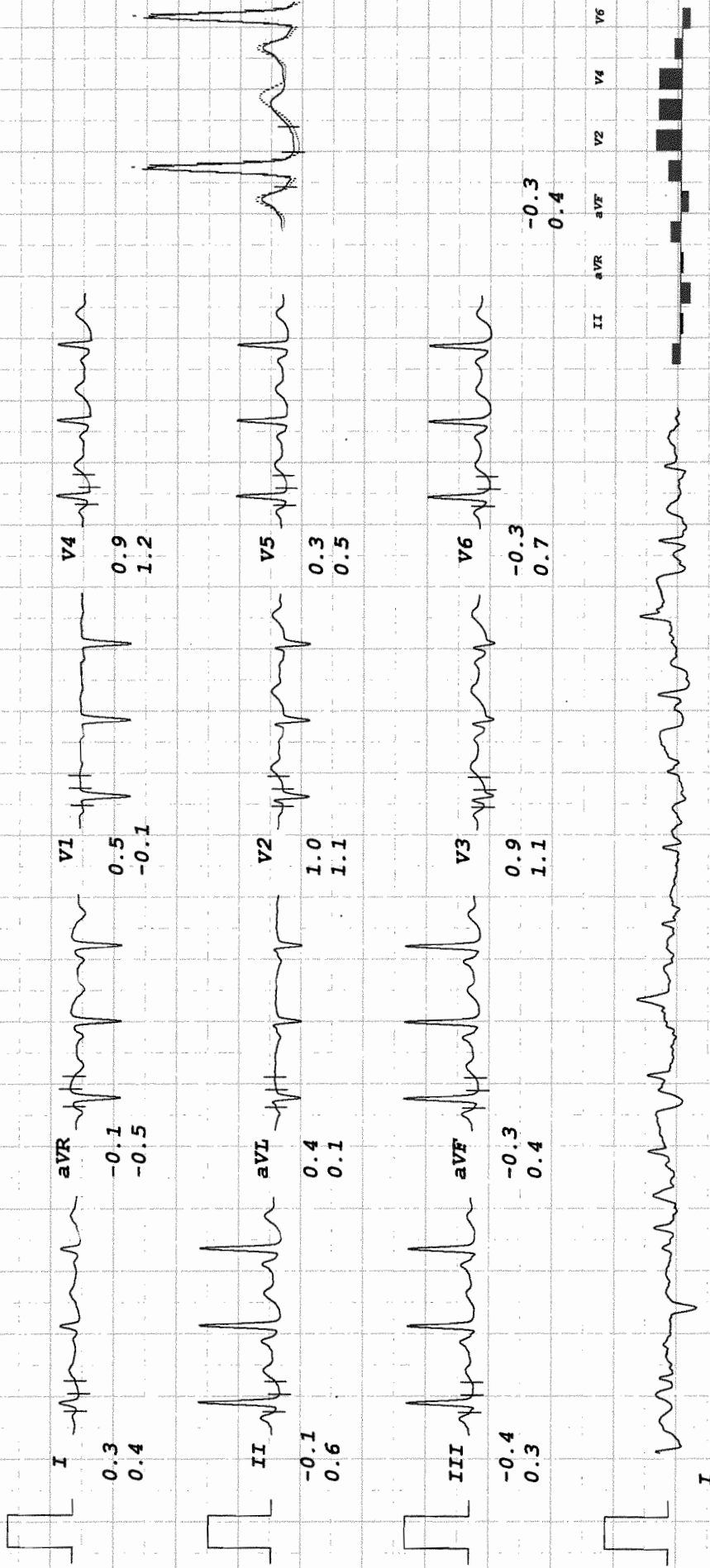
Bruce  
Stage 1  
TOTAL TIME 2:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 2.7 km/hr  
SLOPE 10 %

## LINKED MEDIAN

Mag. X 2

aVF



**UNI-EM**

aarti adhikari  
 I.D. 22323  
 Age 34/F  
 Date 09/03/2024

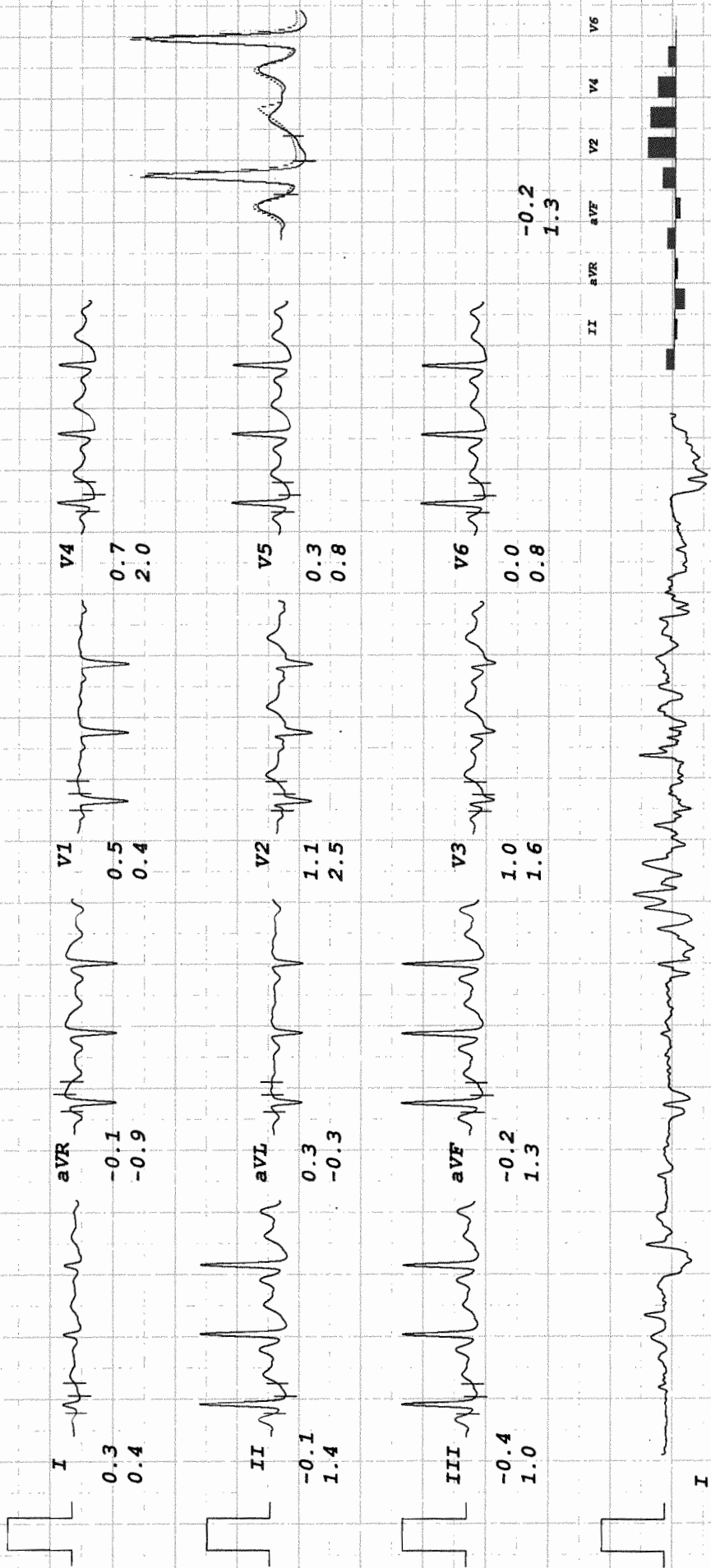
Rate 137bpm  
 B.P. 140/80

Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 ‡

**LINKED MEDIAN**

Mag. X 2  
 aVF



UNI-EM

aarti adhikari  
I.D. 22323  
Age 34/F  
Date 09/03/2024

Rate 173bpm  
B.P. 140/80

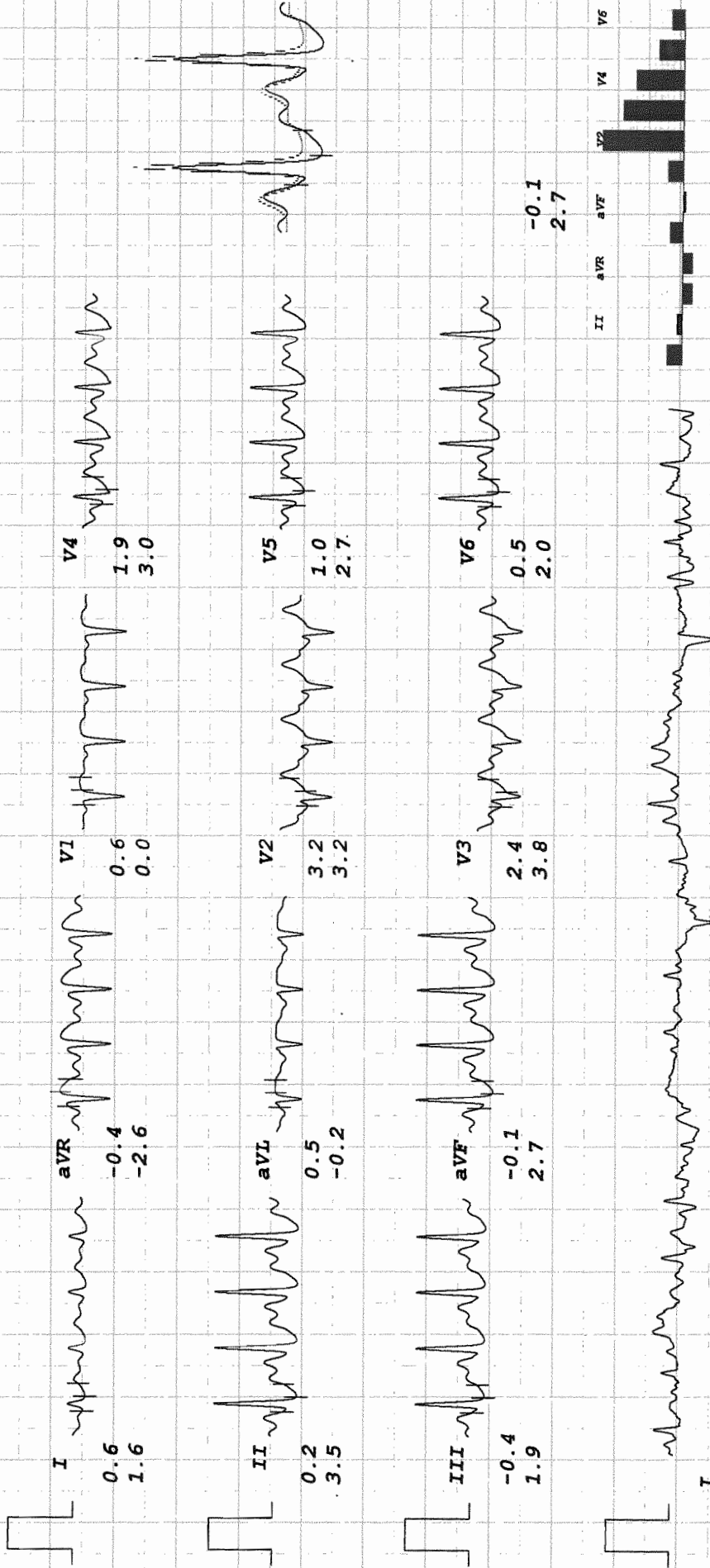
Bruce  
Stage 3  
TOTAL TIME 8:55  
PHASE TIME 2:55

