



**PATIENT NAME : SEBIN JOSE**

**REF. DOCTOR : DR. MEDIWHEEL**

**CODE/NAME & ADDRESS :** CA00010147 -  
MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED  
F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,  
DELHI,  
SOUTH DELHI 110030  
8800465156

**ACCESSION NO :** **4036XC003892**  
**PATIENT ID :** SEBIM2212904158  
**CLIENT PATIENT ID:**  
**ABHA NO :**

**AGE/SEX :** 33 Years Male  
**DRAWN :**  
**RECEIVED :** 23/03/2024 08:47:10  
**REPORTED :** 25/03/2024 12:24:25

Test Report Status	Final	Results	Biological Reference Interval	Units
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**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**OPHTHAL**

OPHTHAL COMPLETED

**TREADMILL TEST**

TREADMILL TEST COMPLETED

**PHYSICAL EXAMINATION**

PHYSICAL EXAMINATION COMPLETED

**PRASEEDA S NAIR**  
**BIOCHEMIST**



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DDRC AGILUS PATHLABS LIMITED

GANDHI NAGAR, KTM  
KERALA, INDIA  
Tel : 93334 93334  
Email : customercare.ddrc@agilus.in



**Patient Ref. No. 66600008306978**


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**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**
**ECG WITH REPORT**
**REPORT**

COMPLETED

**USG ABDOMEN AND PELVIS**
**REPORT**

COMPLETED

**CHEST X-RAY WITH REPORT**
**REPORT**

COMPLETED

**HAEMATOLOGY**
**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**
**GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

HBA1C	5.9	Normal	: 4.0 -	%
			5.6%.	
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	

**Glycemic control goal**

More stringent goal : &lt; 6.5 %.

General goal : &lt; 7%.

Less stringent goal : &lt; 8%.

**Glycemic targets in CKD :-**

If eGFR &gt; 60 : &lt; 7%.

If eGFR &lt; 60 : 7 - 8.5%.

METHOD : HPLC

**PRASEEDA S NAIR**  
**BIOCHEMIST**
**Prof. Dr. A. VIJAYALAKSHMI**  
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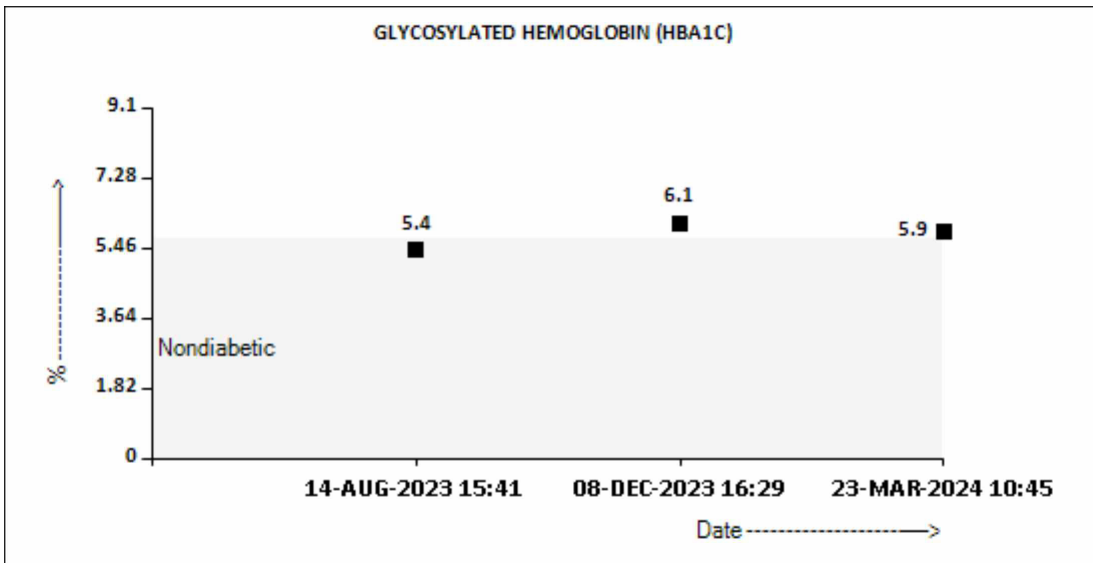
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**BLOOD COUNTS,EDTA WHOLE BLOOD**

HEMOGLOBIN	15.4	13.0 - 17.0	g/dL
METHOD : AUTOMATED CELL COUNTER NON-CYANIDE			
RED BLOOD CELL COUNT	4.54	4.5 - 5.5	mil/ $\mu$ L
METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE			
WHITE BLOOD CELL COUNT	8.10	4.0 - 10.0	thou/ $\mu$ L
METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE			
PLATELET COUNT	248	150 - 410	thou/ $\mu$ L
METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE			

**RBC AND PLATELET INDICES**

HEMATOCRIT	45.3	40 - 50	%
METHOD : RBC PULSE HEIGHT DETECTION			
MEAN CORPUSCULAR VOL	100.0	83 - 101	fL
METHOD : AUTOMATED CELL COUNTER / CALCULATED			
MEAN CORPUSCULAR HGB.	<b>33.9 High</b>	27.0 - 32.0	pg
METHOD : AUTOMATED CELL COUNTER / CALCULATED			

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MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION 34.0 31.5 - 34.5 g/dL

METHOD : AUTOMATED CELL COUNTER / CALCULATED

RED CELL DISTRIBUTION WIDTH 12.0 11.6 - 14.0 %

METHOD : CALCULATED PARAMETER

MENTZER INDEX 22.0

METHOD : CALCULATED PARAMETER

**WBC DIFFERENTIAL COUNT**

SEGMENTED NEUTROPHILS 52 40 - 80 %

METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE

LYMPHOCYTES **45 High** 20 - 40 %

METHOD : AUTOMATED CELL COUNTER

MONOCYTES **00 Low** 2 - 10 %

EOSINOPHILS 03 1 - 6 %

METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE

BASOPHILS 00 0 - 2 %

METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE

ABSOLUTE NEUTROPHIL COUNT 4.21 2.0 - 7.0 thou/ $\mu$ L

METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE

ABSOLUTE LYMPHOCYTE COUNT **3.64 High** 1.0 - 3.0 thou/ $\mu$ L

METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE

ABSOLUTE MONOCYTE COUNT **00 Low** 0.2 - 1.0 thou/ $\mu$ L

METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE

ABSOLUTE EOSINOPHIL COUNT 0.24 0.02 - 0.50 thou/ $\mu$ L

METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE

ABSOLUTE BASOPHIL COUNT **00 Low** 0.02 - 0.10 thou/ $\mu$ L

NEUTROPHIL LYMPHOCYTE RATIO (NLR) 1.2

METHOD : AUTOMATED CELL COUNTER / ELECTRICAL IMPEDENCE

**ERYTHROCYTE SEDIMENTATION RATE (ESR),EDTA BLOOD**

SEDIMENTATION RATE (ESR) **18 High** 0 - 14 mm at 1 hr

METHOD : WESTERGREN METHOD

**SUGAR URINE - FASTING**

SUGAR URINE - FASTING NOT DETECTED NOT DETECTED

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Results

Units

### IMMUNOHAEMATOLOGY

#### MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

#### ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP

TYPE B

METHOD : COLUMN AGGLUTINATION TECHNOLOGY

RH TYPE

POSITIVE

METHOD : COLUMN AGGLUTINATION TECHNOLOGY

&lt;b&gt;Interpretation(s)&lt;/b&gt;

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

### BIO CHEMISTRY

#### MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT

#### BUN/CREAT RATIO

BUN/CREAT RATIO

12.5

5 - 15

#### CREATININE, SERUM

CREATININE

0.96

18 - 60 yrs : 0.9 - 1.3

mg/dL

METHOD : KINETIC COLORIMETRIC

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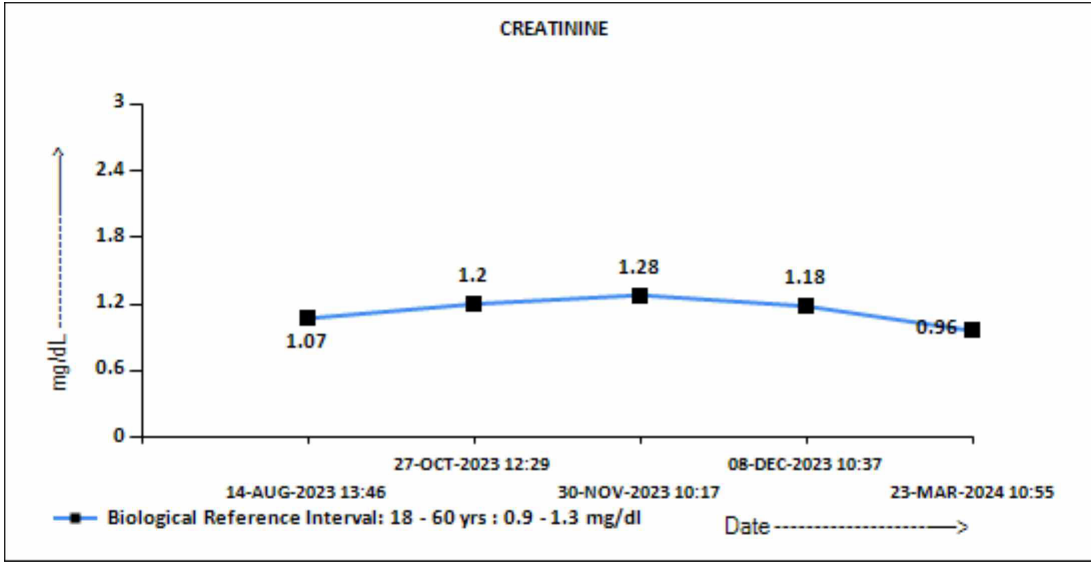
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**GLUCOSE, POST-PRANDIAL, PLASMA**

GLUCOSE, POST-PRANDIAL, PLASMA 136

Diabetes Mellitus : > or = 200. mg/dL  
Impaired Glucose tolerance/  
Prediabetes : 140 - 199.  
Hypoglycemia : < 55.

