

MEDICAL HEALTH CHECK- UP ASSESMENT FORM

NAME : Mr / Mrs Nishil Asthana-----

DATE: 15/3/24

AGE : 44 yrs

SEX: [✓] Male/ Female

NMU: NMU00047970

DOCTOR'S NAME:

Health package

TEMP :	<u>95.9</u>	^{° f}	BP :	<u>120/80</u>	mmHg
PULSE :	<u>117</u>	b/m	HEIGHT :	<u>164</u>	cm
RR :	<u>21</u>	b/m	WEIGHT :	<u>83.1</u>	kg
SPO2 :	<u>98</u>	%	HGT:	<u>—</u>	

REMARK:



DEPARTMENT OF OPHTHALMOLOGY

MEDICOVER HOSPITALS

DATE: 1st/03/24

PATIENT NAME: Mrs. Nikhil. Astrona.

AGE / SEX: 44 / M NAVI MUMBAI

UMR NO: 20000047970.

	RE	LE
VA (DISTANCE)	6/6 <u>any</u>	6/6 p. <u>any</u>
VA (NEAR)	Ng <u>any</u>	Ng <u>any</u>
COLOUR VISION	Normal	Normal

		SPHERE	CYLINDER	AXIS	VA
MRx	O D (R)	+1.00	-0.50	100°	6/6
	O S (L)	+1.50	—	—	6/6

HISTORY :

H/O Using spectacles (distance). H/O (near) = 3 yrs.
 - No other ocular or general Allegies & symptoms.

OCULAR FINDINGS :

(BE) - Ant seg WNL

(undilated) Disc (BE) - 0.3, Temporal crescent

ADVICE:

Refresh Teau e/d q/d 177 X (month).

CDR. ANUSHREE VANLAKAR





DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. NIKHIL ASTHANA	Age / Gender : 44 Y(s)/Male
Bill No/ UMR No : NMBC61969/NMU0047970	Referred By : Dr. DMO
Received Dt : 15-Mar-24 09:40 am	Report Date : 15-Mar-24 01:13 pm

FINAL REPORT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
COMPLETE BLOOD COUNT				
RBC				
R B C COUNT	Blood	5.06	4.5 - 5.5 $10^6/\mu\text{L}$	
HEMOGLOBIN		14.4	13.0 - 17.0 g/dl	
PCV/HCT		43.8	40 - 50 % 36 - 46 %	
MCV		87	83 - 101 fl 83 - 101 fl	
MCH		28.4	27 - 32 pg	
MCHC		32.8	31.5 - 34.5 g/dL	
RDW(cv)		13.7	11.6 - 14.0 %	
PLATELETS				
PLATELET COUNT	Blood	110	150 - 400 $10^3/\mu\text{L}$	
MPV		12.4	7.5 - 11.5 fl	
WBC				
TC (TOTAL LEUCOCYTE COUNT)	Blood	6.6	4.0 - 11.0 $10^3/\mu\text{l}$	
DIFFERENTIAL COUNT				
NEUTROPHILS	Blood	57	40 - 80 %	
LYMPHOCYTES		28	20 - 40 %	
MONOCYTES		05	02 - 10 %	
EOSINOPHILS		10	00 - 06 %	
BASOPHILS		00	00 - 01 %	
PERIPHERAL SMEAR EXAMINATION		:		
RBC		Predominantly normocytic normochromic.		
WBC		There is a mild excess of eosinophils.		
PLATELETS		Mildly reduced in smear. Macroplatelets and giant platelets are also seen.		
ESR	CITRATED BLOOD	15	0 - 10 mm/1st hour	WESTERGREN'S METHOD

*** End Of Report ***





MEDICOVER
HOSPITALS

DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. NIKHIL ASTHANA	Age / Gender : 44 Y(s)/Male
Bill No/ UMR No : NMBC61969/NMU0047970	Referred By : Dr. DMO
Received Dt : 15-Mar-24 09:40 am	Report Date : 15-Mar-24 12:34 pm

Parameters

Specimen

Result

Biological Reference In Method





DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. NIKHIL ASTHANA	Age / Gender : 44 Y(s)/Male
Bill No/ UMR No : NMBC61969/NMU0047970	Referred By : Dr. DMO
Received Dt : 15-Mar-24 09:40 am	Report Date : 15-Mar-24 11:36 am