ST @ 10mm/mV  
80ms PostJ  
Speed 5.4 km/hr  
SLOPE 14 %

LINKED MEDIAN

Mag. X 2

aVF



# UNI-EM

aarti adhikari  
 I.D. 22323  
 Age 34/F  
 Date 09/03/2024

RATE 191bpm  
 B.P. 140/90

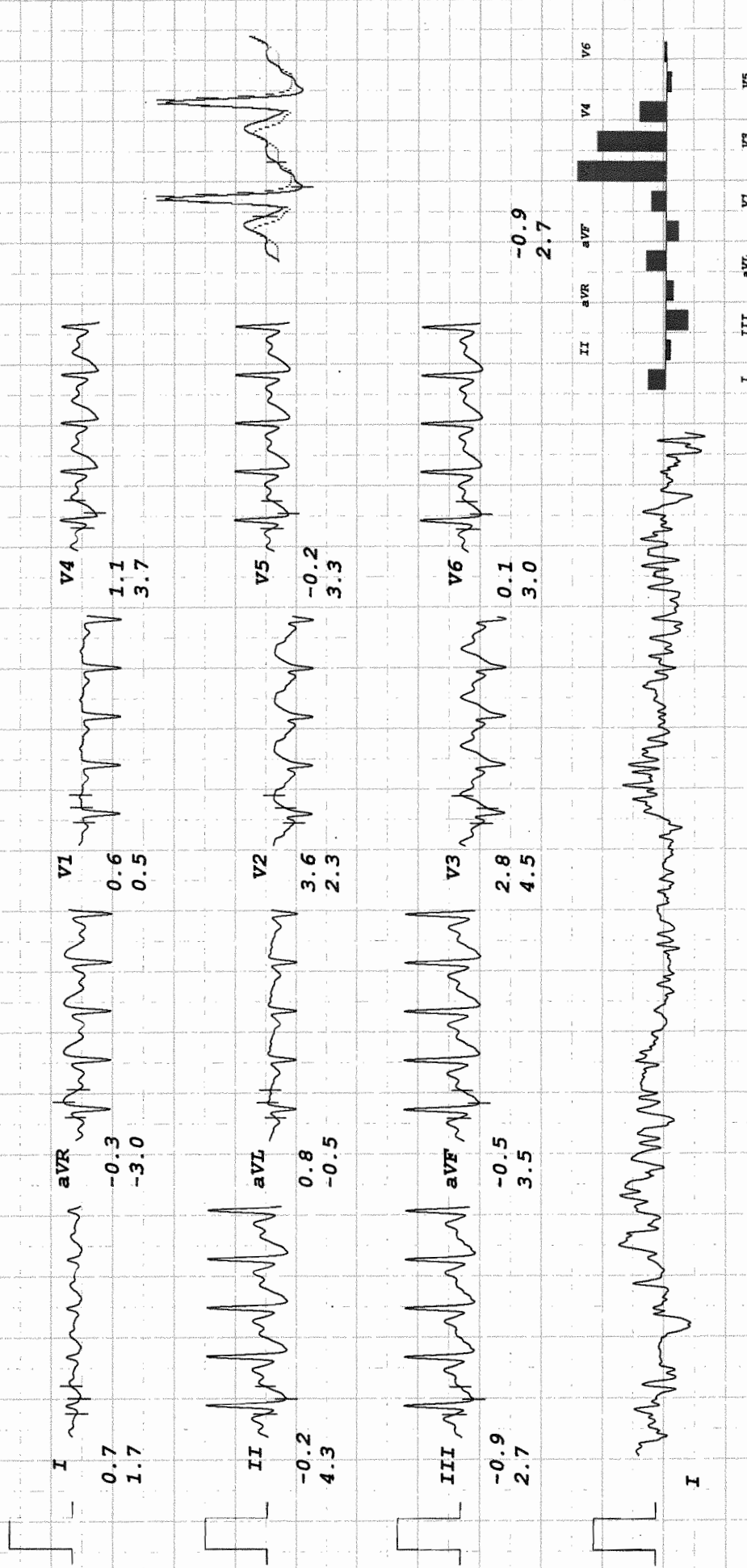
Bruce  
 PK-EXERCISE  
 TOTAL TIME 10:02  
 PHASE TIME 1:02

