



# OPD ASSESSMENT FORM



Name Mrs. Ketki P Shirsat Age.Sex 38 | F MR.No. 5151515

Doctor Dr. Krunal Chaudhary Date 22/03/24

Ht : 159cm Wt. : 67.1kg Temp : 37 Pulse : 89 B/min BP : 120/73 mmHg

SPO2 : 96% Post of walk SPO2 : \_\_\_\_\_

Chief Complaints :

Not - Any.

Drug / Food Allergy :

NO.

Prior Medication Reviewed : Yes  No

On examination :

RS } NAD.  
CVS }

Past History :

— N.S. —

Provisional Diagnosis :

Nutritional Assessment :

- Obese
- Well nourished
- Mild- moderate nourished
- Severely mal-nourished

Treatment and further Advices :  
(Write in Capital Letters)

Rx  
→ Tab. Hblime  
1-0-0 x (02)  
months.

Investigation advised :

- stool obt.
- s. Ferritin.
- s. Iron - Profile.

K. Gajjar

**Dr. Krunal Gajjar**  
M.B.B.S., M.D. (MEDICINE)  
CONSULTANT PHYSICIAN  
Reg. No. \_\_\_\_\_ Signature

Follow Up : \_\_\_\_\_ Date : \_\_\_\_\_

**SUNSHINE GLOBAL HOSPITAL**  
SURAT.



OPD ASSESSMENT FORM



Name Mrs Ketaki P Shroff Age.Sex 38 / F MR.No. 5151515

Doctor Dr. Hardik Shroff Date 22/03/2024

Ht : \_\_\_\_\_ Wt. : \_\_\_\_\_ Temp : \_\_\_\_\_ Pulse : \_\_\_\_\_ BP : \_\_\_\_\_

SPO2 : \_\_\_\_\_ Post of walk SPO2 : \_\_\_\_\_

Chief Complaints :

No. complaints

Drug / Food Allergy :

Prior Medication Reviewed : Yes  No

On examination : BE Ant-seg NAD

Past History :

VV (G6P Nib Fundii (Central) BE NAD)

Provisional Diagnosis :

Nid ophthalmic

Treatment and further Advices :  
(Write in Capital Letters)

Rx

Nutritional Assessment :

- Obese
- Well nourished
- Mild- moderate nourished
- Severely mal-nourished

Investigation advised :

*Dr. Hardik Shroff*  
 DOMS, DNB (Ophthalmology)  
 Reg. No. G-28902  
**SUNSHINE GLOBAL HOSPITAL**  
 Piplod, SURAT.

Follow Up : SOR Date : \_\_\_\_\_

Signature



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health & happiness... always!



**GYNAECOLOGICAL CONSULTATION**

MR. NO. S151515  
 Name: Mrs. Ketuki Prashant Shirgat Date: 22/03/2014  
 Age: 35 Ht.: 156cm Wt.: 67kg B.P.: 120/73mmHg

**Clinical Evaluation / History / Presenting Complain:**

Rubred R.H. D.Y.  
Q.D.

**Gynecological History :**

Yes No

- |   |                          |                                     |
|---|--------------------------|-------------------------------------|
| 1. Have you ever noticed any bleeding between menstrual periods ?<br>માસિક ના સમય સિવાય વચ્ચે અનીયમીત બ્લીડીંગ થાય છે ? | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 2. Are / were your periods Irregular ?<br>પીરિયડ રેગ્યુલર છે ?  | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 3. Are you pregnant now ?<br>અત્યારે તમે ગ્રેગનન્ટ છો ?   | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 4. Have you had your change of life (Menopause)?<br>મેનોપોઝ ની કોઈ લક્ષણ ની તકલીફ છે ?                                  | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 5. Are / were you taking birth control pills?<br>તમે ગર્ભનિરોધક ગોળીઓ છે ?  | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 6. Do you have a lump in your breast ?<br>સ્તનમાં દુઃખાવો / સોજો / ગાઠ છે ?   | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 7. Did anyone in your family suffer from breast cancer ?<br>કુટુંબમાં કોઈએ બ્રેસ્ટ કેન્સર છે ?                          | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| 8. Did anyone in you family suffer from any other cancer ?<br>કુટુંબમાં કોઈને કોઈ પણ પ્રકારનું કેન્સર હતું ?            | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