METHOD : HEXOKINASE

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MC-6221

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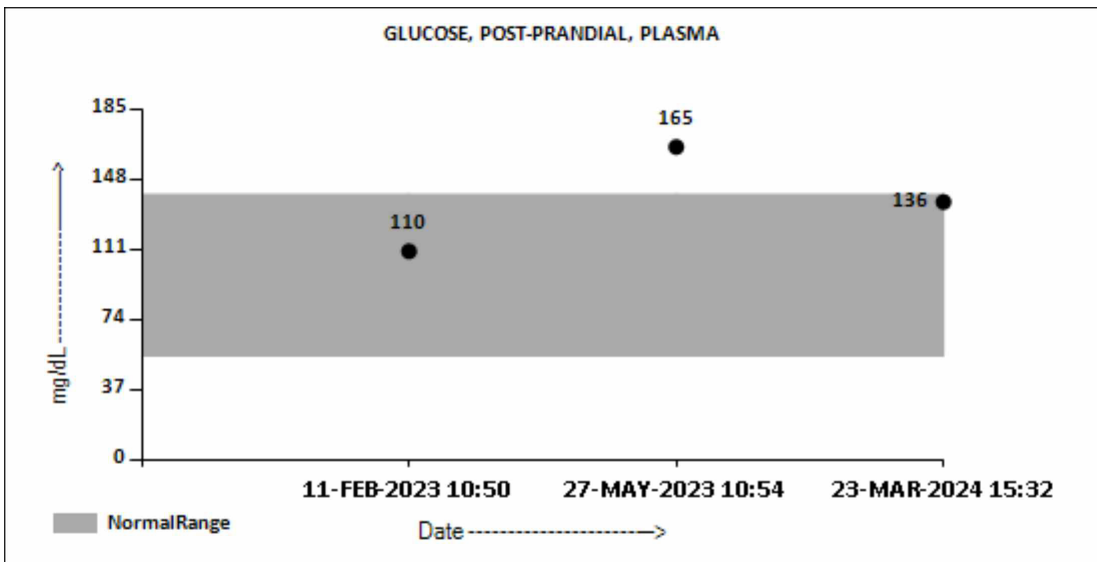
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**GLUCOSE FASTING,FLUORIDE PLASMA**

FBS (FASTING BLOOD SUGAR) 124

Diabetes Mellitus : > or = 126. mg/dL  
Impaired fasting Glucose/  
Prediabetes : 101 - 125.  
Hypoglycemia : < 55.

METHOD : HEXOKINASE

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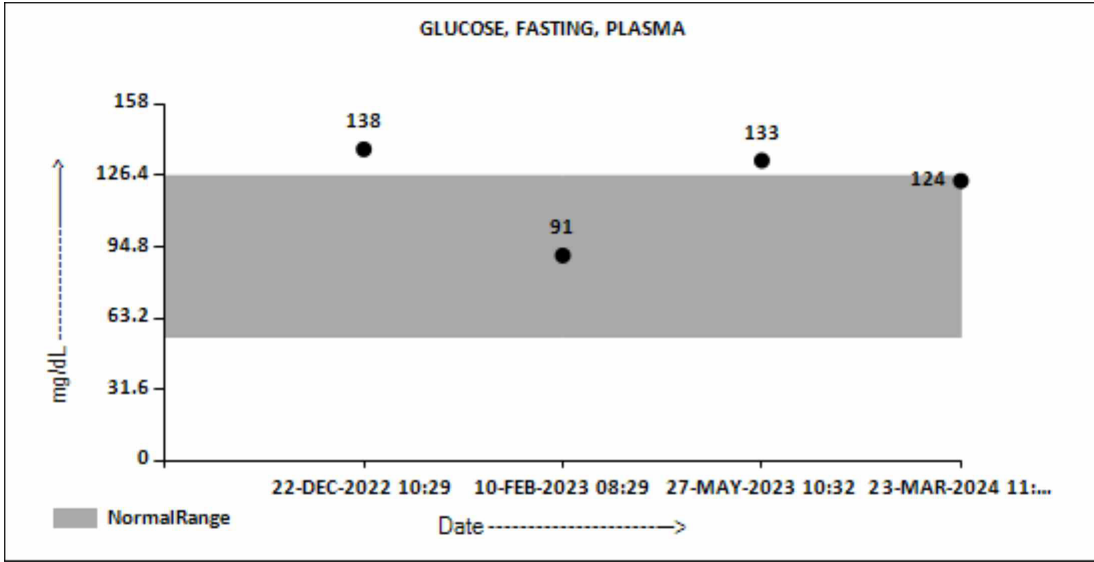
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**LIVER FUNCTION TEST WITH GGT**

BILIRUBIN, TOTAL METHOD : DIAZO METHOD	1.05	General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT METHOD : DIAZO METHOD	0.30	General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.75	0.00 - 1.00	mg/dL
TOTAL PROTEIN	7.0	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
ALBUMIN	4.9	20-60yrs : 3.5 - 5.2	g/dL
GLOBULIN	2.1	2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO	<b>2.3 High</b>	1.0 - 2.0	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	58	Adults : < 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	128	Adults : < 45	U/L
ALKALINE PHOSPHATASE	93	Adult(<60yrs) : 40 - 130	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	69	Adult (male) : < 60	U/L

**TOTAL PROTEIN, SERUM**

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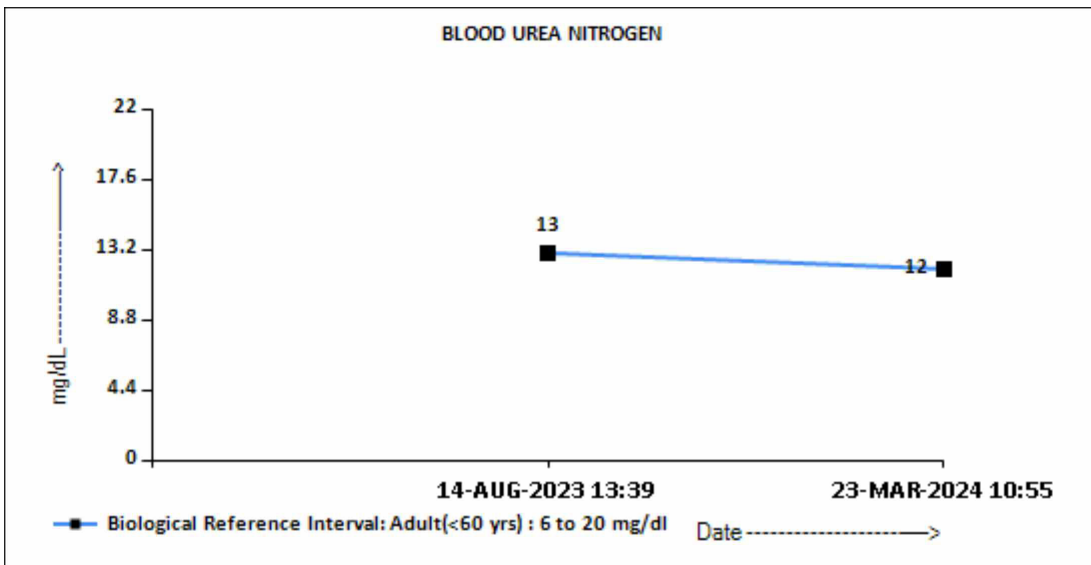
**TOTAL PROTEIN** 7.0 Ambulatory : 6.4 - 8.3 g/dL  
Recumbant : 6 - 7.8  
METHOD : COLORIMETRIC

