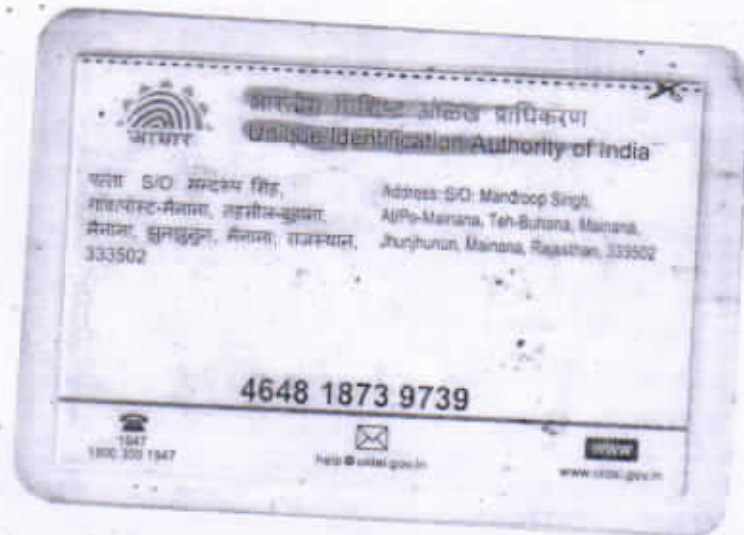




Parikaj
8639154069



[Signature]
**Rajasthan Diagnostic &
Medical Research Centre
Jhunjhunu**

Name: Pankaj Kumar
Patient ID: Bob Medical

Date of birth: 20.06.1985
Gender: Male
Height: 176 cm
Weight: 80 kg
Ethnicity: Undefined
Pacemaker: Unknown

Visit ID:
Room:
Medication:
Order ID:
Ord. prov.
Ord. prot.

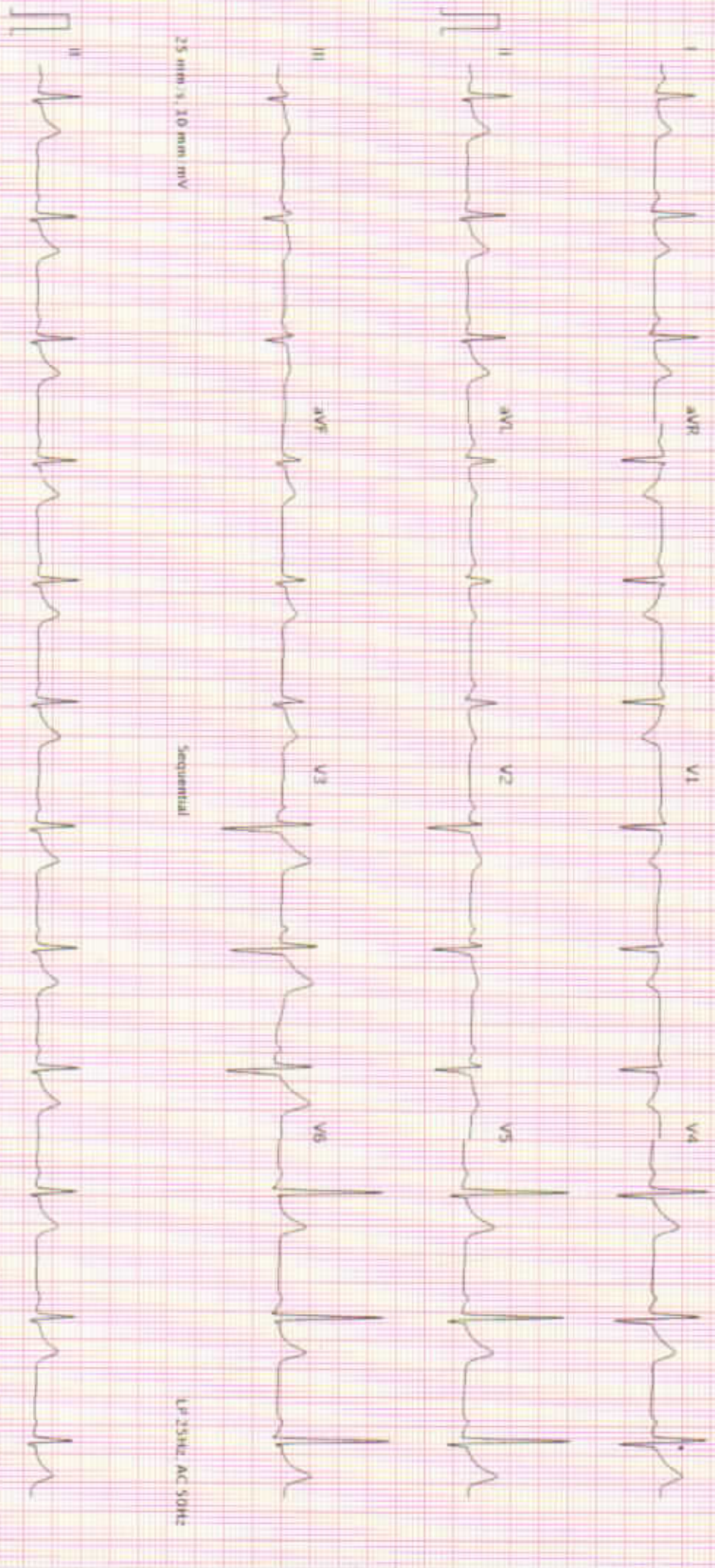
Indication:
Remark:

09.03.2024 12:36:05
Standard 12-Lead

HR 70 bpm
RR 85.3 ms
PR 94 ms
P axis 139 ms
QRS axis 82 ms
T axis 39° QT 378 ms
QTcB 405 ms

Rajasthan Diagnostic & MR Centre
B-110, Sahasr Marg, Indira Nagar, Mandawa, Mod
Jhunjhunu (Raj.)
Sinus rhythm
Normal electrical axis
Non-specific ST abnormality (elevation)
Otherwise normal ECG
Unreferenced reports

Otherwise normal



25 mm/s, 10 mm/mV

Sequential

UP 55Hz, AC 50Hz

25 mm/s, 10 mm/mV

UP 55Hz, AC 50Hz

AT 102 C2 1.2.0 (1080 009811)

Printed on 09.03.2024 12:36:23

Page 1 of 1

SCHILLER

Part No. 2-1570488A

CE 0173

5.810



RAJASTHANI DIAGNOSTIC & MR CENTRE

FULLY COMPUTERISED PATHOLOGY LABORATORY

MRI

CT SCAN

TMT

SONOGRAPHY

X-RAY

ECG

MAMOGRAPHY

NAME	PANKAJ KUMAR	AGE-	SEX: M
REF/BY:	BOB HEALTH CHECKUP	DATE	9-Mar-24

ULTRASONOGRAPHY WHOLE ABDOMEN

Liver: is normal in size, shape and mild bright echotexture. No IHBR dilatation is seen. No focal mass seen. Portal vein and hepatic veins are normal in diameter. Common bile duct is normal in diameter and lumen is clear.

Gall bladder: is normal in size shape, location with echo free lumen. Wall thickness is normal. No echogenic shadow suggestive of calculus is seen. No focal mass or lesion is seen.

Pancreas: is normal in size, shape and echotexture. No focal mass or lesion is detected. Pancreatic duct is not dilated.

Rt. Kidney: is normal in size, shape, position and echotexture. Corticomedullary differentiation is well maintained. No evidence of definite calculus/ hydronephrosis is seen.

Lt. Kidney: is normal in size, shape, position and echotexture. Corticomedullary differentiation is well maintained. No evidence of definite calculus/ hydronephrosis is seen.

Spleen: is normal in size, regular in shape and echo texture. No focal lesion is seen. Splenic vessels are normal.

Urinary Bladder: is well distended. Outline of bladder is regular. Wall thickness is normal. No focal mass is seen. No echogenic shadow suggestive of calculus is seen.

Prostate: is normal in size 24 gm, regular in shape and outline. Capsule is intact.

No evidence of ascites is seen. No significant Lymphadenopathy is seen. No obvious bowel pathology is seen. Retroperitoneum including aorta, IVC are unremarkable.

IMPRESSION:

- ❖ Grade I fatty liver.

Advised: clinicopathological correlation

DR. ANUSHA MAHALAWAT
MD RADIODIAGNOSIS

Dr. Anusha Mahalawat
MD (Radiodiagnosis)
(RMC. 38742/25457)



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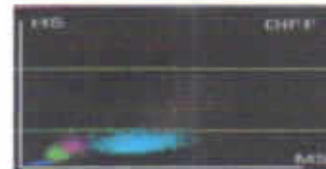
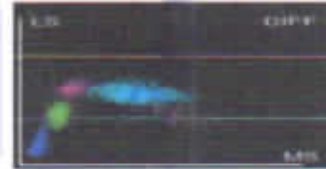
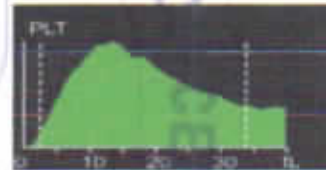
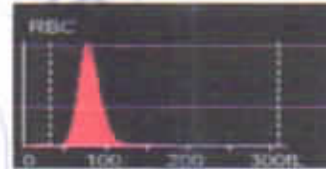
Hematology Analysis Report

First Name: PANKAJ KUMAR
Last Name:
Gender: Male
Age: 38 Year

Sample Type:
Department:
Med Rec. No.:

Sample ID: 8
Test Time: 09/03/2024 10:45
Diagnosis:

Parameter	Result	Ref. Range	Unit
1 WBC	6.72	4.00-10.00	10 ³ /uL
2 Neu%	59.4	50.0-70.0	%
3 Lym%	26.4	20.0-40.0	%
4 Mon%	8.3	3.0-12.0	%
5 Eos%	5.6 H	0.5-5.0	%
6 Bas%	0.3	0.0-1.0	%
7 Neu#	3.99	2.00-7.00	10 ³ /uL
8 Lym#	1.77	0.80-4.00	10 ³ /uL
9 Mon#	0.56	0.12-1.20	10 ³ /uL
10 Eos#	0.38	0.02-0.50	10 ³ /uL
11 Bas#	0.02	0.00-0.10	10 ³ /uL
12 RBC	5.00	3.50-5.50	10 ⁶ /uL
13 HGB	11.9	11.0-16.0	g/dL
14 HCT	42.7	37.0-54.0	%
15 MCV	85.4	80.0-100.0	fL
16 MCH	23.7 L	27.0-34.0	pg
17 MCHC	27.8 L	32.0-36.0	g/dL
18 RDW-CV	13.4	11.0-16.0	%
19 RDW-SD	47.3	35.0-56.0	fL
20 PLT	169	100-300	10 ³ /uL
21 MPV	12.5 H	6.5-12.0	fL
22 PDW	23.7 H	9.0-17.0	%
23 PCT	0.212	0.108-0.282	%
24 P-LCR	57.3 H	11.0-45.0	%
25 P-LCC	97 H	30-90	10 ³ /uL



Dr. Mamta Khuteta
M.D. (Path.)
RMC No : 4720/16260

Submitter: Operator: admin Approver:
Draw Time: 09/03/2024 10:45 Received Time: 09/03/2024 10:45 Validated Time:
Report Time: 09/03/2024 12:43 Remarks:

*The Report is responsible for this sample only. If you have any questions, please contact us in 24 hours



24x7 SERVICE

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Fully Computerised Pathology Laboratory

MRI CT SCAN TMT SONOGRAPHY X-RAY ECG MEMOGRAPHY



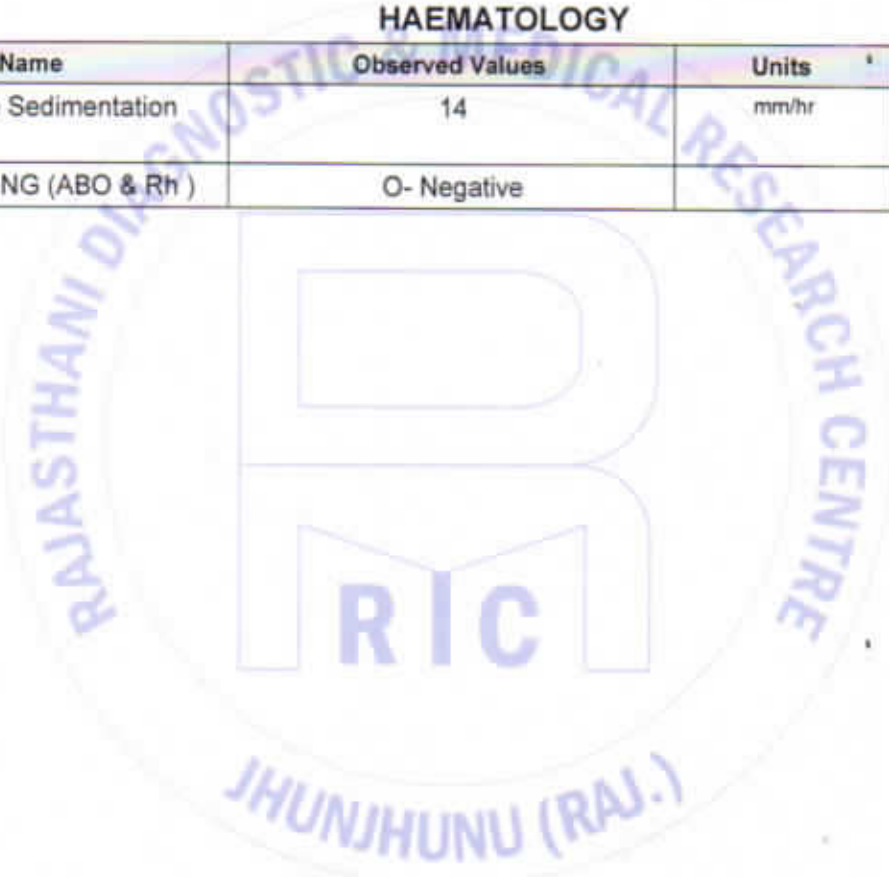
Patient Name: **PANKAJ KUMAR**
Sr. No. : 3231
Patient ID No.: 3045
Age : 38 Gender : MALE
Ref. By Dr : MEDI-WHEEL HEALTH CHECKUP



Registered on : 09-03-2024 10:53 AM
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Reported On : 09-03-2024 12:44 PM
Bar Code 
LIS Number 2 9 6 3

HAEMATOLOGY

Test Name	Observed Values	Units	Reference Intervals
ESR (Erythrocyte Sedimentation Rate)	14	mm/hr	20
BLOOD GROUPING (ABO & Rh)	O- Negative		



Ashish Sethi
24x7 Ashish Sethi
Senior Biochemist

Kamla Khatun
Dr. Kamla Khatun
M.D. (Path)
DACC No. : 4720

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TECHNOLOGIST

PATHOLOGIST



Patient Name: **PANKAJ KUMAR**
 Sr. No. : **3231**
 Patient ID No.: **3045**
 Age : **38** Gender : **MALE**
 Ref. By Dr : **MEDI-WHEEL HEALTH CHECKUP**



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 LIS Number : **2 9 6 3**

HAEMATOLOGY**HbA1c(Glycosylated hemoglobin)**

Test Name	Observed Values	Units	Reference Intervals
HbA1c(Glycosylated hemoglobin)	5.01	%	< 6.50 Non-Diabetic 6.50 - 7.00 Very Good Control 7.10 - 8.00 Adequate Control 8.10 - 9.00 Suboptimal Control 9.10 - 10.00 Diabetic Poor Control > 10.00 Very Poor Control
eAG (Estimated Average Glucose)	97.09	mg/dL	
eAG (Estimated Average Glucose)	5.39	mmol/L	

Method : **Fluorescence Immunoassay Technology**

Sample Type : **EDTA Blood**

Test Performed by:-

Fully Automated (EM 200) ERBA MANNHEIM.

Remarks :

Glycosylated Hemoglobin Testing is Recommended for both (a) Checking Blood Sugar Control in People who might be Pre-Diabetic. (b) Monitoring Blood Sugar Control in patients in more elevated levels, termed Diabetes Mellitus. The American Diabetic Association suggests that the Glycosylated Hemoglobin Test be Performed atleast Two Times in Year in Patients with Diabetes that are meeting Treatment Goals (and That have stable glycemic Control) and Quarterly in Patients with Diabetes whos therapy has changed or that are not meeting Glycemic Goals.

Glycosylated Hemoglobin measurement is not appropriate where there has been change in diet or Treatment within 6 Weeks. Hence people with recent Blood Loss, Hemolytic Aneamia, or Genetic Differences in the Hemoglobin Molecule (Hemoglobinopathy) such as Sickle-cell Disease and other Conditions, as well as those that have donated Blood recently, are not suitable for this Test.



TECHNOLOGIST



PATHOLOGIST

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MRI

CT SCAN

TMT

SONOGRAPHY

X-RAY

ECG

MEMOGRAPHY



Patient Name: **PANKAJ KUMAR**
 Sr. No. : **3231**
 Patient ID No.: **3045**
 Age : **38** Gender : **MALE**
 Ref. By Dr : **MEDI-WHEEL HEALTH CHECKUP**



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BIO-CHEMISTRY

Test Name	Observed Values	Units	Reference Intervals
Glucose Fasting (Method: GOD-POD)	89.00	mg/dL	Glucose Fasting Cord: 45-96 New born, 1d: 40 -60 New born, >1d: 50-80 Child: 60-100 Adult: 74-100 >60 Y: 82-115 >90 Y: 75-121
Blood Sugar PP (Method: GOD-POD)	114.00	mg/dL	Glucose 2 h Postprandial: <120

24x7 Ashish Sethi
Consultant Biochemist

TECHNOLOGIST

Manoj Khurana
M.D. (Path.)
DNC No.: 47289

PATHOLOGIST

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8-110, Subhash Marg, Indira Nagar, Jhunjhunu (Raj.) Ph. No. : 1592-294977



Patient Name: **PANKAJ KUMAR**
 Sr. No. : 3231
 Patient ID No.: 3045
 Age : 38 Gender : MALE
 Ref. By Dr : MEDI-WHEEL HEALTH CHECKUP



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BIO-CHEMISTRY
KIDNEY FUNCTION TEST

Test Name	Observed Values	Units	Reference Intervals
Blood Urea (Method : Urease-GLDH)	23.00	mg/dL	Adults Women < 50 years : 13-40 Women > 50 years : 21-43 Men < 50 years : 19-45 Men > 50 years : 18-55 Children 1-3 years : 11-36 4-13 years : 15-36 13-19 years : 18-45
Creatinine (Method : Enzymatic Creatinase)	0.84	mg/dL	0.6-1.30
Calcium	10.62	mg/dL	8.5-11
Uric Acid (Method : Uricase-POD)	4.89	mg/dL	2.4-7.2

