

प्रति,

समन्वयक,

Mediwheel (Arcofemi Healthcare Limited)

हेल्पलाइन नंबर: 011-41195959

महोदय/ महोदया,

विषय: बैंक ऑफ़ बड़ौदा के कर्मचारियों के लिए वार्षिक स्वास्थ्य जांच।

हम आपको सूचित करना चाहते हैं कि हमारे कर्मचारी जिनका विवरण निम्नानुसार हैं हमारे करार के अनुसार आपके द्वारा उपलब्ध कराई गई कैशलेस वार्षिक स्वास्थ्य जांच सुविधा का लाभ लेना चाहते हैं।

	कर्मचारी विवरण
नाम	MR. VASHISTH VIJAY
क.कू.संख्या	92936
पदनाम	BRANCH OPERATIONS
कार्य का स्थान	JHALIJI KA BARANA
जन्म की तारीख	10-10-1989
स्वास्थ्य जांच की प्रस्तावित तारीख	23-03-2024
बुकिंग संदर्भ सं.	23M92936100100870E

यह अनुमोदन/ संस्तुति पत्र तभी वैध माना जाएगा जब इसे बैंक ऑफ़ बड़ौदा के कर्मचारी आईडी कार्ड की प्रति के साथ प्रस्तुत किया जाएगा। यह अनुमोदन पत्र दिनांक 15-03-2024 से 31-03-2024 तक मान्य है। इस पत्र के साथ किए जाने वाले चिकित्सा जांच की सूची अनुलग्नक के रूप में दी गई है। कृपया नोट करें कि उक्त स्वास्थ्य जांच हमारी टाई-अप व्यवस्था के अनुसार कैशलेस सुविधा है। हम अनुरोध करते हैं कि आप हमारे कर्मचारी के स्वास्थ्य जांच संबंधी आवश्यकताओं पर उचित कार्रवाई करें तथा इस संबंध में अपनी सर्वोच्च प्राथमिकता तथा सर्वोत्तम संसाधन उपलब्ध कराएं। उपर्युक्त सारणी में दी गई कर्मचारी कूट संख्या एवं बुकिंग संदर्भ संख्या का उल्लेख अनिवार्य रूप से इनवॉइस में किया जाना चाहिए।

हम इस संबंध में आपके सहयोग की अपेक्षा करते हैं।

भवदीय,

हस्ता/-

(मुख्य महाप्रबंधक)

मानव संसाधन प्रबंधन विभाग

बैंक ऑफ़ बड़ौदा

(नोट: यह कंप्यूटर द्वारा जनरेट किया गया पत्र है। हस्ताक्षर की आवश्यकता नहीं है। कृपया किसी भी स्पष्टीकरण के लिए Mediwheel (Arcofemi Healthcare Limited) से संपर्क करें।)

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. VASHISTH VIJAY
EC NO.	92936
DESIGNATION	BRANCH OPERATIONS
PLACE OF WORK	JHALIJI KA BARANA
BIRTHDATE	10-10-1989
PROPOSED DATE OF HEALTH CHECKUP	23-03-2024
BOOKING REFERENCE NO.	23M92936100100870E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **15-03-2024** till **31-03-2024** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



बैंक ऑफ बड़ोदा
Bank of Baroda



नाम
Name

Vijay Vashieth

कर्मचारी कूट क्र. 92936

E.C. No.

नाम

जारीकर्ता प्राधिकारी
Issuing Authority

Vijay

धारक के हस्ताक्षर
Signature of Holder

मिलने पर, निम्नलिखित को लौटाएं

सहायक महाप्रबन्धक (सुरक्षा)

बैंक ऑफ बड़ोदा, बड़ोदा कॉर्पोरेट सेन्टर

सी-26, जी-ब्लॉक, बान्द्रा-कुर्ला कॉम्प्लेक्स, मुम्बई-400 051, भारत

फोन 91 22 5698 5196 फैक्स 91 22 2652 5747

If found, please return to

Asst. General Manager (Security)

