



To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	ANTO VICTOR
DATE OF BIRTH	28-04-1971
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	29-03-2024
BOOKING REFERENCE NO.	23M75632100092816S
<b>SPOUSE DETAILS</b>	
EMPLOYEE NAME	MS. VICTOR RAJALAKSHMI
EMPLOYEE EC NO.	75632
EMPLOYEE DESIGNATION	SINGLE WINDOW OPERATOR A
EMPLOYEE PLACE OF WORK	TUTICORIN, DAMODHARAN NAGAR
EMPLOYEE BIRTHDATE	20-03-1978

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **21-02-2024** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

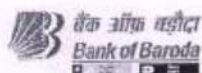
We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager  
HRM Department  
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



**SUGGESTIVE LIST OF MEDICAL TESTS**

<b>FOR MALE</b>	<b>FOR FEMALE</b>
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
<b>Lipid Profile</b>	<b>Lipid Profile</b>
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
<b>Liver Profile</b>	<b>Liver Profile</b>
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
<b>Kidney Profile</b>	<b>Kidney Profile</b>
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
<b>General Tests</b>	<b>General Tests</b>
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



Name : - Mr. VICTORANTO G      OP Number: MDUMH123527      Bill No: MMH-OCR-155186

**Package Information**

S.No	Service Type/Service Name	Department
1	<b>MEDIWHEEL WHOLE BODY HEALTH CHECK MALE ABOVE 40YRS</b>	
1	2D-ECHO WITH COLOUR DOPPLER	CARDIOLOGY
2	ALBUMIN - SERUM	BioChemistry
3	ALKALINE PHOSPHATASE - SERUM/PLASMA	BioChemistry
4	ALT(SGPT) - SERUM / PLASMA	BioChemistry
5	AST (SGOT) - SERUM	BioChemistry
6	BILIRUBIN CONJUGATED (DIRECT) - SERUM	BioChemistry
7	BILIRUBIN, TOTAL - SERUM	BioChemistry
8	BREAKFAST	F and B Main Kitchen
9	BUN (BLOOD UREA NITROGEN)	BioChemistry
10	CHOLESTEROL - SERUM / PLASMA	BioChemistry
11	CONSULTATION - DIET	Dietetics
12	CONSULTATION - OPHTHALMOLOGY	Ophthalmology
13	CONSULTATION CHARGES	Consultation
14	CREATININE - SERUM / PLASMA	BioChemistry
15	ECG	CARDIOLOGY
16	GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	BioChemistry
17	GLUCOSE - SERUM / PLASMA (FASTING)	BioChemistry
18	GLUCOSE - SERUM / PLASMA (POST PRANDIAL)	BioChemistry
19	GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD	BioChemistry
20	HDL CHOLESTEROL - SERUM / PLASMA	BioChemistry
21	HEMOGRAM	Haematology
22	HISTORY TAKING - AHC	Apollo Health Check
23	LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL)	BioChemistry
24	PHYSICAL EXAMINATION/CONSULTATION BY INTERNAL MEDICINE SPECIALIST	General Medicine
25	PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	BioChemistry
26	PROTEIN TOTAL - SERUM / PLASMA	BioChemistry

Name : Mr. VICTORANTO G		OP Number: MMH-OCR-155186	Bill No: MMH-OCR-155186
27	STOOL ROUTINE		Haematology
28	TOTAL T3: TRI IODOTHYRONINE - SERUM		BioChemistry
29	TOTAL T4: THYROXINE - SERUM		BioChemistry
30	TRIGLYCERIDES - SERUM		BioChemistry
31	TSH: THYROID STIMULATING HORMONE - SERUM		BioChemistry
32	ULTRASOUND SCREENING WHOLE ABDOMEN		Ultrasound Radiology
33	UREA - SERUM / PLASMA		BioChemistry
34	URIC ACID - SERUM		BioChemistry
35	URINE ROUTINE (CUE)		Haematology
36	VLDL CHOLESTEROL - SERUM		BioChemistry
37	X-RAY CHEST PA		X Ray

Amount saved on availing Health Check Package INR 16255

Note: Cancellation of individual test will not be refunded.