**URIC ACID, SERUM**

**URIC ACID** 5.5 Adults : 3.4-7 mg/dL  
METHOD : URICASE

**BLOOD UREA NITROGEN (BUN), SERUM**

**BLOOD UREA NITROGEN** 12 Adult(<60 yrs) : 6 to 20 mg/dL



**BIOCHEMISTRY - LIPID**

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**LIPID PROFILE, SERUM**

**CHOLESTEROL** 237 Desirable : < 200 mg/dL  
Borderline : 200-239

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METHOD : CHOD-POD <b>TRIGLYCERIDES</b>	122	High : >or= 240 Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
METHOD : GPO - PAP <b>HDL CHOLESTEROL</b>	<b>38 Low</b>	General range : 40-60	mg/dL
METHOD : HOMOGENOUS DIRECT ENZYMATIC COLORIMETRIC <b>LDL CHOLESTEROL, DIRECT</b>	<b>180 High</b>	Optimum : < 100 Above Optimum : 100-129 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
METHOD : HOMOGENOUS DIRECT ENZYMATIC COLORIMETRIC <b>NON HDL CHOLESTEROL</b>	<b>199 High</b>	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
METHOD : CALCULATED PARAMETER <b>VERY LOW DENSITY LIPOPROTEIN</b>	24.4	< or = 30.0	mg/dL
METHOD : CALCULATED PARAMETER <b>CHOL/HDL RATIO</b>	<b>6.2 High</b>	3.30 - 4.40	
METHOD : CALCULATED PARAMETER <b>LDL/HDL RATIO</b>	<b>4.7 High</b>	0.5 - 3.0	

**SPECIALISED CHEMISTRY - HORMONE**

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**THYROID PANEL, SERUM**

<b>T3</b> METHOD : CLIA	88.64	20-50 yrs : 60-181	ng/dL
<b>T4</b> METHOD : CLIA	6.40	>20 yrs : 3.2-12.6	µg/dl

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TSH 3RD GENERATION METHOD : CLIA	2.650	18-49 yrs : 0.4-4.2	µIU/mL
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**CLINICAL PATH - URINALYSIS**

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**PHYSICAL EXAMINATION, URINE**

COLOR METHOD : MACROSCOPY	PALE YELLOW
APPEARANCE METHOD : MACROSCOPY	CLEAR

**CHEMICAL EXAMINATION, URINE**

PH METHOD : PH INDICATOR	5.0	4.7 - 7.5
SPECIFIC GRAVITY	1.015	1.003 - 1.035
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL

**MICROSCOPIC EXAMINATION, URINE**

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	<b>5-7</b>	0-5	/HPF
EPITHELIAL CELLS	NOT DETECTED	NOT DETECTED	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		

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BACTERIA	NOT DETECTED	NOT DETECTED	
YEAST	NOT DETECTED	NOT DETECTED	
METHOD : LIGHT MICROSCOPY			

**\*\*End Of Report\*\***

Please visit <https://ddrcagilus.com> for related Test Information for this accession

**Prof.Dr.A.VIJAYALAKSHMI**  
**MBBS ,MD (path)**  
**Formerly Professor of Pathology**  
**MCH**  
**Reg.No-2306**

**PERFORMED AT :**  
DDRC AGILUS PATHLABS LIMITED

GANDHI NAGAR, KTM  
KERALA, INDIA  
Tel : 93334 93334  
Email : customercare.ddrc@agilus.in



View Details



View Report



**Patient Ref. No. 66600008306978**

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. <i>Sebin Jose</i>
2. Mark of Identification	:	(Mole/Scar/any other (specify location)): <i>Bleak mole on the Neck</i>
3. Age/Date of Birth	:	<i>33, 25/11/1990</i> Gender: F/M
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/ <u>Driving Licence</u> /Company ID)

### PHYSICAL DETAILS:

a. Height ..... <i>177</i> ..... (cms)	b. Weight ..... <i>87</i> ..... (Kgs)	c. Girth of Abdomen ..... <i>96</i> ..... (cms)
d. Pulse Rate ..... <i>67</i> ..... (/Min)	e. Blood Pressure:	Systolic <i>120</i> Diastolic <i>80</i>
	1 <sup>st</sup> Reading	<i>120</i> <i>80</i>
	2 <sup>nd</sup> Reading	<i>120</i> <i>80</i>

### FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father			<i>deceased - 62</i>
Mother	<i>65</i>	<i>good</i>	
Brother(s)	<i>35</i>	<i>good</i>	
Sister(s)	<i>31</i>	<i>good</i>	

### HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
		<i>Yes</i>

### PERSONAL HISTORY

- |  |  |
|--|--|
| a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. <i>Yes</i> <b>Y/N</b> | c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? <i>Yes</i> <b>Y/N</b> |
| b. Have you undergone/been advised any surgical procedure? <i>Yes - 1 Crohn's stone</i> <b>Y/N</b>   | d. Have you lost or gained weight in past 12 months? <b>Y/N</b>  |

### Have you ever suffered from any of the following?

- |  |   |
|--|---|
| • Psychological Disorders or any kind of disorders of the Nervous System? <i>no</i> <b>Y/N</b> | • Any disorder of Gastrointestinal System? <i>no</i> <b>Y/N</b>                               |
| • Any disorders of Respiratory system? <i>no</i> <b>Y/N</b>                                    | • Unexplained recurrent or persistent fever, and/or weight loss <i>no</i> <b>Y/N</b>          |
| • Any Cardiac or Circulatory Disorders? <i>no</i> <b>Y/N</b>                                   | • Have you been tested for HIV/HBsAg / HCV before? If yes attach reports <i>no</i> <b>Y/N</b> |
| • Enlarged glands or any form of Cancer/Tumour? <b>Y/N</b>                                     | • Are you presently taking medication of any kind? <i>Yes</i> <b>Y/N</b>                      |
| • Any Musculoskeletal disorder? <i>no</i> <b>Y/N</b>   |   |

- Any disorders of Urinary System? <sup>ND</sup> <sub>- kidney stone</sub> Y/N
- Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin <sup>ND</sup> Y/N

**FOR FEMALE CANDIDATES ONLY**

- a. Is there any history of diseases of breast/genital organs? Y/N
- b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports) Y/N
- c. Do you suspect any disease of Uterus, Cervix or Ovaries? Y/N
- d. Do you have any history of miscarriage/abortion or MTP Y/N
- e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc Y/N
- f. Are you now pregnant? If yes, how many months? Y/N

**CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER**

- Was the examinee co-operative? Y/N
- Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job? Y/N
- Are there any points on which you suggest further information be obtained? Y/N
- Based on your clinical impression, please provide your suggestions and recommendations below;

*lifestyle & diet modification advised*

*renal calculi seen - urologist consultation if symptomatic*

- Do you think he/she is **MEDICALLY FIT** or UNFIT for employment.

*FIT*

**MEDICAL EXAMINER'S DECLARATION**

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner : *Dr. Austin Varghees*

Seal of Medical Examiner : *[Signature]*  
**Dr. Austin Varghees**  
**MBBS**  
**TCMC Reg. No: 77017**