**Obstetric History :**

1. Menstrual History : Menarche at ..... Yrs  
 Menses: a. Scanty / Average / Excess  
 b. No of Days: 3-5 / 5-7 / More than 7 days  
 c. Interval ..... days, Reg / Irregular  
 d. Pain : Before / During / After / Painless

23  
28-30

Last menstrual Period (LMP):

2 days

2. Obstetric History :  
 Gravida ..... Pare ..... Abortion ..... Live .....  
 Married life with cohabitation.....  
 Children M: 12y F: 14y Last Delivery: ..... Yrs back  
 Any bad Obstetric event / history Yes / No  
 If yes Describe:

2

Q.A.M.

**History of Contraception & Family Planning:**

**Examination**

- a. Breast Examination - Right *NO AB* Left *AS*
- b. Per abdomen examination *AS*
- c. Local examination Vulva *AS* Vagina *AS*
- d. Per Speculum Examination *Present*

e. Per vaginal examination :  
Cervi : Uterus : AV/RV : Normal / Bulky  
Adnexa :  
PAP's Smear Taken Yes / No *✓*

**Clinical Impression:**

**Recommendation:**

A. Additional Inv. / Referral Suggested

B. Therapeutic Advice

*E. J. J.*

*10*  
**DR. BHAVNA DESAI**  
MD, DGO  
REG. NO.-10538  
SUNSHINE GLOBAL HOSPITAL  
SURAT.

\_\_\_\_\_  
**Followup Date**

\_\_\_\_\_  
**Gynaecologist's Signature**



5151515

**ECHO CARDIOGRAPHIC REPORT**



Patient's Name : Mrs. Koteki Shireet Date : 22/03/24 10:15 AM

Sex : F Age : 38 Ref. by Dr. : \_\_\_\_\_ Done by Dr. Saravendrasing

LV Size : (n) LVEF : 62 % (VISUAL)

DIASTOLIC DYSFUNCTION : No LVH : No

RWMA: ANTERIOR WALL  
 ANTERIOR SEPTUM  
 IVS  
 LV APEX  
 POSTERIOR WALL  
 LATERAL WALL  
 INFERIOR WALL

|  
 No RWMA

MITRAL VALVE : | (n)  
 PULMONARY VALVE : | (n)

AORTIC VALVE | (n)  
 TRICUSPID VALVE | (n)

PAH : \_\_\_\_\_ PASP : 10 mmHg  
 RA : \_\_\_\_\_ LA : \_\_\_\_\_  
 RV : | (n) IVC : | (n)

IAS : \_\_\_\_\_  
 IVS : | Intact

IVS (s)	cm	LV(s)	cm	PW (s)	cm	LVEF =	%
IVS (d)	cm	LV (d)	cm	PW (d)	cm	FS =	%

**CONCLUSION :**

No regicler IPE  
2D echo for health checkup



**MR No.** : S151515 **Collection Date** : 22/03/2024 9:07AM  
**Patient Name** : Mrs. Ketaki Prashant Shirsat **Age** : 38 Y **Sex** : Female  
**Ref By** : Dr. Hospital A Doctor **Report Date** : 22/03/2024 11:18AM

**HAEMATOLOGY**

<b>Parameter</b>	<b>Result</b>	<b>Units</b>	<b>Normal Range</b>
<b>CBC with ESR</b>			
HAEMOGLOBIN	<b>7.9</b>	gm/dl	12.0 - 15.0
PCV	<b>30.1</b>	%	36 - 46
RBC COUNT	4.06	mill/cmm	4.0 - 5.0
MCV	<b>74.1</b>	fl	76 - 96
MCH	<b>19.5</b>	pg	26 - 32
MCHC	<b>26.2</b>	%	32 - 36
RDW	<b>19.9</b>	%	11 - 15
PLATELET COUNT	<b>5.15</b>	lacs/cmm	1.5 - 4.5
WBC COUNT	7030	/cmm	4000 - 11000
ESR	<b>32</b>	mm/hr	0 - 15
<b>DIFFERENTIAL WBC COUNT</b>			
NEUTROPHIL	52	%	40 - 70
LYMPHOCYTES	29	%	20 - 40
EOSINOPHILS	<b>13</b>	%	1 - 6
MONOCYTES	06	%	2 - 11
BASOPHILS	00	%	0 - 2
<b>PERIPHERAL SMEAR</b>			
RBC MORPHOLOGY	Hypochromasia(+), Microcytosis(+), Anisopoikilocytosis(+ )		
WBC MORPHOLOGY	Eosinophilia		
PLATELET ON SMEAR	Increased		
HEMOPARASITES	Not Seen		