Amount saved on availing Health Check Package INR 16255

Name : Mr. VICTORANTO G (52 /M)

Date : 29/03/2024

Address : 20, LOHIA NAGAR, MUNIASAMY PURAMEXTN, THOOTHUKKUDI, THOOTHUKKUDI,  
TAMIL NADU, INDIA

## AHC MEDICAL SUMMARY

Examined by: Dr .GIRIDHAR BABU M K

ASH - QF - PHC - 14  
UHID : ASM1.0000150036

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE ABOVE  
40YRS

AHC No : MDUMH123527



### CHIEF COMPLAINTS

No specific complaints

### PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer, Impaired Glycemia

- Nil Significant

### Mind Health screening

Emotional Wellness  
Assessment (PHQ9)  
Score - 0  
Depression Level -  
None-Minimal



### DRUG ALLERGY

NO KNOWN ALLERGY :27/01/2023



### Surgical history

Hydrocelectomy right - done



### SYSTEMIC REVIEW



### Personal history

Diet - Mixed Diet  
Alcohol - consumes alcohol  
occasionally  
Smoking - No  
Chews tobacco - No  
Physical activity - Moderate  
- level ground walking



### Family history

Coronary artery disease - father  
Cancer - None

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Central nervous system

- Nil Significant

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints

- Nil Significant

### General symptoms

### PHYSICAL EXAMINATION



### General

General appearance - normal  
Build - moderate  
Height - 159  
Weight - 55.8  
BMI - 22.07  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 65

Name : Mr. VICTORANTO G (52 /M)

UHID : ASM1.0000150036

Date : 29/03/2024

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE ABOVE 40 YRS



PHC No: INDUMH123527

ASH - QF - PHC - 14

Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 120  
Diastolic(mm of Hg) - 70  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Organomegaly - No  
Tenderness - No

### Surgical

Surgical exam done by - Dr.JAGADEESAPANDIAN P  
Hernia - nil  
Scrotum and testis - Normal  
Penis - Normal  
Anal and rectal examination - Normal  
Surgical findings - Normal

Printed By : Sasikala T

Name : Mr. VICTORANTO G (52 /M)

UHID : ASM1.0000150036

Date : 29/03/2024



Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE ABOVE 40 YRS PHC MEDICAL SUMMARY 13527

ASH - QF - PHC - 14

**HEMOGRAM**

Test Name	Result	Unit	Level	Range
Hemoglobin	14.7	gm%	●	13.0-18.0
Packed cell volume(Calculated)	44	%	●	40-54
WBC Count	10.4	10 <sup>3</sup> /m <sup>3</sup>	●	4-11
Platelet Count	276	10 <sup>3</sup> /m <sup>3</sup>	●	150-450
ERYTHROCYTE SEDIMENTATION RATE (ESR)	01	mm/1st hr	●	0-15
RBC Count	5.3	Million/ul	●	4.2-6.5
MCV	83	fl	●	75-95
MCH(Calculated)	28	pg	●	26-32
MCHC(Calculated)	33	g/dl	●	31-36
Reticulocytes(	1.0 *	%	●	0.2 - 2.0
Neutrophils	59	%	●	40-80
Lymphocytes	31	%	●	20-40
Eosinophils	02	%	●	01-06
Monocytes	08	%	●	2-10

**URINE ROUTINE (CUE)**

Test Name	Result	Unit	Level	Range
Specific Gravity	1.025		●	1.001 - 1.035
Colour:	Straw Yellow			Straw Yellow
Transparency:	Clear			Clear
pH	6		●	4.6-8.00
Protein :	Nil			NIL
Sugar :-	Nil			NIL
Ketone	Negative			NEGATIVE
Bile Pigments :-	Negative			NEGATIVE
Bile Salts :-	Absent			ABSENT
Urobilinogen	Normal	E.U./dL		Normal
RBC	Nil	/hpf		<2
Pus Cells	2-4	/hpf		Male : 2 - 3 Female : 2 - 5
Epithelial Cells	1-2	/hpf		3 - 5

