

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011-41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	
EC NO.	MS. KUMARI NIKKY
DESIGNATION	177631
	BRANCH OPERATIONS
PLACE OF WORK	NEW DELHI, PARLIAMENT STREET
BIRTHDATE	05-02-1990
PROPOSED DATE OF HEALTH CHECKUP	29-03-2024
BOOKING REFERENCE NO.	23M177631100100140E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from 14-03-2024 till 31-03-2024 The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a cashless facility as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



Mediwheel <wellness@mediwheel.in>

Thu 3/14/2024 11:56 AM

To:PHC [MH-Ghaziabad]' < phc.ghaziabad@manipalhospitals.com > Cc:customercare@mediwheel.in <customercare@mediwheel.in>



011-41195959

Dear Manipal Hospital

We have received a booking request with the following details. Provide your confirmation by clicking on the Yes button.

You confirm this booking?

Name

: MS. KUMARI NIKKY

Contact Details

: 8010821098

Hospital Package

Name

: Mediwheel Full Body Health Checkup Female Below 40

NH-24, Hapur Road, Oppo. Bahmeta Village, Near Lancraft Golf

Links Aparment Location

Appointment Date

: 29-03-2024

, the	
Member	Information
2 L (BArrahar Namo	Age Gender
Booked Member Name	34 year Female
MS. KUMARI NIKKY	

Tests included in this Package -

- Pap Smear
- Stool Test
- Gynae Consultation
- Thyroid Profile
- ESR
- Blood Glucose (Fasting)
- General Physician Consultation
- TMT OR 2D ECHO
- Blood Group
- Blood Glucose (Post Prandial)
- Chest X-ray
- ECG
- USG Whole Abdomen
- Eye Check-up consultation
- Urine Sugar Fasting
- Urine Sugar PP
- Dental Consultation
- Urine analysis
- CBC
- HbA1c
- Lipid Profile
- Kidney Profile
- Liver profile

Thanks. Mediwheel Team Please Download Mediwheel App





You have received this mail because your e-mail ID is registered with Arcofemi Healthcare I imited This is a system-generated e-mail please don't reply to this







भारत सरकार

Unique Identification Authority of India Government of India

नामांकन क्रम / Enrollment No 1007/12248/07292

To, 育爾 秀和可 Nikky Kumari D/O Vigyana Nand Jha A-517 GALI N0 11, PUSTA 1, PART 2 SONIA VIHAR Sabhapur North East Delhi 110094 9312376825

Ref: 99 / 17D / 109176 / 109382 / P



UE316036479IN



आपका आधार क्रमांक / Your Aadhaar No.:

2019 0629 1492

आधार — आम आदमी का अधिकार



STAT CONTRACTOR



निक्की कुमारी Nikky Kumari जन्म वर्ष / Year of Birth : 1990 महिला / Female



2019 0629 1492

आधार — आम आदमी का अधिकार

8010821098





NIABAC	MRS Nikky KUMARI	STUDY DATE	29/03/2024 12:22PM	
NAME AGE / SEX			MH010871683	
ACCESSION NO.	R7143415	MODALITY	US	
REPORTED ON	29/03/2024 12:40PM	REFERRED BY	HEALTH CHECK MGD	

USG ABDOMEN & PELVIS

FINDINGS

LIVER: Liver is normal in size (measures 144 mm), shape and echotexture. Rest normal. SPLEEN: Spleen is normal in size (measures 90 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 9.8 mm.

COMMON BILE DUCT: Appears normal in size and measures 2.9 mm.

IVC, HEPATIC VEINS: Normal. BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is

maintained. Rest normal.

Right Kidney: measures 95 x 41 mm. Left Kidney: measures 94 x 51 mm. PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged. FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest

UTERUS: Uterus is anteverted, normal in size (measures 71 x 38 x 34 mm), shape and echotexture.

Endometrial thickness measures 4.8 mm. Cervix appears normal.

OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.

Right ovary measures 31 x 26 x 13 mm with volume 5.4 cc. Left ovary measures 28 x 26 x 10 mm with volume 3.8 cc.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-No significant abnormality noted.

Recommend clinical correlation.

Dr. Monica Shekhawat MBBS, DNB

CONSULTANT RADIOLOGIST

Marica.

*****End Of Report*****





NIABAE	MRS Nikky KUMARI	STUDY DATE	29/03/2024 10:48AM	
20 15		HOSPITAL NO.	MH010871683	
AGE / SEX	R7143414	MODALITY	CR /	
ACCESSION NO.	29/03/2024 12:40PM	REFERRED BY	HEALTH CHECK MGD	

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal. TRACHEA: Normal. CARINA: Normal.

RIGHT AND LEFT MAIN BRONCHI: Normal.

PLEURA: Normal. HEART: Normal.

RIGHT HEART BORDER: Normal. LEFT HEART BORDER: Normal. PULMONARY BAY: Normal. PULMONARY HILA: Normal.

AORTA: Normal.

THORACIC SPINE: Normal.

OTHER VISUALIZED BONES: Normal. VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

VISUALIZED ABDOMEN: Normal.

VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted. Recommend clinical correlation.

Maria.

Dr. Monica Shekhawat MBBS, DNB

CONSULTANT RADIOLOGIST

*****End Of Report*****





Name

MRS NIKKY KUMARI

Age

Lab No

34 Yr(s) Sex :Female

Registration No

MH010871683

202403004262

Collection Date:

29 Mar 2024 10:32

Patient Episode

H18000002012

Reporting Date:

29 Mar 2024 16:22

Referred By **Receiving Date** HEALTH CHECK MGD

29 Mar 2024 10:32

BIOCHEMISTRY

TEST

RESULT

UNIT

ng/ml

ug/ dl

uIU/mL

BIOLOGICAL REFERENCE INTERVAL

THYROID PROFILE, Serum

T3 - Triiodothyronine (ELFA) T4 - Thyroxine (ELFA)

Thyroid Stimulating Hormone

Specimen Type : Serum

[0.610 - 1.630][4.680-9.360]

[0.250-5.000]

NOTE:

TSH stimulates the thyroid gland to produce the main thyroid hormones T3 and T4. In cases of hyperthyroidism TSH level is severely inhibited and may even be undetectable. In rare forms of high-origin hyperthyroidism, the TSH level is not reduced, since the negative-feedback control of the thyroid hormones has no effect.

1.110

7.830

3.160

In cases of primary hypothyroidism, TSH levels are always much higher than normal and thyroid hormone levels are low.

The TSH assay aids in diagnosing thyroid or hypophysial disorders.

The T4 assay aids in assessing thyroid function, which is characterized by a decrease in thyroxine levels in patients with hypothyroidism and an increase in patients with

The test has been carried out in Fully Automated Immunoassay System VIDAS using hyperthyroidism. ELFA (Enzyme Linked Fluorescence Assay) technology.

Page 1 of 2





Name

MRS NIKKY KUMARI

34 Yr(s) Sex :Female

Registration No

: MH010871683

Lab No

Age

202403004262

Patient Episode

H18000002012

Collection Date:

29 Mar 2024 10:32

Referred By

HEALTH CHECK MGD

Reporting Date:

29 Mar 2024 16:35

Receiving Date

: 29 Mar 2024 10:32

BLOOD BANK

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing

B Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

Page 2 of 2

NOTE:

- Abnormal Values

----END OF REPORT-

Dr. Alka Dixit Vats Consultant Pathologist





Name

: MRS NIKKY KUMARI

Age

34 Yr(s) Sex :Female

Registration No

: MH010871683

Lab No

202403004262

Patient Episode

: H18000002012

Collection Date:

29 Mar 2024 10:32

Referred By

: HEALTH CHECK MGD

Reporting Date:

29 Mar 2024 14:29

Receiving Date

: 29 Mar 2024 10:32

HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL	REFERENCE INTE	RVAL
COMPLETE BLOOD COUNT (AUTOMATED)	SPECIMEN-E	DTA Whole Bl	ood	
RBC COUNT (IMPEDENCE) HEMOGLOBIN	4.41 10.4 #	millions/c	umm	[3.80-4.80] [12.0-15.0]	
Method:cyanide free SLS-colorim	etry				
HEMATOCRIT (CALCULATED) MCV (DERIVED) MCH (CALCULATED) MCHC (CALCULATED) RDW CV% (DERIVED) Platelet count Method: Electrical Impedance	35.4 # 80.3 # 23.6 # 29.4 # 15.9 #	% fL pg g/dl % x 103 cell	Ls/cumm	[36.0-46.0] [83.0-101.0] [25.0-32.0] [31.5-34.5] [11.6-14.0] [150-410]	
MPV (DERIVED)	12.70	fL			
WBC COUNT (TC) (IMPEDENCE) DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)	5.52	x 10 ³ cell	Ls/cumm	[4.00-10.00]	
Neutrophils Lymphocytes Monocytes Eosinophils Basophils	70.0 24.0 4.0 1.0	0 0 0 0 0 0		[40.0-80.0] [20.0-40.0] [2.0-10.0] [1.0-6.0] [0.0-2.0]	
ESR	48.0 #	mm/1sthour			-0.0]