Test Name	Observed Values	Units	Reference Intervals
Gamma glutamyl transferase (GGT)	36.54	IU/L	15.0-85.0



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MRI CT SCAN TMT SONOGRAPHY X-RAY ECG MEMOGRAPHY



Patient Name: **PANKAJ KUMAR**
 Sr. No. : 3231
 Patient ID No.: 3045
 Age : 38 Gender : MALE
 Ref. By Dr : MEDI-WHEEL HEALTH CHECKUP



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BIO-CHEMISTRY

Liver Function Test

Test Name	Observed Values	Units	Reference Intervals
SGOT/AST(Tech.: -UV Kinetic)	H 62.00	U/L	5-40
SGPT/ALT(Tech.: -UV Kinetic)	H 52.00	U/L	5-40
Bilirubin(Total) (Method: Diazo)	0.98	mg/dL	Adults: 0-2, Cord < 2 Newborns, premature 0-1 day : 1-8, 1-2 days : 6-12, 3-5 days : 10-14 Newborns, full term 0-1 day: 2-6, 1-2 days: 6-10, 3-5 days : 4-8
Bilirubin(Direct)	0.22	mg/dL	0-0.3
Bilirubin(Indirect)	0.76	mg/dL	0.1-1.0
Total Protein (Method: BIURET Method)	7.01	g/dL	Adults : 6.4 - 8.3 Premature : 3.6 - 6.0 Newborn : 4.6 - 7.0 1 Week : 4.4 - 7.6 7-12 months : 5.1 - 7.3 1-2 Years : 5.6 - 7.5 > 2 Years : 6.0 - 8.0
Albumin(Tech.: -BCG) (Method: BCG)	3.96	gm/dL	0-4 days: 2.8-4.4 4d-14 yrs: 3.8-5.4 14y-18y : 3.2-4.5 Adults 20-60 yrs: 3.5-5.2 60-90 yrs: 3.2-4.6
Globulin(CALCULATION)	3.05	gm/dL	2.5-4.5
A/G Ratio(Tech.: -Calculated)	1.30		1.2 - 2.5
Alkaline Phosphatase(Tech.: -Pnp Amp Kinetic)	214.00	U/L	108-306

Anand sethi
 24/5 Ashish Sethi
 Consultant Biochemist

Kamla Kishor
 Dr. Kamla Kishor
 M.D. (Path.)
 SMC No. : 4730

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TECHNOLOGIST

PATHOLOGIST

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Patient Name: **PANKAJ KUMAR**
Sr. No. : **3231**
Patient ID No.: **3045**
Age : **38** Gender : **MALE**
Ref. By Dr : **MEDI-WHEEL HEALTH CHECKUP**



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**BIO-CHEMISTRY
LIPID PROFILE**

Test Name	Observed Values	Units	Reference Intervals
Cholesterol (Method: CHOD-PAP)	168.00	mg/dL	Adults- Desirable: <200 Borderline: 200-239 High: >239 Children- Desirable: <170 Borderline: 170-199 High: >199
HDL Cholesterol	52.00	mg/dL	35-65
Triglycerides (Method: GPO)	116.00	mg/dL	Recommended triglycerides levels for adults: Normal: <161 High: 161-199 Hypertriglycerdemic: 200-499 Very high:>499
LDL Cholesterol	92.80	mg/dL	10-150
VLDL Cholesterol	23.20	mg/dL	0-40



अभियांत्रिकी विभाग

TECHNOLOGIST



TANC No. : 47399

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B-110, Subhash Marg, Indira Nagar, Jhunjhunu (Raj.) Ph. No. : 1592-294977

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MRI

CT SCAN

TMT

SONOGRAPHY


X-RAY

ECG

MEMOGRAPHY

Patient Name: **PANKAJ KUMAR**
 Sr. No. : **3231**
 Patient ID No.: **3045**
 Age : **38** Gender : **MALE**
 Ref. By Dr : **MEDI-WHEEL HEALTH CHECKUP**



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THYROID HORMONES
T3,T4,TSH (THYROID PROFILE)

Test Name	Observed Values	Units	Reference Intervals
T3 (Total Triiodothyronine)	0.87	ng/ML	0.5 - 1.5 ng/ML
T4 (TotalThyroxine)	8.59	µg/dL	4.60-12.50 µg/dL
TSH (Thyroid Stimulating Hormone)	1.74	µIU/mL	0.35 -- 5.50 µIU/mL

Sample Type : **Serum**

Test Performed by:-

Fully Automated Chemi Luminescent Immuno Assay (**ARCHITECT- i1000 PLUS**) Abbott USA**Remarks :**

Primary malfunction of the Thyroid gland may result in excessive (hyper) or Low (hypo) release of T3 or T4. In addition, as TSH directly affect thyroid function, malfunction of the pituitary or the hypothalamus influences the thyroid gland activity.

Disease in any portion of the thyroid-pituitary-hypothalamus system may influence the level of T3 and T4 in the blood, in Primary Hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels may be low. In addition, in Euthyroid sick syndrome, multiple alterations in serum thyroid function test findings have been recognized.



TECHNOLOGIST

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Patient Name: **PANKAJ KUMAR**
 Sr. No. : 3231
 Patient ID No.: 3045
 Age : 38 Gender : MALE
 Ref. By Dr : MEDI-WHEEL HEALTH CHECKUP



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URINE EXAMINATION
URINE COMPLETE

Test Name	Observed Values	Units	Reference Intervals
PHYSICAL			
Quantity		ml	
Colour	Yellow		
Appearance / Transparency	Clear		
Specific Gravity	1.020		
PH	6.0		4.5-6.5
CHEMICAL			
Reaction	Acidic		
Albumin	TRACE		
Urine Sugar	Nil		
MICROSCOPIC			
Red Blood Cells	Nil	/h.p.f.	
Pus Cells	4-6	/h.p.f.	
Epithelial Cells	0-1	/h.p.f.	
Crystals	Nil	/h.p.f.	
Casts	Nil	/h.p.f.	
Bactria	Nil	/h.p.f.	
Others	Nil	/h.p.f.	
Test Name	Observed Values	Units	Reference Intervals
URINE SUGAR FASTING	Nil		
URINE SUGAR PP	Nil		

<<< END OF REPORT >>>

>>> Results relate only to the sample as received. Kindly correlate with clinical condition. <<<

Note: This report is not valid for medico legal purposes.



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TECHNOLOGIST

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PATHOLOGIST

B-110, Subhash Marg, Indira Nagar, Jhunjhunu (Raj.) Ph. No. : 1592-294977

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Fully Computerised Pathology Laboratory

MRI CT SCAN TMT SONOGRAPHY X-RAY ECG MEMOGRAPHY



MC - 5346

NAME : PANKAJ KUMAR	AGE 38 /SEX M
REF.BY :BOB HEALTH CHECK UP	DATE: 09.03.2024

X-RAY CHEST PA

- Both lung fields appear normal in under view
- No e/o consolidation or cavitations is seen.
- Both costo-phrenic angles appear clear.
- Cardiac size is within normal limits.
- Both domes of diaphragm appear normal.
- Bony thoracic cage & soft tissue shadow appear normal.

IMPRESSION :- NORMAL X-RAY CHEST (PA)

DR. ANUSHA MAHALAWAT

MD (RADIOLOGIST)

RMC - 38742/25457

Dr. Anusha Mahalawat
MD (Radiodiagnosis)
(RMC. 38742/25457)



अपराहताकालीन सेवाएं

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B-110, Subhash Marg, Indira Nagar, Jhunjhunu (Raj.) Ph. No. : 1592-294977

Email:

PANKAJ KUMAR / 38 Yrs / M / 176 Cms / 80 Kg
 Date: 09 - 03 - 2024 Technician : MANOJ KUMAR Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:45	0:45	00.0	00.0	01.0	081	45 %	126/80	102	00	
Standing	01:49	1:04	00.0	00.0	01.0	074	41 %	126/80	093	00	
HV	02:53	1:04	00.0	00.0	01.0	075	41 %	126/80	094	00	
Warm Up	03:56	1:03	00.0	00.0	01.0	089	49 %	126/80	112	00	
ExStart	05:00	1:04	01.0	00.0	01.0	088	48 %	128/82	112	00	
BRUCE Stage 1	08:00	3:00	01.7	10.0	04.7	117	64 %	130/82	152	00	
BRUCE Stage 2	11:00	3:00	02.5	12.0	07.1	142	78 %	132/84	187	00	
PeakEx	11:03	0:03	02.5	12.0	07.2	142	78 %	132/84	187	00	
Recovery	11:33	0:30	01.1	00.0	04.2	133	73 %	132/84	175	00	
Recovery	12:03	1:00	01.1	00.0	01.2	120	66 %	134/84	160	00	
Recovery	13:03	2:00	00.0	00.0	01.0	108	59 %	132/82	142	00	
Recovery	14:03	3:00	00.0	00.0	01.0	096	53 %	130/80	124	00	
Recovery	14:43	3:40	00.0	00.0	01.0	097	53 %	126/80	122	00	

REPORT :

Sample Name: Stress Test Graded Exercise Treadmill

Description: Chest pain, Chest wall tenderness occurred with exercise.

INDICATIONS: Chest pain.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS: The initial HR was recorded as 74.0 bpm, and the maximum predicted Target Heart Rate 182.0. The BP increased at the time of generating report as 132.0/84.0 mmHg. The Max Dep went upto 0.0. 0.0 Ectopic Beats were observed during the Test.

The Test was completed because of Test Complete, Heart Rate Achieved.

CONCLUSIONS:

1. Stress test is negative for Ischemia.
2. Chest wall tenderness occurred with exercise.
3. Blood pressure response to exercise is normal.

PANKAJ KUMAR / 38 Yrs / Male / 176 Cm / 80 Kg

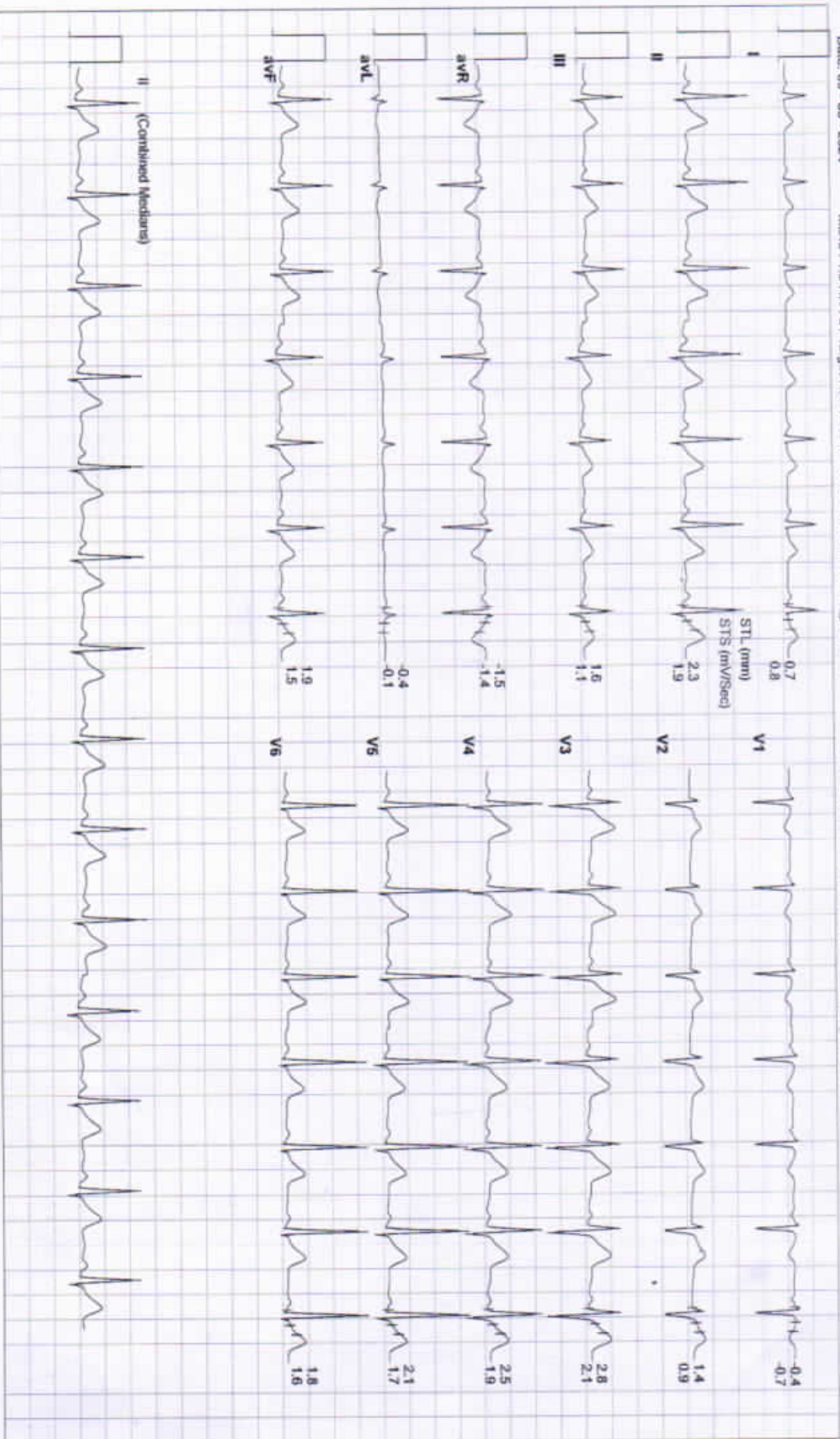
6X2 Combine Medians + 1 Rhythm BRUCE:Supine(0:45)



Date: 09 - 03 - 2024

MEts : 1.0 HR : 81 Target HR : 45% of 182 BP : 126/80 Post J @60ms/Sec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



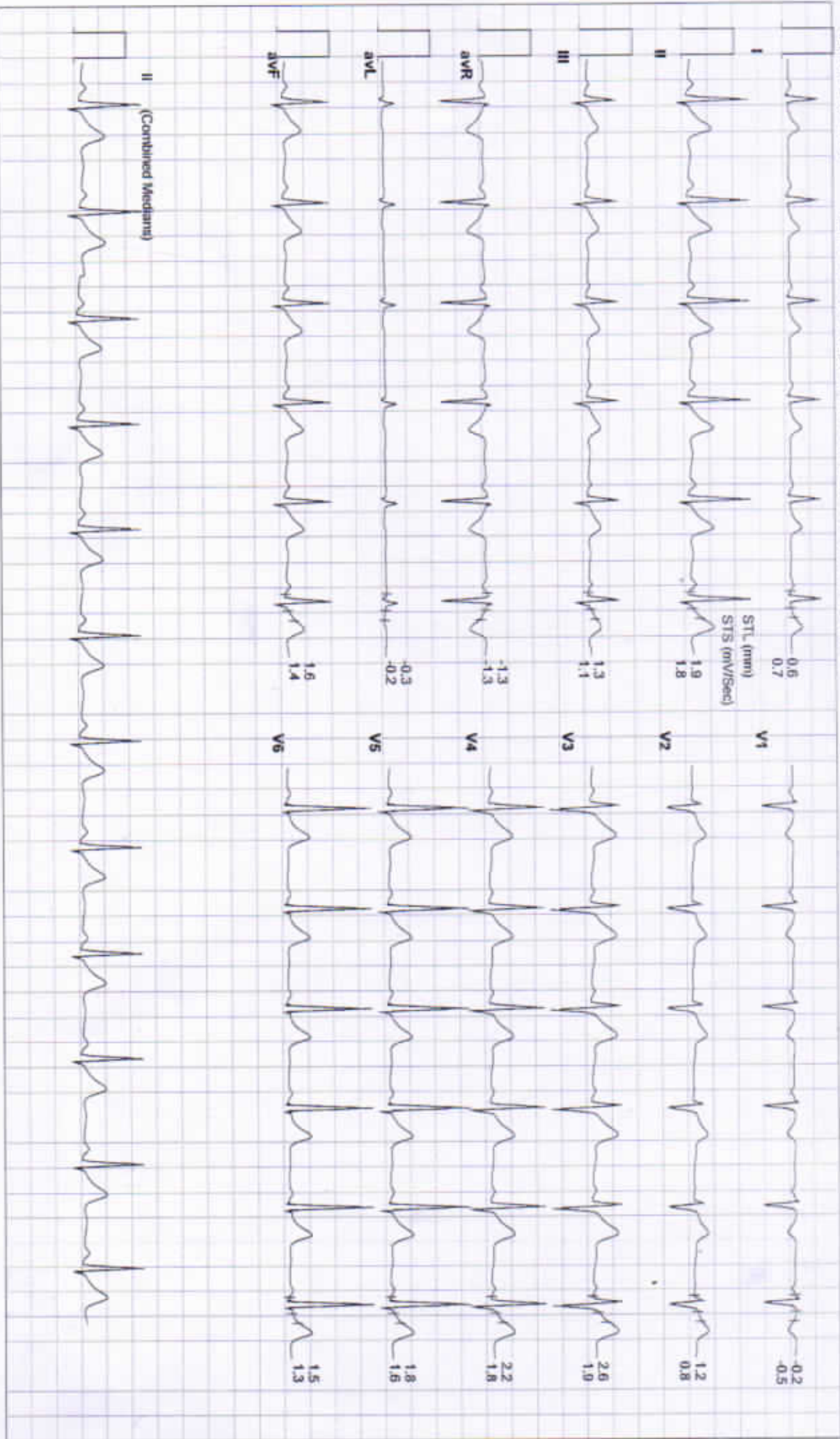
PANKAJ KUMAR / 38 Yrs / Male / 176 Cm / 80 Kg

6X2 Combine Medians + 1 Rhythm
BRUCE:Standing(1:04)



Date: 09 - 03 - 2024 METs : 1.0 HR : 74 Target HR : 41% of 182 BP : 126/90 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec 1.0 Cm/mV



PANKAJ KUMAR / 38 Yrs / Male / 176 Cm / 80 Kg

6X2 Combine Medians + 1 Rhythm

BRUCE:HV(1:04)