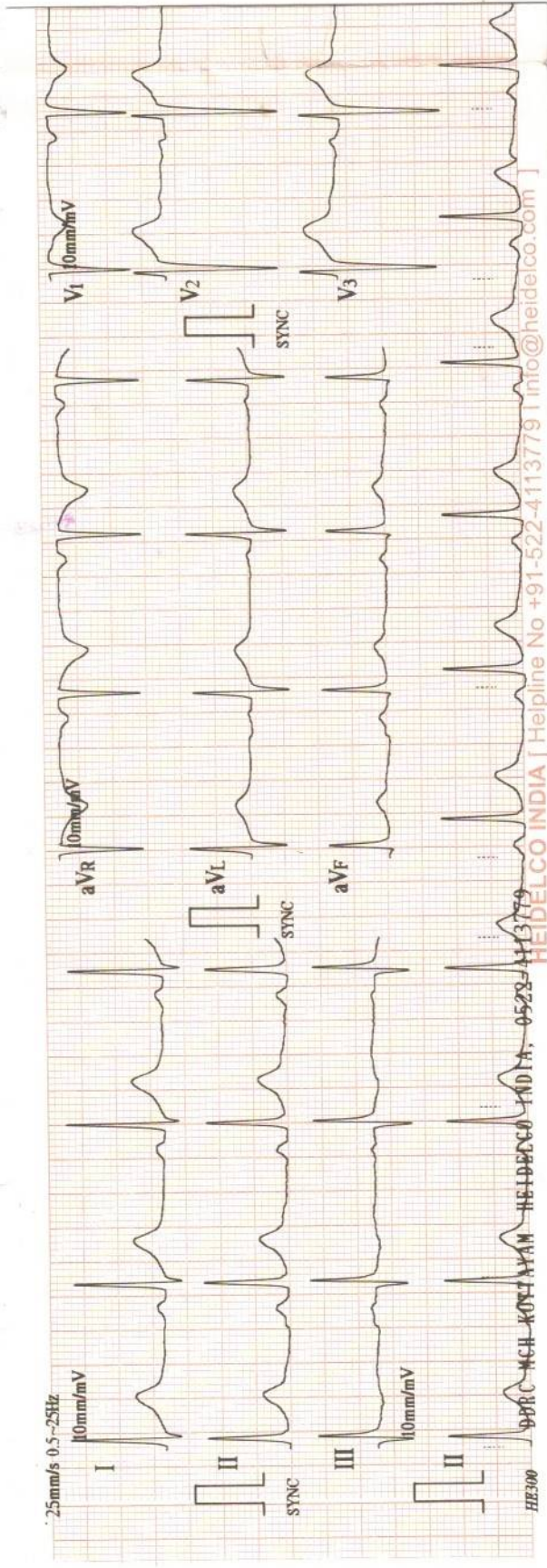


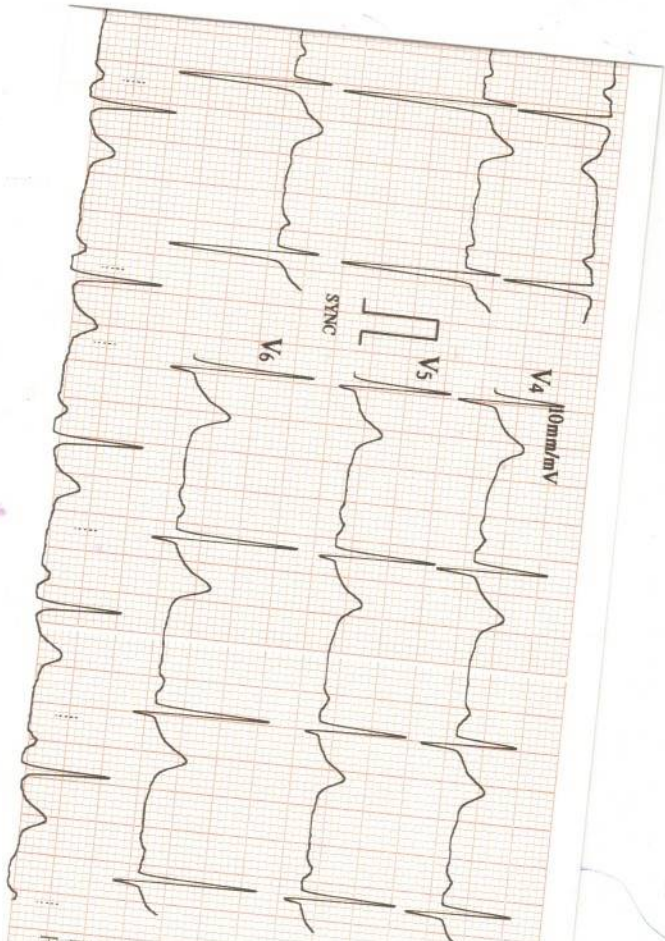
Name & Seal of DDRC SRL Branch :

Date & Time :

**DDRC agilus Pathlabs Limited.**

Corp. Office : Express House, Second Floor, Opp. Pothys Silks, Banerjee Road, Kaloor -682017  
 Contact :- 93334 93334, Web :- www.ddrcagilus.com Email :- info.ddrc@agilus.in





23/03/2024 17:01  
 ID : 4978  
 Name: SEBIN JOSE  
 Sex : Male  
 Age : 33

HR	: 67	bpm
P-R	: 893	ms
P-R	: 179	ms
QRS	: 96	ms
QT/QTc	: 387/409	ms
P/QRS/T	: 37/44/29	ms
RV5/SV1	: 1.250/1.200	mV
RV5-SV1	: 2.450	mV

V2:002(BIOS:V2:004/AMP:V1:006)



\*Machine Interpretation Only\*  
 Confirm with Physician

Physician:

HEIDELCO INDIA [ Helpline No +91-522



**ECG REPORT**

ACCESSION NO : 4036XC003892  
NAME : SEBIN JOSE  
AGE : 33  
SEX : MALE  
DATE : 23/03/2024  
COMPANY : MEDIWHEEL ARCOFEMI

RATE : 67 BPM

RHYTHM : NORMAL SINUS RHYTHM

P. WAVE : NORMAL

P-R INTERVAL : 179 MS

Q,R,S,T. WAVES : NORMAL

AXIS : NORMAL

ARRHYTHMIAS : NIL

QT INTERVAL : 387 MS

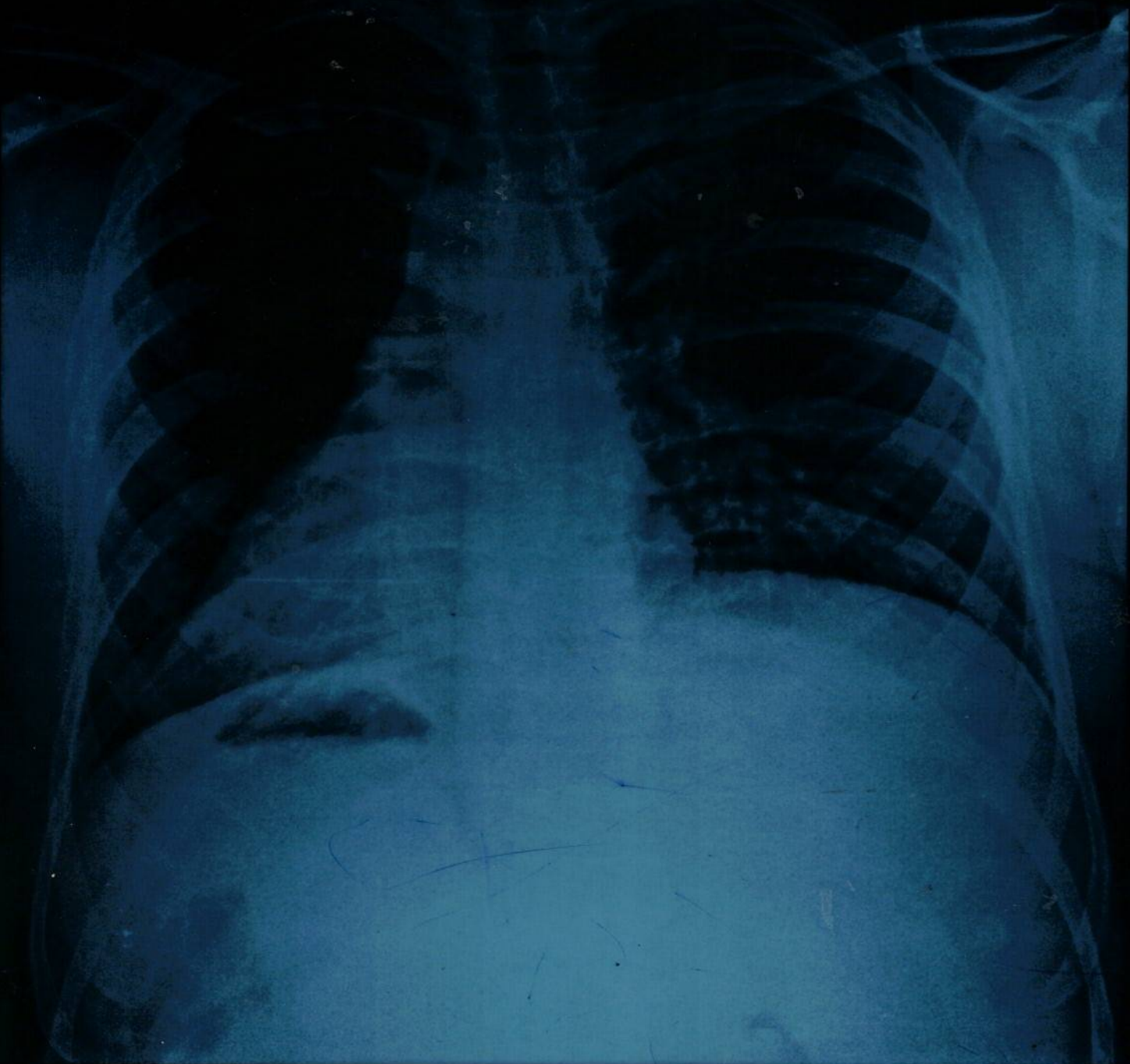
OTHERS : NIL

OPINION : NORMAL ECG



*Dr. Austin Varghees*  
Dr. Austin Varghees  
MBBS  
TCMC Reg. No: 77017

R



DRC AGILUS GANDHINAGAR KOTTAYAM  
SEBIN JOSE 33Y 6936 M CHEST-PA 23-03-2024

**X - RAY CHEST - PA**

ACCESSION NO : 4036XC003892

NAME : SEBIN JOSE

AGE : 33

SEX : MALE

DATE : 23/03/2024

COMPANY : MEDIWHEEL

EXPOSURE : GOOD

POSITIONING : CENTRAL

SOFT TISSUES : NORMAL

LUNG FIELDS : NORMAL

HEART SHADOW : NORMAL

CARDIOPHRENIC ANGLE : NO OBLITERATION

COSTOPHRENIC ANGLE : NO OBLITERATION

HILUM : NORMAL

OTHERS : NIL

OPINION : NORMAL CHEST X- RAY



*Austin*  
**Dr. Austin Varghees**  
MBBS  
TCMC Reg. No: 77017

Name: SEBIN JOSE  
 Age/Sex: 33 yrs/M  
 Accession No: 4036XC003892

Report Date: 23.03.2024  
 Ref.by: Mediwheel


## USG ABDOMEN & PELVIS

### OBSERVATIONS:

- Liver:** Enlarged in size. Shows increased parenchymal echotexture. No focal parenchymal lesion noted. The biliary radicals appear normal. Portal vein is normal.
- Gall bladder:** Partially distended.
- CBD:** Not dilated.
- Spleen:** Normal in size and echotexture. No focal lesion.
- Pancreas:** Head and body appear normal. Tail obscured by bowel gas. No focal lesion. No calcification or duct dilatation noted.
- Kidneys:** Right kidney measures 12.9 x 5.7 cm.  
 Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. No mass lesion seen. **A calculus measuring 6 mm is noted in mid calyx. Few calculi in upper calyx largest measuring 6.5 mm.** No hydronephrosis.  
 Left kidney measures 11.9 x 6.2 cm.  
 Normal in position & size. Cortical echogenicity is normal. There is good cortico-medullary differentiation. **Multiple calculi /cortical calcifications are noted in all the poles, largest 5 mm in mid pole. Cyst with few thin septations noted in left lower pole measuring 4.1 x 2.6 cm.** No hydronephrosis.
- Ureters:** Not dilated.
- Urinary Bladder:** Distended, No luminal or wall abnormality noted.
- Prostate:** Normal in size, volume 12 cc. Shows homogenous parenchymal echotexture. No evidence of any mass lesion. **Bilateral seminal vesicle cysts noted measuring 3.0 x 2.3 cm in right side and 3.3 x 2.9 cm left side.**
- Others:** No free fluid in the peritoneal cavity.

### IMPRESSION:

- **Hepatomegaly with grade II/III fatty infiltration.**
  - **Bilateral renal calculi. No evidence of hydronephrosis.**
- Suggested CT KUB for further evaluation,.

  
**Dr. JACOB PAUL, MBBS, DMRD (DNB)**  
 Radiologist

Note: This is radiological opinion and not the final diagnosis. Ultrasound is limited by patient adiposity, bowel gas and correlate clinically and investigate further as needed.

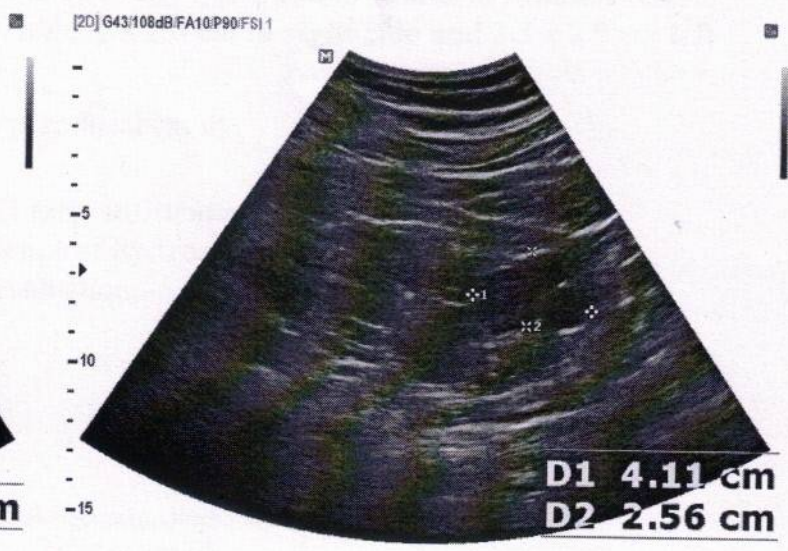
Exam

Name  
Birth Date  
Gender

107  
SEBIN  
Other

Accession #  
Exam Date  
Description  
Sonographer

23032024



# OPHTHALMOLOGY REPORT

ACCESSION NO: 4036XC003892

This is to certify that I have examined

MR /MS ..... Sebin Jose ..... Aged 33/m and

His / her visual standard is as follows.

Acuity of Vision

For Far                    R ..... 6/6 .....  
                                  L ..... 6/6 .....

For Near                 R ..... N6 .....  
                                  L ..... N6 .....

Colour Vision            Partial .....

DATE     23/03/2024



Shreek  
OPTOMETRIST

# DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

## Patient Details

Date: 23-Mar-24

Time: 16:39:05

Name: SEBIN JOSE ID: 510

Age: 33 y

Sex: M

Height: 177 cms

Weight: 87 Kgs

## Interpretation

No significant ST/T changes noted during exercise & recovery.  
No Anginal/Arrhythmia.  
Good effort tolerance.  
Attained THR.  
Test is NEGATIVE for inducible ischemia at a workload of 10.20 METS.

Ref. Doctor: 

Doctor: DDRC



  
Dr. Austin Varghese  
MBBS  
TCMC Reg. No:77017

## DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

**Patient Details**

Date: 23-Mar-24

Time: 16:39:05

Name: SEBIN JOSE ID: 510

Age: 33 y

Sex: M

Height: 177 cms

Weight: 87 Kgs

Clinical History: NIL

Medications: NIL

**Test Details**

Protocol: Bruce

Pr.MHR: 187 bpm

THR: 168 (90 % of Pr.MHR) bpm

Total Exec. Time: 7 m 29 s

Max. HR: 169 ( 90% of Pr.MHR ) bpm

Max. Mets: 10.20

Max. BP: 140 / 80 mmHg

Max. BP x HR: 23660 mmHg/min

Min. BP x HR: 5920 mmHg/min

Test Termination Criteria: Attained THR.

**Protocol Details**

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 39	1.0	0	0	74	120 / 80	-2.34 aVR	3.54 I
Standing	0 : 36	1.0	0	0	79	120 / 80	-2.97 aVL	5.31 aVF
1	3 : 0	4.6	1.7	10	125	130 / 80	-2.12 aVR	5.66 V2
2	3 : 0	7.0	2.5	12	151	140 / 80	-3.18 V2	5.66 II
Peak Ex	1 : 29	10.2	3.4	14	169	140 / 80	-3.61 aVR	5.66 I
Recovery(1)	2 : 0	1.8	1	0	103	140 / 80	-5.73 aVR	5.66 I
Recovery(2)	2 : 0	1.0	0	0	100	140 / 80	-3.40 aVR	5.31 V2
Recovery(3)	0 : 39	1.0	0	0	101	120 / 80	-2.12 aVR	2.48 II



SEBIN JOSE (33 M)

DDRC AGILUS DIAGNOSTICS P.V.L.L.I.D. KOLLITAIAM

ID: 510 Date: 23-Mar-24 Exec Time : 0 m 0 s Stage Time : 0 m 16 s HR: 71 bpm

Stage: Standing Sapine Speed: 0 mph Grade: 0 % (THR: 168 bpm) B.P: 120 / 80

Protocol: Bruce

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

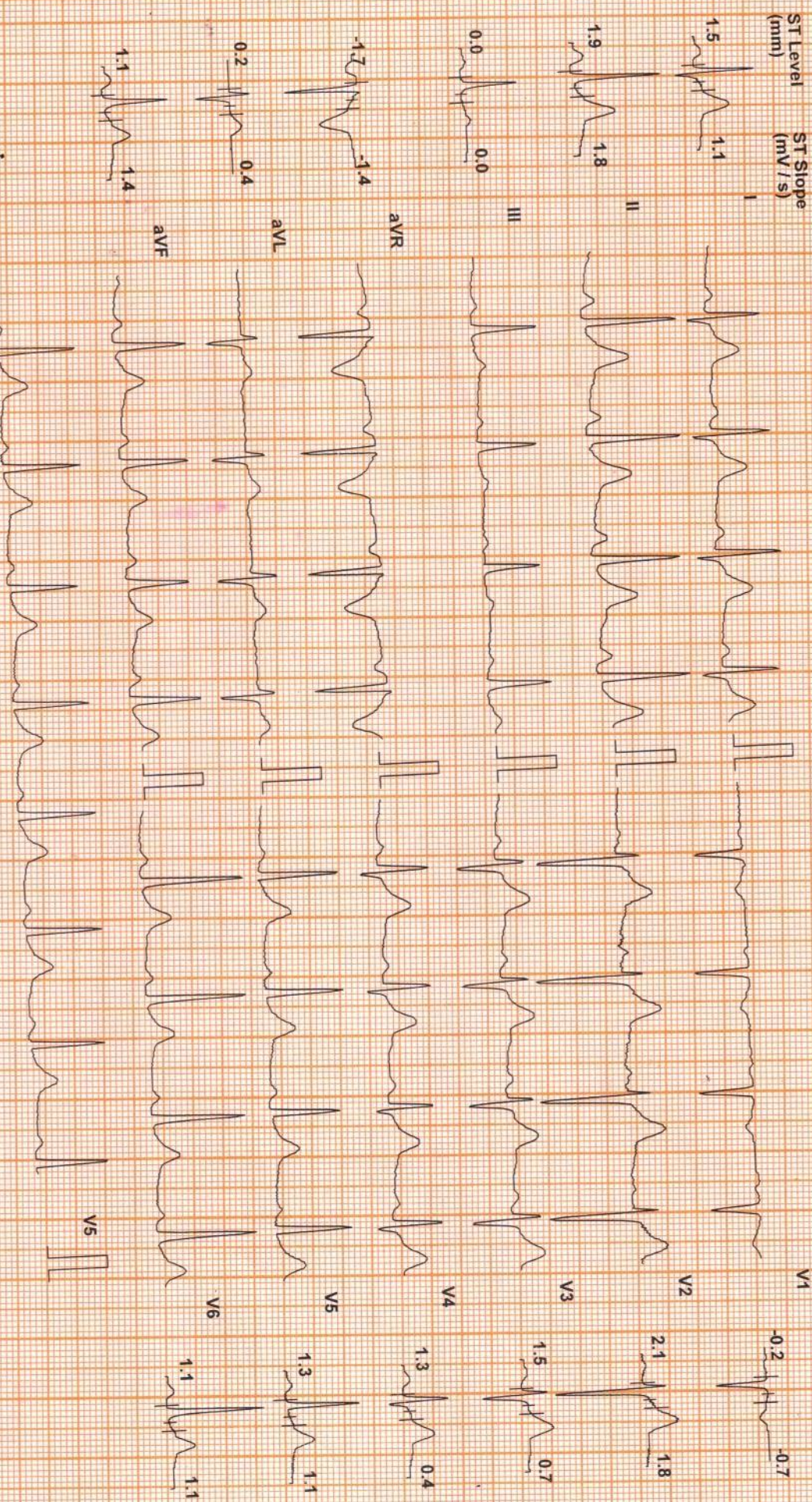


Chart Speed: 25 mm/sec  
Schiller Spandau V 4.7

Filter: 35 Hz Mains Fil: ON Amp: 10 mm  
ISO = R - 60 ms J = R + 60 ms Post J = J + 60 ms

SEBIN JOSE (33 M)

DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

ID: 510 Date: 23-Mar-24 Exec Time : 0 m 0 s Stage Time : 0 m 36 s HR: 79 bpm

Protocol: Bruce

Stage: Standing Speed: 0 mph Grade: 0% (THR: 168 bpm) B.P: 120 / 80

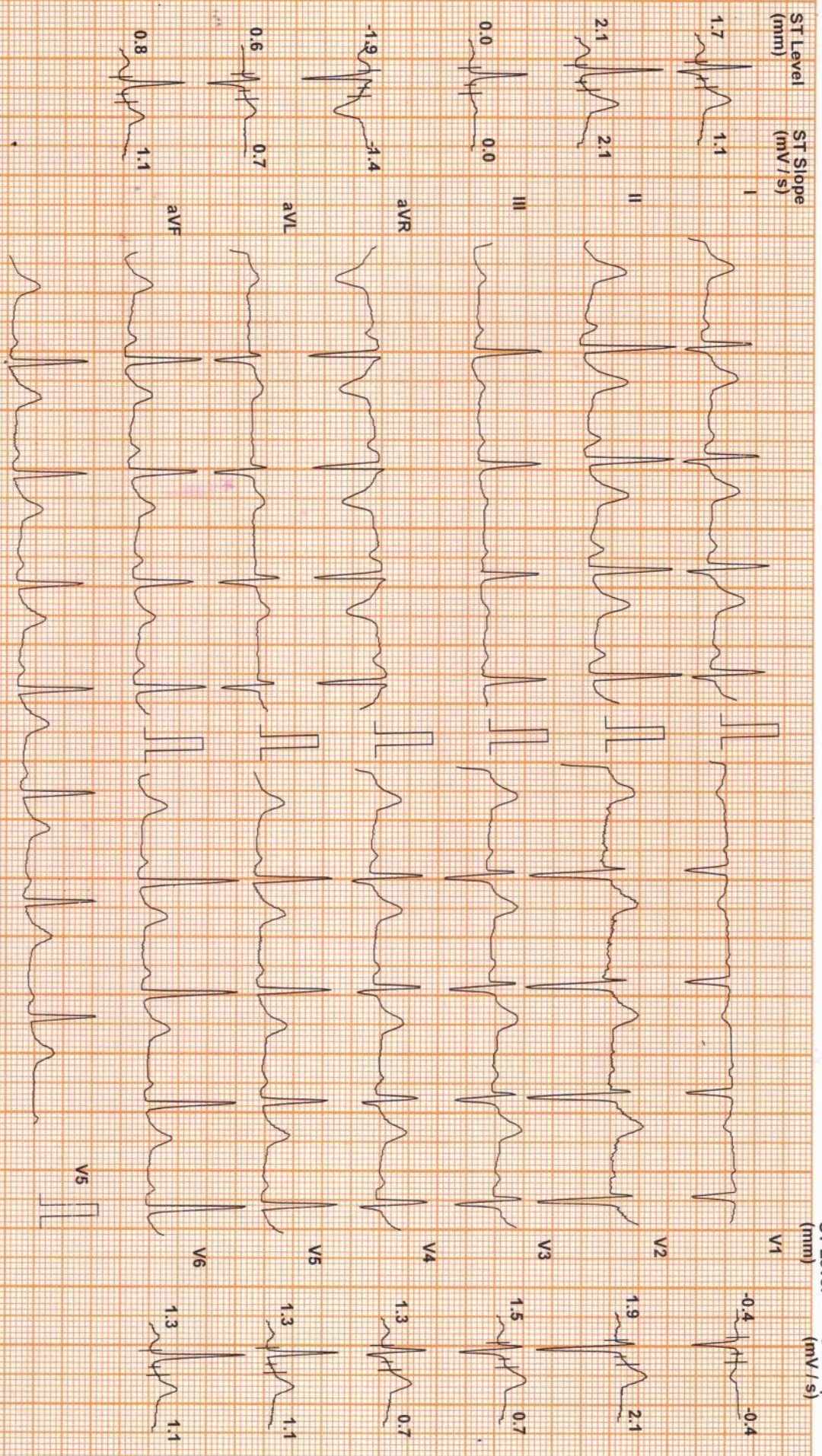


Chart Speed: 25 mm/sec  
Schiller-Standard V47

Filter: 35 Hz Mains Filtr: ON Amp: 10 mm Iso = R - 60 ms J = R + 60 ms Post J = J + 60 ms

# DDRC AGILUS DIAGNOSTICS PVT. LTD. KOTTAYAM

SEBIN JOSE (33 M)

Protocol: Bruce

ID: 510

Date: 23-Mar-24

Exec Time : 3 m 0 s

Stage Time : 3 m 0 s

HR: 125 bpm

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 168 bpm)

B.P: 130 / 80

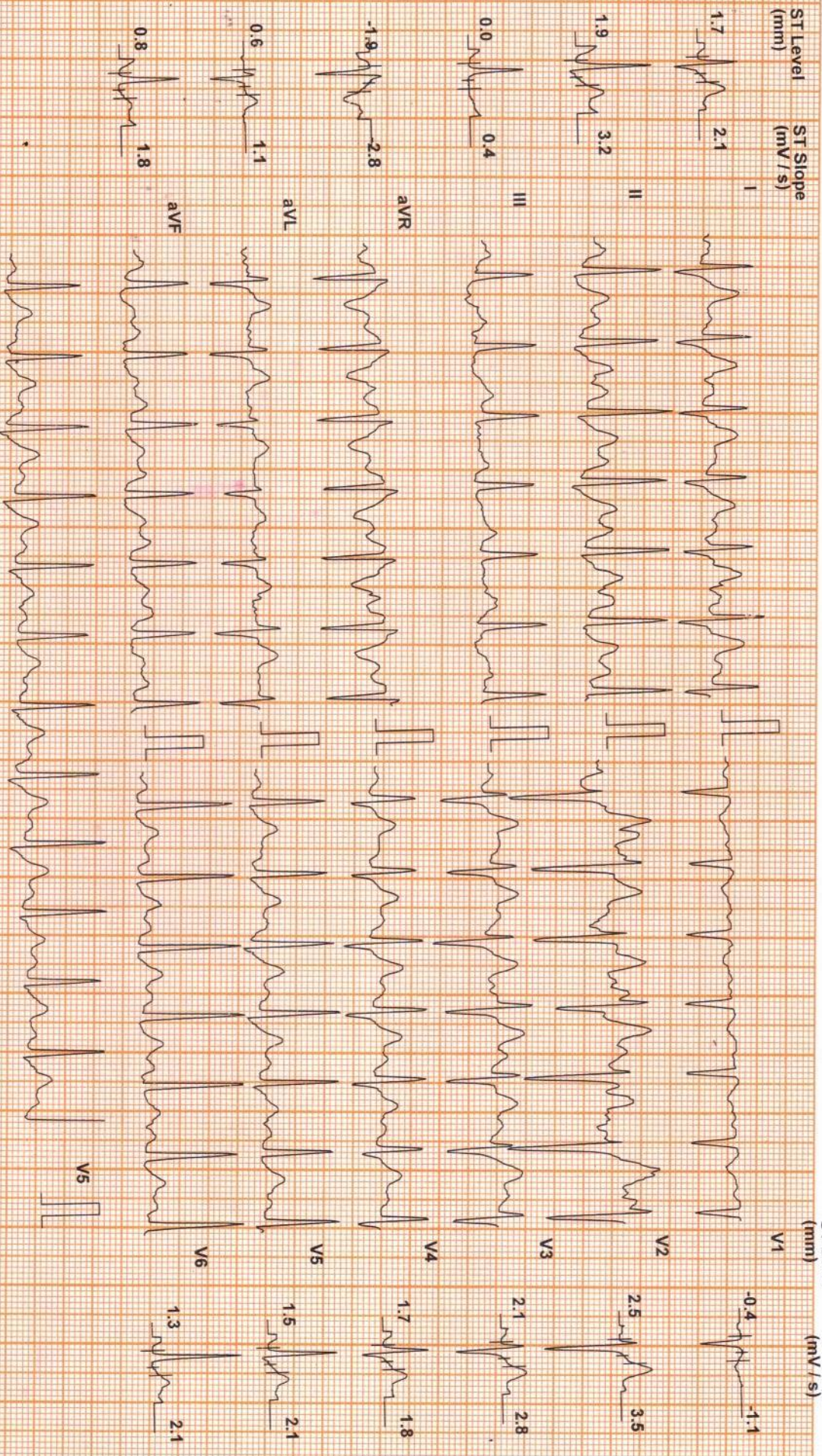


Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEBIN JOSE (33 M)

DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

ID: 510

Date: 28-Mar-24

Exec Time : 6 m 0 s

Stage Time : 3 m 0 s

HR: 151 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 168 bpm)

B.P: 140 / 80

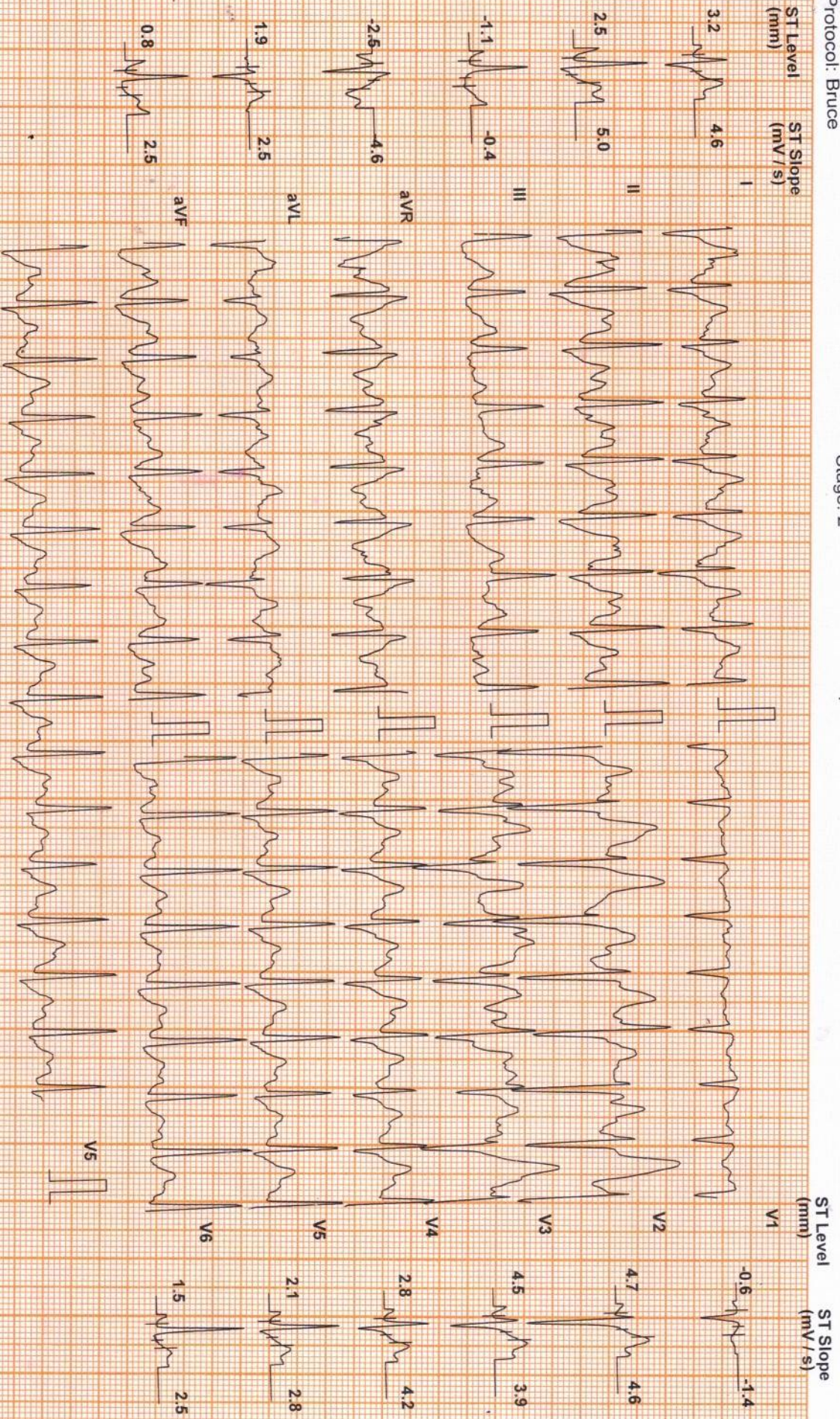


Chart Speed: 25 mm/sec  
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Filtr. ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Posit J = J + 60 ms

DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

SEBIN JOSE (33 M)

Protocol: Bruce

DDRC AGILUS DIAGNOSTICS V.I.E.D.I.N.O.T.

ID: 510

Date: 23-Mar-24

Exec Time : 7 m 29 s Stage Time : 1 m 29 s HR: 169 bpm

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 168 bpm)

B.P: 140 / 80

ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)

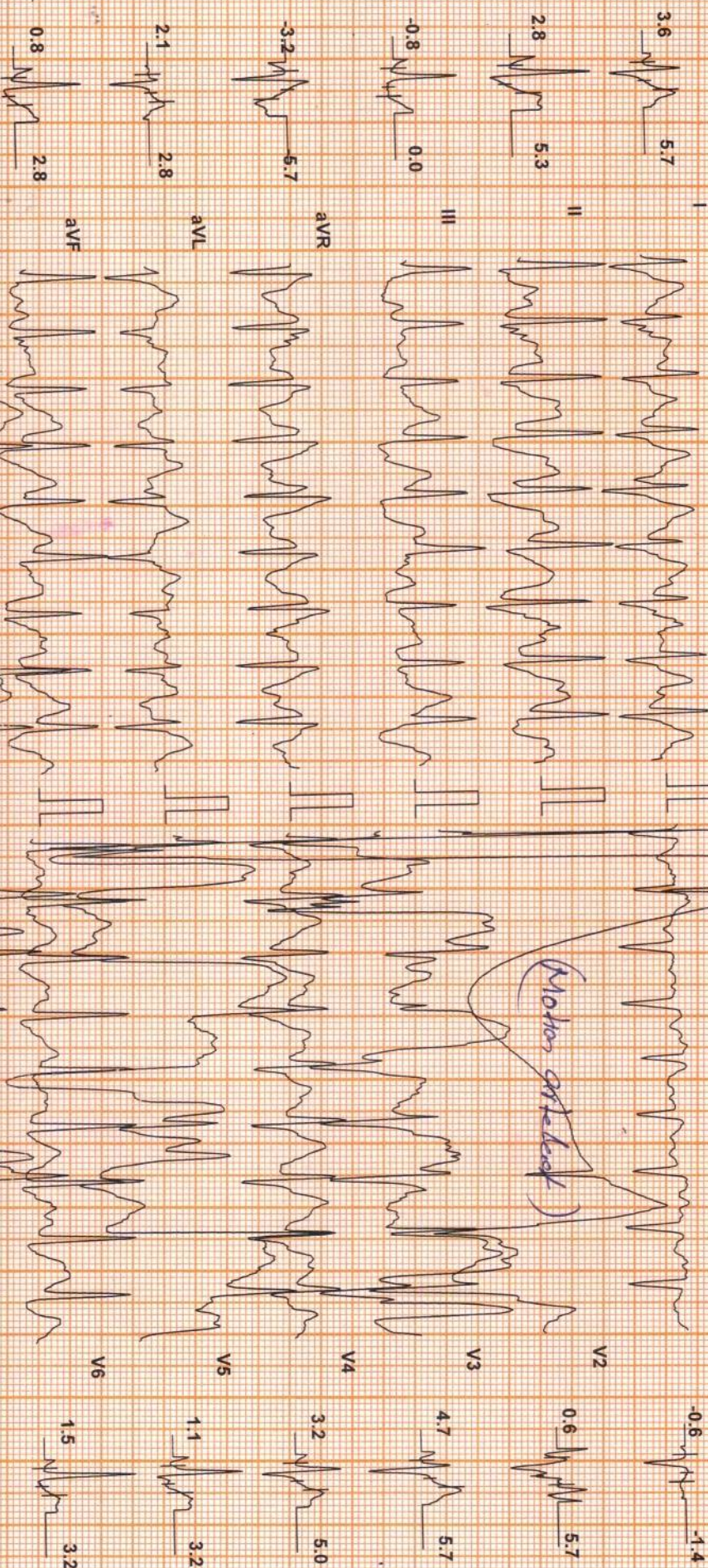


Chart Speed: 25 mm/sec  
Schlier Standan V4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

POST J = J + 60 ms

SEBIN JOSE (33 M)

DDRC AGILUS DIAGNOSTICS PVT.LTD. KOTTAYAM

ID: 510

Date: 23-Mar-24

Exec Time : 7 m 29 s Stage Time : 0 m 20 s HR: 156 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 168 bpm)

B.P.: 140 / 80

ST Level (mm) ST Slope (mV/s)

I

4.7 4.6

II

4.0 5.0

III

-0.6 0.0

aVR

-4.2 4.6

aVL

2.5 3.2

aVF

1.9 3.9

V1

-0.6 -1.4

V2

5.1 3.5

V3

4.2 5.7

V4

3.8 5.7

V5

0.8 2.1

V6

1.5 4.6

ST Level (mm) ST Slope (mV/s)

