

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

**KIMS-KINGSWAY
HOSPITALS**

Name: Mrs. Madhuri Sawarkar Date: 23/3/24

Age: 33y Sex: M/F Weight: 56 kg Height: 146.2 inc BMI: 26.2

BP: 135/87 mmHg Pulse: 68/M bpm RBS: _____ mg/dl
SPO2: 100% LMP 10/3/24

33/F

- Married x 4 yrs.
- 1^o Infertility, ↓ Homeopathic 7/11
- H/O Rt. ear operation for Mastoiditis (Nov 23)
- Prediabetes (HbA1c - 6.0)
- FH - Father DM
- TG - 327
- HDL - 23

O/E

JVP^o

Ch	
Lm	
D/A	N

Adv.

- Diet as advised
- Daily exercise
- Weight reduction
- R/A 3mmc E FBS
PMBS
HbA1c
FLP

DR. VIMMI GOEL
Sr. Consultant Non Invasive Cardiology

Name: Mrs. Madhuri Sawarkar Date: 23.03.24

Age: 33yrs Sex: M/F Weight: _____ kg Height: _____ Inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Go Pain in $\frac{18}{8}$ region

O/E Buccally placed $\frac{18}{8}$

Adv

Ses Extrachonic

$\frac{18}{8}$

Opa XRay

Vishw



KIMS - Kingsway Hospitals
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)
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Maharashtra, India - 440001.

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DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

MADHURI SAWARKAR 33Y(S) 0M(S) 0D(S)/F UMR2324041661 7573951553 MARRIED	CONSULT DATE : 23-03-2024 CONSULT ID : OPC2324128469 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
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VITALS

Temp : **Pulse** : **BP (mmHg)** : **spO2** : **Pain Score** : **Height** :
- °F - /min - %RA -- /10 - cms

Weight : **BMI** :
- kgs -

CHIEF COMPLAINTS

ROUTINE CHECK UP

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	00	00	00	6/6
LEFT EYE	00	00	00	6/6

NEAR ADDITION

RIGHT EYE			00	N6
LEFT EYE			00	N6

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On : 23-03-2024 11:08:18

REMARK-



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. MADHURI SAWARKAR **Age / Gender** : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087557/UMR2324041661 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 08:30 am **Report Date** : 23-Mar-24 11:14 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	12.7	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		38.4	36.0 - 46.0 %	Calculated
RBC Count		4.83	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		80	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		26.4	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.1	31.5 - 35.0 g/l	Calculated
RDW		17.6	11.5 - 14.0 %	Calculated
Platelet count		312	150 - 450 10^3 /cumm	Impedance
WBC Count		11400	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils	53.7	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	38.7	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	2.5	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	5.0	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.1	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	6121.8	2000 - 7000 /cumm	Calculated



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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		4411.8	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		285	20 - 500 /cumm	Calculated
Absolute Monocyte Count		570	200 - 1000 /cumm	Calculated
Absolute Basophil Count		11.4	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
Microcytosis		Microcytosis +(Few)		
Hypochromasia		Hypochromia +(Few)		
WBC		As Above		
Platelets		Adequate		
ESR		25	0 - 20 mm/hr	Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. MADHURI SAWARKAR	Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087557/UMR2324041661	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 08:29 am	Report Date : 23-Mar-24 10:24 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	108	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		166	< 140 mg/dl	GOD/POD, Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	6.0	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
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*** End Of Report ***

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Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST

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44, Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

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Bill No/ UMR No : BIL2324087557/UMR2324041661 **Referred By** : Dr. Vimmi Goel MBBS,MD
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LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	182	< 200 mg/dl
Triglycerides		<u>327</u>	< 150 mg/dl
HDL Cholesterol Direct		<u>23</u>	> 50 mg/dl
LDL Cholesterol Direct		95.16	< 100 mg/dl
VLDL Cholesterol		65	< 30 mg/dl
Tot Chol/HDL Ratio		8	3 - 5

<u>Initiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%		<100
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160
		>190, optional at 160-189
		<130
		<160