Bank of Baroda, Baroda Corporate Centre

C-26, G-Block Bandra-Kurla Complex, Mumbai 400 051, India

Phone 91 22 5698 5198 F 91 22 2652 5747

रक्त समूह / Blood Group

B+

पहचान चिन्ह / Identification Marks Mark on Right Hand Wrist



Lab No. : 230324-002
Patient's Name : MR. VIJAY VASHISTH
Referred By : C/O MSM HOSPITAL KOTA
Consultant Dr. :

Date : 23-Mar-2024
Age/Sex : 34 Y/M

LABORATORY INVESTIGATION REPORT

LIPID PROFILE

Test	Patient's Value	Reference Value
LIPID PROFILE		
S. CHOLESTROL CHOD-PAP	151.2 mg\dl	130- 250 mg\dl
S. HDL CHOLESTROL	44.0 mg\dl	30-65 mg\dl
S. TRIGLYCERIDE	106.3 mg\dl	40-180 mg\dl
S. LDL CHOLESTROL	85.94 mg/dl	Upto 180 mg/dl
S. VLDL CHOLESTROL	21.26 mg/dl	15 - 45 mg%
CHOL / HDL RATIO	3.44 Ratio	Desirable level:<4.3 Borderline level: 4.4 - 11 High level > 11
LDL / HDL RATIO	1.95 Ratio	Desirable level:<3.0 Borderline level: 3.0-6.0 High level >6.0

CHOLESTEROL is a fat soluble steroid found in the animal fats and oils. It is distributed in the Blood, Brain, Liver, Kidney and the nerve fibers mylin sheaths. It is an essential component of the cell membrane development and production of Bile Acid, Adrenal Steroids and Sex hormones. Cholesterol Test detects disorders of blood lipids and indicate potential risk for atherosclerotic coronary artery disease.

HDL CHOLESTEROL is a class of lipoproteins produced by liver and intestines. HDL comprised of phospholipids and one or two apolipoproteins. It plays a role in the metabolism of the other lipoproteins and in cholesterol transport from peripheral tissues to the liver. Decreased HDL level are atherogenic. Elevated HDL level protect against arteriosclerosis by removing cholesterol from vessel walls and transporting it to the liver where it is removed from the body. HDL Cholesterol test assesses Coronary Artery Disease Risk and monitor persons with low HDL levels.

LDL & VLDL , The LDL Cholesterol are the cholesterol rich remanants of the VLDL lipid transport vehicle. LDL mainly catabolized in the liver and also in nonhepatic cells. The VLDL are major carriers of triglycerides. This test done to determine Coronary Heart Disease Risk. The LDLs are closely associated with increased incidence of atherosclerosis and CHD.

TRIGLYCERIDES account for more than 90% of dietary intake and comprise 95 % of fat stored in tissue. It is insoluble in water are the main plasma glycerol ester. This test evaluates suspected atherosclerosis and measures the body's ability to metabolize fat. Elevated triglycerides together with elevated cholesterol are atherosclerotic disease risk factors.

Patho/Technologist

Lab No. : 230324-002
Patient's Name : MR. VIJAY VASHISTH
Referred By : C/O MSM HOSPITAL KOTA
Consultant Dr. :

Date : 23-Mar-2024
Age/Sex : 34 Y/M

LABORATORY INVESTIGATION REPORT

URINE EXAMINATION

Test	Patient's Value	Reference Value
<u>PHYSICAL EXAMINATION</u>		
Quantity	15 ml	
Colour	Pale Yellow	Pale Yellow
Appearance	Clear	Clear
Deposits	Absent	Absent
Specific Gravity	Q.N.S.	
<u>CHEMICAL EXAMINATION</u>		
Reaction	Acidic	Acidic
Sugar	Nil	Nil.
Albumin	Nil	Nil.
<u>MICROSCOPIC EXAMINATION</u>		
Epithelial Cells	1-2/hpf	
Pus Cells	1-2/hpf	3-5/hpf
Red Blood Cells	Nil	Nil.
Crystals	Nil	Nil.
Amorphous Material	Absent	Absent
Casts	Absent	Absent
Bacteria	Absent	Absent

Remarks:-

Urine sugar test done by Benedict's qualitative method.

Test give positive result when Glucose, Galactose, Lactose, Fructose, Maltose, Pentose present in urine.

Test give False positive result when Ascorbic acid, Homogentisic acid, Many antibiotics (Anti-tubercular drugs) Phenothiazines, Salicylates, Levodopa present in urine.

Patho/Technologist

Lab No. : 230324-002
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Consultant Dr. :

Date : 23-Mar-2024
Age/Sex : 34 Y/M

LABORATORY INVESTIGATION REPORT

LIVER FUNCTION TEST

Test	Patient's Value	Reference Value
TOTAL SERUM BILIRUBIN	0.6 mg/dl	0 - 1.8 mg/dl
DIRECT SERUM BILIRUBIN	0.2 mg/dl	< 0.3 mg/dl
INDIRECT S. BILIRUBIN	0.40 mg/dl	< 0.8 mg/dl
S.G.O.T	23.6 IU/L	UP to 45 IU/L
S.G.P.T ENZYMATIC	13.2 IU/L	UP to 40 IU/L
ALKALINE PHOSPHATASE PNPP (AMP)	65.0 IU/L	42 - 141 IU/L
TOTAL PROTEIN	5.9 g/dl	6.0 to 8.5 g/dl
ALBUMIN	3.8 g/dl	3.4 to 5.6 g/dl
GLOBULIN	2.1 g/dl	1.9 to 3.5 g/dl
A:G RATIO	1.81	1.2 TO 2.3

Alkaline Phosphatase:- Serum ALP measurement of particular interest in the Hepatobiliary disease and in bone diseases. The main site of synthesis of this enzyme is hepatocytes adjacent to biliary canaliculi and active osteoblast. However, it is known that response of the liver to any form of Biliary tree obstruction is to synthesise more ALP.

Increased activity:- Serum ALP is increased in disease of bone including Metastasis, Rickets, Pagets disease and in healing fractures, Intrahepatic or extrahepatic obstructions in liver Elevated levels are seen in growing children due to new bone formation (Osteoblastic activity). Increased in ALP activity may often be the first indication of Hepatotoxic action of therapeutic drugs. Marked elevation in the absence of Jaundice but in the presence of primary source may be indicative of metastasis.

Decreased activity:- Low levels of ALP are found in a rare Congenital defect, Hypophosphatasemia and in pernicious Anaemia.

Protein:- Total protein is useful for monitoring gross changes in protein levels caused by various disease states. It is usually performed in conjugation with other tests such as serum albumin, liver function test or protein electrophoresis. An albumin/globulin ratio is often calculated to obtain additional information.

INCREASES:- in dehydration, multiple myeloma and chronic liver diseases.

DECREASES:- in renal diseases and terminal liver failure.

Patho/Technologist

Lab No. : 230324-002
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Date : 23-Mar-2024
Age/Sex : 34 Y /M

LABORATORY INVESTIGATION REPORTS

Test	Patient's Value	Reference Value
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HAEMATOLOGY

E.S.R (WINTROBES METHOD)	12 mm 1st hour	0 - 9 mm 1st hour
Blood Group	"B"	
Rh (D) Factor	Positive	

BIOCHEMISTRY

Fasting Blood Glucose	80.4 mg/dl	60-110 mg/dl
Post Prandial Blood Glucose	104.6 mg/dl	70-140mg/dl

Blood Sugar:- Glucose estimation provides valuable information about the course, severity and therapeutic control of diabetes mellitus. Fasting glucose levels exceeding 110 mg/dl and 2 hrs Post prandial glucose levels exceeding 160mg/dl indicate a strong possibility of Diabetes mellitus. If in an oral glucose tolerance test, the plasma glucose level of 2 hrs. sample exceeds 160 mg/dl, the diagnosis of Diabetes mellitus is established. In impaired tolerance the 2 hrs. plasma glucose lies between 160mg/dl

Increased concentration:- Hyperglycemia may occur in Diabetes mellitus, in patients receiving intravenous fluids containing glucose and during severe stress and cerebrovascular accident.

