

Client  
Jeevan Jyoti HLM  
Pathkind Diagnostics Pvt. Ltd.  
162, Lowther Road, Bai Ka Bagh, Prayagraj

Processed By  
Pathkind Diagnostics Pvt. Ltd.  
162, Lowther Road, Bai Ka Bagh, Prayagraj  
Uttar Pradesh-211003

Name	: Mr. NITIN KUMAR CHAURASIYA	REG-331162	Billing Date	: 24/02/2024 09:19:29
Age	: 34 Yrs		Sample Collected on	: 24/02/2024 13:10:06
Sex	: Male		Sample Received on	: 24/02/2024 13:17:30
P. ID No.	: P1212100026482		Report Released on	: 24/02/2024 13:32:22
Accession No	: 121223016532		Barcode No.	: 1212101603
Referring Doctor	: SELF		Ref no.	:
Referred By	:			

### Report Status - Preliminary Report

Test Name	Result	Biological Ref. Interval	Unit
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### HAEMATOLOGY

#### Complete Blood Count (CBC)

<b>Haemoglobin (Hb)</b> <i>Sample: Whole Blood EDTA Method: Photometric measurement</i>	14.3	13.0 - 17.0	gm/dL
<b>Total WBC Count / TLC</b> <i>Sample: Whole Blood EDTA Method: Impedance</i>	7.2	4.0 - 10.0	thou/ $\mu$ L
<b>RBC Count</b> <i>Sample: Whole Blood EDTA Method: Impedance</i>	4.9	4.5 - 5.5	million/ $\mu$ L
<b>PCV / Hematocrit</b> <i>Sample: Whole Blood EDTA Method: Impedance</i>	43.1	40.0 - 50.0	%
<b>MCV</b> <i>Sample: Whole Blood EDTA Method: Calculated</i>	87.5	83.0 - 101.0	fL
<b>MCH</b> <i>Sample: Whole Blood EDTA Method: Calculated</i>	29.0	27.0 - 32.0	pg
<b>MCHC</b> <i>Sample: Whole Blood EDTA Method: Calculated</i>	33.1	31.5 - 34.5	g/dL
<b>RDW (Red Cell Distribution Width)</b> <i>Sample: Whole Blood EDTA Method: Calculated</i>	13.5	11.8 - 15.6	%
<b>DLC (Differential Leucocyte Count)</b> <i>Method: Flowcytometry/Microscopy</i>			
<b>Neutrophils</b> <i>Sample: Whole Blood EDTA Method: VCS Technology &amp; Microscopy</i>	47	40 - 80	%

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<b>Lymphocytes</b> <i>Sample: Whole Blood EDTA</i> <i>Method: VCS Technology &amp; Microscopy</i>	44 H	20 - 40	%
<b>Eosinophils</b> <i>Sample: Whole Blood EDTA</i> <i>Method: VCS Technology &amp; Microscopy</i>	04	01 - 06	%
<b>Monocytes</b> <i>Sample: Whole Blood EDTA</i> <i>Method: VCS Technology &amp; Microscopy</i>	05	02 - 10	%
<b>Basophils</b> <i>Sample: Whole Blood EDTA</i> <i>Method: VCS Technology &amp; Microscopy</i>	00	00 - 02	%
<b>Absolute Neutrophil Count</b> <i>Sample: Whole Blood EDTA</i>	3384	2000 - 7000	/ $\mu$ L
<b>Absolute Lymphocyte Count</b> <i>Sample: Whole Blood EDTA</i>	3168 H	1000 - 3000	/ $\mu$ L
<b>Absolute Eosinophil Count</b> <i>Sample: Whole Blood EDTA</i>	288	20 - 500	/ $\mu$ L
<b>Absolute Monocyte Count</b> <i>Sample: Whole Blood EDTA</i>	360	200 - 1000	/ $\mu$ L
<b>Absolute Basophil Count</b> <i>Sample: Whole Blood EDTA</i>	00 L	20 - 100	/ $\mu$ L
<b>DLC Performed By</b> <i>Sample: Whole Blood EDTA</i>	EDTA Smear		
<b>Platelet Count</b> <i>Sample: Whole Blood EDTA</i> <i>Method: Impedance</i>	195	150 - 410	thou/ $\mu$ L
<b>MPV (Mean Platelet Volume)</b> <i>Sample: Whole Blood EDTA</i> <i>Method: Calculated</i>	12.0 H	6.8 - 10.9	fL

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<i>Sample: Whole Blood EDTA</i> <b>Erythrocyte Sedimentation Rate (ESR)</b> <i>Sample: Whole Blood EDTA</i> <i>Method: Modified Westergren Method</i>	10	<10	mm 1st Hour
<b>Blood Group</b> <b>Blood Grouping</b> <i>Sample: Whole Blood EDTA</i> <i>Method: Column Agglutination</i>	"A"		
<b>Rh (D) Typing</b> <i>Sample: Whole Blood EDTA</i> <i>Method: Column agglutination</i>	POSITIVE		

**BIOCHEMISTRY**

**HbA1C (Glycosylated Hemoglobin)**

<b>HbA1c</b> <i>Sample: Whole Blood EDTA</i> <i>Method: Turbidimetric inhibition immunoassay</i>	5.2	Non Diabetic : < 5.7 % Prediabetic Range : 5.7 - 6.4 % Diabetic Range : >= 6.5 % Goal of Therapy : <7.0 % Action suggested : >8.0 %	%
<b>Mean Plasma Glucose</b> <i>Sample: Whole Blood EDTA</i> <i>Method: Calculated</i>	102.5	<116.0	mg/dL
<b>FT3 (Free Triiodothyronine 3)</b> <i>Sample: Serum</i> <i>Method: ECLIA</i>	3.12	2.70 - 4.30	pg/mL
<b>FT4 (Free Thyroxine 4)</b> <i>Sample: Serum</i> <i>Method: ECLIA</i>	1.61	1.00 - 1.70	ng/dL
<b>Fasting Plasma Glucose</b> <i>Sample: Fluoride Plasma - F</i>	95	74 - 106	mg/dl
<b>Glucose Post-Prandial</b> <i>Sample: Fluoride Plasma - PP</i> <i>Method: Hexokinase</i>	101	70 - 140	mg/dl

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<b><u>Kidney Profile</u></b>			
<b><u>Blood Urea</u></b>			
<b>Blood Urea Nitrogen (BUN)</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry-Urease / GLDH</i>	7.56 L	8.87 - 20.50	mg/dL
<b>Urea</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	16.18 L	17.00 - 43.00	mg/dL
<b>Creatinine</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	0.66 L	0.70 - 1.30	mg/dL
<b>BUN Creatinine Ratio</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	11	10 - 20	
<b>Uric Acid</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	4.3	3.4 - 7.0	mg/dL
<b>Total Protein</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	7.6	6.4 - 8.3	g/dL
<b>Albumin</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	4.3	4.0 - 4.9	g/dL
<b>Globulin</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	3.3	1.9 - 3.7	g/dL
<b>Albumin : Globulin Ratio</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	1.3	1.0 - 2.1	
<b>Sodium</b> <i>Sample: Serum</i> <i>Method: ISE</i>	139	136 - 145	mmol/L

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Test Name	Result	Biological Ref. Interval	Unit
<b>Potassium</b> <i>Sample: Serum Method: ISE</i>	3.9	3.5 - 5.1	mmol/L
<b>Chloride</b> <i>Sample: Serum Method: ISE</i>	109 H	97 - 107	mmol/L

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### CLINICAL PATHOLOGY

#### Urine Routine & Microscopic Examination

Method: Reflectance Photometry

#### Physical Examination

**Colour** yellow Pale Yellow

Sample: Urine  
Method: Physical Examination

**Appearance** Clear Clear

Sample: Urine  
Method: Physical Examination

**Specific Gravity** 1.020 1.003 - 1.035

Sample: Urine  
Method: pKa change of pretreated polyelectrolytes

**pH** 6.0 4.7 - 7.5

Sample: Urine  
Method: Double indicator principle

#### Chemical Examination

**Glucose** Not Detected Not Detected

Sample: Urine  
Method: Glucose oxidase/peroxidase

**Protein** Not Detected Not Detected

Sample: Urine  
Method: Protein-error-of-indicators principle

**Ketones** Not Detected Not Detected

Sample: Urine  
Method: Sodium nitroprusside reaction

**Blood** Not Detected Not Detected

Sample: Urine  
Method: Peroxidase

**Bilirubin** Not Detected Not Detected

Sample: Urine  
Method: Diazo reaction

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Test Name	Result	Biological Ref. Interval	Unit
<b>Urobilinogen</b> <i>Sample: Urine</i> <i>Method: Ehrlich's reaction</i>	Normal	Normal	
<b>Nitrite</b> <i>Sample: Urine</i> <i>Method: Nitrite Test</i>	Not Detected	Not Detected	
<b>Microscopic Examination</b> <i>Method: Microscopy</i>			
<b>Pus Cells</b> <i>Sample: Urine</i>	2 - 3	0 - 5	/hpf
<b>RBC</b> <i>Sample: Urine</i>	Not Detected	Not Detected	/hpf
<b>Epithelial Cells</b> <i>Sample: Urine</i>	2 - 3	0 - 5	/hpf
<b>Casts</b> <i>Sample: Urine</i>	Not Detected	Not Detected	/hpf
<b>Crystals</b> <i>Sample: Urine</i>	Not Detected	Not Detected	/hpf
<b>Bacteria</b> <i>Sample: Urine</i>	Not Detected	Not Detected	/hpf
<b>Remarks</b> <i>Sample: Urine</i>			

**Remarks** : Microscopic Examination is performed on urine sediment

### BIOCHEMISTRY

<b>TSH 3rd Generation</b> <i>Sample: Serum</i> <i>Method: ECLIA</i>	3.480	0.270 - 4.200	µIU/mL
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Test Name	Result	Biological Ref. Interval	Unit
<b>Lipid Profile</b> <i>Method: Sample: Serum</i>			
<b>Total Cholesterol</b> <i>Sample: Serum Method: Spectrophotometry</i>	182	No risk : < 200 Moderate risk : 200–239 High risk : =240	mg/dL
<b>Triglycerides</b> <i>Sample: Serum Method: Spectrophotometry</i>	224 H	Desirable : < 150 Borderline High : 150 - 199 High : 200 - 499 Very High : >= 500	mg/dL
<b>LDL Cholesterol (Calculated)</b> <i>Sample: Serum Method: Calculated</i>	95	Optimal : <100 Near Optimal : 100 - 129 Borderline High : 130 - 160 High : 161 - 189 Very High : >=190	mg/dL
<b>HDL Cholesterol</b> <i>Sample: Serum Method: Spectrophotometry</i>	42	Low : < 40 Optimal : 40 - 60 High : > 60	mg/dL
<b>VLDL Cholesterol</b> <i>Sample: Serum Method: Calculated</i>	44.8 H	Desirable 10 - 35	mg/dL
<b>Total Cholesterol / HDL Ratio</b> <i>Sample: Serum Method: Calculated</i>	4.33	Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0	
<b>LDL / HDL Ratio</b> <i>Sample: Serum Method: Calculated</i>	2.3	0.5 - 3.0	
<b>Non HDL Cholesterol</b> <i>Sample: Serum</i>	140 H	Low Risk : 0.5 - 3.0 Moderate Risk : 3.1 - 6.0 High Risk : > 6.0 < 130	mg/dL

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<b>Liver Function Test (LFT)</b>			
<b>Bilirubin Total</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry-Diazo</i>	0.6	0.0 - 1.2	mg/dL
<b>Bilirubin Direct</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry-Diazo</i>	0.2	0.0 - 0.2	mg/dL
<b>Serum Bilirubin (Indirect)</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	0.40	0.00 - 0.90	mg/dL
<b>SGOT / AST</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	21	<37	U/L
<b>SGPT / ALT</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	29	<41	U/L
<b>AST / ALT Ratio</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	0.72		
<b>Alkaline Phosphatase (ALP)</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	71	<128	U/L
<b>Total Protein</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	7.6	6.4 - 8.3	g/dL
<b>Albumin</b> <i>Sample: Serum</i> <i>Method: Spectrophotometry</i>	4.3	4.0 - 4.9	g/dL
<b>Globulin</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	3.3	1.9 - 3.7	g/dL
<b>Albumin/Globulin (A/G) Ratio</b> <i>Sample: Serum</i> <i>Method: Calculated</i>	1.3	1.0 - 2.1	g/dL

### Complete Blood Count (CBC)

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**Clinical Significance :**

CBC comprises of estimation of the cellular components of blood including RBCs, WBCs and Platelets. Mean corpuscular volume (MCV) is a measure of the size of the average RBC, MCH is a measure of the hemoglobin content of the average RBC and MCHC is the hemoglobin concentration per RBC. The red cell distribution width (RDW) is a measure of the degree of variation in RBC size (anisocytosis) and is helpful in distinguishing between some anemias. CBC examination is used as a screening tool to confirm a hematologic disorder, to establish or rule out a diagnosis, to detect an unsuspected hematologic disorder, or to monitor effects of radiation or chemotherapy. Abnormal results may be due to a primary disorder of the cell-producing organs or an underlying disease. Results should be interpreted in conjunction with the patient's clinical picture and appropriate additional testing performed.

**Erythrocyte Sedimentation Rate (ESR)****Clinical Significance :**

The erythrocyte sedimentation rate (ESR) is a simple but non-specific test that helps to detect inflammation associated with conditions such as infections, cancers, and autoimmune diseases.

**HbA1C (Glycosylated Hemoglobin)****Clinical Significance :**

Hemoglobin A1c (HbA1c) level reflects the mean glucose concentration over the previous period (approximately 8-12 weeks) and provides a much better indication of long-term glycemic control than blood and urinary glucose determinations. American Diabetes Association (ADA) include the use of HbA1c to diagnose diabetes, using a cutpoint of 6.5%. The ADA recommends measurement of HbA1c 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to assess whether a patient's metabolic control has remained continuously within the target range. Falsely low HbA1c results may be seen in conditions that shorten erythrocyte life span. and may not reflect glycemic control in these cases accurately.

**Glucose Post-Prandial****COMMENTS / INTERPRETATION:**

Any of the following results, confirmed on a subsequent day, can be considered diagnostic for diabetes:

-Fasting plasma or serum glucose  $>$  or  $=$  126 mg/dL after an 8-hour fast

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<b>Name</b>	: Mr. NITIN KUMAR CHAURASIYA	REG-331162	<b>Billing Date</b>	: 24/02/2024 09:19:29
<b>Age</b>	: 34 Yrs		<b>Sample Collected on</b>	: 24/02/2024 13:10:06
<b>Sex</b>	: Male		<b>Sample Received on</b>	: 24/02/2024 13:17:30
<b>P. ID No.</b>	: P1212100026482		<b>Report Released on</b>	: 24/02/2024 13:32:22
<b>Accession No</b>	: 121223016532		<b>Barcode No.</b>	: 1212101605, 1212100792, 1212101604, 1212100860, 1212101603
<b>Referring Doctor</b>	: SELF		<b>Ref no.</b>	:
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-2-Hour plasma or serum glucose  $>$  or  $\approx$  200 mg/dL during a 75-gram oral glucose tolerance test (OGTT)  
-Random glucose  $>$  200 mg/dL, plus typical symptoms

Patients with "impaired" glucose regulation are those whose fasting serum or plasma glucose fall between 101 and 126 mg/dL, or whose 2-hour value on oral glucose tolerance test fall between 140 and 199 mg/dL. These patients have a markedly increased risk of developing type 2 diabetes and should be counseled for lifestyle changes and followed up with more testing.

**Uric Acid**Clinical Significance :

Uric acid is the final product of purine metabolism. Serum uric acid levels are raised in case of increased purine synthesis, inherited metabolic disorder, excess dietary purine intake, increased nucleic acid turnover, malignancy and cytotoxic drugs. Decreased levels are seen in chronic renal failure, severe hepatocellular disease with reduced purine synthesis, defective renal tubular reabsorption, overtreatment of hyperuricemia with allopurinol, as well as some cancer therapies.

**Urine Routine & Microscopic Examination**Clinical Significance :

Urine routine examination and microscopy comprises of a set of screening tests that can detect some common diseases like urinary tract infections, kidney disorders, liver problems, diabetes or other metabolic conditions. Physical characteristics (colour and appearance), chemical composition (glucose, protein, ketone, blood, bilirubin and urobilinogen) and microscopic content ( pus cells, epithelial cells, RBCs, casts and crystals) are analyzed and reported.

**TSH 3rd Generation**Clinical Significance :

TSH levels are elevated in primary hypothyroidism and low in primary hyperthyroidism. Evaluation of TSH is useful in the differential diagnosis of primary from secondary and tertiary hypothyroidism. In primary hypothyroidism, TSH levels are elevated, while in secondary and tertiary hypothyroidism, TSH levels are low or normal. High TSH level in the presence of normal FT4 is called subclinical hypothyroidism and low TSH with normal FT4 is called subclinical hyperthyroidism. Sick, hospitalized patients may have falsely low or transiently elevated TSH. Significant diurnal variation is also seen in TSH levels.

**Total Cholesterol**

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**Jeevan Jyoti HLM**  
 Pathkind Diagnostics Pvt. Ltd.  
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Clinical Significance :

Serum cholesterol is elevated in hereditary hyperlipoproteinemias and in other metabolic diseases. Moderate-to-markedly elevated values are also seen in cholestatic liver disease. Increased levels are a risk factor for cardiovascular disease. Low levels of cholesterol may be seen in disorders like hyperthyroidism, malabsorption, and deficiencies of apolipoproteins.

**Triglycerides**

Clinical Significance :

Triglycerides are partly synthesized in the liver and partly derived from the diet. Increased serum triglyceride levels are a risk factor for atherosclerosis. Hyperlipidemia may be inherited or may be due to conditions like biliary obstruction, diabetes mellitus, nephrotic syndrome, renal failure, certain metabolic disorders or drug induced.

**HDL Cholesterol**

Clinical Significance :

High-density lipoprotein (HDL) is an important tool used to assess risk of developing coronary heart disease. Increased levels are seen in persons with more physical activity. Very high levels are seen in case of metabolic response to medications like hormone replacement therapy. Raised levels are also seen in case of chronic intoxication with alcohol, heavy metals or industrial chemicals. Low HDL cholesterol correlates with increased risk for coronary heart disease (CHD). Very low levels are seen in Tangier disease, cholestatic liver disease and in association with decreased hepatocyte function.

**Lipid Profile**

**Proposed LDL-C goals in very high risk and extreme risk group patients by the Lipid Association of India.**

Very High Risk group(VHRG)	Extreme Risk group	
	Category A	Category B
LDL-C goal of <50 mg/dl	LDL-C goal of <50 mg/dl (recommended)	LDL-C goal of ≤30 mg/dl
High-risk conditions Any one of following:	LDL-C goal of ≤30 mg/dl (optional)	CAD with ≥1 of following:
1. ASCVD (CAD/PAD/TIA or stroke)	CAD with ≥1 of following:	1. Diabetes + polyvascular disease/≥2 2. major ASCVD risk factors*/target

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2. Homozygous familial 3. hypercholesterolemia 4. Diabetes with $\geq 2$ major ASCVD risk factors*/target organ damage	1. Diabetes without target organ damage/ $\leq 1$ major 2. ASCVD risk factors 3. Familial hypercholesterolemia 4. $\geq 3$ major ASCVD risk factors 5. CKD stage 3B and 4 6. $\geq 2$ major ASCVD risk factors with $\geq 1$ moderate 7. non-conventional risk factor# 8. Lp(a) $\geq 50$ mg/dl 9. Coronary calcium score $\geq 300$ HU 10. Extreme of a single risk factor 11. PAD 12. H/o TIA or stroke 13. Non-stenotic carotid plaque	organ 3. damage 4. Recurrent ACS (within 12 months) 5. despite on LDL-C goal 6. Homozygous familial 7. Hypercholesterolemia	

The LDL-C goal of  $\leq 30$  mg/dl must be pursued after detailed risk-benefit discussion between physician and patient.

Clinical judgment to be used in decision making if the patient has disease/risk factors not covered in the table, eg. peripheral arterial disease or cerebrovascular disease.

\*Major ASCVD risk factors: 1. Age- male  $\geq 45$  years, female  $\geq 55$  years, 2. Family h/o premature CAD- male  $< 55$  years, female  $< 65$  years, 3. Smoking/tobacco use, 4. Systemic hypertension, 5. Low HDL (males  $< 40$  mg/dl and females  $< 50$  mg/dl).

#Moderate non-conventional risk factors: 1. Coronary calcium score 100-299 HU, 2. Increased carotid intima-media thickness, 3. Lp(a)  $\geq 20$ -49 mg/dl, 4. Impaired fasting glucose, 5. Increased waist circumference, 6. Apolipoprotein B  $\geq 110$  mg/dl, 7. hsCRP  $\geq 2$  mg/L.

### Bilirubin Total

### Interpretation

Bilirubin is one of the most commonly used tests to assess liver function. Approximately 85% of the total bilirubin produced is derived from hemoglobin, while the remaining 15% is produced from RBC precursors destroyed in the bone marrow and from the catabolism of other heme-

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containing proteins. After production in peripheral tissues, bilirubin is rapidly taken up by hepatocytes where it is conjugated and then excreted in the bile. A number of inherited and acquired diseases affect one or more of the steps involved in the production, uptake, storage, metabolism, and excretion of bilirubin. In hepatobiliary diseases of various causes, bilirubin uptake, storage, and excretion are impaired to varying degrees.