ST @ 10mm/mV  
 80ms PostJ  
 Speed 6.7 km/hr  
 SLOPE 16 %

LINKED MEDIAN

Mag. x 2

III



# UNI-EM

aarti adhikari  
 I.D. 22323  
 Age 34/F  
 Date 09/03/2024

RATE 118bpm  
 B.P. 140/90

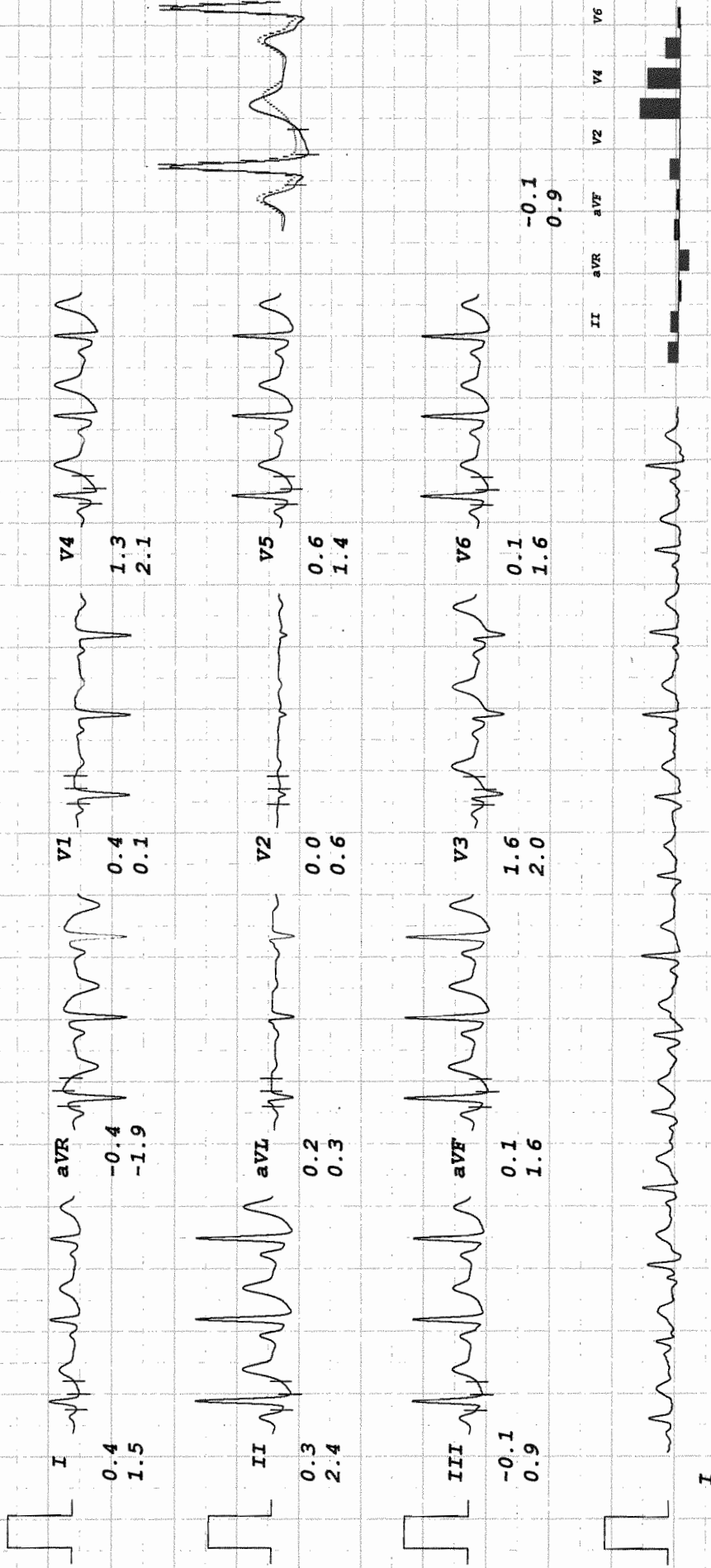
Bruce  
 RECOVERY  
 TOTAL TIME 13:07  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag: X 2

III



II aVR aVF V2 V4 V6

I III aVL V1 V3 V5



# APEX SUPERSPECIALITY HOSPITALS DIAGNOSTICS



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visit website  
googlemap



Tele.:  
022 - 2898 6677 / 46 / 47 / 48

UHID : ASH232404547 ID : HC232400017 Date : 09-Mar-2024  
Patient : Adhikari Aarti Age/Sex : 34/Female Referred By : Rmo  
Company :

## DIGITAL X-RAY CHEST <PA> VIEW

The lung on either side shows equal translucency and exhibit normal vasculature

The pleural spaces are normal.

Both hila are normal in size, have equal density and bear normal relationship.

The cardiac size is normal.

Trachea is central in position and no mediastinal abnormality is visible.

Bony thorax is normal.

### IMPRESSION:

- o No significant abnormality.

DR. PANDYA SAUMIL  
MD,D.N.B  
RADIOLOGIST