Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR SURENDRA KUMAR JHA Age : 49 Yr(s) Sex :Male

**Referred By** : HEALTH CHECK MHD **Receiving Date** : 29 Mar 2024 10:54

#### Department of Transfusion Medicine (Blood Bank)

BLOOD GROUPING, RH TYPING & ANTIBODY SCREEN (TYPE & SCREEN) Specimen-Blood

Blood Group & Rh Typing (Agglutinaton by gel/tube technique)

Blood Group & Rh typing A Rh(D) Positive

Antibody Screening (Microtyping in gel cards using reagent red cells)

Final Antibody Screen Result Negative

#### Technical Note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique. Antibody screening is done using a 3 cell panel of reagent red cells coated with Rh, Kell, Duffy, Kidd, Lewis, P, MNS, Lutheran and Xg antigens using gel technique.

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-----END OF REPORT-----

Damba

**Reporting Date:** 

29 Mar 2024 16:08

Dr Himanshu Lamba

Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR SURENDRA KUMAR JHA Age : 49 Yr(s) Sex : Male

**Referred By**: HEALTH CHECK MHD **Reporting Date**: 29 Mar 2024 18:25

**Receiving Date** : 29 Mar 2024 10:30

#### **BIOCHEMISTRY**

Specimen: EDTA Whole blood

As per American Diabetes Association (ADA) 2010

HbAlc (Glycosylated Hemoglobin) 6.5 % [4.0-6.5]

HbA1c in %

Non diabetic adults : < 5.7 %

Prediabetes (At Risk ) : 5.7 % - 6.4 %

Diabetic Range : > 6.5 %

Estimated Average Glucose (eAG) 140 mg/dl

#### Use

- 1. Monitoring compliance and long-term blood glucose level control in patients with diabetes.
- 2. Index of diabetic control (direct relationship between poor control and development of complications).
- 3. Predicting development and progression of diabetic microvascular complications.

### Limitations :

- 1. AlC values may be falsely elevated or decreased in those with chronic kidney disease.
- 2.False elevations may be due in part to analytical interference from carbamylated hemoglobin formed in the presence of elevated concentrations of urea, with some assays.
- 3. False decreases in measured A1C may occur with hemodialysis and altered red cell turnover, especially in the setting of erythropoietin treatment

References: Rao.L.V., Michael snyder.L.(2021). Wallach's Interpretation of Diagnostic Tests. 11th Edition. Wolterkluwer. NaderRifai, Andrea Rita Horvath, Carl T. wittwer. (2018) Teitz Text book

of Clinical Chemistry and Molecular Diagnostics. First edition, Elsevier, South Asia.

Page 2 of 4

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Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR SURENDRA KUMAR JHA Age : 49 Yr(s) Sex : Male

Referred By : HEALTH CHECK MHD Reporting Date : 29 Mar 2024 13:13

**Receiving Date** : 29 Mar 2024 10:30

### **BIOCHEMISTRY**

#### Lipid Profile (Serum)

TOTAL CHOLESTEROL (CHOD/POD)	233 #	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	274 #	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL - CHOLESTEROL (Direct) Methodology: Homogenous Enzymatic	41	mg/dl	[30-60]
VLDL - Cholesterol (Calculated) LDL- CHOLESTEROL	55 # 137 #	mg/dl mg/dl	[10-40] [<100] Near/Above optimal-100-129 Borderline High:130-159 High Risk:160-189
T.Chol/HDL.Chol ratio	5.7		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio	3.3		<pre>&lt;3 Optimal 3-4 Borderline &gt;6 High Risk</pre>

#### Note:

Reference ranges based on ATP III Classifications. Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.

#### Technical Notes:

Lipid profile is a panel of blood tests that serves as initial broad medical screening tool for abnormalities in lipids, the results of these tests can identify certain genetic diseases and determine approximate risks for cardiovascular disease, certain forms of

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Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR SURENDRA KUMAR JHA Age : 49 Yr(s) Sex :Male

Referred By : HEALTH CHECK MHD Reporting Date : 29 Mar 2024 13:13

**Receiving Date** : 29 Mar 2024 10:30

#### **BIOCHEMISTRY**

pancreatitis and other diseases.

Test Name Result Unit Biological Ref. Interval
TOTAL PSA, Serum (ECLIA) 0.806 ng/mL [<2.500]

Note: PSA is a glycoprotein that is produced by the prostate gland. Normally, very little PSA is secreted in the blood. Increases in glandular size and tissue damage caused by BPH, prostatitis, or prostate cancer may increase circulating PSA levels.

Caution : Serum markers are not specific for malignancy, and values may vary by method.

Immediate PSA testing following digital rectal examination, ejaculation, prostate massage urethral instrumentation, prostate biopsy may increase PSA levels.

Some patients who have been exposed to animal antigens, may have circulating anti-animal antibodies present. These antibodies may interfere with the assay reagents to produce unreliable results.

-----END OF REPORT-----

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Dr. Neelam Singal CONSULTANT BIOCHEMISTRY

Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR SURENDRA KUMAR JHA Age : 49 Yr(s) Sex :Male

Referred By: HEALTH CHECK MHD Reporting Date: 29 Mar 2024 15:21

**Receiving Date** : 29 Mar 2024 10:30

#### **BIOCHEMISTRY**

Thyroid Stimulating Hormone (ECLIA)	4.770 #	μIU/mL	[0.340-4.250]
T4 - Thyroxine (ECLIA)	9.180	μg/dl	[4.600-10.500]
T3 - Triiodothyronine (ECLIA)	1.370	ng/ml	[0.800-2.040]
THYROID PROFILE, Serum		S	Specimen Type : Serum

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

- \* References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct; 21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

Test Name	Result	Unit	Biological Ref. Interval
LIVER FUNCTION TEST (Serum)			
BILIRUBIN-TOTAL (Diazonium Ion)	0.76	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (Diazotization)	0.27	mg/dl	[0.00-0.30]
BILIRUBIN - INDIRECT (Calculated)	0.49	mg/dl	[0.20-1.00]
SGOT/ AST (UV without P5P)	24.0	U/L	[10.0-50.0]
SGPT/ ALT (UV without P5P)	27.4	U/L	[0.0-41.0]
ALP (p-NPP, kinetic) *	84	U/L	[45-135]
TOTAL PROTEIN (Biuret)	7.6	g/dl	[7.0-9.0]
SERUM ALBUMIN (BCG-dye)	4.5	g/dl	[3.5-5.2]
SERUM GLOBULIN (Calculated)	3.1	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio(Calculated)	1.45		[1.10-1.80]

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Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR SURENDRA KUMAR JHA Age : 49 Yr(s) Sex :Male

Referred By: HEALTH CHECK MHD Reporting Date: 29 Mar 2024 13:13

**Receiving Date** : 29 Mar 2024 10:30

#### **BIOCHEMISTRY**

#### Technical Notes:

Liver function test aids in diagnosis of various pre hepatic, hepatic and post hepatic causes of dysfunction like hemolytic anemia's, viral and alcoholic hepatitis and cholestasis of obstructive causes.

Test Name	Result	Unit B	iological Ref. Interval
KIDNEY PROFILE (Serum)			
BUN (Urease/GLDH)	10.00	mg/dl	[6.00-20.00]
SERUM CREATININE (Jaffe's method)	1.04	mg/dl	[0.80-1.60]
SERUM URIC ACID (Uricase)	7.3 #	mg/dl	[3.5-7.2]
SERUM CALCIUM (NM-BAPTA)	9.78	mg/dl	[8.00-10.50]
SERUM PHOSPHORUS (Molybdate, UV)	2.8	mg/dl	[2.5-4.5]
SERUM SODIUM (ISE)	142.0	mmol/l	[134.0-145.0]
SERUM POTASSIUM (ISE)	4.69	mmol/l	[3.50-5.20]
SERUM CHLORIDE (ISE Indirect)	101.7	mmol/L	[95.0-105.0]
eGFR	83.9	ml/min/1.73sq	.m [>60.0]

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.

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----END OF REPORT----

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY



Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR SURENDRA KUMAR JHA Age : 49 Yr(s) Sex : Male

Referred By: HEALTH CHECK MHD Reporting Date: 29 Mar 2024 15:57

**Receiving Date** : 29 Mar 2024 14:38

#### **BIOCHEMISTRY**

Specimen Type : Plasma
PLASMA GLUCOSE - PP

Plasma GLUCOSE - PP (Hexokinase) 156 # mg/dl [70-140]

Note: Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying,

brisk glucose absorption , post exercise

Specimen Type : Serum/Plasma

Plasma GLUCOSE-Fasting (Hexokinase) 139 # mg/dl [74-106]

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-----END OF REPORT-----

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY

Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR SURENDRA KUMAR JHA Age : 49 Yr(s) Sex :Male

Referred By: HEALTH CHECK MHD Reporting Date: 29 Mar 2024 13:04

**Receiving Date** : 29 Mar 2024 10:36

#### HAEMATOLOGY

#### ERYTHROCYTE SEDIMENTATION RATE (Automated) Specimen-Whole Blood

ESR 6.0 mm/1sthour [0.0-10.0]

#### Interpretation :

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants (e.g. pyogenic infections, inflammation and malignancies). The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week postpartum.

ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives).

It is especially low (0 - 1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Test Name	Result	Unit Bi	ological Ref. Interval
COMPLETE BLOOD COUNT (EDTA Blood)			
WBC Count (Flow cytometry)	5810	/cu.mm	[4000-10000]
RBC Count (Impedence)	5.40	million/cu.mm	[4.50-5.50]
Haemoglobin (SLS Method)	15.6	g/dL	[13.0-17.0]
Haematocrit (PCV)	47.4	9	[40.0-50.0]
(RBC Pulse Height Detector Method)			
MCV (Calculated)	87.8	fL	[83.0-101.0]
MCH (Calculated)	28.9	pg	[25.0-32.0]
MCHC (Calculated)	32.9	g/dL	[31.5-34.5]
Platelet Count (Impedence)	123000 #	/cu.mm	[150000-410000]
RDW-CV (Calculated)	13.7	9	[11.6-14.0]
DIFFERENTIAL COUNT			
Neutrophils (Flowcytometry)	58.6	엉	[40.0-80.0]
Lymphocytes (Flowcytometry)	33.0	<b>ુ</b>	[20.0-40.0]

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Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR SURENDRA KUMAR JHA Age : 49 Yr(s) Sex :Male

Referred By: HEALTH CHECK MHD Reporting Date: 29 Mar 2024 11:30

**Receiving Date** : 29 Mar 2024 10:36

#### HAEMATOLOGY

Monocytes (Flowcytometry)	5.0	9	%	[2.0-10.0]
Eosinophils (Flowcytometry)	2.4	9	<b>ે</b>	[1.0-6.0]
Basophils (Flowcytometry)	1.0	9	<b>ે</b>	[1.0-2.0]
IG	1.20	9	<b>ે</b>	
Neutrophil Absolute(Flouroscence	flow cytometry)	3.4	/cu mm	$[2.0-7.0] \times 10^{3}$
Lymphocyte Absolute(Flouroscence	flow cytometry)	1.9	/cu mm	$[1.0-3.0] \times 10^{3}$
Monocyte Absolute (Flouroscence fl	ow cytometry)	0.3	/cu mm	$[0.2-1.2] \times 10^{3}$
Eosinophil Absolute(Flouroscence	flow cytometry)	0.1	/cu mm	$[0.0-0.5] \times 10^{3}$
Basophil Absolute (Flouroscence fl	ow cytometry)	0.1	/cu mm	$[0.0-0.1] \times 10^{3}$

Complete Blood Count is used to evaluate wide range of health disorders, including anemia, infection, and leukemia. Abnormal increase or decrease in cell counts as revealed may indicate that an underlying medical condition that calls for further evaluation.

-----END OF REPORT-----

Dr. Shalakha Agrawal Associate Consultant,M.B.B.S,M.D. Pathology --2020

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Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR SURENDRA KUMAR JHA Age : 49 Yr(s) Sex :Male

Patient Episode: H03000061814Collection Date : 29 Mar 2024 10:03Referred By: HEALTH CHECK MHDReporting Date : 29 Mar 2024 13:16

**Receiving Date** : 29 Mar 2024 10:37

#### **CLINICAL PATHOLOGY**

Test Name	Result	Biological Ref. Interval
ROUTINE URINE ANALYSIS		
MACROSCOPIC DESCRIPTION		
Colour (Visual)	PALE YELLOW	(Pale Yellow - Yellow)
Appearance (Visual)	CLEAR	
CHEMICAL EXAMINATION		
Reaction[pH]	5.0	(5.0-9.0)
(Reflectancephotometry(Indicator	Method))	
Specific Gravity	1.020	(1.003-1.035)
(Reflectancephotometry(Indicator	Method))	
Bilirubin	Negative	NEGATIVE
Protein/Albumin	Negative	(NEGATIVE-TRACE)
(Reflectance photometry(Indicator	r Method)/Manual SSA)	
Glucose	NOT DETECTED	(NEGATIVE)
(Reflectance photometry (GOD-POD)	Benedict Method))	
Ketone Bodies	NOT DETECTED	(NEGATIVE)
(Reflectance photometry(Legal's	Test)/Manual Rotheras)	
Urobilinogen	NORMAL	(NORMAL)
Reflactance photometry/Diazonium	salt reaction	
Nitrite	NEGATIVE	NEGATIVE
Reflactance photometry/Griess tes	st	
Leukocytes	NIL	NEGATIVE
Reflactance photometry/Action of	Esterase	
BLOOD	NIL	NEGATIVE
(Reflectance photometry (peroxidas	se))	
MICROSCOPIC EXAMINATION (Manual)	Method: Light microscopy	y on centrifuged urine
WBC/Pus Cells	1-2 /hpf	(4-6)
Red Blood Cells	NIL	(1-2)
Epithelial Cells	1-2 /hpf	(2-4)
Casts	NIL	(NIL)
Crystals	NIL	(NIL)
Bacteria	NIL	

NIL

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Yeast cells

Interpretation:

Registered Office: Sector-6, Dwarka, New Delhi 110 075

#### Department Of Laboratory Medicine

Name : MR SURENDRA KUMAR JHA Age 49 Yr(s) Sex :Male

**Registration No** : MH011809289 Lab No 38240303604

**Patient Episode** : H03000061814 **Collection Date:** 29 Mar 2024 10:03

: HEALTH CHECK MHD 29 Mar 2024 13:16 **Referred By** Reporting Date:

: 29 Mar 2024 10:37 **Receiving Date** 

### **CLINICAL PATHOLOGY**

URINALYSIS-Routine urine analysis assists in screening and diagnosis of various metabolic , urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urina tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine.

Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine.

Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys Most Common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration duri infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased Specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decrease Specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.

Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis

and in case of hemolytic anemia.

-----END OF REPORT------

Dr. Shalakha Agrawal Associate Consultant, M.B.B.S, M.D. Pathology --2020



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Sector-6, Dwarka, New Delhi 110 075



GST: 07AAAAH3917LIZM PAN NO: AAAAH3917L

NAME	MR Surendra KUMAR JHA	STUDY DATE	29/03/2024 11:37AM
AGE / SEX	49 y / M	HOSPITAL NO.	MH011809289
ACCESSION NO.	R7142767	MODALITY	US
REPORTED ON	29/03/2024 12:52PM	REFERRED BY	Health Check MHD

## **USG WHOLE ABDOMEN**

Results:

Liver is enlarged in size (~16.6 cm) and shows grade I fatty changes. No focal intrahepatic lesion is detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

Gall bladder appears echofree with normal wall thickness.

Common bile duct is normal in calibre.

Pancreas is normal in size and echopattern.

Spleen is normal in size (~ 9.2) and echopattern.

Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No focal lesion or calculus seen. Bilateral pelvicalyceal systems are not dilated.

Urinary bladder is normal in wall thickness with clear contents. No significant intra or extraluminal mass is seen.

Prostate appears normal in size and echotexture. It measures approx. 22.3 cc in volume.

No significant free fluid is detected.

## **IMPRESSION:**

Hepatomegaly with grade I fatty liver.

Please correlate clinically.

Dr. Nipun Gumber MBBS, MD DMC No.90272

ASSOCIATE CONSULTANT









E-2019-0026/27/07/2019-26/07/2021





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GST: 07AAAAH3917LIZM PAN NO: AAAAH3917L

NAME	MR Surendra KUMAR JHA	STUDY DATE	29/03/2024 11:37AM
AGE / SEX	49 y / M	HOSPITAL NO.	MH011809289
ACCESSION NO.	R7142767	MODALITY	US
REPORTED ON	29/03/2024 12:52PM	REFERRED BY	Health Check MHD

\*\*\*\*\*End Of Report\*\*\*\*\*











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GST: 07AAAAH3917LIZM PAN NO: AAAAH3917L

NAME	MR Surendra KUMAR JHA	STUDY DATE	29/03/2024 4:40PM
AGE / SEX	49 y / M	HOSPITAL NO.	MH011809289
ACCESSION NO.	R7142769	MODALITY	CR
REPORTED ON	29/03/2024 11:29AM	REFERRED BY	Health Check MHD

## X-RAY CHEST - PA VIEW

## FINDINGS:

Lung fields appear normal on both sides.

Cardia appears normal.

Both costophrenic angles appear normal.

Both domes of the diaphragm appear normal.

Bony cage appear normal.

## **IMPRESSION:**

No significant abnormality noted.

Needs correlation with clinical findings and other investigations.

Dr. Nipun Gumber MBBS, MD DMC No.90272

**ASSOCIATE CONSULTANT** 

\*\*\*\*\*End Of Report\*\*\*\*











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