Decreased Concentration:- Hypoglycemia may be the result of an insulinoma, insulin administration, inborn errors of carbohydrate metabolism of fasting.

UREA	26.3 mg\dl	15-45 mg\dl
CREATININE	1.2 mg\dl	0.5-1.4 mg\dl
BUN U.V. TURBIDIMETRIC	12.2 mg\dl	5-15
URIC ACID	5.4 mg\dl	3.5 - 7.2 mg\dl

Uric acid:- Uric acid is a metabolite found in purines, nucleic acid and nucleoproteins. Uric acid is excreted to a large degree by the kidneys and to a smaller degree in the intestinal tract by microbial degradation. Serum uric acid concentration varies from individual to individual depending on several factors viz. , sex ,diet, ethnic origin, genetic constitution and pregnancy. Increased levels are found in gout, arthritis, impaired renal renal function and starvation.

Decreased level are found in Wilsons disease, Fanconis syndrome and yellow atrophy of the liver.

Patho/Technologist

Sector A, P. K. Puram, Kota - 324 010 Mob.: 7375945769

Name Mr. VIJAY VASHISTH	Visit Date & Time 23/03/2024 16:08:25	PATIENT ID 322361797
Age 34 Yrs	Sample Accepted at : 23/03/2024 16:09:05	Ref. Lab Phaiya Diagonstic Center
Sex Male	Test Authenticated at : 23/03/2024 17:54:12	Ref. By



HORMONES & MARKERS

Test Name	Value	Status	Unit	Biological Ref Interval
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TOTAL THYROID PROFILE

THYROID-TRIiodOTHYRONINE (T3) Method : Chemiluminescence	1.36		ng/ml	0.6 - 1.78
THYROID - THYROXINE (T4) Method : Chemiluminescence	7.58		ug/dl	5.5 - 12.23
THYROID STIMULATING HORMONE (TSH) Ultra Sensitive Method : Chemiluminescence with serum	4.80		uIU/ml	0.35 - 5.6

NOTE: In pregnancy total T3, T4 increase to 1.5 times the normal range.

Reference Range (T3)

Premature Infants 26-30 Weeks , 3-4 days	0.24 - 1.32 ng/ml
Full-Term Infants 1-3 days	0.89 - 4.05 ng/ml
1 Week	0.91 - 3.00 ng/ml
1- 11 Months	0.85 - 2.50 ng/ml
Prepubertal Children	1.19 - 2.18 ng/ml

Reference Ranges (T4):

Premature Infants 26-30 weeks , 3-4 days	2.60 - 14.0 ug/dl
Full -Term Infants 1-3 days	8.20 - 19.9 ug/dl
1 weeks	6.0 - 15.9 ug/dl
1-11 Months	6.1 - 14.9 ug/dl
Prepubertal children 12 months-2yrs	6.8 - 13.5 ug/dl
prepubertal children 3-9 yrs	5.5 - 12.8 ug/dl

Reference Ranges (TSH)

Premature Infants 26-32 weeks , 3-4 Days	0.8 - 6.9 uIU/ml
Full Term Infants 4 Days	1.36 - 16 uIU/ml
Newborns : TSH surges within the first 15-60 Minutes of life reaching peak levels between 25- 60 uIU/ml at about 30 minutes. Values then decline rapidly and after one week are within the adult normal range.	

1 - 11 Months	0.90 - 7.70 uIU/ml
Prepubertal children	0.60 - 5.50 uIU/ml

Primary malfunction of the thyroid gland may result in excessive(hyper) or low(hypo) release of T3 or T4. In addition, as TSH directly affects thyroid function, malfunction of the pituitary or the hypothalamus influences the thyroid gland activity. Disease in any portion of the thyroid-pituitary-hypothalamus system may influence the level of T3 and T4 in the blood. In Primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels may be low. In addition, in Euthyroid sick Syndrom, multiple alterations in serum thyroid function test findings have been recognized.

Dr. G P Shukla
M.D. Pathology
R.M.C. No : 15151

Abbreviations Meaning : H - High, L-Low, HH -Critically High, LL- Critically Low, @ -Repeat

Test(s) performed on collected sample(s) received. please correlate with clinical finding & other related investigation. Subject to jaipur jurisdiction

Technologist

Sector A, R. K. Puram, Kota - 324 010 Mob.: 7375945769

Name Mr. VIJAY VASHISTH	Visit Date & Time 23/03/2024 16:08:25	PATIENT ID 322361797
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BIOCHEMISTRY

Test Name	Value	Status	Unit	Biological Ref Interval
HBA1C HAEMOGLOBIN GLYCOSYLATED BLOOD Method : H.P.L.C. with EDTA Blood	5.10		%	SEE BELOW

HBA1c (%) Interpretation

- Below 6.0% - Normal Value
- 6.0% - 7.0% - Good Control
- 7.0% - 8.0% - Fair Control
- 8.0% - 10% - Unsatisfactory Control
- above 10% - Poor Control

Method- Fully Automated H.P.L.C. Method using Bidirectional ,NGSP Certified.

Clinical Information:

In vitro quantitative determination of HbA1c in whole blood is utilized in long term monitoring of glycemia. The HbA1c level correlates with the mean glucose concentration prevailing in the course of the patient's recent history (approx - 6-8 weeks) and therefore provides much more reliable information for glycemia monitoring than do determinations of blood glucose or urinary glucose. It is recommended that the determination of HbA1c be performed at intervals of 4-6 weeks during Diabetes Mellitus therapy. Results of HbA1c should be assessed in conjunction with the patient's medical history, clinical examinations and other findings.

AVERAGE BLOOD GLUCOSE	100	90 - 120 Very Good Control 121 - 150 Adequate Control 151 - 180 Sub-optimal Control 181 - 210 Poor Control > 211 Very Poor Control
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Dr. G P Shukla
 M.D. Pathology
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Technologist

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CANCER MARKER



Test Name	Value	Status	Unit	Biological Ref Interval
PROSTATE SPECIFIC ANTIGEN (PSA) TOTAL Method Tech: ECLIA/Cobas e411	0.96		ng/ml	0 - 4

Distribution of PSA assay Values:

- Non-Malignant Conditions which can give values higher than 4 ng/ml. BPH, Prostatitis, Genitourinary diseases, Renal disease & Cirrhosis.
- Malignant Disease of Prostate Cancer can also give PSA values less than 4.0 ng/ml Stage A & Stage B cancer, Few case of even Stage C & D.

COMMENTS:

Total PSA immunoassay, a quantitative in vitro diagnostic test for total (free + complexed) prostate-specific antigen (tPSA) in human serum and plasma, is indicated for the measurement of total PSA in conjunction with digital rectal examination (DRE) as an aid in the detection of prostate cancer in men aged 50 years or older. Prostate biopsy is required for diagnosis of prostate cancer.

SUMMARY AND EXPLANATION

Elevated concentrations of PSA in serum are generally indicative of a pathologic condition of the prostate (prostatitis, benign hyperplasia or carcinoma). As PSA is also present in para-urethral and anal glands, as well as in breast tissue or with breast cancer, low levels of PSA can also be detected in sera from women. The main areas in which PSA determinations are employed are the monitoring of progress and efficiency of therapy in patients with prostate carcinoma or receiving hormonal therapy. The steepness of the rate of fall in PSA down to no-longer detectable levels following radiotherapy, hormonal therapy or radical surgical removal of the prostate provides information on the success of therapy. An inflammation or trauma of the prostate (e.g. in cases of urinary retention or following rectal examination, cystoscopy, coloscopy, transurethral biopsy, laser treatment or ergometry) can lead to PSA elevations of varying duration and magnitude.

*** End of Report ***



Dr. G P Shukla
M.D. Pathology
R.M.C. No: 15151

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Technologist