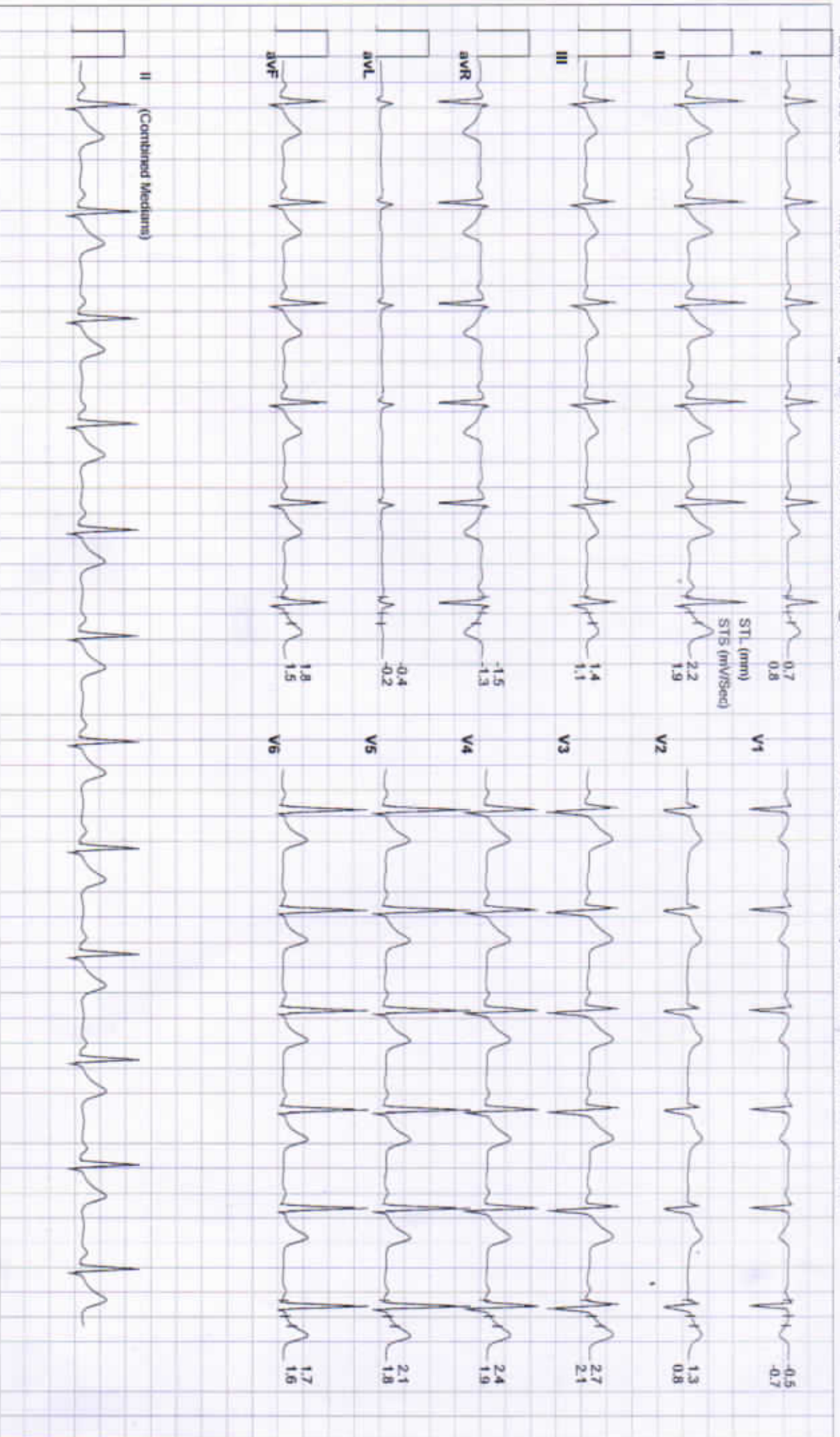


Date: 09 - 03 - 2024

MEts : 1.0 HR : 75 Target HR : 41% of 162 BP : 126/80 Post J @60mSec

ExTime: 00:00

Speed 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



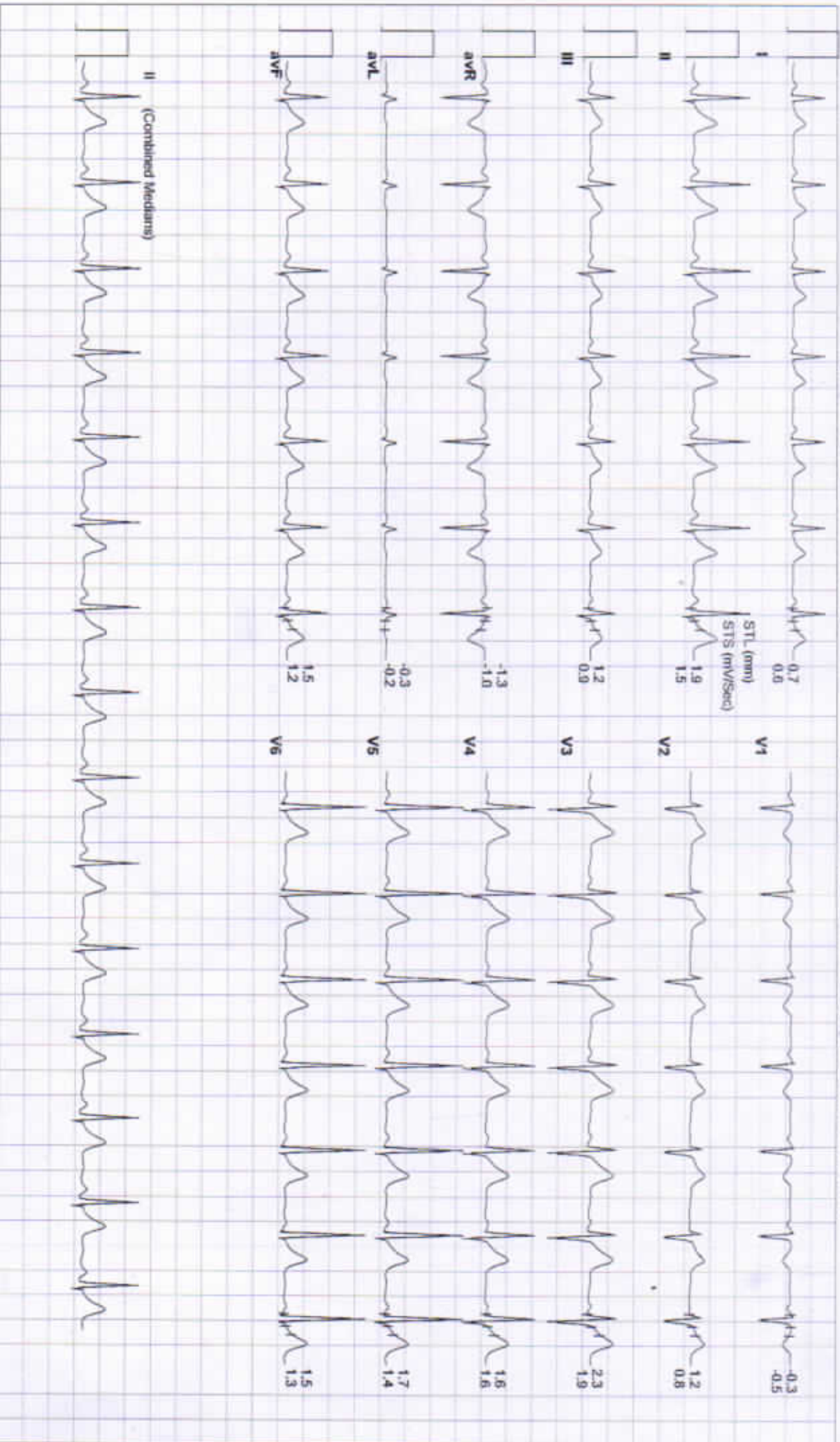
PANKAJ KUMAR / 38 Yrs / Male / 176 Cm / 80 Kg

6X2 Combine Medians + 1 Rhythm BRUCE: Warm Up(1:03)



Date: 09 - 03 - 2024 METs : 1.0 HR : 80 Target HR : 49% of 182 BP : 126/80 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



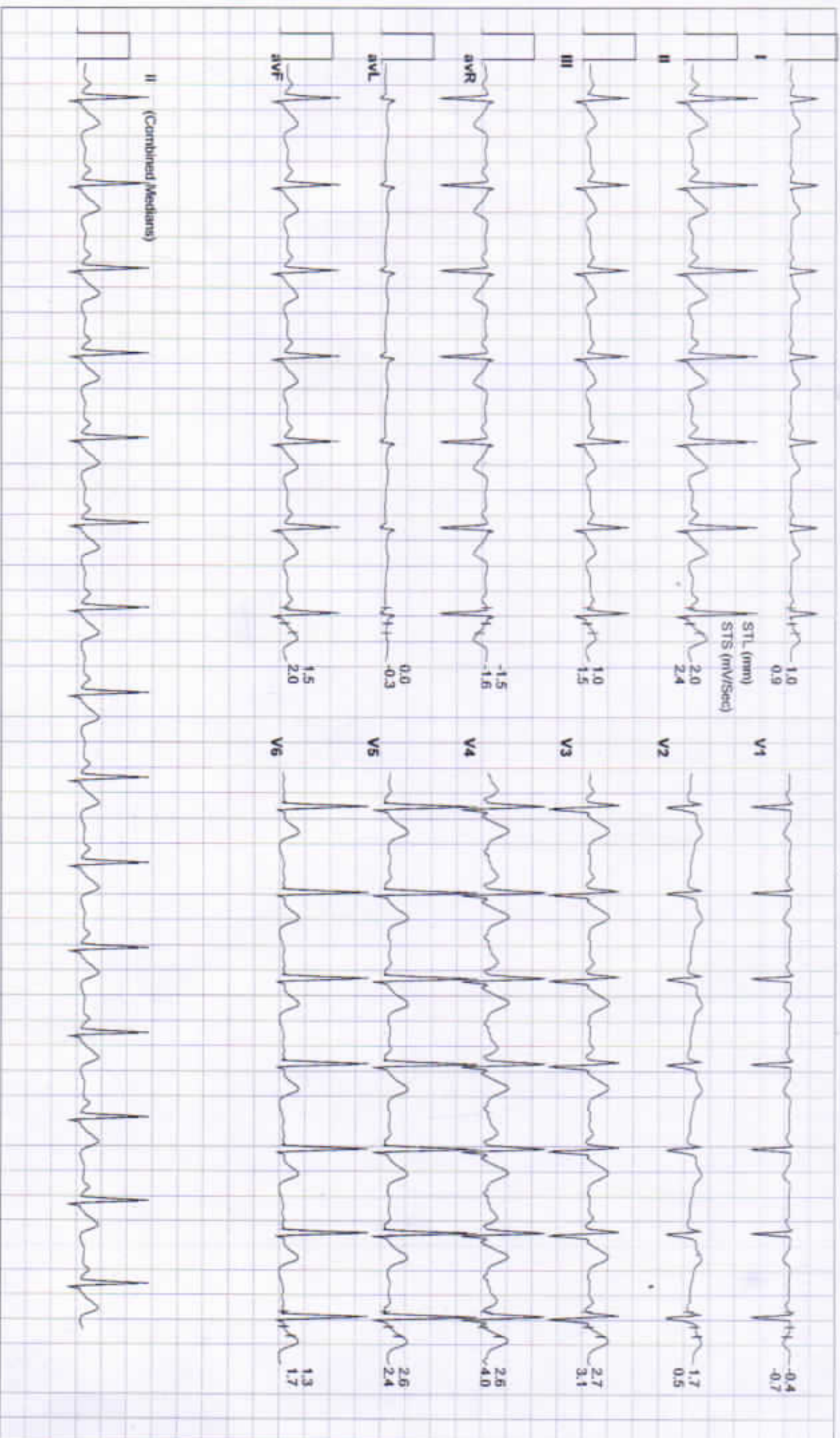
PANKAJ KUMAR / 38 Yrs / Male / 176 Cm / 80 Kg

6X2 Combine Medians + 1 Rhythm ExStart



Date: 09 - 03 - 2024 METs : 1.0 HR : 88 Target HR : 48% of 182 BP : 128/82 Post J @80mSec

ExTime: 00:00 Speed: 1.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/IV



PANKAJ KUMAR / 38 Yrs / Male / 176 Cm / 80 Kg

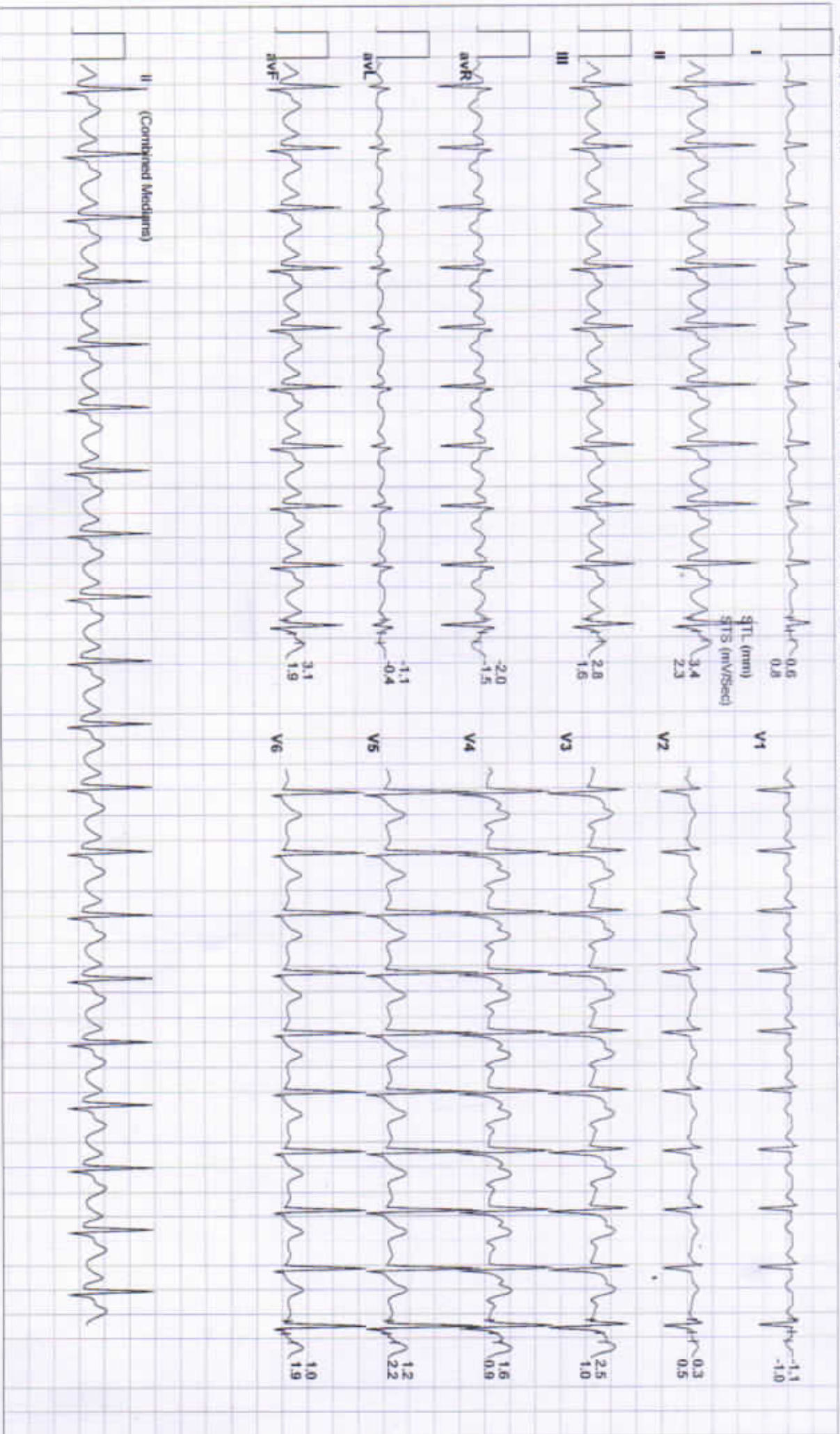
6X2 Combine Medians + 1 Rhythm

BRUCE:Stage 1(3:00)



Date: 09 - 03 - 2024 METs : 4.7 HR : 117 Target HR : 64% of 162 BP : 130/82 Post J @10mSec

ExTime: 03:00 Speed: 1.7 mph Grade : 10.00 % 25 mm/Sec. 1.0 Cm/mV



PANKAJ KUMAR / 38 Yrs / Male / 176 Cm / 80 Kg

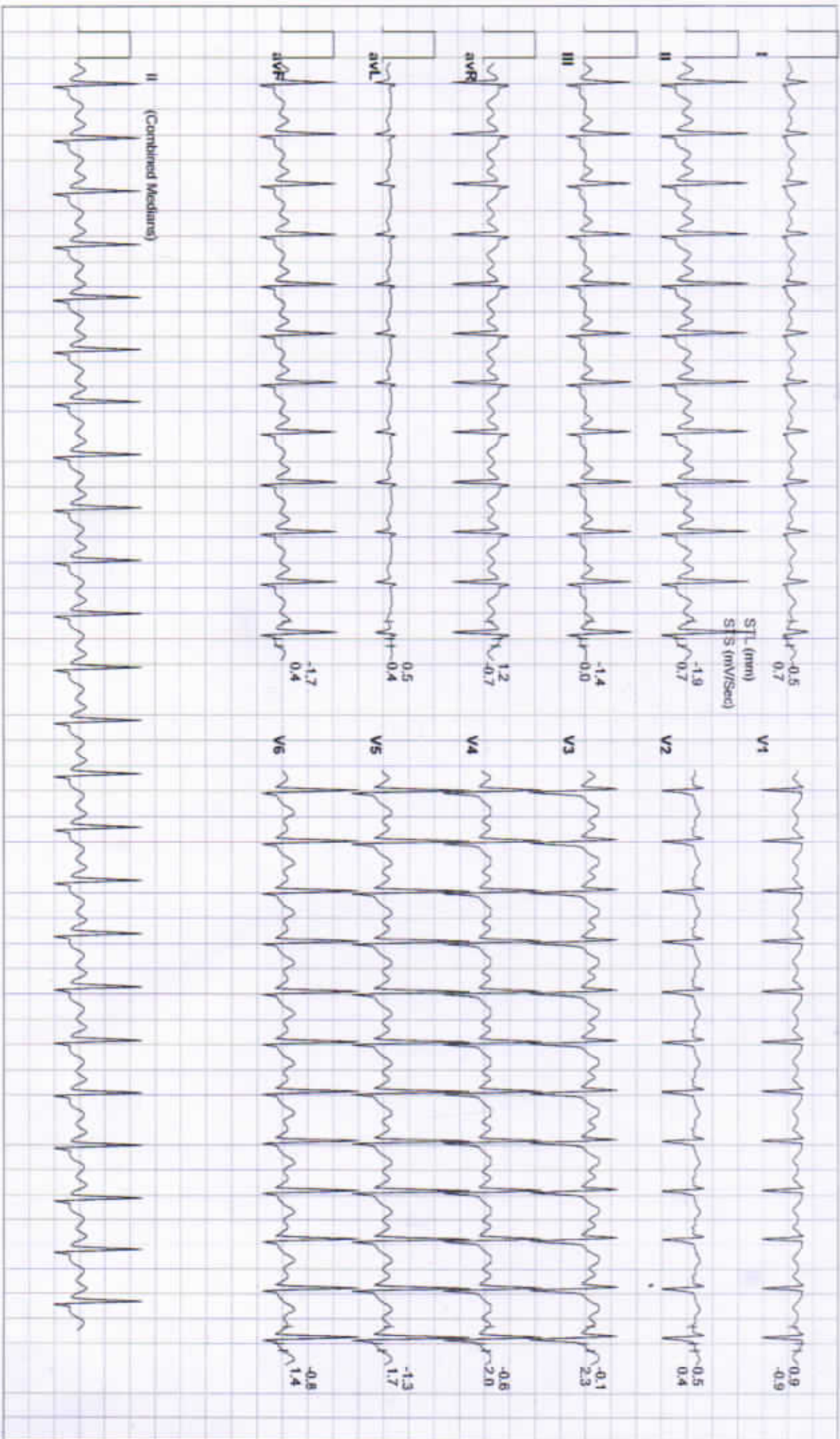
6X2 Combine Medians + 1 Rhythm

BRUCE: Stage 2(3:00)