**ALT(SGPT) - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
ALT(SGPT)	21	U/L	●	Adult Male : < 45

**ALBUMIN - SERUM**

Test Name	Result	Unit	Level	Range
Albumin - Serum	4.0	g/dL	●	Adult(20 - 60 Yr): 3.5 - 5.2
Globulin - Serum: (Calculated)	3.7 *	g/dL	●	Adult (2.0 - 3.5)

**ALKALINE PHOSPHATASE - SERUM/PLASMA**

Test Name	Result	Unit	Level	Range
Alkaline Phosphatase - Serum	80	U/L	●	Adult(Male): < 129

**AST (SGOT) - SERUM**

Test Name	Result	Unit	Level	Range
AST (SGOT)	11	U/L	●	Adult Male: <35

**BILIRUBIN, TOTAL - SERUM**

Test Name	Result	Unit	Level	Range
Bilirubin, Total - Serum	0.4	mg/dL	●	NORMAL : 0.2 TO 1.1

**CHOLESTEROL - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
Total Cholesterol	202 *	mg/dL	●	Adult Desirable: <200 Borderline High: 200 - 239 High: >=240

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
Creatinine - Serum	0.7 *	mg/dL	●	Male: 0.9 - 1.3

**GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM**

Test Name	Result	Unit	Level	Range
GGTP: Gamma Glutamyl Transpeptidase	23	U/L	●	Male: < 55

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

● Within Normal Range    ● Borderline High/Low    ● Out of Range





Glucose - Serum / Plasma (Fasting) 85 mg/dL ● 60-99

**Test Name** **Result** **Unit** **Level** **Range**  
 Triglycerides - Serum 124 mg/dL ● Normal: <150  
 High: 150 - 199  
 Hypertriglyceridemic: 200 - 499  
 Very High: >=500

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Post Prandial)	109	mg/dL	●	< 140 Increase risk of diabetes(Impaired Glucose tolerance):140-199; Diabetic>=200

Total Cholesterol / HDL Cholesterol Ratio (Calculated) 4.5 ● < 4.5

**UREA - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
Urea	15	mg/dL	●	Adult: 13 - 43

**GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.0	%	●	Normal < 5.7% Increased risk for Diabetes 5.7 - 6.4%--male Diabetes > = 6.5%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
Uric Acid - Serum	4.2	mg/dL	●	Adult Male: 3.5 - 7.2

**VLDL CHOLESTEROL - SERUM**

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	25		●	Desirable:<30

**HDL CHOLESTEROL - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
HDL Cholesterol	45	mg/dL	●	Low: <40 High: >=60

Triglycerides - Serum 124 mg/dL ● Normal: <150  
 High: 150 - 199  
 Hypertriglyceridemic: 200 - 499  
 Very High: >=500

**LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL)**

Test Name	Result	Unit	Level	Range
LDL Cholesterol (Direct LDL)	144 *	mg/dL	●	Optimal: <100 Near/above optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: >=190

**BILIRUBIN CONJUGATED (DIRECT) - SERUM**

Test Name	Result	Unit	Level	Range
Bilirubin Conjugated - Serum	0.1	mg/dL	●	0.0-0.2
Bilirubin Unconjugated - Serum (Calculated)	0.3	mg/dL	●	0.0-1.0

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7.0	mg/dL	●	Adult : 6 - 20

**PROTEIN TOTAL - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
Protein Total - Serum	7.7	g/dL	●	>2 Year: 6.0 - 8.0

**TOTAL T3: TRI IODOTHYRONINE - SERUM**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	127	ng/dL	●	60-180

**TRIGLYCERIDES - SERUM**

● Within Normal Range    ● Borderline High/Low    ● Out of Range

**TOTAL T4: THYROXINE - SERUM**

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM	10.6	µg/dL	●	3.5 - 12.5

**TSH: THYROID STIMULATING HORMONE - SERUM**

Test Name	Result	Unit	Level	Range
TSH: Thyroid Stimulating Hormone	1.38	µIU/mL	●	0.35 - 5.50

**PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM**

Test Name	Result	Unit	Level	Range
Prostatic Specific Antigen (PSA Total)	2.1	ng/mL	●	Healthy Men: ≤ 4.0 Males: 40-49 yrs: 0 - 2.5 50-59 yrs: 0 - 3.5 60-69 yrs: 0 - 4.5 70-79 Yrs: 0 - 6.5

**X-RAY CHEST PA**

NO SIGNIFICANT ABNORMALITY IS DETECTED.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

Liver measures 12.4 cm. Normal size, shape, outline and shows increased echotexture. No focal lesions are seen in the liver. No IHBR dilatation. Portal vein is normal in course, caliber and outline.

Gall Bladder is contracted

Pancreas Is normal in size, shape and parenchymal echotexture; with no duct dilatation or calcifications. Peripancreatic fat is normal.

Spleen measures 9.4 cm. Normal with no focal lesions.

Right kidney : Measures 10.1 x 5.0 cm, is normal in size. Cortical echoes normal. Corticomedullary differentiation is maintained. Pelvicaleceal system normal. No calculi / hydronephrosis is seen.

Left kidney : Measures 10.7 x 5.3 cm is normal in size. Cortical echoes normal. Corticomedullary differentiation is maintained. Pelvicaleceal system normal. No calculi / hydronephrosis is seen.

Urinary Bladder is normal in distension, caliber and outline. No focal lesions.

Prostate: measures 4.5 x 3.4 x 3.6 cm volume 30 cc —Enlarged

There is no ascites / pleural effusion.

**IMPRESSION:**

- Grade I fatty liver
- Borderline prostatomegaly

REPORTED BY,  
DR. RAJAPRIYA ., MBBS., MDRD.,  
CONSULTANT RADIOLOGIST.

**2D-ECHO WITH COLOUR DOPPLER**

● Within Normal Range    ● Borderline High/Low    ● Out of Range

Name : Mr. VICTORANTO G (52 /M)

UHID : ASM1.0000150036

Date : 29/03/2024

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE ABOVE 40 YRS

PHIC MEDICAL SUMMARY No. M0001423527



ASH - QF - PHC - 14

NORMAL CHAMBERS DIMENSIONS.  
STRUCTURALLY NORMAL VALVES.  
TRIVIAL MITRAL REGURGITATION.  
NO REGIONAL WALL MOTION ABNORMALITY.  
NORMAL LV SYSTOLIC FUNCTION.  
IMPAIRED LV DIASTOLIC FUNCTION.  
NO PERICARDIAL EFFUSION/ CLOT.  
LVEF:62%

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

**Haematology**

STOOL ROUTINE

**CARDIOLOGY**

ECG

● Within Normal Range    ● Borderline High/Low    ● Out of Range

Name : Mr. VICTORANTO G (52 /M)

UHID : ASM1.0000150036

Date : 29/03/2024

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE ABOVE 40 YRS AHC MEDICAL SUMMARY A23527



ASH - QF - PHC - 14

### Executive Summary



Physical Examination and routine Investigation in AHC Package reveals the following:

- 
- DYSLIPIDEMIA
- BPH
- FATTY LIVER
- 

### Wellness Prescription

#### Advice On Diet :-



- LOW FAT DIET

#### Advice On Physical Activity :-



#### Other Lifestyle Changes & Recommendations :-

AS RECOMMEND

### Medications

- 
- 
- 

Printed By : P.JAGADEESAPANDIAN

Dr.GIRIDHAR BABU M K

AHC Physician / Consultant Internal Medicine



**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Name : Mr. VICTORANTO G (52 /M)

UHID : ASM1.0000150036

Date : 29/03/2024



Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE ABOVE 40 YRS AHC No: MDUMH123527

AHC MEDICAL SUMMARY

ASH - QF - PHC - 14

### Medications

**Dr.GIRIDHAR BABU M K**

AHC Physician / Consultant Internal Medicine



## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

4

### ACCEPTABLE SCORE

7

**Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a **general guideline** for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**