SYSMEX XN-550

\*\*\*\*\* End Report \*\*\*\*\*

**Dr. Shobha Choksi**  
**MD, DCP (Pathology)**

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<b>Patient Name</b> : Mrs. Ketaki Prashant Shirsat	<b>Age</b> : 38 Y <b>Sex</b> : Female
<b>Ref By</b> : Dr. Hospital A Doctor	<b>Report Date</b> : 22/03/2024 11:12AM


**HAEMATOLOGY**

<b>Parameter</b>	<b>Result</b>	<b>Normal Range</b>
<b>BLOOD GROUP &amp; RH FACTOR</b>		
BLOOD GROUP	"AB"	
RH FACTOR	POSITIVE	

**BIOCHEMISTRY**

<b>SERUM URIC ACID</b>			
SERUM URIC ACID (Uricase)	3.2	mg/dl	2.4 - 5.7
<b>FASTING BLOOD SUGAR (FBS)</b>			
FASTING BLOOD GLUCOSE (Hexokinase)	109	mg/dl	74 - 110
FASTING URINE GLUCOSE	Absent		
FASTING URINE KETONE	Absent		

\*\*\*\*\* End Report \*\*\*\*\*

  
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**MD, DCP (Pathology)**

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<b>Ref By</b> : Dr. Hospital A Doctor	<b>Report Date</b> : 22/03/2024 11:12AM

**BIOCHEMISTRY**

<b>Parameter</b>	<b>Result</b>	<b>Units</b>	<b>Normal Range</b>
<b>HbA1C [GLYCOSYLATED HEAMOGLOBIN]</b>			
HbA1C	6.0	%	Non-Diabetic level: <6 Good Control: 6 - 7 Poor Control: 7 - 8 Action Suggested > 8
MEAN BLOOD GLUCOSE	125.5	mg/dl	

The test is done on Cobas Integra 400plus-Turbidimetric Inhibition ImmunoAssay

Note:- Criteria for the diagnosis of diabetes HbA1c  $\geq 6.5\%$

- HbA1c is important test for the assessment of long term blood glucose control (also called glycemic control).
- HbA1C reflects mean glucose concentration over past 6-8 weeks and provides a much better indication of long term glycemic control than blood glucose determination.
- HbA1C is formed by non-enzymatic reaction between glucose and Hb. This reaction is irreversible and therefore remains unaffected by short term fluctuations in blood glucose levels.
- Long term complications of diabetes such as retinopathy, nephropathy, and neuropathy are potentially serious and can lead to blindness kidney failure etc.
- Genetic Variants (Hb-S trait, Hb-C trait) elevated fetal haemoglobin & chemically modified derivatives of haemoglobin (eg carbamylated Hb in patients with renal failure) can affect the accuracy of HbA1C measurement.

\*\*\*\*\* End Report \*\*\*\*\*

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<b>Ref By</b> : Dr. Hospital A Doctor	<b>Report Date</b> : 22/03/2024 11:13AM

**BIOCHEMISTRY**

<b>Parameter</b>	<b>Result</b>	<b>Units</b>	<b>Normal Range</b>
<b>LIPID PROFILE</b>			
SERUM CHOLESTEROL CHOD PAP	154	mg/dl	50 - 200
HDL CHOLESTEROL Direct	47	mg/dl	40 - 60
LDL CHOLESTEROL Direct	92.9	mg/dl	0 - 100
SERUM TRIGLYCERIDE GPO PAP	69	mg/dl	50 - 150
VLDL Calc	13.8	mg/dl	0 - 30
CHOLESTEROL / HDL RATIO	3.28		0 - 5
LDL / HDL RATIO	1.98		0 - 3

- LDL Cholesterol level is primary goal for treatment and varies with risk category and assessment.
- Risk assessment from HDL and Triglyceride has been revised. Also LDL goals have changed.
- Details on test interpretation available from the lab.

TEST	NEAR OPTIMAL (Moderate Risk)	BORDER LINE (Risk)	HIGH (Risk)	VERY HIGH
CHOLESTROL	160-199	200-239	240-279	280
HDL	50-59	40-49	< 40	
LDL	100-129	130-159	160-190	>190
TRIGLYCERIDES	150-169	170-199	240-499	>500
CHO/HDL RATIO	3.3-4.4	4.4-11.0	>11.0	
LDL/HDL RATIO	0.5-3.0	3.0-6.0	>6.0	

\*\*\*\*\* End Report \*\*\*\*\*

*SC*  
**Dr. Shobha Choksi**  
**MD, DCP (Pathology)**

**Reg. No.: G-9074**

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**MR No.** : S151515 **Collection Date** : 22/03/2024 9:07AM  
**Patient Name** : Mrs. Ketaki Prashant Shirsat **Age** : 38 Y **Sex** : Female  
**Ref By** : Dr. Hospital A Doctor **Report Date** : 22/03/2024 11:14AM

**BIOCHEMISTRY**

<b>Parameter</b>	<b>Result</b>	<b>Units</b>	<b>Normal Range</b>
<b>LIVER FUNCTION TEST</b>			
ALKALINE PHOSPHATASE (IFCC)	59	U/L	35 - 130
BILIRUBIN TOTAL Diazo	0.3	mg/dl	0.0 - 1.2
BILIRUBIN DIRECT Diazo	0.1	mg/dl	0.0 - 0.4
BILIRUBIN INDIRECT (Calc)	0.2	mg/dl	0.0 - 0.8
SGPT (IFCC)	07	U/L	5 - 41
SGOT (IFCC)	14	U/L	5 - 40
SERUM TOTAL PROTEIN Biuret	7.4	gm/dl	6.6 - 8.7
SERUM ALBUMIN BCG	4.2	gm/dl	3.5 - 5.2
SERUM GLOBULIN Calc	3.2	gm/dl	1.5 - 3.5
SERUM A/G RATIO Calc	<b>1.31</b>	gm/dl	1.5 - 2.5
<b>SERUM CREATININE</b>			
SERUM CREATININE (JAFPE)	0.5	mg/dl	0.5 - 1.2
<b>BUN [BLOOD UREA NITROGEN]</b>			
BUN	<b>7.4</b>	mg/dl	8 - 23
<b>ALBUMIN-CREATININE RATIO</b>			
URINE ALBUMIN/MICROALBUMIN (Immunoturbidimetry)	<b>13.2</b>	mg/L	
URINE CREATININE (JAFPE)	<b>94.9</b>	mg/dl	
ALBUMIN-CREATININE RATIO (Calculated)	<b>13.9</b>	mg/gm	Normal: <30; Microalbuminuria: 30-299; Clinical Albuminuria: >300

\*\*\*\*\* End Report \*\*\*\*\*

  
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**MD, DCP (Pathology)**

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**Ref By** : Dr. Hospital A Doctor **Report Date** : 22/03/2024 11:15AM

**CLINICAL CHEMISTRY**

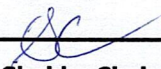
<b>Parameter</b>	<b>Result</b>	<b>Units</b>	<b>Normal Range</b>
<b>THYROID FUNCTION TEST [TFT]</b>			
TOTAL T3 (CLIA)	1.39	ng/ml	0.846 - 2.02
TOTAL T4 (CLIA)	8.77	ug/dl	5.1 - 14.0
TSH (CLIA)	1.88	uIU/ml	0.2 - 4.5

**Note:-**

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (freeT4). Additionally the hypothalamic tripeptide, thyrotropin releasing hormone (TSH) directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy also stimulate the thyroid gland to synthesize and secrete T3 and T4.

Quantification of TSH significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated while in secondary and tertiary hypothyroidism, TSH levels are low.