Date: 09 - 03 - 2024 METs : 7.1 HR : 142 Target HR : 78% of 182 BP : 132/84 Post J @GomSec

ExTime: 06:00 Speed: 2.5 mph Grade : 12.00 % 25 mm/Sec: 1.0 Cm/mV



PANKAJ KUMAR / 38 Yrs / Male / 176 Cm / 80 Kg

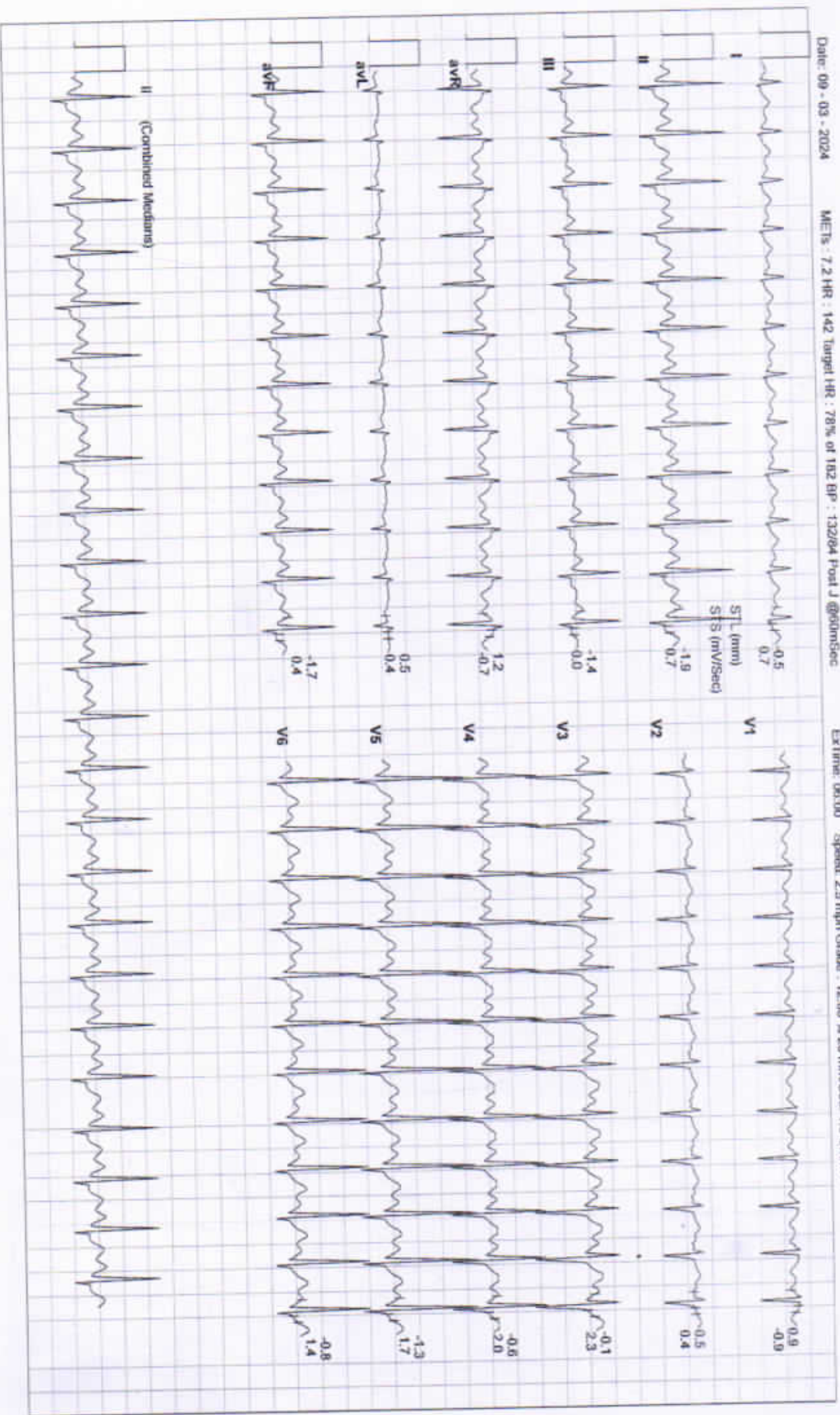
6X2 Combine Medians + 1 Rhythm PeakEx



Date: 09 - 03 - 2024

METS : 7.2 HR : 142 Target HR : 78% of 162 BP : 132/84 Post J @60mSec

ExTime: 06:00 Speed: 2.5 mph Grade : 12.00 % 25 mm/Sec: 1.0 Cm/IV



PANKAJ KUMAR / 38 Yrs / Male / 176 Cm / 80 Kg

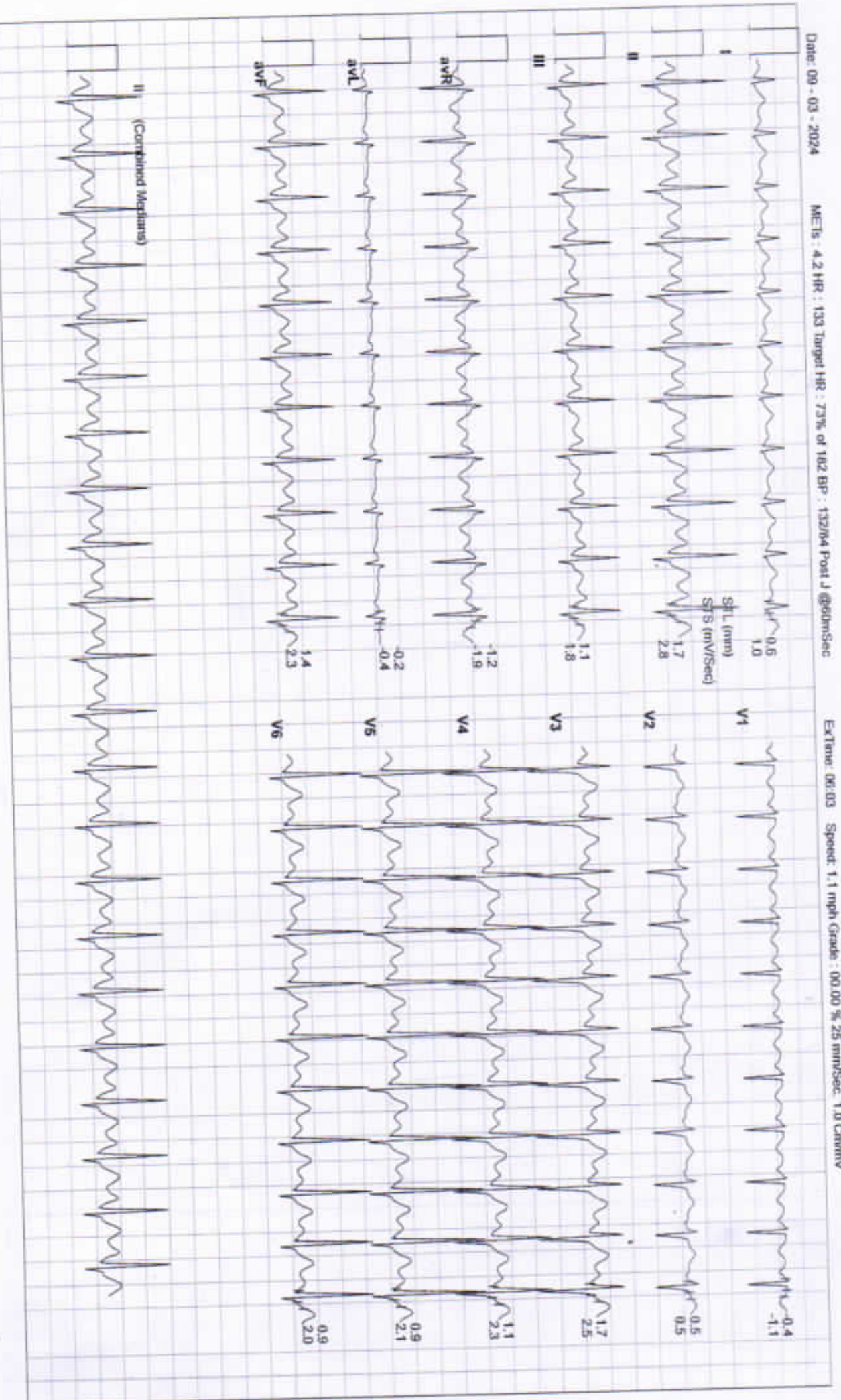
6X2 Combine Medians + 1 Rhythm Recovery(0:30)