*** End Of Report ***

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. MADHURI SAWARKAR **Age / Gender** : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087557/UMR2324041661 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 08:30 am **Report Date** : 23-Mar-24 11:14 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.50	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.25	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.25	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric
Alkaline Phosphatase		62	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		23	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		21	13 - 35 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		8.61	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.82	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.78	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.3		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. MADHURI SAWARKAR **Age / Gender** : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087557/UMR2324041661 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 08:30 am **Report Date** : 23-Mar-24 11:14 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.11	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.35	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		2.68	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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DR. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. MADHURI SAWARKAR **Age / Gender** : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087557/UMR2324041661 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 08:30 am **Report Date** : 23-Mar-24 11:14 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	17	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine		0.7	0.52 - 1.04 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		117.0	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		146	136 - 145 mmol/L	Direct ion selective electrode
Potassium		5.48	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. MADHURI SAWARKAR
Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087557/UMR2324041661
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 11:22 am
Report Date : 23-Mar-24 12:12 pm

URINE SUGAR

Parameter
Urine Glucose

NOTE:

Result Values

3+ (Approx 300
mg/dl)

Urine sugar Postmeal

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please
discuss

Verified By : : 11100400

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Dr. Anuradha Deshmukh, MBBS,MD

CONSULTANT MICROBIOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. MADHURI SAWARKAR	Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087557/UMR2324041661	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 08:56 am	Report Date : 23-Mar-24 10:51 am

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	Clear
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		6.5	4.6 - 8.0
Specific gravity		1.000	1.005 - 1.025
Urine Protein		Negative	Negative
Sugar		Negative	Negative
Bilirubin		Negative	Negative
Ketone Bodies		Negative	Negative
Nitrate		Negative	Negative
Urobilinogen		Normal	Normal
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	0 - 4 /hpf
R.B.C.		Absent	0 - 4 /hpf
Pus Cells		0-1	0 - 4 /hpf
Casts		Absent	Absent



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. MADHURI SAWARKAR
Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087557/UMR2324041661
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 08:56 am
Report Date : 23-Mar-24 10:51 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent *** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss
Verified By : : 11100400
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CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. MADHURI SAWARKAR
Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087557/UMR2324041661
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 08:56 am
Report Date : 23-Mar-24 10:51 am

USF(URINE SUGAR FASTING)	Specimen	Result Values	Biological Reference	Method
Parameter Urine Glucose	Urine	Negative *** End Of Report ***		STRIP

Suggested Clinical Correlation * If necessary, Please discuss
 Verified By : : 11100400
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G. Hardas
Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mrs. MADHURI SAWARKAR
Age / Gender : 33 Y(s)/Female
Bill No/ UMR No : BIL2324087557/UMR2324041661
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 23-Mar-24 08:30 am
Report Date : 23-Mar-24 11:54 am

BLOOD GROUPING AND RH

Parameter
BLOOD GROUP.

<u>Specimen</u>	<u>Results</u>
EDTA Whole Blood & Plasma/ Serum	" A "

Gel Card Method

Rh (D) Typing.

" Positive "(+Ve)
*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**

PATIENT NAME:	MRS. MADHURI SAWARKAR	AGE /SEX:	33 YRS/FEMALE
UMR NO:	2324041661	BILL NO:	2324087557
REFERRED BY	DR. VIMMI GOEL	DATE	23/3/2024

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

- No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL
SENIOR CONSULTANT
MD, RADIODIAGNOSIS [MMC-55870]

PATIENT NAME:	MRS. MADHURI SAWARKAR	AGE /SEX:	33 YRS/FEMALE
UMR NO:	2324041661	BILL NO:	2324087557
REFERRED BY	DR. VIMMI GOEL	DATE	23/3/2024

USG ABDOMEN AND PELVIS

LIVER is normal in size and echotexture.

No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.

PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.

No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal.

No focal myometrial lesion seen.

Endometrial echo-complex appear normal.

No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

No significant visceral abnormality seen.

Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL

SENIOR CONSULTANT

MD RADIO DIAGNOSIS [MMC-55870]

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Madhuri Sawarkar
 Age : 33 years / Female
 UMR : UMR2324041661
 Date : 23/03/2024
 Done by : Dr. Vimmi Goel
 ECG : NSR, WNL
 Blood pressure: 135/87 mm Hg (Right arm, Supine position)
 BSA : 1.51 m²

024
0:23

Impression:

Normal chambers dimensions
No RWMA of LV at rest
Good LV systolic function, LVEF 64%
Normal LV diastolic function
E/A is 1.4
E/E' is 10.1 (Borderline filling pressure)
Valves are normal
Trivial MR
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 64%. Normal LV diastolic function. E Velocity is 109 cm/s, A Velocity is 78 cm/s. E/A is 1.4. Valves are normal. Trivial MR. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.

