Apollo
TOUCHING LIVES

MEDICAL SUMMARY

Apollo Clinic VASHI

NAME:	Mr. Rahul Ghosh	UHID:	
AGE:	34	DATE OF HEALTHCHECK:	23/2/2024
GENDER:	M		

HEIGHT:	176.5	MARITAL STATUS:	M
WEIGHT:	76.6	NO OF CHILDREN:	1
BMI:	24.6		

C/O:

K/C/O:

PRESENT MEDICATION: - no

P/M/H: - no

P/S/H: - no

ALLERGY: - no

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary

H/A: SMOKING: ALCOHOL: TOBACCO/PAN: } NAD

FAMILY HISTORY FATHER: - HTN

MOTHER: - HTN.

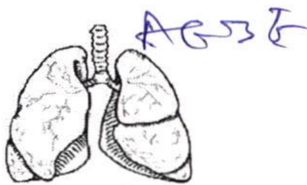
O/E:

BP: 120/70 mmHg PULSE: - 64/min

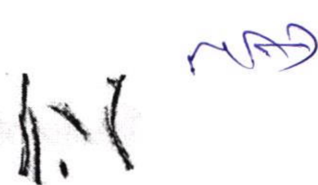
TEMPERATURE: N SCARS: -

LYMPHADENOPATHY: PALLOR/ICTERUS/CYNOSIS/CLUBBING: OEDEMA: } NAD

S/E:
RS: AEBE



P/A: NAD



CVS: S1S2 N

Extremities & Spine: - no

ENT: - NAD

CNS: Conscious, oriented

Skin: - Dryness of skin

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

Vashi : M/S. Indira Health & Lifestyle Pvt. Ltd. The Emerald, 1st Floor, Plot No. 195, Sector - 12, Besides Neel Siddhi Tower, Vashi - Navi Mumbai - 400703.
Tel.: (022) - 2788 1322 / 23 / 24 8291490000 • Email: apolloclinicvashi@gmail.com

Name: Mr. Rahul Ghosh	Age: 34/M	Date of Health check-up: 23/03/2024.

Findings and Recommendation:

Findings:-

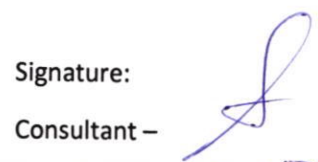
- Renal Calculi
- UA ↑↑
- Hb ↓↓

Recommendation:-

- R/o Urologist opinion
- Diet restriction / Iron supplement
- T. Febuxo. 40 mg x 1 month.

Signature:

Consultant –



DR. ANIRBAN DASGUPTA
MBBS, D.N.B MEDICINE
DIPLOMA CARDIOLOGY
MMC-2005/02/0920

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Apollo Clinic VASHI

OPHTHALMIC EVALUATION

UHID No.: ____________ Date : 23/3/24

Name : Mr Rahul Age : 34 Gender : Male/Female ✓

Without Correction : myope

Distance: Right Eye ____________ Left Eye ____________

Near : Right Eye ____________ Left Eye ____________

With Correction :

Distance: Right Eye 6/6 Left Eye 6/6

Near : Right Eye N6 Left Eye N6

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance	-1.5	-0.25	20°			-1.0	-0.25	120°		
Near					Priority dep					

Colour Vision : N

Anterior Segment Examination : N (BE)

Pupils : ____________

Fundus : ____________

Intraocular Pressure : 12 mm Hg (BE)

Diagnosis : Refractive error [illegible]

Advice : ____________

Re-Check on 6 mths (This Prescription needs verification every year)

Dr. [signature]

(Consultant Ophthalmologist)

DR. RUCHIRA SHARMA
M. S. (OPHTH)
CONSULTING OPHTHALMOLOGIST
& MICRO SURGEON
REG. No.: 3262 / 09 / 02

Apollo TOUCHING LIVES

Apollo Clinic VASHI

DENTAL CHECKUP

Name: Rahul Ghosh	MR NO:
Age/Gender : 34/M	Date: 23/8/24.

Medical history: ☐ Diabetes ☐ Hypertension ☐ ____________

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus& Stains			✓	✓
Mobility				
Caries (Cavities)				
a)Class 1 (Occlusal)				
b)Class 2 (Proximal)				
c)Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

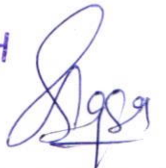
TREATMENT ADVICED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction				

Oral Prophylaxis: ☑ Scaling & polishing
Orthodontic Advice for Braces: ☐ Yes /☐ No
Prosthetic Advice to Replace Missing Teeth: ☐ Denture ☐ Bridge ☐ Implant
Oral Habits: ☐ Tobacco ☐ Cigarette ☐ Others since ____ years
☐ Advice to quit any form of tobacco as it can cause cancer.
Other Findings: ____________

- Scaling & polishing :- 1300.

DR. AQSA SHAIKH
B. D. S
Reg. No: A 42611



• ANDHERI • COLABA • NASHIK • VASHI

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MC-2364
Indira Health And Lifestyle Private Limited.
NABL Accredited Laboratory
The Emerald, 1st Floor, Plot No. 195, Sector-12,
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Apollo Clinic VASHI

Name	: Mr. Rahul Ghosh	Gender	: Male	Age	: 34 Years
UHID	: FVAH 11116.	Bill No	:	Lab No	: V-2753-23
Ref. by	: SELF	Sample Col.Dt	: 23/03/2024 08:25		
Barcode No	: 3231	Reported On	: 23/03/2024 15:30		

TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL
HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)			
Haemoglobin(Colorimetric method)	**12.6**	g/dl	13 - 18
RBC Count (Impedance)	5.14	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	39.8	%	35 - 55
MCV:(Calculated)	**77.5**	fl	78 - 98
MCH:(Calculated)	**24.5**	pg	26 - 34
MCHC:(Calculated)	31.6	gm/dl	30 - 36
RDW-CV:	14.9	%	11.5 - 16.5
Total Leucocyte count(Impedance)	5330	/cumm.	4000 - 10500
Neutrophils:	60	%	40 - 75
Lymphocytes:	28	%	20 - 40
Eosinophils:	**08**	%	0 - 6
Monocytes:	04	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	1.63	Lakhs/c.mm	1.5 - 4.5
MPV	**11.8**	fl	6.0 - 11.0
ESR(Westergren Method)	14	mm/1st hr	0 - 20
Peripheral Smear (Microscopic examination) RBCs:	Hypochromasia(+) , Microcytosis(+)		
WBCs:	Eosinophilia		
Platelets	Adequate		
Note:	Test Run on 5 part cell counter. Manual diff performed.		

Vasanti Gondal
Entered By

Ms Kaveri Gaonkar
Verified By

Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

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TEST	RESULTS
	Blood Grouping (ABO & Rh)-WB(EDTA) Serum
ABO Group:	**:B:**
Rh Type:	**Positive**
Method :	Matrix gel card method (forward and reverse)
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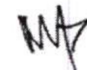

Dilpreetkaur S Singh
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TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL

HbA1c(Glycosylated Haemoglobin)WB-EDTA

(HbA1C) Glycosylated Haemoglobin :	5.5	%	Normal <5.7 % Pre Diabetic 5.7 - 6.5 % Diabetic >6.5 % Target for Diabetes on therapy < 7.0 % Re-evalution of therapy > 8.0 %
Mean Blood Glucose :	111.15	mg/dL	

Corelation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298

Method High Performance Liquid Chromatography (HPLC).

INTERPRETATION

* The HbA1c levels corelate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose.
* This Methodology is better then the routine chromatographic methods & also for the daibetic pts.having HEMOGLBINOPATHIES OR UREMIA as Hb varaints and uremia does not INTERFERE with the results in this methodology.
* It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts.& every 3 - 4 months in well controlled daibetics .
* Mean blood glucose (MBG) in first 30 days (0-30)before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

Vasanti Gondal Entered By	Ms Kaveri Gaonkar Verified By	Dr. Milind Patwardhan M.D(Path) Chief Pathologist

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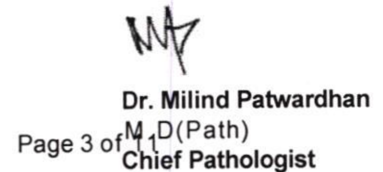
PLASMA GLUCOSE

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
Fasting Plasma Glucose :	99	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : >= 126 mg/dL (on more than one occasion) (American diabetes association guidlines 2016)
Post Prandial Plasma Glucose :	105	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : >= 200 mg/dL (on more than one occasion) (American diabetes association guidlines 2016)

Method : Hexokinase



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LIPID PROFILE - Serum

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
S. Cholesterol(Oxidase)	165	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	72	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	14.4	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	**36.5**	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	114.1	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	4.5		3.5 - 5
Ratio of LDL/HDL	3.1		2.5 - 3.5

Alsaba Shaikh
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LFT(Liver Function Tests)-Serum

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
S.Total Protein (Biuret method)	7.36	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.28	g/dL	3.5 - 5.2
S.Globulin (Calculated)	3.08	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.39		0.9 - 2
S.Total Bilirubin (DPD):	0.45	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.18	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.27	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	15	U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P):	14	U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic):	125	U/L	40 - 129
S.GGT(IFCC Kinetic):	13	U/L	11 - 50

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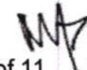

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TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL
	BIOCHEMISTRY		
S.Urea(Urease Method)	23.5	mg/dl	10.0 - 45.0
BUN (Calculated)	10.96	mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.81	mg/dl	0.50 - 1.3
BUN / Creatinine Ratio	13.53		9:1 - 23:1
S.Uric Acid(Uricase Method)	**7.5**	mg/dl	3.4 - 7.0

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
	Thyroid (T3,T4,TSH)- Serum		
Total T3 (Tri-iodo Thyronine) (ECLIA)	1.7	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	74.83	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	2.56	□IU/ml	Euthyroid :0.35 - 5.50 □IU/ml Hyperthyroid : < 0.35 □IU/ml Hypothyroid : > 5.50 □IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

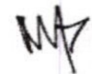
1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyrodism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone



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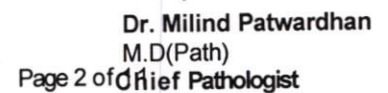
URINE REPORT

TEST	RESULTS		BIOLOGICAL REFERENCE INTERVAL
PHYSICAL EXAMINATION			
QUANTITY	20	mL	
COLOUR	Pale Yellow		
APPEARANCE	Slightly Hazy		Clear
SEDIMENT	Absent		Absent
CHEMICAL EXAMINATION(Strip Method)			
REACTION(PH)	8.0		4.6 - 8.0
SPECIFIC GRAVITY	1.010		1.005 - 1.030
URINE ALBUMIN	Absent		Absent
URINE SUGAR(Qualitative)	Absent		Absent
KETONES	Absent		Absent
BILE SALTS	Absent		Absent
BILE PIGMENTS	Absent		Absent
UROBILINOGEN	Normal(<1 mg/dl)		Normal
OCCULT BLOOD	Absent		Absent
Nitrites	Absent		Absent
MICROSCOPIC EXAMINATION			
PUS CELLS	Occasional		0 - 3/hpf
RED BLOOD CELLS	Nil /HPF		Absent
EPITHELIAL CELLS	2 - 3 /hpf		3 - 4/hpf
CASTS	Absent		Absent
CRYSTALS	Absent		Absent
BACTERIA	Absent		Absent



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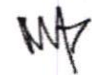
STOOL EXAMINATION

TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
PHYSICAL EXAMINATION		
COLOUR	Brown	
CONSISTENCY	Semi Solid	
MUCUS	Absent	Absent
CHEMICAL EXAMINATION		
OCCULT BLOOD (Guaiac method)	Absent	Absent
PH(Litmus paper)	Acidic	Acidic/Alkaline
MICROSCOPIC EXAMINATION		
PUS CELLS	Absent	0 - 1
EPITHELIAL CELLS	Absent	Absent
RED BLOOD CELLS	Nil /HPF	Absent
FAT GLOBULES	Absent	Absent
VEGETABLE FIBRES	Present	Present
YEASTS	Absent	Absent
CYST	Absent	Absent
VEGETATIVE FORMS	Absent	Absent
OVA	Absent	Absent
LARVAE	Absent	Absent



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Rahul, Ghosh
11116

Male

34 Years

23.03.2024 9:02:09
Apollo Clinic
1st Flr,The Emerald,Sector-12,
Vashi, Mumbai-400703.

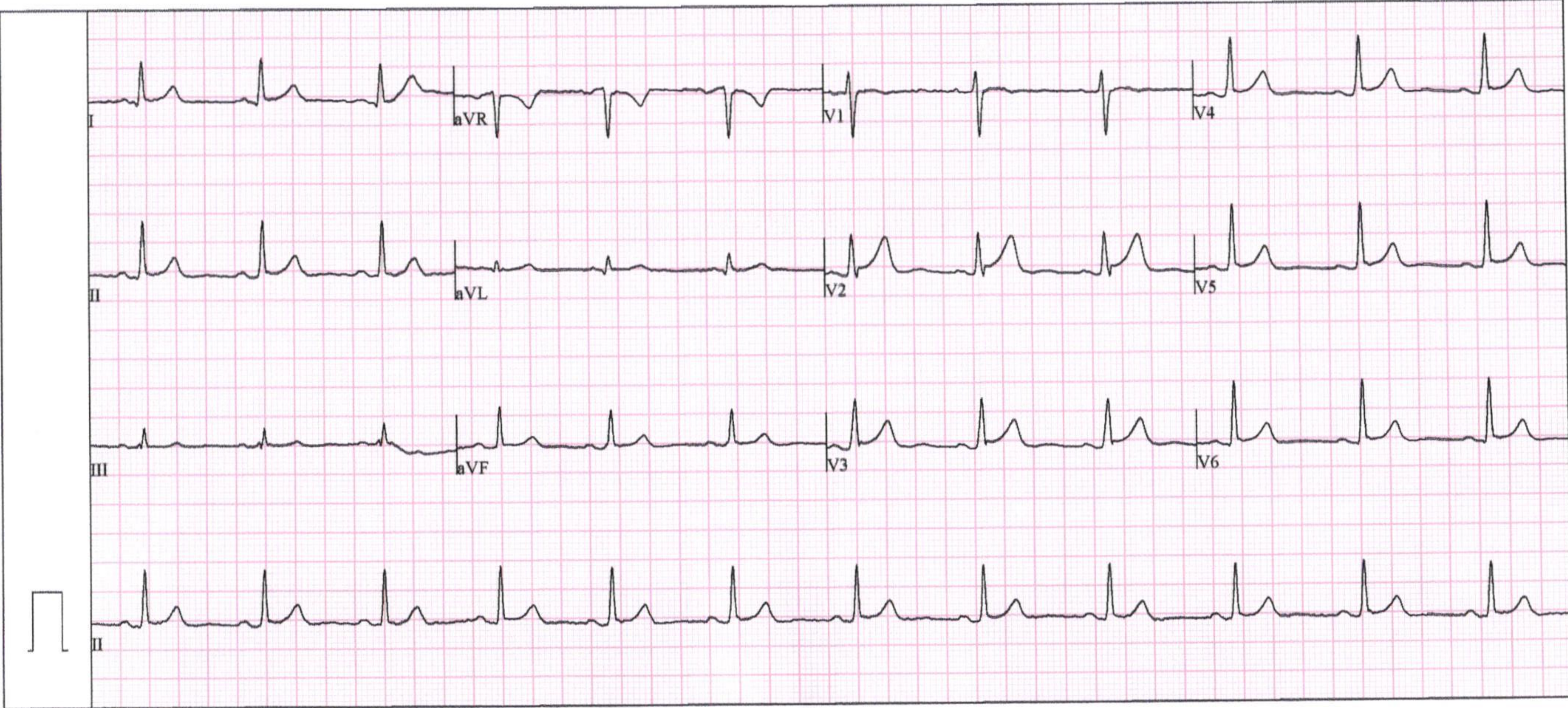
73 bpm
-- / -- mmHg

QRS	:	86 ms
QT / QTcBaz	:	346 / 381 ms
PR	:	136 ms
P	:	100 ms
RR / PP	:	826 / 821 ms
P / QRS / T	:	45 / 48 / 30 degrees

Normal sinus rhythm
Normal ECG

NORMAL ECG

Dr. ANIRBAN DASGUPTA
M.B.,B.S., D.N.B. Medicine
Diploma Cardiology
MMC -2005/02/0920



GE MAC2000 1.1 12SL™ v241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz Unconfirmed 4x2.5x3_25_R1 1/1

Apollo Clinic
The Emerald, Plot No-195/B, Sector-12,
Neel Siddhi Towers, Vashi-400703

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: RAHUL, GHOSH
Patient ID: 11116
Height:
Weight:

DOB: 06.05.1990
Age: 33yrs
Gender: Male
Race: Asian

Study Date: 23.03.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR.ANIRBAN DASGUPTA
Technician: Anita Gaikwad

Medications:
NIL

Medical History:
NIL

Reason for Exercise Test:

reening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:09	0.00	0.00	84	120/80	
	STANDING	00:11	0.00	0.00	85		
	HYPERV.	00:20	0.00	0.00	83		
	WARM-UP	00:05	0.00	0.00	83		
EXERCISE	STAGE 1	03:00	1.70	10.00	130	130/80	
	STAGE 2	03:00	2.50	12.00	151	140/90	
	STAGE 3	01:01	3.40	14.00	169	150/90	
RECOVERY		01:04	0.00	0.00	130	160/90	