Date: 09 - 03 - 2024

MEIs : 4.2 HR : 133 Target HR : 73% of 162 BP : 132/84 Post J @60mSec

ExTime: 06:03 Speed: 1.1 mph Grade : 00.00 % 25 mm/Sec 1.0 Cm/mV



PANKAJ KUMAR / 36 Yrs / Male / 176 Cm / 80 Kg

6X2 Combine Medians + 1 Rhythm Recovery(1:00)



Date: 09 - 03 - 2024

METr: 1.2 HR : 120 Target HR : 66% of 182 BP : 134/84 Post J @60mSec

ExTime: 06:03 Speed: 1.1 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



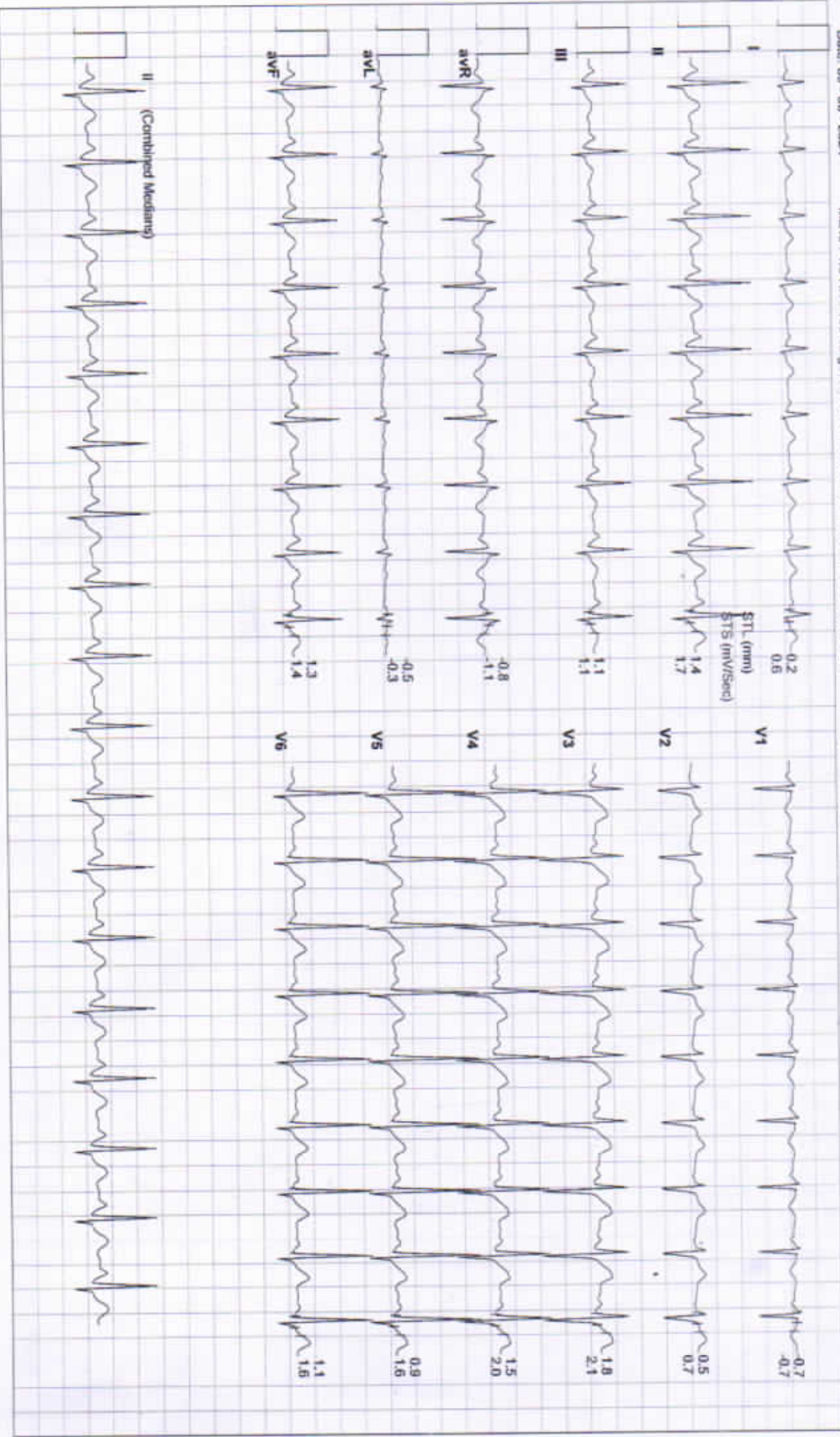
PANKAJ KUMAR / 38 Yrs / Male / 176 Cm / 80 Kg

6X2 Combine Medians + 1 Rhythm Recovery(2:00)



Date: 09 - 03 - 2024 METs : 1.0 HR : 108 Target HR : 59% of 182 BP : 132/82 Post J @80mSec

ExTime: 06:03 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



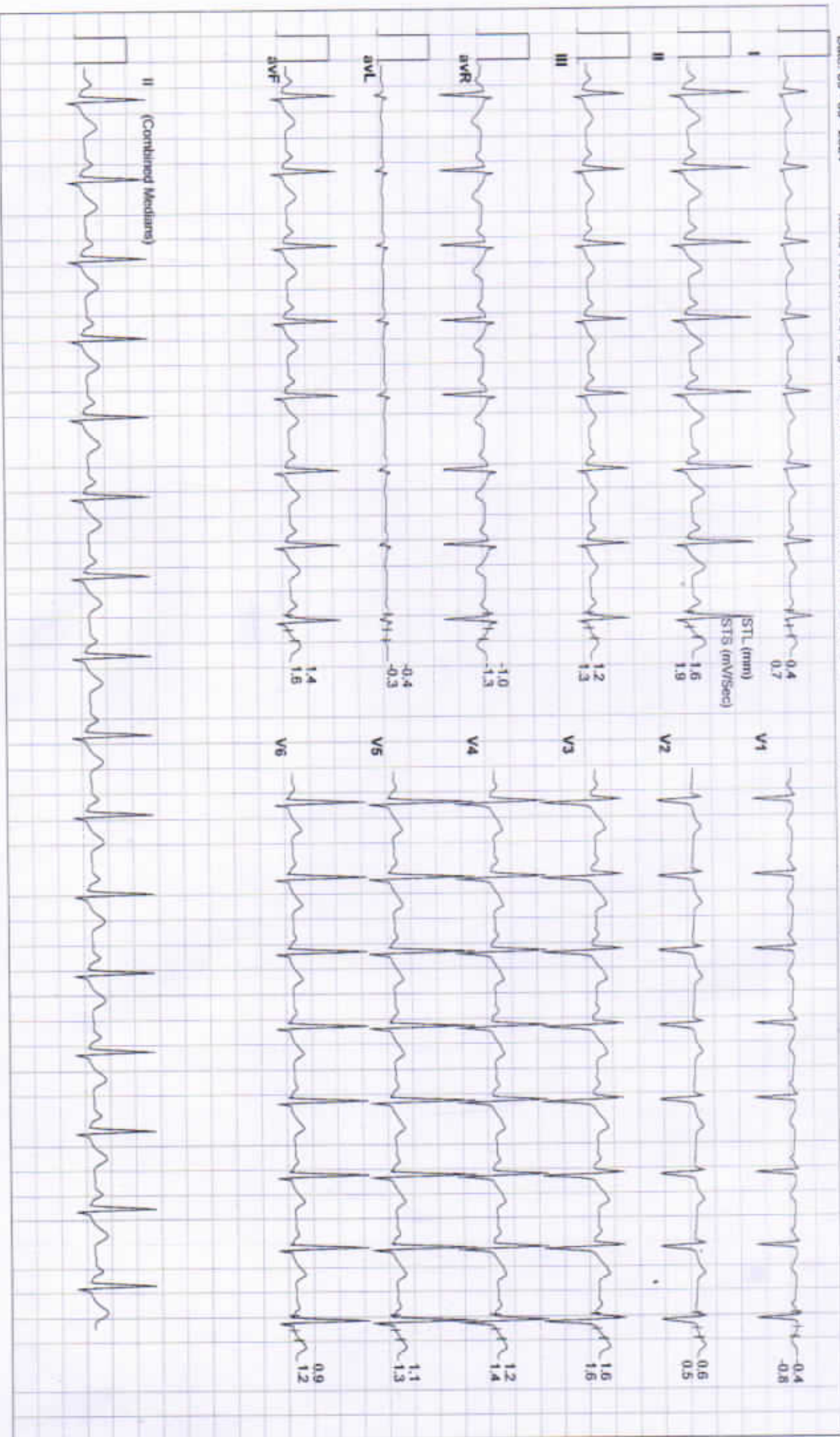
PANKAJ KUMAR / 38 Yrs / Male / 176 Cm / 80 Kg

6X2 Combine Medians + 1 Rhythm Recovery(3:00)



Date: 09 - 03 - 2024 METs : 1.0 HR : 96 Target HR : 53% of 182 BP : 130/80 Post J @60mSec

ExTime: 06:03 Speed: 0.0 rph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



PANKAJ KUMAR / 38 Yrs / Male / 176 Cm / 80 Kg

6X2 Combine Medians + 1 Rhythm Recovery(3:40)



Date: 09 - 03 - 2024 METs : 1.0 HR : 97 Target HR : 53% of 182 BP : 126/80 Post J @80mSec

ExTime: 06:03 Speed: 0.0 mph Grade : 00.00 % 25 mmV/Sec 1.0 Cm/mV