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 90 ms

Post J = J + 60 ms

Schiller Spandan V47

DDRC AGILUS PATHI ARS LTD

SEBIN JOSE (33 M)

Protocol: Bruce

ID: 510

Date: 23-Mar-24

Exec Time : 7 m 29 s Stage Time : 2 m 0 s

HR: 103 bpm

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 168 bpm)

B.P: 140 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

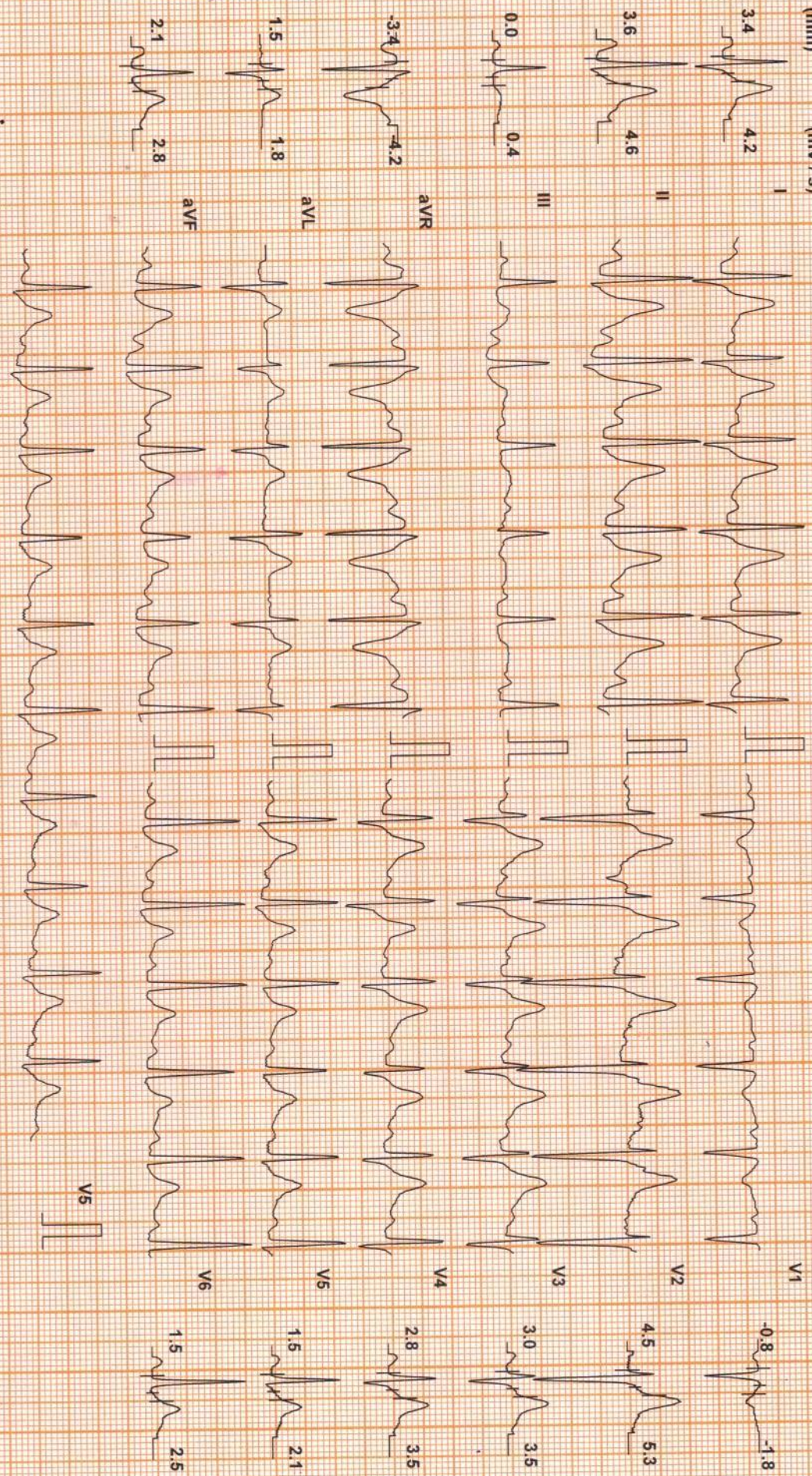


Chart Speed: 25 mm/sec  
Schiller Spandan V 4 7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R: 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEBIN JOSE (33 M)

Protocol: Bruce

ID: 510 Date: 23-Mar-24 Exec Time : 7 m 29 s Stage Time : 2 m 0 s HR: 100 bpm  
Stage: Recovery(2) Speed: 0 mph Grade: 0 % (THR: 168 bpm) B.P: 140 / 80

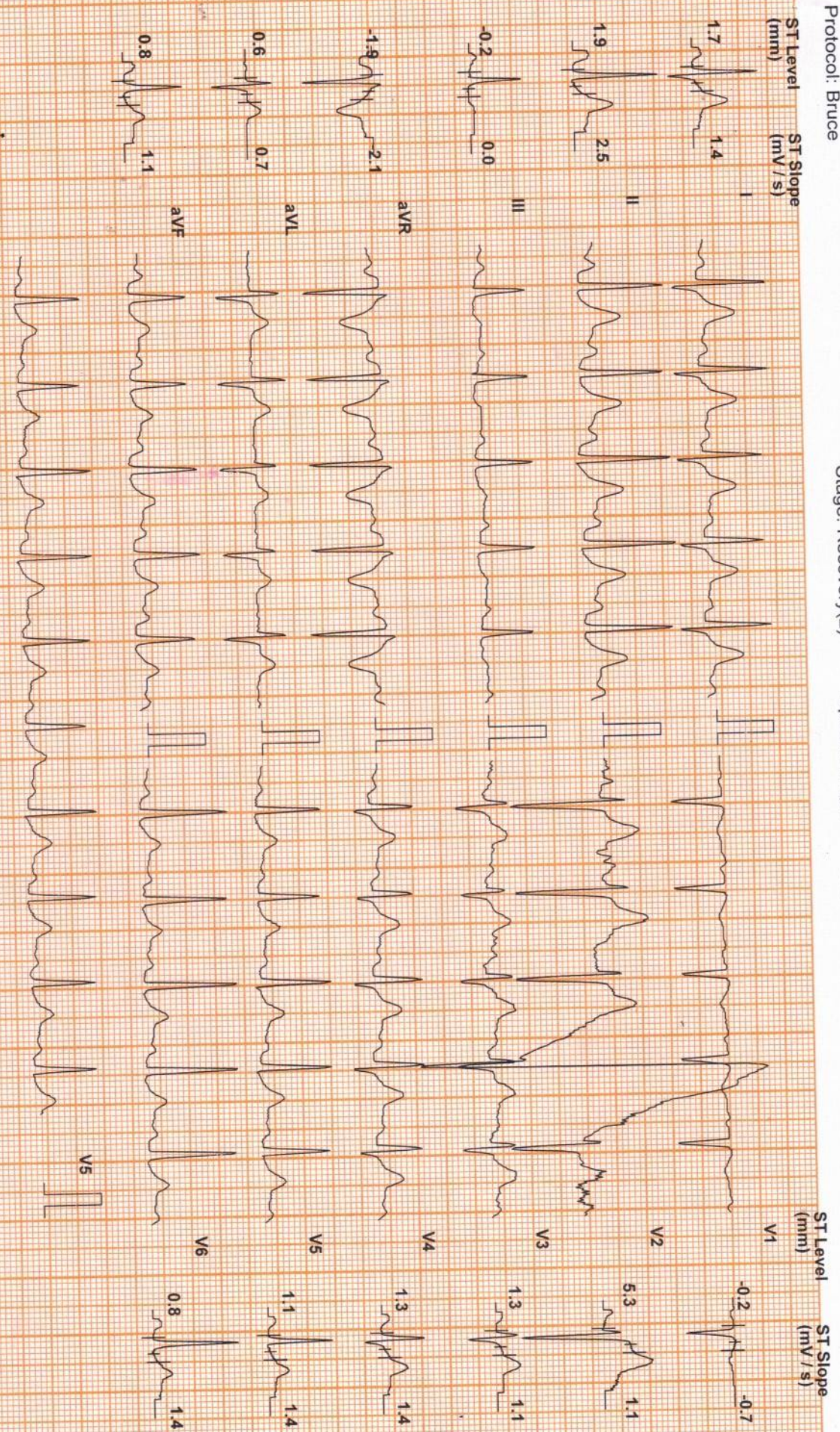


Chart Speed: 25 mm/sec  
Schiller Spandau V47

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

ISO = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms



SEBIN JOSE (33 M)

ID: 510

Date: 23-Mar-24

Exec Time : 7 m 29 s Stage Time : 0 m 21 s HR: 101 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 168 bpm)

B.P: 120 / 80

ST Level (mm) ST Slope (mV/s)

I



II



III



aVR



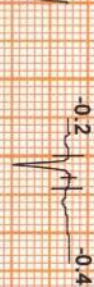
aVL



aVF



V1



V2



V3



V4



V5



V6



Chart Speed: 25 mm/sec  
Schlier Spanden V 47

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Isd = R - 60 ms  
J = R + 60 ms

Post J = J + 60 ms