The patient exercised according to the BRUCE for 7:00 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 85 bpm rose to a maximal heart rate of 169 bpm. This value represents 90 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg , rose to a maximum blood pressure of 160/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR.ANIRBAN DASGUPTA

Dasgupta

Dr. ANIRBAN DASGUPTA
M.B.B.S., D.N.B. Medicine
Diploma Cardiology
MMC -2005/02/0920

PATIENT'S NAME	RAHUL GHOSH	AGE :- 34 Y/M
UHID	11116	DATE :-.23 Mar. 24

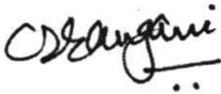
X-RAY CHEST PA VEIW

OBSERVATION:

Patient is in positional obliquity.
Bilateral lung fields are clear.
Both hila are normal.
Bilateral cardiophrenic and costophrenic angles are normal.
The trachea is central.
Aorta appears normal.
The mediastinal and cardiac silhouette are normal.
Soft tissues of the chest wall are normal.
Bony thorax is normal.

IMPRESSION:

- **No significant abnormality seen.**



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Tel.: (022) - 2788 1322 / 23 / 24 8291490000 • Email: apolloclinicvashi@gmail.com

PATIENT'S NAME	RAHUL GHOSH	AGE :- 34y/M
UHID NO	11116	23 Mar 2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture. No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or mass seen.
RIGHT KIDNEY measures 11.8 x 4.4 cm. There is 2.7 mm calculus in lower calyx of right kidney.
LEFT KIDNEY measures 11.4 x 5.3 cm. There is 2.6 mm calculus in lower calyx of left kidney.

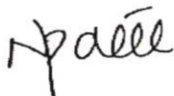
Urinary Bladder is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

PROSTATE is normal in size, shape & echotexture.
It measures approximately 20.1 gms.

Visualised bowel loops appear normal. There is no free fluid seen.

IMPRESSION –

- **Bilateral renal lower calyx calculi.**
- **No other significant abnormality detected.**



DR. NITESH PATEL
DMRE (RADIOLOGIST)