FINAL REPORT

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference Intervals</u>	<u>Method</u>
SERUM ELECTROLYTES				
SERUM SODIUM		138	136 - 145 mmol/L	ISE INDIRECT
SERUM POTASSIUM		4.5	3.5 - 5.1 mmol/L	ISE INDIRECT
SERUM CHLORIDES		101	98 - 107 mmol/L	ISE INDIRECT
PSA (PROSTATE SPECIFIC ANTIGEN).				
PROSTATE SPECIFIC ANTIGEN (PSA)		1.32	0 - 4.0 ng/mL	Method : ECLIA
T3,T4 AND TSH				
T3		145.6	70 - 204 ng/dL	Method : ECLIA
T4		10.52	5.1 - 14.1 ug/dL	Method : ECLIA
TSH (THYROID STIMULATING HORMONE)		1.60	0.270 - 4.20 uIU/mL	Method : ECLIA
FBS (FASTING BLOOD GLUCOSE WITH URINE GLUCOSE)				
FASTING BLOOD GLUCOSE		183	Normal Range : 70 - 99 mg/dL	Hexokinase
BUN / CREATININE RATIO				
BUN (Blood Urea Nitrogen.)		10	7.0 - 21.0 mg/dL	Calculated
SERUM CREATININE		0.83	0.8 - 1.3 mg/dL	
BUN / CREATININE RATIO		12.04	10 - 20	
LFT (LIVER FUNCTION TEST)				
TOTAL BILIRUBIN		1.0	< 1.2 mg/dL	Method : Diazo Method
DIRECT BILIRUBIN		0.3	<= 0.20 mg/dL	Method: Diazo Method
INDIRECT BILIRUBIN		0.7	<= 1.0 mg/dL	
SGPT (ALT)		60	<= 41 U/L	Method : UV without P5P
SGOT (AST)		29	<= 40 U/L	Method : UV without P5P
ALKALINE PHOSPHATASE (ALP)		105	40 - 129 U/L 35 - 105 U/L	Method : PNPP, AMP Buffer - IFCC Ref.
TOTAL PROTEINS		7.2	6.0 - 8.0 g/dL	Method : Biuret method
SERUM ALBUMIN		4.5	3.5 - 5.2 g/dL	Method : Bromcresol Green (BCG)
GLOBULINS		2.7	2.5 - 3.5 g/dL	
A/G RATIO		1.67	1.2 - 2.5	





DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. NIKHIL ASTHANA	Age /Gender : 44 Y(s)/Male
Bill No/ UMR No : NMBC61969/NMU0047970	Referred By : Dr. DMO
Received Dt : 15-Mar-24 09:40 am	Report Date : 15-Mar-24 01:13 pm

<u>Parameters</u>	<u>Specimen</u>	<u>Result</u>	<u>Biological Reference In</u>	<u>Method</u>
GAMMA GLUTAMYL TRANSFERASE(GGT)		37	10 - 71 U/L	Method : G-glutamyl-carboxy-nitr oanilide - IFCC Ref.
BUN(BLOOD UREA NITROGEN)				
BUN (Blood Urea Nitrogen.)		10	7.0 - 21.0 mg/dL	Calculated
TOTAL PROTEIN				
TOTAL PROTEINS		7.2	6.0 - 8.0 g/dL	Method : Biuret method
LIPID PROFILE				
TOTAL CHOLESTEROL		171	Desirable : : < 200 mg/dL Borderline High : : 200 - 239 mg/dL High risk : > 240 mg/dL	METHOD : Enzymatic colorimetric
HDL CHOLESTEROL		39	Low : : < 40 mg/dL High : : > 60 mg/dL	Homogeneous enzymatic colorimetric
LDL CHOLESTEROL		104	Optimal : - < 100 mg/dL Near Optimal : 100 - 129 mg/dL Borderline High : 130 - 159 mg/dL High : 160 - 189 mg/dL Very High : - > 190 mg/dL	Direct-Enzymatic colorimetric
VLDL		37		
SERUM TRYGLYCERIDES		187	< 150 mg/dL Borderline High : 150 - 199 mg/dL High : 200 - 499 mg/dL	METHOD: Enzymatic colorimetric
CHO/HDL RATIO		4.38	Normal : - < 3.5 High Risk : - > 5.0	
LDL/HDL RATIO		2.67		
SERUM URIC ACID		3.9	3.4 - 7.0 mg/dL	uricase
HBA1C (GLYCOSYLATED HAEMOGLOBIN)				
HBA1C		9.7	< 5.7 Normal Prediabetic 5.7 - 6.4 & >=6.5 Diabetic %	TINIA
MPG(Mean Plasma Glucose)		232	Excellent Control : 90 - 120 mg/dL Good Control : 121 - 150 mg/dL	
PLBS (POST LUNCH BLOOD SUGAR WITH URINE SUGAR)				
PLBS (POST LUNCH BLOOD GLUCOSE)		281	110 - 180 mg/dL	Hexokinase
URINE SUGAR		++		Dipstick





MEDICOVER
HOSPITALS

DEPARTMENT OF LABORATORY

NAVI MUMBAI

Patient Name : Mr. NIKHIL ASTHANA	Age / Gender : 44 Y(s)/Male
Bill No/ UMR No : NMBC61969/NMU0047970	Referred By : Dr. DMO
Received Dt : 15-Mar-24 01:11 pm	Report Date : 16-Mar-24 09:00 am

Parameter **Specimen** **Result Values** **Biological Reference** **Method**

*** End Of Report ***

Lab Incharge

Dr. VISHAL MEHROTRA, MD Pathology
Head of Pathology Services

Verified By : : 022315

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.



Patient ID:	NMU0047970	Patient Name:	NIKHIL ASTHANA
Age:	44 Years	Sex:	M
Accession Number:	NMBC61969	Modality:	US
Referring Physician:	DR.DMO	Study:	USG ABDOMEN WHOLE
Study Date:	15-Mar-2024	Study Time:	09:57:27

USG WHOLE ABDOMEN

LIVER is normal in size, normal in shape and shows bright echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears partially distended with normal wall thickness. There is no obvious calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

Urinary Bladder is adequately distended; no e/o wall thickening or mass or calculi seen. Post-void residue is not significant.

PROSTATE is normal in size, shape & echotexture. It ms 12 gms.

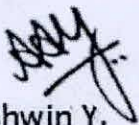
Visualised bowel loops appear normal. There is no free fluid seen.

NB:- This scan does not rule out all pathologies related to bowel and appendix.

IMPRESSION –

- **Grade I fatty liver.**
- **No other significant abnormality detected**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE. THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



Dr. Ashwin Y.
M.D. (Radio-Diagnosis)

Patient ID:	NMU0047970	Patient Name:	NIKHIL ASTHANA
Age:	44 Years	Sex:	M
Accession Number:	NMBC61969	Modality:	DX
Referring Physician:	DR.DMO	Study:	CHEST
Study Date:	15-Mar-2024	Study Time:	09:53:46

X RAY CHEST PA VIEW

Both lungs are clear.

The frontal cardiac dimensions are normal.

The pleural spaces are clear.

Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

Impression:

- **No significant abnormality is seen.**



Dr. Ashwin Y.
M.D. (Radio-Diagnosis)



MEDICOVER
HOSPITALS

NAVI MUMBAI

2D ECHO CARDIOGRAPHY WITH COLOUR DOPPLER

Name : Mr. Nikhil Asthana

Date:-15/03/2024

Age / Sex : 44 Yrs / male

UMR No. 0047970

Referred By : Health check up

FINDINGS:

- No left ventricle regional wall motion abnormality.
- Normal left ventricle systolic function. LVEF = 60%.
- Grade I left ventricle diastolic dysfunction. No e/o raised LVEDP.
- Trivial mitral regurgitation.
- No aortic regurgitation. No aortic stenosis.
- Trivial tricuspid regurgitation. No pulmonary hypertension.
PASP = 24 mm Hg.
- No left ventricle clot / vegetation/pericardial effusion.
- Intact IAS and IVS.
- Normal left atrium and left ventricle dimensions.
- Normal right atrium and right ventricle dimensions.
- Normal right ventricle systolic function. No hepatic congestion.

IMP:

- No RWMA.
- Grade I left ventricle diastolic dysfunction.
- Trivial MR and TR. No PH.
- Normal LV and RV systolic function.


DR. ANUJ SATHE
MD DM CARDIOLOGY

Dr. Anuj A. Sathe
DM Cardiology, MD (Med), MBBS
Consultant Interventional Cardiologist
Reg No 2005/03/1862





MEDICOVER
HOSPITALS

NAVI MUMBAI

M-MODE MEASUREMENTS:

LA	33	mm
AO root	28	mm
AO CUSP SEP	18	mm
LVID(s)	33	mm
LVID(d)	43	mm
IVS(d)	11	mm
LVPW(d)	11	mm
RVID(d)	29	mm
RA	32	mm
LVEF	60	%

	PEAK	MEAN	Vmax	Gradient of Regurgitation
MITRAL	N			Trivial
AORTIC	7			NIL
TRICUSPID	24			Trivial
PULMONERY	4			Nil



Rate 119 Sinus tachycardia.....rate> 99

PR 162
QRSD 87
QT 323
QTC 455
--AXIS--
P 76
QRS 58
T 45

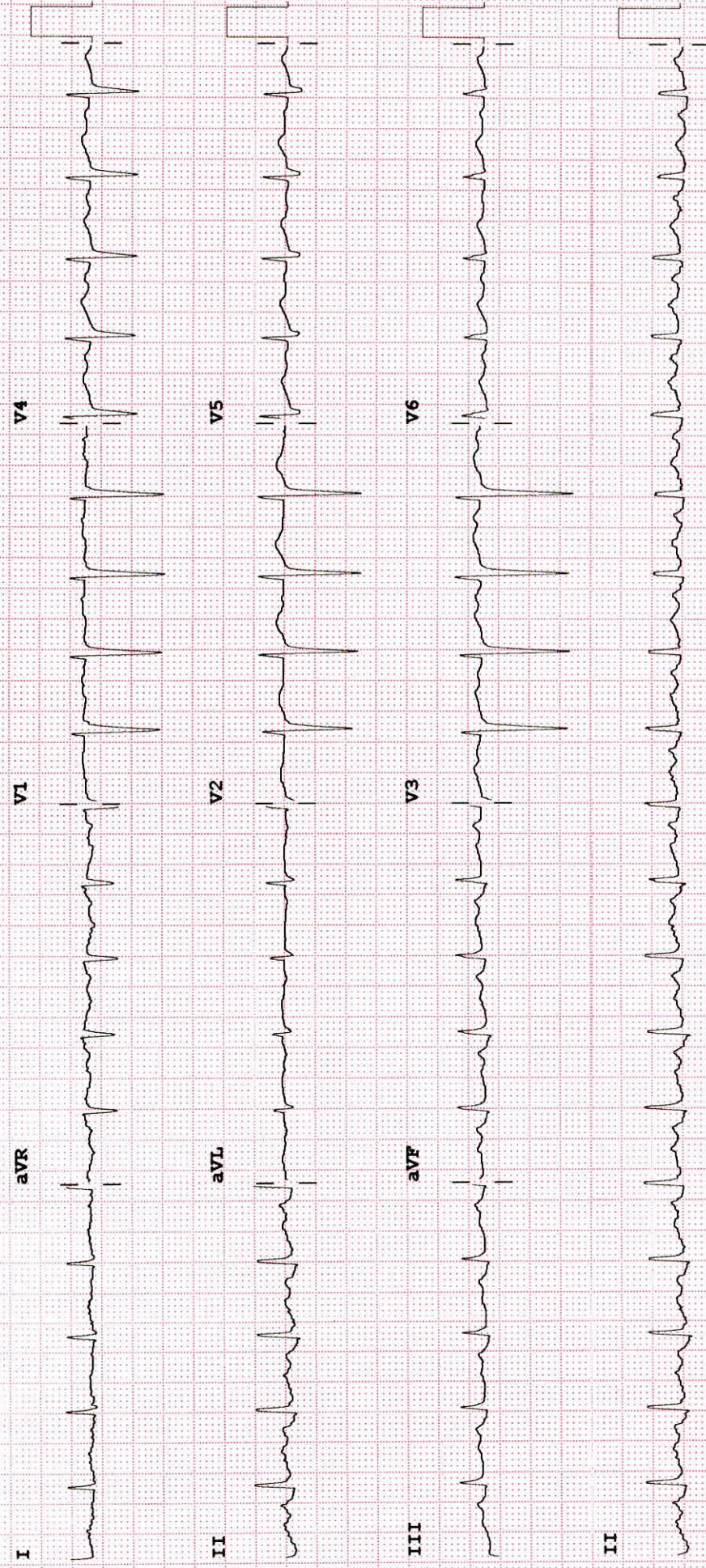
12 Lead; Standard Placement

- OTHERWISE NORMAL ECG -

Unconfirmed Diagnosis

Sinus tachycardia

Dr. Anuj A. Sathe
DM Cardiology, MD (Med), MBBS
Consultant Interventional Cardiologist
Reg No 2005/03/1866



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 60~ 0.50~ 40 Hz W 100B CL? P?