\*\*\*\*\* End Report \*\*\*\*\*

  
**Dr. Shobha Choksi**  
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<b>Patient Name</b> : Mrs. Ketaki Prashant Shirsat	<b>Age</b> : 38 Y <b>Sex</b> : Female
<b>Ref By</b> : Dr. Hospital A Doctor	<b>Report Date</b> : 22/03/2024 11:19AM

**CLINICAL PATHOLOGY**

<b><u>Parameter</u></b>	<b><u>Result</u></b>	<b><u>Normal Range</u></b>
<b>URINE ROUTINE &amp; MICROSCOPIC EXAMINATION</b>		
TYPE OF SPECIMEN - URINE	Random	
<b>PHYSICAL EXAMINATION</b>		
QUANTITY	10	ml
COLOUR	Pale Yellow	
APPEARANCE	Sl.Turbid	
REACTION (pH)	7.5	
SPECIFIC GRAVITY	1.010	
<b>CHEMICAL EXAMINATION</b>		
PROTEIN	Present(Trace)	
GLUCOSE	Absent	
KETONE	Absent	
BILE SALT	Absent	
BILE PIGMENT	Absent	
OCCULT BLOOD	Presentn(+)	
NITRITE	Absent	
<b>MICROSCOPIC EXAMINATION</b>		
PUS CELLS	3-4	/hpf
EPITHELIAL CELLS	12-15	/hpf
RBC	3-4	/hpf
CASTS	Absent	
CRYSTALS	Absent	
BACTERIA	Absent	
YEAST CELLS	Absent	

\*\*\*\*\* End Report \*\*\*\*\*

**Dr. Shobha Choksi**  
**MD, DCP (Pathology)**

**Reg. No.: G-9074**

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<b>PAT. NAME :</b> Ketaki Shirsat	<b>Date :</b> 22/03/2024
<b>REF. DOCTOR :</b> Hosp. Dr.	<b>AGE :</b> 38 Yrs / F
<b>INV. :</b> USG Whole Abdomen	<b>MR NO. :</b> S151515

**Findings:**

Liver is normal in size, shape and shows normal echopattern. No e/o any focal or diffuse lesion noted. Intrahepatic biliary radicals are normal.

Gall bladder is distended and appears normal. No e/o calculus, sludge or mass lesion is seen. CBD and Portal Vein appears normal in size and calibre.


Pancreas appears normal in size and shows normal echopattern to the extent assessed. Spleen appears normal in size, shape and homogenous echopattern.

Both kidneys appear normal in size, shape and echopattern. The corticomedullary differentiation is well maintained. No e/o any calculus or hydronephrosis is seen.

Aorta and para-aortic regions appear normal. No e/o any lymphadenopathy.  
Urinary bladder appears well distended and normal.  
No e/o free fluid in abdomen.

**IMPRESSION:**

- **No significant abnormality seen.**

  
**Dr. Sneha Dumaswala**  
**MBBS, DNB-Radiodiagnosis**  
**Consultant Radiologist**  
**G-21796**

Transcribed By: Asha

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<b>PAT. NAME :</b> Ketaki Shirsat	<b>Date :</b> 22/03/2024
<b>REF. DOCTOR :</b> Hosp. Dr.	<b>AGE :</b> 38 Yrs / F
<b>INV. :</b> Radiograph of Chest PA	<b>MR NO. :</b> S151515

**Clinical Details:** HC

**Observation:**

- Both the lung fields appears normal.
- Both costophrenic angles appear clear.
- Both the hila appears normal.
- Trachea appears in midline.
- Cardiac size and other mediastinal shadows appears normal.
- Both domes of diaphragm appear normal.
- Bony thorax appears normal.

  
**Dr. Sneha Dumaswala**  
MBBS, DNB-Radiodiagnosis  
Consultant Radiologist  
G-21796

Transcribed By: Asha

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Date & Time of report: 22/03/2024 – 11:21 AM

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3:41:18

DOB: 0yr, FEMALE

Vent rate: 89 BPM  
PR int: 159 ms  
QRS dur: 86 ms  
QT/QTc: 372/419 ms  
P-R-T axes: 61 57 59

PEDIATRIC ECG INTERPRETATION  
SINUS BRADYCARDIA WITH PROLONGED PR FOR AGE  
BORDERLINE ECG  
INTERPRETATION BASED ON A DEFAULT AGE OF 6 MONTHS

Reviewed by -----

Mrs. Ketuki P. Shirsat

