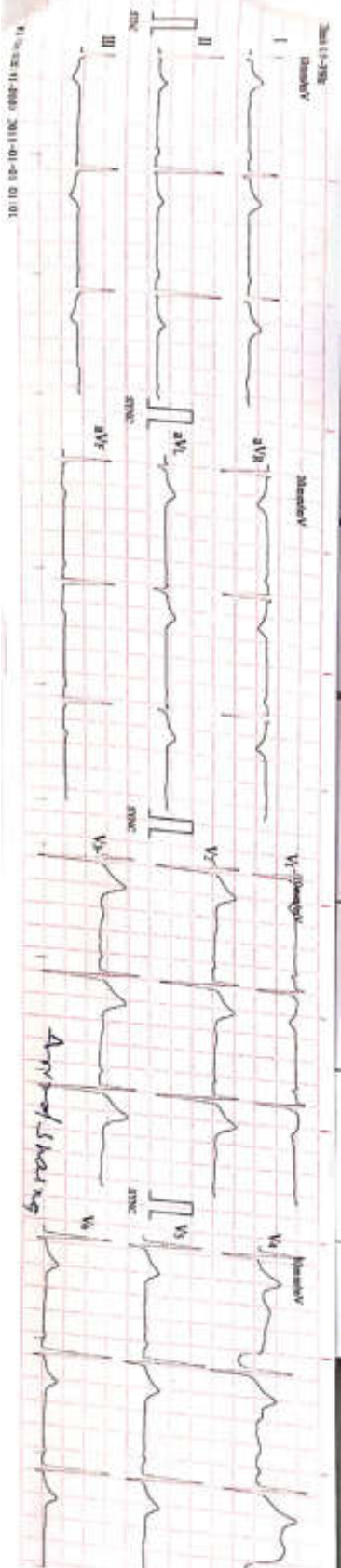


11/03/2011 11:40:00 2011-01-01 01:00



HR : 58
R-R : 1034
P-R : 156
QRS : 104
QT/QTc : 373/444
P/QRS/T : 44/66/21
RS/S/T1 : 4/0/1.000 mV
RS/S/T1 : 2.400 mV

State Registrar's
Dr. Krish P. Valodia
MD, Fellowship
Associate Consultant (Cardiology)
Reg No. G-50510

Encountered report verified by:



Heart & General Clinic

Icure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodar

:: PERSONAL HEALTH REPORT ::

Name: - Arvind sharma	DATE: 9/3/24
	SR. NO. SEX. Male AGE 44 year HEIGHT 175 CM WEIGHT 79 K.G.

HISTORY

Present History : NO
Past Illness History : NO Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy
Past Occupational History : NO
Family History : father Diabetes
Personal History : NO
Addiction : NO Tobacco/Gutkha/Smoking/Alcohol

GENERAL EXAMINATION

T.P.R. : 78/min B.P. : 120/80 mm Hg :

Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other :

SYSTEMIC EXAMINATION

R.S. : NAD
C.V.S : NAD
C.N.S : NAD
A.S. : NAD
Musculo-skelet System : NAD

E.N.T. Ex. NAD Dental Ex. NAD Skin Ex. NAD Psychic Ex. NAD	ACUITY OF VISION			
	Without Glass	DISTANT	6/6	6/6
		Near	6/6	6/6
	With Glass	DISTANT	6/6	6/6
		Near	6/6	6/6
COLOUR BLINDNESS NAD				

REMARK

ADVICE

The Worker is FIT/UNFIT for the assigned job.



Dr. Krish P Vaidya
MD, PGCC
Associate Consultant - Cardiology
Reg. No. G-50519
DR. KRISH VAIDYA

MD - G-50519, CH

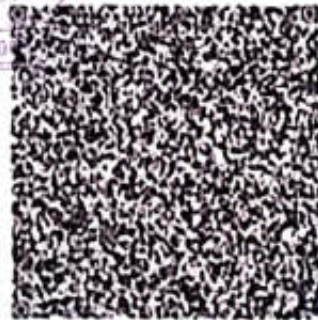


ભારત સરકાર
Government of India

ભારતીય વિશિષ્ટ ઓળખાણ પ્રાધિકરણ
Unique Identification Authority of India

નામાંકન ક્રમ સંખ્યા/ Enrolment No.: 2715/14817/74122

To
અરવિન્દ શર્મા
Arvind Sharma
C/O: J N Sharma
E 802 narayan aura, nr. sai sarjan
Atadra, vadodara
Vadodara
Vadodara Gujarat - 390012
9582490807



Arvind Sharma

તમારો આધાર નંબર / Your Aadhaar No. :

9656 7469 3961
VID : 9143 9208 4907 0192

મારો આધાર, મારી ઓળખ



ભારત સરકાર
Government of India



અરવિન્દ શર્મા
Arvind Sharma
જન્મ તારીખ/DOB: 23/09/1979
પુલખ/ MALE

Issue Date: 19/11/2017

9656 7469 3961

VID : 9143 9208 4907 0192

મારો આધાર, મારી ઓળખ



बैंक ऑफ़ बड़ोदा
Bank of Baroda
India's International Bank

नाम

अरविंद शर्मा

Name

ARVIND SHARMA

कार्यकारी .कॉड क्र

E.C. No.

180194

जारीकर्ता प्राधिकारी
Issuing Authority



Arvind Sharma

धारक के हस्ताक्षर
Signature Holder's



ICure Heart Care

Racecourse Road, Vadodara

S94 **ARVIND SHARMA**
44 Yr/M Kg / Ht- cms Rel. No.:

Date: 09/03/2024 Ref By:
Time: 10:17 AM Protocol: Bruce

Summary

Stage	Sig Time mm:ss	Speed mph	Grade %	METS	HR bpm	BP mmHg	RPP	PVCs
Pre Ex				1	63	120/80	76	
Standing				1	64	120/80	77	
Hyp Vent				1	66	120/80	79	
Supine				1	74	120/80	89	
S1	03:00	1.7	10.0	4.8	100	120/80	120	
S2	03:00	2.5	12.0	6.9	127	130/80	165	
S3	03:00	3.4	14.0	9.5	151	120/80	181	
Peak Ex	00:29	4.2	16.0	12.1	157	140/90	220	
Post Ex 1	02:00			1	80	140/90	112	
Post Ex 2	03:00			1	71	130/80	92	
Post Ex 3	00:51			1	84	120/80	101	
Finish				1		120/80		2

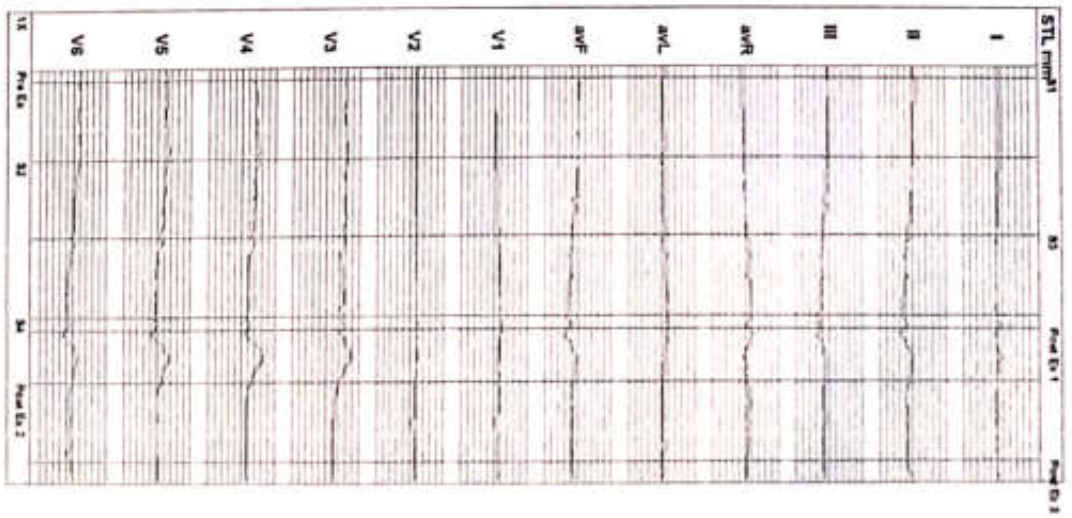


Findings: Exercise Time : 09:29 mins
 Max HR attained : 157 bpm 89 % of Target 176 bpm
 Max BP : 140/90mmHg
 Max Workload attained : 12.1 METs (Good Effort Tolerance)
 Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.
 No Angina / Arrhythmia / S3 / Murmur
 Final Impression : Test is negative for inducible ischaemia.

Dr. Krish P. Vaidya
 MD, FRCPC
 Associate Consultant-Cardiology
 Reg.No.G-50510

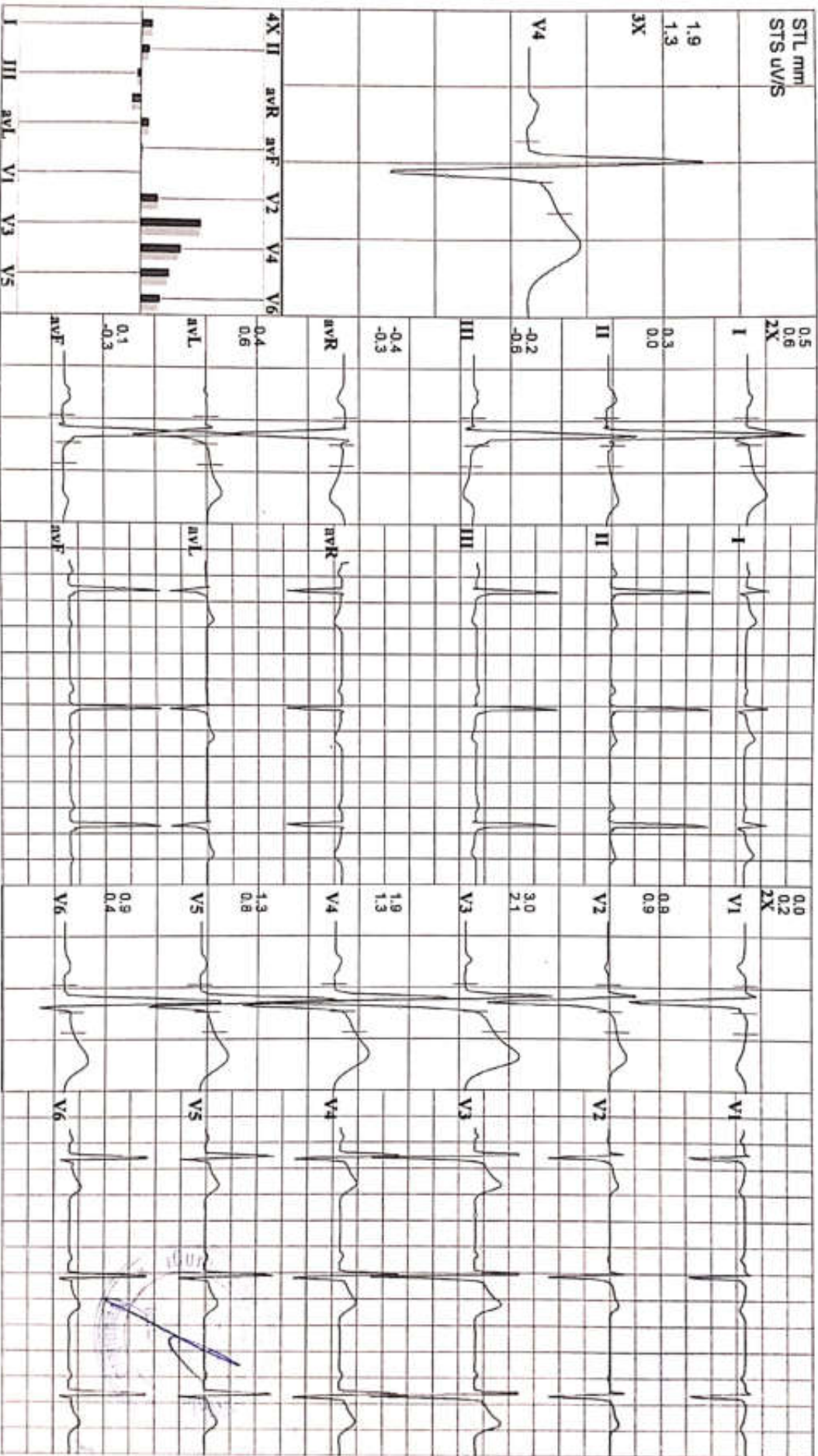
DR KRISH VAIDYA



594 **ARVIND SHARMA**
44 Yrs/M Kg / Ht- cms Ref/No.:
Date: 09/03/2024 Time: 10:17 AM
Post J 80 mS

Speed: — mph Hr: 74 Target Hr: 42 % of 176 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: — % Mets: 1 Ex Time: — min:sec BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 120/80 mmHg Cur Time: 00:15 NotchOn Median Sweep: 25 mm/s

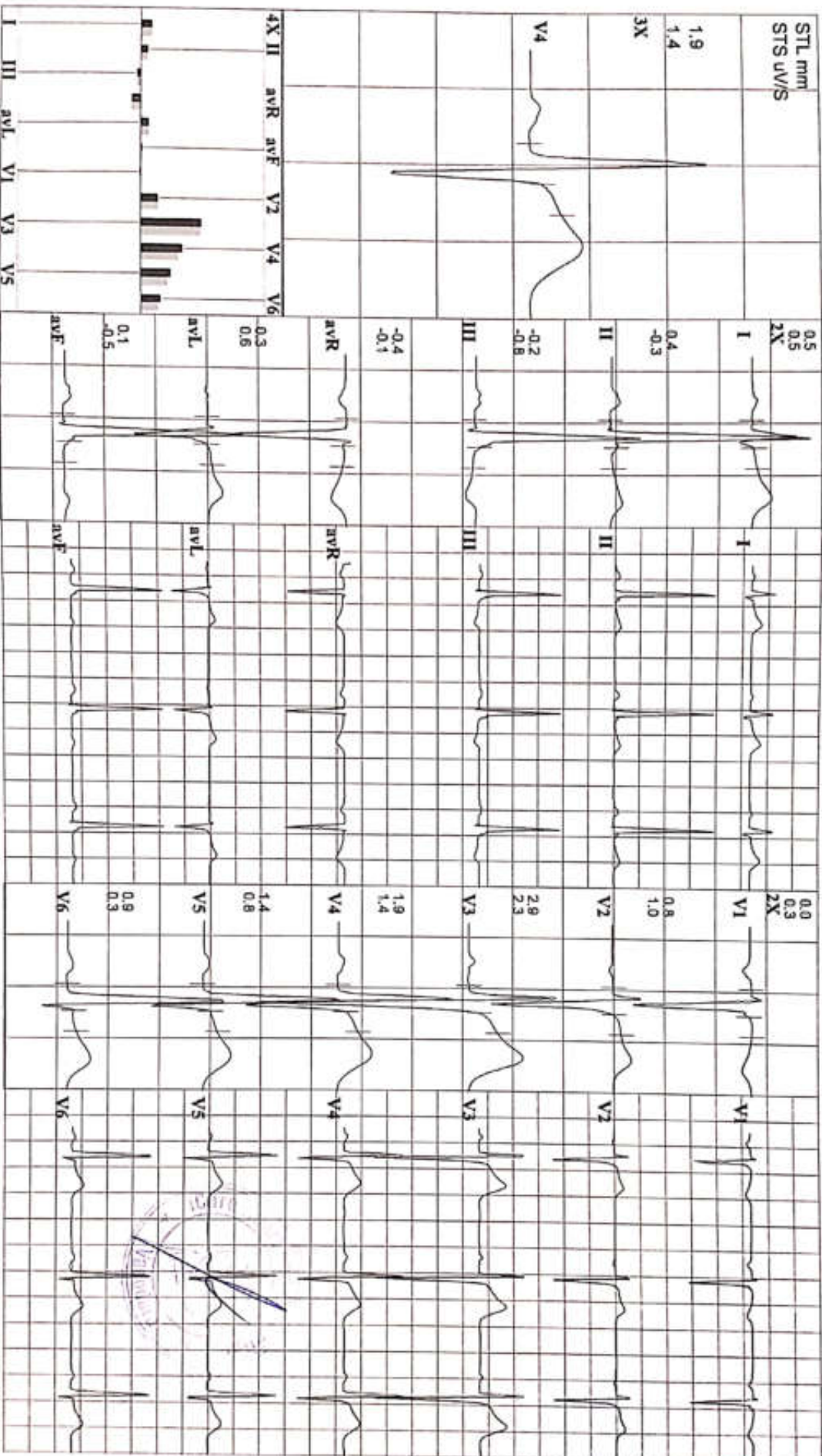
Linked Medians
Pre Ex
Supine



S94
44 Yrs/ M
Date: 09/03/2024 Time: 10:17 AM
Post: J. 80 ms

ARVIND SHARMA
Kg / Ht: cms
Ref/No.:
Speed: — mph
Grade: — %
Protocol: Bruce
HR: 73
Meta: 1
BP: 120/80 mmHg
Curr Time: 00:14
Filter: 0.1 - 100 Hz
Gain: 10 mm/mV
Sweep: 25 mm/s
Median Sweep: 25 mm/s

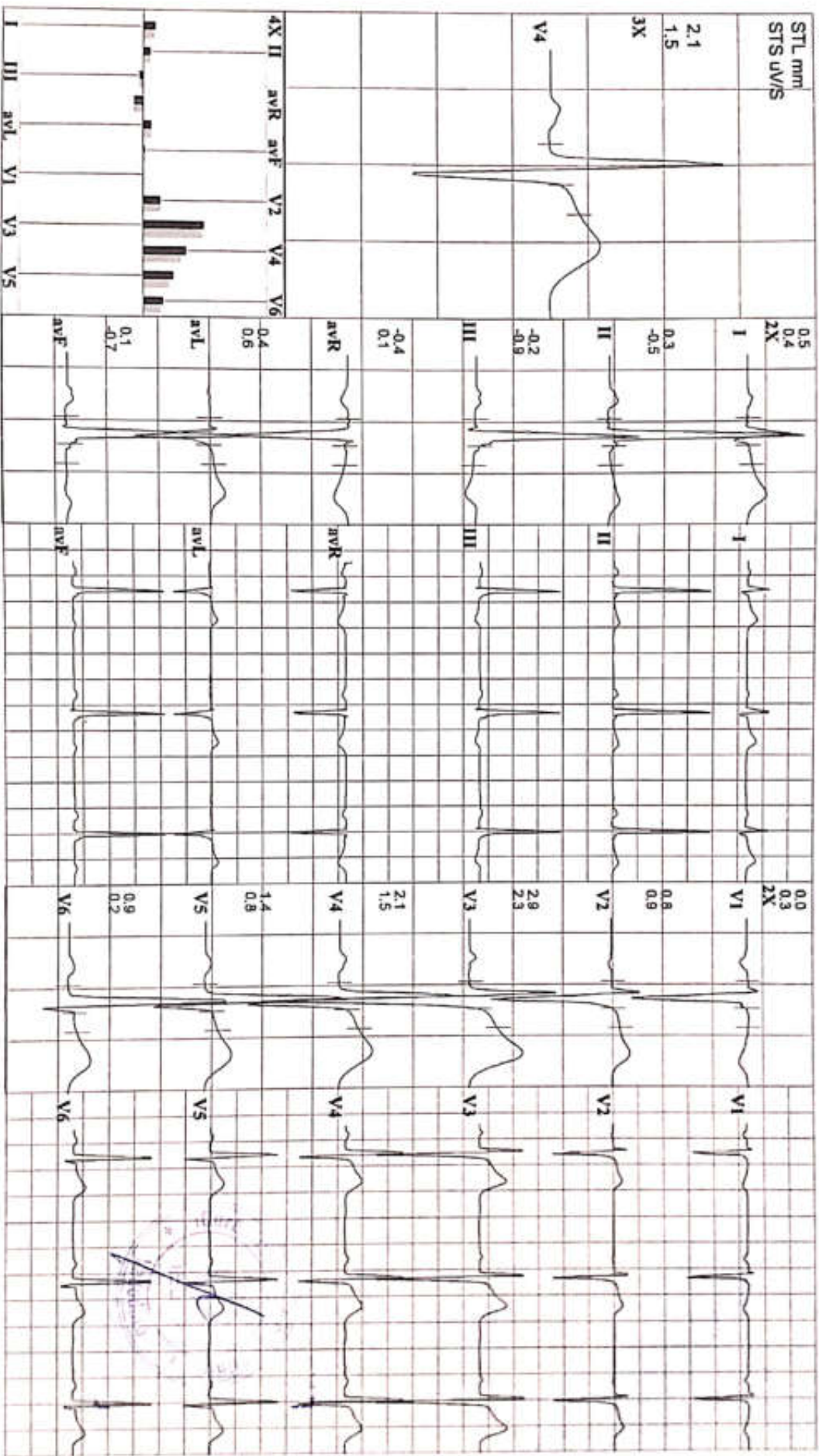
Linked Medians
Pre Ex
Hyp Vent



594 **ARVIND SHARMA**
44 Yrs/M Kg / Ht- cms Ref/No:
Date: 09/03/2024 Time: 10:17 AM
Post J. 76 ms

Speed: — mph Hr: 65 Target Hr: 36% of 176 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: — % Meta: 1 Ex Time: — min:sec BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 120/80 mmHg Cur Time: 00:10 Notch: On Median Sweep: 25 mm/s

Linked Medians
Pre Ex
Standing

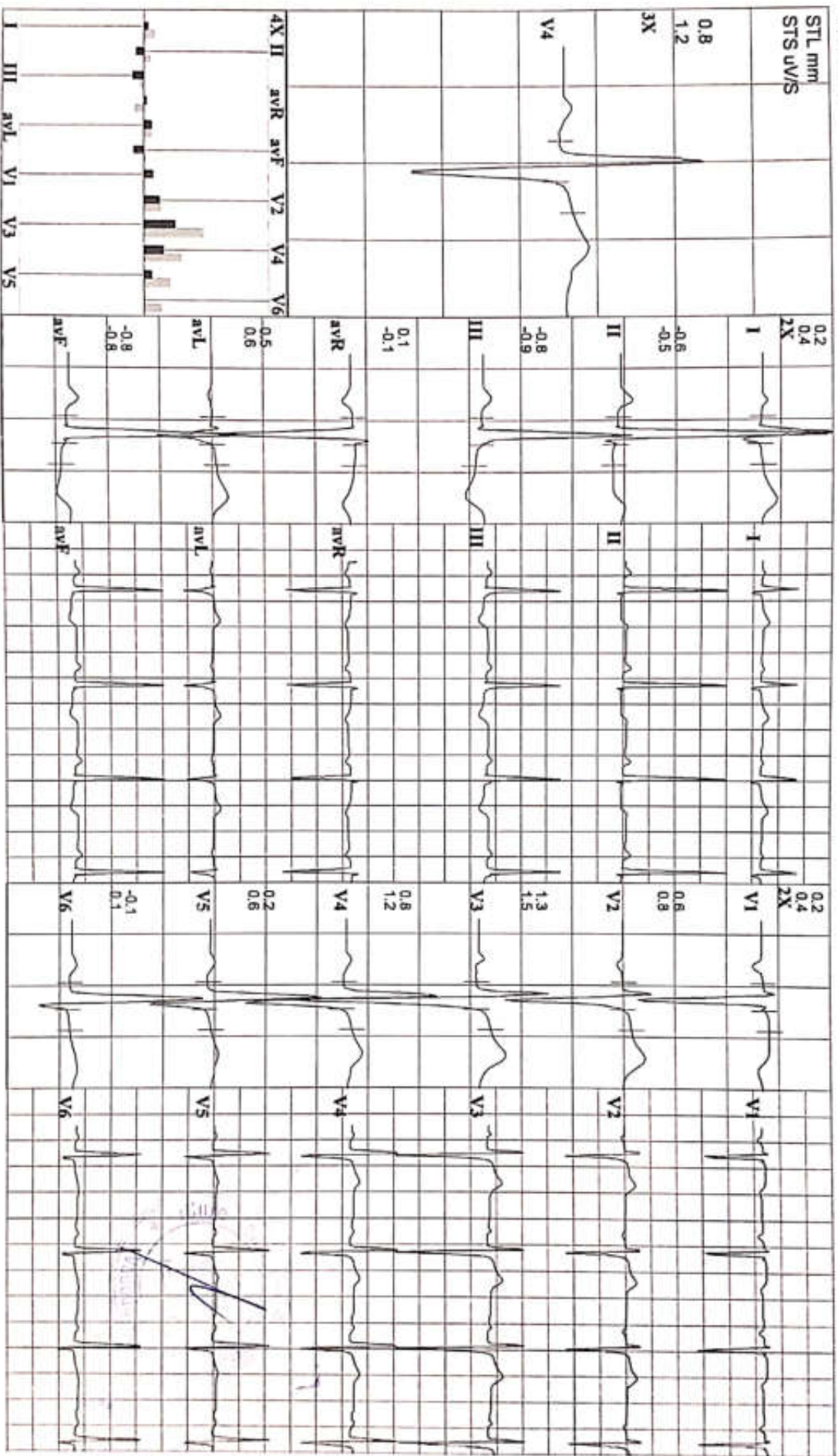


594
44 Yrs/ M
Date: 09/03/2024 Time: 10:17 AM

ARVIND SHARMA
Kg / Ht- cms Ref/No.:
Speed: — mph Ht: 84
Grade: — % Metrs: 1
Protocol: Bruce BP: 120/80 mmHg Cur Time: 15:35
Filter: 0.1 - 100 Hz Gain: 10 mm/mV
BLC: On Sweep: 25 mm/s
Notch: On Median Sweep: 25 mm/s

Linked Medians
Post Ex 3

Post J: 79 mS

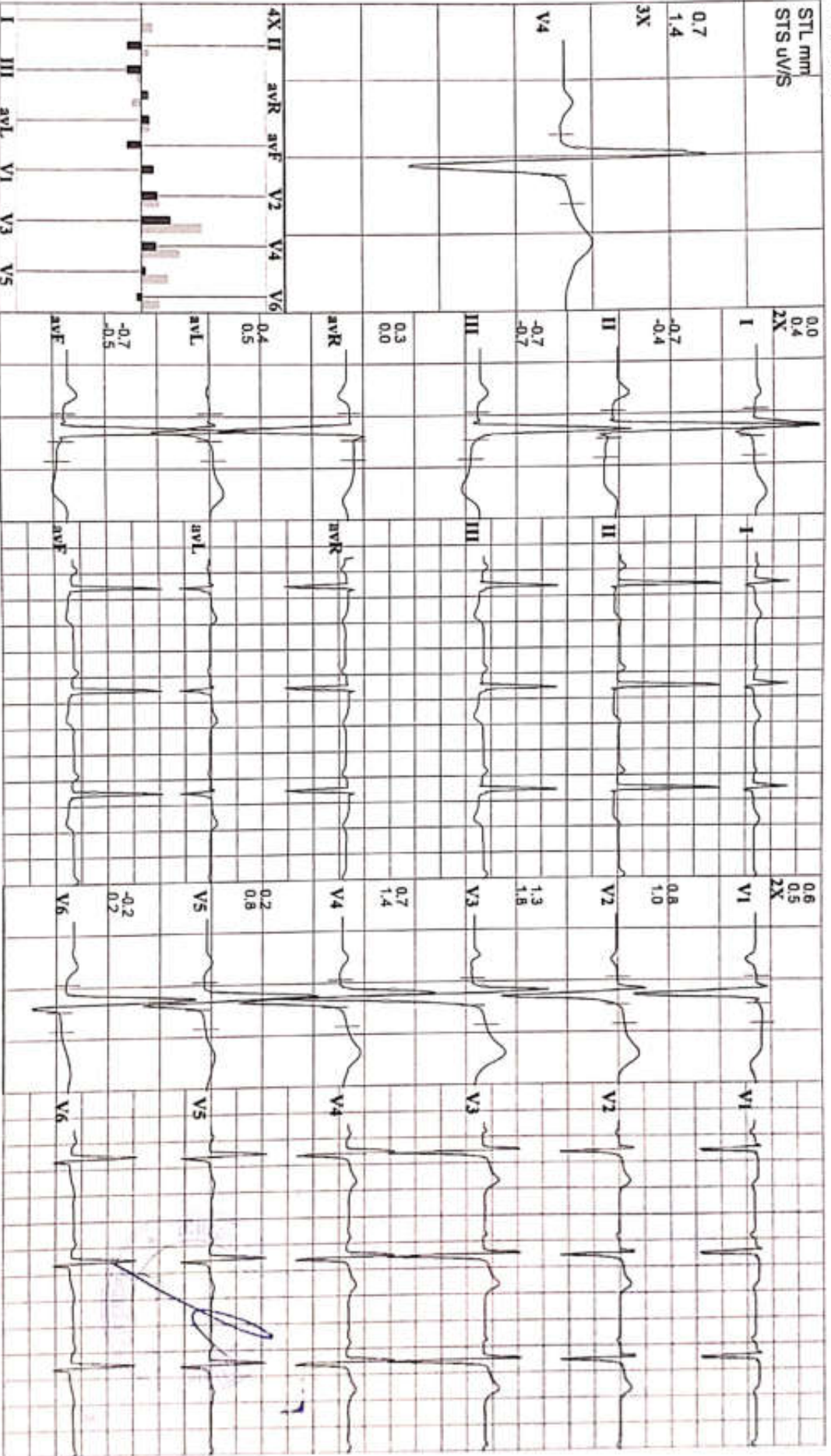


594 ARVIND SHARMA
44 Yrs/ M Kg / Ht- cms Rel/No.:
Date: 09/03/2024 Time: 10:17 AM

Speed — mph Hr: 71 Target Hr: 40 % of 176 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: — % Met: 1 Ex Time: 09:29 BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 130/80 mmHg Cur Time: 14:44 Notch: On Median Sweep: 25 mm/s

Linked Medians
Post Ex 2

Post J: 74 ms

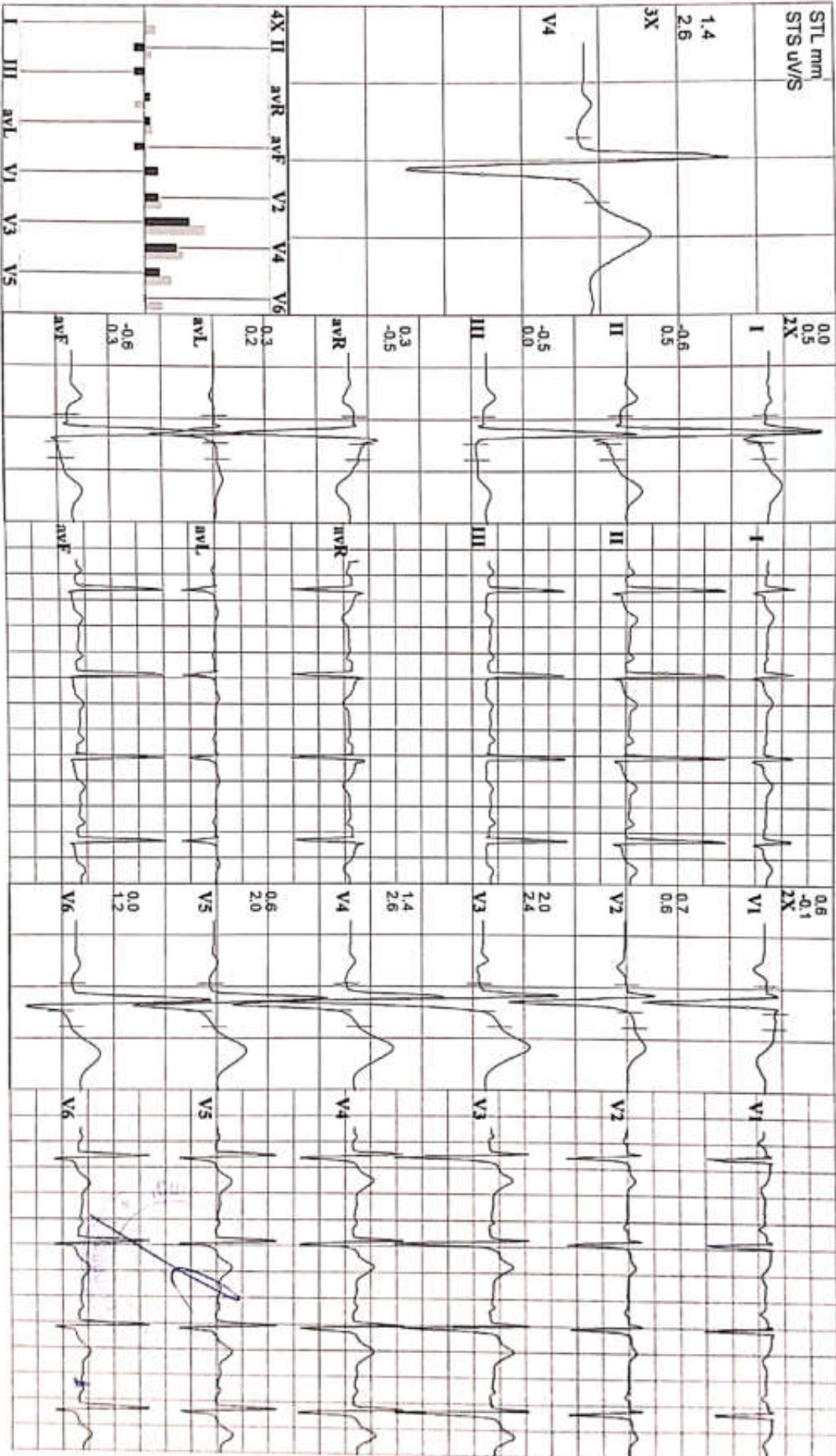


594 **ARVIND SHARMA**
44 Yrs/M Kg / Ht: cms Ref/No.:
Date: 09/03/2024 Time: 10:17 AM

Speed: — mph Hr: 80 Target Hr: 45 % of 176 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: — % Met: 1 Ex Time: 09:29 B.L.C. On Sweep: 25 mm/s
Protocol: Bruce BP: 140/90 mmHg Cur Time: 11:44 Notch/On Median Sweep: 25 mm/s

Linked Medians
Post Ex 1

Post J 60 mS

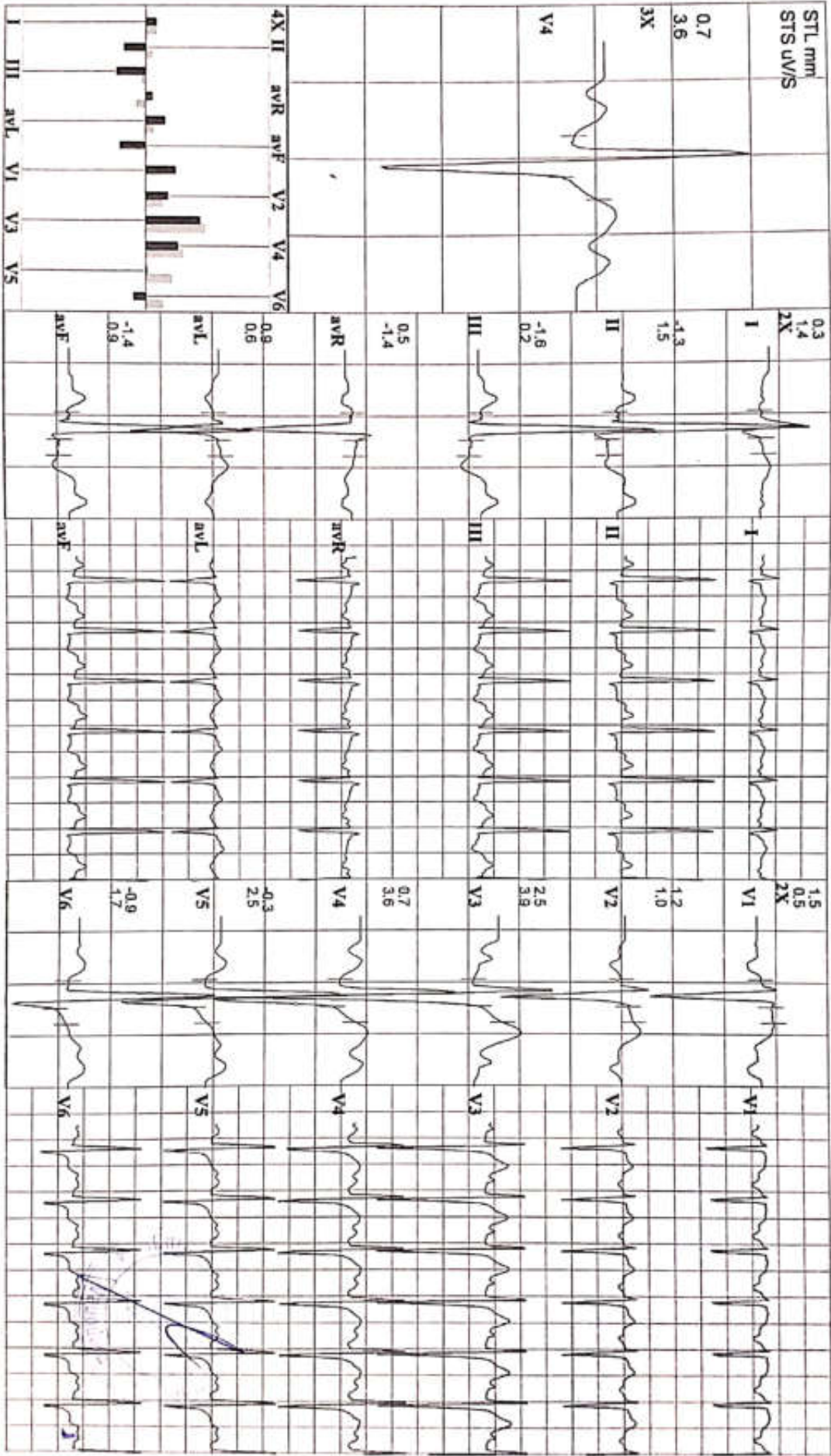


594 **ARVIND SHARMA**
44 Yrs/M Kg / Ht- cms Ref/No:
Date: 09/03/2024 Time: 10:17 AM

Speed: 4.2 mph Hr: 157 Target Hr: 89 % of 176 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: 16 % Mets: 12.1 Ex Time: 09:29 BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 140/90 mmHg Cur Time: 09:44 Notch-On Median Sweep: 25 mm/s

Linked Medians
Peak Ex

Post: J: 60 mS





ICure Heart Care

Racecourse Road, Vadodara

TM-01T 3.0Z

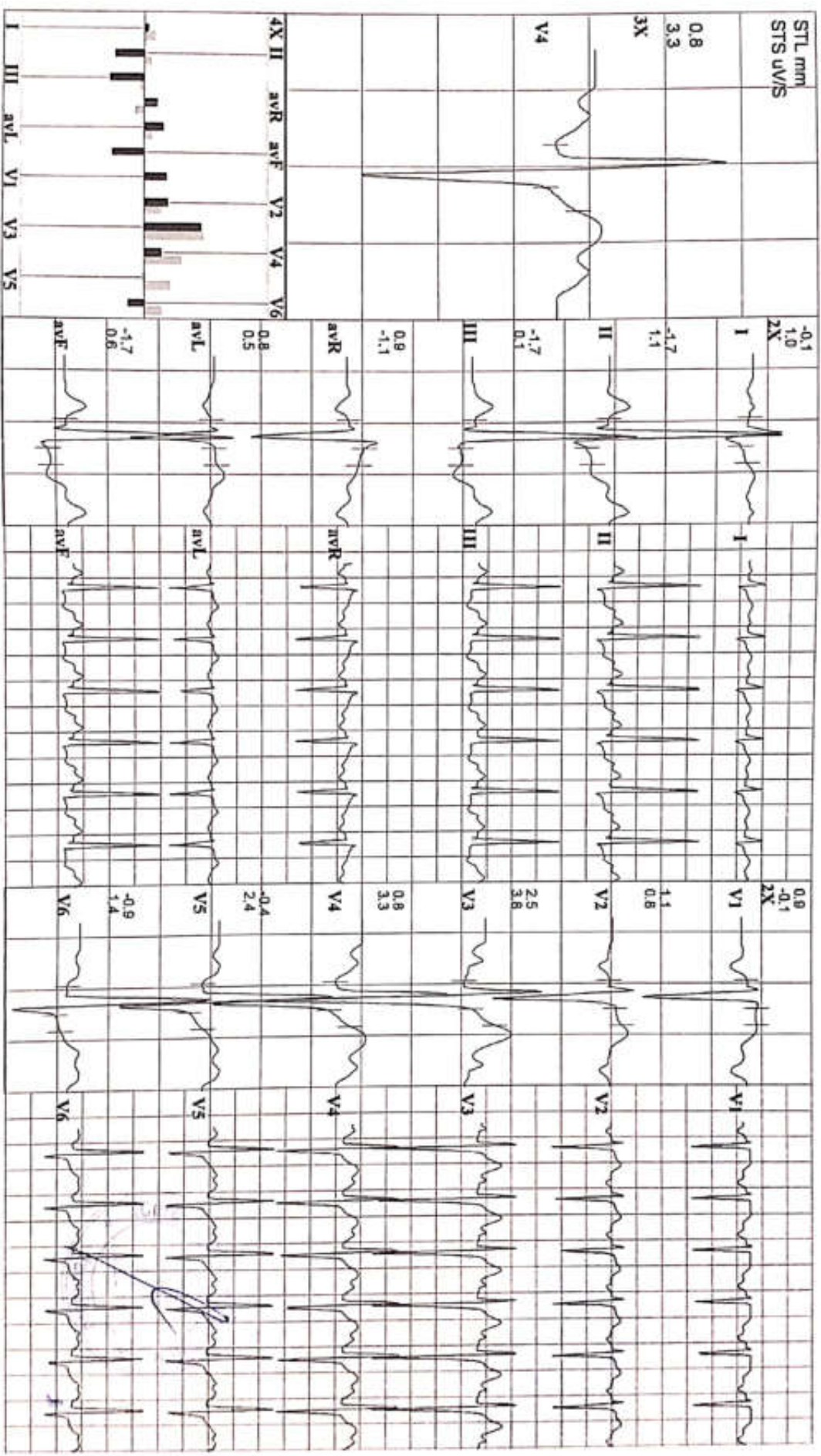
594 **ARVIND SHARMA**
 44 Yrs/M Kg / Ht. cms Rel.No.:

Speed: 3.4 mph Hr: 151
 Grade: 14 % Met: 9.5
 Protocol: Bruce BP: 120/80 mmHg Cur Time: 09:15

Target Hr: 85 % of 176 Filter: 0.1 - 100 Hz Gain:
 Ex Time: 09:00 BLC: On
 Natch/Dn Median Sweep: 25 mm/s

Linked Medians
S3

Post: J.63 ms

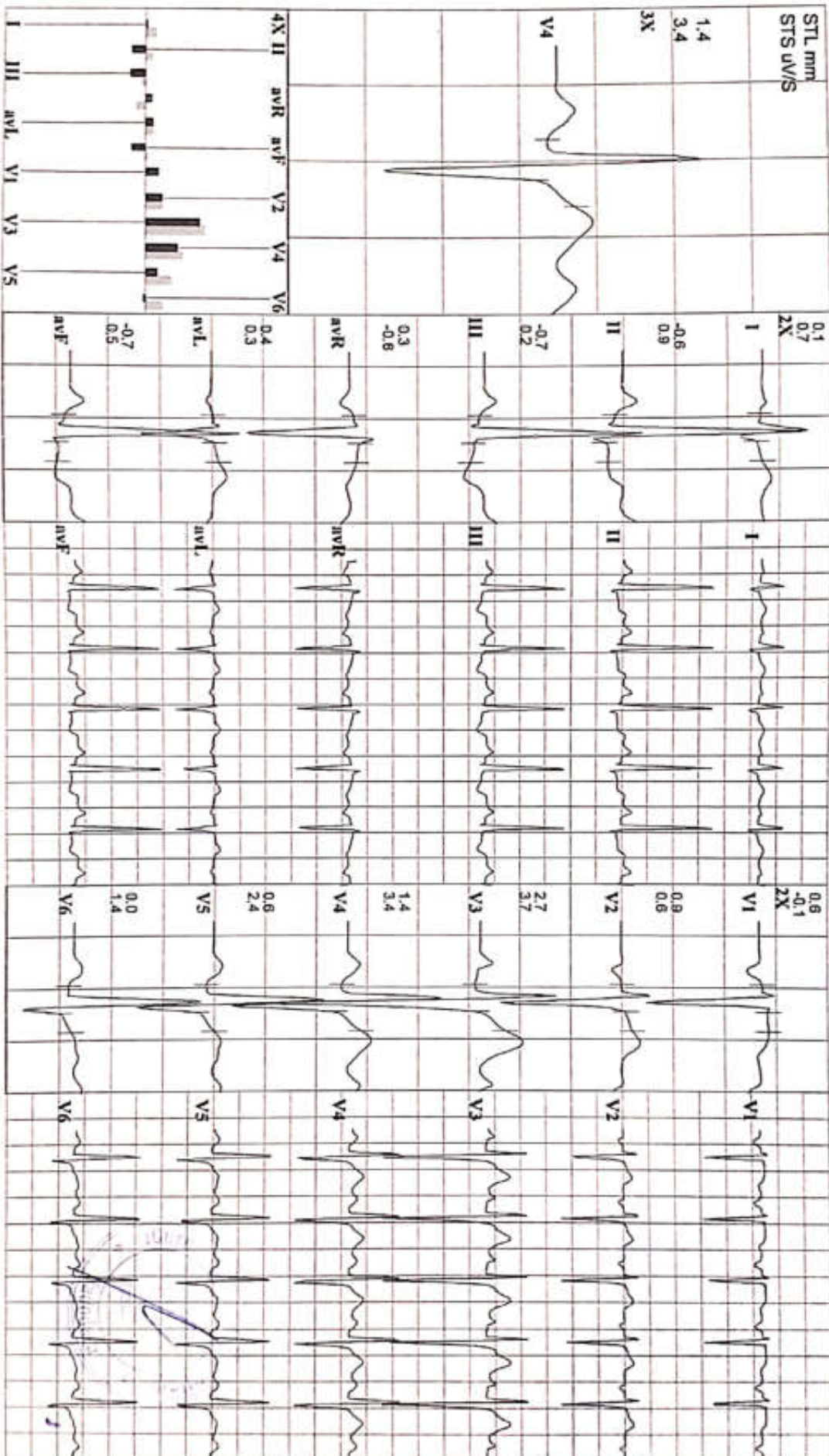


S94 **ARVIND SHARMA**
44 Yrs/M Kg / Ht - cm Rel.No. :
Date: 09/03/2024 Time: 10:17 AM

Speed: 2.5 mph Hr: 127 Target Hr: 72 % of 176 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: 12 % Meta: 6.9 Ex Time: 06:00 BLC: On Sweep: 25 mm/s
Protocol: Bruce BP: 130/80 mmHg Cur Time: 06:15 Notch: On Median Sweep: 25 mm/s

Linked Medians
S2

Pace: J.71 mS





ICure Heart Care

Racecourse Road, Vadodara

594
44 Yrs/M
Date: 09/03/2024 Time: 10:17 AM

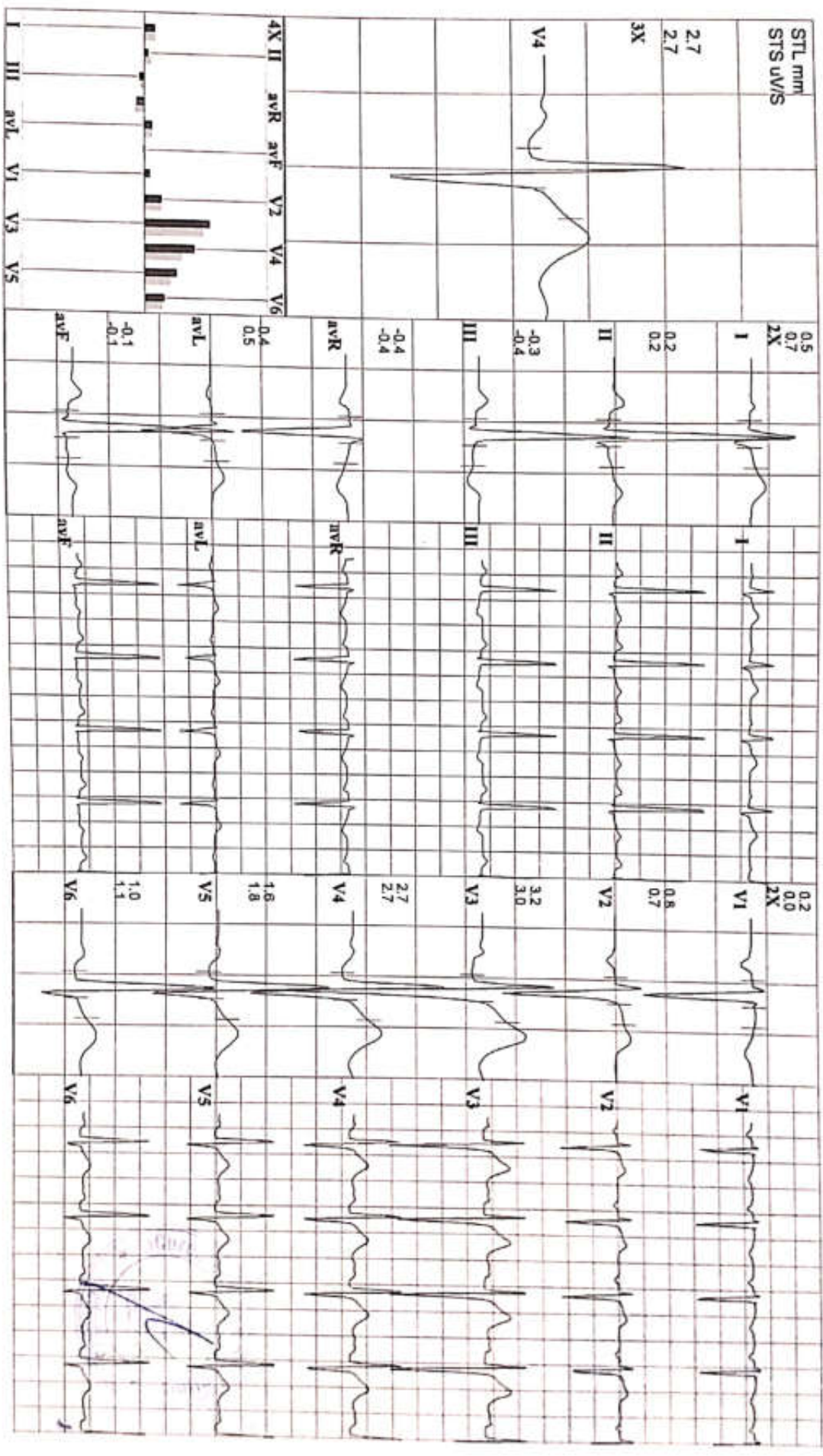
ARVIND SHARMA
Kg / Ht- cms
Ref/No.:

Speed 1.7 mph Hr. 100
Grade: 10% Met: 4.8
Protocol: Bruce BP 120/90 mmHg Cur Time 03:15

Target Hr: 56% of 176
Ex Time: 03:00
Filter: 0.1 - 100 Hz Gain: 10 mm/mV
BLC: On
Notch: On
Sweep: 25 mm/s
Median Sweep: 25 mm/s

Linked Medians
S1

Post: 1.80 m/s



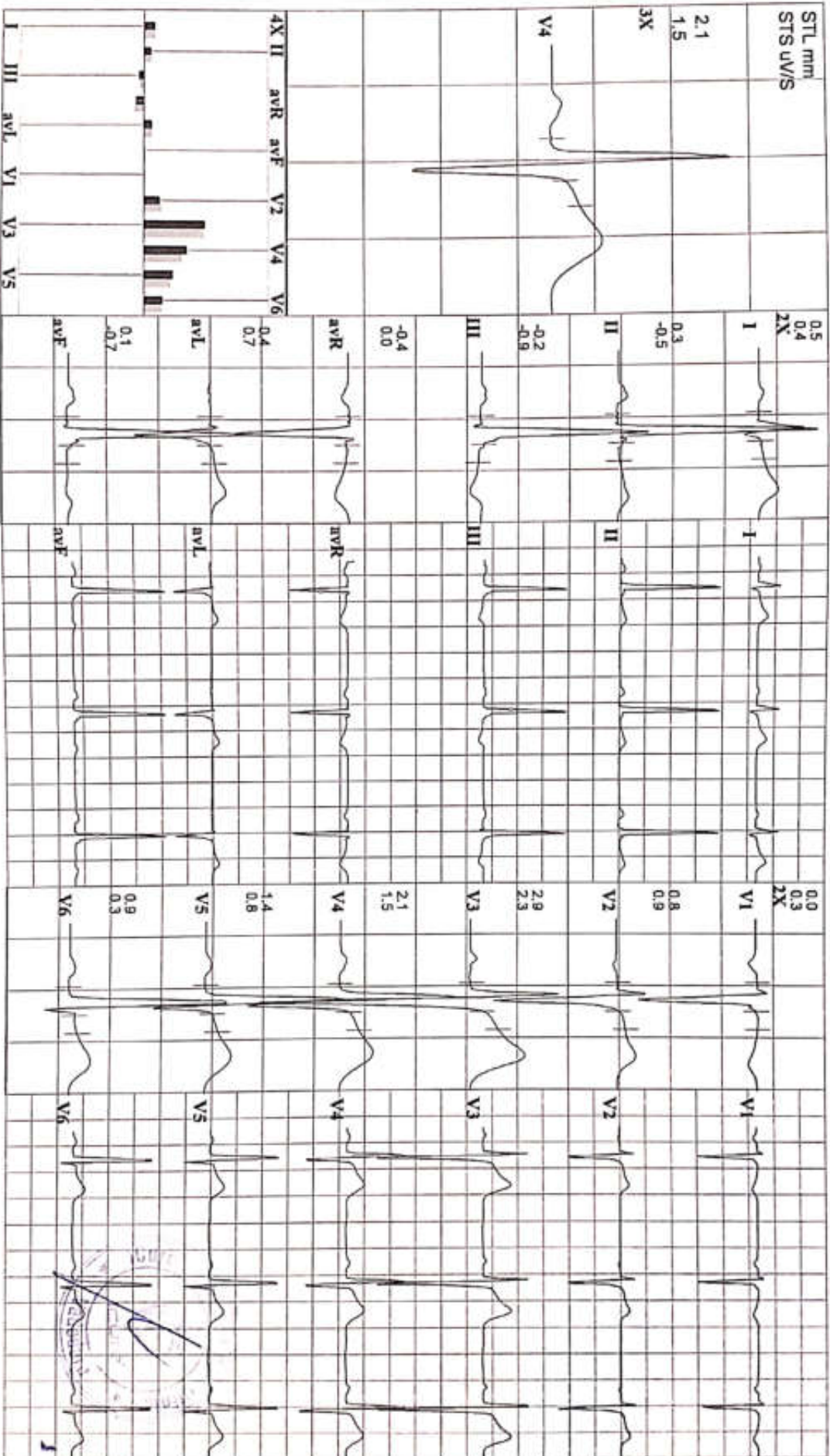
Page 1/2

594 **ARVIND SHARMA**
44 Yrs/M Kg / Ht. cms Ret.No.:
Date: 09/03/2024 Time: 10:17 AM

Speed: — mph Hr: 63 Target Hr: 35 % of 176 Filter: 0.1 - 100 Hz Gain: 10 mm/mV
Grade: — % Mts: 1 Ex Time: — min:sec BLC: On Sweep: 25 mm/s
Protocol Bruce BP: 120/80 mmHg Cur Time: 00:08 Notch: On Median Sweep: 25 mm/s

Linked Medians
Pre Ex

Paper: 1.68 mS



PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : ARVIND SHARMA	AGE : 44 Y/M	DATE : 09/03/2024
----------------------	--------------	-------------------

ULTRASOUND WHOLE ABDOMEN

Liver is normal in size and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter. Common Bile Duct is of normal diameter.

Gallbladder is distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 96 x 44 mm. Left kidney measures 100 x 58 mm. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

Prostate gland is normal in size. It has smooth outlines and normal reflectivity. Estimated volume is around 14.0 cc.

There is no evidence of ascites.

No evidence of any gross bowel dilatation seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

No mass or collection in right iliac fossa.

CONCLUSION:

No sonographic abnormality is seen.

DR. HENY GANDHI
CONSULTANT RADIOLOGIST



24 hours Emergency Service Available for CT Scan / MRI / Pathology AMBULANCE SERVICE AVAILABLE

Main Branch : Paramount Complex, Gotri Road, Race Course, Vadodra. Ph.: 0265 - 2395772, 2397438, +91 - 6352731483,
Path. Lab : 0265 - 6603900/901/902/903, +91 - 8160225911, +91 - 9099066029

City Branch : Opp. Brahman Sabha Hall, Pratap Road, Dandiabazar, Vadodra. Ph.: 0265 - 2423233, +91 - 6352734810

PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : ARVIND SHARMA

AGE : 44 Y/M

DATE : 09/03/2024

X RAY CHEST (PA)

OBSERVATIONS:

Both the lung fields and apices appear clear.
Both the hilar shadow appears normal.
Cardiac silhouette appears normal.
Both the costophrenic sinuses are clear.
Mediastinal and tracheal shadows are normal.
Both the domes of diaphragm are normal.
Visualized rib cage and clavicle are normal.

COMMENTS:

No significant abnormality is seen.



DR. HENU GANDHI
CONSULTANT RADIOLOGIST



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City Branch : Opp. Brahman Sabha Hall, Pretep Road, Dandiabazar, Vadodra. Ph.: 0265 - 2423233, +91 - 6352734810





Heart & General Clinic

301 Trivia complex, near Natubhai circle, Racecourse Road

Name : ARVIND SHARMA
 Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 44 Yrs./M
 Date : 09/03/2024
 Report ID. : 5

HAEMOGRAM PROFILE

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>METHOD</u>	<u>REFERENCE INTERVAL</u>
<u>BLOOD COUNTS & INDICES</u>				
Haemoglobin	: 12.90	gm%		13.5 - 17.0 gm%
Total RBC	: 4.65	mill/cmm		4.6 - 6.2 mill/cmm
PCV	: 39.50	%		40 - 54 %
MCV	: 84.95	fL		80 - 96 fL
MCH	: 27.74	pg		27 - 31 pg
MCHC	: 32.70	%		32 - 36 %
RDW	: 13.10	%		10 - 15 %
Total WBC	: 659.000	/cmm		4,000 - 11,000/cmm
Platelet Count	: 2,98,000	/cmm		1.5 - 4.0 Lac/cmm.
<u>DIFFERENTIAL LEUCOCYTES COUNT</u>				
Band Cells	: 00	%		00 - 06 %
Neutrophils	: 60	%		55 - 70 %
Lymphocytes	: 35	%		20 - 40 %
Eosinophils	: 3	%		01 - 06 %
Monocytes	: 2	%		02 - 08 %
Basophils	: 00	%		00 - 01 %
Platelet In Smear	: ADEQUATE			
<u>ERYTHROCYTES SEDIMENTATION RATE</u>				
ESR After 1st Hour	: 18	mm	Wedergren	01 - 07 mm
Blood Group	: * B *			
Rh Factor (Anti D.)	: * POSITIVE *			

(By Fully Automated Cell Counter Sysmex KX - 21, Japan)

END OF REPORT

301 Trivia complex, near Natubhai circle, Racecourse Road

Name : ARVIND SHARMA
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 44 Yrs./M
Date : 09/03/2024
Report ID. : 5

BIOCHEMISTRY

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE INTERVAL</u>
Blood Urea	: 21.00	mg/dL	10 - 50 mg/dL
Blood Urea Nitrogen - BUN	: 9.80	mg/dL	4.5 - 19.0 mg/dL
Serum Creatinine	: 0.90	mg/dL	0.6 - 1.4 mg/dL
Serum Uric Acid	: 6.60	mg/dL	3.4 - 7.0 mg/dL
<u>SERUM PROTEIN</u>			
Serum Protein Total	: 7.10	g/dL	6.6 - 8.3 g/dL
Albumin	: 3.90	g/dL	3.5 - 5.0 g/dL
Globulin	: 3.50	g/dL	2.3 - 3.5 g/dL
A/G Ratio	: 1.3	: 1	1.5 - 2.5 : 1
Bilirubin - Total	: 0.4	mg/dL	0.00 - 1.00 mg/dL
Bilirubin - Direct	: 0.1	mg/dL	Upto 0.30 mg/dL
Bilirubin - Indirect	: 0.3	mg/dL	0.1 - 1.0 mg/dL
SGPT	: 22.0	IU/L	10 - 40 IU/L
SGOT	: 29.0	IU/L	Upto 40 IU/L
Serum Alkaline Phosphatase	: 66.0	U/L	37 - 147 U/L
<u>FASTING (FBS)</u>			
Blood Glucose	: 105.0	mg/dL	70 - 110 mg/dL
<u>POST-PRANDIAL</u>			
Blood Glucose	: 140.0	mg/dL	80 - 140 mg/dL
<u>SPECIAL TESTS</u>			
GGTP	: 18	U/L	05 - 85 U/L
Gamma Glutamyltransferase			

Done By Fully Auto Analyzer MIURA, A-1004

END OF REPORT

301 Trivia complex, near Natubhai circle, Racecourse Road

Name : ARVIND SHARMA
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 44 Yrs./M
Date : 09/03/2024
Report ID. : 5

LIPID PROFILE

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE INTERVAL</u>
Total Lipid (Calculated)	: 410	mg/dL	350 - 750 mg/dL
Serum Cholesterol	: 118.0	mg/dL	130 - 200 mg/dL
Serum Triglyceride	: 98.0	mg/dL	60 - 165 mg/dL
HDL Cholesterol	: 40.0	mg/dL	30 - 70 mg/dL
LDL Cholesterol	: 58.4	mg/dL	Upto 150 mg/dL
LDL Cholesterol - Direct	: 19.6	mg/dL	Upto 150 mg/dL
CHOL./HDL Chol. Ratio	: 2.95	: 1	Less than 5
LDL Chol/HDL Chol Ratio	: 1.46	: 1	Less than 3.5
VLDL (Calculated)	: 19.60	mg/dL	Upto 30 mg/dL

Hb A1C REPORT

Hb A1C - Glycated Hb Glycated Haemoglobin	: 5.9	%	Non Diabetic : 4.3 - 6.3 % Good Control : 6.4 - 7.5 % Moderate Control : 7.5 - 9.0 % Poor Control : 9.0 % & Above
Avg. Blood Glucose Level	: 133	mg/dL	
Estimated Average Glucose eAG	: 123	mg%	

END OF REPORT

301 Trivia complex, near Natubhai circle, Racecourse Road

Name : ARVIND SHARMA
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 44 Yrs./M
Date : 09/03/2024
Report ID. : 5

EXAMINATION OF URINE

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>
Sample	: FASTING	
<u>PHYSICAL EXAMINATION</u>		
Quantity	: 10	ml
Colour	: PALE YELLOW	
Transperancy	: CLEAR	
Specific Gravity	: 1.030	
Reaction	: ACIDIC	
Deposits	: ABSENT	
<u>CHEMICAL EXAMINATION</u>		
Albumin	: NIL	
Sugar	: NIL	
Acetone	: ABSENT	
Bile Salts	: ABSENT	
Bile Pigments	: ABSENT	
Urobilinogen	: NORMAL : - < 1.0 mg/dL	
Occult Blood	: ABSENT	
Nitrate	: ABSENT	
<u>MICROSCOPIC EXAMINATION</u>		
Pus Cells	: 0-1 / hpf	
RBC	: NIL	
Epithelial Cells	: NIL	
Crystals	: NIL	
Amorphous Phosphate	: NIL	
Cast	: NIL	

THYROID FUNCTIONS

Total Triiodothyronine - T3	: 1.65	ng/mL	0.58 - 1.59 ng/mL
Total Thyroxine - T4	: 8.98	ng/mL	4.87 - 11.72 microgram%
Thyroid Stim. Hormone -TSH	: 3.01	ng/mL	0.35 - 4.94 IU/mL

PROSTATE SPECIFIC ANTIGEN

END OF REPORT