Page 1 of 8





Name

: MRS NIKKY KUMARI

Age

34 Yr(s) Sex :Female

Registration No

: MH010871683

Lab No

202403004262

Patient Episode

: H18000002012

Collection Date:

29 Mar 2024 10:32

Referred By

: HEALTH CHECK MGD

Reporting Date:

29 Mar 2024 16:29

Receiving Date

: 29 Mar 2024 10:32

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Glycosylated Hemoglobin

Specimen: EDTA

HbA1c (Glycosylated Hemoglobin)

5.2

[0.0-5.6]

Method: HPLC

As per American Diabetes Association (ADA

HbAlc in %

Non diabetic adults >= 18 years <5.7

Prediabetes (At Risk) 5.7-6.4 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG)

103

mg/dl

Comments: HbAlc provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour

PALE YELLOW SLIGHTLY TURBID (Pale Yellow - Yellow)

Appearance

5.0

(4.6 - 8.0)

Reaction[pH] Specific Gravity

1.015

(1.003 - 1.035)

CHEMICAL EXAMINATION

Protein/Albumin

(NEGATIVE)

Glucose

NIL

(NIL)

Ketone Bodies

Negative

(NEGATIVE)

Urobilinogen

Normal

(NORMAL)

Page 2 of 8





Name

: MRS NIKKY KUMARI

Age

34 Yr(s) Sex :Female

Registration No

: MH010871683

Lab No

202403004262

Patient Episode

: H18000002012

Collection Date:

29 Mar 2024 12:38

Referred By

: HEALTH CHECK MGD

Reporting Date:

29 Mar 2024 16:50

Receiving Date

: 29 Mar 2024 12:38

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION	ON (Automated/Ma	nual)		
Pus Cells	2-3/hpf		(0-5/hpf)	
RBC	20-25		(0-2/hpf)	
Epithelial Cells	0-1	/hpf	TO STATE OF THE ST	
CASTS	NIL	0.000 mm (0.000 mm)		
Crystals	NIL			
Bacteria	NIL			
OTHERS	NIL			
Serum LIPID PROFILE				W.
Serum TOTAL CHOLESTER		162	mg/dl	[<200]
Method:Oxidase,esteras	se, peroxide		8	Moderate risk:200-239
EDICI VOEDIDE (CDC/DOC				High risk:>240
TRIGLYCERIDES (GPO/POI))	87	mg/dl	[<150]
				Borderline high:151-199
				High: 200 - 499
		Same?	V 572	Very high:>500
HDL- CHOLESTEROL	142 M2 M200 M2 D1 M2	52	mg/dl	[35-65]
Method : Enzymatic Imm				
VLDL- CHOLESTEROL (Cal		17	mg/dl	[0-35]
CHOLESTEROL, LDL, CALC	CULATED	93.0	mg/dl	[<120.0]
				Near/
Above optimal-100-129				
				Borderline High:130-159
				High Risk:160-189
T.Chol/HDL.Chol ratio	(Calculated)	3.1		<4.0 Optimal
				4.0-5.0 Borderline
				>6 High Risk
I DI CHOI /HDI CHCI D	10 1 1 1			
LDL.CHOL/HDL.CHOL Rati	o(Calculated)	1.8		<3 Optimal

Page 3 of 8

3-4 Borderline >6 High Risk





Name

: MRS NIKKY KUMARI

Age

34 Yr(s) Sex :Female

Registration No

: MH010871683

Lab No

202403004262

Patient Episode

: H18000002012

Collection Date:

29 Mar 2024 10:32

Referred By

: HEALTH CHECK MGD

Reporting Date:

29 Mar 2024 13:59

Receiving Date

: 29 Mar 2024 10:32

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Note:

Reference ranges based on ATP III Classifications.

Lipid profile is a panel of blood tests that serves as initial broad medical screening tool for abnormalities in lipids, the results of this tests can identify certain genetic diseases and determine approximate risks for cardiovascular disease, certain forms of pancreatitis and other diseases

KIDNEY PROFILE

Icterus / Lipemia.