E' at medial mitral annulus is 9.8 cm/sec & at lateral mitral annulus is 11.9 cm/sec.
 E/E' is 10.1 (Borderline filling pressure).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	29
Aortic root	20-37	7-28	23
LVIDd	35-55	8-47	42
LVIDs	23-39	6-28	28
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	10
LVEF %	~ 60%	~60%	64%
Fractional Shortening			35%


Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology
Fellow Indian Academy of Echocardiography (FIAE)

P.T.O

Rate 66 Sinus rhythm.....normal P axis, V-rate 50-99

PR 138
QRSD 89
QT 397
QTC 416

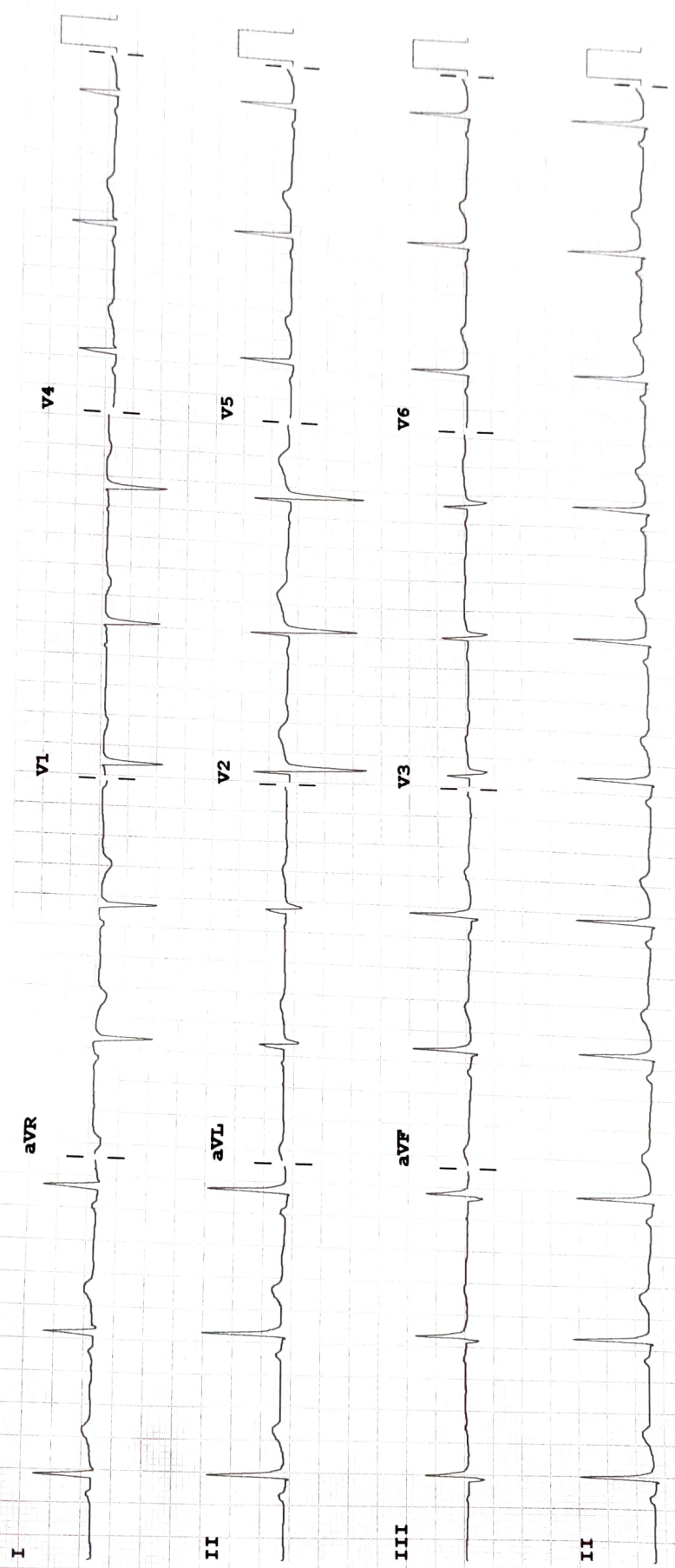
--AXIS--

P 45
QRS 52
T 35

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



F 50~ 0.50-150 Hz W

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

100B CL P?

Device: