

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam.

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KUMAR RAJESH
EC NO.	74977
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	KHOJKIPUR
BIRTHDATE	12-04-1972
PROPOSED DATE OF HEALTH CHECKUP	23-03-2024
BOOKING REFERENCE NO.	23M74977100098976E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 11-03-2024 till 31-03-2024 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

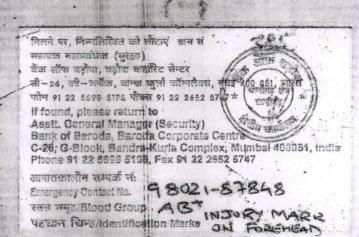
(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years)
	and Pap Smear (above 30 years)
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation









भारतीय विशिष्ट पहचान प्राधिकरण

भारत सरकार Unique Identification Authority of India Government of India

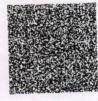
नामांकन क्रम / Enrollment No.: 2092/26012/34784

To, राजेश कुमार Rajesh Kumar C/O Raghunath House No 14 A Sector A Bandh Road Defence Colony Near Manku Wood Works Ambala Cantt Ambala Ambala GPO Ambala Ambala Haryana 133001 8901339096

Ref: 255 / 12U / 55252 / 55354 / P



SB011812977FH



आपका आधार क्रमांक / Your Aadhaar No. :

6902 8481 8241

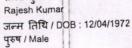
मेरा आधार, मेरी पहचान



भारत सरकार



Government of India राजेश कुमार





6902 8481 8241

मेरा आधार, मेरी पहचान



Patient Name

: Mr. RAJESH KUMAR

: 51 / Male

Age / Gender Referred By

: Dr. Aniket Saini

Req.No

: 2436939

Patient Type

. OPD

UHID

23821

DIOLOCICAL

IPNO

Requisitions

: 23/03/2024

Reported on

: 23/03/2024

HAEMATOLOGY

COMPLETE HAEMOGRAM (CBC ESR)

Specimen Type: Whole Blood (EDTA)	BIOLOGICAL				
TEST NAME	RESULT	UNITS RI	EF. INTERVAL	METHOD	
Haemoglobin	15.3	g/dl	13.0 - 17.5	Cyanide-Free Colorimetry	
Total Leucocyte Count	4200	cells/cu.mm	4000 - 10000	Impedance Variation	
DIFFERENTIAL COUNT					
Neutrophils.	66	%	40.0 - 80.0	Flow Cytometry	
Lymphocytes.	24	%	20.0 - 40.0	Flow Cytometry	
Monocytes	07	%	2.0 - 10.0	Flow Cytometry	
Eosinophils.	03	%	1.0 - 6.0	Flow Cytometry	
Basophils	00	%	0.0 - 1.0	Flow Cytometry	
Platelet Count	243	1000/cumm	150 - 450	Electrical Impedance	
RED BLOOD CELL COUNT	5.04	millions/cum m	4.5 - 5.5	Electrical Impedance	
PACKED CELL VOLUME	46.2	%	40 - 50	Calculated	
MEAN CORPUSCULAR VOLUME	91.7	fL	76 - 100	Measured	
MEAN CORPUSCULAR HAEMOGLOBIN	30.4	pg	27 - 32	Calculated	
MEAN CORPUSCULAR Hb CONC	33.1	g/dl	32 - 36	Calculated	

-*** End of Report ****

Please Correlate With Clinical Findings

Dr SEEMILY KAHMEI

Lab Technician

6360 MILY KAHMEI MD (Pathology)

Dr. VISHAL SALHOTRA MD (Pathology)



Patient Name

: Mr. RAJESH KUMAR

Age / Gender Referred By

: 51 / Male

Req.No

: Dr. Aniket Saini : 2436939

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CLINICAL PATHOLOGY

URINE ROUTINE MICROSCOPY

Caralman Type t Video			BIOLOGICAL	
Specimen Type: Urine	RESULT	UNITS	REF. INTERVAL	METHOD
TEST NAME	RESULT	UNITS		
PHYSICAL EXAMINATION	,			
Sample Volume	20	ml		
colour	Pale Yellov	V	Pale Yellow	
Appearance	Clear		Clear	
	1.020			Ion Exchange
Specific			Acidic	
Reaction.	Acidic		7101010	Double Indicator
pH -Urine	6.0		NT	Double Indicator
Blood	Negative		Negative	
Albumin.	NIL		Absent	Acid/Base Exchange
Glucose	NIL		Absent	Oxidase/Peroxid ase
Bile Salt	NIL		NIL	
Bile Pigment	NIL		NIL	Diazo/Fouchets Test
Uzahilinagan	NIL .		NIL	Ehrlich Reaction
Urobilinogen Leucocyte	Negative		Negative	Granulocyte Esterases

-*** End of Report ****

Please Correlate With Clinical Findings

Lab Technician

Dr. SEEMLY KAHMEI MB (Pathology)

Dr. VISHAL SALHOTRA MD (Pathology) Page 1 of 1

Patient Name

: Mr. RAJESH KUMAR

Age / Gender

: 51 / Male

Referred By

: Dr. Aniket Saini

Req.No

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CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION

PUS CELLS - URINE

Red blood cells

Epithelial Cells - Urine

Casts

Crystals.

Interpretation:-Albumin:

1+(30mg/dl)

2+(100mg/dl)

3+(300mg/dl)

4+(>2000mg/dl)

Glucose:

1+(100mg/dl)

2+(250mg/dl) 3+(500mg/dl)

4+(1000mg/dl)

3-4 Nil

1-2

NIL NIL NIL

4---5/HPF NIL

NIL

Microscopic Microscopic

Please Correlate With Clinical Findings

Lab Technician 236 SEEMILY KAHMEI

MD (Pathology)

Dr. VISHAL SALHOTRA MD (Pathology)

Page 2 of 2

Sultanpur Chowk, Nr. Dhulkot Barrier, Ambala Chandigarh Expy, Ambala, Haryana 134003 Ph.: 74320 00000, 74969 79727

health care providers

the health care providers



Patient Name

: Mr. RAJESH KUMAR

Age / Gender

: 51 / Male

Referred By

Req.No

: Dr. Aniket Saini

Patient Type

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23/03/2024

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23/03/2024

BIOCHEMISTRY

LIPID PROFILE

			BIOLOGICAL	
Specimen Type: Serum TEST NAME	RESULT	UNITS	REF. INTERVAL	METHOD
LIPID PROFILE SERUM CHOLESTROL	211.35	mg/dl	0 - 200	Cholestrol Oxidase - Peroxidase
Serum Triglycerides HDL Cholesterol	183.37 50.88	mg/dl mg/dl	Up to 150 0 - >50	GPO -Trinder Oxidase - Peroxidase
LDL Cholesterol VLDL Cholesterol	123.80 36.67	mg/dl mg/dL	0 - >100 0 - <30	Calculated Calculated

Recommended cut points for lipid profile Category : Acceptable : Borderline : High Cholestrol: <200: 200-239: >=240 Triglycerdes: <150 : 150-199 : 200-499 LDL cholestrol:<100: 100-129: 160-189

_**** End of Report ****

Please Correlate With Clinical Findings

Lab Technician

Dr. SEEMILY KAHMEI 23MD (Pathology)

MD (Pathology)

Page 1 of 1



Patient Name

: Mr. RAJESH KUMAR

Age / Gender

: 51 / Male

Referred By

: Dr. Aniket Saini

Req.No Patient Type : 2436939 . OPD

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23/03/2024

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: 23/03/2024

BIOCHEMISTRY

LFT(LIVER FUNCTION TEST)

C Tomas			BIOLOGICAL	
Specimen Type: Serum	RESULT	UNITS	REF. INTERVAL	METHOD
TEST NAME TOTAL BILIRUBIN	0.87	mg/dL	0.1 - 1.2	Diazotized Sulphanilic Acid
DIRECT BILIRUBIN	0.31	mg/dL	0.00 - 0.20	Diazotized Sulphanilic Acid
INDIRECT BILIRUBIN	0.56	mg/dL	0.0 - 0.9	Calculated
SGOT (AST)	32.53	IU/L	0 - 35	IFCC WPP AMP
	14.87	IU/L	5 - 40	IFCC WPP AMP
SGPT (ALT)	68.41	IU/L	50 - 136	Modified IFCC
Alkaline Phosphatase	7.16	g/dl	6.4-8.2	Biuret Endpoint
Total Protein		0	3.2 - 5.0	Photometric
Albumin - Serum	4.55	g/DL	5.2 - 5.0	Column test BCG Dye
Globulin	2.61	gms%	2.3 - 4.5	Calculated
Olobuin				

^{*}Results of these tests should always be interpreted in conjunction with patients medical history, clinical presentation and other findings.

-*** End of Report ****

Please Correlate With Clinical Findings

Lab Technician

Dr. SEEMILY KAHMEI MD (Pathology)

Dr. VISHAL SALHOTRA MD (Pathology)
Page 1 of 1

Sultanpur Chowk, Nr. Dhulkot Barrier, Ambala Chandigarh Expy, Ambala, Haryana 134003 Ph.: 74320 00000, 74969 79727



Patient Name

: Mr. RAJESH KUMAR

Age / Gender

: 51 / Male

Referred By

Dr. Aniket Saini

Reg.No

: 2436939

Patient Type

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Requisitions

23/03/2024

Reported on

23/03/2024

IMMUNOLOGY

PSA (PROSTATE SPECIFIC ANTIGEN TOTAL)

Specimen Type: Serum

TEST NAME

RESULT

UNITS

BIOLOGICAL

REF. INTERVAL **METHOD**

PROSTATE SPECIFIC ANTIGEN(PSA)

0.223

ng/mL

0 - 4.00

CLIA

Prostate-specific antigen (PSA) is a glycoprotein that is produced by the epithelial cells lining the prostatic ducts and acini. PSA is used as a tumor marker for the early detection of prostate cancer. Limitation:

PSA value results cannot be interpreted as absolute evidence of the presence or absence of malignant disease. The PSA value should be used in conjunction with information from clinical evaluation and other diagnostic procedures. PSA levels can be elevated in patients with prostatitis, Benign Prostatic Hyperplasia, urethral or prostatic trauma, Cystoscopy. Prostate biopsy can cause substantial elevation of PSA levels. Ejaculation and DRE have been reported to increase PSA levels but studies havr shown the effects to be variable or insignificant.

-**** End of Report ****

Please Correlate With Clinical Findings

Dr SEEMILY KAHMEL MD BATHOLOGY

Lab Technician

Do SEGMILY KAHMEI MD (Pathology)

Dr. VISHAL SALHOTRA MD (Pathology)

Page 1 of 1

Sultanpur Chowk, Nr. Dhulkot Barrier, Ambala Chandigarh Expy, Ambala, Haryana 134003 Ph.: 74320 00000, 74969 79727

health care providers health care providers the



Patient Name

: Mr. RAJESH KUMAR

: 51 / Male Age / Gender

Referred By

Req.No

: Dr. Aniket Saini

Patient Type

: OPD

: 2436939

UHID

23821

IPNO

Requisitions

23/03/2024

Reported on

23/03/2024

BIOCHEMISTRY

KFT(KIDNEY FUNCTION TEST)/RFT/Renal Profile

Specimen Type: Serum	RESULT	UNITS	BIOLOGICAL REF. INTERVAL	METHOD
TEST NAME	KLSCLI	CIVIIS		
<u>Urea Creatinine</u>	17.13	mg/dl	13 - 45	UreaseGLDH
Serum Urea Serum Creatinine	0.96	mg/dL	0.6 - 1.4	Modified JAFFEs
Serum Uric Acid	5.28	mg/dl	3.5 - 7.2	Uricase Trinder, End Point (Toos)
Serum Sodium	142.4	meq/l	135 - 155	ISE Indirect
Serum Potassium	4.20	meq/l	3.5 - 5.6	ISE Indirect

^{*}Results of these tests should always be interpreted in conjunction with patients medical history, clinical presentation and other findings.

-*** End of Report ****

Please Correlate With Clinical Findings

Dr SEEMILY KAHMEI MD PATHOLOGY

Lab Technician 2 Dr. SEEMILY KAHMEI MD (Pathology)

MD (Pathology) Page 1 of 1



Patient Name

: Mr. RAJESH KUMAR

UHID

23821

Age / Gender

51 / Male

Dr. Aniket Saini

IPNO

Referred By Reg.No

2436939

Requisitions Reported on 23/03/2024 23/03/2024

Patient Type

OPD

IMMUNOLOGY

THYROID PROFILE

	Commission Tymo : Commis	BIOLOGICAL				
	Specimen Type: Serum TEST NAME	RESULT	UNITS	REF. INTERVAL	METHOD	
_	Tri-iodothyronine (T3)	1.63	ng/mL	0.69 - 2.15	CLIA	
		93.5	ng/mL	52 - 127	CLIA	
	Thyroxine (T4)	3.79	uIU/mL	0.3 - 4.5	CLIA	
	Thyroid Stimulating Hormone	5.75	1			

(TSH)

Primary malfunction of the thyroid gland may result in excessive (hyper) or below normal (hypo) release of T3 or T4. In addition as TSH directly affects thyroid function, malfunction of the pituitary or the hypo - thalamus influences the thyroid gland activity. Disease in any portion of the thyroid-pitutaryhypothala- mus system may influence the levels of T3 and T4 in the blood. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels may be low. Certain conditions like pregnancy, excess estrogen's, androgen's, antibiotic steroids and glucocorticoids may cause false thyroid values.

Reference ranges of TSH in pregnancy

1st Trimester = 0.1-2.5

2ed Trimester = 0.2-3.0

TSH levels are subject to circadian variation peaking early morning and a low level in the evening. The time of the day has influence on the measured serum TSH concentrations.

-*** End of Report ****

Please Correlate With Clinical Findings

Dr SEEMILY KAHMEI MD PARHOLOGY

Lab Technician

2369 EMILY KAHMEI MD (Pathology)

Dr. VISHAL SALHOTRA MD (Pathology)

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Patient Name

: Mr. RAJESH KUMAR

Age / Gender

51 / Male

: 2436939

Referred By

Dr. Aniket Saini

Reg.No **Patient Type**

OPD

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Requisitions

23/03/2024

Reported on

23/03/2024

BIOCHEMISTRY

HBA1C

Specimen Type: WHOLE BLOOD

BIOLOGICAL

TEST NAME

RESULT

UNITS %

4.2 - 5.7

REF. INTERVAL METHOD

HPLC

Glycosylated Haemoglobin (HbA1c)

5.5

Estimated Average Glucose (eAG) interpretation for HbA1c% as per American Diabetes Association (ADA)

111.15

mg/dL

Calculated

Non diabetic adults: <5.7 At risk (Prediabetes): 5.7-6.4 Diagonsing Diabetes: >=6.5

Therapeutic goals for glycemic control: Age > 19 years, Goal of therapy: <7.0

Age <19 years, Goal of therapy: <7.5

-*** End of Report ****

Please Correlate With Clinical Findings

Dr SEEWLY KAHMEI

Lab Technician MDr. SEEMILY KAHMEI 236MD (Pathology)

Dr. VISHAL SALHOTRA MD (Pathology)



Patient Name

: Mr. RAJESH KUMAR

Age / Gender

: 51 / Male

Referred By

: Dr. Aniket Saini

Reg.No

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Requisitions

23/03/2024

Reported on

23/03/2024

BIOCHEMISTRY

BLOOD SUGAR FASTING AND PP

Specimen Type: Serum	BIOLOGICAL			
TEST NAME	RESULT	UNITS	REF. INTERVA	AL METHOD
FASTING PP				
Plasma glucose (Fasting)	98.40	mg/dl	70 - 110	GOD-POD
Plasma Glucose(POST Prandial)	121.92	mg/dl	90 - 140	Hexokinase GOD-POD Hexokinase

-*** End of Report ****

Please Correlate With Clinical Findings

Dr SEEMILY KAHMEI

Lab Technician

3609 ... MD (Pathology)

Dr. VISHAL SALHOTRA MD (Pathology)
Page 1 of 1



Patient Name

: Mr. RAJESH KUMAR

Age / Gender

Referred By

: Dr. Aniket Saini

Reg.No

: 2436939

Patient Type

UHID

: 23821

IPNO

Requisitions

23/03/2024 / 10.17 AM

Reported on

23/03/2024

/ 3.25 PM

SEROLOGY

BLOOD GROUP and RH TYPE

UNITS

Specimen Type

WHOLE BLOOD

RESULT

BIOLOGICAL

REFERENCE INTERVAL

METHOD

EST NAME ood Group

"B" RH POSITIVE

Hemagglutination

-*** End of Report ****

Please Correlate With Clinical Findings

Lab Technician

MD (Pathology)

Dr. VISHAL SALHOTRA MD (Pathology)

Page 1 of 1



NAME : MR. RAJESH KUMAR AGE / SEX : 49 YRS /M

REF. BY : DR. ANIKET SAINI REG.DATE : 23/03/2024

UHID : 23821/OPD

USG WHOLE ABDOMEN

LIVER:

Normal in size and shows raised echogenicity with normal outline. No focal lesion is seen.

Intrahepatic biliary radicals are normal. Portal vein is normal.

GALL BLADDER:

is partially distended. Wall thickness is normal. No mass/calculus seen in its lumen.

CBD is normal in caliber

PANCREAS:

Normal in size and echotexture

SPLEEN:

Normal in size and echotexture. No focal lesion is seen.

KIDNEYS:

Both kidneys are normal in size, shape and echotexture. No mass lesion is seen.

Cortical thickness and corticomedullary differentiations are maintained on both sides.

No hydronephrosis/calculus is seen.

URINARY BLADDER:

is distended. Mucosal wall is regular and normal in thickness. No calculus / mass lesion is seen.

PROSTATE:

Mildly enlarged in size and measures 30cc and shows normal echotexture.

No free fluid is seen in abdomen.

There is a small defect of size ~1cm is seen in anterior abdominal wall in umbilicus region through which omentum seen herniating.

IMPRESSION:

- Grade I fatty liver.
- Prostatomegaly.
- Small umbilical hernia.

Please correlate clinically & with other investigations.

DR. JASPREET SINGH

MBBS, M.D. & DNB, EDIR, FVIR

INTERVENTIONAL RADIOLOGIST

PMC 44907

THIS REPORT IS NOT VALID FOR MEDICOLEGAL PURPOSES Thanks for the Referral, With Regards

Sultanpur Chowk, Nr. Dhulkot Barrier, Ambala Chandigarh Expy, Ambala, Haryana 134003 Ph.: 74320 00000, 74969 79727



Referring Doctor	:		D: 2382 1
Age	: 49 Y	Date	: Mar 23, 2024
	: RAJESH KUMAR	Gender	: Male

X-RAY CHEST PA VIEW

CLINICAL HISTORY

FINDINGS:-

- The lungs on the either side show equal translucency.
- The peripheral pulmonary vasculature is normal.
- No focal lung lesion is seen.
- Bilateral CP angles are normal.
- Both hila are normal in size, have equal density and bear normal relationship.
- The heart and trachea are central in position and no mediastinal abnormality is visible.
- The cardiac size is normal.
- The domes of the diaphragms are normal in position, and show smooth outline.

IMPRESSION:

No significant abnormality detected.

ADVICE:- Clinical correlation and follow up.

Dr. Sandrepskinde

MBBS DMRD RADIODIAGNOSIS

Reg - 2003/04/1779



COLOR DOPPLER ECHO CARDIOGRAPHY REPORT

NAME:MR.RAJESH KUMAR

AGE:49Y/M

MR.NO.-23821

REFD.BY:DR.ANIKET

DATED:23/03/2024

On 2D examination MITRAL VALVE

AML- Thin, no anterior mitral leaflet

Flutter, There is no prolapse of AML

PML – Thin, no prolapse moves posteriorly during

Diastole

Mitral Annular Calcification present,

No Subvalvular Pathology.

TRICUSPID VALVE

Thin. Opening well, no prolapse

AORTIC VALVE

Normal, Opening well Morphology - Tricuspid

PULMONARY VALVE

Thin. Opens well. Pulmonary Artery not dilated.

LEFT VENTRICLE

There is no left ventricular hypertrophy.

There is no regional wall motion abnormality.

. . .

LEFT ATRIUM

Normal in size

RIGHT ATRIUM

Normal in size

RIGHT VENTRICLE

Normal in size

PERICARDIUM

Normal

MEASUREMENTS

(NORMAL VALUES)

M-MODE

	[3.7 - 5.6cm] [2.2 - 4.0cm] [0.6 - 1.2cm] [0.9 - 1.8cm] [2.0 - 3.7cm] [1.9 - 4.0cm] [54 - 76%]
3 1 1 2 3	4mm 0mm 6 mm 6mm 2mm

