

Dr. Vimmi Goel

MBBS, MD (Internal Medicine)

Sr. Consultant Non Invasive Cardiology

Reg. No: MMC- 2014/01/0113

Preventive Health Check up

KIMS Kingsway Hospitals

Nagpur

Phone No.: 7499913052

 **KIMS-KINGSWAY
HOSPITALS**

Name: Mr. Mahesh Awachat Date: 28/3/24

Age: 38 y Sex: M F Weight: 64.5 kg Height: 164.0 inc BMI: 23.8

BP: 116/72 mmHg Pulse: 85/m bpm RBS: _____ mg/dl

SpO2: 98%

Name : Mr. Mahesh Aachhat Date : 28/03/24

Age : 38 yrs Sex : M / F Weight : _____ kg Height : _____ inc BMI : _____

BP : _____ mmHg Pulse : _____ bpm RBS : _____ mg/dl

Routine Dental Checkup

PMH. K/K/O HTN & ↓ medication for same.

ADH. NRH

O/E -

- Calculus +

- Stains +

- Spacing & Upper ant.

Advice - Oral Prophylaxis
Orthodontic t/t.

Dr. Pichayso



KIMS - Kingsway Hospitals
(A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)

44, Kingsway, Near Kasturchand Park, Nagpur,
Maharashtra, India - 440001.

Ph No.:1800 266 8346|Mobile No.:+91-7126789100

Email :assistance@kimshospitals.com|Website :www.kimshospitals.com

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

MAHESH AWACHAT 38Y(S) 0M(S) 0D(S)/M UMR2324042089 8087332876	CONSULT DATE : 28-03-2024 CONSULT ID : OPC2324129920 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
---	---	---

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
- °F - /min - %RA - /10 - cms

Weight : BMI :
- kgs -

CHIEF COMPLAINTS

ROUTINE EYE CHECKUP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	MAXMOIST 10ML DROPS	Eye Instructions : -	1-1-1-1	Every Day	After Food NA	2 months
Composition : D-PANTHENOL 50MG+HYALURONIC ACID 1MG						

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

EYE SPH CYL AXIS VISION

RIGHT EYE 00 00 00 6/6

LEFT EYE 00 00 00 6/6

NEAR ADDITION

RIGHT EYE 00 N6

LEFT EYE 00 N6

REMARK-

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On :28-03-2024 15:16:37



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. MAHESH AWACHAT
Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324088599/UMR2324042089
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Mar-24 09:48 am
Report Date : 28-Mar-24 11:40 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	15.2	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		44.9	40.0 - 50.0 %	Calculated
RBC Count		5.08	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		88	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		30.0	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		34.0	31.5 - 35.0 g/l	Calculated
RDW		13.8	11.5 - 14.0 %	Impedance
Platelet count		297	150 - 450 10 ³ /cumm	Impedance
WBC Count		6500	4000 - 11000 cells/cumm	

DIFFERENTIAL COUNT

Neutrophils		54.5	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		34.7	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		6.7	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		4.1	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		3542.5	2000 - 7000 /cumm	Calculated



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. MAHESH AWACHAT
Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324088599/UMR2324042089
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Mar-24 09:48 am
Report Date : 28-Mar-24 11:40 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		2255.5	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		435.5	20 - 500 /cumm	Calculated
Absolute Monocyte Count		266.5	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
RBC		Normochromic Normocytic		
WBC		As Above		
Platelets		Adequate		
ESR		06	0 - 15 mm/hr	Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100499

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MAHESH AWACHAT	Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324088599/UMR2324042089	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Mar-24 09:47 am	Report Date : 28-Mar-24 11:38 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	88	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		87	< 140 mg/dl	GOD/POD, Colorimetric

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	5.0	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC
--------------	-----	--	------

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100499

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. VAIDEHEE NAIK, MBBS,MD

CONSULTANT PATHOLOGIST

SPANV Medisearch Lifesciences Private Limited

44, Pawana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India.

Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MAHESH AWACHAT	Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324088599/UMR2324042089	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Mar-24 09:48 am	Report Date : 28-Mar-24 11:38 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	205 < 200 mg/dl	Enzymatic(CHE/CHO/PO D)
Triglycerides		105 < 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		39 > 40 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		131.94 < 100 mg/dl	Enzymatic
VLDL Cholesterol		21 < 30 mg/dl	Calculated
Tot Chol/HDL Ratio		5.0 3 - 5	Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100 >130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%		
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130 10 yrs risk 10-20 % >130	<130
No additional major risk or one additional major risk factor	>160 10 yrs risk <10% >160 >190, optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MAHESH AWACHAT	Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324088599/UMR2324042089	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Mar-24 09:48 am	Report Date : 28-Mar-24 11:38 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	1.22	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.12	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		1.10	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric
Alkaline Phosphatase		68	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		39	10 - 40 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		35	15 - 40 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.58	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.43	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.14	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.4		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MAHESH AWACHAT **Age /Gender** : 38 Y(s)/Male
Bill No/ UMR No : BIL2324088599/UMR2324042089 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Mar-24 09:48 am **Report Date** : 28-Mar-24 11:38 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	16	19.0 - 43.0 mg/dl	Urease with indicator dye
Creatinine		0.9	0.66 - 1.25 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		112.1	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		144	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.94	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MAHESH AWACHAT
Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324088599/UMR2324042089
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Mar-24 09:48 am
Report Date : 28-Mar-24 11:38 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.41	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.16	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		1.42	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. MAHESH AWACHAT	Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324088599/UMR2324042089	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Mar-24 12:43 pm	Report Date : 28-Mar-24 02:10 pm

URINE SUGAR

Parameter
Urine Glucose

Result Values

1+ (Approx 50 mg/dl)
Urine sugar postmeal
*** End Of Report ***

NOTE:

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. MAHESH AWACHAT	Age /Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324088599/UMR2324042089	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Mar-24 10:07 am	Report Date : 28-Mar-24 11:07 am

URINE MICROSCOPY

Specimen Results

Parameter

PHYSICAL EXAMINATION

Volume 30 ml
Urine Pale yellow
Colour. Clear

Clear

Method

Indicators

Ion concentration

protein error of pH

Indicator

GOD/POD

Diazonium

Legal's est Principle

Ehrlich's Reaction

Manual

Appearance

CHEMICAL EXAMINATION

Reaction (pH)	6.0	4.6 - 8.0
Specific gravity	1.010	1.005 - 1.025
Urine Protein	Negative	Negative
Sugar	Negative	Negative
Bilirubin	Negative	Negative
Ketone Bodies	Negative	Negative
Nitrate	Negative	Negative
Urobilinogen	Normal	Normal
MICROSCOPIC EXAMINATION		
Epithelial Cells	0-1	0 - 4 /hpf
R.B.C.	Absent	0 - 4 /hpf
Pus Cells	0-1	0 - 4 /hpf
Casts	Absent	Absent



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. MAHESH AWACHAT
Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324088599/UMR2324042089
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Mar-24 10:07 am
Report Date : 28-Mar-24 11:07 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Crystals		Absent *** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100909

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. MAHESH AWACHAT
Bill No/ UMR No : BIL2324088599/UMR2324042089
Received Dt : 28-Mar-24 10:07 am
Age /Gender : 38 Y(s)/Male
Referred By : Dr. Vimmi Goel MBBS,MD
Report Date : 28-Mar-24 11:07 am

USF(URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative *** End Of Report ***		STRIP

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100909

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. MAHESH AWACHAT
Age / Gender : 38 Y(s)/Male
Bill No/ UMR No : BIL2324088599/UMR2324042089
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Mar-24 09:48 am
Report Date : 28-Mar-24 12:19 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/Serum	" O "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	
		*** End Of Report ***	

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

Test results related only to the item tested.

No part of the report can be reproduced without written permission of the laboratory.

Dr. VAIDEHEE NAIK, MBBS,MD
CONSULTANT PATHOLOGIST

PATIENT NAME:	MAHESH AWACHAT	AGE /SEX:	38YRS/M
REFERRED BY:	DR. VIMMI GOEL	REPORT DATE:	28/03/2024
REG NO:	UMR2324042089	BILL NO.	BIL2324088599-9

X- RAY CHEST (AP VIEW):

Visualized lung fields are clear.

No effusion seen.

Suggest clinical correlation



DR. POONAM CHIDDARWAR
MBBS, MD
CONSULTANT RADIOLOGIST.

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	WARRIOR SON OF DEVI	STUDY DATE	22-10-2024 11:24:05
AGE, SEX	28Y 10 M	HOSPITAL NO.	UMR202406009
ACCESSION NO.	8812024000099-2	MODALITY	US
REFERRING DO	22-10-2024 11:24	REFERRED BY	Dr. Himani Gadh

USS UTERINE ABSCESSES

UTERUS is normal in size and architecture.

No evidence of any focal lesion seen. Intracavitary polypoid nodules are not delineated. Myometrium and Endometrium are normal in course and caliber.

SALPINGO-OVARIAN complex is partially demonstrated. No evidence of calculus or abscess seen. Ovarian thickness is within normal limits.

Parametrial cyst and ovary of BILATERAL is normal in shape, size and architecture.

OVARY is normal in shape, size and architecture. No focal lesion seen.

Both ENDOMETRIUM are normal in shape, size and architecture.

No evidence of calculus or intracavitary lesion seen. Myometrium are not dilated.


PRIMARY BILATERAL is partially demonstrated. No calculus or mass lesion seen.

Myometrium is normal in size, shape and architecture.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

No significant abnormality seen.



Dr. Himani Gadh
MRBBS, MCh

Note: The quality of the ultrasound images and the use of the Doppler technique for uterine and ovarian vascularity are subject to limitations due to technical limitations. Hence correlation with clinical findings and other investigations is advised to confirm the above findings.

Dr. Himani Gadh
KIMS-Kingsway Hospitals
KIMS-Kingsway Hospitals
KIMS-Kingsway Hospitals
KIMS-Kingsway Hospitals

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mr. Mahesh Awachat
Age : 38 years / Male
UMR : UMR2324042089
Date : 28/03/2024
Done by : Dr. Vimmi Goel
ECG : NSR, Minor ST-T changes
Blood pressure: 116/72 mm Hg (Right arm, Supine position)
BSA : 1.71 m²

Impression: Normal 2D Echocardiography Study

Normal chambers dimensions
No RWMA of LV at rest
Good LV systolic function, LVEF 70%
Normal LV diastolic function
E/A is 2.9
E/E' is 8.0 (Normal filling pressure)
Valves are normal
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 70%. Normal LV diastolic function. E Velocity is 110 cm/s, A Velocity is 52 cm/s. E/A is 2.9. Valves are normal. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen. E' at medial mitral annulus is 5.8 cm/sec & at lateral mitral annulus is 14.9 cm/sec. E/E' is 8.0 (Average).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	33
Aortic root	20-37	7-28	30
LVIDd	35-55	8-47	42
LVIDs	23-39	6-28	22
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	09
LVEF %	~ 60%	~60%	70%
Fractional Shortening			40%


Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology
Fellow Indian Academy of Echocardiography (FIAE)

P.T.O

PHC DEPT.

Rate 67 Sinus rhythm.....normal P axis, V-rate 50-99
ST elev, probable normal early repol pattern.....ST elevation, age<55
Baseline wander in lead(s) V5

PR 147
QRSD 85
QT 345
QTc 364

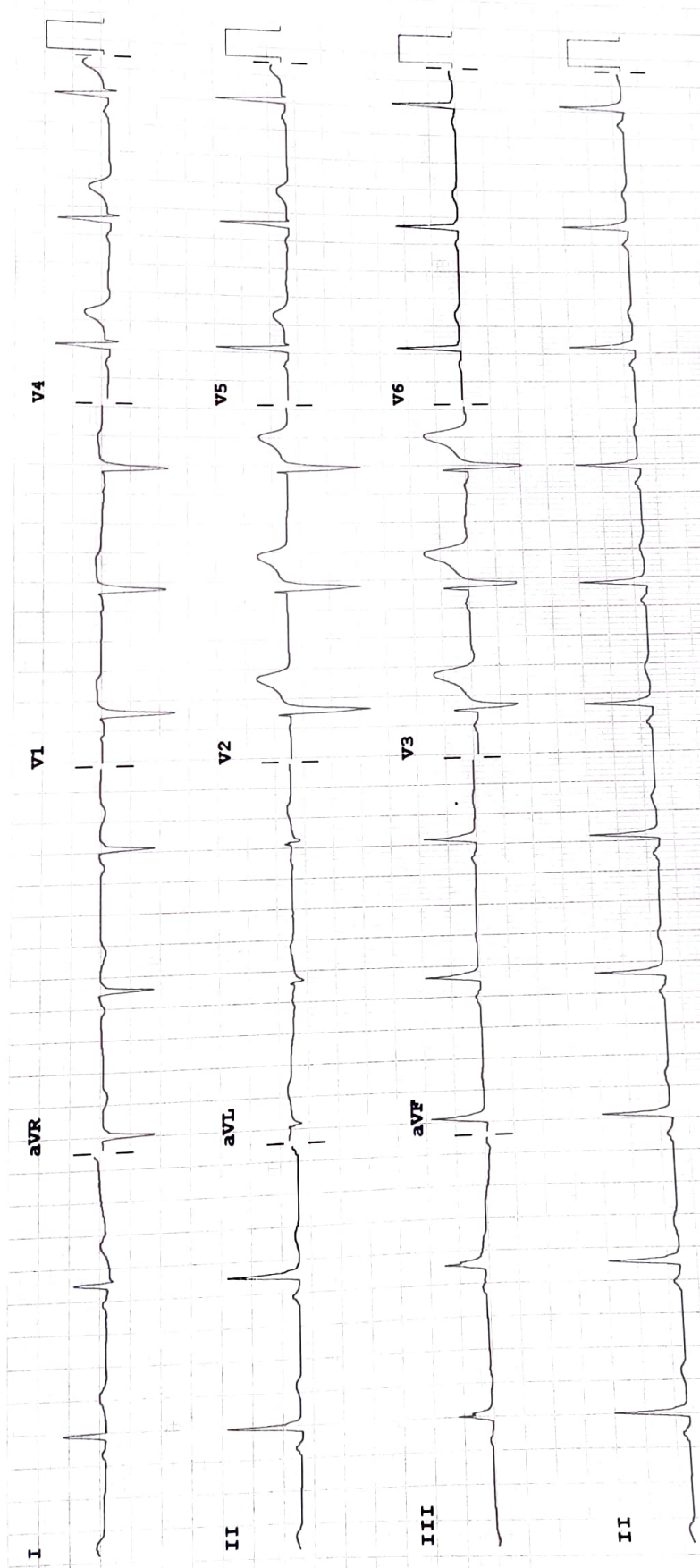
--AXIS--

P 47
QRS 65
T 19

12 Lead; Standard Placement

-- NORMAL ECG --

Unconfirmed Diagnosis



F 50~ 0.50-150 Hz W 100B CL P?

Speed: 25 mm/sec
Limb: 10 mm/mV
Chest: 10.0 mm/mV

Device: