

MER- MEDICAL EXAMINATION REPORT

Date of Examination	23/3/24		
NAME	Jatin Singh		
AGE	30	Gender	M
HEIGHT(cm)	182	WEIGHT (kg)	79 B.M.R. 238
B.P.	132/86		
ECG	normal		
X Ray	normal		
Vision Checkup	—		
Present Ailments	None		
Details of Past ailments (If Any)	None		
Comments / Advice : She /He is Physically Fit	Mechanical Fit		

S. K. Rastogi

Signature with Stamp of Medical Examiner

Dr. Smita Rastogi
MBBS, DCP
Reg. No. 37370

भारत सरकार




जतिन सिंह
Jatin Singh
जन्म तिथि/DOB: 29/08/1993
पुरुष / MALE

3979 3792 2901

आम आदमी का अधिकार

Jatin Singh

भारतीय विशिष्ट पहचान प्राधिकरण

भारत

पता:
S/O यशवंत सिंह,
हाउस-8/247, वितीत
बड-6, फोमतीनगर, लखनऊ,
उत्तर प्रदेश/उत्तर प्रदेश -
226010

Address:
S/O Yashwant Singh, house-8/247
village - Jaspur-6, Gomtinagar,
Lucknow
Uttar Pradesh - 226010

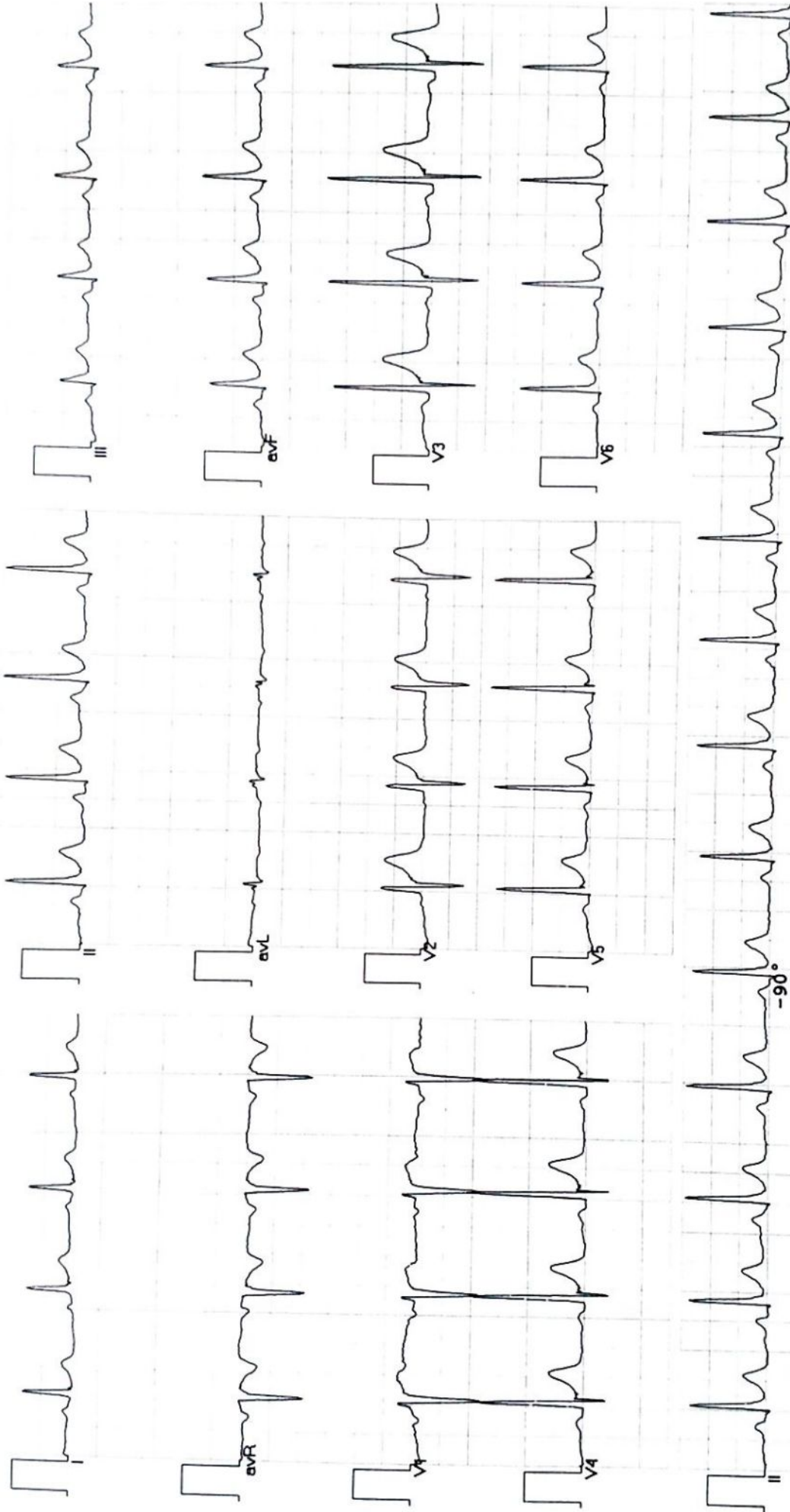
1947
1800 300 1947
help@uidai.gov.in
www.uidai.gov.in
P.O. Box No. 1947,
Bangalore-560 001



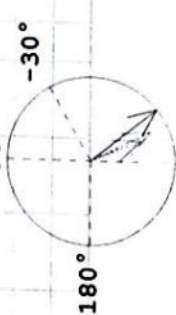
You have been informed that ent ,diet, ophthal consultation facility is not available at our centre. If you are ready then your test can be start

2D echo test facility is not available at our center, instead we do TMT test.

A handwritten signature in blue ink, appearing to read 'S. Singh', written over a horizontal line.



Vent Rate : 82 bpm
 PR Interval : 148 ms
 QRS Duration: 96 ms
 QT/QTc Int : 320/357 ms
 P-QRS-T axis: 67.00 • 51.00 • 63.00 •



Normal ECG

Axis
 90° R 51° T 63°
 Dr. AMIT MOHAN MD
 Reg. No. 14559





MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Date	: 23-Mar-2024		
Name	: Mr. JATIN SINGH	Age	: 30 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male
Haemoglobin	16.4	gm%	14 - 17
Total Leucocyte Count	8300	Cells/cumm.	4000-11000
Differential Leucocyte Count			
Polymorphs	56	%	45 - 70
Lymphocytes	34	%	20 - 45
Eosinophils	06	%	0 - 6
Monocytes	04	%	0 - 8
Basophils	00	%	0 - 1
Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	05	mm in 1st Hr.	0 - 9
PCV	49.2	cc%	40 - 52
Corrected ESR	02	mm in 1st Hr.	0 - 9
Platelet Count	2.50	lakh/cumm.	1.5 - 4.0
Red Cells Count	4.58	million/cmm	3.90 to 5.80
Absolute values			
MCV	94.2	fL	77 - 97
MCH	31.0	pg	27 - 31
MCHC	33.4	gm /dl	31 - 34

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Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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Date : 23-Mar-2024

Name : **Mr. JATIN SINGH**

Age : 30 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

General Blood Picture

RBCs RBCs are Normocytic & Normochromic.
No Normoblasts are seen.

WBCs TLC is within normal range.
DLC shows normal counts.
No immature cells of WBC seen.

PLATELETS Platelets are adequate in number and morphology.

OTHERS No haemoparasites are seen.

IMPRESSION Normal GBP

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Date	: 23-Mar-2024		
Name	: Mr. JATIN SINGH	Age	: 30 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male

KFT			
UREA	22.1	mg %	15 - 50
CREATININE	0.78	mg %	0.5 - 1.5
URIC ACID	5.1	mg %	2 - 7
CALCIUM	9.8	mg %	8.8 - 10.0

Blood Group & Rh	"O" Positive
------------------	--------------

Urine Sugar (Fasting)	NIL
-----------------------	-----

Urine Sugar (PP)	TRACES
------------------	--------

Serum Gamma G.T.	27	IU/L	11 - 50
------------------	----	------	---------

Plasma Glucose - F GOD-POD Method	84	mg/dl	70 - 110
--------------------------------------	----	-------	----------

Plasma Glucose - PP GOD-POD Method	114	mg/dl	110 - 170
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LFT T&D			
Total Bilirubin	0.52	mg%	0.2 - 1.0
Direct Bilirubin	0.16	mg%	0.0 to 0.40
Indirect Bilirubin	0.36	mg%	0.10 to 0.90
S.G.P.f	83	IU/L	5 - 40
S.G.O.T	76	IU/L	5 - 50
ALP	110	IU/L	40 to 129

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Date	: 23-Mar-2024	Age	: 30 Yrs.
Name	: Mr. JATIN SINGH	Sex	: Male
Ref.By	: APOLLO HEALTH		

LIPID PROFILE

Triglycerids	190	mg%	70 - 190
S. Cholestrol S.	203	mg%	130 - 230
S. HDL Cholestrol	48.4	mg%	35 - 75
S. LDL Cholestrol	116.6	mg%	75 - 150
VLDL	38	mg%	0 - 34
Chol / HDL factor	4.19		
LDL / HDL Factor	2.41		

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

- | | |
|---|--|
| TYPE 1: Normal cholesterol
TG greatly raised | TYPE 3: Cholesterol increased
TG increased |
| TYPE 2a: Cholesterol increased
LDL increased
TG normal | TYPE 4: Cholesterol normal /increased
VLDL increased
TG increased |
| TYPE 2b Chol. increased
VLDL raised
TG increased
LDL increased | TYPE 5: Cholesterol increased
LDL reduced
VLDL increased
TG greatly increased |

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Date	: 23-Mar-2024	Age	: 30 Yrs.
Name	: Mr. JATIN SINGH	Sex	: Male
Ref.By	: APOLLO HEALTH		

Urine Examination

PHYSICAL			
Colour	Straw		
Turbidity	Nil		
Deposit	Nil		
Reaction	Acidic		
*Specific Gravity	1.020		
CHEMICAL			
Protein	Nil		
Sugar	Nil		
*Bile Salts	Nil		
*Bile Pigments	Nil		
Phosphate	Nil		
MICROSCOPIC			
Pus Cells	Nil		
Epithelial Cells	Few	/hpf	
Red Blood Cells	Nil	/hpf	
Casts	Nil	/hpf	
Crystals	Nil		
Others	Nil		

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Date	: 23-Mar-2024	Age	: 30 Yrs.
Name	: Mr. JATIN SINGH	Sex	: Male
Ref.By	: APOLLO HEALTH		

THYROID TEST

Tri-iodothyronine (T3)	1.86	nmol/L	0.50 to 2.50
Thyroxine (T4)	5.50	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	1.61	mIU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date : 23-Mar-2024
Name : **Mr. JATIN SINGH**
Ref.By : APOLLO HEALTH
Age : 30 Yrs.
Sex : Male

Glycosylated Haemoglobin 5.4 % **Glycosylated Haemoglobin** 4.5 TO 6.0

=====

INTERPRETATION AND COMMENTS

=====

- NON DIABETIC : 4.5 to 6.0 %
- GOOD CONTROL: 6.0 to 7.0
- FAIR CONTROLLED 7.0 AND 8.0
- UNCONTROLLED 8.0 AND ABOVE

Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.

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Mob.: 7618884441, 9450389932, 8177063877



TEST REQUEST ID :012403230054	SAMPLE DATE	:23/Mar/2024 11:54AM
NAME :Mr. JATIN SINGH	SAMPLE REC. DATE	:23/Mar/2024 11:54AM
AGE/SEX :30 YRS/MALE	REPORTED DATE	:23/Mar/2024 02:27PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01230054

USG WHOLE ABDOMEN-MALE

Liver: is enlarged in size (159 mm). Parenchymal echogenicity is normal. No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (115 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK- 97 x 41 mm & LK -106 x 47 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Prostate: is normal in size (33 x 32 x 22 mms, wt = 12.9 gms), shape and echotexture. No focal echovariant lesion is seen. Prostatic capsule appears to be intact. Median lobe is not projecting in UB lumen. Both seminal vesicles appear normal.

Both iliac fossae are clear. No obvious bowel pathology is noted.
There is no free fluid in peritoneal cavity.

OPINION: HEPATOMEGALY.

*** End Of Report ***

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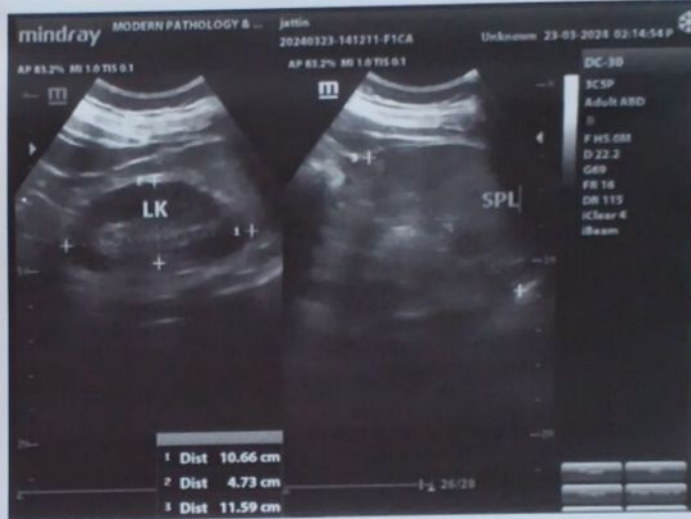
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Gomti Nagar Lucknow

Report



JATIN SINGH / 30 Yrs / M / 182 Cms / 79 Kg
 Date: 23 - 03 - 2024 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:05	0:05	00.0	00.0	01.0	087	46 %	130/86	113	00	
Standing	00:09	0:04	00.0	00.0	01.0	090	47 %	130/86	117	00	
HV	00:14	0:05	00.0	00.0	01.0	090	47 %	130/86	117	00	
ExStart	00:34	0:20	00.0	00.0	01.0	098	52 %	130/86	127	00	
BRUCE Stage 1	03:34	3:00	02.7	10.0	04.7	109	57 %	136/90	148	00	
BRUCE Stage 2	06:34	3:00	04.0	12.0	07.1	135	71 %	144/94	194	00	
PeakEx	08:45	2:11	05.5	14.0	09.4	161	85 %	150/98	241	00	
Recovery	09:45	1:00	00.0	00.0	01.2	138	73 %	146/96	201	00	
Recovery	10:45	2:00	00.0	00.0	01.0	115	61 %	140/92	161	00	
Recovery	11:45	3:00	00.0	00.0	01.0	108	57 %	134/88	144	00	
Recovery	12:07	3:22	00.0	00.0	01.0	100	53 %	134/88	134	00	

FINDINGS :

Exercise Time : 08:11
 Max HR Attained : 161 bpm 85% of Target 190
 Max BP Attained : 150/98 (mm/Hg)
 Max WorkLoad Attained : 9.4 Good response to induced stress
 Test End Reasons : Test Complete

REPORT :

CONCLUSIONS:

1. STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE.


 Dr. ANSHU MOHAN
 MD
 Reg. No. 44559

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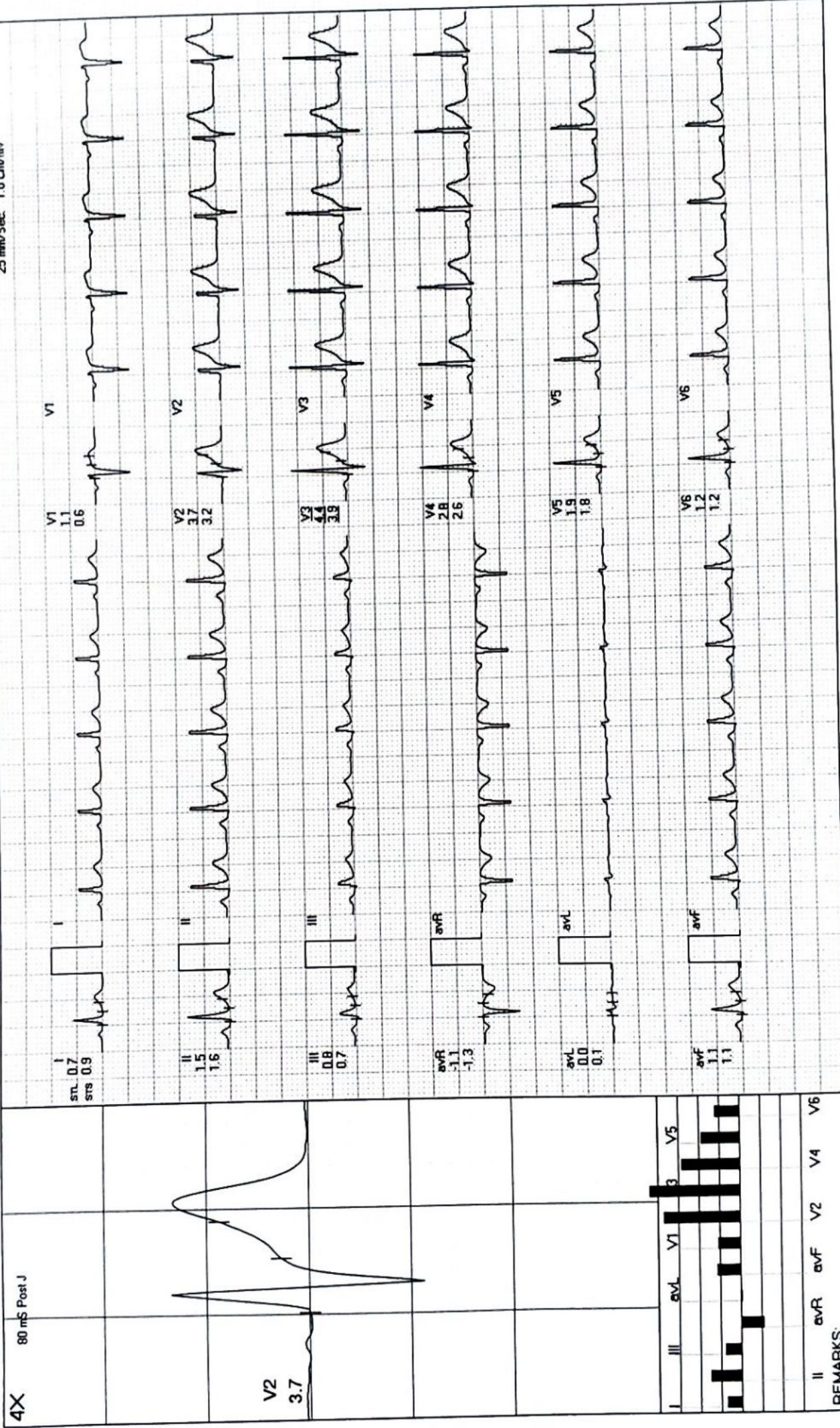
BRUCE:Supine(0:05)



JATIN SINGH / 30 Yrs / M / 182 Cms / 79 Kg / HR : 87

Date: 23 - 03 - 2024 METS: 1.0/87 bpm 46% of THR BP: 130/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 00:00 0.0 KmPh. 0.0%
25 mm/Sec. 1.0 Cm/mV



4X	80 mS Post J	
V2	3.7	
I	III	avL V1 3 V5
II	avR	avF V2 V4 V6
REMARKS:		

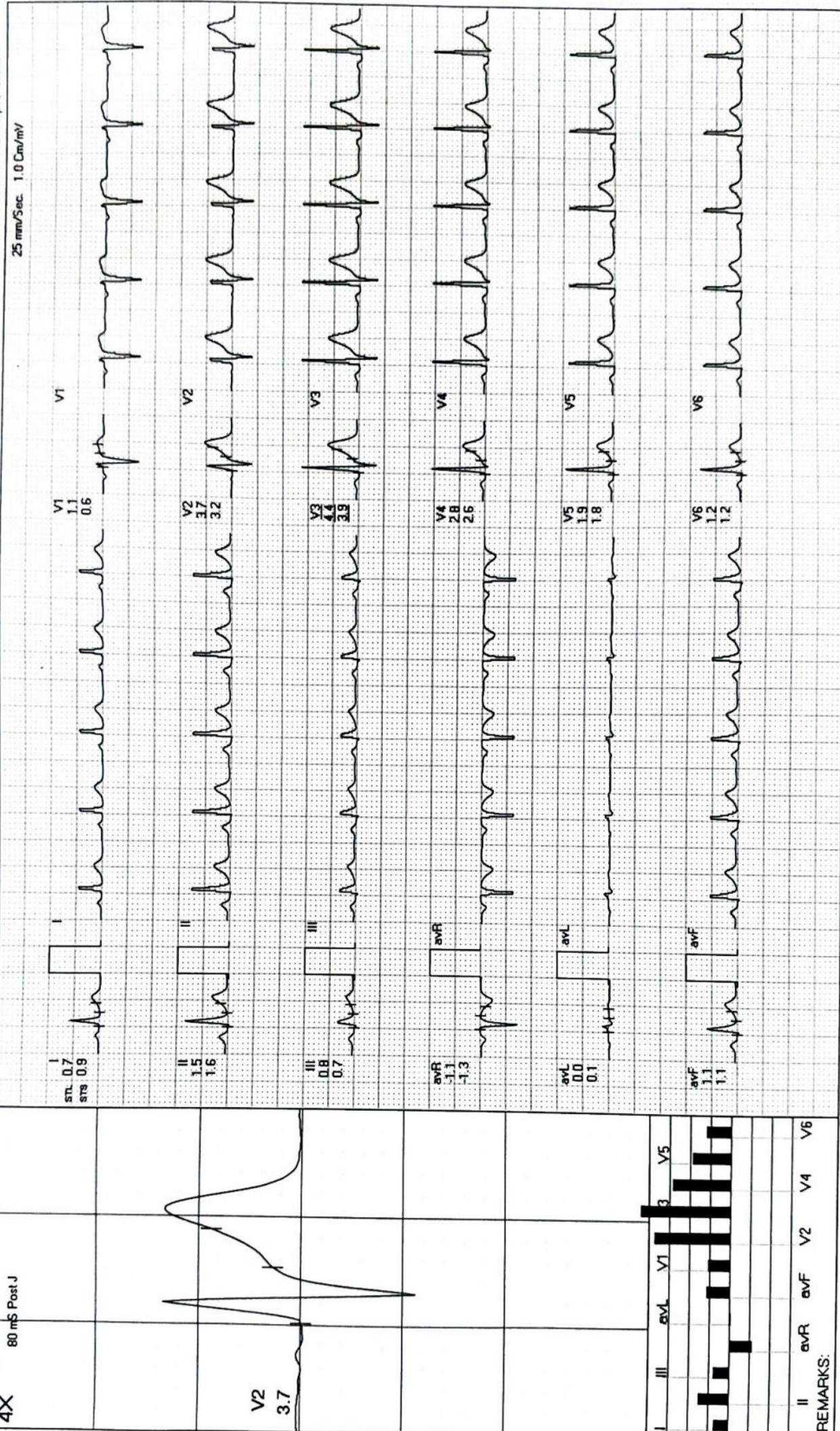
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JATIN SINGH / 30 Yrs / M / 182 Cms / 79 Kg / HR : 90

BRUCE: Standing(0:05)



Date: 23-03-2024 METS: 1.0/ 90 bpm 47% of THR BP: 130/86 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExtTme: 00:00 0.0 Kmph. 0.0%



REMARKS:

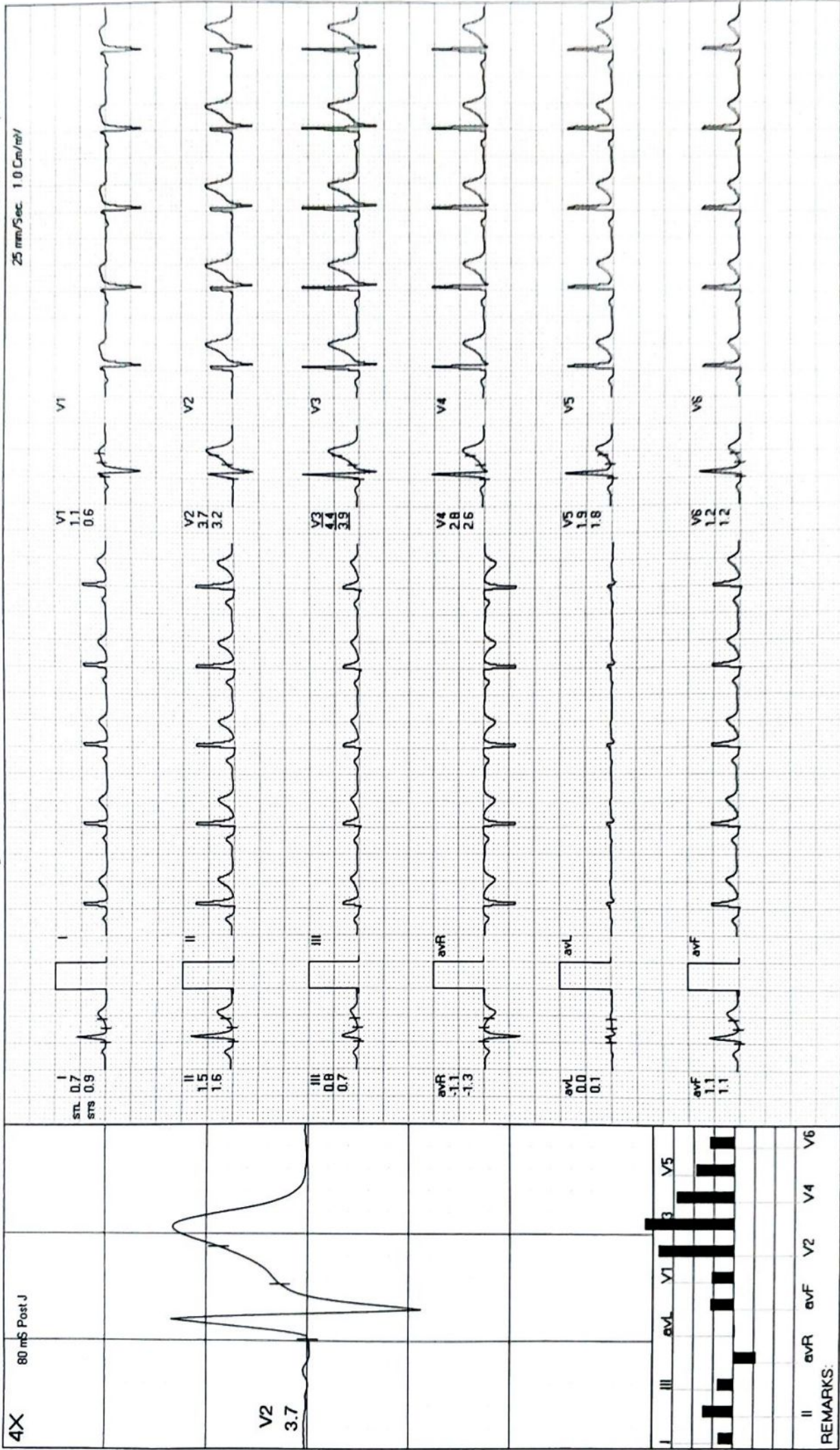
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JATIN SINGH / 30 Yrs / M / 182 Cms / 79 Kg / HR : 90

BRUCE:HV(0:06)



Date: 23-03-2024 METS: 1.0/ 90 bpm 47% of THR BP: 130/86 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Km/ph. 0.0%



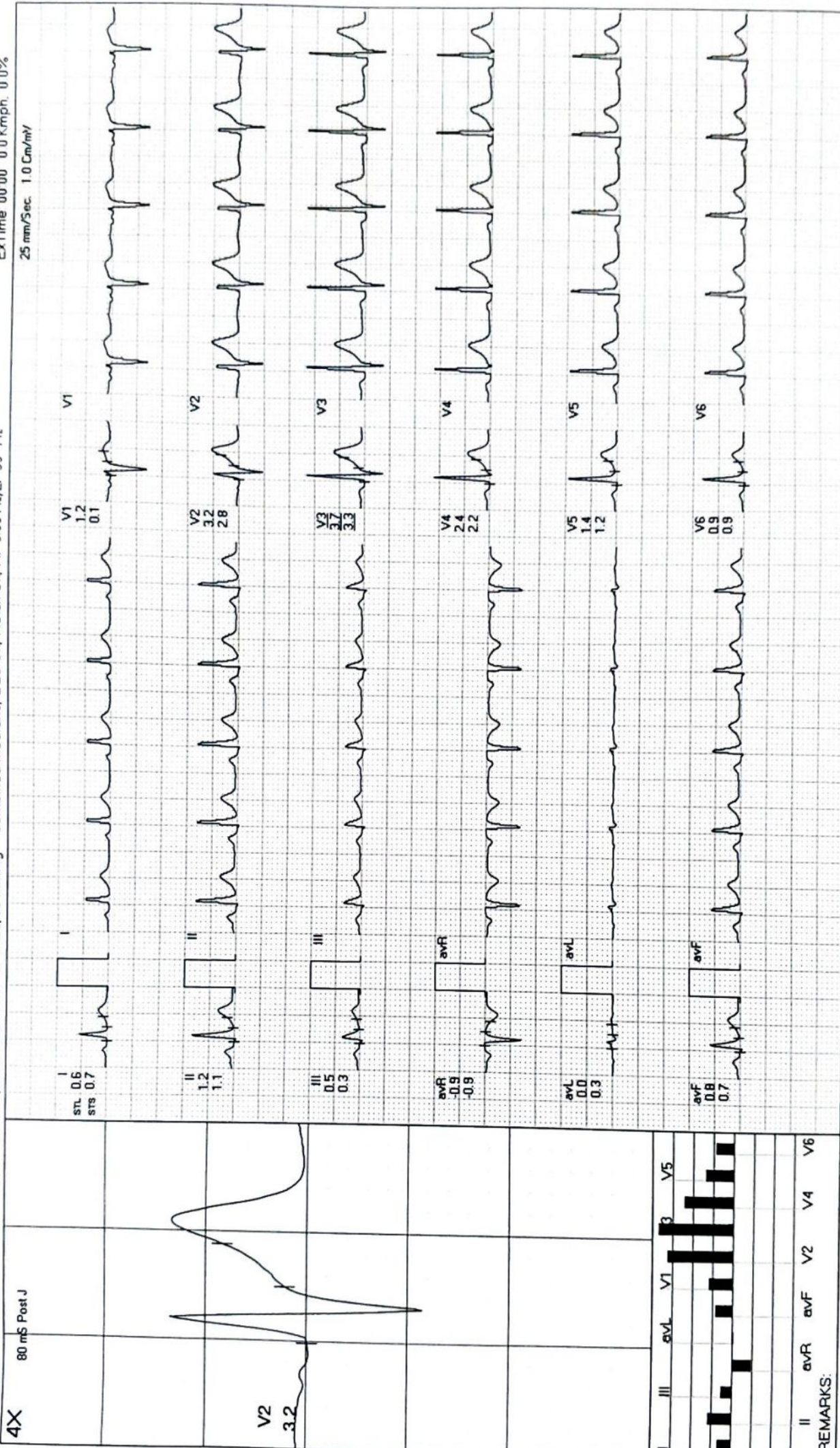
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JATIN SINGH / 30 Yrs / M / 182 Cms / 79 Kg / HR : 98

ExStart



Date: 23-03-2024
 METS: 1.0/98 bpm 52% of THR BP: 130/86 mmHg Combined Medians/BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz
 ExTime 00:00 0.0 Kmph 0.0%
 25 mm/Sec. 1.0 Cm/mV

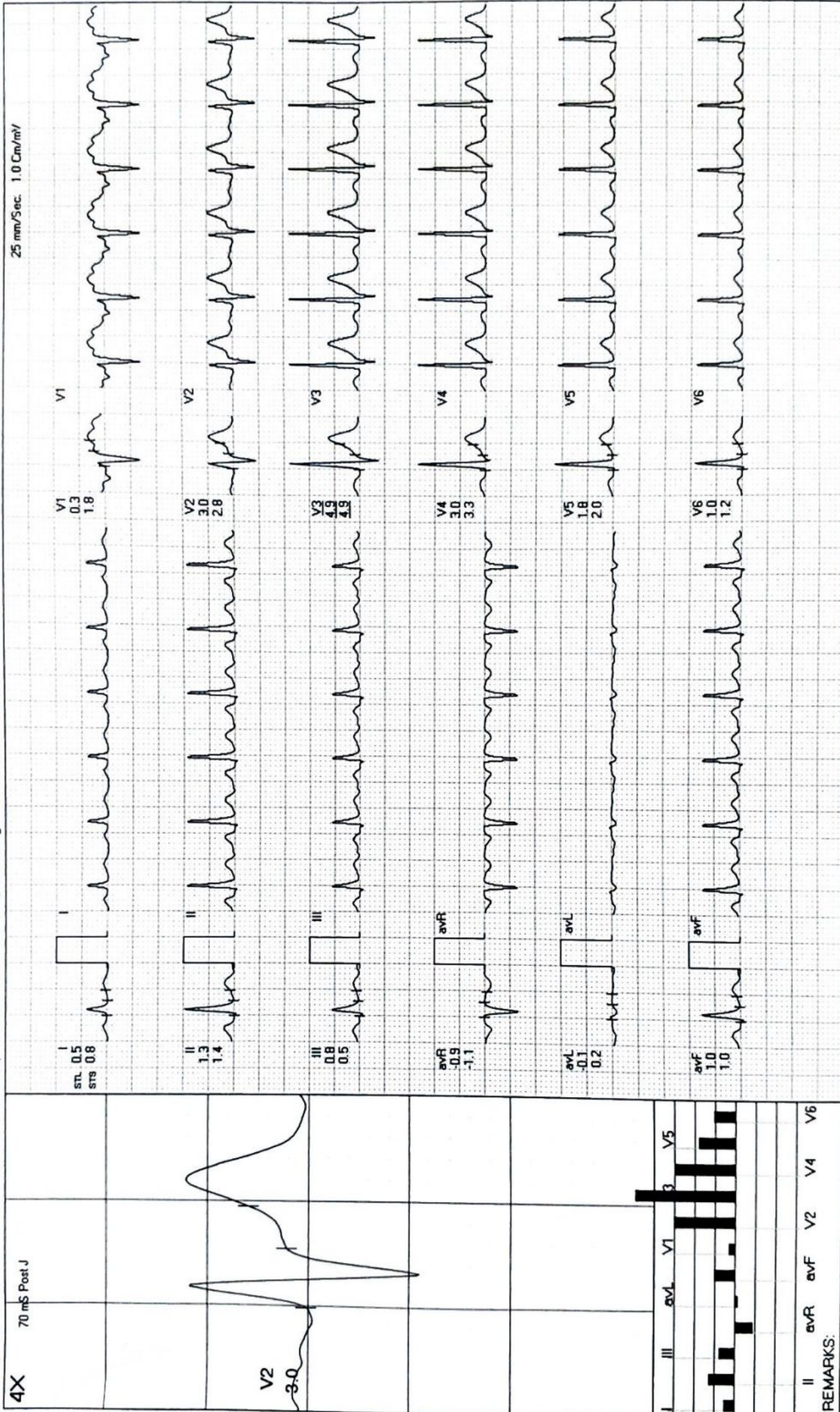


REMARKS:
 II aVR aVF V2 V4 V6



JATIN SINGH / 30 Yrs / M / 182 Cms / 79 Kg / HR : 109

Date: 23-03-2024 METS: 4.7/109 bpm 57% of THR BP: 136/90 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime 03:00 2.7 Kmph. 10.0%



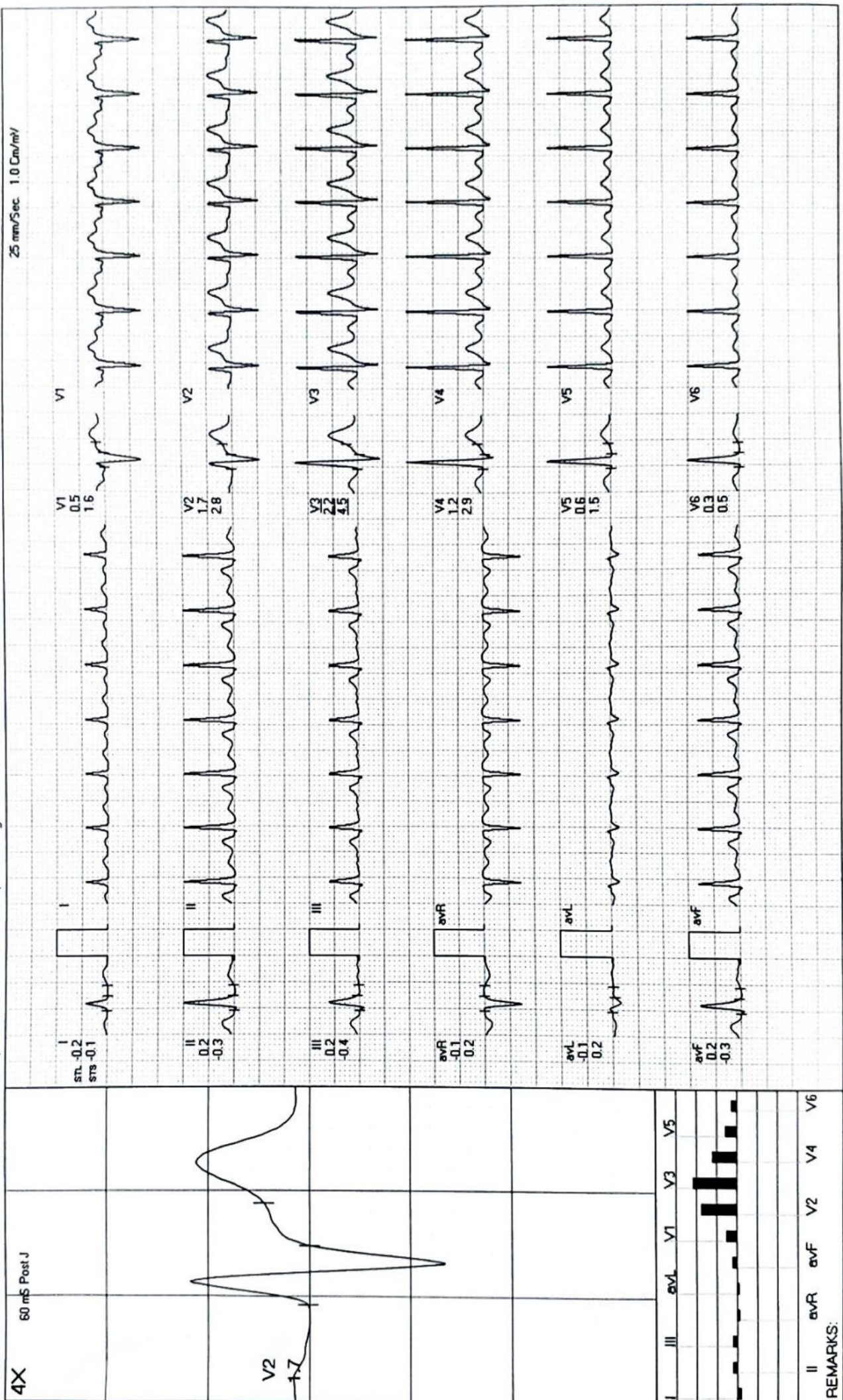
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JATIN SINGH / 30 Yrs / M / 182 Cms / 79 Kg / HR : 135