The most commonly occurring form of unconjugated hyperbilirubinemia is that seen in newborns and referred to as physiological jaundice. Indirect bilirubin is a calculated parameter its range has not been defined for neonatal period (0-14 days).

### Bilirubin Direct

### Interpretation

Bilirubin is one of the most commonly used tests to assess liver function. Approximately 85% of the total bilirubin produced is derived from hemoglobin, while the remaining 15% is produced from RBC precursors destroyed in the bone marrow and from the catabolism of other heme-containing proteins. After production in peripheral tissues, bilirubin is rapidly taken up by hepatocytes where it is conjugated and then excreted in the bile. A number of inherited and acquired diseases affect one or more of the steps involved in the production, uptake, storage, metabolism, and excretion of bilirubin. In hepatobiliary diseases of various causes, bilirubin uptake, storage, and excretion are impaired to varying degrees.

The most commonly occurring form of unconjugated hyperbilirubinemia is that seen in newborns and referred to as physiological jaundice. Indirect bilirubin is a calculated parameter its range has not been defined for neonatal period (0-14 days).

### SGOT / AST

#### Clinical Significance :

"Elevated aspartate aminotransferase (AST) values are seen most commonly in parenchymal liver diseases. Values can be elevated from 10 to 100 times the normal range, though commonly 20 to 50 times elevations are seen. AST levels are raised in infectious hepatitis and other inflammatory conditions affecting the liver along with ALT, though ALT levels are higher. The ALT:AST ratio which is normally <1 is reversed in these conditions and becomes >1. AST levels are usually raised before clinical signs and symptoms of disease appear. AST and ALT also rise in primary or metastatic carcinoma of the liver, with AST usually being higher than ALT. Elevated AST values may also be seen in disorders affecting the heart, skeletal muscle and kidney, such as myocardial infarction, muscular dystrophy, dermatomyositis, acute pancreatitis and crushed muscle injuries."

### SGPT / ALT

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#### Clinical Significance :

Elevated alanine aminotransferase (ALT) values are seen in parenchymal liver diseases characterized by a destruction of hepatocytes. Values are at least 10 times higher the normal range and may reach up to 100 times the upper reference limit. Commonly, values are seen to be 20 - 50 times higher than normal. In infectious hepatitis and other inflammatory conditions affecting the liver, ALT levels rise more than aspartate aminotransferase (AST), and the ALT/AST ratio, which is normally <1, is reversed and becomes >1. ALT levels usually rise before clinical signs and symptoms of disease appear.

#### **Alkaline Phosphatase (ALP)**

#### Clinical Significance :

Alkaline Phosphatase levels can be elevated in both liver related as well as bone related conditions. ALP levels are raised (more than 3 fold) in extrahepatic biliary obstruction (eg, by stone or by cancer of the head of the pancreas) than in intrahepatic obstruction, and is directly proportional to the level of obstruction. Levels may rise up to 10 to 12 times the upper limit of normal range and returns to normal on surgical removal of the obstruction. ALP levels rise together with GGT levels and If both GGT and ALP are elevated, a liver source of the ALP is likely. Among bone diseases, ALP levels rise in Paget disease (up to 25 fold), osteomalacia, rickets, primary and secondary hyperparathyroidism and osteogenic bone cancer. Elevated ALP is seen in children following accelerated bone growth. Also, a 2 to 3fold elevation may be observed in women in the third trimester of pregnancy, although the interval is very wide and levels may not exceed the upper limit of the reference interval in some cases.

#### **Total Protein**

#### Clinical Significance :

High levels of Serum Total Protein is seen in increased acute phase reactants in inflammation, late-stage liver disease, infections, multiple myeloma and other malignant paraproteinemias. Hypoproteinemia is seen in hypogammaglobulinemia, nephrotic syndrome and protein-losing enteropathy.

#### **Albumin**

#### Clinical Significance :

"Hypoalbuminemia can be caused by impaired synthesis due to liver disease (primary) or due to diminished protein intake (secondary), increased catabolism due to tissue damage and inflammation; malabsorption of amino acids; and increased renal excretion (eg, nephrotic

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syndrome).Hyperalbuminemia is seen in dehydration."

\*\* End of Report\*\*

**Dr. Saloni Dwivedi**

MD (Pathology)

Consultant Pathologist

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REC