Specimen: Serum UREA	16.1	mg/dl	[15.0-40.0]
Method: GLDH, Kinatic assay BUN, BLOOD UREA NITROGEN	7.5 #	mg/dl	[8.0-20.0]
Method: Calculated CREATININE, SERUM	0.70	mg/dl	[0.70-1.20]
Method: Jaffe rate-IDMS Standardization URIC ACID Method:uricase PAP	3.3 #	mg/dl	[4.0-8.5]
Method:uricase PAP			
SODIUM, SERUM	137.60	mmol/L	[136.00-144.00]
POTASSIUM, SERUM SERUM CHLORIDE Method: ISE Indirect	4.31	mmol/L mmol/L	[3.60-5.10] [101.0-111.0]
eGFR (calculated) Technical Note	113.4	ml/min/1.73sq.m	[>60.0]
eGFR which is primarily based on Serum	Creatinine is	a derivation of	CKD-EPI 2009

equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g.

patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis

Page 4 of 8





Name

: MRS NIKKY KUMARI

: MH010871683

Registration No Patient Episode

: H18000002012

Referred By

: HEALTH CHECK MGD

Receiving Date

: 29 Mar 2024 10:32

Age

34 Yr(s) Sex :Female

Lab No

202403004262

Collection Date:

29 Mar 2024 10:32

Reporting Date:

29 Mar 2024 13:59

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLO	GICAL REFERENCE INT	ERVAL
LIVER FUNCTION TEST					
BILIRUBIN - TOTAL Method: D P D	0.66	n	mg/dl	[0.30-1.20]	
BILIRUBIN - DIRECT Method: DPD	0.12		mg/dl	[0.00-0.30]	
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.54		mg/dl	[0.10-0.90]	
TOTAL PROTEINS (SERUM) Method: BIURET	7.90	2	gm/dl	[6.60-8.70]	
ALBUMIN (SERUM) Method: BCG	4.96		g/dl	[3.50-5.20]	
GLOBULINS (SERUM) Method: Calculation	2.90		gm/dl	[1.80-3.40]	
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.69			[1.00-2.50]	
AST(SGOT) (SERUM) Method: IFCC W/O P5P	31.00		U/L	[0.00-40.00]	
ALT(SGPT) (SERUM) Method: IFCC W/O P5P	24.40		U/L	[14.00-54.00]	
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	66.0		IU/L	[32.0-91.0]	
GGT	15.0		U/L	[7.0-50.0]	

Page 5 of 8





Name

: MRS NIKKY KUMARI

: MH010871683

Registration No Patient Episode

: H18000002012

Referred By

: HEALTH CHECK MGD

Receiving Date

: 29 Mar 2024 10:32

Age

34 Yr(s) Sex :Female

Lab No

202403004262

Collection Date:

29 Mar 2024 10:32

Reporting Date:

29 Mar 2024 13:59

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Liver function test aids in diagnosis of various pre hepatic, hepatic and post hepatic causes of dysfunction like hemolytic anemia's, viral and alcoholic hepatitis and cholestasis of obstructive causes.

The test encompasses hepatic excretory, synthetic function and also hepatic parenchymal cell damage. LFT helps in evaluating severity, monitoring therapy and assessing prognosis of liver disease and dysfunction.

Page 6 of 8

----END OF REPORT----

Dr. Charu Agarwal Consultant Pathologist





Name

: MRS NIKKY KUMARI

Age

34 Yr(s) Sex :Female

Registration No

: MH010871683

Lab No

202403004263

Patient Episode

: H18000002012

Collection Date : 29 Mar 2024 10:32

Referred By

: HEALTH CHECK MGD

Reporting Date: 29 Mar 2024 13:59

Receiving Date

: 29 Mar 2024 10:32

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

GLUCOSE-Fasting

Specimen: Plasma

GLUCOSE, FASTING (F)

87.0

'ma/dl

[70.0-110.0]

Method: Hexokinase

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and so that no glucose is excreted in the urine.

Increased in Diabetes mellitus, Cushing's syndrome (10-15%), chronic pancreatitis (30%). Drugs corticosteroids, phenytoin, estrogen, thiazides

Decreased in Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortica insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical, stomach, fibro sarcoma), infant of a diabetic mother enzyme deficiency diseases (e.g.galactosemia),

insulin, ethanol, propranolol, sulfonylureas, tobutamide, and other oral hypoglycemic agents.

Page 7 of 8

-----END OF REPORT--

Dr. Charu Agarwal **Consultant Pathologist**





LABORATORY REPORT

Name

: MRS NIKKY KUMARI

Age

34 Yr(s) Sex :Female

Registration No

: MH010871683

Lab No

202403004264

Patient Episode

: H18000002012

Collection Date:

29 Mar 2024 15:42

Referred By

: HEALTH CHECK MGD

Reporting Date:

29 Mar 2024 16:40

Receiving Date

: 29 Mar 2024 15:42

BIOCHEMISTRY

TEST

RESULT

BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE

Specimen: Plasma

GLUCOSE, POST PRANDIAL (PP), 2 HOURS

102.0

mg/dl

[80.0-140.0]

Method: Hexokinase

Note:

Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying,

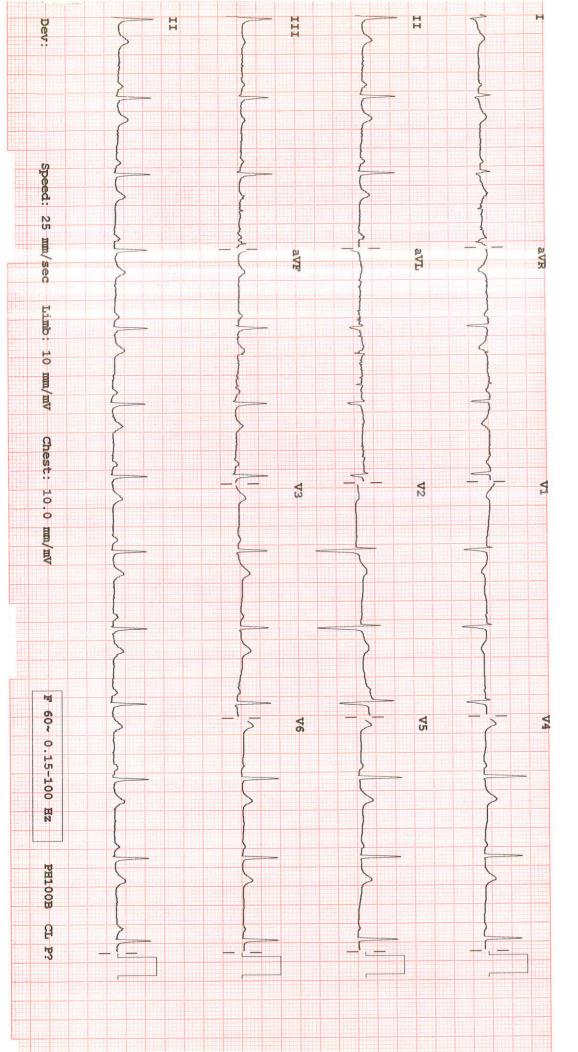
brisk glucose absorption , post exercise

Page 8 of 8

----END OF REPORT---

Dr. Alka Dixit Vats **Consultant Pathologist**

Unconfirmed Diagnosis



manipalhospitals





Patient Name MRS NIKKY

Location

: Ghaziabad

Age/Sex

: 34Year(s)/Female

Visit No

: V000000001-GHZB

MRN No

MH010871683

Order Date

: 29/03/2024

Ref. Doctor : DR BHUPENDRA SINGH

Report Date

: 29/03/2024

Protocol

: Bruce

MPHR

: 186BPM

Duration of exercise Reason for termination : THR achieved

: 5min 46sec

85% of MPHR

: 158BPM

Blood Pressure (mmHg) : Baseline BP : 120/80mmHg

Peak HR Achieved : 163BPM % Target HR

: 87%

Peak BP

: 130/90mmHg

METS

: 7.0METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	89	120/80	Nil	No ST changes seen	Nil
STAGE 1	3:00	125	120/80	Nil	No ST changes seen	Nil
STAGE 2	2:46	160	130/90	Nil	No ST changes seen	Nil
RECOVERY	4:14	89	126/88	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes at peak stage.
- No ST changes in recovery.
- Normal chronotropic response.
- Normal blood pressure response.

IMPRESSION:

Treadmill test is negative for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

Sr. Consultant Cardiology

Dr. Abhishek Singh

MD, DM (CARDIOLOGY), FACC MD, DNB (CARDIOLOGY), MNAMS MD

Sr.Consultant Cardiology

Dr. Sudhanshu Mishra

Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Ghaziabad, Uttar Pradesh - 201 002

P: 0120-3535353

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017

P +91 80 4936 0300 E info@manihospitals.com www.manipalhospitals.com