BRUCE: Stage 2(3:00)



Date: 23-03-2024 METS: 7.1/135 bpm 71% of THR BP: 144/94 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 06:00 4.0 Kmph. 12.0%



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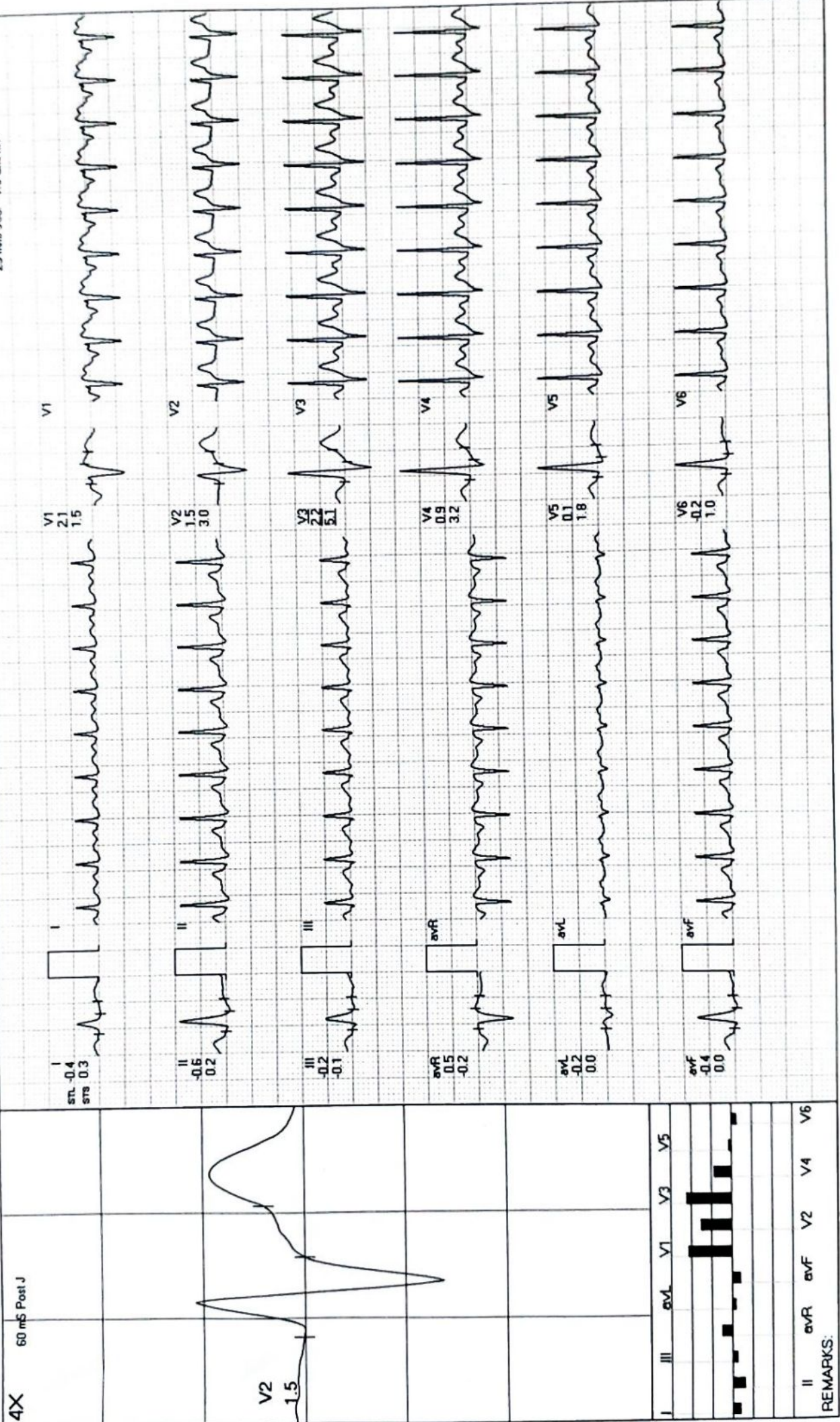
JATIN SINGH / 30 Yrs / M / 182 Cms / 79 Kg / HR : 161

PeakEx



ExTime 08:11 55 Kmph. 14.0%
25 mm/Sec. 1.0 Cm/mV

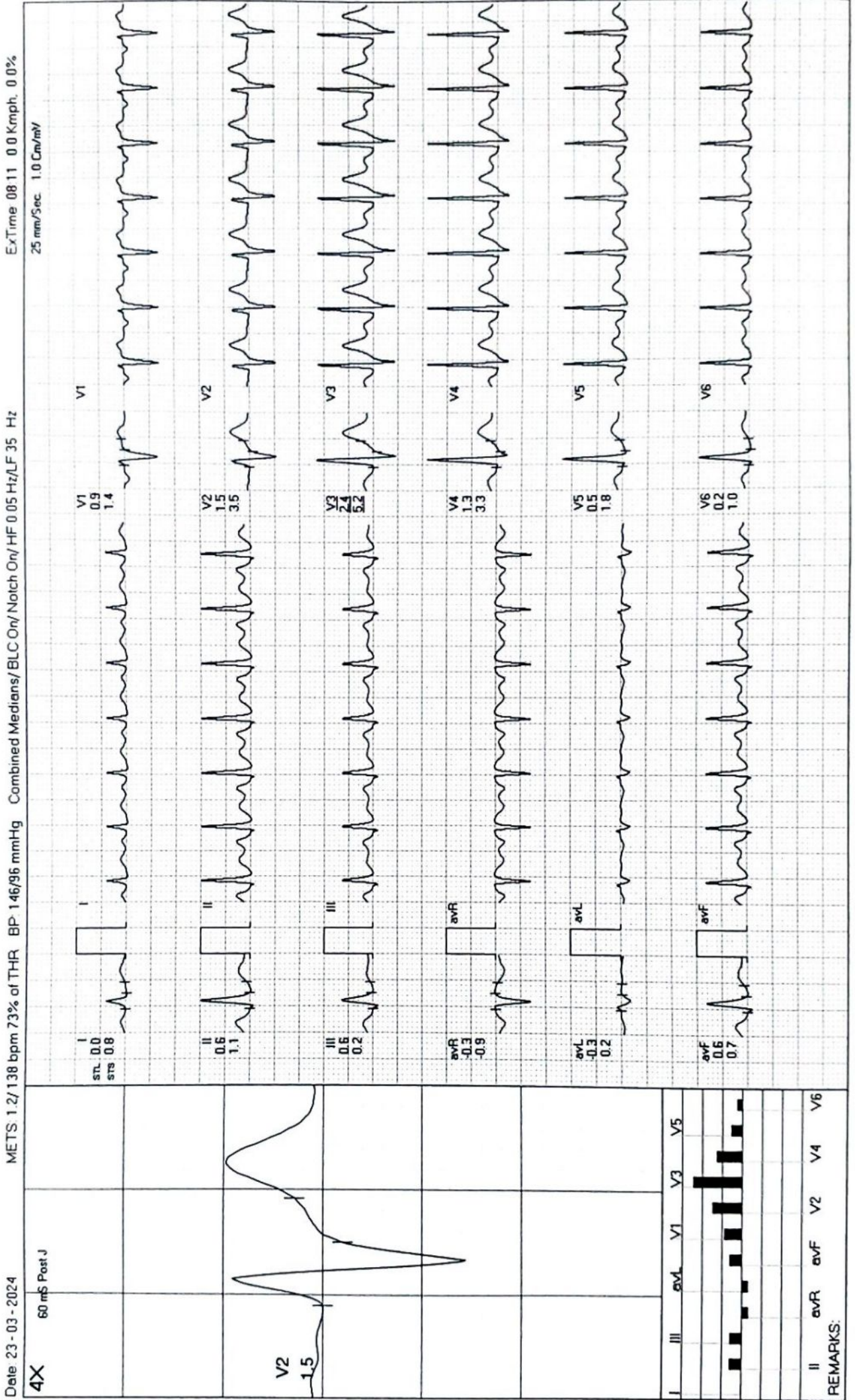
Date 23-03-2024 METS 9.4/161 bpm 85% of THR BP: 150/98 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz



MODERN PATHOLOGY AND DIAGNOSTIC CENTER

JATIN SINGH / 30 Yrs / M / 182 Cms / 79 Kg / HR : 138

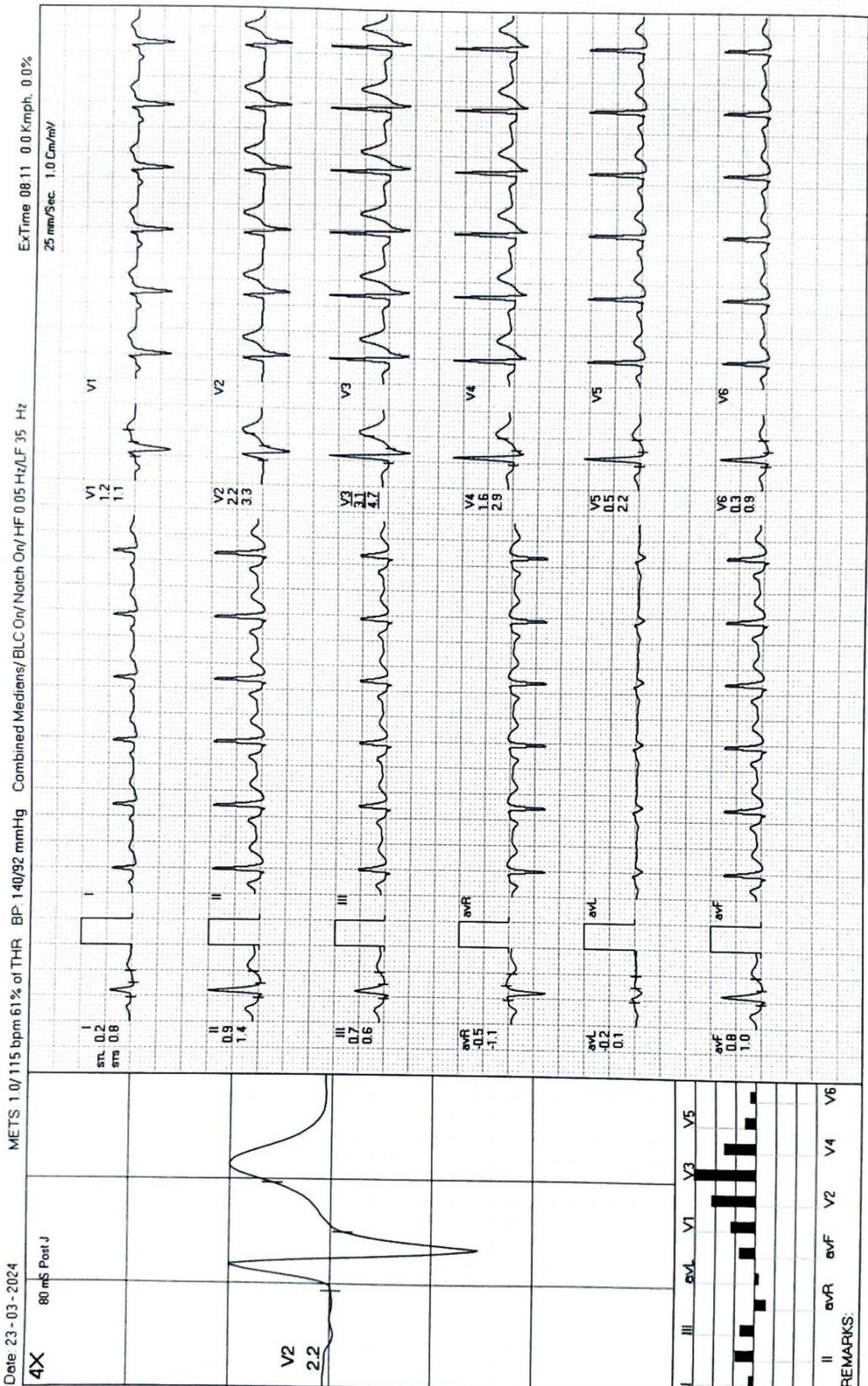
Recovery(1:00)



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JATIN SINGH / 30 Yrs / M / 182 Cms / 79 Kg / HR : 115

Recovery(2:00)



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JATIN SINGH / 30 Yrs / M / 182 Cms / 79 Kg / HR : 108

Recovery(3:00)



Date: 23-03-2024

METS 1.0/108 bpm 57% of THR BP: 134/88 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime 08:11 0.0 Kmph. 0.0%

4X 80 mS Post J

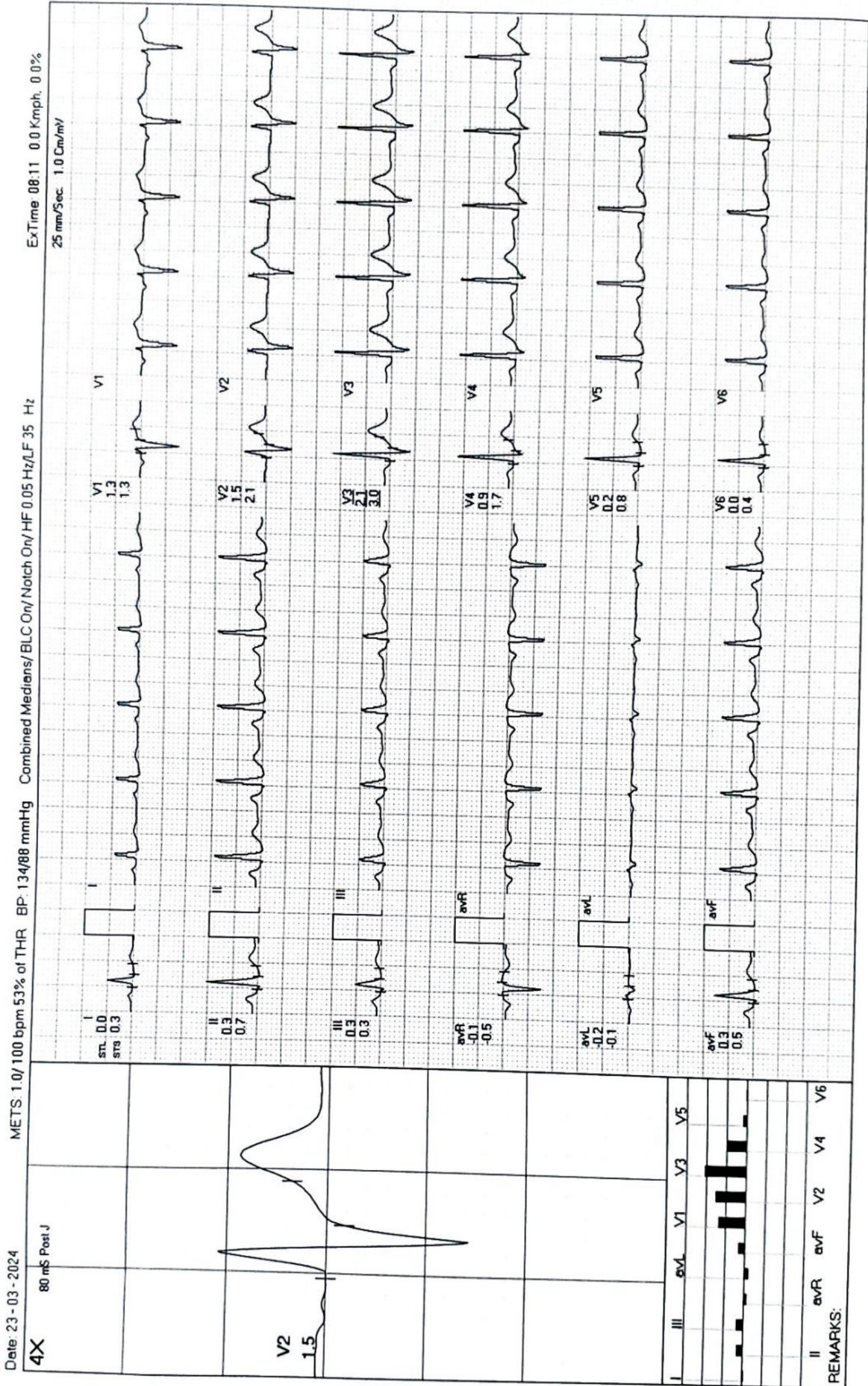
25 mm/Sec. 1.0 Cm/mV



V2 1.8



REMARKS:





MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :
1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877



TEST REQUEST ID :012403230054	SAMPLE DATE	:23/Mar/2024 11:54AM
NAME :Mr. JATIN SINGH	SAMPLE REC. DATE	:23/Mar/2024 11:54AM
AGE/SEX :30 YRS/MALE	REPORTED DATE	:23/Mar/2024 12:49PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01230054

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

Dr. Sanjay Rastogi
M.B.B.S., DCP, CRIAT (BARC)

DR. PANKAJ UPADHYAYA

Dr. Smita Rastogi
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation • Not for Medico Legal Purpose

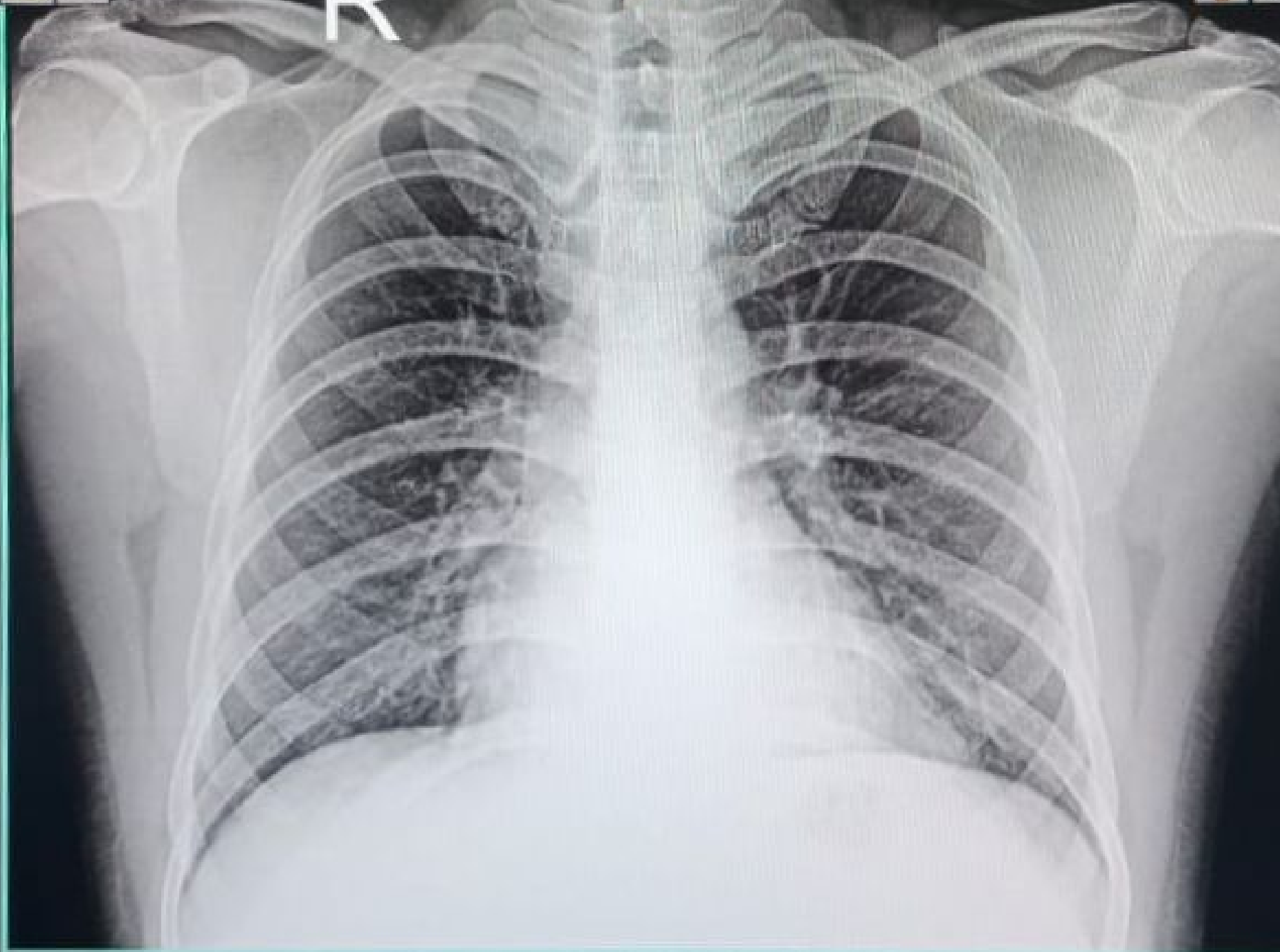
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NEW!



24032303922 MR JATIN SINGH 00 YRS M DR SELF CHEST PA
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